

# EIGHTEENTH SUNDAY IN ORDINARY TIME

July 31, 2022



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# announcements

## The St. Mary Coffee & Donut Shop

Following **ALL Morning Masses**

**Come and enjoy some fellowship!**

## New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with our new parishioners! If you are new to the parish, please sign-up for our next **SUNDAY WELCOME** on August 14th 9:45am-1pm by visiting [bit.ly/3PWnuDB](https://bit.ly/3PWnuDB)

Meetings will take place in the Courtyard Meeting Room (Fr. Rooney Room) behind the church — the room with all the crucifixes on the wall!

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday: 6:30am, 9am  
M/W/F: 12 Noon  
Saturday: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Monday, after 9am Mass  
Divine Mercy, Wednesday, 3pm

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday, 8:30am - 4:30pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor  
Fr. Sean Koehr, Parochial Vicar  
Fr. Scott Sina, Parochial Vicar  
Fr. Phillip Cozzi, Parochial Vicar  
Fr. Robert Renner, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### MUSIC

Director of Music, David Uschold  
Asst. Director of Music, Malinda Jones

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION

Director, Aristides Lucas  
Associate Director, Mary Buer  
Administrative Asst, Lori Barlow

### YOUTH MINISTRY

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

**Articles must be submitted two weeks prior to publication.**  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue  
Fredericksburg, VA 22401

# from our pastor pax et bonum

Dear Folks,

Good news: The Noon Mass on Tuesdays and Thursdays will continue! It is time to make it a fixed part of the schedule even outside of special seasons. So let it be the law of the parish: Daily Masses are 6:30 am, 9 am, and 12 Noon every day Monday - Friday.

With the Eucharist being the source and summit of our lives, I am so glad to see the great crowds that come to the Noon Mass. And we are blessed with five priests in the parish, so we can make it work!

This brings up the topic of Mass intentions. This week we had a parish family whose grandparents were in a horrible accident. The grandfather passed away, and the grandmother is in intensive care. As a priest, my deepest desire was immediately to offer Mass for them. And as a priest, I was able to offer Mass for them on my day off, since I didn't have one of the parish Masses.

I know it can be frustrating to desire to have a Mass offered, and find out that all of our Masses for 2022

are already claimed! Ouch. And our book of Mass intentions for 2023 won't open until November. Oooff.

So, I am going to leave a few of those 12 Noon M-F Masses with open intentions, especially for folks who have an unexpected emergency or death in the family. If you ask kindly, the staff may be able to get you one Mass intention this year (but only one)!

Unscheduled Masses (where the priest will offer the Mass asap, but you will not know the date or time) are always an option. For example: this week we are working on the 'unscheduled' Mass requests that came in in April!

pax,



Fr. Mosimann

## Save The Date

**Saturday, September 17**

**St. Mary's Parish Picnic**

**3-7pm at Holy Cross Academy**

**Come Enjoy a Wonderful Time with your Parish Family!**



education

# holy cross academy



**A National  
Blue Ribbon  
School of  
Excellence**



## Welcome, Mrs. Dunneback!

Many of you will recognize Mrs. Dunneback from Holy Cross Academy Preschool at St. Mary. Mrs. Dunneback will be teaching Kindergarten at HCA this year.

What you might not know about Mrs. Dunneback is that she is originally from Munster, Indiana and is a graduate of Saint Mary's College in Notre Dame, Indiana. She majored in Elementary Education with a minor in Reading Instruction.

Prior to joining HCA and HCA Preschool, Mrs. Dunneback taught in Fredericksburg City and Stafford County. She feels blessed to teach our littlest students for the last four years and looks forward to moving up to the "Big School" in order to continue to foster a love of God and learning.

Mrs. Dunneback's favorite saint is Saint Elizabeth Ann Seton. She feels the saint's work has had a direct effect on her life. Elizabeth Ann Seton's love for Catholic education and her large family resonates with Mrs. Dunneback. She and her husband have four children and she has hundreds of students she will always call her children. She relies on Elizabeth Ann Seton to guide her in all of her life endeavors.

Three of Mrs. Dunneback's children attend HCA and her youngest will as soon as he is old enough! Her hobby is TEACHING and she loves Notre Dame football. People make her happy and her family is her world! She cannot wait to serve the families of HCA and feels so blessed that God has chosen this path for her. Welcome to the "Big School", Mrs. Dunneback!

## 2022-2023 Applications/Tours

Holy Cross Academy is still accepting applications for some grades. Application information is available on the school website at [holycrossweb.com/admissions](http://holycrossweb.com/admissions).

