

# SEVENTEENTH SUNDAY IN ORDINARY TIME

July 24, 2022



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# announcements

## The St. Mary Coffee & Donut Shop

**Following ALL Morning Masses**

**Come and enjoy some  
fellowship!**

## contact us

### **SUNDAY MASS**

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### **DAILY MASS**

Monday - Friday: 6:30am, 9am  
M/W/F: 12 Noon  
Saturday: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### **DEVOTIONS**

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Monday, after 9am Mass  
Divine Mercy, Wednesday, 3pm

### **CONFESSION**

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### **PARISH OFFICE**

540-373-6491 fax: 540-371-0251  
stmary@stmaryfred.org  
stmaryfred.org  
Monday - Friday, 8:30am - 4:30pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor  
Fr. Sean Koehr, Parochial Vicar  
Fr. Scott Sina, Parochial Vicar  
Fr. Phillip Cozzi, Parochial Vicar  
Fr. Robert Renner, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### **MUSIC**

Director of Music, David Uschold  
Asst. Director of Music, Malinda Jones

### **HOLY CROSS ACADEMY**

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
sfry@holycrossweb.com

### **HOLY CROSS PRESCHOOL**

540-373-7553  
Director, Sheri Castellarin

### **RELIGIOUS EDUCATION**

Director, Aristides Lucas  
Associate Director, Karen Sturtevant  
Administrative Asst, Lori Barlow

### **YOUTH MINISTRY**

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### **OUTREACH**

Director, Elena Doyle

### **BAPTISMS**

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the  
date at least four weeks in advance.

### **MARRIAGE**

Parish registration required; contact the parish six  
months in advance to begin preparation.

**Articles must be submitted two weeks prior to publication.**  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue  
Fredericksburg, VA 22401

# from our pastor pax et bonum

Dear Folks,

Some days we may be dragging, or sad, or lonely. I remember one day in 1986 where I felt burdened, and overwhelmed, and even a little bit sad. My University of Dallas faculty, classmates, and I were in our Rome semester and on a 10 day trip to Greece. The day is seared into memory because when I dove into the Argolic Gulf all of the stress immediately washed off of me as my body hit the water. It was the most amazing swim of my life. I have thought of this swim often in the context of baptism.

However, I was also reminded of this swim when I stumbled across St. Thomas Aquinas teaching on 5 remedies for sadness (Summa Theologiae, I-II, q. 38):

1. Give yourself something you like. Why do you think so many folks turn to chocolate as an antidepressant? St. Thomas said, "Therefore just as all repose of the body brings relief to any kind of weariness, ensuing from any non-natural cause; so every pleasure brings relief by assuaging any kind of sorrow, due to any cause whatever."
2. Weep. Wow, a good cry? St. Thomas said, "First, because a hurtful thing hurts yet more if we keep it shut up, because the soul is more intent on it: whereas if it be allowed to escape, the soul's intention is dispersed as it were on outward things, so that the inward sorrow is lessened."
3. Share your sorrow with a friend. "Because when a man's friends condole with him, he sees that he is loved by them, and this affords him pleasure.... [It] follows that sorrow is mitigated by a sympathizing friend."
4. Contemplate Truth. "The greatest of all pleasures consists in the contemplation of truth. Now every pleasure assuages pain as stated above (#1): hence the contemplation of truth assuages pain or sorrow, and the more so, the more perfectly one is a lover of wisdom."
5. Take a nap or bath! "Moreover such remedies, from the very fact that they bring nature back to its normal state, are causes of pleasure; for this is precisely in what pleasure consists.... Therefore, since every pleasure assuages sorrow, sorrow is assuaged by such like bodily remedies."

Maybe my restorative swim was a combination of #1 and #5.... but fatigue and sadness are a part of our human condition, and it was surprising to find St. Thomas with such practical remedies!

Enjoy your summer swims as a way to restore and refresh you!

pax,



Fr. Mosimann

**Save** **The**  
**Date**

**Saturday, September 17**

**St. Mary's Parish Picnic**  
**3-7pm at Holy Cross Academy**

**Come Enjoy a Wonderful Time with your Parish Family!**

## education

# holy cross academy



**A National  
Blue Ribbon  
School of  
Excellence**



### Welcome, Mrs. Simmons!

Colleen Simmons will join HCA as our school librarian. She mostly grew up in Texas, but has moved many times. For the past ten years, she has lived in Spotsylvania, which is the longest she has stayed in one place. Her husband is retired from the Navy and she has three children who are currently in high school and college.

