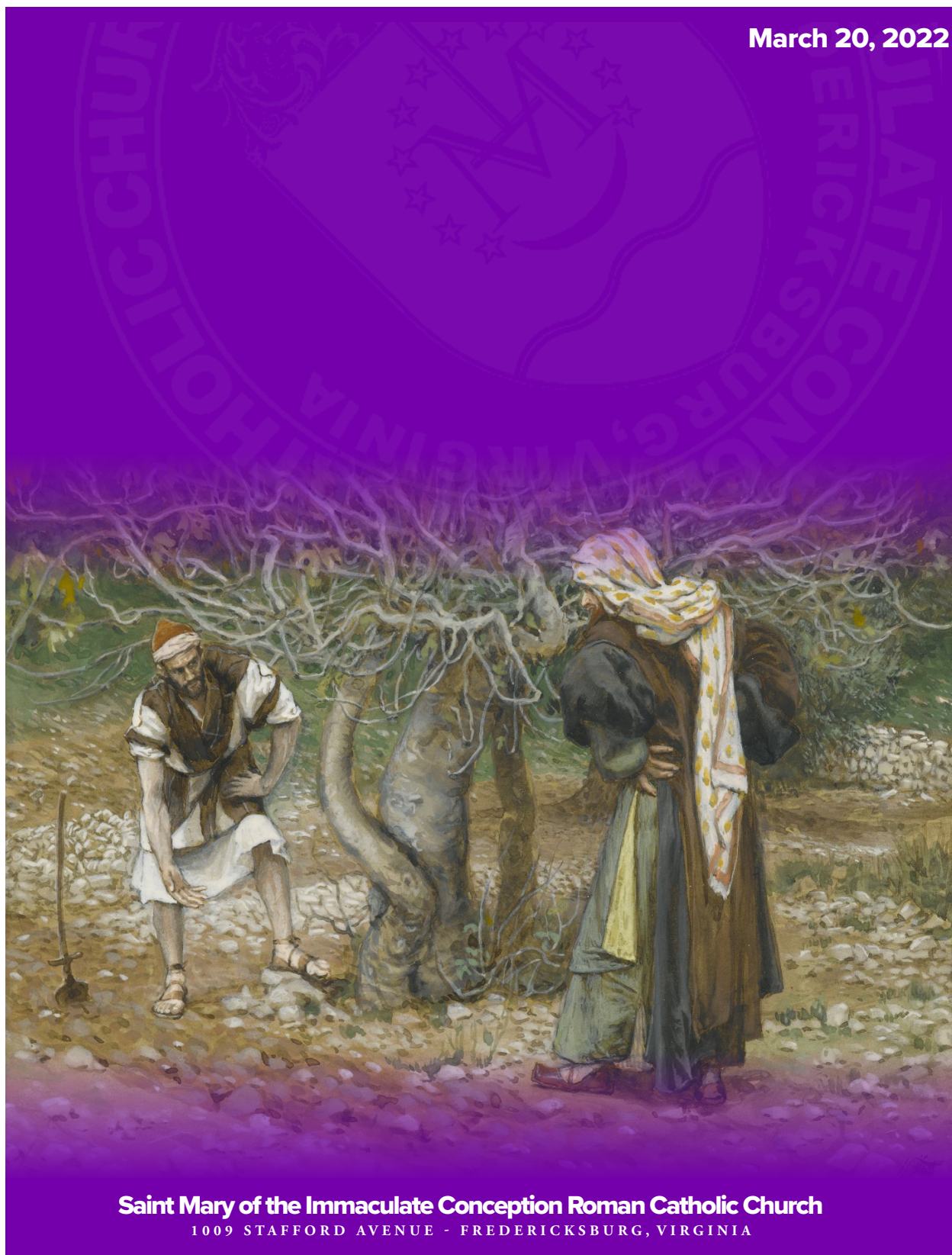


## THIRD SUNDAY OF LENT

March 20, 2022



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# announcements

## New Parishioner Welcome Sunday, March 27 11:45am-2:30pm

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with you, to get to know you a bit and see how you (and your family) might be interested in sharing your gifts and talents with your new parish family.

Please sign-up for a time slot for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor.