If you would like to learn more about Holy Cross Academy, please contact Mrs. Deena Lanier, Admissions Coordinator, at [dlanier@holycrossweb.com](mailto:dlanier@holycrossweb.com) or 540-286-1600.

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at [HCAPreschool@holycrossweb.com](mailto:HCAPreschool@holycrossweb.com) or call 540-373-7553.



## Open Positions at Holy Cross Academy

Interest in joining our team? Holy Cross Academy has the following open positions for the 2022–2023 school year.

- Fifth Grade Elementary Teacher
- Full Time Guidance Counselor
- Preschool Teacher Assistant

For more information on these positions and others in the Diocese of Arlington, please visit [bit.ly/32w7x3T](https://bit.ly/32w7x3T)



# education religious education

## The Catechist Does with Doctrine What Choir Director Does with Music



“Divine Revelation is both the source and the model for all cathetical instruction. When God descends to us, He reveals Himself and His plan, while adapting the the expression to our limitations, speaking in terms we can understand. The Incarnation is the ultimate expression to our limitations, speaking in terms we can understand. The Incarnation is the ultimate expression of this marvelous condescension of God – the Word becomes flesh and dwells among us, drawing us to the Father by His melodious teaching. By His Paschal Mystery, He has opened the the way for us to share in His life by being united to Him. Finally, after His Ascension, He entrusts the masterpiece of His Mystery to the Church, endowing her

with the divine power to hand it down from age to age. Empowered by the Holy Spirit, her proclamation of the word draws others to communion with Christ and insertion into His mystery. ...

The task of the catechist can be compared to that of a masterful choir director. The best choral directors are marked by their high expectations for their choir, their accurate assessment of their choir's capacities and constraints, and their ability to suit the music to their choir. Rather than being limited in their choice of music by their choir's capabilities, skillful directors enable their choir to participate in classic compositions by arranging the piece to suit the needs of the choir. The catechist does exactly the same thing with the deposit of faith. She expertly discerns the essential melody originating from Christ and echoes it down to her students. She also teaches them to recognize the significant “chords” of the great symphony of faith. By this she not only enables her students to appreciate its beauty, but to join their voices to it in a profession of faith. To participate in the magnum opus of Christ, her arrangements must remain true to His teaching. It is not her own composition; she merely serves it, enabling it to come to life in particular persons. Yet, her person and role is crucial in the arranging of the content and its delivery. No one can take the place of the catechist in this. Her witness and her relationship with the students is essential. ...

“ECHOING THE MYSTERY” by Barbara Morgan pages 12 and 13

## FORMED®

PICK OF THE WEEK

July 31, 2022

### WATCH

#### COMPANIONS IN SHIPWRECK

Good relationships are a vital part of human well-being. In fact, studies show that those with the healthiest relationships live the longest! But where can we see these friendships lived out? Look no further than the life of famed author J.R.R. Tolkien. The relationships he exhibited are a wonderful example for all of us to follow, especially with those we may disagree with. As Tolkien described marriage, it's all about being “companions in shipwreck.”



COMPANIONS in SHIPWRECK

SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)  
CLICK REGISTER THEN ENTER PARISH CODE: F6F228

CATHOLIC DISTANCE UNIVERSITY [cdu.edu](https://cdu.edu)

CDU partners with the diocese to offer reduced-cost non-credit continuing education courses to parishioners. Independent study courses are **just \$45** and seminars are **\$65**.

Visit [www.pathlms.com/cdu](https://www.pathlms.com/cdu) to browse the courses and register. Use the access code,

**CDU15ARLINGTON**

when setting up your account to receive your reduced tuition!

# our parish happenings

## Neighbors in Need of Items

Micah Ecumenical Ministries is in need of the following items for our neighbors whom they support: deodorant, razors, and underwear for men and women. If you are able to provide these supplies, please drop them off at the parish office. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, [dolovewalk.net](http://dolovewalk.net) or Thurman-Brisben Homeless Shelter, [thurmanbrisbencenter.org](http://thurmanbrisbencenter.org).

## Summer with Scrip

Don't forget to buy your Scrip cards during the Summer to help raise money for our parish school, Holy Cross Academy. Scrip cards are gift cards that you purchase at face value. The retailers sell them to us at a discount, which is how we make a profit. Simply exchange your cash or check at the Scrip table for gift cards for gas, clothing, home improvement, and grocery purchases or even restaurants and movie retailers. You may even order online at [raiserright.com](http://raiserright.com). A full list of retailers is available online that can be ordered for you!

