

# **TWENTY-FIRST SUNDAY IN ORDINARY TIME**

**August 21, 2022**



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# announcements

## The St. Mary Coffee & Donut Shop

**Following ALL Morning Masses**

**Come and enjoy some  
fellowship!**

## contact us

### **SUNDAY MASS**

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### **DAILY MASS**

Monday - Friday: 6:30am, 9am  
M/W/F: 12 Noon  
Saturday: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### **DEVOTIONS**

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Monday, after 9am Mass  
Divine Mercy, Wednesday, 3pm

### **CONFESSION**

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### **PARISH OFFICE**

540-373-6491 fax: 540-371-0251  
stmary@stmaryfred.org  
stmaryfred.org  
Monday - Friday, 8:30am - 4:30pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor  
Fr. Sean Koehr, Parochial Vicar  
Fr. Scott Sina, Parochial Vicar  
Fr. Phillip Cozzi, Parochial Vicar  
Fr. Robert Renner, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### **MUSIC**

Director of Music, David Uschold  
Asst. Director of Music, Malinda Jones

### **HOLY CROSS ACADEMY**

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
sfry@holycrossweb.com

### **HOLY CROSS PRESCHOOL**

540-373-7553  
Director, Sheri Castellarin

### **RELIGIOUS EDUCATION**

Director, Aristides Lucas  
Associate Director, Mary Buer  
Administrative Asst, Lori Barlow

### **YOUTH MINISTRY**

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### **OUTREACH**

Director, Elena Doyle

### **BAPTISMS**

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the  
date at least four weeks in advance.

### **MARRIAGE**

Parish registration required; contact the parish six  
months in advance to begin preparation.

**Articles must be submitted two weeks prior to publication.**  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

**Saint Mary of the Immaculate Conception**  
**1009 Stafford Avenue**  
**Fredericksburg, VA 22401**

# from our pastor

# pax et bonum

Dear Folks,

Religious Education, CCD or Faith Formation - lots of names for the same task, teaching the content of our faith to our children. This weekend at all Masses we will be signing up our children for religious education. The pandemic has led to a drop in RE enrollment, which is unfortunate! Now, more than ever, we need to share the faith with our future generations. We must use our best talents and energies to hand on that which is most important. I recently saw this quote in the Forward to YouCat (the youth catechism):

Study the Catechism!  
This is my heartfelt desire.  
Study the catechism  
with passion and perseverance.  
Study it in the quiet of your room;  
read it with a friend;  
form study groups and networks;  
share with each other on the Internet....  
You need to be more deeply rooted in the faith  
than the generation of your parents...

The line that most caught my eye was the last, about being "more deeply rooted in the faith than the generation of your parents." This made me think, "Wow, strong words from Pope Benedict XVI! But it also evoked the sentiment that I often hear, "I just want to give my kids better than I had growing up." Really, it ends up being very revelatory of what the new parents value. Unfortunately, when I ask for some specifics the list usually ends up being financial, emotional, and educational, but almost never spiritual. We all have limited time, talent, energy, and resources. Are we handing on a fuller expression of the faith so that our children will be even more deeply rooted than we are? That should be our goal!

I want to especially thank those who teach and are aides to the Religious Education department, I know that they are pouring out their time, talents, and energy into this task. Thank you for your willingness to teach, profess, live, and teach our faith!

pax,



Fr. Mosimann



## education

# holy cross academy



**A National  
Blue Ribbon  
School of  
Excellence**



### Welcome Back, Mrs. Stevens!

Mrs. Cheryl Stevens returns to Holy Cross Academy after two years as an instructional aide in second grade and middle school. Mrs. Stevens will be teaching third grade this year.

Prior to joining Holy Cross Academy, Mrs. Stevens was a career Marine, serving twenty years as a Criminal Investigations Officer, with specialized training in child abuse prevention and investigative techniques and juvenile crimes. She graduated from Excelsior College, Summa Cum Laude, with a liberal arts major focusing in criminal justice.

