THIRTY-THIRD SUNDAY IN ORDINARY TIME

November 13, 2022 Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

announcements



New Parishioner Welcome

Welcome to St. Mary's! Sign-up TODAY for a visit and a chat with your pastor, Fr. Mosimann and members of our Welcoming Committee. Sunday, December 4th 9:30am-12:30pm. Sign-up using this link bit.ly/3PWnuDB for a special time set aside for just you (and your family). Meetings will take place in the Courtyard Meeting Room (Fr. Rooney Room) behind the church - the room with all the crucifix's on the wall! Questions, email

Elena at edoyle@stmaryfred.org
WELCOME!!!

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday: 6:30am, 9am M/W/F: 12 Noon Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Monday, after 9am Mass Divine Mercy, Wednesday, 3pm

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday, 8:30am - 4:30pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor Fr. Sean Koehr, Parochial Vicar Fr. Scott Sina, Parochial Vicar Fr. Phillip Cozzi, Parochial Vicar Fr. Robert Renner, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Giovanni Camacho

stmaryfred.org

MUSIC

Director of Music, David Uschold Assistant to the Music Ministry, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553 Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas Associate Director, Mary Buer Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran Assistant Youth Minister, Catie Espiritu

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

> Saint Mary of the Immaculate Conception 1009 Stafford Avenue Fredericksburg, VA 22401

from our pastor

pax et bonum

Dear Folks,

A word of thanks to Officer Thomas Worthy. This week marks the 20th Anniversary of him helping and working with us here at St. Mary's! He retired from the Fredericksburg Sheriff's Office a few years ago after 25 years of work in law enforcement, court security, and animal control. However he has continued to work at City Hall and also help us with traffic control, and being a great presence for us on Sundays!

During the pandemic, since there was much less traffic, he asked to help in any way we wanted! Since he is known and loves our community, he helped with welcoming folks at the front door, ushering, and being a constant presence of happiness and joy. One concerned parishioner said, "Did the governor send the police to stop us from having Mass?" I was able to say, "Haha, no! That's our very own friendly traffic cop, helping keep us safe and doing whatever he can! I am so glad he is here."



So maybe this weekend you can take an extra second, stop and thank him with a wave and a smile! St. Mary's is grateful for Officer Worthy's 20 years of service to our parish family!

pax,

Faller Mosimum





education

holy cross academy



A National Blue Ribbon School of Excellence





HCA Preschool

October was such a busy and fun month at HCA Preschool! Our classes took a field trip to Braehead Farm to learn about pumpkins, animals, and bees OH MY! We even got to take a hayride! Our religion topics this last month were Guardian Angels, Noah's Ark, and Saints. Some of the other themes we explored were the pumpkin life cycle, the changing of seasons, and dinosaurs. Our month ended with us celebrating Halloween and the arrival of autumn with our families at our annual Fall Festival!

The first weeks of November see us celebrating our veterans, studying community helpers, learning about Native Americans in the Fredericksburg area, exploring gratitude and the power of prayer intentions, and of course getting ready for Thanksgiving. Holy Cross Academy Preschool is such a wonderful place for children to play, learn and grow! If you have any questions about our preschool program, please reach out to our director, Sheri Castellarin via email at **preschool@holycrossweb.com** or by phone at 540-373-7553.

Open Positions at Holy Cross Academy

Interest in joining our team? Holy Cross Academy is looking for a Middle School Science teacher beginning January 2, 2023.

For more information on this position and others in the Diocese of Arlington, please visit: https://bit.ly/32w7x3T







education

religious education

Religious Education Upcoming Events:

Monday to Wednesday, November 14-16 Religious Education Classes

Tuesday, November 15

Advent Confession for Grades 3-8 RE students at HCA

Monday to Wednesday, November 21-23

No Religious Education Classes, Thanksgiving Break,

Monday, November 21

Eucharistic Adoration in Spanish at 7pm in the church

Monday to Wednesday, November 28-30

Religious Education Classes

Advent Confession for Grades 3-8 RE students at St. Mary

Saints Parade

On Monday, October 31, Religious Education students and parents participated in Saints Parade. It started in the main hall of the Parish Life Center with a short prayer service. This was followed by a parade around the Life Center. At the end of the parade all participants were treated to candy and religious items.

First Communion Meeting

On Thursday, November 3, two First Holy Communion meetings were held. The first, in English, began at 6pm. The second was in Spanish began at 7pm.