[bit.ly/3MI3RnB](https://bit.ly/3MI3RnB)

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday: 6:30am, 9am  
M/W/F: 12 Noon  
Saturday: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Monday, after 9am Mass  
Divine Mercy, Wednesday, 3pm

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday, 8:30am - 4:30pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor  
Fr. Sean Koehr, Parochial Vicar  
Fr. Michael Folmar, Parochial Vicar  
Fr. Scott Sina, Parochial Vicar  
Fr. Phillip Cozzi, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Jachebel Rios

### MUSIC

Director of Music, David Uschold  
Asst. Director of Music, Malinda Jones

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION

Director, Aristides Lucas  
Associate Director, Karen Sturtevant  
Administrative Asst, Lori Barlow

### YOUTH MINISTRY

Director, Tatiana Beltran

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the  
date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six  
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue  
Fredericksburg, VA 22401

# from our pastor pax et bonum

Dear Folks,

In preparation for the 2023 Synod of Bishops in Rome, the Supreme Pontiff Pope Francis has asked every local Church to undertake their own synodal phase, of prayerful listening, dialogue, and discernment, on how the Church is journeying together and fulfilling our mission in the world.

In obedience to this request, I am happy to announce that our parish synodal listening session will take place on Monday March 28th @6:00 pm in the Church. I expect that it may run for 90 minutes, but that depends on your interest in being heard.

Also, this weekend you will find in the church cards at the back which invite you to pray and sacrifice for a friend, family member, or neighbor who has discontinued practicing the Catholic Faith. I have also included the card on this page. You may drop these cards into the collection baskets, and we will place them near the tabernacle as a sign of your prayers being placed before the Lord.

Both of these opportunities are beautiful occasions for us to be able to invite folks back to loving union with our Lord. Your prayers, sacrifices, and invitations may be the grace that helps a soul come home!

Pax et Bonum,



Fr Mosimann



This Lent, I will pray and sacrifice for a friend, family member,  
or neighbor who has discontinued practicing the faith.

Rosaries \_\_\_\_\_ Holy Hours \_\_\_\_\_

Sacrifices \_\_\_\_\_ Stations of the Cross \_\_\_\_\_

I will actively invite someone to:

Mass \_\_\_\_\_ Pray with Me \_\_\_\_\_

Bible Study \_\_\_\_\_ A Talk \_\_\_\_\_

Confession \_\_\_\_\_ Speak With a Priest \_\_\_\_\_





# holy cross academy



*A National  
Blue Ribbon  
School of  
Excellence*



## Signs of Spring

Our HCA preschoolers ended February with our annual Donuts with Dad event, this year modified to be a park and eat event. It was fun getting to sit in the front seat of our dad's cars and eat Krispy Kreme donuts.

Moving into March, signs of spring are everywhere at Holy Cross Academy Preschool! Walk through the PLC after mass and you'll see kites, shamrocks, a celebration of Dr. Seuss, and a bunch of March lions and lambs. But even better than that, you'll see how our youngest Crusaders are preparing their hearts during this season of Lent through performing acts of kindness, special prayer intentions, and learning about the Trinity. They have even learned a special Lent song. We are so very blessed to have this special place on the St. Mary campus to play, learn, and grow!

Enrollment for the 2022-2023 school year is now open. If you have a three or four year old child, please contact our preschool director, Mrs. Sheri Castellarin via phone at 540-373-7553 or by email at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com) to schedule a visit.

## 2022-2023 Applications/Tours

Holy Cross Academy and Preschool are still accepting applications for 2022-2023. For more information or to schedule a tour, please contact Mrs. Deena Lanier, our Admissions Coordinator, at [dlanier@holycrossweb.com](mailto:dlanier@holycrossweb.com)/540-286-1600 for Kindergarten-Eighth Grade or Mrs. Sheri Castellarin at [HCAPreschool@holycrossweb.com](mailto:HCAPreschool@holycrossweb.com)/540-373-7553 for Preschool.

Information regarding the application process may be found at [holycrossweb.com/admissions](http://holycrossweb.com/admissions).

## Open Positions

- Holy Cross Academy
- Classroom Teacher (2022-2023)
- Full Time Counselor
- Full Time Music Teacher
- Substitute Teachers and Aides

For more information, please visit [bit.ly/32w7x3T](https://bit.ly/32w7x3T)

Please email Mrs. Angie Tomayko, [atomayko@holycrossweb.com](mailto:atomayko@holycrossweb.com) with your cover letter and resume, if interested.



# education religious education

## Religious Education Events

**Monday to Wednesday, March 21-23**

Religious Education Classes

**Monday to Wednesday, March 28-30**

Religious Education Classes

**Thursday, March 31**

Confirmation Year 2 Formation Night in church 7-8pm

**Monday to Wednesday, April 4-6**

Religious Education Classes

**Monday to Wednesday, April 11-13**

No Religious Education Classes - Easter Break

**Palm Sunday to Good Friday, April 10-16**

Holy Week | Sunday, April 17, Easter Sunday

**Monday to Wednesday, April 18-20**

No Religious Education Classes - Easter Break

**Monday to Wednesday, April 25-27**

Religious Education Classes

**Monday, April 25**

Two Confirmation 2022 Rehearsals

**Saturday, April 30, Two Confirmation 2022 Masses:**

Mass at 10am for Holy Cross Academy students, RE students who attend class at 4:45pm on Mondays, Tuesdays and Wednesdays.