Mrs. Simmons loves to find answers to questions and learn new things. As St. Thomas Aquinas said, "Love follows knowledge."

As you might guess, Mrs. Simmons loves to read but she is also working on writing a children's book. Some of her favorite children's authors are Rick Riordan, Kate DiCamillo and Roald Dahl. What you might not guess is that she also loves to run and swim! She has run the Historic half in Fredericksburg for the last nine years and finished eight marathons!

Mrs. Simmons looks forward to meeting our students in August.



### 2022-2023 Applications/Tours

Holy Cross Academy is still accepting applications for some grades. Application information is available on the school website at [holycrossweb.com/admissions](https://holycrossweb.com/admissions).

If you would like to learn more about Holy Cross Academy, please contact Mrs. Deena Lanier, Admissions Coordinator, at [dlanier@holycrossweb.com](mailto:dlanier@holycrossweb.com) or 540-286-1600.

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at [HCAPreschool@holycrossweb.com](mailto:HCAPreschool@holycrossweb.com) or call 540-373-7553.

### Open Positions at Holy Cross Academy

Interest in joining our team? Holy Cross Academy has the following open positions for the 2022–2023 school year.

- Fifth Grade Elementary Teacher
- Full Time Guidance Counselor

For more information on these positions and others in the Diocese of Arlington, please visit [bit.ly/32w7x3T](https://bit.ly/32w7x3T)



# education religious education

**Who is a Catechist? One who echoes down the mystery entrusted to the Church by Christ**



“The word “catechize” literally means to “to echo down.” From the day of Pentecost on, the church has faithfully echoed down the mystery entrusted to her by Christ. In order to transmit the mystery in all its glory, it must first echo fully in the heart of the catechist. The featured image of Pentecost by Jean Restout highlights the Marian receptivity and intercession that readies catechists for their apostolate. Mary, the first one on whom the Spirit descended, stands prominently in the center of the scene; in fact, it seems she alone is prepared for this outpouring. From the beginning of her association with His mission, when the shepherds told her of the angel’s good news and proclaimed it to all who would listen, the Mother of our Lord “kept all these things, pondering them in her heart” (Lk 2:18-20). By pondering the mystery with her, we allow it to echo in the depths of our own hearts. Only then are we prepared to hand it on.

The activity of catechesis starts with contemplation ... as revealed in Scripture and described in the Catechism. Enriched by this systematic and evangelistic presentation of the Faith, catechists will be fully prepared to hand it on to others.”

“ECHOING THE MYSTERY” by Barbara Morgan page 11

## FORMED®

PICK OF THE WEEK

July 24, 2022

### WATCH

**SAINT IGNATIUS OF LOYOLA: SOLDIER FOR CHRIST**

At the end of this week, we celebrate the feast of St. Ignatius of Loyola, the “Soldier for Christ.” While Martin Luther’s interior troubles plunged Europe into a maelstrom of controversy, Ignatius of Loyola set out on an extraordinary interior pilgrimage of grace. Taught directly by God, Ignatius offered the Church a new spirituality of devoted service to Christ and founded a religious order dedicated to evangelization, the Jesuits.



### LEARN

**FORMED NOW! DOES FAITH TAKE A VACATION?**

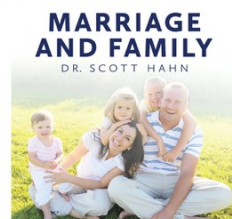


As many of us embark on sunny vacations, it’s important to make sure our faith remains front and center in our lives. Since it’s easy for us to be distracted by the excitement of the summer rhythm, Dr. Ben Akers and Dr. Scott Hefelfinger discuss what we can do to make sure we don’t let the spiritual life take a back seat.

### LISTEN

**MARRIAGE AND FAMILY: LOVE UNVEILED BY DR. SCOTT HAHN**

Strong relationships and marriages are of vital importance to individuals, the Church, and society as a whole. In this focused presentation, Dr. Scott Hahn shares key principles that he has lived out in his own life. His advice is practical, challenging, and sometimes requires sacrifice, but it is sure to bear fruit and bring forth many blessings in your family. In honor of Sts. Joachim and Anne, please enjoy this powerful talk!



**SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)  
CLICK REGISTER THEN ENTER PARISH CODE: F6F228**

# our parish happenings

## Catholic Charities Migration Refugee Services

St. Mary's is supporting Catholic Charities  
Migration Refugee Services!

We are collecting backpacks for school-aged  
children filled with school supplies

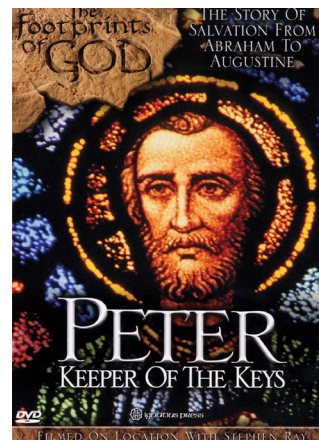
Please consider supporting this program by  
dropping off new backpacks with the following  
items included:

- 4 folders
- 4 spiral notebooks (1 subject)
- 1 pack of pencils
- 1 pack of 16 crayons
- 1 pack of markers (8 count)
- 2 pink erasers
- 1 bottle of glue

**Please drop off backpacks at the  
St. Mary Parish Office August 8th**

## Lunch (brown bag) and Lecture (dvd) Series for 2022

The adult education department at St. Mary's is pleased to present Lunch (brown bag) and Lecture (dvd) series this summer. Bring your lunch, a cushion for the chair, and an interest in St. Peter. Sign-ups are not required, just suggested in order to have enough materials on hand. Stop by the Office or call them at 540-373-6491 to sign up. Cost: free, but donations will never be turned away. Location: Father Rooney Courtyard Meeting Room. Date/Time: **Wednesday, July 27, 1-3 pm.**



### July 27 The Footprints of God series by Stephen Ray--- Peter: Keeper of the Keys

He is called the Rock, the Fisher of Men, and Head of the Church. But how did Peter, a rustic fisherman, come to deserve such authority? Follow Peter from Galilee to Jerusalem to Rome. Along the trail you'll discover answers about the infallibility of the Pope, papal succession, the truth of Catholic teaching, and much more! And you'll see why Jesus chose this simple fisherman and his papal successors to be the Keepers of the Keys and Shepherds of the Church.

## Beautiful New Catholic Cemetery IN KING GEORGE, VA



### Blessed Trinity Cemetery

*Bounded by forest and  
arranged in a traditional  
pattern with walkways  
and benches and flora.*

**PLOTS \$2500 EACH**

Contact 540-848-4785 or [StAnthony@va.metrocast.net](mailto:StAnthony@va.metrocast.net) or visit [www.SaintsElizabethAndAnthony.com](http://www.SaintsElizabethAndAnthony.com)



# our parish youth ministry

## COLLEGE NIGHTS BRIDGING THE GAP OF FAITH



Associates of  
**SAINT  
JOHN  
BOSCO**

Join your fellow Catholic peers  
in preparing for the first year  
of college with student  
testimonies, small groups,  
pizza, and free giveaways!

JUNE 29  
ST. MARK'S  
VIENNA

JULY 6  
ST. MICHAEL'S  
ANNANDALE

JULY 20  
BASILICA OF ST. MARY  
ALEXANDRIA

JULY 27  
HOLY CROSS ACADEMY  
FREDERICKSBURG

ALL EVENTS START AT 7PM.

SIGN UP TODAY AT [ASJB.ORG](http://ASJB.ORG)!

## YOUTH MINISTRY DINNER TEAMS

Help prepare dinners for our  
middle and high school ministries!

**VOLUNTEERS NEEDED!**



CONTACT TATIANA OR CATIE  
[TBELTRAN@STMARYFRED.ORG](mailto:TBELTRAN@STMARYFRED.ORG)  
[CESPIRITU@STMARYFRED.ORG](mailto:CESPIRITU@STMARYFRED.ORG)



## Kings Dominion

Friday, July 22

Open to Middle and High School  
\$36 per teen\*

*\*Season pass holders only pay \$5 to help with gas*

Arrive at St. Mary's by 8:50am for mass  
with **Bishop Burbidge** followed by a day  
of fun with the whole diocese!

