#### TWENTY-FIFTH SUNDAY IN ORDINARY TIME



### announcements



### contact us

#### **SUNDAY MASS**

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy

#### **DAILY MASS**

Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced

#### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Monday, after 9am Mass Divine Mercy, Wednesday, 3pm

#### **CONFESSION**

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

#### **PARISH OFFICE**

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday, 8:30am - 4:30pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor Fr. Sean Koehr, Parochial Vicar Fr. Scott Sina, Parochial Vicar Fr. Phillip Cozzi, Parochial Vicar Fr. Robert Renner, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Giovanni Camacho

# stmaryfred.org

#### **MUSIC**

Director of Music, David Uschold Asst. Director of Music, Malinda Jones

#### **HOLY CROSS ACADEMY**

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

#### **HOLY CROSS PRESCHOOL**

540-373-7553 Director, Sheri Castellarin

#### **RELIGIOUS EDUCATION**

Director, Aristides Lucas Associate Director, Mary Buer Administrative Asst, Lori Barlow

#### **YOUTH MINISTRY**

Director, Tatiana Beltran Assistant Youth Minister, Catie Espiritu

#### **OUTREACH**

Director, Elena Doyle

#### **BAPTISMS**

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

#### MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

> Saint Mary of the Immaculate Conception 1009 Stafford Avenue Fredericksburg, VA 22401

# from our pastor

# pax et bonum

Dear Folks,

Again writing this note on the bus in Germany! Today is our last full day, leaving Munich, visiting Rothenberg on the way to Frankfurt where we will catch a flight home.

One more reflection on The Passion Play, having now seen it! The 'difficulties' in it were in the written text. It was often jarring to see things portrayed and said that just aren't in the gospel. The 'world' presumes that the whole account of the gospels is fiction, and thus has no problem re-writing it to fit the modern world. Of course that makes sense, IF you accept their presumption!

The staging, singing, and production are truly first rate! I am so glad that I came with this bus full of pilgrims. The production included many connections to Old Testament accounts fulfilled in the passion narrative. For example, the friends of Job, accusing him, was connected to the trial of our Lord, and Joseph before the Pharaoh was connected to our Lord before Pilate!

When we consider the passion of our Lord, it should invoke the reflection, "look what our Lord did for me" or "look what my sins did to Jesus." (The former is better, but the latter is good for repentance)! If our response is "look what they did to Jesus," then our reflections on the passion have missed the mark badly.

St. Theresa of Avila, in her great work on prayer The Interior Castle, speaks of the necessity of meditation on the sacred humanity and passion of our Lord:

"Let us begin by considering the mercy of God showed us by giving us His only son.... [R]eflect upon all of the mysteries of His glorious life... then allow them to continue the subject until they reach the crucifixion.... This is meritorious kind of prayer.... [Don't] forget these precious proofs of His love which are living sparks to inflame the heart with a greater love of our Lord."

All right, the bus is pulling in for a pit stop, and I am going to go grab a cup of delicious coffee!

pax,

Fr. Mosimann









# education

# holy cross academy



A National Blue Ribbon School of Excellence





#### **Bag Lunches for the Homeless**

Holy Cross Academy provides weekly support to the Brisben Center. The Brisben Center is the greater community's largest full service, year-round, residential emergency homeless center. This unique facility opened in 2005 as the result of a vision and partnership among the leadership of the nonprofit Thurman Brisben Homeless Shelter, Inc., the City of Fredericksburg and the greater community.

Our Kindergarten class was one of the first to provide bag lunches to the Brisben Center this year. Food items are brought in by a different class each week and the students decorate the bags and help prepare the bag lunches. Parent volunteers take the lunches to the center each week.

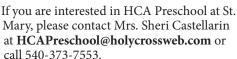
#### **Open Positions at Holy Cross Academy**

Interest in joining our team? Holy Cross Academy is looking for substitute teachers for the 2022–2023 school year. For more information on these positions and others in the Diocese of Arlington, please visit bit.ly/32w7x3T

#### 2022-2023 Applications/Tours

Holy Cross Academy is still accepting applications for some grades. Application information is available on the school website at **holycrossweb.com/admissions**.

