

SIXTH SUNDAY IN ORDINARY TIME

February 12, 2023

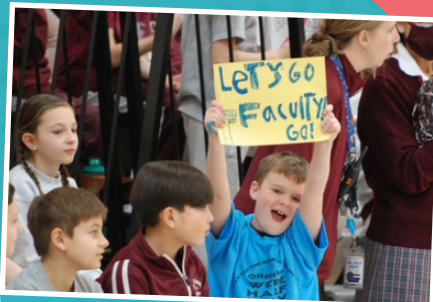


Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

TEACHING and LIVING our FAITH is at the HEART of the mission of our parish! During Catholic Schools Week, the Campaign celebrated the exciting milestone, HALFWAY THERE! Thanks to the amazing generosity of our parish and Holy Cross Academy community! Celebrations in support of Catholic Schools Week were held throughout the week and capped off with an exciting pep rally and the traditional faculty vs. students basketball game. We were even visited by Gus, the FredNats Mascot and blasted fun t-shirts and swag into the enthusiastic crowd!



We invite you to join this exciting effort! Praise God! The campaign will have a direct impact on the needs of our faith community and parish for years to come. Book an appointment today to hear all the wonderful plans!



Scan this code or
call 540-735-4506



"Growing Our Legacy of Faith"

capital campaign from our pastor

Dear Folks,

A few smiles from Catholic Schools Week... we emphasized that we have hit the halfway point on our capital campaign towards our identified needs! And it was such a lively celebration! The mascot and tee-shirt-canon-operator said "Quite honestly, Adam and I both agree that we've never experienced anything like that on Friday during a school visit-and we've done plenty over the past few years."

Bravo to the faculty and staff that make our school something worth celebrating! Bravo to all who have worked so hard on our capital campaign to make so many more things possible!

Finally, a shout out as well to our 38 new altar servers! The last two weeks we installed a whole new batch of ready and willing servers! I am proud of the good work and effort that the boys and girls put into serving! To my knowledge, we have the most rigorous training regimen in the diocese! Keep them, and all who serve in your prayers.

Oh yeah.... It was 7 degrees out here in Colorado this morning! Yikes, a real winter!

pax,

Fr. Mosimann



Lenten Schedule

Ash Wednesday Mass Times

Saint Mary

6:30am, 9am, 12pm, 4pm Latin Novus Ordo, 6pm,
8pm Bilingual

Holy Cross Academy

4:30pm and 6pm

Stations of the Cross

Beginning February 24

English at 6:30pm every Friday during Lent
Spanish at 7pm every Friday during Lent

Confessions

Normal schedule until further notice

Ash Wednesday: 11:30am & 6:30pm in the church

announcements

15TH ANNUAL VOLUNTEER APPRECIATION DINNER

ALL ST. MARY PARISH & HOLY CROSS ACADEMY SCHOOL VOLUNTEERS ARE WARMLY INVITED TO ATTEND

FRIDAY, FEBRUARY 17TH
6PM AT HOLY CROSS ACADEMY

RSVP TO THE PARISH OFFICE
540-373-6491 OR EMAIL [STMARY@STMARYFRED.ORG](mailto:stmary@stmaryfred.org)
BY MONDAY, FEBRUARY 13TH

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm
First Friday 7pm Norvus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor
Fr. Sean Koehr, Parochial Vicar
Fr. Scott Sina, Parochial Vicar
Fr. Phillip Cozzi, Parochial Vicar
Fr. Robert Renner, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Mary Buer
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue
Fredericksburg, VA 22401

holy cross academy

Catholic Schools Week

Holy Cross Academy celebrated Catholic Schools Week last week. Catholic Schools Week is a time to celebrate the excellence and impact of Catholic schools. Each year, Catholic schools around the country observe the celebration through a variety of activities, emphasizing the importance of Catholic education.

At the start of the week HCA, students spoke at mass and distributed thank you cards to parishioners in celebration of our parish. Students celebrated our community by collecting candy and making cards for local first responders. Our students and their families were celebrated with the annual academic fair and dinner. Our faculty and staff were celebrated with meals, treats and kind words. We celebrate vocations daily by thanking our priests for their tireless work. Our students dressed up to represent their anticipated vocation. There were also an abundance of student and faculty dress out days. The week was topped off with the faculty vs. 8th grade basketball game and pep rally. What a week!

Catholic Schools Week is a time to appreciate the blessings of being a part of the Holy Cross Academy community.

