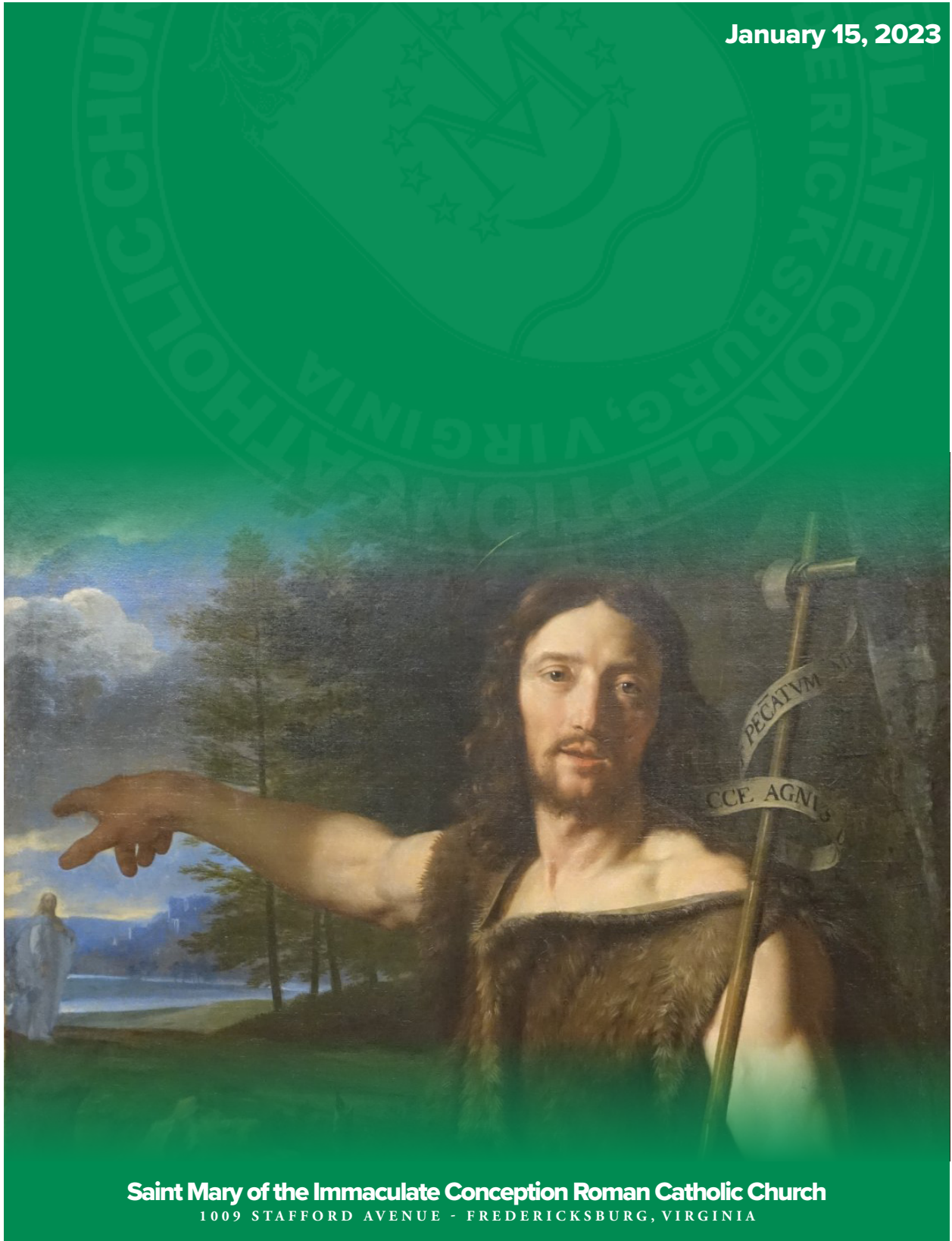


## SECOND SUNDAY IN ORDINARY TIME

January 15, 2023



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

# Growing Our Legacy of Faith



The Capital Campaign team has come back from Christmas break and we are ramping back up making phone calls and facilitating visits! Thank you for answering your phones!

For those of you who have been:

**Visited and Decision Made.**

Thank you for your time in receiving a visit, and your sacrificial pledges to our Capital Campaign. We are edified and encouraged by your generosity! Please consider helping out.

**Visited and Prayerfully Considering.**

Thank you for your time, and your due consideration to the sacrifices needed to build for the growth of our parish family! It is our hope that you will provide a response in a week or two, after your visit as every pledge builds momentum and encourages our hard work to meet our parish needs.

