# THE NATIVITY OF THE LORD



Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# capital campaign



# 2022 Capital Campaign

Growing Our Legacy of Faith

### CONTACT US

To schedule an appointment or if you have any questions about the "Growing Our Legacy of Faith" Capital Campaign

540-735-4506 capitalcampaign@stmaryfred.org

# In Gratitude for Christmas Blessings from the Campaign

Nothing is Impossible for God! These last few weeks have been filled with hope as we have "officially" launched "The Growing Our Legacy of Faith," Capital Campaign for St. Mary. We have now raised over 3.1 million, proving yet again that we are under His loving divine providence.

Over the last 6 months, our campaign team has had more than 200 meetings with families to share the details involved in funding the growing needs of our parish and school, Holy Cross Academy.

Thank you for answering your phones this December and for following up with our dedicated team of volunteers who are giving of their time and talent to make the campaign a success.

Many of you have taken the time to receive a visit and have already made a sacrificial pledge, THANK YOU!! We also express our gratitude to those who have been visited and are now prayerfully considering their sacrificial response.

Your generosity and goodness make our parish thrive! We appreciate your help in discerning what the key priorities should be to meet the future needs of our growing community; among them, the HCA expansion which includes the addition of five new classrooms and a cafeteria, an Adoration Chapel, a new roof for the Parish Life Center, debt reduction, (now at 1.4M- reduced, from 3.6M) and Program Enrichment for Youth Ministry, Adult Education, Marriage, and fellowship for our Seniors.

Merry Christmas and our prayers for God's Blessings in the New Year! We continue to entrust the success of this campaign to our Blessed Mother!!

> ST.MARY & HCA FAMILIES HAVE PLEDGED

\$3,195,120.63

**45.6% OF OUR IDENTIFIED NEEDS** 

# fromour pastor Dat CEL Donum

Dear Folks,

Happy Birthday Jesus!

Merry, Merry Christmas!

Christmas, as a holiday holds such a powerful sway in our culture because of the emotional power of nostalgia. We can't help but powerfully recall the special memories of childhood. So much of our character and personalities are shaped in the heart of our families. It is no wonder that popes have called the Holy Family "the school of Nazareth." Pope Emeritus Benedict said, "The house of Nazareth is a school of prayer where we learn to listen, to meditate, to penetrate the deepest meaning of the manifestation of the Son of God, drawing our example from Mary, Joseph and Jesus."

I remember once watching a young mother spend 5 minutes trying to teach her very young child how to genuflect and cross himself before going into a pew. She was so patient, and calm as the boy flopped around! It would have been so much easier for her to give up and sit in the pew, but I am confident that the lesson taught at such an early age will take deep root. That moment was a glimpse into how you are making your homes schools of prayer.

May the Virgin Mary and St Joseph help us to live the Mystery of Christmas with renewed gratitude to the Lord. In the midst of the frenetic activity of our day, may this Season give us some calm and joy and enable us to feel tangibly the goodness of our God, who became a Child to save us and to give new encouragement and light on our journey. This is my wish for a Blessed and Merry Christmas. To each and every member of our parish family, to your relatives and to your friends, in particular to the sick and the suffering, as well as those who have no one to celebrate this feast with.

Be assured of my prayers for you and my prayers of thanksgiving for the work that the Lord is doing in our lives.

And don't forget to sing Happy Birthday to the Lord of the universe!

pax,

Mosim

Fr. Mosimann

# *The* Christmas SEASON *at* Saint Mary

## SATURDAY, DECEMBER 31 SOLEMNITY of MARY, MOTHER of GOD

Vigil Mass 5pm, 7pm, and 12am (midnight) at Saint Mary Church

SUNDAY, JANUARY 1 SOLEMNITY of MARY, MOTHER of GOD 7am, 8:30am, 10:30am, 12:30pm, 2:30pm

(Spanish), 5pm, and 7pm at Saint Mary Church 8:30am & 10:30am at Holy Cross Academy

SUNDAY, JANUARY 8 FEAST of the EPIPHANY of the LORD

7am, 8:30am, 10:30am, 12:30pm, 2:30pm (Spanish), 5pm, and 7pm at Saint Mary Church 8:30am & 10:30am at Holy Cross Academy

# 

Dear Brothers and Sisters in Christ,

Today we rejoice in the birth of Our Savior! His arrival, foretold by prophets throughout the centuries, brings to the world a great mystery of our faith: this tiny baby, wrapped in swaddling clothes and laid in a humble manger - born of a virgin - was both human and divine. He is both our Creator and our Savior; both the Eternal Word, who existed before the beginning, and a man, who dwells among us.