Permission slips in the parish office or at  
[www.stmaryfred.org](http://www.stmaryfred.org)



## VENTURE

THE BIBLE TIMELINE FOR HIGH SCHOOL

Understand the bible through salvation  
history this summer!

WEDNESDAYS FROM 6:30 - 8:00  
JUNE 29TH - AUGUST 17TH  
ST. MARY'S PLC



6/29: An Introduction to the Bible

7/6: The Early World

7/13: The Patriarchs and Egypt

7/20: Exodus, Joshua, and Judges

7/27: The Kingdom of God - United and Divided

8/3: The Exile, the Return, and the Revolt

8/10: Jesus & the Gospels - Messianic Fulfillment

8/17: The Early Church and the Church Today

CONTACT:

[tbeltran@stmaryfred.org](mailto:tbeltran@stmaryfred.org)  
[cespiritu@stmaryfred.org](mailto:cespiritu@stmaryfred.org)

## Sports Tuesdays

**HOLY CROSS ACADEMY**

6-8PM

OPEN TO ALL MIDDLE &  
HIGH SCHOOL STUDENTS



# vida parroquial

# noticias en español

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Jachebel a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022  
llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491



**Interfaith Community Council**  
**Días de Vestimenta Escolar 2022**  
Sirviendo las comunidades de Fredericksburg, King George, Caroline, Spotsylvania, and Stafford Counties



**Provee vestimenta y materiales escolares para niños grados K-5**

**Para participar en los Días de Vestimenta Escolar en Julio,**  
**ES OBLIGATORIO REGISTRARSE ANTES**  
**En las siguientes fechas:**

**Fredericksburg United Methodist Church**  
308 Hanover St, Fredericksburg, VA  
(Entre por la entrada de la calle Charlotte)

- Sábado 22 Junio (10am - 1pm)
- Sábado 9 Julio (10am - 1pm)
- Miércoles 20 Julio (10am - 1pm)

**The Church of Jesus Christ of Latter-day Saints**  
1710 Bragg Rd, Fredericksburg, VA

- Miércoles 13 Julio (10am - 1pm)
- Sábado 23 Julio (9am - 1pm)

Aquellos NO pre-registrados pueden venir de 1:30 - 2:00pm el Sábado 30 de Julio.

\* SE DEBE REGISTRAR cuando llegue  
\* Formas de Verificación e Identificación son también requeridas  
\* Artículos, tallas y selecciones serán muy limitados.  
Church = Iglesia

**Dónde?**  
**The Church of Jesus Christ of Latter-day Saints**  
1710 Bragg Road, Fredericksburg, VA

**Cuándo?**

<b>Viernes</b>	<b>29 Julio 2022</b>	<b>(9am - 3pm)</b>
<b>Sábado</b>	<b>30 Julio 2022</b>	<b>(9am - 3pm)</b>

**Debe traer lo siguiente para Pre-Registración!**

1- Verificación de dirección. Por ejemplo:  
\*Licencia de conducir, tarjeta de identificación de DMV, contrato de arrendamiento, factura de servicios públicos (luz, agua), O una carta de servicios sociales, etc.

2- Una forma de Identificación por cada niño:  
\*Tarjeta médica, certificado de nacimiento, O reporte de calificaciones escolar, etc.



Para más información envíe correo electrónico (email) a [schooldressingdays@gmail.com](mailto:schooldressingdays@gmail.com)  
Búscanos en Facebook: School Dressing Days



## TALLERES DE ORACION Y VIDA

### Aprendiendo a orar para aprender a vivir

Método variado y progresivo del Padre Ignacio Larrañaga

**Lugar: SAINT MARY OF IMMACULATE CONCEPTION CATHOLIC CHURCH**

**Dirección: 1009 STAFFORD AVE, FREDERICKSBURG, VA 22401**

**Día y hora: SABADOS**  
**DE 9:00 AM. A 11:00 AM**  
**CASA JUAN PABLO II**

**Inicio: 13 DE AGOSTO DE 2022**

**Cierre de Inscripción: 27 DE AGOSTO**

**Duración: Cuatro meses.**

**El taller es GRATIS!!**

**Información con: DAYS BENITEZ - 703-343-3793**

Profundiza tu vida de oración, desde los primeros pasos hasta las alturas de la contemplación.