**Not yet Visited.**

You are on our list! Please receive a visit so that we can explain in detail the history, discernment, needs, and sacrifices needed for "Growing our Legacy of Faith?" These personal and direct appeals are far and away the most effective means to communicate with you! The information we communicate via the bulletin is a small appetizer of the information we have to share with you. Rest assured you will not be asked to make a pledge during your visit. You will be given the information necessary to privately discern you and/or your family's gift.

Join the Team. With over 6,000 parish families, visits and record keeping will require a team of volunteers. We can train you to host the visits, all you need is a willing heart, a love for our parish and school, and an ability to make conversation! Or maybe you are willing to help administratively or make phone calls, we can find a way for you to assist.

## 2022 Capital Campaign

*Growing Our Legacy of Faith*

### CONTACT US

To schedule an appointment or if you have any questions about the "Growing Our Legacy of Faith" Capital Campaign

540-735-4506

[capitalcampaign@stmaryfred.org](mailto:capitalcampaign@stmaryfred.org)

To date **209 families** have pledged  
**\$3,328,670.82**

# capital campaign

## from our pastor

Dear Folks,

You may have noticed that the baby Jesus is still out in front of the altar, the manger scene is still to the left of the pulpit, and we have switched to ordinary time. You will also notice that the magi are headed back home (walking towards the choir because the scriptures tell us that they went home 'by another way'). Also, the shepherds are headed away from the creche and headed back to their fields. I asked that it be done this way because I think it provides a striking meditation on the transition back to ordinary time from the excitement of the Christmas season. The parties are over, everybody is on their way home, back to the ordinary routine of daily life, leaving Jesus, Mary and Joseph alone with the barnyard animals. Isn't that what happens in our lives? Once the dust settles, we have to be able to absorb the blessings we have received and apply them to our everyday routines.

Also, when we all return to our ordinary routines we can forget the hardships that are afflicting others. One reflection on the nativity was that after giving birth in the stable, Mary and Jesus may have had to stay there for 40 days! The ritual laws for Jewish purification would have mandated that she be isolated from other people during those 40 days of purification (which also corresponds to the traditional 40 days of the Christmas season ending on February 2nd). Some years, I have tried to keep up Christmas decorations until February 2nd, but it always ends up feeling like we 'moved on' and want the decorations down!

I must also admit to seeing a parallel here with serious life issues and the upcoming March for Life. Have we 'moved on' from the March because of the Dobbs decision? Is it already settled? What is happening is an increasingly local fight for increased respect for and protection of Life. We are a Pro-Life people, and now we have many more fronts where the battle is being waged and where we must stand in witness to the sacred value of life. This Friday the National March for Life takes place, and our Virginia Defending Life Day and March for Life are on Wednesday, February, 1st. St. Mary's is providing bus transportation for both as both need our persevering support, witness, and prayers.

pax,



Fr. Mosimann

## PILGRIMAGE TO IRELAND

WITH FR. MOSIMANN & MARGARET FORD  
MAY 20-JUNE 3, 2023

Stay at Kilkea Castle, Waterford, Killarney, Galway, and Dublin among others and visit the beautiful Cliffs of Moher, Blarney Castle, Our Lady of Knock Shrine, St. Bridget's Well, Klymore Abbey and many more sites — including DAILY MASS!

For a full itinerary and to reserve your ticket, contact Margaret Ford at Fredericksburg Travel 540-373-6900 or via email at [fredtvl@aol.com](mailto:fredtvl@aol.com).

# announcements



## contact us

[stmaryfred.org](http://stmaryfred.org)

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm  
Saturday 9am  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Miraculous Medal Novena, Monday, after 9am Mass  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Novus Ordo (Latin Mass)  
First Saturday 8:00am – Fatima Prayers & Rosary  
followed by 9am Mass

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday, 8:30am - 4:30pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor  
Fr. Sean Koehr, Parochial Vicar  
Fr. Scott Sina, Parochial Vicar  
Fr. Phillip Cozzi, Parochial Vicar  
Fr. Robert Renner, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### MUSIC

Director of Music, David Uschold  
Assistant to the Music Ministry, Malinda Jones

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION

Director, Aristides Lucas  
Associate Director, Mary Buer  
Administrative Asst, Lori Barlow

### YOUTH MINISTRY

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the  
date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six  
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue  
Fredericksburg, VA 22401

education

# holy cross academy

## Welcome Back in 2023

Our time before winter break at HCA preschool was full of so many fun learning opportunities. We learned all about the birth of Jesus and our four year old classes were able to perform a Nativity play for their families. We created many special keepsakes for our families and then we ended our time together before Christmas by hosting a Happy Birthday Jesus party.