To set up an account at [raiserright.com](http://raiserright.com), use our school code so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP, or need the school code, please email at [scripcoordinator@holycrossweb.com](mailto:scripcoordinator@holycrossweb.com). Thanks for using SCRIP!



**ALL MARRIED & ENGAGED COUPLES ARE INVITED**  
Saturday, August 20, 2022

TOPIC: "Find God in Yourself"  
6:30pm | Happy Half-Hour — 7-8:30pm | Program

COME AND SEE WHAT ALL THE EXCITEMENT IS ABOUT  
~ BRING FRIENDS AND FAMILY ~

Taking place at Holy Cross Academy  
Bring an appetizer to share  
For more information call the office at 540-373-6491



## FALL SEMESTER COMING SOON!

## Pray for Priests

"Only in Heaven will he be able to measure his greatness. If he were to understand it already here on earth, he would die, not of fright, but of love ... After God, the priest is all." (St. John Vianney, Patron of Parish Priests, Feast Day August 4th)

O Jesus, Eternal Priest, keep Your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of Your priesthood. Let Your holy love surround them, and shield them from the world's contagion. Bless their labors with abundant fruit, and may the souls to whom they minister be their joy and consolation here on earth, and in Heaven, their everlasting crown. Amen. — St. Thérèse of the Child Jesus & the Holy Face

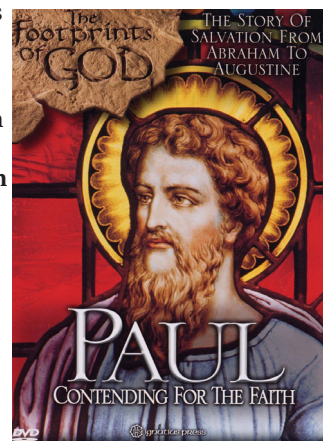
Mary, Queen of the Clergy, we pray: obtain for us many holy priests & vocations to the priesthood.

## Lunch (brown bag) and Lecture (dvd) Series for 2022

The adult ed. department at St. Mary's is pleased to present Lunch (brown bag) and Lecture (dvd) series this summer. Bring your lunch, a cushion for the chair, and an interest in St. Paul and St. Benedict! Sign-ups are not required, just suggested in order to have enough materials on hand. Stop by the Office or call them at 540-373-6491 to sign up. Cost: free, but donations will never be turned away. Location: Father Rooney Courtyard Meeting Room. Date/Time: **Wednesdays/1-3 pm, August 3, and August 10.** Each video is about 90 minutes

**August 3 The Footprints of God series by Stephen Ray features Paul: Contending for the Faith**

Zealous for the God of Israel, Saul of Tarsus was determined to stamp out this new cult surrounding Jesus of Nazareth by whatever means necessary, including extreme violence and murder. But Saul's zeal was turned upside down when he was humbled by Jesus himself. Join Stephen Ray as he takes you on the road with St. Paul through Israel, Syria, Turkey, Greece, and Italy.





# our parish youth ministry

## Work Camp

In June, 40 of our youth ministry teens participated in the annual diocesan WorkCamp in Stephens City, Virginia. WorkCamp is a week-long summer experience where teens across the diocese live in an intentional Christian community, spending their days making local homes warmer, safer, and drier for families in need. From replacing roofs, to repairing decks, to installing plumbing, none of it would have been possible without YOUR support!

We want to thank ALL the parishioners of St. Mary for everything you did to make this incredible trip possible for our youth. We were blessed with generous financial support from those who donated to our Big Board fundraiser and bought raffle tickets for our teens' handmade Adirondack chairs. We were also blessed by the amazing people who donated their time and talent to WorkCamp! Our teens were accompanied by 8 adult crew leaders, 7 project contractors, 7 security team members, and 2 home base volunteers! Truly, it was a team effort from everyone at St. Mary. Whether it was lending us tools, letting us borrow your van, preparing lunches, or giving up your child for the week, we are incredibly grateful to you. Thank you so much for supporting the St. Mary Youth Ministry with your words, actions, and best of all—prayers.



## Steubenville Conference

*"I have told you this so that you might have peace in me. In the world you will have trouble, but take courage, I have conquered the world."* – John 16:33

For a weekend in July, 28 teens from St. Mary High School Youth Ministry attended the annual Steubenville Youth Conference at Franciscan University in Ohio. Our teens were able to hear inspiring talks from renowned Catholic speakers like Jason Evert, Katie Hartfiel, Paul J. Kim, and Katie McGrady; give praise to God with live worship music; spend time with our Lord in Eucharistic adoration; and so much more! We were blessed to bring such a large group this year, and we hope that even more of our youth can join us in the future!





