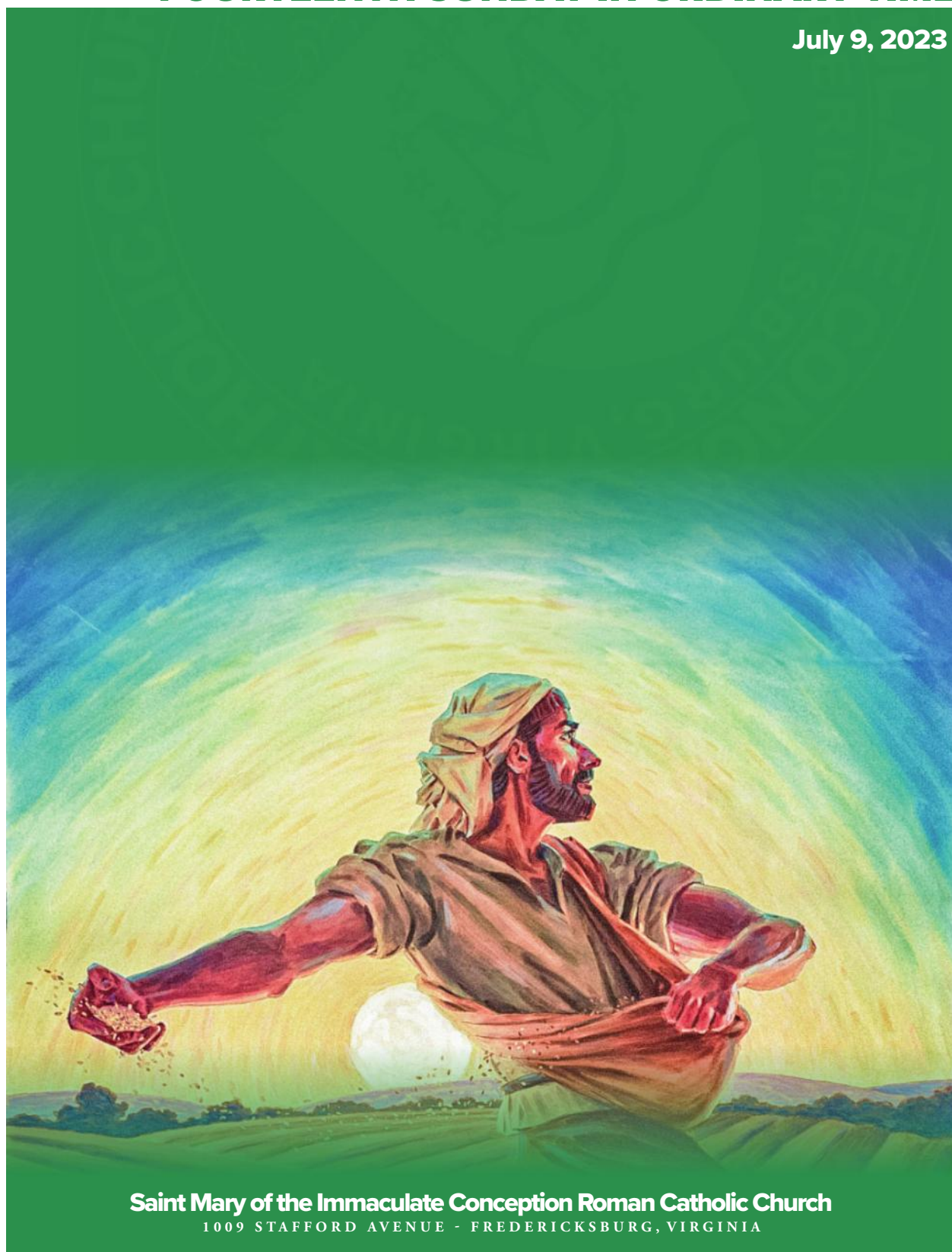


FOURTEENTH SUNDAY IN ORDINARY TIME

July 9, 2023



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

Growing Our Legacy of Faith

ALL ST. MARY PARISH FAMILIES ARE INVITED
"GROWING OUR LEGACY OF FAITH" CAPITAL CAMPAIGN

GROUP INFORMATION



SUMMER SUNDAE SESSIONS

Come & Learn About All the Wonderful Plans for
St. Mary & Holy Cross Academy!
Join Fr. Mosimann and the Capital Campaign Team
~ Listen, Ask Questions & Discern ~

