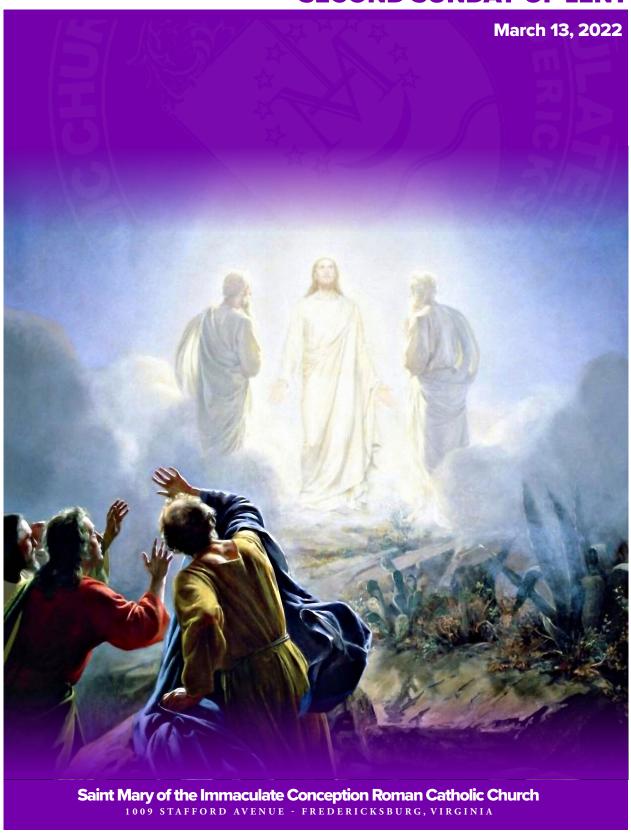
### **SECOND SUNDAY OF LENT**



#### announcements

#### New Parishioner Welcome Sunday, March 27 11:45am-2:30pm

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with you, to get to know you a bit and see how you (and your family) might be interested in sharing your gifts and talents with your new parish family.

Please sign-up for a time slot for yourself and/or family to spend time with our Welcome Committee

Team and with your new pastor.

bit.ly/3MI3RnB

### contact us

#### **SUNDAY MASS**

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy

#### **DAILY MASS**

Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced

#### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Monday, after 9am Mass Divine Mercy, Wednesday, 3pm

#### **CONFESSION**

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

#### PARISH OFFICE

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday, 8:30am - 4:30pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor Fr. Sean Koehr, Parochial Vicar Fr. Michael Folmar, Parochial Vicar Fr. Scott Sina, Parochial Vicar Fr. Phillip Cozzi, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Jachebel Rios

### stmaryfred.org

#### **MUSIC**

Director of Music, David Uschold Asst. Director of Music, Malinda Jones

#### **HOLY CROSS ACADEMY**

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

#### **HOLY CROSS PRESCHOOL**

540-373-7553 Director, Sheri Castellarin

#### **RELIGIOUS EDUCATION**

Director, Aristides Lucas Associate Director, Karen Sturtevant Administrative Asst, Lori Barlow

#### **YOUTH MINISTRY**

Director, Tatiana Beltran

#### **OUTREACH**

Director, Elena Doyle

#### **BAPTISMS**

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

#### MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception 1009 Stafford Avenue Fredericksburg, VA 22401

# from our pastor pax et bonum

Dear Folks,

Four weeks from today it will be Palm Sunday. Every year I know folks who work for the feds and have leftover leave that they lose. How are those thoughts connected? I am going to propose that you tithe your vacation to Jesus.

This past week we had our Parish 40 Hours and Lenten Retreat with reflections focusing on home, family life, and the Eucharist. One of the speakers asked us to rank our priorities in life and to compare them to our calendars. Ouch.

So my proposal is that you clear your calendar and take off Holy Week from your job! Put in your request for vacation leave right now! Then take a look at the Holy Week schedule which is inserted in the bulletin this week. Put it up on your fridge and get ready for a great week. Maybe you can't take off a whole week; then take of Wed-Friday. You can make it your own personal retreat with the myriad of liturgies that we have, some extra napping, and even exercise. I guarantee that your understanding / appreciation of Easter will only be increased by celebrating the many liturgies of the week.