In response to this mystery, our Blessed Mother proclaims, "*My soul rejoices in the Lord!*" These words are also the theme for this second preparatory year toward our diocesan Golden Jubilee celebration in 2024. We rejoice with her, as we celebrate the birth of Jesus, the incarnate Savior.

Jesus' birth was marked by a star shining in the sky. The light that Christ brought into the world on this day has shone brightly for two millennia. It has revealed God's glory as it has guided Christians to love one another, protect the vulnerable, care for the poor, serve those in need, educate children, heal the sick, welcome the newcomer, work for justice and live in peace with our neighbors.

As we celebrate the true Light coming into the world, may we strive daily to walk in that light always! May we also renew our promise to bring others into the light by sharing the love that God has for us, his beloved sons and daughters.

Please be assured of my prayers for you! May *your* soul rejoice in the Lord and may his peace and abundant blessings be yours this Christmas and always.

Sincerely in Christ,

Michael 7. Bushidge

Most Reverend Michael F. Burbidge Bishop of Arlington



# 

Queridos hermanos y hermanas en Cristo,

¡Hoy nos alegramos por el nacimiento de Nuestro Salvador! Su llegada, anunciada por los profetas a lo largo de los siglos, trae al mundo un gran misterio de nuestra fe: este pequeño bebé, envuelto en pañales y acostado en un humilde pesebre -nacido de una virgen- era a la vez humano y divino. Es a la vez nuestro Creador y nuestro Salvador; a la vez el Verbo Eterno, que existía antes del principio, y un hombre, que habita entre nosotros.

En respuesta a este misterio, nuestra Santa Madre proclama: "¡*Mi alma se alegra en el Señor!*". Estas palabras son también el lema de este segundo año preparatorio para la celebración de nuestro Jubileo de Oro diocesano en 2024. Nos alegramos con ella, mientras celebramos el nacimiento de Jesús, el Salvador encarnado.

El nacimiento de Jesús estuvo marcado por una estrella que brilló en el cielo. La luz que Cristo trajo al mundo en este día ha brillado con fuerza durante dos milenios. Ha revelado la gloria de Dios al guiar a los cristianos a amarse unos a otros, a proteger a los vulnerables, a cuidar de los pobres, a servir a los necesitados, a educar a los niños, a curar a los enfermos, a acoger al recién llegado, a trabajar por la justicia y a vivir en paz con nuestros vecinos.

Mientras celebramos la llegada de la verdadera Luz al mundo, ¡que nos esforcemos diariamente por caminar siempre en esa luz! Que también renovemos nuestra promesa de llevar a otros a la luz compartiendo el amor que Dios nos tiene, sus amados hijos e hijas.

Por favor, tengan la seguridad de que estoy rezando por ustedes. Que su alma se regocije en el Señor y que su paz y abundantes bendiciones sean suyas en esta Navidad y siempre.

Sinceramente en Cristo,

Michael 7. Benkidge

Mons. Michael F. Burbidge Obispo de Arlington

SAINT MARY of the IMMACULATE CONCEPTION stmarytred.org

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Holy Cross Academy

### **OPEN HOUSE**

SUNDAY, JANUARY 29 1:00 - 3:00PM

> SCHOOL HOURS 8:10AM - 3:10PM

AVIAT BEFORE & AFTER CARE

### **REQUEST A TOUR TODAY**

# It's All About the Children!

A National Blue Ribbon School of Excellence offering a strong academic program, daily religious instruction, character formation, numerous extracurricular opportunities, a variety of music and art programs, and much more! Come discover what a blessing Holy Cross Academy can be for your family! Holy Cross Academy administration, faculty and staff would like to wish you a blessed and merry Christmas!