If you would like to learn more about Holy Cross Academy, please contact Mrs. Deena Lanier, Admissions Coordinator, at **dlanier@holycrossweb.com** or 540-286-1600.













## education

# religious education

#### **Religious Education Upcoming Events:**

Monday to Wednesday, September 19-21 Religious Education Classes

#### Monday to Wednesday, September 26-28 Religious Education Classes

#### Tuesday, September 27

Year 1 Confirmation Meeting for candidates and parents at 7pm, in the church

#### Tuesday, September 27

Year 1 Confirmation Meeting for candidates and parents at 7pm, in the church

**Monday to Wednesday, October 3-5**: Religious Education Classes

#### Tuesday, October 4

Meeting for Year 2, Confirmation 2023 candidates and parents at 7pm in the church

#### Monday to Wednesday, October 10-12

No Religious Education Classes.

#### Monday, October 10

Eucharistic Adoration in Spanish at 7pm in the church

#### Tuesday, October 11

Two Teaching Masses at 4:45pm and 6:30pm in the church

#### Thursday, October 13

Formation Night for Year 1 Confirmation 2024 candidates in the church at  $7\mathrm{pm}$ 

#### Saturday, October 15

SPRED class in the Main Hall of the Parish Life Center from 10am to 12 noon

#### **First Catechist Meeting:**

The first Catechist Meeting was on Tuesday, September 6, from 6 to 9 pm, in the Parish Life Center. The new school year was discussed and then Catechists were grouped by class to discuss their group's class.

In years past we had as many as six meetings yearly but this year the diocese is strongly encouraging catechists to get their Basic Catechist Certification and is providing free certification courses online and in-class. One in-class course will be offered here at St. Mary with Instructor David Wallace, M.A.

### **FORMED**

PICK OF THE WEEK

Sept 18, 2022

### WATCH PADRE PIO: BETWEEN HEAVEN AND EARTH

Based on the historical records and the personal testimony of his fellow friars, this is the amazing true story of the life of the famous stigmatic monk, St. Padre Pio, a contemporary saint who died in 1968. Filmed on location in Italy, starring Michele Placido in a moving performance, this film tells the whole story of the beloved monk from San Giovanni Rotondo, a place where millions of pilgrims now annually visit Padre Pio's grave.



### LEARN FORMED FOR MISSION EPISODE 20: AN APOSTOLIC SPIRITUALITY



Dr. Ben Akers and Taylor Kemp sit down for a weekly show on evangelization and mission. "Evangelizing is in fact the grace and vocation proper to the Church, her deepest identity. She exists in order to evangelize" (EN, 14). We pray that these discussions may help all the faithful be further conformed to Christ and become powerful evangelists in the world today.

#### LISTEN

#### THE LEGENDS OF ROBIN HOOD AUDIO DRAMA

The child of a reputable family and a faithful son of the Church, Robert of Locksley had no intention of becoming an outlaw. But the relentless cruelty and tyranny by the elite nobility of England demanded that someone rise up to give answer. And so Robert of Locksley became Robin Hood — a man thrown into a fierce struggle to balance his deep faith with a call to action in a violent age.

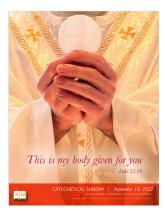


SIGN UP FOR FREE AT FORMED.ORG/SIGNUP CLICK REGISTER THEN ENTER PARISH CODE: F6F228

#### Catechetical Sunday: Theme - "This is my body given for you" Luke 22:19

The presence of Christ in the Eucharist is real, true and substantial.

Catechetical Sunday is a wonderful opportunity to reflect on the role that each person plays, by virtue of Baptism, in handing on the faith and being a witness to the Gospel. This year, the Church will celebrate Catechetical



Sunday on September 18, 2022, and the theme is: "This is my body given for you" Luke 22:19

Last week those designated to serve as catechists were called forth to make an "Oath of Fidelity" and be commissioned to be catechist. Let us continue praying for them.