Mass at 2pm for RE students who attend class at 6:30 pm on Mondays, Tuesdays and Wednesdays and for RE students who attend class on Tuesdays at 6pm at Holy Cross Academy

## CRS Rice Bowl

Monpura, Bangladesh, is a beautiful island surrounded by the Meghna River. Natural disasters like floods and cyclones damage the landscape and houses in the summer and autumn months. Houses are lost, farmlands flood, and roads and dikes break. Residents like Noornobi and his family of 11, are always looking for new ways to protect their homes and farms. His family was poor so they lived in a small hut with a tin roof and hay walls.

When Noornobi joined Catholic Relief Services' Mutki Project, he learned how to prevent his land from flooding, farm using chemical-free and organic fertilizers, raised garden beds and raise chickens and ducks to sell. Now, with the help of his father and nephew Abdul, Noornobi farms more than half of his land and grows a variety of fruits and vegetables he sells at the market.

Noornobi family life slowly improved as his farming began to make a profit. With the profit, the family bought a larger tin house. Noornobi also helped his brothers open a shop to support their family and pay for private schooling for Abdul, who wants to be an engineer, and his sister Nihar, who dreams of being a schoolteacher. [crsricebowl.org/stories-of-hope/week-3](https://crsricebowl.org/stories-of-hope/week-3)

## FORMED®

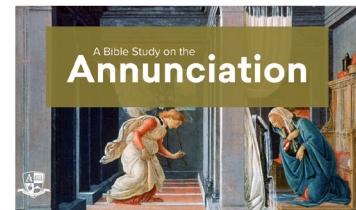
PICK OF THE WEEK

March 20, 2022

WATCH

### THE SANCTUARY COURSE FOR CATHOLICS

Misconceptions surrounding mental illness can prevent us from responding well to those suffering. This eight-session course explores the realities of mental illness, as well as the need for faith-based conversations about this topic. Featuring stories of Catholics living with mental health challenges, along with the insights of archbishops, theologians, and psychologists.



### A BIBLE STUDY ON THE ANNUNCIATION

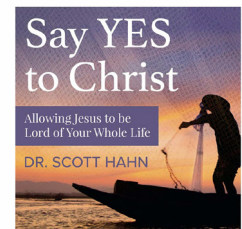
In this video, Dr. Ben Akers leads us through a brief study of Luke 1:26-38, highlighting some of the key Old Testament passages evoked by Gabriel's words. The reflection concludes with some thoughts on how we can imitate Mary's Yes in our own life, especially in this time of suffering.

LEARN

LISTEN

### SAY YES TO CHRIST: ALLOWING JESUS TO BE THE LORD OF YOUR WHOLE LIFE BY SCOTT HAHN

Mary conformed the entirety of her life to the Divine Will. In doing so, she became the model of perfect discipleship. In this talk, Dr. Scott Hahn discusses why we too should surrender our lives to the Lord.



SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)  
CLICK REGISTER THEN ENTER PARISH CODE: F6F228





SCIENCE HAS PROVEN THE REAL PRESENCE IN

# Eucharistic Miracles

DR. RICARDO  
CASTAÑÓN GÓMEZ

Tickets are FREE but must  
be secured online:

**English – 10am**  
[bit.ly/10ammiracles](https://bit.ly/10ammiracles)

**Spanish – 3pm**  
[bit.ly/3pmmiracles](https://bit.ly/3pmmiracles)

Group Tickets (20 or more)  
[emiracles2022@gmail.com](mailto:emiracles2022@gmail.com)

Visit [stmaryfred.org](https://stmaryfred.org) or call  
540-373-6491 for more information

Tickets are also available at the  
St. Mary Parish Office

In 1996, then atheist, scientist Dr. Ricardo Castañón Gómez, was asked to lead the scientific investigation of the Eucharistic Miracle in Buenos Aires, Argentina. Come and hear how his investigations into Eucharistic Miracles led him to convert to the Catholic faith and conclude that there is scientific proof of Jesus' REAL PRESENCE in the Eucharist!