We call this week Holy. The original root meaning of holy, is "consecrated and set apart for God." How will you set apart Holy Week for Him?

On another note, with regard to confessions, we are moving the confessions back into the church. Fr. Koehr will be at a makeshift confessional in the cry room (unless one of the other priests is away, and he will take their spot in the standard confessionals).

Pax et Bonum,

Fr Mosimann

### **The Manna Project**

### **FOOD DRIVE**

March 19 & 20

#### FREDERICKSBURG REGIONAL FOOD BANK

Please help us fight hunger! Bring non-perishable items or monetary donations to Mass at St. Mary or Holy Cross Academy the weekend of March 19th and 20th. Our volunteers will be waiting outside to take your donations. The items collected will help the Fredericksburg Regional Food Bank provide nutritious food and supplies to the 31,000 people living in poverty in our community.

Items Most Needed: Canned tuna/chicken/fruit/veggies; peanut butter/nut butters, dry beans, rice, mac-n-cheese, pasta, quinoa, cereal, pancake mix; deodorant, soap, body wash, toothpaste, shampoo, wipes, toilet paper, paper towels, tissue, diapers, wipes, baby formula; also, monetary donations.

All checks should be made payable to St. Mary Catholic Church. For each \$10 donation, the food bank is able to provide 20 meals for hungry families. Thank you for your support!

### education

# holy cross academy



A National Blue Ribbon School of Excellence





### Robert Hackenson, Jr. Social Media Presentation

Holy Cross Academy's Digital Citizenship Committee is happy to announce that HCA will host Robert Hackenson Jr. at our campus on April 26th and 27th. Robert is a self-proclaimed "Edutainer" and will educate students, faculty, and parents on the pitfalls of social media as well as the importance of maintaining and leaving a positive digital footprint.

Through the use of magical illusions, Robert engages students with an important and inspirational message. The Kindergarten through 2nd grade students will learn about the importance of promoting kindness, and the 3rd through 8th grade students will learn the important lesson on how to use technology and social media responsibly.

Student presentations will be held during the school day on April 26th and 27th. Parents and faculty are invited to participate in their own night of magical learning, too. On April 26th, a reception will be held for families to gather under a common purpose, learning to keep our kids safe. We plan to have additional informational resources available for families during that time. The evening will conclude with Robert delivering his "Social Media Landmines" presentation.

If you or someone you know is interested in more details or how you can support this event, please email Nathaniel Krueger at nkrueger@holycrossweb.com.

#### First 100 Days in Kindergarten

In 1979, Lynn Taylor, along with her colleagues, celebrated the first 100th day of school. The idea grew from their experience with a math program and an activity called The Days of School Graph. In 2022, the Kindergarten classes begin keeping track of the number of days they have been in school from the very first day. The 100th day is a milestone that represents progress, growth, and achievement. Our Kindergarten teachers, aides and students dress up to celebrate the day.

#### 2022-2023 Applications/Tours

Holy Cross Academy and Preschool are still accepting applications for 2022-2023. For more information or to schedule a tour, please contact Mrs. Deena Lanier, our Admissions Coordinator, at

**dlanier@holycrossweb.com**/540-286-1600 for Kindergarten-Eighth Grade or Mrs. Sheri Castellarin at **HCAPreschool@holycrossweb.com**/540-373-7553 for Preschool.

Information regarding the application process may be found at **holycrossweb.com/admissions**.

#### **Open Positions**

- Holy Cross Academy
- Classroom Teacher (2022-2023)
- Full Time Counselor
- Full Time Music Teacher
- Substitute Teachers and Aides

For more information, please visit bit.ly/32w7x3T

Please email Mrs. Angie Tomayko,

**atomayko@holycrossweb.com** with your cover letter and resume, if interested.





### education

# eliaious educati

#### **Religious Education Events**

Monday to Wednesday, March 21-23 Religious Education Classes

Monday to Wednesday, March 28-30 Religious Education Classes

Thursday, March 31

Confirmation Year 2 Formation Night in church 7-8pm

Monday to Wednesday, April 4-6 Religious Education Classes

Monday to Wednesday, April 11-13 No Religious Education Classes - Easter Break

Palm Sunday to Good Friday, April 10-16 Holy Week | Sunday, April 17, Easter Sunday