After a nice long break, our preschoolers came back together on January 3rd. Learning about the Three Wise Men and their gifts to baby Jesus was just the right way to start 2023. As the month continues, there will be lots of opportunities to learn about baptism, winter, snow, hibernation, and polar animals. Holy Cross Academy is such an amazing place to learn and play!

The enrollment window for the 2022-2023 school year is just around the corner! If you have a child that will be three or four next year and would like to learn more about our preschool program. Please reach out to our director, Mrs. Sheri Castellarin via email at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com) or by phone at 540-373-7553.



*A National  
Blue Ribbon  
School of  
Excellence*



# education religious education



**JANUARY 2023**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7 *
8	9 *	10 *	11 *	12	13	14
15	16 *	17	18	19 *	20	21
22	23 *	24	25	26	27	28 *
29	30 *	31	1	2	3	4

## Special Events

- \* Jan. 7 Baptisms for RE students at 10:00 am in the church.
- \* Jan. 9, 10, 11 Parents attend class with students
- \* Jan. 9, 16, 23, 30 Un paseo Biblico a través de La Misa con Tony Gilbert 4:45 pm y 6:30 pm in the PLC.
- \* Jan. 19 Year 1 Confirmation Formation Night in the church.
- \* Jan. 28 Girls Confirmation Retreat 9 am - 3:30 pm @ HCA



## Religious Education Students Annual Baptisms

On Saturday, January 7 at 10am, 29 Religious Education students and 6 of their siblings were baptized by our Pastor Fr. Mosimann assisted by Deacon Alberto.



# Help Wanted

Are you being called to share your faith? Are you being called to assist in the faith formation of our youth?

If the answers are yes, please consider volunteering to be a substitute teacher for Religious Education. Contact Mary Buer @ 540-373-6491 for more details. Substituting would be on an as needed basis and lesson plans are provided. Please consider this special ministry. Thank you.



## A Quick Guide to Praying the Mass BY SR. BRITTANY HARRISON (Continued)

### OFFERTORY

This is the preparation of the gifts of the bread and wine that will be brought to the altar on behalf of us all. Yet we should never come to Mass empty-handed. This is more than bringing our financial stewardship gifts, though support of the parish is important. Ask yourself: "What sacrifices, acts of love, gratitude, and trust can I offer to God in this moment?" Maybe a difficult situation is bringing you stress; offer it to God with trust. Perhaps your heart is singing because your children did something wonderful; offer them to God in gratitude. We all have something to bring, and it's important to spiritually place it on the altar to be offered to God as our "sacrifice of praise" (Hebrews 13:15).

# our parish youth ministry



## January

The Holy Name of Jesus

### HELP NEEDED!

### Middle School Youth Ministry Dinner Teams



We are still looking for volunteers to prepare and serve dinners to our teens at our Friday night Middle School Youth Group. Home cooked meals help us to save a LOT of money on ordering pizzas, plus the kids absolutely LOVE the food you bring in! Volunteers will work in teams to plan out meals ahead of time and may choose to cook together or individually once every few months.

Middle School Youth Group  
1st and 3rd Fridays @ 6:30pm

Contact Us for More Information!



SUN	MON	TUE	WED	THU	FRI	SAT
1 NO CYM	2	3	4 YOUCAT	5	6 MS CYM	7
8 HS CYM	9	10	11 YOUCAT	12 FEMININE GENIUS	13	14
15 HS CYM	16 SENIOR MINISTRY	17	18 YOUCAT	19	20 MS CYM	21
22 HS CYM	23	24	25 YOUCAT	26 FEMININE GENIUS	27	28 FIGHT CLUB
29 HS CYM	30	31	1	2	3	4

LEADERSHIP MINISTRY

## We Need WORKCAMP CONTRACTORS!



We are looking for men and women with skills in basic home repair and maintenance who are willing to join us for the week of WorkCamp to make homes **warmer, safer, and drier** for people in need within the Diocese of Arlington. Volunteers do not need to be licensed contractors.

Contractors are responsible for instructing a team of teens how to complete the project on their work site. Their role is to guide and assist while the work itself is done by the WorkCampers. Projects include tasks such as...

**CONTACT US IF YOU ARE INTERESTED IN HELPING WORKCAMP IN ANY WAY!**

Tatiana Beltran  
tbeltran@stmaryfred.org

Catie Espiritu  
cespiritu@stmaryfred.org

- ✓ Painting
- ✓ Plumbing
- ✓ Carpentry
- ✓ Roof Repair
- ✓ Windows
- ✓ Flooring
- ✓ Gutters
- ✓ ....and more!