# our parish

# happenings

#### **School Dressing Days Thank You**

A heartfelt thank you goes out to all of the amazing volunteers, donors, and supporters of School Dressing Days 2022. Thanks to your efforts we were able to reach a total of 441 school children in Head Start through Grade 5. We are pleased to have provided a new school outfit, socks, underwear, a handmade winter hat, a backpack filled with school supplies, toiletry items, hand sanitizer and a Covid test kit & mask to 235 children who attended the event. We were able to provide clothing items, backpacks and school supplies for an additional 206 children by connecting with Empowerhouse, Lucha Ministries, Transitions4You, and Catholic Charities Migration & Refugee Service (MRS). Thank you for donating your time and resources to make School Dressing Days 2022 a resounding success!

Saint Mary CCW is Getting Busy

Join us on Tuesday, September 20, at 10am in the Father Rooney Community Room! Our GUEST SPEAKER will be FATHER PHILLIP COZZI. After Father's talk we will enjoy refreshments, have a 50/50 \$\$ drawing, and a brief business meeting.

We will be serving food at the Parish Picnic on the 17th, and we are planning our annual Fall Bazaar and Bake Sale for the end of October.

Get to know us through our website, **stmaryccw.org**, where you may download a form to renew your registration and take part in our annual raffle. Check out our Facebook page at **facebook.com/StMaryCCW**. And if you are not receiving our Newsletter and occasional Prayer Requests, please sign up at **StMaryCCWNews@aol.com**.

We are the St. Mary Council of Catholic Women. We're here for you.

**Parish Family Dinner** 

The first Parish Family Dinner of the year will be held on September 24 from 6-8:30pm in the Parish Life Center. The net proceeds will be donated to Mary's Shelter. The menu includes: Meat Loaf, Mashed Potatoes & Gravy, Glazed Carrots, Cole Slaw, Biscuits, & Cake. The dinner is sponsored by the Knights of Columbus and is open to the public and is pay-at-the-door. Takeouts are available. The cost is: Adults/Teens: \$8, Seniors (60 & up): \$7, Children (7-12): \$5, Children (under 7): Free. THE MAXIMUM COST PER FAMILY IS: \$25

# St. Vincent de Paul Society is Seeking Volunteers

The Saint Vincent de Paul Society is a parish based organization dedicated to helping the poor. Vincentian service to the poor takes many, many forms. "Poverty' takes many, many forms as well.

In our St Mary/St Jude conference, members may choose to work one-on-one counseling people in need of financial assistance. Other members choose to work in our Thrift

Store, creating funds for our mission. Some monitor our phone information lines answering questions about our mission and our availability. Others still, work behind the scenes, sending thank you letters for donations, recording donations for tax purposes. The list goes on. In all cases, our goal is the same—to provide friendship, support, informed help, and service to all those we encounter, so that individuals and families may more fully realize their human dignity and potential. Financial assistance, while always important, is not the Vincentians principal focus. Your kindness, empathy and guidance, regardless of your role, will be remembered long after those financial needs have passed. If you are interested in volunteering for any of these essential roles, we can use your help. Please contact us on our information line (540-898 8065) or e-mail us on our website at **stvdpfredericksburg.com**.

#### **Pilgrim Virgin Statue**

Have the Blessed Mother to visit your home? Contact Mary Lou Felts, 571-723-3333 or maryloufelts@gmail.com.

The Manna Project

### FOOD DRIVE

September 24th & 25th

Please Bring Donations to Mass
St. Mary Catholic Church & Holy Cross Academy



#### Items most needed include:

Canned: Tuna, Chicken, Fruit, & Veggies
Peanut Butter & Nut Butters
Dry Beans, Rice, & Mac-n-Cheese
Pasta, Quinoa, Cereal, & Pancake Mix
Deodorant, Soap, Body Wash, Shampoo, & Toothpaste
Wipes, Paper Towels, Toilet Paper, & Tissue
Diapers, Wipes, & Baby Formula

Monetary donations accepted!
Checks made payable to St. Mary Catholic Church.