Open Positions at HCA

Interest in joining our team? Holy Cross Academy has openings for a Middle School Science teacher and a Middle School Math teacher. For more information on this position and others in the Diocese of Arlington, please visit bit.ly/32w7x3T.



*A National
Blue Ribbon
School of
Excellence*



education religious education

February 2023

Monday to Wednesday, February 13-15

Religious Education Classes,

Monday, February 13

Un Paseo Biblico a traves de La Misa (2 sessions 4:45 and 6:30pm)

Thursday, February 16

Year 2 Confirmation Formation Night

Saturday, February 18

SPRED class in the Main Hall of the PLC from 10am to 12 noon

Monday to Wednesday, February 20-22

No Religious Education Classes

Wednesday, February 22

Ash Wednesday

Thursday, February 23 at 5pm

First Penance for HCA First Communion candidates.

Thursday, February 23 at 6pm

First Penance for Monday 6:30pm First Communion candidates

Friday, February 24 at 5pm

First Penance for Monday 4:45pm, Tuesday 4:45pm and Wednesday 4:45pm First Communion candidates.

Friday, February 24 at 6pm

First Penance for Tuesday 6pm (HCA), Tuesday 6:30pm, Wednesday 6:30pm and Home Taught First Communion candidates.

Religious Education Capital Campaign Celebration

During Catholic Schools Week, January 29-February 4th, our Religious Education students celebrated the gift of Catholic education and the amazing generosity of the St. Mary's parishioners who have donated to the "Growing our Legacy of Faith" Capital Campaign and surpassing the halfway goal! To celebrate, our priests, Dr. Fry (HCA principal) and St. Mary staff members visited all classes, sharing the good news and giving away fun campaign swag to the students!

We are Halfway There~ Together, We Can Cross the Finish Line!



our parish happenings

We Could Not Accomplish the Work of the Parish Without You!

All Volunteers ~ St. Mary and Holy Cross Academy - You are warmly invited to attend the

15th Annual Volunteer Appreciation Dinner

Friday, February 17th

6pm - Holy Cross Academy

RSVP to the Parish Office 540-373-6491 or email stmary@stmaryfred.org by Monday, February 13th

St. Mary Parish Lenten Retreat

Finding Jesus this Lent...

With Our Blessed
Mother and the Rosary

*"From
Mary we
learn to surrender
to God's will in all things.
From Mary, we learn to
trust even when all hope
seems gone. From Mary,
we learn to love Christ, her
Son and the Son of God."*

—St. Pope John Paul II

Fr. Jack Riley will lead us on an exhilarating adventure, opening our hearts to the love that Christ has for each one of us, reflected perfectly in our Blessed Mother. Quiet your soul this Lent and engage in conversation with Mary, who radiates all goodness and advocates for us in untold ways.



Fr. Jack Riley has been a priest for over 30 years serving in the Arlington Diocese and beyond. He has taught and led hundreds of retreats and courses for priests, religious sisters and laity around the country and as far as Calcutta, India. Carmelite spirituality and the life and experience of St. Therese of Lisieux permeate his courses and retreat experiences. Fr. Riley currently serves as the Spiritual Director for the San Damiano Retreat Center, and we are thrilled to welcome him to St. Mary!

St. Mary Parish Lenten Retreat
February 27, 28, & March 1
Monday, Tuesday, Wednesday

Every evening at 7:00 pm

St. Mary of the Immaculate Conception Church

our parish happenings

Saint Mary Book Club

Our next meeting will be Tuesday February 14 in the Father Don Rooney Community Room from 10am-12pm. We will be discussing *Dear and Glorious Physician* by Taylor Caldwell. This classic novel presents Saint Luke, the author of the Acts of the Apostles and the Gospel bearing his name. Please come join us, all are welcome.

CCW Welcomes Ashleigh Kassock

The St. Mary Council of Catholic Women's guest speaker on Tuesday, February 21 will be parishioner Ashleigh Buyers Kassock (wife of Isaac, mom to Stephen, Thomas and Avila Rose), who will talk about her career experiences at the Arlington Catholic Herald. Our meeting will start at 10am with Ashleigh; we'll have a refreshments break, a 50/50 cash drawing, the opportunity to sign up/pay to take part in the parish pilgrimage to the Museum of the Bible on March 18 (provided we are not sold out); and a brief business meeting. Remember that everyone is welcome at our programs meetings—guys too! Any contributions to the goodies table will be greatly appreciated. Please join us in the Father Rooney Community Room on the courtyard. We hope to see you there! stmaryccw.org.