## HELP NEEDED!

## Youth Ministry Dinner Teams

We are looking for volunteers to prepare and serve full meals to our teens before CYM Youth Group. Meals typically consist of a main course, sides or a salad, and a dessert. Volunteers will work in teams to plan out meals ahead of time and may choose to cook together or individually once every 5-6 weeks!

Middle School Youth Group  
1st and 3rd Fridays

High School Youth Group  
Every Sunday

Contact Us for More Information!

Tatiana Beltran  
[tbeltran@stmaryfred.org](mailto:tbeltran@stmaryfred.org)

Catie Espiritu  
[cespiritu@stmaryfred.org](mailto:cespiritu@stmaryfred.org)

\*Youth Group meets September to May



# vida parroquial

# noticias en español

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Jachebel a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

CREYENDO, ESPERANDO Y  
AMANDO, TE ADORAMOS.

*Acompañanos en la*

## ADORACION EUCARÍSTICA

Lunes 08 de Agosto  
de 2022

*7:00-9:00pm*



Lugar: St. Mary of Immaculate Conception



## Mary's Shelter

12th Annual  
*Summer Soirée*

**YOU'RE INVITED!**  
**AUGUST 13, 2022 • 6-10 PM**  
FREDERICKSBURG EXPO CENTER



**fearfully  
and  
wonderfully  
made**  
—Psalm 139:14

**RSVP BY AUGUST 8—WWW.MARYSHELTERVA.ORG**

1601 PRINCESS ANNE ST., FREDERICKSBURG, VA 22401 • 540-374-3407 • INFO@MARYSHELTERVA.ORG  
Photography: Kathryn Mandel Photography, mandel.smugmug.com • Graphic Design: The Design Room, Inc., thedesignroominc.com

vida parroquial

# noticias en español

Te invitamos al próximo

## CURSO MATRIMONIAL



TALLERES DE ORACION Y VIDA

Una Nueva Evangelización

Queremos acompañar a las parejas en su peregrinación hacia el ideal conyugal.

El curso consta de 6 reuniones, una por semana, con duración menor a 2 horas.

**Inicia: Sábado 10 de septiembre**

**Lugar: Casa Juan Pablo II**

**Hora: 6:15–8:15 pm**

¡Regístrate ahora! para asegurar tu lugar

Cupo limitado para 10 parejas

Para registrarse o mayor información

llamar a Erika Paquette (540) 300-2191



# our parish vacation bible

A Special Thank You to Rocío Atkinson and the many wonderful volunteers who worked so hard making this summer's VBS super fantastic! Our children had a blast learning about The Mass: The Marvelous Mystery and our Lord's amazing love for each uniquely created person!





# our parish school (vbs)





# operations given in love

## Weekly Offertory

### Donations Received July 19 - July 25

Sunday Offertory	\$23,484.00
Parish Debt Reduction	\$736.00
Church in Africa	\$6,664.00
Diocesan Mission Appeal	\$355.00
St. Vincent de Paul Poor Box	\$348.00

### Faith Direct Donations July 15, 2022

Sunday Offertory	\$17,785.00
Church in Africa	\$160.00
Parish Debt Reduction	\$1,185.00
Diocese Mission Appeal	\$190.00

*Thank you for your generosity.*

## Little Sisters of the Poor Collection

### August 6 & 7

Next weekend our second collection will be for the Little Sisters of the Poor, who have provided a home and compassionate care for Virginia's elderly poor since 1874. Although the Sisters no longer have a Home in Richmond, they are able to care for the elderly poor in 24 Homes throughout the United States, including one in Washington DC and one in Baltimore, and the Parish wishes to support them as it has each year for over 25 years. Because their residents are of limited financial means, the Little Sisters depend upon the charity of friends and benefactors to operate their Homes. Your generosity will enable the Sisters to continue welcoming the needy elderly and providing them with the love and dignity they deserve. All donations should be made payable to St. Mary Catholic Church, and put in an envelope clearly marked "Little Sisters of the Poor". For those who still receive collection envelopes, an envelope for this collection is now provided in your packet. For more information, visit the Little Sisters website at [littlesistersofthepoorvirginia.org](http://littlesistersofthepoorvirginia.org). Thank you for your generosity and support.