# our parish happenings

#### ADORATION OF THE BLESSED SACRAMENT



Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven" - St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator — Adoration@stmaryfred.org



#### **ALL MARRIED & ENGAGED COUPLES ARE INVITED**

SATURDAY, SEPTEMBER 24

\*NOTE DATE CHANGE\*

**TOPIC: "FINDING GOD IN OTHERS"** 

6:30pm ~ Wine & Cheese (refreshments/social)

7-8:30pm Program

COME AND SEE WHAT ALL THE EXCITEMENT IS ABOUT ~ BRING FRIENDS AND FAMILY ~

Taking place at Holy Cross Academy

For more information call the office at 540-373-6491

7

# vida parroquial

# noticias en español

#### Requisitos para recibir los Sacramentos

#### **BAUTISMO**

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

#### **MATRIMONIO**

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

#### **PRIMERA COMUNIÓN**

- Niños de 1 ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

#### **CONFIRMACIÓN**

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

#### **RECONCILIACIÓN**

- Miércoles 11:30 am 12:00 pm, 6:30 8:30 pm
- Sábados 8:00 8:30 am y 3:30 4:30 pm

#### **QUINCEAÑERA**

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al 540) 373-6491



Como parte del programa de educación religiosa para adultos, el pasado 24 de agosto un grupo de 23 estudiantes completaron los requisitos mínimos y recibieron sus Certificados de Finalización del curso bíblico en español "Abriendo el Misterio de la Biblia". El curso constó de ocho sesiones y cubrió un estudio general de la historia de nuestra salvación desde la Creación, Adán y Eva, hasta Jesucristo y la Iglesia. ¡Felicitaciones a todos!

# our parish

# youth ministry

Starts August 28

Starts August 31

Starts September 2





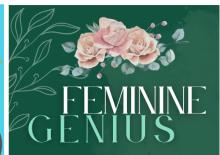


# You're Invited! ST. MARY YOUTH MINISTRY

ALL MIDDLE AND HIGH SCHOOLERS WELCOME!







Starts September 10

Start Date TBD

Starts September 8

#### **HIGH SCHOOL YOUTH GROUP (9th-12th)**

Every Sunday, 6:00 - 8:30pm Dinner, friends, and faith formation for high school!

#### YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm Dive deeper into your Catholic faith!

#### MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm Dinner, friends, and faith formation for middle school!

#### FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:00-8:00am Explore what it means to be a Man of God!

#### **SENIOR MINISTRY (12th)**

Monthly meetings TBD Prepare to live out your faith beyond high school!

#### **FEMININE GENIUS (6th-12th GIRLS)**

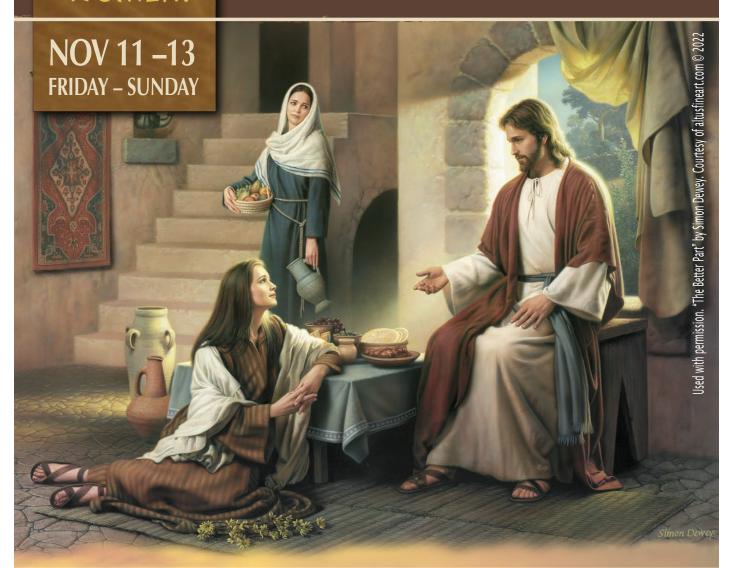
2nd and 4th Thursdays, 6:30 - 8:00pm Explore what it means to be a Woman of God!