CONTACT US: 250 Stafford Lakes Parkway Fredericksburg, VA 22406 Mrs. Deena Lanier dlanier@holycrossacademy.com

To learn more, visit us at holycrossweb.com

## **Religious Education Upcoming Events: A Quick Guide to Praying the Mass**

### Weekly Lectio Divina with Deacon Alberto

Tuesdays in English and Wednesdays in Spanish at 6:30pm on the Parish Facebook page

Monday to Wednesday, December 26 to 28

No Religious Education Classes Christmas Break

Saturday, January 7 Baptism of Religious Education students at 10am in the church

Saturday, January 7 SPRED class in the Main Hall of the PLC from 10am to 12 noon

Monday to Wednesday, January 9 - 11 Religious Education Classes, Parents attend class with their children

Monday, January 9 Eucharistic Adoration in Spanish at 7pm in the church

Monday to Wednesday, January 16 - 18 No Religious Education Classes, Semester 1 ends

Tuesday, January 17 2nd Catechist Meeting

Thursday, January 19 Year 1 Confirmation Formation Night

Saturday, January 21 SPRED class in the Main Hall of the PLC from 10am to 12 noon

Monday to Wednesday, January 23-25 Religious Education Classes, Semester 2 begins, Report Cards issued.

Monday to Wednesday, January 30 to February 1

**Religious Education Classes** 

# BY SR. BRITTANY HARRISON

I became a convert to Catholicism at age 14, so I never learned how to pray the Mass as a child. My later learning and eventual studying the prayers of the Mass and its spiritual movements greatly enriched my liturgical experience and worship. I offer the following guide to the Mass as a helpful and simple start to begin praying the liturgy with increased fervor and devotion.

Liturgy means "work of the people," which implies that we have to do something instead of just passively sitting in the pews at Mass. Let's dive into some tips for being more prepared for Mass so we can actively participate.

**BEFORE MASS:** Try to arrive a few minutes early to recollect yourself and calm your body and mind. Our culture seems always in a rush. If you are blessed to have a parish that allows a time of silence and recollection before Mass, try to give yourself at least five minutes to take a deep breath, settle into your seat, and thank God for this time of worship. In these moments before Mass, call to mind where you are. What intentions do you wish to offer God during this Mass? Why have you come to the altar this morning? Set your purpose.

Try to release the tension you're carrying in your body, because in the Mass we worship God with our soul and our body (that is why we stand, sit, and kneel at certain points). Invite the Holy Spirit to guide your prayer during the Mass.

**SILENCE:** Silence might make us uncomfortable because it alerts us to the chaotic noise within ourselves. There should be periods of silence during the Mass. (Catechists can learn more about this by reading the General Instruction of the Roman Missal. Find it at USCCB.org.) These moments call us to still our minds and hearts to hear the Holy Spirit. As anxieties and distractions pop up, visualize offering them to Jesus, and gradually the internal storm will still.

catechist.com/quick-guide-praying-mass/

# **A Man's Battle Plan** for the Digital Defense of His Family

# Saturday January 21, 2023

St. Mary of the Immaculate Conception Church

> 6:30 am **Breakfast** (Parish Life Center)

7:00 am **Presentation** 

8:00 am
Confessions

### **Presented by Kevin Bohli**

Diocese of Arlington, Executive Director, Office of Youth, Campus, and Young Adult Ministries

Our children are exposed to confusing sexual messages starting at a very early age. How do we as fathers protect our children in a digital age?



Kevin Bohli has spoken to thousands of parents and teens about the gift of human sexuality. He will give practical instructions on securing portals and share effective methods for discussing the beauty of human sexuality with your children.



# urpansi



# SAINT MARY'S Supports Life

# What's Next for Virginia After Roe – There is Much Work to be Done!

The presentation will educate and encourage pro-life supporters to find the best ways they can participate in building a true Culture of Life at every level. Turner will cover facts about the impact of abortion on the health and well-being of women, the social damage done, and the way forward legislatively.

Now is the moment for faith communities to know the facts, where we stand in Virginia after Roe and how to respond to the current conversations in our community with truth and compassion. There will be an opportunity for discussion and questions following the presentation.

VSHL is a non-sectarian statewide organization defending human life from fertilization to natural death. VSHL opposes abortion, assisted suicide and euthanasia.