Both began with a short Eucharistic adoration led by our pastor. The adoration was followed by a short presentation to parents encouraging them to their best to keep their children Catholic by living the life that gives evidence to what they believe, talking to their children about our Faith, attending Mass at least on Sundays, having family Faith traditions such as Sunday Mass attendance, prayers at family meals, Eucharistic adoration, Advent wreath and other Catholic devotions. Our pastor flavored each presentation to his audience.

Our pastor's presentation was followed by a discussion of the flyer given to parents. Mary Buer discussed it English and Tatiana Beltran discussed it in Spanish.







Week of November 13, 2022



Saints Peter and Paul

Join Dr. Ben Akers and Taylor Kemp to expand your knowledge of sacred art. In this episode on FORMED, they discuss an icon depicting Sts. Peter and Paul.



St. Giuseppe Moscati

Giuseppe Moscati, "the holy physician of Naples," was a medical doctor and layman in the early twentieth century who came from an aristocratic family and devoted his medical career to serving the poor. Watch this beautiful film to be inspired by the example of this holy man.



St. Frances Cabrini

No one would have assumed that a sickly girl from Italy would be accepted into a convent nor travel far from home. Yet, St. Frances went on to prove both assumptions incorrect, becoming a nun and missionary who would establish schools, orphanages and hospitals all across America.

Our parish has a FORMED subscription

SIGN UP FOR FREE AT FORMED.ORG/SIGNUP CLICK REGISTER THEN ENTER PARISH CODE: F6F228



our parish ministry highlight

Micah Furniture Bank

The Furniture Bank provides used furniture and household items to homeless and otherwise needy individuals and families who are being set up in housing in the greater Fredericksburg area. Since the Furniture Bank's inception, St. Mary parishioners have been supporting this important outreach ministry.

Join the St. Mary Pickup and Delivery Team. The team is always looking for individuals to help out with furniture deliveries and pickups. The team splits into crews of 2 to 4 people, depending on the size of the loads to be delivered or picked up. Some volunteers have pickup trucks or vehicles with utility trailers while others are just willing to help out loading and unloading the vehicles. The only requirement to join the team is a willingness to work with fellow parishioners in helping those in need in our area

The St. Mary's team works the third Saturday of the month at 8am and loads up and delivers items from the warehouse to Micah clients, then picks up donated items and brings them to the warehouse. Delivery and pick-up assignments are usually completed by Noon. You do not need to volunteer every month.

Frequency of participation on the team is flexible. Volunteers do not have to work every month, only as their schedule permits. If you are interested in making a difference in the lives of the less fortunate in this area, join the St. Mary team. For more information or to join the team, please contact Rich LaRoche at **703-963-7726** or **stone48@verizon.net**

GREAT MINISTRY FOR FATHER & SON --- OR FATHER & DAUGHTER TOO!



our parish youth ministry



Build your confidence to become a strong example of Christ for the people in your life - especially among your peers!





YOUCAT
WEDNESDAY, NOV. 16
JOHN PAUL II HOUSE
6:30-8:00PM

all high school girls welcome!

Middle School Youth Group

The state of the s

1st and 3rd Fridays 6:30pm - 8:00pm Parish Life Center



MIDDLE SCHOOL DINNER TEAM VOLUNTEERS NEEDED!

We are in need of volunteers to help plan, prepare, and serve dinner to our **middle school** teens before CYM Youth Group. Volunteers will work in teams of 6-7 to plan and cook meals once every few months.

Contact Us for More Information!

tbeltran@stmaryfred.org

cespiritu@stmaryfred.org

our parish

happenings



St. Mary's Special Thanksgiving Food Drive

Supporting Catholic Charities Migration & Refugee Services, those in our parish in need of support AND area school's social services

We are hoping to provide over 250 families with a Thanksgiving Meal ~ Can you help?

Working with our Religious Education Students, Holy Cross Academy Students & Parish Families – WE THINK WE CAN DO IT!

If interested, pick-up a special blue St. Mary bag located in the Church vestibule (wooden cabinet across from the ladies restroom)

Purchase items listed and return the COMPLETED bag to the Parish

Office

No later than Monday, November 14th

Items needed:

- (1) box of mashed potatoes, (4) cans of corn, (4) cans green beans,
- (2) cans sweet potatoes/yams, (2) jars of gravy, (2) box of stuffing,
- (1) can cranberries, (1) brownie or cake mix, (1) aluminum foil **Please try NOT to purchase glass containers**

GOD BLESS YOU!

KofC Fall Harvest Dinner

On Saturday, November 19, the Knights of Columbus Council 4034 will be hosting a family dinner in the Parish Life Center (PLC) beginning immediately after the 5pm Mass until 8:30pm. All proceeds will be used to upgrade the PLC kitchen equipment.