Catholics Over 40 & Single

Are you over 40 and single and looking to meet new friends in your community? Folks have reached out asking to restart the "Catholics Over 40 & Single Group" with the intention of building a network of friends. This group would like to create opportunities for those who may be widowed, divorced, or never married to meet other Catholics who share their faith values, to do acts of charity/service, go to the movies, winery and/or brewery, pray together and form friendships/companions. If you are interested in joining this group, we will have an informational meeting to organize outings and events. Please join us Saturday, February 25 at 9:30am, following the 9am Mass in the Fr. Rooney Room. Email Nancy for more information ndegilio@yahoo.com.

Traveling Blessed Mother Statue

If your family would like the Blessed Mother to visit your home, please call or email Mary Lou Felts to schedule a time. 571-723-3333 or maryloufelts@gmail.com.

Adult Confirmation

There will be an Adult Confirmation class led by Deacon Dick beginning in the new year. The class is for anyone who has been baptized and received First Holy Communion but not had the opportunity to be Confirmed. The Class will run about 8 weeks. It is also open to anyone who would like a refresher on the Catholic Faith. Please call the parish office if you wish to be part of the class. The first class begins on Tuesday, February 28th 7pm in the parish library. For more information contact Deacon Dick Delio at 508-740-7733 or ddelio@gmail.com.

Prayers and Squares

We have distributed many quilts to sick and troubled members of our parish family. There is no cost involved in requesting a quilt for a sick family member or friend. The comfort these prayer quilts provide is visible in the faces of those who receive them. Please consider stopping by our table after mass when we put a quilt out and say a prayer as you tie a knot for someone in need.

If you would like to request a quilt for someone, please contact the office or Dian Epp at dbep65@outlook.com.

Super Bowl Scrip

Get ready for the big game now with Scrip! It's never too early to start stocking up for game day. Stop by the Scrip table today and exchange your cash or check for gift cards to use at Giant, Publix, Weis, Walmart, Target, or Buffalo Wild Wings. We also have a Visa debit card for all the other places you may need to pick up items for the big day. Then get ready to shop with your gift cards and pick up all your treats and decorations to make the game great!

To set up an account at raiserright.com, and use our school code so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or need the school code, please email the Scrip Coordinator at scripcordinator@holycrossweb.com. Thanks for using SCRIP and supporting HCA!

Pilgrimage to Museum of the Bible

Join fellow parishioners—men, women and children--on a day trip to the Museum of the Bible in Washington, D.C., on **Saturday, March 18**. This is an exciting opportunity to experience the Holy Bible, with interactive exhibits and a guided tour of Biblical lands! The cost is **\$45 per person** (cash or check payable to "St. Mary CCW"), which includes motor coach fare as well as museum and tour admission. (It does not include lunch, which you may purchase at the museum, or a driver gratuity.) The bus will leave the St. Mary Church parking lot at 7:45am and will return at 4:30pm Sign up NOW at the parish office or at a CCW general meeting; payment is due upon sign-up, and the last day to sign up and pay is March 1st. Check it all out at museumofthebible.org. If you have questions, please direct them to **Carleen Delio, 508-740-4198, or Joyce O'Toole, 540-371-2365**. This will be a memorable day! Make your plans now!

our parish happenings

Medical Volunteers Needed for the Guadalupe Free Clinic (GFC)

The Clinic is a 100% free medical clinic opened in 2005 by Fr. Jerome Magat, to serve the indigent and medically-uninsured population of Colonial Beach and Westmoreland County located Southeast of Fredericksburg. The Clinic is the first Free Clinic established in the Catholic Diocese of Arlington. Guided by Catholic principles for health care, the Clinic seeks to assist in the total healing of all patients. The Clinic needs medical volunteers, specifically, Pharmacists, and Pharmacy Technicians, along with Doctors, Nurse Practitioners, Physician Assistants, Nurses and Spanish Interpreters. The clinic is only open on Wednesdays and Saturdays, so our volunteers normally work once a month or every other month. For more information, please go to guadalupefreeclinic.org, or contact us via email: lcarrington@guadalupefreeclinic.org, or by phone at (804)-224-0571.

Micah Cold Weather Shelter

The Micah Cold Weather Shelter will remain in operation until mid- to late-March. Teams of St. Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (thermal underwear, boxer briefs and t-shirts; sizes M - XL). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolovewalk.net.