# WEDNESDAY, JANUARY 4 | 7PM | PARISH LIFE CENTER



		SUN	MON	TUE	WED	тни	FRI	SAT	
		27	28	29	30	1	<b>2</b> мs сум	3 FIGHT CLUB	
		<b>4</b> нs сүм	5	6	7 Youcat	8 IMMACULATE CONCEPTION	9	10 FIGHT CLUB	
14 PC	9/14/5/	<b>11</b> нs сум	12 SENIOR MINISTRY	13	<b>14</b> YOUCAT	15	<b>16</b> мs сум	17	
	GLY	18 нs сүм	19	20	21	22	23	24	
PAF	RTY!	Пэетм			М	MERRY CHRISTMAS			
		25	26	27	28	29	30	31	
AND HAPPY NEW YEAR! NO CYM ACTIVITIES									

#### HS CYM HIGH SCHOOL YOUTH GROUP (9th-12th) Every Sunday, 6:00 - 8:30pm

Every Sunday, 6:00 - 8:30pm Parish Life Center Dinner, friends, and faith formation for high school!

### MS CYM

MIDDLE SCHOOL YOUTH GROUP (6th-8th) 1st and 3rd Fridays, 6:30 - 8:00pm Parish Life Center Dinner, friends, and faith formation for middle school!

### YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm John Paul II House Dive deeper into your Catholic faith!

NOTE: There will be no youth group activities December 21-January 1 due to the celebration of Christmas and New Years FIGHT CLUB (7th-12th BOYS) Every Saturday, 6:30-8:00am Parish Life Center Explore what it means to be a Man of God!

### FEMININE GENIUS (6th-12th GIRLS) 2nd and 4th Thursdays, 6:30 - 8:00pm

John Paul II House Explore what it means to be a Woman of God!

### SENIOR MINISTRY (12th)

Monthly Potluck Dinner & Discussion John Paul II House (5:30-7:00pm) Prepare to live out your faith beyond high school!

#### LEADERSHIP MINISTRY (9th-12th)

Monthly Sunday Meetings, 4:00-5:00pm Parish Life Center Build your confidence and peer leadership skills!

# da parroquia

# LA IGLESIA CATOLICA ST. MARY TE INVITA A Un paseo Biblico a través de La Misa

## DESCUBRIRAS

La belleza, las riquezas y el profundo significado de la Misa

### **EXPLORA**

Aventura

Las raíces bíblicas de la liturgia y lo que significan las palabras, los gestos y los rituales de la Misa.



TODOS LOS LUNES 4:45 pm y 6:30 pm En el centro de vida parroquial (PLC)

para mas información o para inscribirse: comunicarse con Tony Gibert: Tel: (540) 287-6067 e-mail: tonygibert61@gmail

2023

DE



- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### RECONCILIACIÓN

- Miércoles 11:30 am 12:00 pm, 6:30 -8:30 pm
- Sábados 8:00 8:30 am y 3:30 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al 540) 373-6491

# our parisi

# COGNES

### **Adult Confirmation**

There will be an Adult Confirmation class led by Deacon Dick beginning in the new year. The class is for anyone who has been baptized and received First Holy Communion but not had the opportunity to be Confirmed. The Class will run about 8 weeks. It is also open to anyone who would like a refresher on the Catholic Faith. Please call the parish office if you wish to be part of the class. There will be an Info meeting on Jan 10 at 7pm in parish library

### **Parish Book Club**

The parish book club will meet on Tuesday, December 13, and will begin with a brief discussion of The Canticle of the Creatures, written by St. Francis of Assisi. Also known as The Canticle of the Sun, the short work is widely available on the Internet. Attendees will next choose books for the 2023 year from the recommended titles submitted previously by members and supportive parishioners. After the selection process, the group will socialize and enjoy a cooperative luncheon. Reservations for lunch are required by December 10. For more details, including directions, contact Kathleen Mahoney at **bmah761569@aol.com** or 540-371-2073.

### St. Mary's to Walk for the Homeless

Join the St. Mary's Team ~ St. Mary's Militia and WALK for the Homeless on ~ THE COLDEST NIGHT OF THE YEAR ~ **Saturday**, **February**, **25**, **2023** 

The Coldest Night of the Year is a walk that raises money for folks in our community who need our help. Some hungry, lonely and regrettably, some who are homeless too. Adults, moms and kids, seniors and youth as well.

