

# NINETEENTH SUNDAY IN ORDINARY TIME

August 7, 2022



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# announcements

## The St. Mary Coffee & Donut Shop

Following **ALL Morning Masses**

**Come and enjoy some fellowship!**

## New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with our new parishioners! If you are new to the parish, please sign-up for our next **SUNDAY WELCOME** on August 14th 9:45am-1pm by visiting [bit.ly/3PWnuDB](https://bit.ly/3PWnuDB)

Meetings will take place in the Courtyard Meeting Room (Fr. Rooney Room) behind the church — the room with all the crucifixes on the wall!

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday: 6:30am, 9am  
M/W/F: 12 Noon  
Saturday: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Monday, after 9am Mass  
Divine Mercy, Wednesday, 3pm

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday, 8:30am - 4:30pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor  
Fr. Sean Koehr, Parochial Vicar  
Fr. Scott Sina, Parochial Vicar  
Fr. Phillip Cozzi, Parochial Vicar  
Fr. Robert Renner, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### MUSIC

Director of Music, David Uschold  
Asst. Director of Music, Malinda Jones

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION

Director, Aristides Lucas  
Associate Director, Mary Buer  
Administrative Asst, Lori Barlow

### YOUTH MINISTRY

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

**Articles must be submitted two weeks prior to publication.**  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue  
Fredericksburg, VA 22401

# from our pastor pax et bonum

Dear Folks,

Two staffing changes around the parish, as Mary Buer (new hire) and Kristen Baroody (increased hours) will be sharing their gifts and talents with our parish family. Both bring a warm and welcoming presence animated by their love of our Catholic faith!

A hearty welcome to Mary Buer who is stepping into the role of Assistant Director of Religious Education. She brings many years of teaching and parenting experience! So we are confident that she is well qualified for serving in the formation of our students, and training our Catechists! I know you will welcome her home, as she previously taught at Holy Cross Academy, and her children are graduates!

Also you may have met Kristen Baroody, who is graciously serving in our Sacristy on Sundays. Later this month she will be expanding her hours to be able to serve the parish especially in matters that require a high degree of organization and precision! The sacristy, our sacramental recording, and more, will greatly be helped by her attention to detail and organization!

As always, there is much going on around St. Mary's. I wanted you to know the new faces around here. Thank you so much to the amazing and generous staff who make it all happen!

pax,



Fr. Mosimann

## Welcome Mary Buer!

Hello! My name is Mary Buer and I am the new Assistant Director of Religious Education. I am excited about this new role and am looking forward to working with parents and helping students grow in their faith.

I have been a Catholic School teacher for over 20 years. My husband Andrew and I moved back to the area to be close to family and friends and are very happy to be part this parish community.





education

# holy cross academy



*A National  
Blue Ribbon  
School of  
Excellence*



## Welcome, Mrs. Williams!

Holy Cross Academy would like to welcome our incoming middle school math teacher, Mrs. Tasha Williams. Mrs. Williams will join HCA from a very small town in south Arkansas. Her accent may or may not give that away.

Mrs. Williams married her best friend, Ricky, in the fall of 2005 and became a military spouse. Since then, the military has moved her family to the Oregon coast, New Orleans, the outer banks of North Carolina, and northern Virginia.

She and her husband have been richly blessed over the years with three children, Kaylee, Cody, and Lily.

Mrs. Williams rarely has time for hobbies being a wife and a mother of three, although she wouldn't have it any other way.

Mother Teresa said, "if you want to change the world, go home and love your family", Mother Teresa's wise words have helped her see the impact we have on our families and how that can have a ripple effect into the world. Mrs. Williams can easily say that Mother Teresa stands out as someone who grounds her with humble and beautiful words. Especially when reading her famous quote "Do it Anyway".

## 2022-2023 Applications/Tours

Holy Cross Academy is still accepting applications for some grades. Application information is available on the school website at [holycrossweb.com/admissions](http://holycrossweb.com/admissions).

If you would like to learn more about Holy Cross Academy, please contact Mrs. Deena Lanier, Admissions Coordinator, at [dlanier@holycrossweb.com](mailto:dlanier@holycrossweb.com) or 540-286-1600.

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at [HCAPreschool@holycrossweb.com](mailto:HCAPreschool@holycrossweb.com) or call 540-373-7553.





# education religious education

## Catholic Family Culture

The home is the central place to build Catholic culture, because it is the place where we live out the faith on a daily basis. Parents will influence their children more than teachers and clergy and will determine if they live the faith into adulthood by the practices they instill.