St. Patrick's Family Dinner

Saturday, March 18 | 5:30-8pm | PLC
The Knights of Columbus will be hosting an amazing family dinner in celebration of St. Patrick. All proceeds will be used to upgrade the Parish Life Center kitchen equipment.

In Irish tradition, being cooked and served on-site will be Irish soda bread, corned beef, Brussel sprouts, red potatoes, and dessert.

Price: Adults/Teens - \$15, Seniors (60+) - \$12, Children (7-12) - \$10. The maximum cost per family - \$40.

In addition to a wonderful menu, there will be a beer/wine cash bar. Must be 21 years of age or older to purchase or consume alcohol. All alcohol must be consumed on premises.

ADORATION OF THE BLESSED SACRAMENT

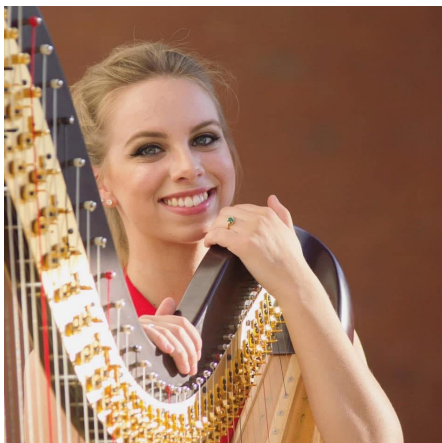
**Adoration of the Blessed
Sacrament at St. Mary's EVERY
Wednesday following the
12 noon Mass ALL DAY – ALL
NIGHT Wednesday & Thursday
Concluding on Friday Mornings at
the 9am Mass.**

*"To be alone with Jesus in adoration
and intimate union with Him is the
GREATEST GIFT OF LOVE – the
tender love of Our Father in Heaven"
- St. Mother Teresa of Calcutta*

**Contact: Serena Nguyen,
Coordinator
Adoration@stmaryfred.org**

Concerts at Saint Mary | Mary Duplantier

On Friday, February 24, at 8pm, Concerts at Saint Mary is excited to welcome harpist Mary Duplantier. Making her solo debut at the age of sixteen performing at the Kennedy Center for the Performing Arts, Mary Duplantier continues to live an active career as an orchestral harpist, chamber musician, soloist and educator.



A sought-after harpist throughout the United States, Duplantier has been heard with the Alabama Symphony Orchestra, the Southwest Michigan Orchestra, the Louisville Philharmonic, the Champaign-Urbana Symphony Orchestra and the Tysons McLean Orchestra. In past years, Ms. Duplantier has been invited to participate in the National Symphony Orchestra's Summer Music Institute and held a faculty position as Harp Orchestra Fellow at the Sewanee Summer Music Festival. Most recently, Mary

Duplantier has been appointed harpist in the Illumine Trio and continues as harpist with the Cincinnati New Music Ensemble, a group which premieres new works by composers world-wide. Ms. Duplantier holds degrees in harp performance from the University of Cincinnati College Conservatory of Music and the University of Illinois at Urbana-Champaign. Ms. Duplantier will be joined by Swiss pianist Marine Eckert. Following the concert, there will be an opportunity greet the artists at a reception held in the Parish Life Center.

vida parroquial

noticias en español



Conferencia Libres y Felices en Cristo Jesus

Basado en las 5 Llaves de Liberado de Neal Lozano (Unbound) • El Ministerio Liberado pone el poder de Dios en los corazones heridos

Febrero 25-26, 2023

De 08:15 am
a 06:00 pm

\$75

Iglesia St Mary of the Immaculate Conception

Centro de Vida Parroquial, 1009 Stafford Ave, Fredericksburg, VA 22401

Incluye desayunos
y almuerzos

**La conferencia
te dara el poder**
para romper el poder
de las cadenas que
atan/esclavizan tu
vida para que puedas
caminar en plena
libertad

**Cada uno de nosotros esta peleando
una batalla invisible con:**

- Pensamientos negativos, pecados ocultos y relaciones no sanas
- Habitos destructivos, idolos y falsa identidad
- Resentimiento; heridas y amarguras que parecen nunca sanar

¿Que tal si tu vida pudiee alcanzar y
experimentar el amor de Dios?
Tu vida nunca seria igual!

**Para mas Información
llamar a:**

Giovanni (540) 373-6491
Rafael (703) 991-3034

Cupo Limitado

Por la naturaleza de la conferencia
es importante no traer niños.