## Children's Offertory Envelopes for August

All Children's Charity donations for the month of August will be donated to Leashes of Valor, a national nonprofit working to provide a highly-trained service dog to every post-9/11 Veteran who needs one to ease the symptoms of Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) or Military Sexual Trauma (MST), an underlying trauma to PTSD. Their mission is as simple as it is critical: bring service dogs and post-9/11 Veterans together to enrich the lives of both. Leashes of Valor was founded in May 2017 by three United States Military Veterans with over 40 years of combined service and expertise in service dog policy and law, military canines and canine training, who know the healing power of canines because they experienced it themselves. The facility is located on a 20 acre farm in rural Virginia, with a live-in facility for training veteran and service dog teams. Training a service dog costs \$25,000.00 per dog, but thanks to the generosity of donors, veterans who receive a Leashes of Valor service dog pay nothing. For more information, visit their website at [leashesofvalor.org](http://leashesofvalor.org).

## Pro-Life Reflection

*"Suddenly there were two men talking with Him – Moses and Elijah." (Luke 9:30) Jesus was transfigured; the glory of His divinity shone through His humanity, which reminds us that humanity always expresses the image of God. The Transfiguration was meant to remind the Apostles that death would not have the last word. Jesus, may Your Transfiguration be a powerful reminder that You have brought about a new kingdom of life."*

"The hour of Transfiguration came for Jesus when He was about to enter the night of suffering and death. As members of His Body, we can only receive the grace of transfiguration, which He has won for us, by following the same path — the pathway of humiliation and purification." (Text of a Plaque at the Basilica of the Transfiguration in the Holy Land)  
Only with hearts full of adoration can we ascend Mount Tabor, the Mount of Transfiguration. (Excerpt from The Holy Land Today by M. Basilea Schlink)

## Attention All Parish Organizations

We expect to resume most parish activities after Labor Day and we appreciate your patience and understanding during these last two challenging years. Your calendar for the use of parish facilities from September 2022 to August 2023 should be submitted to Elaine in the Parish Office by August 10th. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to [estanislawski@stmaryfred.org](mailto:estanislawski@stmaryfred.org). In setting up your schedule, please note that evening activities cannot be scheduled before 8:00pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and Preschool classes take place 8am-3pm Monday through Friday. Thank you.

# liturgy daily bread

## Saint Mary Prayer List - August

**Please pray for those who are sick or in need, especially:**

Camille Moore, Christopher Breth, Dorie Lee, Fr. Enrique Baños, Garry Rolla, Gemma Anglin, Jason Stoker, Joanne O'Brien, Joseph Kreig, Larry and Linda Dillmamd, Michael Fedowitz III, Robert Hein, Richard Knight, Shirley Bozicevic, Theresa and Keith Kovalefsky, Giovanni Camacho, Katie Billing, Michael Sedowitz III, Kelly McNichol Hargreaves, Susie Hoffer

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Daniel Algert, Jason King, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

## Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at [cushingwr@gmail.com](mailto:cushingwr@gmail.com)/540-840-5230 or Wanda at [wandasj823@gmail.com](mailto:wandasj823@gmail.com)/540-538-6978.

## Daily Mass Intentions and Readings

### August

#### 1 MONDAY

6:30am Ashley Vazquez  
9:00am Freddy Arevalo+  
12:00pm Barbara Jean Mosimann+  
Jer 28:1-17/Mt 14:13-21

#### 2 TUESDAY

6:30am Joseph Dutra  
9:00am Mark Gardner  
12:00pm Tony Tirri+  
Jer 30:1-22/Mt 14:22-36

#### 3 WEDNESDAY

6:30am Pearla Sambat  
9:00am Mark Gardner  
12:00pm Giovanni Camacho  
Jer 31:1-7/Mt 15:21-28

#### 4 THURSDAY

6:30am Marian Dutra  
9:00am For All Priests  
12:00pm Stephen Stofko  
Jer 31:31-34/Mt 16:13-23

#### 5 FRIDAY

6:30am In Reparation  
9:00am In Reparation  
12:00pm In Reparation  
7:00pm In Reparation  
Na 2:1, 3; 3:1-3, 6-7/Mt 16:24-28

#### 6 SATURDAY

9:00am Rafael Bernaolla  
5:00pm John and Catherine Sturtevant  
7:00pm Bernie Mahoney+  
Dn 7:9-10, 13-14/2 Pt 1:16-19/Lk 9:28b-36

#### 7 SUNDAY

7:00am Eileen Rousseau  
8:30am Myrtle and Rudolph Epp  
10:30am All Those Who Died in July  
10:30am\* Theodora Woods  
12:30pm Glen and Lori Sturtevant  
2:30pm Napoleón Santacruz+  
5:00pm For Our Parish  
7:00pm The Lohman Grandchildren  
Wis 18:6-9/Heb 11:1-2, 8-11/Lk 12:32-48

*\* Indicates Mass at Holy Cross Academy  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*