## Saturday, April 2

10AM | PRESENTATION IN ENGLISH

3PM | PRESENTACIÓN EN ESPAÑOL

FRED NATS BALLPARK  
42 JACKIE ROBINSON WAY  
FREDERICKSBURG, VA 22401

*Fred Nats*



ST. MARY  
*of the*  
IMMACULATE  
CONCEPTION  
Roman Catholic Church



# our parish happenings

## Stained Glass Windows Repair

The stained glass windows above the sanctuary are going to be removed for repair work this week. The mold the glass sits in is being bowed out and is in danger of falling into the sanctuary. A professional firm will remove the stained glass panels, reset and reinforce them, and replace them over the course of 2 months. In the meantime, plywood will cover the open windows. At reinstallation, proper glass panels will cover the area on the outside to protect from the temperature changes that caused the bowing in the first place. The glass will be replaced exactly as it is now. Thanks for your patience while this necessary work is done.

## Ecumenical Lenten Prayer Services

Join our Micah Church Congregations for Ecumenical Lenten Prayer Services.

- March 23 at 12pm: Lenten Service at Shiloh Old Site | Father Mosiman Preaching
- April 4 at 6:01: Martin Luther King Observance: A recognition of the anniversary of MLK's assassination at Shiloh New Site | Program by Shiloh Old Site and friends
- April 15 at 2pm: Good Friday walking stations of the cross | Starting and ending at Micah, 1013 Princess Anne St.

## Jesus: The Way, the Truth, and the Life

Jesus is our savior, our redeemer, our Lord, and our God. Our belief in Jesus is what makes us who we are as Catholics, as Christians, but do we really know Him as we should? Is Jesus a part of your life, or is He at the center of your life as He should be? We invite you to make him the center of your life by joining us for **Jesus: The Way, the Truth, and the Life**, a 8-9-week video study program that explores the entirety of Jesus' life and what he means for us as Catholics today. St. Mary's will begin the Jesus study on Wednesday, April 20 or Thursday, April 21st at 9:45am. Participants will meet every week to view an engaging video presentation by Marcellino D'Ambrosio, Jeff Cavins, and Edward Sri, followed by a group discussion and fellowship. The cost for the materials (a book, workbook, and a timeline type chart) is on a scale between \$20-\$30. For more information, contact Suzette at [agingcoastrkid1@yahoo.com](mailto:agingcoastrkid1@yahoo.com) or sign up at the Parish Office. Both classes will be limited to 25 each. Please sign up and pay before March 30 as materials need to be ordered.

### St. Mary of the Immaculate Conception is Seeking

## Full-Time Assistant Director of Religious of Education

### MINIMUM QUALIFICATIONS

- A love of our Catholic faith and a desire to draw children and families to Christ with joy!
- BA in Theology/Religious Education or a related educational field and/or a certificate in ministry or theology from a Catholic institution of higher learning.
- Be a practicing Catholic of good standing and faithful to the teachings of the Church
- Flexible work schedule which includes evenings and weekends
- Demonstrate ability to work well under pressure in a multi-task environment with time and resource constraints.
- Pass a background check

### PRIMARY DUTY AND RESPONSIBILITY

Provide administrative support and assistance to DRE for Religious Education programs

## Full-Time Assistant Director of Youth Ministry

### MINIMUM QUALIFICATION

- Be a fully-initiated and practicing Roman Catholic, able to participate in the full sacramental life of the Church and with a commitment to live a life that gives witness to the joy of a relationship with Jesus Christ.
- Faithful to the magisterial teachings of the Roman Catholic Church.
- Hands-on understanding of catechesis and evangelization with the ability to articulate and teach the Catholic faith in a compelling manner.
- Able to inspire teens to go out and bring souls to Christ through the Roman Catholic Church, by developing a culture of discipleship within the parish community.
- Willing to receive the required training in youth ministry by enrolling in the Certificate of Youth Ministry program provided by the Catholic Diocese of Arlington.

### PRINCIPAL FUNCTION

The candidate will be under the supervision of the Pastor and Youth Director and would assist the Youth Director in the overall ministry to teens in 7th-12th grade. The candidate will collaborate in the execution of administrative tasks, programing, and coordination of schedules, volunteers, spiritual formation, catechetical, and evangelization

For more information on each position, visit the parish website at [stmaryfred.org](http://stmaryfred.org). If interested, email your cover letter and resume to [frmosimann@stmaryfred.org](mailto:frmosimann@stmaryfred.org). **Closing date Friday, April 1, 2022**

# our parish happenings

## Easter Baskets for Our Seniors

The Outreach Ministry is collecting items to create sweet Easter baskets for our seniors in nursing homes and/or those wishing to receive one. Please consider dropping off your donations to the parish office by April 10th. If you know of anyone who would appreciate a basket and/or visit please email Torie Baldwin at [keetongirl2@yahoo.com](mailto:keetongirl2@yahoo.com). Thank you.