**Enlace de
registro**



Requisitos para recibir los Sacramentos

BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado
- Preparación de 2 años

Inscripciones abiertas julio 2022
llamar a la oficina parroquial

CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 3 años

Inscripciones en la oficina julio 2022

RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

vida parroquial

noticias en español

A JESUS POR MARIA

Consagracion al Inmaculado Corazon de Maria

Lunes, 20 Febrero

Para inscribirse~ Gustavo Guzman 540-229-3313

ADORACIÓN EUCARÍSTICA



ST. MARY OF IMMACULATE
CONCEPTION



¡VEN Y
ADOREMOS AL
AMOR DE LOS
AMORES!



Como el Padre me
amó, también yo los
he amado a ustedes.
Permanezcan en mi
amor. Juan 15:9

**MARTES
14 DE FEBRERO**

7:00PM

Lugar: Iglesia St. Mary



1009 STAFFORD AVE FREDERICKSBURG, VA 22401

a Jesus por María

CONSAGRACIÓN AL INMACULADO CORAZON DE MARIA



Fecha de inicio:
20 de febrero

¡Mi Inmaculado Corazón
triunfara!

Para inscribirse llamar a:

Gustavo Guzman: (540) 229-3313



Iglesia St. Mary

our parish youth ministry



February

Month of The Holy Family

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1 YOUCAT	2	3 MS CYM	4 FIGHT CLUB
5 HS CYM	6	7	8 NO YOUCAT	9 FEMININE GENIUS	10	11 FIGHT CLUB
NO HSYG 12 SUPER BOWL	13	14	15 YOUCAT	16	NO MSYG 17 H.S. RETREAT	18 FIGHT CLUB
NO HSYG 19 RETREAT	20	21	NO YOUCAT 22 ASH WEDNESDAY	23 FEMININE GENIUS	24	25 FIGHT CLUB
26 HS CYM	27	28	1	2	3	4

DATES FOR FEBRUARY LEADERSHIP MINISTRY AND SENIOR MINISTRY TBD

CANCELLATIONS:

No YOUCAT 2/8: Retreat Meeting for Adult Volunteers
 No HS CYM 2/12: Super Bowl Sunday
 No MS CYM 2/17: Volunteer Dinner & HS Retreat
 No HS CYM 2/19: HS Retreat
 No YOUCAT 2/22: Ash Wednesday

HS CYM

HIGH SCHOOL YOUTH GROUP (9th-12th)

Every Sunday, 6:00 - 8:30pm
 Parish Life Center

Dinner, friends, and faith formation for high school!

MS CYM

MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm
 Parish Life Center

Dinner, friends, and faith formation for middle school!

YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm
 John Paul II House

Dive deeper into your Catholic faith!

FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:30-8:00am
 Parish Life Center

Explore what it means to be a Man of God!

FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm
 John Paul II House

Explore what it means to be a Woman of God!

SENIOR MINISTRY (12th)

Monthly Potluck Dinner & Discussion
 John Paul II House (5:30-7:00pm)

Prepare to live out your faith beyond high school!

LEADERSHIP MINISTRY (9th-12th)

Monthly Sunday Meetings, 4:00-5:00pm
 Parish Life Center

Build your confidence and peer leadership skills!

WE WELCOME YOU HOME. 540-373-6491

our parish micah ministries

St. Mary's & Micah Ecumenical Ministry

Brief Micah History

Downtown Fredericksburg congregations have been involved with the community's homeless population since the late 1980s, when we opened our church buildings as shelter space and provided meals to those in need. As that original initiative evolved, many people who lived chronically on the street found themselves ineligible due to unmedicated mental illnesses, disabilities, criminal backgrounds and other barriers. With no other place to access shelter and support, they found themselves literally sleeping on the street and they turned to the local churches for help.

Congregations initially responded through the development of various ministries in their individual churches. But after a community effort to help the original shelter find a permanent location in 2005, the downtown churches coalesced around a new vision for assisting those whose needs were not being met.

Doing justice, loving kindness and walking humbly with God, as things the Lord requires of us (Micah 6:8), became the foundational values for forming the collaborative effort that the churches call Micah Ecumenical Ministries. To this day, nine downtown congregations claim part of their missional identity in Micah, working together to cultivate community and care for neighbors. As recognition that the body of Christ can always do more together than it can ever do apart, the clergy of these churches guide the organization.

How Can You Help?

Next Weekend, February 18-19th St. Mary's Second Collection is in support of the "Love your Neighbor" Campaign for Micah – please be generous.