DIOCESE OF ARLINGTON WORKCAMP  
FREDERICK COUNTY, VIRGINIA  
JUNE 17 - JUNE 23, 2023

# our parish happenings



## SOUPER BOWL WEEKEND AT SAINT MARY'S

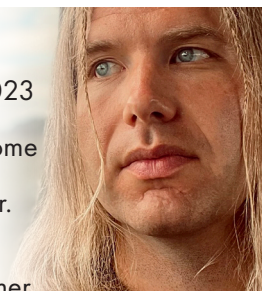
# FEBRUARY 12

SCORE A **TOUCHDOWN** FOR THE  
**HUNGRY IN OUR DIOCESE** BY  
BRINGING CANS OF **HEARTY**  
**SOUP OR RAVIOLI** TO MASS.  
ALL CANS WILL BE **DONATED**  
**TO THE ST. LUCY PROJECT!**

### Concerts at Saint Mary

#### Jeffrey Palmer

On Friday, January 20, 2023 at 8pm, Concerts at Saint Mary is delighted to welcome back for a second time countertenor Jeffrey Palmer. Critically acclaimed for his performances across the globe, Jeffrey Charles Palmer has been heard in concert at Marmorsaal of Mirabell Palace (Salzburg, Austria), the Hefei Grand Theatre (Hefei, China), and the Weill Recital Hall at Carnegie Hall (NYC, USA), to name a few. Hailed as 'ethereal' by British journalist and Vogue International Editor-at-Large Hamish Bowles, and known for his 'particular attractive timbre with more warmth to the tone than often found with countertenors' (Henry Fogel, Fanfare Magazine), Palmer's eclectic taste and flexible musicality have allowed him to be as comfortable in Purcell and Handel as he is in Britten and Björk. Mr. Palmer serves as vocal faculty for the annual Music in the Alps Festival in Austria and as the United States Correspondent for the Australian classical and new music magazine CutCommon. Concerts at Saint Mary is excited to welcome Jeffrey Palmer back for what is to be a concert not to miss!



### KofC January Parish Dinner

On Saturday, January 21, the Knights of Columbus Council 4034 will be hosting a family dinner in the Parish Life Center from 5:30 to 7:30pm.

*All proceeds will be used to upgrade the Parish Life Center kitchen equipment*

#### Prices

Adults/Teens - \$12 | Seniors (60+) - \$10  
Children (7-12) - \$8 | MAXIMUM cost per family - \$35

#### Menu

Baked Ziti, Italian Sausage, Homemade Meatballs, Garlic Bread, and Caesar Salad

# our parish christmas joy

*"Joy is a sign of generosity. When you are full of joy, you move faster and you want to go about doing good to everyone" ~St. Mother Teresa*

The pace at St. Mary's was certainly FAST and JOYFUL this Christmas Season! A quick recap of several parish programs and the TREMENDOUS outpouring of generosity of our parishioners!

## Our parish Giving Tree Collected:

Catholic Charities Migration & Refugee Services ~ 20 new infant car seats & toddler booster seats, 25 new coats in a variety of sizes

Loisann's Hope House ~ 41 residents received "wish-list" items such as clothes, essentials, and toys.

Woodmont Nursing Home ~ 30 residents received clothes and personal care items.

Mary's Shelter ~ 33 residents received PJ's and clothing items.

Shrine of the Sacred Heart Homeless Ministry, DC ~ received over 25 warm blankets to distribute to area homeless.

St. Mary Parish Outreach ~ over 15 parish families received clothing, diapers, baskets full of laundry detergent and household cleaning supplies

Gift cards and checks given in support: \$17,250

St. Vincent de Paul ~ \$3,625 in support of families in need. AND \$4,480 in support of Foster Teens

Micah Ecumenical Ministries ~ \$1,800

Catholic Charities~ \$1,875 (checks/cash)

UMW Catholic Campus Ministry~ \$1,395 (checks/cash)

St. Mary Parish Outreach ~\$1,850

Birthright ~ \$1,425

Mary's Shelter ~ \$800

On top of all of this giving, St. Mary's received monetary donations to be used for special cases. These donations were a tremendous blessing, as we learned of a few families who had serious needs and we were able to help with rent assistance, medical bills, medicine and/or food. In addition, parishioners donated boxes of socks, underwear and undershirts in support of Micah Ecumenical Ministries and our Cold Night Shelter guests.