I propose that there are **four pillars** to building family culture in the home.

1. **Pray together as a family.**
2. **Form the mind and heart in truth, beauty, and goodness, while fighting against obstacles.**
3. **Establish practices of work and leisure as a family.**
4. **Build community with other families for support.**

[buildingcatholicculture.com/family-culture/](http://buildingcatholicculture.com/family-culture/)



## Special Reception Honoring Karen Sturtevant

Many parishioners, especially catechists and parents, on Sunday, July 24 after the 10:30 am Mass gathered in the Parish Life Center to thank Karen for her many years of faithful service to St. Mary and for 12 years dedicated to its Religious Education Program. Every day she gave 100% so now it is time for her relax and spend more time with her family. ENJOY, YOU DESERVE IT!





# our parish happenings



## **ALL MARRIED & ENGAGED COUPLES ARE INVITED**

**Saturday, August 20, 2022**

TOPIC: "Find God in Yourself"

6:30pm | Happy Half-Hour — 7-8:30pm | Program

**COME AND SEE WHAT ALL THE EXCITEMENT IS ABOUT  
~ BRING FRIENDS AND FAMILY ~**

Taking place at Holy Cross Academy

Bring an appetizer to share

For more information call the office at 540-373-6491

## **Rite Of Christian Initiation Of Adults (RCIA)**

Are You Interested In Becoming Catholic? Come to a 3-week, pre-inquiry session for an overview of the Catholic faith.

When: Thursday, August 18, 25, & September 1, 2022

Where: Parish Life Center (Next To St. Mary Of The Immaculate Conception Church)

Time: 7:30-9pm

Register by email at [rciastmaryfred@gmail.com](mailto:rciastmaryfred@gmail.com).

## **Summer with Scrip**

Don't forget to buy your Scrip cards during the Summer to help raise money for our parish school, Holy Cross Academy. Scrip cards are gift cards that you purchase at face value. The retailers sell them to us at a discount, which is how we make a profit. Simply exchange your cash or check at the Scrip table for gift cards for gas, clothing, home improvement, and grocery purchases or even restaurants and movie retailers. You may even order online at [raiserright.com](http://raiserright.com). A full list of retailers is available online that can be ordered for you!

To set up an account at [raiserright.com](http://raiserright.com), use our school code so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP, or need the school code, please email at [scripcoordinator@holycrossweb.com](mailto:scripcoordinator@holycrossweb.com). Thanks for using SCRIP!

## **SPRED**

The Special Religious Development Program, serves children and young adults with developmental disabilities and helps them grow in their faith. We are currently accepting registrations for SPRED classes through Tuesday, October 11, 2022. Classes begin on Saturday, October 15th 10am-12 and we are seeking volunteers. If you are interested in assisting, please call the parish office 540-373-6491 or email Mary Buer at [mbuer@stmaryfred.org](mailto:mbuer@stmaryfred.org)

## **Catholic Charities Migration Refugee Services**

**St. Mary's is supporting Catholic Charities  
Migration Refugee Services!**

**We are collecting backpacks for school-aged  
children filled with school supplies**

**Please consider supporting this program by  
dropping off new backpacks with the following  
items included:**

- 4 folders
- 4 spiral notebooks (1 subject)
- 1 pack of pencils
- 1 pack of 16 crayons
- 1 pack of markers (8 count)
- 2 pink erasers
- 1 bottle of glue

**Please drop off backpacks at the  
St. Mary Parish Office August 8th**

our parish  
happenings

# Save The Date

Saturday, September 17

## St. Mary's Parish Picnic

3-7pm at Holy Cross Academy

Come Enjoy a Wonderful Time with your Parish Family!

Your Great Day has Passed & Two have become one.

*A new family is born...yours, and is called to live "The Gospel Life"*

Newly Married  
Couples Retreat

SEPT 16-18, 2022

*Join us as we consider how to pray like Mary and Joseph, and form our families after the image and likeness of the only perfect family that ever existed!*

GATHER AT SAN DAMIANO RETREAT CENTER IN WHITE POST, VA



For more information or to register, please contact

Fr. Riley at  
[Padre@HeartofCatechesis.org](mailto:Padre@HeartofCatechesis.org)

Retreat cost is \$470 per couple, financial assistance may be available



# vida parroquial

# noticias en español

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Jachebel a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

CREYENDO, ESPERANDO Y  
AMANDO, TE ADORAMOS.