## Items need for the baskets (any of these items happily accepted)

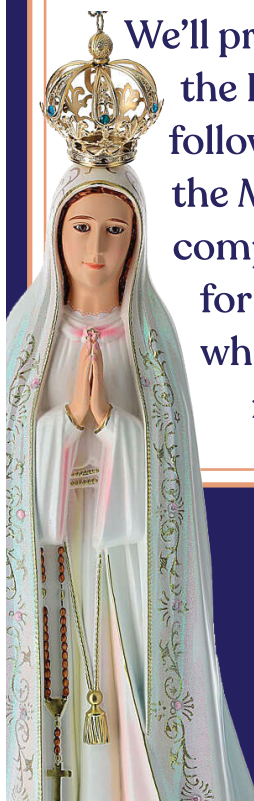
- Baskets (medium size)
- Tissues (small purse size)
- Hand sanitizer
- Lotion
- Lip balm
- Playing cards
- Sudoku/Crossword puzzle/coloring books/  
memory games/small puzzles
- Pencils/ colored pencils
- Sugar free mints
- Granola bars (soft)
- Easter Eggs with chocolate treats  
(like Hershey Kisses)
- Prayer cards

## Live Jesus 2022

The Oblates of St. Francis de Sales cordially invite you to attend "Live Jesus 2022", a morning of Lenten reflection and renewal through the lens of Salesian Spirituality. It will be held on Saturday, March 26 at St. John Neumann Catholic Church, 11900 Lawyers Road, Reston, VA 20191. The program will begin at 9am and run until 12:45pm. This year's theme is "Healing Relationships... Let it Begin

With Me. Please register online at [oblates.org](http://oblates.org).

## Join Us for Communal First Saturdays Devotion at St. Mary's



We'll pray the Fatima Prayers, with the Rosary immediately, then followed by the Holy Sacrifice of the Mass at 9am Then we'll keep company to the Blessed Mother for 15 minutes after the Mass, while meditating in one of the mysteries of the Rosary.

## Pray the Rosary with Our Parish

Join your parish family every morning to pray the Rosary, Monday through Friday immediately following the 6:30am Mass and Monday through Saturday at 8:15am before the 9am Mass. On Thursday mornings, the Rosary is offered for all Priests.

## Pilgrim Virgin Statue

Have the Blessed Mother to visit your home? Contact Mary Lou Felts, 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com).



# vida parroquial

# noticias en español

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Jachebel a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

LA CIENCIA HA DEMOSTRADO LA PRESENCIA REAL EN

# Milagros Eucarísticos

DR. RICARDO CASTAÑÓN GÓMEZ

Adquiera su entrada gratis en línea:

**2 de abril, 3pm**  
bit.ly/3pmmiracles

Grupos de 20 o más:  
emiracles2022@gmail.com

Más información comuníquese a:  
540-373-6491 o stmaryfred.org

También podrá adquirir boletos en la oficina parroquial de St. Mary

En 1996, se solicitó al entonces científico ateo Dr. Ricardo Castañón Gómez, que dirigiera la investigación científica del Milagro Eucarístico en Buenos Aires, Argentina. ¡VEN Y ESCUCHA! como sus investigaciones sobre los Milagros Eucarísticos, lo llevaron a convertirse a la fe católica y a la vez concluir que hay pruebas científicas de la REAL PRESENCIA de Jesús en la Eucaristía!

**Sábado 2 de abril**  
3PM | PRESENTACIÓN EN ESPAÑOL

FRED NATS BALLPARK  
42 JACKIE ROBINSON WAY  
FREDERICKSBURG, VA 22401

*Fred Nats*  ST. MARY  
of the  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

## Retiro Espiritual de Cuaresma con el Santísimo

La Cuaresma es el tiempo perfecto para acercarse a Cristo en el Santísimo. Acompañemos a Jesús en estas 40 horas especiales de Devoción y Meditación.

### Miércoles 23 de marzo

- 6:30pm** | Confesiones
- 7:00pm** | Alabanzas y Confesión continua
- 7:30pm** | Luis Perez ~ "Vivir la Eucaristía en el Matrimonio"
- 8:00pm** | El Gran Silencio ~ Toda la noche / Adoración

### Jueves 24 de marzo

- 7:00pm** | Alabanzas y confesión continua
- 7:30pm** | Gustavo Guzmán-La Eucaristía: "El Gran Amor de Dios"
- 8:00pm** | El Gran Silencio ~ Toda la noche / Adoración

# lent & holy week

## calendar

### Confession Schedule Lent and Holy Week



The complete schedule of confessions is found in the calendar to the right. →

All Parishioners are kindly requested to please plan confessions as early as possible in the season of Lent in order to avoid overwhelming last-minute crowds.