Our Knights of Columbus were also very busy this season! Christmas Tree sales at St. Mary's SOLD OUT with 202 trees sold and just under \$12,000 raised (after expenses) to support local charities. Let's not forget the fabulous "Breakfast with St. Nicholas" that our Knights hosted for our parishioners, providing a delicious breakfast complete with eggs, pancakes, bacon and special guest St. Nick, who greeted kids and adults alike! God Bless our Knights!



*May God continue to bless you and your families this New Year!*

# our parish happenings

## St. Mary's to Walk for Homeless

Join the St. Mary's Team ~ St. Mary's Militia and WALK for the Homeless on ~ THE COLDEST NIGHT OF THE YEAR ~  
**Saturday, February, 25, 2023**

The Coldest Night of the Year is a walk that raises money for folks in our community who need our help. Some hungry, lonely and regrettably, some who are homeless too. Adults, moms and kids, seniors and youth as well.

Register to join our team at [bit.ly/3WeO4vb](http://bit.ly/3WeO4vb). Questions, contact Elena Doyle [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)

## Traveling Blessed Mother Statue

If your family would like the Blessed Mother to visit your home, please call or email Mary Lou Felts to schedule a time. 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com).

## Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 14 and will remain in operation until mid- to late-March. Teams of St. Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing

hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (thermal underwear, boxer briefs and t-shirts; sizes M - XL). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, [dolovewalk.net](http://dolovewalk.net) or Thurman-Brisben Homeless Shelter, [thurmanbrisbencenter.org](http://thurmanbrisbencenter.org).

## Job Opening

The Abbate Agency, Knights of Columbus is seeking a self-motivated, entry level administrative assistant with excellent customer skills for our Richmond office. The right applicant should have some office experience and be computer savvy with the Microsoft Office Suite of products. Position is open immediately so if you want to work in a friendly, family-oriented business please send your one to two-page resume and cover letter to Gretta Stage at [AbbateAgencyMail5@kofc.org](mailto:AbbateAgencyMail5@kofc.org).

## Medical Volunteers Needed for the Guadalupe Free Clinic (GFC)

The Clinic is a 100% free medical clinic opened in 2005 by Fr. Jerome Magat, to serve the indigent and medically-uninsured population of Colonial Beach and Westmoreland County located Southeast of Fredericksburg. The Clinic is the first Free Clinic established in the Catholic Diocese of Arlington. Guided by Catholic principles for health care, the Clinic seeks to assist in the total healing of all patients. The Clinic needs medical volunteers, specifically, Pharmacists, and Pharmacy Technicians, along with Doctors, Nurse Practitioners, Physician Assistants, and Nurses. The clinic is only open on Wednesdays and Saturdays, so our volunteers normally work once a month or every other month. For more information, please go to our website at [guadalupefreeclinic.org](http://guadalupefreeclinic.org), or contact us via email: [lcarrington@guadalupefreeclinic.org](mailto:lcarrington@guadalupefreeclinic.org), or by phone at (804)-224-0571.

## ADORATION OF THE BLESSED SACRAMENT

**Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.**

*"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven"*  
- St. Mother Teresa of Calcutta



*Join us!*

JESUS IS WAITING  
FOR YOU!

**Contact: Serena Nguyen, Coordinator — [Adoration@stmaryfred.org](mailto:Adoration@stmaryfred.org)**

# our parish happenings

## Adult Confirmation

There will be an Adult Confirmation class led by Deacon Dick beginning in the new year. The class is for anyone who has been baptized and received First Holy Communion but not had the opportunity to be Confirmed. The Class will run about 8 weeks. It is also open to anyone who would like a refresher on the Catholic Faith. Please call the parish office if you wish to be part of the class. The first class begins on Tuesday, February 28th 7pm in the parish library. For more information contact Deacon Dick Delio at 508-740-7733 or [ddelio@gmail.com](mailto:ddelio@gmail.com).

## Missionaries to the Family

All married couples are invited to attend an information session presented by Mike DiCosola . Sunday, February 12 at 9:30am (following the 8:30am Mass) in the Courtyard Meeting Room. The Missionaries to the Family Program is a yearlong formation program provided by Paradisus Dei, in conjunction with the University of Notre Dame and the McGrath Institute whereby couples receive intellectual and spiritual formation in the practical skills necessary to be effective mentors and supporters of marriage ministry in their home parish. If interested in attending the info. session, please email Elena Doyle [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org).

## CCW to Host Jim Shall

Please join your Council of Catholic Women at 10am on Tuesday, January 17 when guest Jim Shall of the St. Mary Jail and Prison Ministry will tell us how to counter the "poverty of hope" among incarcerated persons, especially with a pen pal program designed to extend Christ's forgiveness, love and hope for a better future. We meet in the Father Rooney Community Room on the courtyard, and all are welcome (men, too)! There will be refreshments, a 50/50 cash drawing, and a very brief business meeting after Jim's talk. Hope to see you there!

