

# THE SOLEMNITY OF OUR LORD JESUS CHRIST

November 20, 2022



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# announcements



## New Parishioner Welcome

Welcome to St. Mary's! Sign-up TODAY for a visit and a chat with your pastor, Fr. Mosimann and members of our Welcoming Committee. Sunday, December 4th 9:30am-12:30pm. Sign-up using this link [bit.ly/3PWnuDB](https://bit.ly/3PWnuDB) for a special time set aside for just you (and your family). Meetings will take place in the Courtyard Meeting Room (Fr. Rooney Room) behind the church - the room with all the crucifix's on the wall! Questions, email Elena at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)

**WELCOME!!!**

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday: 6:30am, 9am  
M/W/F: 12 Noon  
Saturday: 9am  
First Friday 8pm  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Monday, after 9am Mass  
Divine Mercy, Wednesday, 3pm

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday, 8:30am - 4:30pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm

Fr. John Mosimann, Pastor  
Fr. Sean Koehr, Parochial Vicar  
Fr. Scott Sina, Parochial Vicar  
Fr. Phillip Cozzi, Parochial Vicar  
Fr. Robert Renner, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### MUSIC

Director of Music, David Uschold  
Assistant to the Music Ministry, Malinda Jones

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION

Director, Aristides Lucas  
Associate Director, Mary Buer  
Administrative Asst, Lori Barlow

### YOUTH MINISTRY

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the  
date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six  
months in advance to begin preparation.

**Articles must be submitted two weeks prior to publication.**  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue  
Fredericksburg, VA 22401



# from our pastor pax et bonum

Dear Folks,

Viva Christo Rey! and Merry Christmas! At least it is Christmas where I type, because every day in Bethlehem is Christmas! I am sending this along with a few pix from the Holy Land pilgrimage.

I can attest that the folks here have been keeping your prayer intentions in mind, and also on every altar where we have offered Mass! I printed out the intentions you sent me and put my little sister in charge of carrying the full envelope around, and putting it on every altar!

This weekend is the Feast of Christ the King, and it will be the first time that I haven't been in Virginia to celebrate it. I hope that you remember when I typed "Viva Christo Rey," that I fully expect you to have responded with a resounding "Viva!" May Christ the Lord reign in our hearts as He rules over the entire universe.

Thanksgiving is coming! I may have to write my annual ten things I am thankful for note next week.

And finally, with next Sunday being the first Sunday of Advent, please remember that our 7pm Mass on Sunday night will be a Candlelight Mass! We will turn down the lights and add more candles and get into the advent mood!

See you soon! Prayers for you from the Holy Land!

pax,

*Fr. Mosimann*

Fr. Mosimann





education

# holy cross academy



*A National  
Blue Ribbon  
School of  
Excellence*



## HCA Preschool

October was such a busy and fun month at HCA Preschool! Our classes took a field trip to Braehead Farm to learn about pumpkins, animals, and bees OH MY! We even got to take a hayride! Our religion topics this last month were Guardian Angels, Noah's Ark, and Saints. Some of the other themes we explored were the pumpkin life cycle, the changing of seasons, and dinosaurs. Our month ended with us celebrating Halloween and the arrival of autumn with our families at our annual Fall Festival!

The first weeks of November see us celebrating our veterans, studying community helpers, learning about Native Americans in the Fredericksburg area, exploring gratitude and the power of prayer intentions, and of course getting ready for Thanksgiving. Holy Cross Academy Preschool is such a wonderful place for children to play, learn and grow! If you have any questions about our preschool program, please reach out to our director, Sheri Castellarin via email at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com) or by phone at 540-373-7553.

## Open Positions at Holy Cross Academy

Interest in joining our team? Holy Cross Academy is looking for a Middle School Science teacher beginning January 2, 2023.