*Acompañanos en la*

## ADORACIÓN EUCARÍSTICA

Lunes 08 de Agosto  
de 2022

*7:00-9:00pm*

Lugar: St. Mary of Immaculate Conception



## PROGRAMA DE CONVALIDACIONES

### *Preparación para el Sacramento del Matrimonio*



La Iglesia Católica de St. Mary invita a las parejas que han vivido más de seis meses en unión libre o casados por lo civil a participar de nuestro programa de preparación para el sacramento del matrimonio. El objetivo de este programa es ayudar a las parejas a reconciliarse con Dios, a vivir una nueva vida en Cristo Jesús y su Iglesia. Aprenderán sobre el sacramento del matrimonio, la iglesia doméstica, la experiencia del cuerpo, la persona humana, etc.

Próxima sesión: Domingo 21 de Agosto del 2022

Hora: 12:00 P.M. a 2:00 P.M.

Lugar: La casa Juan Pablo II ubicada detrás de la Iglesia.

Vengan a la primera clase, los esperamos!

Para obtener más información en nuestra parroquia póngase en contacto con el Diácono Alberto Bernaola - llame a la oficina parroquial (540) 373-6491, Leticia Gonzalez (703) 473-7218 o Lizette Arce (540) 429-9291.



vida parroquial

# noticias en español

Te invitamos al próximo

## CURSO MATRIMONIAL



TALLERES DE ORACION Y VIDA

Una Nueva Evangelización

Queremos acompañar a las parejas en su peregrinación hacia el ideal conyugal.

El curso consta de 6 reuniones, una por semana, con duración menor a 2 horas.

**Inicia: Sábado 10 de septiembre**

**Lugar: Casa Juan Pablo II**

**Hora: 6:15–8:15 pm**

¡Regístrate ahora! para asegurar tu lugar

Cupo limitado para 10 parejas

Para registrarse o mayor información

llamar a Erika Paquette (540) 300-2191

# MEN OF ST. MARY JOIN THE FIGHT OF FAITH

Discover authentic Christian masculinity and  
**RECLAIM** your **IDENTITY**  
as soldiers, brothers, and disciples for **CHRIST**

**KICK-OFF WITH  
BISHOP MICHAEL BURBIDGE**



**SAM BLAIR**  
US NAVAL  
OFFICER



**DEACON HAROLD  
BURKE-SIVERS**  
THE DYNAMIC DEACON



**PAUL GEORGE**  
FOUNDER, ART OF  
LIVING MINISTRIES



**SEAN DALTON**  
DIRECTOR OF PARISH  
EVANGELIZATION, AI



**FRANCISCO "PACO"  
GAVRILIDES STL**  
INSTRUCTOR OF HOMILETICS



**LEONARD  
DELORENZO, PH.D.**  
MCGRATH INSTITUTE FOR  
CHURCH LIFE, ND



**RICK CAMBRE**  
TMIY CORE TEAM LEADER



**JOHN SABLAN**  
TMIY CORE TEAM LEADER



**MARK HARTFIEL**  
VICE PRESIDENT,  
PARADISUS DEI



**STEVE BOLLMAN**  
PRESIDENT,  
PARADISUS DEI

**Beginning Saturday, September 10**

**6:15am Breakfast in PLC**

**7:00am Program Begins in Church**

**Register for this free program at [tmiy.org](http://tmiy.org)**

**Contact Peter Paquette  
[paquettepeter@yahoo.com](mailto:paquettepeter@yahoo.com)**

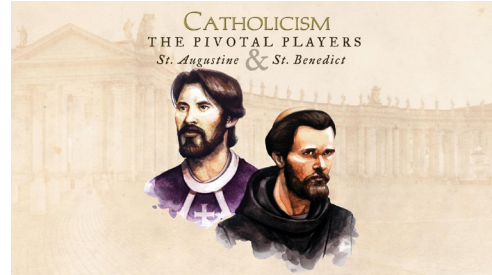


# our faith adult religious ed

## Lunch (brown bag) and Lecture (dvd) Series for 2022

The summer series, Lunch (brown bag) and Lecture (dvd) is coming to an end for the season. St. Benedict from the Bishop Barron Pivotal Players Part II series will be our last lunch and a lecture on August 10. Bring your lunch, a cushion for the chair, and an interest in getting to know St. Benedict a bit better! Sign-ups are not required, just suggested in order to have enough materials on hand. Stop by the Office or call them at 540-373-6491 to sign up. Cost: free, but donations will never be turned away. Location: Father Rooney Courtyard Meeting Room. Date/Time: **Wednesdays/1-3 pm, August 10.**

Many would argue that St. Benedict of Nursia contributed more to saving western Christian culture than anyone else. Born just after Rome fell, Benedict founded the religious community that would, in time, preserve the best of the early Christianity and allow for the emergence of an authentic, way of life in Christ.