## A Man's Battle Plan for the Digital Defense of His Family

Saturday  
**January 21, 2023**

St. Mary of the Immaculate  
Conception Church

6:30 am  
**Breakfast**  
(Parish Life Center)

7:00 am  
**Presentation**

8:00 am  
**Confessions**

### Presented by Kevin Bohli

*Diocese of Arlington, Executive Director,  
Office of Youth, Campus, and Young Adult Ministries*

Our children are exposed to confusing sexual messages starting at a very early age.

**How do we as fathers protect our children in a digital age?**

Kevin Bohli has spoken to thousands of parents and teens about the gift of human sexuality. He will give practical instructions on securing portals and share effective methods for discussing the beauty of human sexuality with your children.



# vida parroquial

# noticias en español

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022 llamar a la oficina parroquial

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

EN EL  
2023

TE INVITAMOS AL GRUPO DE

## JOVENES ADULTOS DE ST. MARY

edades de 21 a 40 años



a partir del 22 de enero

Todos  
los  
domingos

Hora:  
6:00 PM  
a  
8:00 PM

Lugar: casa Juan Pablo II

**Marina López (540) 429-9580**

**INFO**

Que nadie te menosprecie por ser joven. Al contrario, que los creyentes vean en ti un ejemplo a seguir en la manera de hablar, en la conducta, y en amor, fe y pureza. (1 Timoteo 4:12)

# vida parroquial

# noticias en español

## LIBERADO

liberacion libertad pertenencia



## Conferencia Libres y Felices en Cristo Jesus

Basado en las 5 Llaves de Liberado de Neal Lozano (Unbound) • El Ministerio Liberado pone el poder de Dios en los corazones heridos

## Febrero 25-26, 2023

De 08:15 am  
a 06:00 pm

\$75

Iglesia St Mary of the Immaculate Conception

Centro de Vida Parroquial, 1009 Stafford Ave, Fredericksburg, VA 22401

Incluye desayunos  
Y almuerzos

### La conferencia te dara el poder

para romper el poder  
de las cadenas que  
atan/esclavizan tu  
vida para que puedas  
caminar en plena  
libertad

#### Cada uno de nosotros esta peleando una batalla invisible con:

- Pensamientos negativos, pecados ocultos y relaciones no sanas
- Habitos destructivos, idolos y falsa identidad
- Resentimiento; heridas y amarguras que parecen nunca sanar

¿Que tal si tu vida pudiese alcanzar y experimentar el amor de Dios?

Tu vida nunca seria igual!

#### Para mas Información llamar a:

Giovanni (540) 373-6491  
Rafael (703) 991-3034

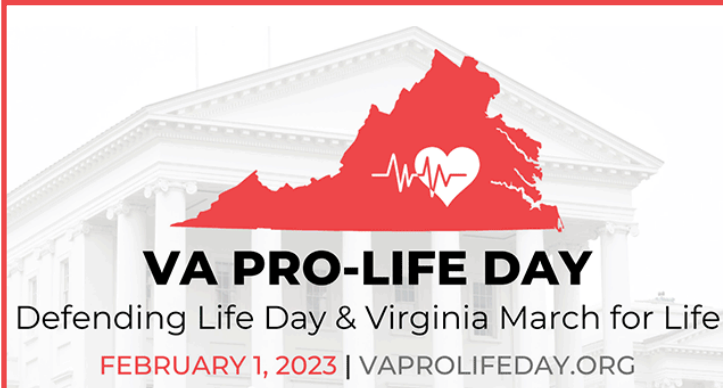
#### Cupo Limitado

Por la naturaleza de la conferencia  
es importante no traer niños.

Enlace de registro:



# we are the pro-life generation



## VA PRO-LIFE DAY

Defending Life Day & Virginia March for Life

**FEBRUARY 1, 2023** | [VAPROLIFEDAY.ORG](http://VAPROLIFEDAY.ORG)

### USE YOUR VOICE TO ENCOURAGE LIFE

Your personal presence is vital. It powerfully supports pro-life members of the Virginia General Assembly or encourages those who have voted against pro-life bills in the past to reconsider their views. We want our legislators to see we are engaged and expect to see them pass life-affirming legislation.