For more information on this position and others in the Diocese of Arlington, please visit: <https://bit.ly/32w7x3T>



# education religious education

## Religious Education Upcoming Events:

### Monday to Wednesday, November 21 - 23

No Religious Education Classes, Have a blessed Thanksgiving

### Monday, November 28

Encounter Christ in Praise, Worship & Confession in Spanish at 7pm in the Church

### Monday to Wednesday, November 28 - 30

Religious Education Classes

Advent Confessions for Grades 3-8 RE students at St. Mary

### Saturday, December 3

Catechist Certification Classes in the JPPII Building-Upstairs

### Monday, December 5

Second Meeting with parents of children to be baptized at 6:30pm in the PLC

### Monday to Wednesday, December 5 - 7

Religious Education Classes

### Saturday, December 10

SPRED class in the Main Hall of the PLC from 10am to 12 noon

### Monday, December 12

Feast of Our Lady of Guadalupe

### Monday to Wednesday, December 12 - 14

Religious Education Classes

### Saturday, December 17

Catechist Certification Classes in the PLC

### Monday to Wednesday, December 19 - 21

Religious Education Classes

### Monday to Wednesday, December 26 - 28

No Religious Education Classes Christmas Break

### Saturday, January 7

Baptism of Religious Education students at 10am in the church  
SPRED class in the Main Hall of the PLC from 10am to 12 noon

### Monday, January 9

Eucharistic Adoration in Spanish at 7pm in the church

### Monday to Wednesday, January 9 - 11

Religious Education Classes, Parents attend class with their children

education

THIS WEEK ON  
**FORMED**

Week of November 20, 2022



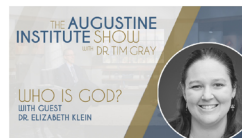
### Sacred Art: Christ the King

Sit down with Dr. Ben Akers and Taylor Kemp as they explore Catholic theology through the lens of Sacred Art. In this episode, they discuss the Solemnity of Jesus Christ, King of the Universe.



### Ode to Saint Cecilia

The lives of the saints are epic stories and particular expressions of God's grace in humanity. Celebrate St. Cecilia with this audio drama by the Augustine Institute Radio Theatre.



### Who is God? The Augustine Institute Show

Who is God? If we want to love God and make him the center of our lives, we would do well to settle this question at least in some small way. Tim Gray welcomes Professor Elizabeth Klein to discuss this topic.

Our parish has a FORMED subscription.

**SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)  
CLICK REGISTER THEN ENTER PARISH CODE: F6F228**

# our parish ministry highlight

## Micah Furniture Bank

The Furniture Bank provides used furniture and household items to homeless and otherwise needy individuals and families who are being set up in housing in the greater Fredericksburg area. Since the Furniture Bank's inception, St. Mary parishioners have been supporting this important outreach ministry.

**Join the St. Mary Pickup and Delivery Team.** The team is always looking for individuals to help out with furniture deliveries and pickups. The team splits into crews of 2 to 4 people, depending on the size of the loads to be delivered or picked up. Some volunteers have pickup trucks or vehicles with utility trailers while others are just willing to help out loading and unloading the vehicles. The only requirement to join the team is a willingness to work with fellow parishioners in helping those in need in our area

**The St. Mary's team works the third Saturday of the month at 8am** and loads up and delivers items from the warehouse to Micah clients, then picks up donated items and brings them to the warehouse. Delivery and pick-up assignments are usually completed by Noon. You do not need to volunteer every month.

Frequency of participation on the team is flexible. Volunteers do not have to work every month, only as their schedule permits. If you are interested in making a difference in the lives of the less fortunate in this area, join the St. Mary team. For more information or to join the team, please contact Rich LaRoche at **703-963-7726** or **stone48@verizon.net**

**GREAT MINISTRY FOR FATHER & SON --- OR FATHER & DAUGHTER TOO!**





our parish

# youth ministry

*You're Invited!*

## ST. MARY YOUTH MINISTRY

ALL MIDDLE AND HIGH SCHOOLERS WELCOME!

### HIGH SCHOOL YOUTH GROUP (9th-12th)

Every Sunday, 6:00 - 8:30pm

*Dinner, friends, and faith formation for high school!*

### FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:30-8:00am

*Explore what it means to be a Man of God!*

### YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm

*Dive deeper into your Catholic faith!*

### SENIOR MINISTRY (12th)

Monthly meetings TBD

*Prepare to live out your faith beyond high school!*

### MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm

*Dinner, friends, and faith formation for middle school!*

### FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm

*Explore what it means to be a Woman of God!*

**Tatiana Beltran**

[tbeltran@stmaryfred.org](mailto:tbeltran@stmaryfred.org)



**@stmarycym**

**Catie Espiritu**

[cespiritu@stmaryfred.org](mailto:cespiritu@stmaryfred.org)

### Middle School Youth Group

1st and 3rd Fridays

6:30pm - 8:00pm

Parish Life Center

## MIDDLE SCHOOL DINNER TEAM VOLUNTEERS NEEDED!



We are in need of volunteers to help plan, prepare, and serve dinner to our **middle school** teens before CYM Youth Group. Volunteers will work in teams of 6-7 to plan and cook meals once every few months.