Monday to Wednesday, April 18-20 No Religious Education Classes - Easter Break

Monday to Wednesday, April 25-27 Religious Education Classes

#### **CRS Rice Bowl**

It's 5 a.m. in the village of Xequemeyá, Guatemala, but Raúl and Lilian Chanchavac are already starting their day. First, they thank God for all he has given them—their two sons, a field full of plants and a successful business. They certainly have a lot to be thankful for. It all started with a dream to flourish and to help others do the same.

In their village, malnutrition is high, which is especially dangerous for children. They started working toward change by growing tomatoes. Then Lilian heard about Catholic Relief Services' SEGAMIL program and how they could receive agriculture training and nutrition education for their children. Raúl and Lilian learned to manage and care for their crops. From there, they began growing for their business—adding onions, chili peppers and oranges to their crops. Produce was plentiful, but they continued to struggle—this time with selling it at markets. Still determined, they entered CRS' Nuestra Cosecha program that helped them register with the government to begin selling their produce to 16 local schools. Today, Lilian and Raul are looking forward to the future.



### **FORMED**

March 13, 2022

### JOSEPH OF NAZARETH: THE STORY OF THE MAN CLOSEST TO CHRIST

With this year being consecrated to St. Joseph, we celebrate the feast day of Christ's foster father with even more joy and respect! Enter into the life of this great saint through the movie Joseph of



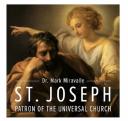
#### **BELOVED - SESSION 4:** THE TOTAL GIFT OF SELF

As foster father of Christ and virginal husband of Mary, St. Joseph fully gives himself to both his family and to God. Explore how we can emulate this gift of self in this episode of our Beloved series!

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#### ST. JOSEPH: PATRON OF THE UNIVERSAL CHURCH BY MARK MIRAVELLE

St. Joseph, the holiest of the patriarchs, serves as a model of fatherhood, obedience, chastity, and so many other virtues. Join Dr. Mark Miravelle as he shares incredible lessons found in the hidden life of Joseph.



SIGN UP FOR FREE AT FORMED.ORG/SIGNUP **CLICK REGISTER THEN ENTER PARISH CODE: F6F228** 

#### **SPRED**

Children!

Special Religious Development (SPRED) serves children and young adults with developmental disabilities

SPRED meets on certain Saturdays, from March until June March 12 & 26, April 9 & 23, May 21, June 4 & 11

You can register your children in the parish office.

\*\*SPRED meets in the Main Hall of the **Parish Life Center** 

Children attend from 10am - 12 pm. We invite you to join us as we share God's Word with God's Special



\*Contact Karen Sturtevant @ ksturtevant@stmaryfred.org

SCIENCE HAS PROVEN THE REAL PRESENCE IN

# Eucharistic DR. RICARDO CASTAÑÓN GÓMEZ NITACLES

Tickets are FREE but must be secured online:

English – 10am bit.ly/10ammiracles

**Spanish** – **3pm** bit.ly/3pmmiracles

Group Tickets (20 or more) emiracles2022@gmail.com

Visit stmaryfred.org or call 540-373-6491 for more information

Tickets are also available at the St. Mary Parish Office

In 1996, then atheist, scientist Dr. Ricardo Castañón Gómez, was asked to lead the scientific investigation of the Eucharistic Miracle in Buenos Aires, Argentina. Come and hear how his investigations into Eucharistic Miracles led him to convert to the Catholic faith and conclude that there is scientific proof of Jesus' REAL PRESENCE in the Eucharist!