### What's the plan?

We will gather in the morning at the Richmond Convention Center to organize our advocacy teams, receive guidance for meeting with members, and gain inspiration from pro-life leaders. After organizing into district groups, we will then walk over to our legislators' offices to meet with our senators and members of the House of Delegates. We want to let them know, as their constituents, that we hope to see them pass legislation to uphold and defend the dignity of every human life.

Talking points, legislative updates and tips for effective advocacy will be provided by the organizers to make your constituent meetings easy and successful. Please join us!

For more information and to register to meet your legislator visit [vaprolifeday.org](http://vaprolifeday.org)

**7:30am** Doors Open at Greater Richmond Convention Center

**8:30am** Gather in constituent groups

**9:15am** Short walk to General Assembly Offices (Shuttle available with prior registration for those unable to walk.)

**10:00am** Senate Meetings

**10:30am** Delegate Meetings

**12:00pm** March for Life Rally (Speaker announcements to come!)

**1:00pm** Virginia March for Life

**St. Mary's will be providing a bus. If interested, please call (540) 373-6491 or stop by the parish office to reserve your spot.**



## 2023 MARCH FOR LIFE

**JANUARY 20, 2023 | WASHINGTON DC**

### Friday, January 20, 2023 Together We Gather to Celebrate Life

Pro-lifers from across the nation will gather at a Rally on the Mall in Washington, DC and proceed down Constitution Avenue toward the Supreme Court and the US Capitol.

Participants are of all ages, from unborn babies to grandparents. It is especially thrilling and encouraging to note how many pro-life teenagers and young adults participate!

This year's March will be held on Friday, January 20th to commemorate the 50th Anniversary of Roe v. Wade. Although Roe v. Wade has been overturned, there is still work to be done, and the March for Life will continue to take place every January until a culture of life is restored in the United States of America. Please plan to join your parish family in this peaceful protest against abortion.

St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright.

The buses for the March will leave immediately following the 9am Mass at St. Mary and will return to St. Mary at approximately 5:30pm. Participants are advised to dress warmly, wear comfortable shoes and pack a light lunch. Sign up sheets are available in the vestibule of the Church.

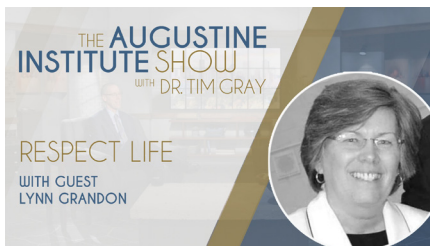
THIS WEEK ON  
**FORMED**

Week of January 15, 2023



### Saint Anthony of Egypt

St. Anthony was a saint whose heroic life of humility and prayer inspired many other great Saints, including St. Athanasius and St. Augustine. Sit down with Taylor Kemp and Dr. Elizabeth Klein as they explore the life of this great saint.



### Respect Life The Augustine Institute Show

Dr. Tim Gray welcomes Lynn Grandon on to his show to discuss what it means to respect life. You will leave this conversation with great ideas for how you can get involved in the pro-life movement.



### How Do We Live Pro-Life?

The Catholic Church is committed to being pro-life. What does this mean and how are we called to live this out? Join Dr. Ben Akers and Lynn Grandon as they discuss what it means to live pro-life.

SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)  
CLICK REGISTER THEN ENTER PARISH CODE: F6F228

# operations given in love

## Weekly Offertory

### Donations Received 12/28/22 to 1/3/23

Sunday Offertory	\$29,729.71
Christmas Offertory	\$5,118.00
Solemnity of Mary	\$5,518.00
Parish Debt Reduction Fund	\$405.00
Arlington Catholic Herald	\$738.00
First Offertory for Envelopes	\$2,609.00

### Faith Direct Donations December 31, 2022

Sunday Offertory	\$16,870.00
Christmas	\$3,000.00
Parish Debt Reduction Fund	\$500.00

*Thank you for your generosity.*

## Church in Latin America La Colecta Para La Iglesia En América Latina January 21 & January 22 “Share Your Faith” – “Comparte Tu Fe”

Next week we will take up the Collection for the Church in Latin America. For many in Latin America and the Caribbean, a rising secular culture, difficult rural terrain, and a shortage of ministers all present obstacles to practicing the faith. Your support for the collection provides lay leadership training, catechesis, priestly and religious formation, and other programs to share our Catholic faith with those who long to hear the Good News of Christ. To learn more about how your gifts make a difference, visit [usccb.org/latin-america](http://usccb.org/latin-america).