Coldest Night of the Year

Saturday, February 25th - Walk OR Support a Walker! Visit the St. Mary team page bit.ly/3WeO4vb

Micah Dinner Team

Join one of our teams **cooking, serving and engaging** with those in need in our community. Contact Torie Baldwin keetongirl2@yahoo.com

Cold Night Shelter

Join one of our teams setting up, checking-in, and engaging with those in need of shelter on a cold night. Contact Greg Wheatley greg_wheatley@hotmail.com (see bulletin notice regarding collection of items needed ie. socks, undershirts etc.)

Micah Hospitality Center

The center on Princess Anne Street is **always seeking volunteers** to assist our neighbors in need. They are open Monday-Friday from 10am-2pm and Thursday 3-5pm. Interested? Call 540-479-4116

coldest*night

OFTHEYEAR.ORG

&

Saint Mary

JOIN US

St. Mary's Militia Team

As we **WALK** to bring **AWARENESS** about our Homeless Brothers & Sisters and **SUPPORT** the good work of Micah Ecumenical Ministries

Saturday, February 25, 2023

"The Coldest Night of the Year"

All are welcome to join ~ parents, kids, family and friends

Register to Walk at bit.ly/3WeO4vb (All participants must be registered to walk)

Unable to join us? Visit the registration link above and make a donation in support of our team and walk in spirit with us!

Schedule

4pm Check-in
5pm Opening remarks + walk begins
6pm Light meal served
7pm Event ends

Details

Walk begins and ends at **Hurkamp Park - 500 William Street**
You may participate in the **1 Mile or 5k Walk** - visit cnoy.org for route information
All walkers must check-in personally to participate
Raise \$150 (\$75 for walkers under 18) and receive a **CNOY Beanie**
Dress Warmly – coat, hat, gloves and warm shoes
Bring a water bottle
Bring a spirit of charity for others!

"For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me." Matthew 25:35

Questions? Contact Elena Doyle edoyle@stmaryfred.org

MY SOUL *Rejoices* IN THE *Lord*



A MESSAGE FROM BISHOP BURBIDGE



As we are now into the second year of preparation leading to the celebration of our diocesan 50-year Jubilee, we are filled with joyful anticipation! So, too, was the Blessed Virgin Mary when the Angel Gabriel appeared to her bringing the news that she was to be the mother of Jesus. Our 2023 Bishop's Lenten Appeal (BLA) theme honors Mary's "yes" and is shared with the theme of the diocesan Jubilee's second preparatory year, *My Soul Rejoices in the Lord*.

I ask you to consider prayerfully a sacrificial pledge to this year's BLA. Your gift will be used to enrich and improve the lives of others and will be an instrument of the joy and peace that only Christ can give!



2023 BISHOP'S LENTEN APPEAL

CATHOLIC DIOCESE OF ARLINGTON

THE BISHOP'S LENTEN APPEAL: *Your* GIFTS AT WORK IN OUR DIOCESE!

We seek to imitate the perfect example of our Blessed Mother by proclaiming the greatness of the Lord each day as we live our faith and share our blessings.



The Office of Youth, Campus, and Young Adult Ministries returned to an in-person RALLY with 700+ people participating in this day of faith and fellowship! RALLY is designed to help students deepen their relationship with Christ and love for the Church by participating in a large Catholic celebration with hundreds of their peers.



There are 48 men currently studying for the priesthood, who, God willing, will one day serve in our parishes.



Over 1,500 people across the diocese attended the Diocesan Family Festival to enjoy music, food and attend outdoor Mass with Bishop Burbidge.



Gabriel Project provided prenatal care and support for 383 mothers in need!



Catholic Charities continues to meet the increase of requests for rent/mortgage and utilities assistance, groceries and mental health counseling. The St. Lucy Food Project fulfilled more than 49,394 requests for assistance, distributing over 1.7 million pounds of food last year.

MY SOUL *Rejoices* IN THE *Lord*

Matching Gift Opportunity!

The Diocese of Arlington has received a challenge gift this year, which we hope will inspire you to make as generous a gift as possible to the 2023 BLA!

The challenge gift will match new or increased donations. So, every dollar donated above your last BLA gift amount will be matched up to \$250,000. And if you are donating for the first time to the BLA, your entire donation will be matched!

Ways to Give

Online Giving - You may make a one-time gift or set up recurring monthly gifts via credit card at our secure site: www.arlingtondiocese.org/BLA or scan the QR code below.