### Saturday, April 2

10AM | PRESENTATION IN ENGLISH
3PM | PRESENTACIÓN EN ESPAÑOL

FRED NATS BALLPARK 42 JACKIE ROBINSON WAY FREDERICKSBURG, VA 22401





ST. MARY

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## our parish happenings

St. Mary of the Immaculate Conception is Seeking

### Full-Time Assistant Director of Religious of Education MINIMUM QUALIFICATIONS

- A love of our Catholic faith and a desire to draw children and families to Christ with joy!
- BA in Theology/Religious Education or a related educational field and/or a certificate in ministry or theology from a Catholic institution of higher learning.
- Be a practicing Catholic of good standing and faithful to the teachings of the Church
- Flexible work schedule which includes evenings and weekends
- Demonstrate ability to work well under pressure in a multi-task environment with time and resource constraints.
- Pass a background check

#### PRIMARY DUTY AND RESPONSIBILITY

Provide administrative support and assistance to DRE for Religious Education programs

#### **Full-Time Assistant Director of Youth Ministry**

#### MINIMUM QUALIFICATION

- Be a fully-initiated and practicing Roman Catholic, able to participate
  in the full sacramental life of the Church and with a commitment to live a
  life that gives witness to the joy of a relationship with Jesus Christ.
- Faithful to the magisterial teachings of the Roman Catholic Church.
- Hands-on understanding of catechesis and evangelization with the ability to articulate and teach the Catholic faith in a compelling manner.
- Able to inspire teens to go out and bring souls to Christ through the Roman Catholic Church, by developing a culture of discipleship within the parish community.
- Willing to receive the required training in youth ministry by enrolling in the Certificate of Youth Ministry program provided by the Catholic Diocese of Arlington.

#### PRINCIPAL FUNCTION

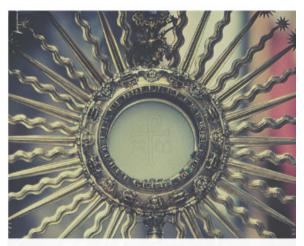
The candidate will be under the supervision of the Pastor and Youth Director and would assist the Youth Director in the overall ministry to teens in 7th-12th grade. The candidate will collaborate in the execution of administrative tasks, programing, and coordination of schedules, volunteers, spiritual formation, catechetic, and evangelization

For more information on each position, visit the parish website at stmaryfred.org. If interested, email your cover letter and resume to frmosimann@stmaryfred.org. Closing date Friday, April 1, 2022

#### **CCW General Meeting**

You are invited to join us on Tuesday, March 15 at 10am in the Father Rooney Community Room to welcome our Spiritual Director, Father Michael Folmar (alias "Father Crush It"), who will speak on Divine Mercy. Father has been preparing for this for quite a while; he will be packing a lot of information and inspiration into his presentation! You do not want to miss this!

We will have a 50/50 raffle and a brief business meeting after Father's talk, to keep you all informed. And as always, we welcome contributions for our refreshment table!



UMW CATHOLIC CAMPUS
MINISTRY

## 40 HOURS ADORATION

ST. JOHN BOSCO CENTER 1614 COLLEGE AVE, FREDERICKSBURG, VA 22401



Sunday. March 20th to Tuesday, March 22nd

### MISSIONARIES TO THE FAMILY

#### AN INITIATIVE TO REVITALIZE THE DOMESTIC CHURCH

Do you desire to share the joy you've found in married life with others? Do you want to study your faith as a couple and serve your parish? Can you make a 2 hour per week commitment? Discover this amazing invitation to discern, prepare, and accompany families in your parish and community.

Informational Meeting for Couples with Steve Bollman
March 20th, 9:30-10:30 AM
St. Mary of the Immaculate Conception
Parish Life Center

Missionaries to the Family Class of 2021



### **Initiative Includes:**

- A Year of Catholic Formation
- Weekend Retreats
- Spiritual Direction
- Training in Accompaniment

In partnership with the McGrath Institute for Church Life at the University of Notre Dame

Contact Elena Doyle at the parish for more information: 540-373-6491, edoyle@stmaryfred.org

Paradisus Dei<sup>®</sup>

HTTPS://PARADISUSDEI.ORG/MISSIONARIES-TO-THE-FAMILY/

### vida parroquial

# noticias en español

### Requisitos para recibir los Sacramentos

#### **BAUTISMO**

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Jachebel a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

#### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

#### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

#### **MATRIMONIO**

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

#### RECONCILIACIÓN

- Miércoles 11:30 am 12:00 pm,
   6:30 8:30 pm
- Sábados 8:00 8:30 am y 3:30 -4:30 pm

#### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al 540) 373-6491



#### Retiro Espiritual de Cuaresma con el Santísimo

La Cuaresma es el tiempo perfecto para acercarse a Cristo en el Santísimo. Acompañemos a Jesús en estas 40 horas especiales de Devoción y Meditación.