Register to join our team at **bit.ly/3WeO4vb** Questions, contact Elena Doyle **edoyle@stmaryfred.org** 

### Concerts at Saint Mary Jeffrey Palmer

On Friday, January 20, 2023 at 8pm, Concerts at Saint Mary is delighted to welcome back for a second time countertenor Jeffrey Palmer. Critically acclaimed for his performances across the globe, Jeffrey Charles Palmer



has been heard in concert at Marmorsaal of Mirabell Palace (Salzburg, Austria), the Hefei Grand Theatre (Hefei, China), and the Weill Recital Hall at Carnegie Hall (NYC, USA), to name a few. Hailed as 'ethereal' by British journalist and Vogue International Éditorat-Large Hamish Bowles, and known for his 'particular attractive timbre with more warmth to the tone than often found with countertenors' (Henry Fogel, Fanfare Magazine), Palmer's eclectic taste and flexible musicality have allowed him to be as comfortable in Purcell and Handel as he is in Britten and Björk. Mr. Palmer serves as vocal faculty for the annual Music in the Alps Festival in Austria and as the United States Correspondent for the Australian classical and new music magazine CutCommon. Concerts at Saint Mary is excited to welcome Jeffrey Palmer back for what is to be a concert not to miss!

### CALLING ALL BOYS & GIRLS 4th GRADE AND UP!

### It's a special honor and privilege to serve as an Altar Server

Join the team! ~ Altar Serving Training Tuesday January 3rd 4-7pm (week 1) Tuesday January 10th 4-7pm (week 2) Tuesday January 17th 4-7pm (week 3) Tuesday January 24th 4-7pm (week 4)

Installation Mass Sunday, February 5th at 8:30am Mass

To register for the training or if you have any questions, please email Lara Traylor **stmaryfxbg@gmail.com** 

You must attend all training sessions no order to serve!

# CALLING MEN AGES 18-35

# WHAT WILL YOU BECOME BY DAY 91?



Are you ready to **BECOME** a **BETTER MAN**? to **GROW STRONGER** in your **PRAYER LIFE** & **BREAK FREE** from **BAD HABITS**?

Join other men in an INTENSE SPIRITUAL JOURNEY

BEGINNING Tuesday, January 3rd at 7pm St. Mary of the Immaculate Conception ~ Courtyard Meeting Room To register or questions, Ryan Feather ryanfeather21@gmail.com

### ADORATION OF THE BLESSED SACRAMENT



Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven" - St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator Adoration@stmaryfred.org

For more info on the program check out EXODUS90.com



WE WELCOME YOU HOME. 540-373-6491

## contact us

#### SUNDAY MASS

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 8:30 & 10:30am at Holy Cross Academy

#### **DAILY MASS**

Monday - Friday: 6:30am, 9am, & 12pm Saturday: 9am First Friday 8pm Holy Days of Obligation, as announced

#### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Miraculous Medal Novena, Monday, after 9am Mass Divine Mercy, Wednesday, 3pm

#### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

#### **PARISH OFFICE**

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday, 8:30am - 4:30pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor Fr. Sean Koehr, Parochial Vicar Fr. Scott Sina, Parochial Vicar Fr. Phillip Cozzi, Parochial Vicar Fr. Robert Renner, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Giovanni Camacho

#### MUSIC

Director of Music, David Uschold Assistant to the Music Ministry, Malinda Jones

### HOLY CROSS ACADEMY

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

#### **HOLY CROSS PRESCHOOL**

540-373-7553 Director, Sheri Castellarin

### **RELIGIOUS EDUCATION**

Director, Aristides Lucas Associate Director, Mary Buer Administrative Asst, Lori Barlow

#### **YOUTH MINISTRY**

Director, Tatiana Beltran Assistant Youth Minister, Catie Espiritu

### OUTREACH

Director, Elena Doyle

#### BAPTISMS

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

#### MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

> Saint Mary of the Immaculate Conception 1009 Stafford Avenue Fredericksburg, VA 22401

### PILGRIMAGE TO IRELAND WITH FR. MOSIMANN & MARGARET FORD MAY 20-JUNE 3, 2023



Stay at Kilkea Castle, Waterford, Killarney, Galway, and Dublin among others and visit the beautiful Cliffs of Moher, Blarney Castle, Our Lady of Knock Shrine, St. Bridget's Well, Klymore Abbey and many more sites including DAILY MASS!

For a full itinerary and to reserve your ticket, contact Margaret Ford at Fredericksburg Travel 540-373-6900 or via email at **fredtyl@aol.com.** 

# stmaryfred.org

### **Weekly Offertory**

# Donations Received December 7 - 12Sunday Offertory\$28,159.00Parish Christmas Charities Collection\$595.00Catholic Charities\$9,101.00Parish Debt Reduction\$300.00St. Vincent de Paul Poor Box\$212.00

Thank you for your generosity.