Mrs. Stevens is the proud mother of Holy Cross Academy student Murdoch, and a loving wife to her husband of thirteen years, Joshua.

In her spare time she enjoys spending time with her family, running, and relaxing at the beach.



### 2022-2023 Applications/Tours

Holy Cross Academy is still accepting applications for some grades. Application information is available on the school website at [holycrossweb.com/admissions](https://holycrossweb.com/admissions).

If you would like to learn more about Holy Cross Academy, please contact Mrs. Deena Lanier, Admissions Coordinator, at [dlanier@holycrossweb.com](mailto:dlanier@holycrossweb.com) or 540-286-1600.

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at [HCAPreschool@holycrossweb.com](mailto:HCAPreschool@holycrossweb.com) or call 540-373-7553.

### Open Positions at Holy Cross Academy

Interest in joining our team? Holy Cross Academy has the following open positions for the 2022–2023 school year.

- Substitute Teacher

For more information on these positions and others in the Diocese of Arlington, please visit: [bit.ly/32w7x3T](https://bit.ly/32w7x3T)

# education religious education

## Religious Education Upcoming Events:

### Tuesday, August 30

New Catechist Orientation from 6-9pm

### Tuesday, September 6

First Catechist Meeting from 6-9pm

### Monday to Wednesday, September 12-14

Religious Education Classes, Parents accompany children

### Thursday, September 15

SPRED Training with Nancy Emanuel in the Courtyard Meeting Room at 6pm

### Monday to Wednesday, September 19-21

Religious Education Classes

### Monday to Wednesday, September 26-28

Religious Education Classes

### Tuesday, September 27

Year 1 Confirmation Meeting for candidates and parents at 7pm in the church.

## Religious Education Registration Information

After every Sunday Mass next weekend, August 20 and 21, the Director of Religious Education, Aristides Lucas, and the Associate Director of Religious Education, Mary Buer, will be at a table outside the church to answer any inquiries about Religious Education. Parents, please take advantage of the Catholic formation provided by your parish to help your child/children grow in understanding and appreciation of our Catholic faith. Religious Education classes enhance and further develop the formation you are living at home. Parents are the primary educators of their children and we are here to assist with and encourage their religious formation. Please stop by with any questions.

## CATECHISTS NEEDED AS OF AUGUST 12

Monday 4:45-6:00 (1 Catechist) Grade 3

Monday 6:30-7:45 (3 catechists) Grade 1, Grade 2 and First Communion Year 1 (Grades 3-5)

Tuesday 4:45-6:00 (2 catechists) Grades 4 and 7

Tuesday 6:00 HCA (0 catechist)

Tuesday 6:30-7:45 (1 catechist) Grade 2

Wednesday 4:45-6:00 (4 catechists) Grades 2, 3, 4 and 5

Wednesday 6:30-7:45 (1 catechist) Grades 2

CATECHISTS NEEDED: 12

CATECHISTS RECRUITED: 45

## Parishioners Registered for Religious Education Classes as of August 12, 2022

	K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6	Grade 7	Grade 8	Totals
Monday 4:45		14	13	6	6	4	2	18	13	76
Monday 6:30*		13	9							103
Tuesday 4:45		9	10	7	4	5	6	5	2	48
Tuesday 6:00	1	7	4	1	1	6	2	6	9	37
Tuesday 6:30		5	9	3	3	3	9	9	11	52
Wednesday 4:45		5	6	3	1	1	4	1	8	29
Wednesday 6:30		7	11	1	6	1	10	18	10	64
Home Taught	1	5	3	5	5	5	1	3	7	36
RE Children in Grades K-8	3	65	65	26	26	25	34	60	60	445
Parishioners in Grades K-8	208	229	257	279	277	307	309	357	354	2640
% Registered	1%	28%	25%	9%	9%	8%	11%	17%	17%	17%
*Children catching up on Sacraments	Confirmation				Reconciliation and Holy Eucharist					Totals
Year One		17				33				40
Year Two		12				19				31

# our parish happenings

## Summer with Scrip

Don't forget to buy your Scrip cards during the Summer to help raise money for our parish school, Holy Cross Academy. Scrip cards are gift cards that you purchase at face value. The retailers sell them to us at a discount, which is how we make a profit. Simply exchange your cash or check at the Scrip table for gift cards for gas, clothing, home improvement, and grocery purchases or even restaurants and movie retailers. You may even order online at **raiseright.com**. A full list of retailers is available online that can be ordered for you!