Prices: Adults/Teens - \$12, Seniors (60+) - \$10, Children (7-12) - \$8 MAXIMUM cost per family - \$35

Cash Bar (beer and wine). Must be 21 years or older to purchase or consume alcohol. No alcohol permitted to leave the PLC.

Menu: Baked ham, stuffing, candied yams, green beans almondine, pumpkin and apple pies

CCW Meeting

Our guest speakers on Tuesday the 15th will be Donna Harring and Mary Owen, who will tell us about the St. Mary Capital Campaign launching in December; and Elena Doyle, who will give us an overview of the St. Mary Outreach Program. Our meeting will start at 10am with our speakers; we'll have a refreshments break, a 50/50 \$\$ drawing, and a brief business meeting. Please join us in the Father Rooney Community Room on the courtyard for an interesting and informative program! To learn more about the St. Mary Council of Catholic Women, visit our website, stmaryccw.org and follow us on Facebook at fb.com/StMaryCCW.

Cursillo

Cursillo/School of Leaders to be held at St. Mary of the Immaculate Conception, (Parish Life Center) on November 19 from 11-1:30. There will be Group Reunion, a witness talk, and it is POTLUCK. All are welcome!

Cursillo Group Reunion

On Thursdays at St. Mary of the Immaculate Conception there is an open Group Reunion for any Cursillista to attend. Mass is at Noon at St. Marys. The Group Reunion follows immediately in the Father Rooney Room behind the church. If we have more than 5 people, we will divide into groups. You may bring a drink, but we try to keep it to an hour. Please invite friends you have grouped with before. During the holidays we do not meet.

Knights of Columbus – Christmas Tree Sales Fundraiser

The Knights of Columbus St. Mary Council 4034 is kicking off our Christmas Tree sales fundraiser. Sales are in the lot behind St. Mary and will start on Saturday after Thanksgiving - November 26 through December 23 or until we sell out.

These are Virginia grown (Mt. Rogers), freshly cut premium Firs with beautiful long-lasting soft needles and that great evergreen smell. The trees will be sold on weekends from 8am-8pm and weekdays (Wednesday through Friday, but not Monday or Tuesday) from 3-8pm.

We also will be glad to work with anyone interested in volunteering to help with fulfilling your individual or group's community service requirements.

Questions about the Tree Sales can be directed to Tim Fleming – through email at **timgflemings@gmail.com**.

Please help us support the church and the community through helping the Knights of Columbus with your live Christmas Tree purchase.

our parish

happenings

Bethlehem Carving Group Sale of Handmade Olive Wood Carvings & Articles

Please be sure to visit the display of handmade olive wood carvings and other articles outside the Church after all the Masses on November 19 & 20!

Our Bethlehem Christian families continue to endure much hardship in the Holy Land. The Christian population used to be 37% It is now 1%.

Your purchase provides much needed support!
Thank You!!

ADORATION OF THE BLESSED SACRAMENT



Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven" - St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator Adoration@stmaryfred.org



Emotional Wellness...From the 'Inside-Out'

Emotional wellness, or emotional health, is your ability to successfully navigate the stress you face in life in a healthy, positive way. It's also how you can learn to adapt and course-correct during difficult times. Emotional wellness group can help you deal with challenges you may be facing — from relationship issues, to grief, to substance use, to how to direct emotions & behaviors rightly.

For more information or to join group, please contact Catholic Charities Admin. Assistant at 540-371-1124 Monday-Thursday from 8am to 2pm.

What: In-Person Therapy Support Group

Where: Catholic Charities Family Services Building 1101 Stafford Ave Fredericksburg, VA [right next door to St. Mary's IC Church]

When: Starting Monday January 16 to Monday March 20 10 weeks from 5pm to 6:30pm

Who: Any Male or Female 18+ and older

Certificate Upon Completion of Group!





Sexual Identities and Human Realities:

Obtaining a Better Understanding of the Cultural Challenge in Light of the Church's Teaching

Speaker: Dr. Michael Horne

Date: Wednesday, November 16th

Time: 7:00 PM

Location: The Summit Academy in the Main Church ~ 5888 Plank Road Fredericksburg, VA 22407

Contact: 540-684-3989 with any questions.

*Please park your cars in the upper lot as the church has an event in the lower half of the building

It used to feel that it was difficult enough just to have "the talk" with children. It is news to no one that teenagers, and pre-teens are being socialized to approach sexuality and human relationships differently today than their counterparts did 50 or even 10 years ago.