### **Pro-Life Reflection**

The Shepherds saw the newborn Christ, and the message that they had heard was that He was a Savior for all people. Seeing Him, they understood this even better. After all, who is more approachable than a baby? Nobody, no matter how poor or lowly, would have reason to be afraid to approach Him. *Lord, You continue to reveal Yourself in the tiny babies yet in the womb. May we see You, and love You in them.* 

### Children's Offertory Envelopes - January

Camp Rainbow is held every Spring for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. For more information, go to **marywashingtonhealthcare.com**.

### **MARCH FOR LIFE** Friday, January 20, 2023 Together We Gather to Celebrate Life

Pro-lifers from across the nation will gather at a Rally on the Mall in Washington, DC and proceed down Constitution Avenue toward the Supreme Court and the US Capitol. Participants are of all ages, from unborn babies to grandparents. It is especially thrilling and encouraging to note how many pro-life teenagers and young adults participate! This year's March will be held on Friday, January 20th to commemorate the 50th Anniversary of Roe v. Wade. Although Roe v. Wade has been overturned, there is still work to be done, and the March for Life will continue to take place every January until a culture of life is restored in the United States of America. Please plan to join your parish family in this peaceful protest against abortion.

St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright.

The buses for the March will leave immediately following the 9am Mass at St. Mary and will return to St. Mary at approximately 5:30pm. Participants are advised to dress warmly, wear comfortable shoes and pack a light lunch. Sign up sheets will be available in the vestibule of the Church the week of January 2nd.

WE WELCOME YOU HOME. 540-373-6491 **16** 

# Cally Crace

### Saint Mary Prayer List - December

### Please pray for those who are sick or in need, especially:

Chris Breth, Chris Meeks, Elizabeth Kelley, Gary Rolla, George Dwyer, Jason Stoker Mark & David Smetek, Joanne O'Brien, John Zarcone , Joseph Krieg, Kelly McNichol Hargreaves, Larry & Linda Dillman, Linda Schmidt , MAJ Sean Fessenden, Marion Skinner, Maureen Bunn, Michael Fedowitz III, Peggy Denue, Richard Shearer, Sean Smith, Shirley Bozicevic, Stefanie Fell, Teresa Bui, Theresa & Keith Kovlefsky, Robert & Margaret Hein, Beth Rivera, Joe Clay, George Dwyer, Justin Thacker, Eileen Geary

# Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

# Please pray also for those who have died, especially the benefactors of Saint Mary Church.

## **St. Mary Prayer List**

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

### Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at **cushingwr@gmail.com**/540-840-5230 or Wanda at **wandasj823@gmail.com**/540-538-6978.

# **Daily Mass Intentions**

### December

### **26 MONDAY**

6:30am Dominick Delio+ 9:00am Perla Sambat Acts 6:8-10; 7:54-59/Mt 10:17-22

### **27 TUESDAY**

6:30am Owen and Sarah Farmer 9:00am Paulino Sambat 1 Jn 1:1-4/Jn 20:1a, 2-8

### **28 WEDNESDAY**

6:30am Prudencia Chism+ 9:00am Ricardo Sanchez+ 1 Jn 1:5—2:2/Mt 2:13-18

### **29 THURSDAY**

6:30am Ricardo and Krystyna Hernandez 9:00am Addie Comerford+ 1 Jn 2:3-11/Lk 2:22-35

### **30 FRIDAY**

6:30am Antonia Maldonado+ 9:00am Lori Barlow Sir 3:2-6, 12-14/Mt 2:13-15, 19-23

### **31 SATURDAY**

9:00am Reymundo & Telma Odilia Rivera+ 5:00pm Freddy Arevalo+ 7:00pm Eugene Wingert+ 1 Jn 2:18-21/Jn 1:1-18

### January

### **1 SUNDAY**

12:00am For Our Parish
7:00am Marvin Floor
8:30am Joane Ouelette Nardi+
8:30am The Frasher Family
10:30am All Who Died in December
10:30am\* Patricia Guernsey Lynne
12:30pm Antonio and Hannah Jenkins
2:30pm Luis Adan Carranza
5:00pm Sarah Michelle Purcell
7:00pm The Lohman Children
Nm 6:22-27/Gal 4:4-7/Lk 2:16-21

\* Indicates Mass at Holy Cross Academy. Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.