## Adult Education Bible Study Offerings for the Fall 2022

It's time to study the Bible with other adult parishioners. This Fall we will be offering two new classes: What We Believe, The Beauty of the Catholic Faith from Ascension Press and Bishop Barron's Pivotal Players II. Please note day and time changes.

### What We Believe: The Beauty of the Catholic Faith.

**MONDAY afternoons (12:45-2:45 pm); or THURSDAY mornings (9:45 am-11:30 am)**

The Catholic Church is extraordinary. Founded by Christ himself, the Catholic Church is where we encounter God in His Word, His sacraments, and His saints. The Church faithfully proclaims the fullness of faith, leaving no truth out. It proclaims the fullness of life, leaving no person out. It calls all to repent and to believe in God the Father, Son, and Holy Spirit, the source of all life and salvation. **This class begins Monday, September 12 at 12:45 pm. OR September 15 at 9:45 am in the courtyard meeting room at St. Mary's.** The cost for materials for What We Believe: The Beauty of the Catholic Faith is between \$25-\$30, this is a flexible pay chart. Please register in the Parish Office by August 17. All study materials will be distributed at the first class. The max for either class is 25. This is a 10 week study.

This class will also be offered on **Wednesday Nights at Holy Cross Academy beginning September 14 at 6:30 pm.** The cost for materials for What We Believe: The Beauty of the Catholic Faith is between \$25-\$30, this is a flexible pay chart. Please register in the Parish Office by August 17. All study materials will be distributed at the first class. The max for this class is 20 people.

### WEDNESDAY MORNINGS Bishop Barron's series, Pivotal Players II.

This 11-week series includes St. Benedict of Nursia; St. Ignatius of Loyola; St. Bartolome de las Casas; St. Augustine of Hippo; Fulton J. Sheen; and Flannery O'Connor. Each session will take a deeper look at these pivotal players in the Catholic Church and why Bishop Barron considers them pivotal players. **Beginning Wednesday Sept. 14, 2022 at 9:45 AM; location at St. Mary's in the Courtyard Room.** The cost of materials is between \$30-\$40, this is a flexible pay chart. **Please pay for the class when you sign-up at the Parish Office.** All study materials will be distributed at the first class. **PLEASE REGISTER BY AUGUST 17.** Class size limited to 25 people max.

Questions? Email Suzette at [agingcoastrkid@yahoo.com](mailto:agingcoastrkid@yahoo.com)

# operations given in love

## Weekly Offertory

### Donations Received

July 26 - August 2

Sunday Offertory \$26,056.80

Parish Debt Reduction \$620.00

Church in Africa \$718.00

St. Vincent de Paul Poor Box \$526.00

*The Second Collection next weekend  
is for Parish Debt Reduction*

## Children's Offertory Envelopes for August

All Children's Charity donations for the month of August will be donated to Leashes of Valor, a national nonprofit working to provide a highly-trained service dog to every post-9/11 Veteran who needs one to ease the symptoms of Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) or Military Sexual Trauma (MST), an underlying trauma to PTSD. Their mission is as simple as it is critical: bring service dogs and post-9/11 Veterans together to enrich the lives of both. Leashes of Valor was founded in May 2017 by three United States Military Veterans with over 40 years of combined service and expertise in service dog policy and law, military canines and canine training, who know the healing power of canines because they experienced it themselves. The facility is located on a 20 acre farm in rural Virginia, with a live-in facility for training veteran and service dog teams. Training a service dog costs \$25,000.00 per dog, but thanks to the generosity of donors, veterans who receive a Leashes of Valor service dog pay nothing. For more information, visit their website at [leashesofvalor.org](http://leashesofvalor.org).

## Pro-Life Reflection

"Although we may feel unsure how best to comfort those who mourn, we must stand with them in their time of suffering. Miscarriage touches the lives of many people, yet all too often this tragedy remains unaddressed. This lack of response not only often leads to unresolved grief, but also fails to clearly manifest our belief that each person, from conception onward, is precious and unique." (USCCB Secretariat of Pro-Life Activities, "Solace and Strength in the Sorrow of Miscarriage")

*We pray for those grieving after a miscarriage, that they may be comforted by God's everlasting love and His presence amidst their sorrow.*

## Praying with the Saints

**Saint Dominic, August 8th:** "Must blows prevail where gentleness and blessings have been powerless?"

Saint Dominic, founder of the powerful preaching order, the Dominicans, help me to choose words over blows.