To set up an account at **raiseright.com**, use our school code so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP, or need the school code, please email at **scripcoordinator@holycrossweb.com**. Thanks for using SCRIP!

## SPRED Training

On Thursday, September 15 at 6pm we will have a training session for anyone interested in volunteering or finding out more about the SPRED program which begins on October 15. SPRED which stands for Special Religious Development, helps those with developmental disabilities grow in faith and find community. The training will take place in the Courtyard Meeting Room and will last approximately 1½ - 2 hours. Our host will be Nancy Emanuel, the Coordinator for Special Needs Ministries at the Diocese. We are in need of volunteers so thank you for considering this very special ministry. Please email **mbuer@stmaryfred.org** if you plan to attend or if you are interested in volunteering.

## Cursillo

Upcoming weekend for the Women's Cursillo retreat is September 8-11, 2022 at Priest Field Retreat Center, Kearneysville WV. Upcoming weekend for the Men's Cursillo retreat is October 20-23, 2022 at Missionhurst, Arlington VA. The cost for each retreat is \$300. Please look at **arlingtoncursillo.org** or contact, Tammie Chute at **precursillo@arlingtoncursillo.org**. We would love to have you at this grace filled weekend experience!

## Has God put Homeschooling on your heart?

### Join us for an informal Q & A

The homeschooling community at St. Mary's will be hosting a meeting in the Courtyard Meeting Room, Saturday, August 27. Current homeschooling parents will meet at 9:30am to plan activities for the year. All prospective homeschooling parents or those interested in homeschooling are invited to join in from 12-1pm, during which time there will be a panel of homeschooling mothers available to answer your questions, address your concerns, and encourage you to answer God's call to homeschool.

## Adult Education Bible Study Offerings for the Fall 2022

It's time to study the Bible with other adult parishioners. This Fall we will be offering two new classes: What We Believe, The Beauty of the Catholic Faith from Ascension Press and Bishop Barron's Pivotal Players II. Please note day and time changes.

### What We Believe: The Beauty of the Catholic Faith.

**MONDAY afternoons (12:45-2:45 pm); or THURSDAY mornings (9:45 am-11:30 am)**

The Catholic Church is extraordinary. Founded by Christ himself, the Catholic Church is where we encounter God in His Word, His sacraments, and His saints. The Church faithfully proclaims the fullness of faith, leaving no truth out. It proclaims the fullness of life, leaving no person out. It calls all to repent and to believe in God the Father, Son, and Holy Spirit, the source of all life and salvation. **This class begins Monday, September 12 at 12:45 pm. OR September 15 at 9:45 am in the courtyard meeting room at St. Mary's.** The cost for materials for What We Believe: The Beauty of the Catholic Faith is between \$25-\$30, this is a flexible pay chart. Please register in the Parish Office by August 17. All study materials will be distributed at the first class. The max for either class is 25. This is a 10 week study.

This class will also be offered on **Wednesday Nights at Holy Cross Academy beginning September 14 at 6:30 pm.** The cost for materials for What We Believe: The Beauty of the Catholic Faith is between \$25-\$30, this is a flexible pay chart. Please register in the Parish Office by August 17. All study materials will be distributed at the first class. The max for this class is 20 people.