Please note: There are no confessions during Masses in the church. Also, there will be NO confessions after 2pm on Good Friday, nor on Holy Saturday.

**STATIONS of the CROSS** in English are prayed on Fridays of Lent at 7pm.

### Horario para Confesiones durante Cuaresma y Semana Santa



Puede encontrar el horario completo de confesiones en el calendario a la derecha. →

Favor de planificar sus confesiones lo más pronto posible para evitar dificultades a última hora.

Recuerde, que NO habrá confesiones después de 2pm el Viernes Santo, NI en Sábado Santo.

Tendremos **EL VIA CRUCIS** en español cada viernes durante la cuaresma a las 7:30pm (Primero Viernes, 10 de marzo, a las 7:30pm)

SUN	MON	TUE	WED	THU	FRI	SAT
<b>March</b>		<b>1</b>	<b>2</b> 11:30am - 12pm & 6:30pm - 7:30pm	<b>3</b>	<b>4</b>	<b>5</b> 8:00am - 8:30am & 3:30pm - 4:30pm
<b>2nd SUN</b>						
<b>6</b> <b>3rd SUN</b>	<b>7</b>	<b>8</b>	<b>9</b> 11:30am - 12pm & 6:30pm - 7:30pm	<b>10</b>	<b>11</b>	<b>12</b> 8:00am - 8:30am & 3:30pm - 4:30pm
<b>13</b> <b>4th SUN</b>	<b>14</b>	<b>15</b>	<b>16</b> 11:30am - 12pm & 6:30pm - 7:30pm	<b>17</b>	<b>18</b>	<b>19</b> 8:00am - 8:30am & 3:30pm - 4:30pm
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> 11:30am - 12pm & 6:30pm - 7:30pm	<b>24</b>	<b>25</b>	<b>26</b> 8:00am - 8:30am & 3:30pm - 4:30pm
<b>27</b> <b>5th SUN</b>	<b>28</b>	<b>29</b>	<b>30</b> 11:30am - 12pm & 6:30pm - 7:30pm	<b>31</b>	<b>April 1</b>	<b>2</b> 8:00am - 8:30am & 3:30pm - 4:30pm
<b>3</b>	<b>4</b> 11:30am - 12pm & 6:30pm - 7pm	<b>5</b>	<b>6</b> 11:30am - 12pm & 6:30pm - 7pm	<b>7</b>	<b>8</b> 11:30am - 12pm & 6:30pm - 7pm	<b>9</b> 8:00am - 8:30am & 3:30pm - 4:30pm
<b>10</b> <b>PALM SUNDAY</b>	<b>11</b> 11:30am - 12pm & 6:30pm - 8:30pm	<b>12</b> 11:30am - 12pm & 6:30pm - 8:30pm	<b>13</b> 11:30am - 12pm & 6:30pm - 8:30pm	<b>14</b> <b>HOLY THURS</b>	<b>15</b> <b>GOOD FRIDAY</b>	<b>16</b>
<b>17</b> <b>EASTER SUNDAY</b>	<b>18</b>	<b>19</b>	<b>20</b> 11:30am - 12pm & 6:30pm - 8:30pm	<b>21</b>	<b>22</b>	<b>23</b>

The discipline of the Church includes abstaining from meat on Fridays during Lent (solid purple days) and fasting from meat on Ash Wednesday and Good Friday. Fasting includes one regular meal, and the other two small meals are not to exceed a regular meal in quantity, with nothing between meals.



## Holy Thursday

**APRIL 14**  
(No 6:30am or 9am Masses)

**8AM - St. Mary Church**  
**Office of Readings & Morning Prayer (Liturgy of the Hours)**

**7:30PM - St. Mary Church**  
**Mass of the Lord's Supper**

The concelebrated Mass of the Lord's Supper commemorates the institution of the Eucharist and the Priesthood by Jesus at the Last Supper. The commandment of love is symbolized by the Mandatum, or footwashing, where Jesus teaches, "As I have done, so must you also do." Parishioners are encouraged to join in the ancient procession of the Blessed Sacrament to Saint Mary Church, where adoration will continue until midnight as we accompany Jesus in his agony in the Garden of Gethsemane.