Contact Us for More Information!

[tbeltran@stmaryfred.org](mailto:tbeltran@stmaryfred.org)

[cespiritu@stmaryfred.org](mailto:cespiritu@stmaryfred.org)

# our parish happenings

## Adult Confirmation

There will be an Adult Confirmation class led by Deacon Dick beginning in the new year. The class is for anyone who has been baptized and received First Holy Communion but not had the opportunity to be Confirmed. The Class will run about 8 weeks. It is also open to anyone who would like a refresher on the Catholic Faith. Please call the parish office if you wish to be part of the class.

## Knights of Columbus – Christmas Tree Sales Fundraiser

The Knights of Columbus St. Mary Council 4034 is kicking off our Christmas Tree sales fundraiser. Sales are in the lot behind St. Mary and will start on Saturday after Thanksgiving - November 26 through December 23 or until we sell out.

These are Virginia grown (Mt. Rogers), freshly cut premium Firs with beautiful long-lasting soft needles and that great evergreen smell. The trees will be sold on weekends from 8am-8pm and weekdays (Wednesday through Friday, but not Monday or Tuesday) from 3-8pm.

We also will be glad to work with anyone interested in volunteering to help with fulfilling your individual or group's community service requirements.

Questions about the Tree Sales can be directed to Tim Fleming – through email at [timgflemings@gmail.com](mailto:timgflemings@gmail.com).

Please help us support the church and the community through helping the Knights of Columbus with your live Christmas Tree purchase.

## Parish Book Club

The parish book club will meet on Tuesday, Dec. 13, and will begin with a brief discussion of The Canticle of the Creatures, written by St. Francis of Assisi. Also known as The Canticle of the Sun, the short work is widely available on the Internet. Attendees will next choose books for the 2023 year from the recommended titles submitted previously by members and supportive parishioners. After the selection process, the group will socialize and enjoy a cooperative luncheon. Reservations for lunch are required by Dec. 10. For more details, including directions, contact Kathleen Mahoney at [bmah761569@aol.com](mailto:bmah761569@aol.com) or 540-371-2073.

## ADORATION OF THE BLESSED SACRAMENT



**Adoration of the Blessed Sacrament  
at St. Mary's EVERY Wednesday  
following the 12 noon Mass ALL  
DAY – ALL NIGHT Wednesday &  
Thursday Concluding on Friday  
Mornings at the 9am Mass.**

*“To be alone with Jesus in adoration and  
intimate union with Him is the  
GREATEST GIFT OF LOVE – the tender  
love of Our Father in Heaven”  
- St. Mother Teresa of Calcutta*

**Contact: Serena Nguyen, Coordinator  
[Adoration@stmaryfred.org](mailto:Adoration@stmaryfred.org)**



our parish  
happenings

.... JOIN YOUR ST. MARY FAMILY ....  
IN GIVING THANKS

THANKSGIVING MASS AT 10AM

Please consider bringing donations from your food pantry  
For the Fredericksburg Food Bank

Come Celebrate the Feast of  
*St. Nicholas*

SATURDAY, DECEMBER 4<sup>TH</sup>

8am – 12 noon

Join us in the Parish Life Center for a wonderful breakfast  
of eggs & pancakes while enjoying some time visiting with  
St. Nicholas! Photos will be available!

All parishioners welcome. No cost.

# our parish happenings

## Coat Drive Success!

Thank you St. Mary & Holy Cross Academy families! Our coat drive was a HUGE success with almost 800 coats collected! We were able to outfit many of our parishioners in need with some beautiful, new and gently used coats, hats and mittens! The faces of the children and adults alike beamed as they tried on their new jackets- just in time for this cold spell!

The remaining coats were donated to the Shrine of the Sacred Heart Parish in inner city DC to help them keep their parishioners warm too!

Thank you to all who supported this wonderful event and those who volunteered their time to make it happen!



## SPRED

Special Religious Education, SPRED, will meet on Saturday, December 10 at 10am until 12 noon in the Parish Life Center. Our topic will be "Growing Together". If you have any questions about our SPRED program, please contact Mary Buer at [mbuer@stmaryfred.org](mailto:mbuer@stmaryfred.org).