**Tatiana Beltran** tbeltran@stmaryfred.org



# RETREAT FOR "BUSY" WOMEN!

# Finding Jesus as Mary & Martha

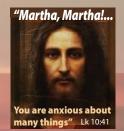


Fr. John Riley will serve the Ladies of St Mary's who gather together



at Jesus' feet to find PEACE, JOY, and BALANCE, as they LIVE, LOVE, AND PRAY in the world!

Retreat Cost: \$285 (financial aid may be available)
Contact Fr. Riley: Padre@HeartofCatechesis.org



GATHER AT SAN DAMIANO RETREAT CENTER IN WHITE POST, VA



IN THANKSGIVING FOR GOD'S GOODNESS
YOU ARE WARMLY INVITED TO ATTEND



The 6th Annual

# Yesi of Nazareth Foundation Dinner

Benefitting the Seminarians of Kerala, India







DR. MICHAEL HORNE
Featured Speaker
Director of Clinical Service,
Catholic Charities



JEANNE MANCINI
Keynote Speaker
President of the March for
Life and Defense Fund

# Friday, September 23, 2022

5PM AT RISTORANTE RENATO 422 WILLIAM STREET, FREDERICKSBURG, VA 22401

### **RSVP by September 19th**

GUATEMAYABYESI@GMAIL.COM | 571-238-2328



"Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest".

Matthew 9: 37-38



# operations

# given in love

#### **Weekly Offertory**

The next Financial Report will be published in the September 25th Bulletin.

The Second Collection on September 17 & 18 is for Parish Debt Reduction.

Thank you for your generosity.

#### **Pro-Life Reflection**

The Feast of the Triumph of the Holy Cross is September 14th. Because His death destroyed our own, the Cross is a symbol of ultimate triumph over evil and a symbol of the cross we must embrace in everyday life. Especially if we work to save the unborn, we are subject to ridicule and rejection. Our plans for pro-life activity should not be geared towards avoiding rejection but rather should count on it. Lord may we see the cross as our triumph today and forever. (Pro-life Reflections for Every Day)

#### Children's Offertory Envelopes for September

Children's Offertory Contributions for the month of September will be donated to the Stafford Junction HUGS Program. Stafford Junction is a faith-based nonprofit organization that serves highneed children, youth and their families residing in Stafford County. Their mission is to transform lives through faith and action. They partner with residents, local churches, service agencies, and businesses to connect lives, build relationships, and foster understanding across socioeconomic lines. Partners share the love of God by meeting the physical, emotional, intellectual, and spiritual needs of those we serve. HUGS (Helping Us Grow Strong) is a program uniquely designed to complement the success of the Brain Builders after school program by working with children ages zero to five. Offering activities to enhance children's social and emotional development, HUGS helps to prepare these children for the school environment. Additionally, their partnership with the YMCA

Massad Preschool allows the children to participate in structured preschool learning to further enhance their school readiness. For more information ,visit their website at **staffordjunction.org**. Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.

#### Respect Life Sunday National Life Chain Sunday - October 2

Annual Life Chain 2 - 3:30pm

#### What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that claims over one million American lives annually, and has claimed over sixty million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration. Hundreds of Christians - clergy and lay people -stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope Saint John Paul II who said, "When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."

St. Mary Parish will again participate in the Annual Life Chain on Sunday, October 2 and welcomes all our parishioners and local churches as well. We will meet in front of the Parish Life Center at 1:45pm to pick up our signs and walk up to Emancipation Highway (Route 1), where we will form a chain along Route 1 from Stafford Avenue to College Avenue. Please join us and take a stand for the unborn.