### WEDNESDAY MORNINGS Bishop Barron's series, Pivotal Players II.

This 11-week series includes St. Benedict of Nursia; St. Ignatius of Loyola; St. Bartolome de las Casas; St. Augustine of Hippo; Fulton J. Sheen; and Flannery O'Connor. Each session will take a deeper look at these pivotal players in the Catholic Church and why Bishop Barron considers them pivotal players. **Beginning Wednesday Sept. 14, 2022 at 9:45 AM; location at St. Mary's in the Courtyard Room.** The cost of materials is between \$30-\$40, this is a flexible pay chart. **Please pay for the class when you sign-up at the Parish Office.** All study materials will be distributed at the first class. **PLEASE REGISTER BY AUGUST 17.** Class size limited to 25 people max.

Questions? Email Suzette at **agingcoastrkid@yahoo.com**

our parish

# church picnic

ST. MARY OF THE IMMACULATE CONCEPTION

*Invites you to the annual*

# CHURCH PICNIC

**SATURDAY**  
**SEPTEMBER 17<sup>TH</sup>**  
**3 - 7 PM**

**THIS  
IS  
FREE!**

**HOTDOGS,  
HAMBURGERS,  
POTATO SALAD AND  
DRINKS PROVIDED!**

**PLEASE BRING:**  
**LAST NAME BEGINNING WITH**  
**A-F: CHIPS**  
**G-N: HEALTHY SNACKS**  
**M-Z: DESSERTS**

**HOLY CROSS ACADEMY**

250 Stafford Lakes Parkway, Fredericksburg, VA 22406

**SOMETHING FOR EVERYONE!**

**ROCK CLIMBING WALL, MOONBOUNCE, INFLATABLES, PONY RIDES & FACE PAINTING**  
**BEER TRUCK & CORNHOLE TOO!**  
**THE VISION BAND WILL BE PERFORMING!**

**VOLUNTEERS NEEDED CONTACT PAUL SCOTT 540-842-7857**



# vida parroquial

# noticias en español

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Jachebel a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

REV. JOHN P. MOSIMANN Y  
EL MINISTERIO DE  
BENDICIONES ESPECIALES LOS  
INVITA



Special Blessings  
Ministry  
a Catholic support group



Cuándo: sábado, 27  
de agosto

Hora: 11:30 am

Dónde: St. Mary of the  
Immaculate Conception  
Catholic Church,  
Fredericksburg, VA

Segunda misa anual para niños  
y adultos con discapacidades y  
sus familias. Recepción después  
de la Misa.  
Todos están invitados.

Contacte a Johanna @  
Johanna\_merino@hotmail.com o  
Vivian @ Vivi0775@gmail.com  
para más información

## ¿Quieres tu o conoces a alguien interesado en hacerse católico?

Participa de las clases de RICA que  
inician el jueves 8 de septiembre a  
las 7:30 p.m.

Inscríbete directamente a la oficina  
parroquial o habla con Leticia  
González al (703) 473-7218.

¡Te esperamos!


## ¿HA PUESTO DIOS EN TU CORAZÓN EDUCAR A TU HIJO EN CASA?

Únase a nosotros para una sesión  
informal de preguntas y respuestas  
La comunidad de educación en el  
hogar de St. Mary organizará el  
sábado 27 de agosto una reunión en  
el Salón de las Cruces (Father Rooney  
Room) de 12 p.m. a 1:00 p.m. Todos  
los futuros padres que quieran educar  
en el hogar o aquellos interesados en  
comenzar a hacerlo están invitados a  
participar de esta reunión. Tendremos  
un panel de madres que estarán  
disponibles para responder a sus  
preguntas, abordar sus inquietudes y  
alentarlo a responder el llamado de  
Dios a educar a sus hijos en el hogar.





# our parish youth ministry

2nd and 4th Thursdays  
6:30 - 8:00pm, Fr. Rooney Room  
6th - 12th Grade Girls



## FEMININE GENIUS

Christian sisterhood.  
Spiritual accountability.  
Identity as true women of God.

  @stmarycym Starting September 8

  @STMARYCYM  
STARTING AUGUST 31ST!