Catholic parents may understand that it is simply not enough to present God's plan for human love as a series of negative rules. Still, it remains the case that we may often feel ill-equipped to speak to our children about sexuality in a way that is relevant and positive, and even speaks hope into their lives and affirms their calling as men and women.

The Summit Forum is an opportunity for us to hold conversations with the community that are relevant to both our school and the culture at large. Our presenter this month is Dr. Michael Horne, who is a husband, father of four, licensed clinical psychologist and director of clinical services for diocesan Catholic Charities. Some of the questions that Dr. Horne will cover include:

- What are some of the common cultural misunderstandings regarding the origins and outcomes of various sexual identities?
- How can we gain an understanding of what is healthy and unhealthy?
- Is there credible evidence that employs both sound psychology and trustworthy Church teaching to equip parents in nurturing their children towards maturity?
- How can we effectively and credibly communicate the beauty of God's plan?
- How do we prepare kids to enter a wounded world and also see and affirm what is good?

All parents are highly encouraged to attend. However, please note that the presentation is intended for parents rather than students. Parents are welcome to invite friends from inside and outside the school community but will likely feel more comfortable leaving children (particularly younger children) at home.

vida parroquial

noticias en español

Requisitos para recibir los Sacramentos

BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

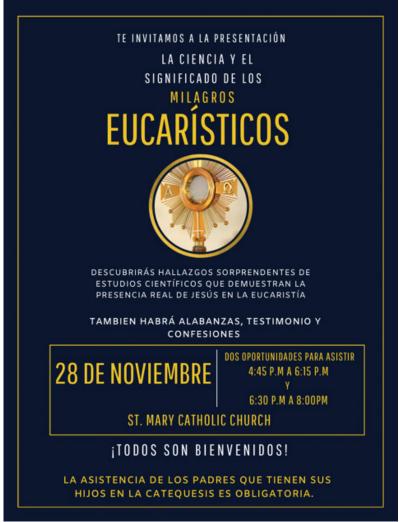
RECONCILIACIÓN

- Miércoles 11:30 am 12:00 pm,
 6:30 8:30 pm
- Sábados 8:00 8:30 am y 3:30
 4:30 pm

QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al 540) 373-6491





operations

given in love

Weekly Offertory

Donations Received November 1-7

Sunday Offertory	\$27,777.55
Military Archdiocese	\$9,692.00
All Saints Day	\$7,915.00
All Souls Novena	\$8,916.00
Parish Debt Reduction	\$245.00
St. Vincent de Paul Poor Box	\$95.00

Thank you for your generosity.

Catholic Campaign for Human Development

November 19 & 20

Our second collection next weekend is to support the Catholic Campaign for Human Development. There are over 46 million people in the United States living in in poverty, and this collection supports programs to empower local communities to address the challenges they face. The Catholic Campaign for Human Development supports those living in poverty across the country to identify and address the unique obstacles they face as they work to lift themselves out of poverty. In addition, 25 percent of funds collected will remain in our diocese to fund local anti-poverty projects. By supporting this collection, you are giving those on the margins a hand up, not a hand out. Please be generous.

En la próxima semana, nuestra segunda colecta será para la Campaña Católica para el Desarrollo Humano. En los Estados Unidos hay más de 46 millones de personas que viven en la pobreza y esta colecta financia programas para capacitar a las comunidades locales para enfrentar los desafíos que se les presenten. La Campaña Católica para el Desarrollo Humano apoya a aquellos que viven en la pobreza en nuestro país a fin de identificar y encarar los singulares obstáculos que ellos enfrentan mientras que tratan de salir de la pobreza. Además, el 25 por ciento de los fondos recaudados permanecerán en nuestra diócesis para financiar provectos anti-pobreza en nuestra área. Al contribuir a esta colecta, ustedes están dándoles una mano, no una limosna, a aquellos que viven en la periferia. Por favor, sean generosos.

Pro-Life Reflection

God has joined all humanity to Himself in Christ. There is only one human nature, shared by all human beings, born and unborn, healthy and sick, rich and poor, wanted and unwanted. Every one of these human beings is joined to God through the Incarnation, which means our humanity has a sacred value even greater than it received just by being created. Thank You, Lord Jesus, for taking upon Yourself our human nature and for uniting our human family in Yourself.