La próxima semana realizaremos la Colecta para la Iglesia en América Latina. Para muchos en América Latina y el Caribe, una creciente cultura secular, unos terrenos rurales difíciles y una escasez de ministros, son obstáculos para practicar la fe. Su apoyo a la colecta proporciona capacitación para el liderazgo laico, la catequesis, la formación para sacerdotes y religiosos y otros programas para compartir nuestra fe católica con aquellos que anhelan escuchar la Buena Nueva de Cristo. Para informarse más sobre cómo sus donativos hacen una diferencia, visiten [usccb.org/latin-america](http://usccb.org/latin-america).

## Pro-Life Reflection

Dr. Martin Luther King, Jr. Fought for the equal dignity of every human life. “If we are to have peace on earth,” he wrote, “we must be concerned about . . . the sacredness of all human life. Man is a child of God, made in His image, and must be respected as such.” “When we truly believe this,” he continued, “we won’t kill anybody.” *Lord, thank You for the privilege of defending human life through the pro-life movement.* (Pro-life Reflections for Every Day)

## Children’s Charity - January

Camp Rainbow is held every Spring for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. For more information, go to [marywashingtonhealthcare.com](http://marywashingtonhealthcare.com).

## First Offertory Contributions to Help Offset Cost of Collection Envelopes

Each year in January the envelope packet always includes an envelope marked “First Offertory” with a suggested donation of \$15.00. This is not a regular collection, but merely a request for a free-will offering to help offset the cost of the printing and bimonthly mailing of collection envelopes to more than 5,000 parish families. From July 2021 to June 2022, the parish’s cost for the offering envelopes was \$20,078.69. First Offertory donations received for the same period totaled \$4,240.00. Your generosity and support in helping to offset the cost of the envelopes is greatly appreciated.

Thank you for being a part of our St. Mary of the Immaculate Conception family. As we begin a New Year, we hope you will consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot. Visit [faithdirect.net](http://faithdirect.net) and use our church code: VA635. Thank you for your continued support of our parish family.



# liturgy daily bread

## Saint Mary Prayer List - January

**Please pray for those who are sick or in need, especially:**

Anthony Yantiss, Barbara Wallace Drummond, Beth Kelly, Carol Hurt, Chris Breth, Christine Bradley, George Dwyer, Guadalupe Araujo Vargas, Helen Quattlebaum, Jack Beal, Jason Stoker, Joanne O'Brien, Joe Clay, John Curtis, Jorge A. Lecea, Jose Bravo Tapia, Joseph Krieg, Justin Thacker, Karl Eugene, Kat Knowles, Larry & Linda Dillman, Louise Curtis, Louise Ravert, Michael Fedowitz III, Michelle Carrem, Patricia Wallace, Shirley Bozicevic, Theresa Bravo Araujo, Tina Greene, Gary Rolla, Re & Chris MaCarthur

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

## Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at [cushingwr@gmail.com](mailto:cushingwr@gmail.com)/540-840-5230 or Wanda at [wandasj823@gmail.com](mailto:wandasj823@gmail.com)/540-538-6978.

## Daily Mass Intentions

### January

#### 16 MONDAY

6:30am Soccro Dutra+  
9:00am Jason Stanislawski  
Heb 5:1-10/Mk 2:18-22

#### 17 TUESDAY

6:30am Michelle Skinner Beal+  
9:00am Ruth Stellino+  
Heb 6:10-20/Mk 2:23-28

#### 18 WEDNESDAY

6:30am Thomas Vavrich+  
8:15am\* Mary Owen  
9:00am Robert Rafferty+  
Heb 7:1-3, 15-17/Mk 3:1-6

#### 19 THURSDAY

6:30am Conor Jerome Gardner+  
9:00am Peter Stanton+  
Heb 7:25—8:6/Mk 3:7-12

#### 20 FRIDAY

6:30am Terry Triplett  
9:00am Joseph Truncate+  
Heb 8:6-13/Mk 3:13-19

#### 21 SATURDAY

9:00am All Souls in Purgatory  
5:00pm Anthony Khang Van Nguyen+  
7:00pm Huynh and Hiều Families  
Heb 9:2-3, 11-14/Mk 3:20-21

#### 22 SUNDAY

7:00am Stephen Inguanti, Jr.+  
8:30am Aristides Lucas  
8:30am\* Janice Surmacz+  
10:30am Mariela and Gilbert Alvarez+  
10:30am\* Gerry Chechile+  
12:30pm Ribka Sri Panqastutie and Yohanes Yunus Aehmad+  
2:30pm All Special Intentions  
5:00pm For Our Parish  
7:00pm Kaylee Engbert  
Is 8:23—9:3/1 Cor 1:10-13, 17/Mt 4:12-23

*\* Indicates Mass at Holy Cross Academy.  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*