June 15 | 7pm PLC
June 23 | 7pm PLC
July 9 | 12pm Subs Provided at HCA
July 25 | 7pm PLC ~ En Español
August 7 | 7pm PLC

Children Invited & Childcare Provided

Scan to RSVP



**Or call the office
540-373-6491**

ENCOURAGEMENT FROM THE PEWS

"We cherish our faith as the greatest gift we have been given. For the past 8 years we have been able to practice our faith because of the sacrifices of the St. Mary's parishioners who have gone before us and provided the facilities we enjoy today. Now there is a need to improve those facilities including the creation of an Adoration Chapel. We are happy to respond to that need. We see our contribution to the Capital Campaign as our gift to future generations of priests, parishioners and students of Holy Cross Academy (a beacon of light and truth in an otherwise dark world). A contribution to the Capital Campaign has a monetary value but only God can measure the value of a faith sharing gift to future generations."

- Gerry and Barbara Clarke



DID YOU KNOW.....

The fifth precept of the Church isproviding for the needs of the Church? This includes both short term and long term needs.

As stewards of the treasures we receive from God, we recognize it is our responsibility to enrich and sustain the spiritual home of our community, like those who have sacrificed before us. All members of our parish family are invited and encouraged to attend one of summer information sessions and learn all the details first-hand, so that each may prayerfully discern making a sacrificial pledge to the "Growing Our Legacy of Faith Capital Campaign".

from our pastor

Folks,

Oh Noooooo!!!!!! I didn't write about the 4th of July last week! And I LOVE this holiday! Next to Christmas, this was my favorite holiday as a child! So Happy [belated] Fourth of July! Do we have a duty to our love our country? Yes. Why?

One way to consider patriotism is found in having a proportionate love of country as the specific community where the Lord has given me life, support, and opportunity. It is no wonder that the Catechism of the Catholic Church touches upon it in paragraphs about the fourth commandment to honor father and mother:

In our brothers and sisters we see the children of our parents; in our cousins, the descendants of our ancestors; in our fellow citizens, the children of our country; in the baptized, the children of our mother the Church; in every human person, a son or daughter of the One who wants to be called "our Father." CCC 2212.

Human families, parishes, cities, and nations are made up of persons. These communities are an expression of the loving providence of God.

The love and service of one's country follow from the duty of gratitude and belong to the order of charity. CCC 2239

I think sometimes of an account written by a Catholic convert from atheism, Jennifer Fulwiler. Her objections to faith melted the more she contemplated that her love for her family had to be more than just chemical reactions in a highly evolved, but meaningless arrangement of matter.

Because we have encountered uncreated love, through created beings, we owe to them a veneration of gratitude and respect. To love our families, parishes, city, and country does not mean that we are blind to faults. It is because we love that we can strive to improve every level of society.

Why do I love America? Because Jesus commanded me to "Love the Lord God with your whole heart, mind and soul; and love your neighbor as yourself."

I hope you enjoyed the holiday. God Bless America.

pax,



Fr. Mosimann

A Note from Fr. Sean Koehr

Dear St. Mary's Family,

As I write, I am about to enter silence for the next 30 days to spend intimate time with my Lord. I will be receiving the Spiritual Exercises of St. Ignatius during the month of July as I prepare for my next mission in the Navy. St. Augustine once said, "Men go abroad to wonder at the heights of mountains, at the huge waves of the sea, at the long courses of the rivers, at the vast compass of the ocean, at the circular motions of the stars, and they pass by themselves without wondering."

As I take the time to wonder at the immense blessings and mercy of God in my soul, I think of you. You are a manifestation of God's love for me. I do not have the opportunity to thank each of you personally before I begin my retreat, but I am overwhelmed with gratitude for the outpouring of prayer and affection from so many of you over the past four years.

When a father becomes a father for the first time, he doesn't know how to be a father. His firstborn teaches him. His spouse teaches him. The family pulls the love out of him. The family teaches him how to protect and provide, encourage and nurture those placed under his care.