Have a Scrip kind of Christmas

Christmas is coming! Have you placed your Scrip order yet?? Scrip is a great way to shop for all your holiday needs. Start pre-ordering your cards now so you can be ready bright and early for the Holidays. We have many great retailers like Walmart, Target, Macy's, Kohl's, Lowes, Home Depot, Bass Pro Shops, and many more in inventory now. We can order other cards from over 750 retailers. There are no activation fees on Scrip gift cards, and they don't expire. Check out the retailer list at **raiseright.com**. Scrip can help you budget your holiday shopping expenses and help HCA at the same time. Stop by the Scrip table today and find out how to use Scrip for all your shopping needs! Last day to order Scrip cards is 13 December to ensure Christmas delivery. The last weekend for Scrip sales after masses will be the 19/20 December. Shop early and support HCA!

To set up an account at raiseright.com, use our school code, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or would like the school code, or to place an order, please email the Scrip Coordinator at scripcoordinator@holycrossweb.com. Thanks for using Scrip and supporting Holy Cross Academy.

Children's Offertory Envelopes - November

Children's Offertory Contributions in November will be used for Christmas gifts for teenagers in foster care in the City of Fredericksburg. This age group is often overlooked at Christmas, and the contributions made in November will be sent to Social Services for gifts or gift cards. Children's Offertory Envelopes are available in the Religious Education Office. All proceeds from these envelopes go to a different children's charity each month.

Praying with the Saints

Saint Albert the Great, November 15: Saint Albert, when I receive the Holy Eucharist, remind me that Jesus lived, and died, and rose for us.

Saint Margaret of Scotland, November 16: Saint Margaret, you brought faith to your family and country. May my actions increase the faith of my family and community.

Saint Gertrude, November 16: "Eternal Father, I offer You the most precious blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my family. Amen." (Prayer given to St. Gertrude by Our Lord)

Saint Elizabeth of Hungary, November 17: Saint Elizabeth, in 24 years you loved more fully than most who live to old age. Help me to be loving and generous.

Saint Rose Philippine Duchesne, November 18: Saint Rose, the Native Americans you served called you "Woman-Who-Prays-Always." May I, too, pray always.

Dedication of Basilicas of Saints Peter and Paul, November 18: Defend your Church, O Lord, by the protection of the holy Apostles, that, as she received from them the beginnings of her knowledge of things divine, so through them she may receive, even to the end of the world, an increase in heavenly grace. Through our Lord Jesus Christ, your Son.

liturgy

daily bread

Saint Mary Prayer List - November

Please pray for those who are sick or in need, especially:

Chris Breth, Gabriella Burnette, Amy Christofferson, Gary Rolla, Gemma Anglin, Jason Stoker, Jim and Carolyn Beard, Joanne O'Brien, Sarah Reschick, Shirley Bozicevic, Thomas Vavrick, Christopher Clemens, Denise Farr, Carrie Trybus, Ted Jung, Jan Floom, Joseph Krieg, Theresa & Keith Kovlefsky, Larry & Linda Dillman, Mark and David Smetek

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at **cushingwr@gmail.com**/540-840-5230 or Wanda at **wandasj823@gmail.com**/540-538-6978.

Daily Mass Intentions

November

14 MONDAY

6:30am Kenneth Ellerbe+ 9:00am Stephen Inguanti, Jr.+ Rv 1:1-4; 2:1-5/Lk 18:35-43

15 TUESDAY

6:30am Mary Lou Halovich 9:00am Barbara Michalski+ Rv 3:1-6, 14-22/Lk 19:1-10

16 WEDNESDAY

6:30am Jamie Smith 8:15am* Joseph Hellmann+ 9:00am Charles White+ Rv 4:1-11/Lk 19:11-28

17 THURSDAY

6:30am Nancy Perdion+ 9:00am Jack Alrutz+ Rv 5:1-10/Lk 19:41-44

18 FRIDAY

6:30am Antonio Cabrera 9:00am Rita Vargas Rv 10:8-11/Lk 19:45-48

19 SATURDAY

9:00am Shirley Barlow+ 5:00pm Nancy Sims 7:00pm Rosalie Mullady+ Rv 11:4-12/Lk 20:27-40

20 SUNDAY

7:00am Maria Louwerf+
8:30am Danielle Zuccaro
10:30am John Murphy+
10:30am* David Spellman+
12:30pm Connie Sielicki
2:30pm Amelia Hernandez+
5:00pm For Our Parish

7:00pm George and Mary Ellison+ 2 Sm 5:1-3/Col 1:12-20/Lk 23:35-43

* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the
parish office for any remaining Masses of the year. If a desired
date is no longer available, you are welcome to request an
intention that is "unscheduled," and one of the priests will
gladly celebrate Mass for your intention at an extra Mass
during the week or as a concelebrant.