A word of thanks to Officer Thomas Worthy. This week marks the 20th Anniversary of him helping and working with us here at St. Mary's! He retired from the Fredericksburg Sheriff's Office a few years ago after 25 years of work in law enforcement, court security, and animal control. However he has continued to work at City Hall and also help us with traffic control, and being a great presence for us on Sundays!

During the pandemic, since there was much less traffic, he asked to help in any way we wanted! Since he is known and loves our community, he helped with welcoming folks at the front door, ushering, and being a constant presence of happiness and joy. One concerned parishioner said, "Did the governor send the police to stop us from having Mass?" I was able to say, "Haha, no! That's our very own friendly traffic cop, helping keep us safe and doing whatever he can! I am so glad he is here."

So maybe this weekend you can take an extra second, stop and thank him with a wave and a smile! St. Mary's is grateful for Officer Worthy's 20 years of service to our parish family!





# vida parroquial

# noticias en español

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022  
Llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

TE INVITAMOS A LA PRESENTACIÓN  
LA CIENCIA Y EL  
SIGNIFICADO DE LOS  
MILAGROS  
**EUCARÍSTICOS**



DESCUBRIRÁS HALLAZGOS SORPRENDENTES DE ESTUDIOS CIENTÍFICOS QUE DEMUESTRAN LA PRESENCIA REAL DE JESÚS EN LA EUCARISTÍA

TAMBIEN HABRÁ ALABANZAS, TESTIMONIO Y CONFESIONES

**28 DE NOVIEMBRE** DOS OPORTUNIDADES PARA ASISTIR  
4:45 P.M A 6:15 P.M  
Y  
6:30 P.M A 8:00PM

**ST. MARY CATHOLIC CHURCH**

**¡TODOS SON BIENVENIDOS!**

LA ASISTENCIA DE LOS PADRES QUE TIENEN SUS HIJOS EN LA CATEQUESIS ES OBLIGATORIA.

Te invitamos a participar en la  
*Adoración Eucarística*  
alabanzas, testimonio y confesiones.



**Lunes 10 de Octubre**  
**7:00pm**

Lugar: St. Mary of Immaculate Conception

# operations given in love

## Weekly Offertory

### Donations Received November 7-15

Sunday Offertory	\$28,315.00
Retirement Fund for Religious	\$10,308.00
Military Archdiocese	\$785.00
All Saints Day	\$205.00
All Souls Novena	\$78.00
Parish Debt Reduction	\$603.10

### Faith Direct Donations November 4

Sunday Offertory	\$83,461.96
All Saints Day	\$2,968.00
Parish Debt Reduction	\$6,705.00
Catholic Campaign Human Development	\$2,273.00
Retirement Fund for Religious	\$4,843.00

*The Second Collection November 26 & November 27 is for Parish Debt Reduction.*

*Thank you for your generosity.*

*Due to early Bulletin deadlines for the Thanksgiving Holiday & Parish Office Holiday hours, the next Financial Report will be published in the December 4th Bulletin.*

### Masses were offered in October for the following unscheduled intentions:

*Mirko Zaunick, Michal Tran, +Gloria Mota, Erika Paquette, +Deidre McQuade (2), Ryan Sipe, Theresa Zaunick, Mirko & Theresa Zaunick, Ailien Tran, Peter F. Yuhas, Jr. (2), +Steven Beveridge, and +Lorraine Beyer.*

## Pro-Life Reflection

Jesus is Lord, not only of individuals, but of nations and the entire universe. All history finds its fulfillment in Him. The Dominion of Christ over all creation is shown in the fact that He has conquered death. That is why His followers are pro-life. They bear witness to His Kingdom and look forward to His Second Coming. Lord Jesus, continue to extend Your victory over death throughout the work of Your disciples.

## Parish Christmas Collection for Special Charity

### December 3 & 4

Last year we took up our special Christmas Collection for Charity for the parish church in the City of Ahepe in Togo, West Africa. The church, Immaculate Conception of the Miraculous Medal of Ahepe, had lost its entire roof due to a violent storm in March 2019. Since then, all Masses and Church celebrations have taken place outside in the open air, under tents and trees, at the mercy of the weather. Due to your generosity last year, we were able to send them \$17,681.00 which assisted them tremendously in starting the replacement of the Church roof. As you can tell from the pictures, they have made much progress, but much work still needs to be done, and to make matters worse the Church's rectory was recently robbed.