You have taught me how to be a father. You have taught me how to give and receive; how to live and die; how to grieve and rejoice in the Lord. You will always have a special place in my heart. Thank you for giving me the privilege to serve as one of your spiritual fathers with Fr. Mosimann, Fr. Kelly, Fr. Cozzi, Fr. Sina, Fr. Folmar and Fr. Renner. Thank you for your devotion and fidelity to Jesus. Thank you for teaching me how to pray for you and with you. Thank you for giving me the grace to witness the work God is doing in the holy ground of your souls. I will offer a novena of Masses for you that he may bring that work to completion.

I will miss you. It is painful to have to leave you, because I love you. You have expanded my heart. You have made me a father and now I go to serve other children of God. Please pray for me as I continue to labor, that I may be a shepherd after the Father's heart.

Yours in Christ,

Fr. Sean Koehr

announcements

The St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm
First Friday 7pm Norvus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor
Fr. Phillip Cozzi, Parochial Vicar
Fr. Robert Renner, Parochial Vicar
Fr. Tim Courtney, Parochial Vicar
Fr. Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Mary Buer
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue
Fredericksburg, VA 22401

education holy cross academy

HCA Space Camp

Our first summer camp of the season was a success. Campers enjoyed fun lessons about our universe, crafts, games, and even a sampling of astronaut food! The camp concluded with campers making their own rocket experiment. Occasional rain kept them inside but they took the opportunity to burn off some extra energy with relay rocket races. Racing scooters down the long hallway of the school is every student's dream. Campers also learned about summer solstice, the longest day of the year.

Outdoor Classroom

Teachers and students have been so excited to use our new outdoor learning space. The last couple of weeks of school afforded many classes the opportunity to enjoy the space. Thank you to our National Junior Honor Society for helping this come to fruition, with generous donations from Luck Stone and ArborPro.

2023-2024 Applications/Tours

If you have considered making an academic change for your student, it's not too late. We still have room in some of the grades. Please contact Mrs. Lanier by email (dlanier@holycrossweb.com) or call the school office (540-286-1600).

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at HCAPreschool@holycrossweb.com or call 540-373-7553.

Open Positions at Holy Cross Academy

Interested in joining our team? Holy Cross Academy Preschool has openings for Part-time Lead Teachers/Aides for the 2023-24 school year. Interested candidates should contact Sheri Castellarin at 540-373-7553 or preschool@holycrossweb.com.



*A National
Blue Ribbon
School of
Excellence*



education religious education

REGISTRATION FOR RELIGIOUS EDUCATION CLASSES IS OPEN!

Please visit the parish office TODAY to register your children!

VBS 2023

**Empowering Today's Kids
with ROCK Solid Catholic
Doctrine!**

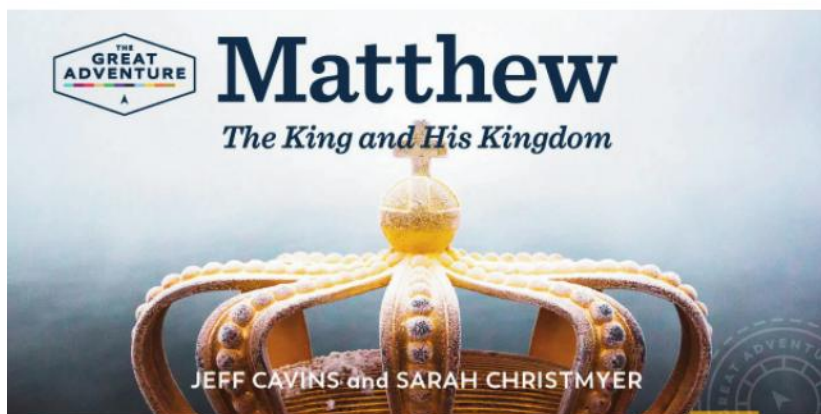
St. Mary Vacation Bible School 2023 was held at Holy Cross Academy June 26-30. Approximately 160 children ages 4 to 12 attended.