Profundiza tu vida de fe, libérate de miedos y angustias y encuentra la paz y la alegría en medio de las dificultades de la vida diaria.

[tovpil.org](http://tovpil.org)



our faith  
**mary's shelter**



Mary's Shelter

12th Annual  
*Summer Soirée*

**YOU'RE INVITED!**  
**AUGUST 13, 2022 • 6-10 PM**  
FREDERICKSBURG EXPO CENTER



**fearfully  
and**  
*wonderfully  
made*

—Psalm 139:14

**RSVP BY AUGUST 8—[WWW.MARYSSHELTERVA.ORG](http://WWW.MARYSSHELTERVA.ORG)**

1601 PRINCESS ANNE ST., FREDERICKSBURG, VA 22401 • 540-374-3407 • [INFO@MARYSSHELTERVA.ORG](mailto:INFO@MARYSSHELTERVA.ORG)  
Photography: Kathryn Mandel Photography, [mandel.smugmug.com](http://mandel.smugmug.com) • Graphic Design: The Design Room, Inc., [thedesignroominc.com](http://thedesignroominc.com)

IN THANKSGIVING FOR GOD'S GOODNESS  
YOU ARE WARMLY INVITED TO ATTEND

The 6th Annual  
**Yesi of Nazareth Foundation Dinner**

Benefitting the Seminarians of Kerala, India



**DAVID BEREIT**  
Master of Ceremonies  
Pro-Life Leader & Advocate



**DR. MICHAEL HORNE**  
Featured Speaker  
Director of Clinical Service,  
Catholic Charities



**JEANNE MANCINI**  
Keynote Speaker  
President of the March for  
Life and Defense Fund

**Friday, September 23, 2022**

5PM AT RISTORANTE RENATO  
422 WILLIAM STREET, FREDERICKSBURG, VA 22401

**RSVP by September 19th**

GUATEMAYABYESI@GMAIL.COM | 571-238-2328



*"Then he said to his disciples,  
"The harvest is plentiful, but the  
laborers are few; therefore pray  
earnestly to the Lord of the  
harvest to send out laborers  
into his harvest".*

*Matthew 9: 37-38*



# St. Catherine of Siena

*“Be who God meant  
you to be and you  
will set the world  
on fire.”*



*Join us on a silent retreat to read and rest, think and pray  
with Jesus and Catherine. We will work our way through  
St. Catherine's 3 Steps to Spiritual Growth: Servile fear,  
imperfect love, and purified love (or union.)*

**WOMEN'S SILENT RETREAT**  
**Friday through Sunday**  
**August 12-14, 2022**  
**San Damiano Retreat Center**  
**White Post, Virginia**



**Fr. James Hudgins is the pastor at St. Theresa Catholic Church in  
Ashburn, Virginia. Father is a seasoned speaker with his own Podcasts.  
He specialized in moral theology and ecclesiastical architecture at  
St. Charles Borromeo Seminary.**

*St. Catherine is one of the four women Doctors of the Church. She was a mystic, and  
a crusader. A prolific writer, she composed over 400 letters, her Dialogue, and prayers.*

**Retreat cost is \$285. Financial assistance may be possible.  
For more information or to register, please contact Deacon Maines:  
Call 540.868.9220 or email [SanDamiano@ArlingtonDiocese.org](mailto:SanDamiano@ArlingtonDiocese.org)**



# operations given in love

## Weekly Offertory

### Donations Received July 13 - July 18

Sunday Offertory	\$23,320.00
Parish Debt Reduction	\$7,514.00
Diocese Mission Appeal	\$110.00
St. Vincent de Paul Poor Box	\$227.00

*Thank you for your generosity.*

### Masses were offered in June for the following unscheduled intentions

+Sylvia Napier, +Gerald Flaig (2), Father Mosimann, +Phyllis Mills, Hue Bui, and +Van Than.