#### Miércoles 23 de marzo

6:30pm | Confesiones

7:00pm | Alabanzas y Confesión continua

**7:30pm** | Luis Perez "Vivir la Eucaristíaen el Matrimonio"

**8:00pm** | El Gran Silencio ~ Toda la noche /Adoración

#### Jueves 24 de marzo

7:00pm | Alabanzas y confesión continua

**7:30pm** | Gustavo Guzmán-La Eucaristía: "El Gran Amor de Dios"

**8:00pm** | El Gran Silencio ~ Toda la noche/ Adoración

### lent & holy week

# calendar

### Confession Schedule Lent and Holy Week

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The complete schedule of confessions is found in the calendar to the right.

All Parishioners are kindly requested to please plan confessions as early as possible in the season of Lent in order to avoid overwhelming last-minute crowds.

Please note: There are no confessions during Masses in the church. Also, there will be NO confessions after 2pm on Good Friday, nor on Holy Saturday.

STATIONS of the CROSS in English are prayed on Fridays of Lent at 7pm.

### Horario para Confesiones durante Cuaresma y Semana Santa

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Puede encontrar el horario completo de confesiones en el calendario a la derecha.

**→** 

Favor de planificar sus confesiones lo más pronto posible para evitar dificultades a última hora.

Recuerde, que NO habrá confesiones después de 2pm el Viernes Santo, NI en Sábado Santo.

Tendremos El VIA CRUCIS en español cada viernes durante la cuaresma a las 7:30pm (Primero Viernes, 10 de marzo, a las 7:30pm)

SUN	MON	TUE	WED	THU	FRI	SAT
2nd SUN		1	2 11:30am- 12pm & 6:30pm- 7:30pm	3	4	8:00am- 8:30am & 3:30pm- 4:30pm
6 3rd SUN	7	8	9 11:30am - 12pm & 6:30pm - 7:30pm	10	11	8:00am- 8:30am & 3:30pm- 4:30pm
4th SUN	14	15	16 11:30am- 12pm & 6:30pm- 7:30pm	17	18	8:00am - 8:30am & 3:30pm - 4:30pm
20	21	22	23 11:30am- 12pm & 6:30pm- 7:30pm	24	25	26 8:00am- 8:30am & 3:30pm- 4:30pm
27 5th SUN	28	29	30 11:30am - 12pm & 6:30pm - 7:30pm	31	April 1	8:00am - 8:30am & 3:30pm - 4:30pm
3	4 11:30am - 12pm & 6:30pm - 7pm	5	6 11:30am - 12pm & 6:30pm - 7pm	7	8 11:30am - 12pm & 6:30pm - 7pm	9 8:00am - 8:30am & 3:30pm - 4:30pm
10 PALM SUNDAY	11:30am - 12pm & 6:30pm - 8:30pm	11:30am - 12pm & 6:30pm - 8:30pm	11:30am - 12pm & 6:30pm - 8:30pm	14 HOLY THURS	GOOD FRIDAY	16
17 EASTER SUNDAY	18	19	20 11:30am- 12pm & 6:30pm- 8:30pm	21	22	23

The discipline of the Church includes abstaining from meat on Fridays during Lent (solid purple days) and fasting and abstaining from meat on Ash Wednesday and Good Friday. Fasting includes one regular meal, and the other two small meals are not to exceed a regular meal in quantity, with nothing between meals.