# Praying with the Saints The Most Holy Name of Mary,

September 12:

"The angel Gabriel was sent by God...to a virgin. The virgin's name was Mary." –Lk 1:26-27. With your hand in hers, you will never falter. With her protecting you, you will have no fear. Her kindness will always be with you. Then you will know from your own experience how true it is that "the Virgin's name was Mary." – St. Bernard of Clairvaux

Saint John Chrysostom, September 13: Witnessing to others is what it means to be a Christian. It would be easier for the sun to stop shining and giving forth heat than for a Christian not to send forth light; easier for the light to be darkness than for this to be so. – St. John. Let my Christian light shine forth, no matter the risk.

## The Exaltation of the Holy Cross, September 14:

How splendid the Cross of Christ! It brings life, not death; light not darkness; Paradise, not its loss. Jesus, by your Cross, You redeemed the world. I praise and thank You, Lord!

Our Lady of Sorrows, September 15: At the Cross her station keeping, / Stood the mournful mother weeping, / Close to Jesus to the last. Mother of Jesus, you suffering is incomprehensible. Help me to be mindful of your pain.

## Saints Cornelius and Cyprian, September 16:

When we pray, we pray not for one person but for all, because we are all one. –St. Cyprian Sts. Cornelius and Cyprian, teach me to be generous and unifying in my prayers.

Saint Robert Bellarmine, September 17. What is easier, sweeter, more pleasant, than to love goodness, beauty and love, the fullness of which you are, O Lord my God? – St. Robert. Saint Robert, your great learning and study drew you closer to God. Let me find God in the Scriptures.

# liturgy

# daily bread

#### **Saint Mary Prayer List - September**

Please pray for those who are sick or in need, especially:

Adam Burgh, Christopher Breth, Gemma Anglin, Jason Stoker, Joanne O'Brien, John Curtis, Judy Meador, Louise Curtis, Michael Fedowitz III, Shirley Bozicevic, Stefanie Fell, Carlos Enrique, Vera Pompa, Heather Clemens, Anthony D'Ostilio, Ted Jung

### Please pray for all the men and women in our military and civilian support services overseas, especially:

Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Monica Hannan, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

#### St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

#### Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at **cushingwr@gmail.com**/540-840-5230 or Wanda at **wandasj823@gmail.com**/540-538-6978.

#### **Daily Mass Intentions**

#### September

#### **19 MONDAY**

6:30am Cirilo and Victorio Catolico+ 9:00am Mary Ann Seidlinger Prv 3:27-34/Lk 8:16-18

#### **20 TUESDAY**

6:30am Julie McGee+ 9:00am Michael Correa Prv 21:1-6, 10-13/Lk 8:19-21

#### 21 WEDNESDAY

6:30am Antonio McAdams Jenkins 9:00am Rev. Sean T. Koehr 12:00pm John Murphy+ Eph 4:1-7, 11-13/Mt 9:9-13

#### **22 THURSDAY**

6:30am Karen and Glen Sturtevant 9:00am Charles White+ Eccl 1:2-11/Lk 9:7-9

#### 23 FRIDAY

6:30am Gabriel Rizk 9:00am Mason Sims Eccl 3:1-11/Lk 9:18-22

#### **24 SATURDAY**

9:00am Cathy and Erick Guacena 5:00pm Patrick Leo Petro Sr.+ 7:00pm Charles Martin+ Eccl 11:9—12:8/Lk 9:43b-45

7:00am William J. Hocter Sr.+

#### **25 SUNDAY**

8:30am Anthony Khang Nguyễn+
10:30am James Holzworth
10:30am\* Richard Marucci & Leslie Dreadan
12:30pm Our Military Living & Deceased
For Our Parish
Noreen Vondel+
7:00pm All Souls in Purgatory
Am 6:1a, 4-7/1 Tm 6:11-16/Lk 16:19-31

\* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.