## Little Sisters of the Poor Collection

August 6 & 7

During the weekend of August 6 & August 7 our second collection will be for the Little Sisters of the Poor, who have provided a home and compassionate care for Virginia's elderly poor since 1874. Although the Sisters no longer have a Home in Richmond, they are able to care for the elderly poor in 24 Homes throughout the United States, including one in Washington DC and one in Baltimore, and the Parish wishes to support them as it has each year for over 25 years. Because their residents are of limited financial means, the Little Sisters depend upon the charity of friends and benefactors to operate their Homes. Your generosity will enable the Sisters to continue welcoming the needy elderly and providing them with the love and dignity they deserve. All donations should be made payable to St. Mary Catholic Church, and put in an envelope clearly marked "Little Sisters of the Poor". For those who still receive collection envelopes, an envelope for this collection is now provided in your packet. For more information, visit the Little Sisters website at [littlesistersofthepoorvirginia.org](http://littlesistersofthepoorvirginia.org). Thank you for your generosity and support.

## Children's Offertory Envelopes for July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family who qualifies currently receives \$9,000.00. For more information, visit their website at [fotwf.org](http://fotwf.org).

## Pro-Life Reflection

*"Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it. Life is luck, make it. Life is too precious, do not destroy it. Life is life, fight for it." (Saint Teresa of Calcutta)*

## Attention All Parish Organizations

We expect to resume most parish activities after Labor Day and we appreciate your patience and understanding during these last two challenging years. Your calendar for the use of parish facilities from September 2022 to August 2023 should be submitted to Elaine in the Parish Office by August 10th. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to [estanislawski@stmaryfred.org](mailto:estanislawski@stmaryfred.org). In setting up your schedule, please note that evening activities cannot be scheduled before 8:00pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and Preschool classes take place 8am-3pm Monday through Friday. Thank you.

## Saint Michael the Archangel Catholic High School

The only fully accredited, diocesan approved high school in the Fredericksburg area. Now enrolling for 2022-2023. Classes begin August 22. Apply today! [saintmichaelhs.org/student-application](http://saintmichaelhs.org/student-application)



# liturgy daily bread

## Saint Mary Prayer List - July

**Please pray for those who are sick or in need, especially:**

Camille Moore, Christopher Breth, Dorie Lee, Fr. Enrique Baños, Garry Rolla, Gemma Anglin, Jason Stoker, Joanne O'Brien, Joseph Kreig, Larry and Linda Dillmamd, Michael Fedowitz III, Robert Hein, Richard Knight, Shirley Bozicevic, Theresa and Keith Kovalefsky, Giovanni Camacho, Katie Billing, Michael Sedowitz III, McNichol Hargreaves, Susie Hoffer

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

## Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at [cushingwr@gmail.com](mailto:cushingwr@gmail.com)/540-840-5230 or Wanda at [wandasj823@gmail.com](mailto:wandasj823@gmail.com)/540-538-6978.

## Daily Mass Intentions and Readings

### July

#### 25 MONDAY

6:30am Sara Busby  
9:00am Fr. Michael Folmar, Jr.  
12:00pm Mario Maraldo+  
2 Cor 4:7-15/Mt 20:20-28

#### 26 TUESDAY

6:30am Baltasar Garcia+  
9:00am Joe and Mary Ann Jones  
12:00pm Pierre Charbonnet+  
Jer 14:17-22/Mt 13:36-43

#### 27 WEDNESDAY

6:30am Lori Sturtevant  
9:00am Pierre Charbonnet+  
12:00pm Patricia Druffner & Peter Clemente  
Jer 15:10, 16-21/Mt 13:44-46

#### 28 THURSDAY

6:30am Hannah Dutra  
9:00am Matthew Jacobeen  
12:00pm Rosario Marinas  
Jer 18:1-6/Mt 13:47-53

#### 29 FRIDAY

6:30am Frances Cascio+  
9:00am Lucia Stanislawski  
12:00pm William Strader  
Jer 26:1-9 (405)/Jn 11:19-27

#### 30 SATURDAY

9:00am Anna On Nguyễn  
5:00pm Nathan and Emma Jones  
7:00pm Irene and Jim Hagerty  
Jer 26:11-16, 24/Mt 14:1-12

#### 31 SUNDAY

7:00am Ashley Franklin+  
8:30am Chaves E. Jenkins+  
10:30am John Doherty+  
10:30am\* James Seidlinger+  
12:30pm Our Military Living & Deceased  
2:30pm Maria Tereza Zepeda+  
5:00pm For Our Parish  
7:00pm William Marlow+  
Eccl 1:2, 2:21-23/Col 3:1-5, 9-11/Lk 12:13-21

*\* Indicates Mass at Holy Cross Academy  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*