## YOUCAT



WEDNESDAYS  
6:30-8:00PM  
JP II HOUSE  
GRADES 9-12

COME LEARN ABOUT YOUR  
CATHOLIC FAITH!

6TH- 8TH GRADE

## middle school YOUTH GROUP

FREE FOOD  
FUN GAMES  
GOOD FRIENDS

  @STMARYCYM

**PARISH LIFE CENTER**  
6:30 - 8:00 PM

1ST AND 3RD FRIDAY EVERY MONTH

High School Youth Group



  @stmarycym

GRADES 9-12 Sunday Nights  
Starting August 28th  
6:00-8:30pm  
Parish Life Center

FREE DINNER!



## HELP NEEDED!

### Youth Ministry Dinner Teams

We are looking for volunteers to prepare and serve full meals to our teens before CYM Youth Group. Meals typically consist of a main course, sides or a salad, and a dessert. Volunteers will work in teams to plan out meals ahead of time and may choose to cook together or individually once every 5-6 weeks!

Middle School Youth Group  
1st and 3rd Fridays

High School Youth Group  
Every Sunday

Contact Us for More Information!

Tatiana Beltran  
tbeltran@stmaryfred.org

Catie Espiritu  
cespiritu@stmaryfred.org

\*Youth Group meets September to May

# MEN OF ST. MARY JOIN THE FIGHT OF FAITH

Discover authentic Christian masculinity and  
**RECLAIM** your **IDENTITY**  
as soldiers, brothers, and disciples for **CHRIST**

**KICK-OFF WITH  
BISHOP MICHAEL BURBIDGE**



**SAM BLAIR**  
US NAVAL  
OFFICER



**DEACON HAROLD  
BURKE-SIVERS**  
THE DYNAMIC DEACON



**PAUL GEORGE**  
FOUNDER, ART OF  
LIVING MINISTRIES



**SEAN DALTON**  
DIRECTOR OF PARISH  
EVANGELIZATION, AI



**FRANCISCO "PACO"  
GAVRILIDES STL**  
INSTRUCTOR OF HOMILETICS



**LEONARD  
DELORENZO, PH.D.**  
MCGRATH INSTITUTE FOR  
CHURCH LIFE, ND



**RICK CAMBRE**  
TMIY CORE TEAM LEADER



**JOHN SABLAN**  
TMIY CORE TEAM LEADER



**MARK HARTFIEL**  
VICE PRESIDENT,  
PARADISUS DEI



**STEVE BOLLMAN**  
PRESIDENT,  
PARADISUS DEI

**Beginning Saturday, September 10**

**6:15am Breakfast in PLC**

**7:00am Program Begins in Church**

**Register for this free program at [tmiy.org](http://tmiy.org)**

**Contact Peter Paquette  
[paquettepeter@yahoo.com](mailto:paquettepeter@yahoo.com)**

# our parish happenings

## Knights of Columbus Sponsored Bowling League

Teams are forming now. Gather your family and friends and join us for fun-filled Monday evenings.



There will be a league meeting on Monday August 22 at 7pm at the AMF Bowling Center, 12100 Killarney Drive, Fredericksburg.

Cost is \$20 per week-per player. It's a mixed league which the following can participate; male / female and teens 16 years and older. The league starts August 29 at 7pm and continues until April 3, 2023. An awards party is held at season-end. Come enjoy a fun time!!

For more info contact Rick Reschick at (540) 850-5587 or Ruth Wynn at (540) 371-0994

## Trail Life/AHG Restarting

Do you have a son or daughter age 5 to 17 wanting to participate in a variety of activities such as: camping, archery, shooting, fire building/safety, bike rodeo, pinewood derby, caroling, service projects, and so much more while also learning about their faith?!