The parish church of the Immaculate Conception of the Miraculous Medal of Ahepe will again be our special Christmas Charity for this year, in the hope that we will again be able to assist our brothers and sisters in completing the rebuilding of their Church.

St. Mary's has been taking up a special Christmas collection for 27 years, and all donations received are distributed as a gift from our Parish to different charities. Thanks to your generosity, we have given over \$330,000 to special charities over these past 27 years. We know you will be generous, as you have always been, and we thank you for sharing the joy of this holy season with those who are less fortunate.

Please make checks payable to "St. Mary"

and include on the Memo Line: Togo Roof. Thank you!

## Have a Scrip kind of Christmas

Christmas is coming! Have you placed your Scrip order yet?? Scrip is a great way to shop for all your holiday needs. Start pre-ordering your cards now so you can be ready bright and early for the Holidays. We have many great retailers like Walmart, Target, Macy's, Kohl's, Lowes, Home Depot, Bass Pro Shops, and many more in inventory now. We can order other cards from over 750 retailers. There are no activation fees on Scrip gift cards, and they don't expire. Check out the retailer list at [raiseright.com](http://raiseright.com). Scrip can help you budget your holiday shopping expenses and help HCA at the same time. Stop by the Scrip table today and find out how to use Scrip for all your shopping needs! Last day to order Scrip cards is 13 December to ensure Christmas delivery. The last weekend for Scrip sales after masses will be the 19/20 December. Shop early and support HCA!

To set up an account at [raiseright.com](http://raiseright.com), use our school code, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or would like the school code, or to place an order, please email the Scrip Coordinator at [scripcoordinator@holycrossweb.com](mailto:scripcoordinator@holycrossweb.com). Thanks for using Scrip and supporting Holy Cross Academy.

## Children's Offertory Envelopes - November

Children's Offertory Contributions in November will be used for Christmas gifts for teenagers in foster care in the City of Fredericksburg. This age group is often overlooked at Christmas, and the contributions made in November will be sent to Social Services for gifts or gift cards. Children's Offertory Envelopes are available in the Religious Education Office. All proceeds from these envelopes go to a different children's charity each month.



# liturgy daily bread

## Saint Mary Prayer List - November

**Please pray for those who are sick or in need, especially:**

Chris Breth, Gabriella Burnette, Amy Christofferson, Gary Rolla, Gemma Anglin, Jason Stoker, Jim and Carolyn Beard, Joanne O'Brien, Sarah Reschick, Shirley Bozicevic, Thomas Vavrick, Christopher Clemens, Denise Farr, Carrie Trybus, Ted Jung, Jan Floom, Joseph Krieg, Theresa & Keith Kovlefsky, Larry & Linda Dillman, Mark and David Smetek

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

## Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at [cushingwr@gmail.com](mailto:cushingwr@gmail.com)/540-840-5230 or Wanda at [wandasj823@gmail.com](mailto:wandasj823@gmail.com)/540-538-6978.

## Daily Mass Intentions

### November

#### 21 MONDAY

6:30am Ismael Grandes+  
9:00am Frank and Margaret Clancy+  
Rv 14:1-3, 4b-5/Lk 21:1-4

#### 22 TUESDAY

6:30am Louis and Carolyn Farrell  
9:00am Emilia Quiles+  
Rv 14:14-19/Lk 21:5-11

#### 23 WEDNESDAY

6:30am Joseph Vu Trinh+  
9:00am John Karinshak+  
Rv 15:1-4/Lk 21:12-19

#### 24 THURSDAY

10:00am In Thanksgiving to God for  
All our Blessings  
Rv 18:1-2, 21-23; 19:1-3, 9a/Lk 21:20-28

#### 25 FRIDAY

6:30am Rose Dunneback  
9:00am Mary Ann Holzworth  
Rv 20:1-4, 11-21:2/Lk 21:29-33

#### 26 SATURDAY

9:00am Michael Fedowitz III  
5:00pm William Marlow+  
7:00pm Javier Flores  
Rv 22:1-7/Lk 21:34-36

#### 27 SUNDAY

7:00am Richard Massey+  
8:30am Barbara Walor+  
10:30am George Holzworth  
10:30am\* Suzette Young  
12:30pm Our Military Living & Deceased  
2:30pm Javier Flores  
5:00pm Christopher Grey+  
7:00pm For Our Parish  
Is 2:1-5/Rom 13:11-14/Mt 24:37-44

*\* Indicates Mass at Holy Cross Academy.  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*