**Following Mass**  
**Adoration in the Parish Life Center**  
Followed by Night Prayer beginning at 11:45pm. (Liturgy of the Hours)

## Good Friday

**APRIL 15**  
(No 6:30 or 9am Masses)

**8AM - St. Mary Church**  
**Office of Readings & Morning Prayer (Liturgy of the Hours)**

**12 - 3PM - St. Mary Church**  
**Confessions**

**12 - 3PM - St. Mary Church**  
**"Tre Ore," The Seven Last Words**

Although not a part of the formal observance of the Sacred Triduum Rites as such, this is a traditional custom of many churches. The seven last words of Jesus as he is crucified on the cross are presented every 25 minutes, each with a congregational hymn and choral selections. Clergy will give a reflection for each of the words of Jesus and the Three Hours will conclude with the public praying of the Stations of the Cross.

**3PM - St. Mary Church**  
**The Passion and Veneration of the Holy Cross (English)**

We assemble in observance of Christ's saving death, by reading the narrative of his Passion, praying for the Universal Church, venerating his Cross in this ancient Rite and receiving Holy Communion which was consecrated on the previous evening at the Mass of the Lord's Supper.

The Good Friday collection assists the maintenance of the Shrines in the Holy Land.

**7:00PM - St. Mary Church**  
**Stations of the Cross**

**7:30PM - St. Mary Church**  
**El Via Crucis (En Español)**

**10PM - St. Mary Church**  
**Night Prayer**

## Holy Saturday

**APRIL 16**  
(No 9am, 5pm or 7pm Masses or Confessions)

**8AM - St. Mary Church**  
**Office of Readings & Morning Prayer (Liturgy of the Hours)**

**11AM - St. Mary Church**  
**The Blessing of Easter Food**

For those who practice the beautiful Eastern European custom of having Easter foods blessed, please place baskets of traditional foods on the steps along the front of the altar.

**8:30PM - St. Mary Church**  
**The Easter Vigil**

What Sunday is to the week, Easter Sunday is to the year. This holiest of nights we celebrate the victory over death and promise of eternal life given to us by Jesus Christ in his resurrection from the dead. The Liturgy includes the Service of Light, the Vigil of Readings and Psalms, the Celebration of the Sacraments of Baptism and Confirmation for those who have prepared all year for initiation in the Catholic Church, and Liturgy of the Eucharist. Please note the unusual time that we begin: it marks the end of twilight and the beginning of the Solemnity of Easter Sunday.

## Easter Sunday

**APRIL 17**  
**8AM, 10:15AM, 12:30PM (BILINGUAL)**

**The Resurrection of the Lord**

**ALL Easter Masses will be celebrated at the Fredericksburg Expo Center**

**Please note: there will be NO 2pm nor 5pm or 7pm Mass on Easter Sunday!**

**Masses will not be held at the church or at Holy Cross Academy on Easter Sunday**



# operations given in love

## Weekly Offertory

### Donations Received

#### March 9 - March 14

Sunday Offertory	\$24,614.11
Parish Debt Reduction	\$91
Church in Central/Eastern Europe	\$180
Black & Indian Missions	\$145
Arlington Catholic Herald	\$63
Poor Box for St Vincent de Paul	\$1,342

#### Faith Direct Donations March 4

Sunday Offertory	\$84,315.52
Parish Debt Reduction	\$6,071
Black & Indian Missions	\$2,418
Catholic Relief Services	\$3,477

*Thank you for your generosity.*

## Catholic Relief Services Collection

### Help Jesus is Disguise

Next week, we take up The Catholic Relief Services Collection. Your support for this collection gives aid to victims of persecution and natural disasters, provides legal services to poor immigrants, and advocates for the powerless. Through your generosity, six Catholic agencies help Jesus in the disguise of the vulnerable refugee, the immigrant family, and the poor and marginalized. Please prayerfully consider contributing to the collection today. For more information, visit [usccb.org/catholic-relief](https://usccb.org/catholic-relief).

La próxima semana nuestra parroquia realizará The Catholic Relief Services Collection (CRSC). Los fondos recaudados en esta colecta proporcionarán comida a los que pasan hambre, apoyo a los refugiados que han sido desplazados y llevarán el amor y la misericordia de Cristo a todos los pueblos aquí y en el exterior. La próxima semana, por favor, contribuye generosamente a la Colecta de CRSC. Es Jesús con otro rostro, ¿le ayudará? Infórmate más acerca de la colecta en [usccb.org/catholic-relief](https://usccb.org/catholic-relief).