## Trail Life

Trail Life Troop VA-4034, chartered through HCA, and American Heritage Girls Troop VA0128, chartered through St Mary's CCW, are having their first meeting at Holy Cross Academy on Thursday, September 1st at 7pm. All are invited. TL and AHG are Christian adventure, character, integrity, and leadership programs for young men and women, respectively. The K-12 programs build skills and allow growth on a personal level and as a role model and leader for peers and to support the Church. For more information visit [traillifeusa.com](http://traillifeusa.com) or [americanheritagegirls.org](http://americanheritagegirls.org)



Questions? Email [troopmasterva4034@gmail.com](mailto:troopmasterva4034@gmail.com) for Mark Gardner (Trail Life) and [ahgva0128@yahoo.com](mailto:ahgva0128@yahoo.com) for Maureen Siegmund (American Heritage Girl).

**REV. JOHN P. MOSIMANN  
AND THE SPECIAL BLESSINGS  
MINISTRY INVITES YOU**



*Special Blessings  
Ministry*  
a Catholic support group



**When: Saturday,  
August 27**

**Time: 11:30 am**

**Where: St. Mary of the  
Immaculate Conception  
Catholic Church,  
Fredericksburg, VA**

**Second annual Mass for children  
and adults with disabilities and  
their families.  
Reception after the Mass.  
All are invited.**

Contact Johanna at  
[Johanna\\_merino@hotmail.com](mailto:Johanna_merino@hotmail.com) or  
Vivian at [Vivi0775@gmail.com](mailto:Vivi0775@gmail.com)  
for more information



# operations given in love

## Weekly Offertory

### Donations Received August 9 - August 15

Sunday Offertory	\$28,620.00
Parish Debt Reduction	\$8,311.00
Little Sisters of the Poor	\$797.00
St. Vincent de Paul Poor Box	\$251.00

### Faith Direct Donations August 4

Sunday Offertory	\$83,452.00
Parish Debt Reduction	\$6,740.00
Assumption	\$2,504.00
Food Bank Children's Programs	\$3,011.00
Little Sisters of the Poor	\$5,987.00

*The next financial report will be published in the September 4 bulletin. Thank you for your generosity.*

*Masses were offered in July for the following unscheduled intentions: Gerald Doherty, Jr., Jeanette Crawford, +Maria Ngat Vu, Frederic Bruce Miller, Jr., Jose de Jesus Orellona Ruiz, All Souls, +Van Than.*

## Pro-Life Reflection

On August 22 we observe the Queenship of Mary, acknowledging that the highest place that any creature holds in Heaven is occupied by a woman and a mother. To be pro-life is to be pro-woman, and Mary the Mother of God is an inspiration for all women about how to embrace the vocation of motherhood, facing the unexpected with faith, courage and joy. *Queen of Heaven, grant all your people a deep appreciation of the dignity of women, of motherhood, and of life.*

## Children's Offertory Envelopes for August

All Children's Charity donations for the month of August will be donated to Leashes of Valor, a national nonprofit working to provide a highly-trained service dog to every post-9/11 Veteran who needs one to ease the symptoms of Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) or Military Sexual Trauma (MST), an underlying trauma to PTSD. Their mission is as simple as it is critical: bring service dogs and post-9/11 Veterans together to enrich the lives of both. Leashes of Valor was founded in May 2017 by three United States Military Veterans with over 40 years of combined service and expertise in service dog policy and law, military canines and canine training, who know the healing power of canines because they experienced it themselves. The facility is located on a 20 acre farm in rural Virginia, with a live-in facility for training veteran and service dog teams. Training a service dog costs \$25,000.00 per dog, but thanks to the generosity of donors, veterans who receive a Leashes of Valor service dog pay nothing. For more information, visit their website at [leashesofvalor.org](http://leashesofvalor.org).