### Holy Thursday

APRIL 14
(No 6:30am or 9am Masses)

8<sub>AM</sub> - St. Mary Church Office of Readings & Morning Prayer (Liturgy of the Hours)

7:30<sub>PM</sub> - St. Mary Church Mass of the Lord's Supper

The concelebrated Mass of the Lord's Supper commemorates the institution of the Eucharist and the Priesthood by Jesus at the Last Supper. The commandment of love is symbolized by the Mandatum, or footwashing, where Jesus teaches, "As I have done, so must you also do." Parishioners are encouraged to join in the ancient procession of the Blessed Sacrament to Saint Mary Church, where adoration will continue until midnight as we accompany Jesus in his agony in the Garden of Gethsemane.

#### Following Mass Adoration in the Parish Life Center

Followed by Night Prayer beginning at 11:45pm. (Liturgy of the Hours)

### Good Friday

APRIL 15 (No 6:30 or 9am Masses)

8<sub>AM</sub> - St. Mary Church Office of Readings & Morning Prayer (Liturgy of the Hours)

**12** - 3<sub>PM</sub> - St. Mary Church **Confessions** 

#### 12 - 3<sub>PM</sub> - St. Mary Church "Tre Ore," The Seven Last Words

Although not a part of the formal observance of the Sacred Triduum Rites as such, this is a traditional custom of many churches. The seven last words of Jesus as he is crucified on the cross are presented every 25 minutes, each with a congregational hymn and choral selections. Clergy will give a reflection for each of the words of Jesus and the Three Hours will conclude with the public praying of the Stations of the Cross.

#### 3<sub>PM</sub> - St. Mary Church The Passion and Veneration of the Holy Cross (English)

We assemble in observance of Christ's saving death, by reading the narrative of his Passion, praying for the Universal Church, venerating his Cross in this ancient Rite and receiving Holy Communion which was consecrated on the previous evening at the Mass of the Lord's Supper.

The Good Friday collection assists the maintenance of the Shrines in the Holy Land.

### 7:00<sub>PM</sub> - St. Mary Church Stations of the Cross

7:30<sub>PM</sub> - St. Mary Church El Via Crucis (En Español)

10<sub>PM</sub> - St. Mary Church Night Prayer

### Holy Saturday

ARPIL 16
(No 9am, 5pm or 7pm Masses or Confessions)

8<sub>AM</sub> - St. Mary Church
Office of Readings & Morning
Prayer (Liturgy of the Hours)

#### 11<sub>AM</sub> - St. Mary Church The Blessing of Easter Food

For those who practice the beautiful Eastern European custom of having Easter foods blessed, please place baskets of traditional foods on the steps along the front of the altar.

#### 8:30<sub>PM</sub> - St. Mary Church The Easter Vigil

What Sunday is to the week, Easter Sunday is to the year. This holiest of nights we celebrate the victory over death and promise of eternal life given to us by Jesus Christ in his resurrection from the dead. The Liturgy includes the Service of Light, the Vigil of Readings and Psalms, the Celebration of the Sacraments of Baptism and Confirmation for those who have prepared all year for initiation in the Catholic Church, and Liturgy of the Eucharist. Please note the unusual time that we begin: it marks the end of twilight and the beginning of the Solemnity of Easter Sunday.

### Easter Sunday

APRIL 17 8am, 10:15am, 12:30pm (bilingual)

#### The Resurrection of the Lord

ALL Easter Masses will be celebrated at the Fredericksburg Expo Center

Please note: there will be NO 2pm nor 5pm or 7pm Mass on Easter Sunday!

Masses will not be held at the church or at Holy Cross Academy on Easter Sunday

### operations

# given in love

#### **Weekly Offertory**

Donations Received March 1 - March 8

Sunday Offertory \$37,397.38 Church in Central/Eastern Europe \$12, 128.71

Black & Indian Missions

\$7,441.71

Poor Box for St Vincent de Paul

\$100.00

Thank you for your generosity.

### Masses were offered in February for the following unscheduled intentions:

Rick Krum (2), +March Ganser, +Ron Mauro, Berta Solano, +Patricia Rauch, Barry Hagans, Alexander Bagshaw, Natalie Smith, +Sandy Cooke, +Mary Provanzano, +Judy Poulin, +Fran Barrett, +Thelma Odilia Rivera, Unborn Babies Michael & Gabriel, Brian Brandt, +Lloyd Alperman, +Scott Gabriel, +Loretta Walsh, Edith Young, +Edward Pietruszka, Sr., +Salvatore Anile, and +Scott Hasley.