Pledging - You may make a pledge commitment and send payments throughout the year. You will receive monthly statements until your pledge is completed. The statements include an option to pay by credit card or direct debit.

Checks - May be made payable to "Bishop's Lenten Appeal" or "BLA" and mailed to the address below.



Youth Ministry



Campus Ministry



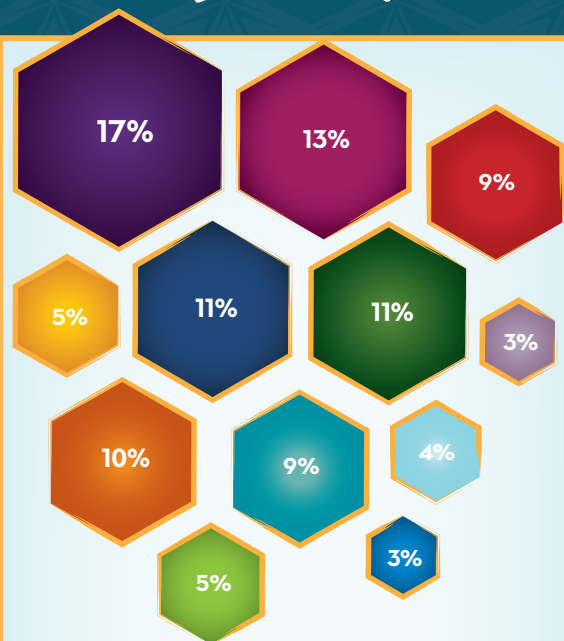
Catholic Charities



Catholic Schools



Multicultural Ministries



100% of all donations received for the BLA are restricted gifts to be used within the diocese for the sole benefit of the programs and ministries outlined below.

- 17%** Seminarian Education and support, Vocation Awareness Programs, Permanent Diaconate Program
- 13%** Programs, offices and ministries that assist our 70 parishes, 6 missions, and 4,600+ parish, school and diocesan personnel
- 11%** Catholic Schools, Office of Divine Worship and Religious Education Programs
- 11%** Office of Youth, Campus and Young Adult Ministries
- 10%** Catholic Charities, parish subsidies and other charitable works that assist people in need
- 9%** Office of Marriage, Family and Respect Life and the Diocesan Tribunal
- 9%** Support to the Virginia Catholic Conference and Chancery offices assisting the Bishop as he leads our parishes and the diocese
- 5%** Diocesan development and communication programs
- 5%** Spanish Apostolate and Multicultural Ministries
- 4%** Evangelization efforts including: INOVA Hospital Ministry, Peace and Justice Commission, Spiritual Assistance Ministry and our Dominican Republic Missions
- 3%** Parish/Diocesan properties and land development
- 3%** San Damiano Spiritual Life Center

This chart reflects projected 2023 BLA funding for \$20.3 Million which is allocated to these various areas.

For more information, please call the Bishop's Lenten Appeal office at 703-841-2570 or visit our website at

www.arlingtondiocese.org

CATHOLIC DIOCESE OF ARLINGTON
BISHOP'S LENTEN APPEAL

200 North Glebe Road, Suite 811, Arlington, VA 22203

To make an online gift or pledge, visit
www.arlingtondiocese.org/BLA
Or scan here to make a donation:



operations given in love

Weekly Offertory

Donations Received January 24 to January 30

Sunday Offertory	\$26,689.00
Church in Latin America	\$158.00
First Offering for Envelopes	\$105.00
St Vincent de Paul Poor Box	\$302.00

Thank you for your generosity.

Special Collection Micah Love Your Neighbor Campaign

February 18 & 19

Pro-Life Reflection

If I speak in the tongues of men, and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing.

*Love is patient and kind;
Love is not jealous or boastful;
It is not arrogant or rude.
Love does not insist on its own way;
It is not irritable or resentful;
It does not rejoice at wrong,
but rejoices in the right.
Love bears all things, believes all things,
hopes all things, endures all things.
Love never ends;
As for prophecies, they will pass away;
As for tongues, they will cease;
As for knowledge, it will pass away.
For our knowledge is imperfect
and our prophecy is imperfect;
but when the perfect comes,
the imperfect will pass away.*

When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became a man, I gave up childish ways. For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall understand fully, even as I have been fully understood. So faith, hope, love abide, these three; but the greatest of these is love. (1 Cor 13)

Children's Charity - February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to hazelwildfarm.com.