**Saint Teresa Benedicta of the Cross, August 9th:** A few days before her deportation she refused to be spared: "Do not do it! Why should I be spared." Saint Teresa, let your extraordinary courage inspire me to follow Jesus all the way to the cross.

**Saint Lawrence, August 10th:** Pointing to the many poor, disabled, orphaned, widowed people he had gathered – "These are the treasure of the Church." Saint Lawrence, remind me that the Church is only as strong as its weakest members.

**Saint Clare of Assisi, August 11th:** "O most gentle Jesus ... may I be strong and steadfast in good works and persevering in Your Service." Saint Clare, lead me away from worldly pursuits to serve Christ in the poor."

## Attention All Parish Organizations

We expect to resume most parish activities after Labor Day and we appreciate your patience and understanding during these last two challenging years. Your calendar for the use of parish facilities from September 2022 to August 2023 should be submitted to Elaine in the Parish Office by August 10th. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to [estanislawski@stmaryfred.org](mailto:estanislawski@stmaryfred.org). In setting up your schedule, please note that evening activities cannot be scheduled before 8pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and Preschool classes take place 8am-3pm Monday through Friday. Thank you.

## Celebrating A Golden or Silver Wedding Anniversary?

Were you married in 1972 or 1997? Then join Bishop Michael F. Burbidge for the 2022 Mass for Jubilarians to be celebrated on Sunday, October 16th at 3pm at the Cathedral of St. Thomas More in Arlington, Va.

Contact the parish office to register no later than October 3, 2022.

For more info, visit [arlingtondiocese.org/MJM](http://arlingtondiocese.org/MJM)



# liturgy daily bread

## Saint Mary Prayer List - August

**Please pray for those who are sick or in need, especially:**

Beth Kelley, Bobby Anderson, Carol Hurt, Chris Szynal, David & Mark Smetek, Dylan Silvers, Emma Gilbert, Glenda Ziemer, Janet Weddell, Kathy Szynal, Katie Billing, Kelly McNichol Hargreaves, Mark & Jan Floom, Paul Lysher, Peter Kochem, Richard Bordelon

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

## Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at [cushingwr@gmail.com](mailto:cushingwr@gmail.com)/540-840-5230 or Wanda at [wandasj823@gmail.com](mailto:wandasj823@gmail.com)/540-538-6978.

## Daily Mass Intentions and Readings

### August

#### 8 MONDAY

6:30am Patricia Wallace & Barbara Drummond  
9:00am Special Intention of Lucas Family  
12:00pm Benedict Anh  
Ez 1:2-5, 24-28c/Mt 17:22-27

#### 9 TUESDAY

6:30am Bruce and Norka Miller  
9:00am Anthony Khang Nguyễn+  
12:00pm Arlene P. Kellett  
Ez 2:8—3:4/Mt 18:1-5, 10, 12-14

#### 10 WEDNESDAY

6:30am Aurelo and Sarah Miller  
9:00am Bill Adams+  
12:00pm David Harrington+  
2 Cor 9:6-10/Jn 12:24-26

#### 11 THURSDAY

6:30am Owen Farmer  
9:00am Charles White+  
12:00pm Caroline Penczak+  
Ez 12:1-12/Mt 18:21—19:1

#### 12 FRIDAY

6:30am Grant Sturtevant  
9:00am Lauren Lacy  
12:00pm Father Michael Folmar  
Ez 16:1-15, 60, 63/Mt 19:3-12

#### 13 SATURDAY

9:00am Grace Flores+  
5:00pm Heather Wilcox+  
7:00pm Pam Greswolde  
Ez 18:1-10, 13b, 30-32/Mt 19:13-15

#### 14 SUNDAY

7:00am Father Phillip Cozzi  
8:30am Paul Lysher+  
10:30am George Holzworth  
10:30am\* Riley McNichol  
12:30pm Travis Harris  
2:30pm Fidel Santacruz  
5:00pm Mike and Malinda Jones  
7:00pm For Our Parish  
Jer 38:4-6, 8-10/Heb 12:1-4/Lk 12:49-53

*\* Indicates Mass at Holy Cross Academy  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*