#### Children's Offertory Envelopes for March

The children's charity that will benefit from the offering in March is parish support for Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and families living in poverty in Stafford County, through programs focusing on education, empowerment, and healthy living. Stafford Junction partners with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socioeconomic lines. This organization is a mission project of our parish and children's donations will assist the parish in providing much needed support for their programs. For more information, visit their website at staffordjunction.org.

#### **Pro-Life Reflection**

Lent is a time to pray for the catechumens of the Church who are preparing to be baptized at the Easter Vigil. The rest of us will renew our Baptismal Promises. In these vows, we reject the empty promises of the devil. One of those empty promises is abortion. Thank You, Lord, for the power of baptism in my life by which I am able to affirm life each day against the power of death.

#### **Easter Flowers**

Remember someone you love, either living or deceased, with a donation for our beautiful Easter Flowers. Envelopes are available in your envelope packets and in the Church.

#### **Seeking Volunteers!**

Our SPRED Program(Special Needs Religious Education Program) is in need of volunteers!

What a wonderful way to interact with those parishioners whom our Lord has given a very special vocation ~ to draw happiness and joy out of each one of us!

The program meets on Saturday's 10-12 in the Parish Life Center on the following dates: March 12 & 26, April 9 & 23, May 21 and June 4 & 11.

If you are interested in helping please contact Karen Sturtevant at **ksturtevant@stmaryfred.org** or call the office 540-373-6491 for more information.

Highschool students are welcome and encouraged to assist!



### **liturgy**



#### **Saint Mary Prayer List - March**

#### Please pray for those who are sick or in need, especially:

Woody Dent, Debbie Dent, Jessica Belomme, Adam Burgh, Alberta Rienzo, Amanda Perez, Anne Habiger, Bernie Mahoney, Chris Breth, Debbie Dent, Edward Burgh, Gemma Anglin, Gerry Konczyk, Jason Stoker, Jessica Belomme, Joanne O'Brien , Joe Trippi, Luke Robert Harring, Mary Farrell Bennett, Nancy Conley, Natalie Smith, Paul Lysher, Robert Derouin, Shirley Bozicevic, David Tignor

### Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

#### St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

#### **Are You Affected By A Loved Ones' Addiction to Drugs?**

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at **cushingwr@gmail.com**/540-840-5230 or Wanda at **wandasj823@gmail.com**/540-538-6978.

### **Daily Mass Intentions** and Readings

#### March

#### **14 MONDAY**

6:30am Michael Jobe+ 9:00am Hubert Chase Dn 9:4b-10/Lk 6:36-38

#### **15 TUESDAY**

6:30am Lauren and Dan Jaworoski 9:00am Diva Jean Flowers Is 1:10, 16-20/Mt 23:1-12

#### **16 WEDNESDAY**

6:30am George B. McWhirt III+ 8:15am\* Christina G. McWhirt+ 9:00am Virginia Lee Morenco Jer 18:18-20/Mt 20:17-28

#### **17 THURSDAY**

6:30am Reymundo Rivera 9:00am Charles White+ Jer 17:5-10/Lk 16:19-31

#### **18 FRIDAY**

6:30am Heather Wilcox+ 9:00am Wilson and Louise Belinger Gn 37:3-28a/Mt 21:33-43, 45-46

#### **19 SATURDAY**

9:00am Tatiana Beltran 5:00pm Sarah Paquette 7:00pm For Our Parish

2 Sm 7:4-14a, 16/Rom 4:13-22/Mt 1:16-24a

#### **20 SUNDAY**

7:00am Fr. Donald Rooney
8:30am Ruth Stellino+
10:30am James Holzworth
10:30am\* Peter Leonard Kashuba
12:30pm David Spellman+
2:30pm Julia Zurita De Palma+
5:00pm Donald Yoder+

7:00pm Roshaunda and Shanda Williams Ex 3:1-8a, 13-15/1 Cor 10:1-6, 10-12/Lk 13:1-9

\* Indicates Mass at Holy Cross Academy Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.