Helpful Hints & Reminders

– Did you know that when you write a check, you should use only black or blue ink? All other colors may look very nice, but they don't show up on bank scanners and will not be accepted by the bank. So please use only black or blue ink when writing a check.

– When you receive your 2022 contribution statement, you may notice that one or more of the collections may show only a penny as your contribution. That's because when the envelope was received for posting in our database, no amount was written on the envelope, so a penny was entered to show that an envelope was received but the amount was unknown. Don't forget to write the amount of your contribution on the outside of your contribution envelope.

– From time to time we receive contributions in envelopes from other parishes in the Diocese. If there is no notation, it is our policy to send these contributions to the parish indicated on the envelope. If your contribution is actually meant for St. Mary, please be sure to use St. Mary envelopes, or a plain envelope with your name and address indicated, or cross out the name of the parish on the envelope and clearly write St. Mary on the envelope so that we can process your contribution properly.

– Our parish supports the Society of St. Vincent de Paul in their outstanding ministry to those in need, through all Poor Box Donations. If you wish to make a poor box donation by check, please be sure to make the check payable to St. Mary Catholic Church. If you make your check payable to St. Vincent de Paul, the check should be mailed directly to them at PO Box 1493 College Station, Fredericksburg VA 22402.

liturgy daily bread

Saint Mary Prayer List - February

Please pray for those who are sick or in need, especially:

Adam Stanislawski, Audrey Camill, Chiara Stanislawski, Chris Breth, Gemma Anglin, Jason Stoker, Joanne O'Brien, Johna & David McNichol, Karl Eugene, Lil Cruz, Shirley Bozicevic, Walter Bennett, Anthony Yantiss, Barbara Wallace Drummond, Beth Kelly, Carol Hurt, Chris Breth, Christine Bradley, George Dwyer, Guadalupe Araujo Vargas, Helen Quattlebaum, Jack Beal, Joe Clay, John Curtis, Jorge A. Lecea, Jose Bravo Tapia, Joseph Krieg, Justin Thacker, Kat Knowles, Larry & Linda Dillman, Louise Curtis, Louise Ravert, Michael Fedowitz III, Michelle Carrem, Patricia Wallace, Theresa Bravo Araujo, Tina Greene, Gary Rolla, Re & Chris MacCarthur

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Are You Affected By A Loved Ones' Addiction to Drugs?

If you are, please be aware that there is a program at St Mary that offers support to family members and friends of loved ones struggling with this problem. The program is called Nar-Anon.

One of the best benefits of Nar-Anon is that you will find compassion and support from others who are experiencing similar problems and struggles as well as people who have made it through these struggles. You will have the opportunity to hear stories from other members who have addicts in their families as well and see what coping mechanisms worked for them.

All information and discussion at the meetings are non-judgmental, informative, and strictly confidential. The meetings are in Room 100 in the Parish Life Center on Thursday from 7-8 pm and are open to the community at large. For more information, contact Wayne at cushingwr@gmail.com/540-840-5230 or Wanda at wandasj823@gmail.com/540-538-6978.

Daily Mass Intentions

February

13 MONDAY

6:30am Joseph Dutra
9:00am Roseanne and William Burke+
Gn 4:1-15, 25/Mk 8:11-13

14 TUESDAY

6:30am Indira Davelba Murillo-Alvarado
9:00am Shirley Alrutz+
Gn 6:5-8; 7:1-5, 10/Mk 8:14-21

15 WEDNESDAY

6:30am Cesar Anchiraico
8:15am* Jean Dubois+
9:00am The Sequeira Family
Gn 8:6-13, 20-22/Mk 8:22-26

16 THURSDAY

6:30am John Buyers+
9:00am John Wrobel+
Gn 9:1-13/Mk 8:27-33

17 FRIDAY

6:30am Mark Niederkofler+
9:00am Bob and Suzette Young
Gn 11:1-9/Mk 8:34—9:1

18 SATURDAY

9:00am Carolyn Beard+
5:00pm Christopher Grey+
7:00pm Nancy Ronckovitz+
Heb 11:1-7/Mk 9:2-13

19 SUNDAY

7:00am Vinh-Thao Family
8:30am Irene Starrs
8:30am* Maria Tuyet Vu
10:30am Lillian George Hagans
10:30am* Heddy and Chuck Hellmann
12:30pm Jeanette McClung+
2:30pm Roben Mantilla & Margarita Azcure+
5:00pm For Our Parish
7:00pm Lio Guzman
Lv 19:1-2, 17-18/1 Cor 3:16-23/Mt 5:38-48

** Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*