## Praying with the Saints

### The Queenship of Mary, August 22nd

*In the fourth century Saint Ephrem called Mary "Lady" and "Queen." Later Church fathers and doctors continued to use the title. Hymns of the 11th to 13th centuries address Mary as queen: "Hail, Holy Queen," "Hail, Queen of Heaven," "Queen of Heaven." The Dominican rosary and the Franciscan crown as well as numerous invocations in Mary's litany celebrate her queenship. The feast is a logical follow-up to the Assumption, and is now celebrated on the octave day of that feast. In his 1954 encyclical To the Queen of Heaven, Pius XII points out that Mary deserves the title because she is Mother of God, because she is closely associated as the New Eve with Jesus' redemptive work, because of her preeminent perfection, and because of her intercessory power.*

### Saint Rose of Lima, August 23rd

*Saint Rose of Lima, you were young and holy. You dedicated your body and soul to God while still a child. Through your example and through your heavenly intercession, help all Catholics, especially the young, to dedicate their lives to God from the very start.*

### Saint Bartholomew, Apostle, August 24th

*Saint Bartholomew, help all Christians to see in your example of martyrdom a heroic witness to perseverance in the face of difficulty, of fidelity in the face of doubt, and of courage in the face of timidity. May we have just a portion of what you had in such abundance.*

### Saint Louis of France, King, August 25th

*Saint Louis of France, you were intrepid in your love for Christ and the Church. Impart from heaven to all modern Catholics some of your same daring spirit—to be courageous in living and spreading the faith, to give and not count the cost.*

### Saint Joseph Calanz, Patron of Catholic Schools & Children, August 25th

*Saint Joseph Calasanz, you were disgraced, defamed, maligned and imprisoned and yet forgave all who had robbed you of your most precious personal possession: your reputation. Help us to be so forgiving toward those who steal from us what we have taken so long to build up.*

### Saint Monica, August 27th

*Saint Monica, you were persevering in your efforts to straighten the crooked paths of your son's life. Your prayers, pilgrimages, fasts, and words were fruitful, but only after many tears. Help us to be as concerned as you for the immortal souls of those who are close to us.*



# liturgy daily bread

## Saint Mary Prayer List - August

**Please pray for those who are sick or in need, especially:**

Beth Kelley, Bobby Anderson, Carol Hurt, Chris Szynal, David & Mark Smetek, Dylan Silvers, Emma Gilbert, Glenda Ziemer, Janet Weddell, Kathy Szynal, Katie Billing, Kelly McNichol Hargreaves, Mark & Jan Floom, Peter Kochem, Richard Bordelon, Cecilia Murphy, Michael Fedowitz III

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Jason Cullinan, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

## Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at [cushingwr@gmail.com](mailto:cushingwr@gmail.com)/540-840-5230 or Wanda at [wandasj823@gmail.com](mailto:wandasj823@gmail.com)/540-538-6978.

## Daily Mass Intentions and Readings

### August

#### 22 MONDAY

6:30am Jerald Susan+  
9:00am Levi Rowe  
12:00pm David Harrington

#### 23 TUESDAY

6:30am Joan and David Sims  
9:00am Guillermo Arevalo+  
12:00pm Ngat-Vu and Trune-Trinh

#### 24 WEDNESDAY

6:30am Dominic DiLoreto+  
9:00am Ruth Stellino+  
10:30am\* Holy Cross Academy  
12:00pm Consuelo Villagrano Rivera+

#### 25 THURSDAY

6:30am Doloros Zule  
9:00am Eleanor Marie Gatrone  
12:00pm Arthur Canizares

#### 26 FRIDAY

6:30am Carolyn Farrell  
9:00am Michael and Theodora Woods  
12:00pm Prudencia Chism+

#### 27 SATURDAY

9:00am Maria Beltran  
5:00pm Owen Lea+  
7:00pm Gabby Petito+

#### 28 SUNDAY

7:00am For Our Parish  
8:30am Anthony Khang Nguyễn+  
10:30am Nora Flores  
10:30am\* Anthony C. Balouris+  
12:30pm Our Military, Living & Deceased  
2:30pm Emiliano Rios+  
5:00pm Jaxson Clark  
7:00pm Patricia Canning+

*\* Indicates Mass at Holy Cross Academy  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*