## Children's Offertory Envelopes for March

The children's charity that will benefit from the offering in March is parish support for Stafford Junction, a faith-based nonprofit organization tasked with improving the lives of children and families living in poverty in Stafford County, through programs focusing on education, empowerment, and healthy living. Stafford Junction partners with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socioeconomic lines. This organization is a mission project of our parish and children's donations will assist the parish in providing much needed support for their programs. For more information, visit their website at [staffordjunction.org](https://staffordjunction.org).

## Pro-Life Reflection

Saint Joseph is a model for all fathers in his example of faithfulness and protection of his family. Thousands of times a day, children are aborted because of the choice of a father who fails to show that faithfulness and willingness to protect the child he has helped conceive. *Lord, bless all fathers so that they may welcome every child and join the child's mother in saying yes to life.*

## Easter Flowers

Remember someone you love, either living or deceased, with a donation for our beautiful Easter Flowers. Envelopes are available in your envelope packets and in the Church.

## 2022 Bishop's Lenten Appeal (BLA)

### Do this in remembrance of me

Thank you to everyone who has already pledged to the Bishop's Lenten Appeal (BLA)! If you have yet to make your gift, please prayerfully reflect on your blessings and consider making a gift today! The Bishop's Lenten Appeal provides a unique opportunity to unite as a Catholic family to support programs, ministries and services which help tens of thousands of people. Every donation, large or small, is vital to the success of the BLA. You may mail in your pledge or go online to [arlingtondiocese.org/BLA](https://arlingtondiocese.org/BLA) or scan the QR code below to make a gift. Thank you for your generosity!



## Seeking Volunteers!

Our SPRED Program (Special Needs Religious Education Program) is in need of volunteers!

What a wonderful way to interact with those parishioners whom our Lord has given a very special vocation ~ to draw happiness and joy out of each one of us!

The program meets on Saturday's 10-12 in the Parish Life Center on the following dates: March 12 & 26, April 9 & 23, May 21 and June 4 & 11.

If you are interested in helping please contact Karen Sturtevant at [ksturtevant@stmaryfred.org](mailto:ksturtevant@stmaryfred.org) or call the office 540-373-6491 for more information.

Highschool students are welcome and encouraged to assist!

# liturgy

# daily bread

## Saint Mary Prayer List - March

**Please pray for those who are sick or in need, especially:**

Jessica Belomme, Adam Burgh, Alberta Rienzo, Amalia Perez, Anne Habiger, Bernie Mahoney, Chris Breth, Edward Burgh, Gemma Anglin, Gerry Konczyk, Jason Stoker, Jessica Belomme, Joanne O'Brien, Joe Trippi, Luke Robert Harring, Mary Farrell Bennett, Nancy Conley, Natalie Smith, Paul Lysher, Robert Derouin, Shirley Bozicevic, David Tignor, Berry Barker, Lawrence Witucki

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

## Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at [cushingwr@gmail.com](mailto:cushingwr@gmail.com)/540-840-5230 or Wanda at [wandasj823@gmail.com](mailto:wandasj823@gmail.com)/540-538-6978.

## Daily Mass Intentions and Readings

### March

#### 21 MONDAY

6:30am Herbert Chavez  
9:00am Zana Gordon+  
2 Kgs 5:1-15ab/Lk 4:24-30

#### 22 TUESDAY

6:30am Ronald James Keifer  
9:00am Niko Sherba  
Dn 3:25, 34-43/Mt 18:21-35

#### 23 WEDNESDAY

6:30am Joseph Stanislawski  
8:15am\* Angela Schwenkler  
9:00am Barbara Walor  
Dt 4:1, 5-9/Mt 5:17-19

#### 24 THURSDAY

6:30am Ben Skinner  
9:00am Noelle Francois  
Jer 7:23-28/Lk 11:14-23

#### 25 FRIDAY

6:30am Paul Lysher  
9:00am Cate Espiritu  
Is 7:10-14; 8:10/Heb 10:4-10/Lk 1:26-38

#### 26 SATURDAY

9:00am Robert Pattavina  
5:00pm Elaine Wheeler+  
7:00pm Paul Nestor  
Hos 6:1-6/Lk 18:9-14

#### 27 SUNDAY

7:00am For Our Parish  
8:30am Rosaria Rumore  
10:30am Jane and Steve Miller  
10:30am\* Marjorie Ryan  
12:30pm Our Military Living and Deceased  
2:30pm Jachebel Rios  
5:00pm Mr. and Mrs. Mathews  
7:00pm Kevin O'Keefe+  
Jos 5:9a, 10-12/2 Cor 5:17-21/Lk 15:1-3, 11-32

*\* Indicates Mass at Holy Cross Academy*

*Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*