The children spent the week with Jesus, our King and Mary his mother. They visited the Kingdom and enjoyed many games, faith lessons, crafts, music and snacks. They learned about Mary and how she leads us closer to her Son, the King of Kings. They ended the exciting week with a family Mass followed by pizza, songs, dancing and many happy children. Thanks to Caryn Vezina and all the amazing volunteers for the many months of planning, preparing, decorating and finally implementing a memorable week. The children are definitely closer to Jesus through His Mother, Mary. Thanks also to the families for bringing the children each day!



education

adult education



The book of **Matthew** brings the history of Christ to life. We see Jesus as the awaited Messiah who fulfills the promises and prophecies of the Old Testament, establishes the New Law, and inaugurates the kingdom of heaven. *Matthew: The King and His Kingdom*, a **twenty-four-part** Bible study, explores how Jesus is challenging and empowering us to a new level of holiness and shows how we must be thoroughly immersed in the kingdom of heaven on earth, the Church, to live it.

St. Mary's will begin ***Matthew: The King and His Kingdom*** on **Monday, September 11 at 12:45 pm** in the Courtyard meeting room. Participants will meet to view an engaging video presentation followed by group discussion. Cost for materials is between \$35-\$40. Class size is limited to 25 people. Visit the Parish Office to sign up and pay for materials. Materials will be distributed at the first class. Facilitator: Bryan R.

The **Acts of the Apostles** is the story of how a few Christians empowered by the Holy Spirit were chosen to bring Christ and the Good News to the ends of the earth. *Acts: The Spread of the Kingdom* is a Bible study that traces how the gospel witness spread outward in waves from Jerusalem and reveals how the seeds of Church structure and authority took root. It shows how the joys and struggles of the early Christians in living the life of Christ apply to us today.



St. Mary's will begin a **twenty-week** Bible study ***Acts: The Spread of the Kingdom*** on **Wednesday, September 13 or Thursday, September 14 at 9:45 am** in the Courtyard meeting room. Participants will meet to view an engaging video presentation followed by group discussion. Cost for materials is between \$30-\$40. Each class size is limited to 25 people. Visit the Parish Office to sign up and pay for materials. Materials will be distributed at the first class. Facilitator: Suzette Y.

Continue reading the bulletin for other upcoming adult education opportunities.

our diocese pro-life activities



Committee on Pro-Life Activities

3211 FOURTH STREET NE • WASHINGTON DC 20017-1194
202-541-3070 • FAX 202-541-3054 • E-MAIL: PROLIFE@USCCB.ORG • WWW.USCCB.ORG/PROLIFE

Chairman's Statement on *Dobbs* Anniversary

June 24, 2023, marks the one-year anniversary of the Supreme Court's decision in *Dobbs v. Jackson Women's Health Organization*, and we have much to celebrate. By the grace of God, the nearly fifty-year reign of national abortion on demand has been put to an end. *Roe v. Wade*—a seemingly insurmountable blight on our nation—is no more! This is a day for continued joy and for gratitude; a day to recall the countless faithful laborers who have dedicated themselves to prayer, action, witness, and service in support of the cause of life; and a day to thank God for His unending faithfulness.

Even as we celebrate, we are reminded that this is not the *end*, but the *beginning* of a critical new phase in our efforts to protect human life. Despite this momentous legal victory, sobering and varied challenges lie ahead of us. Over the past year, while some states have acted to protect preborn children, others have tragically moved to enshrine abortion in law—enacting extreme abortion policies that leave children vulnerable to abortion, even until the moment of birth.

In this shifting political landscape, we persist confidently in our efforts to defend life. The work that lies ahead continues to be not just changing laws but also helping to change hearts, with steadfast faith in the power of God to do so. The task before us begins with our knowledge of the truth and our courage to *speak* it and to *live* it with compassion.

Each of us is called to radical solidarity with women facing an unexpected or challenging pregnancy. That means doing whatever we can to provide them with the care and support they need to welcome their children. I thank the millions of individual Catholics who are already personally living out this Gospel call through parish and community initiatives like [Walking with Moms in Need](#).

We must likewise extend a compassionate hand to all who are suffering in the aftermath of participation in abortion. The Church continues to share Christ's healing and infinite mercy with women and men through diocesan [Project Rachel Ministries](#).

As we each consider how we are uniquely called to build a culture of life, I invite you to join a growing community of Catholics who have subscribed to Respect Life Prayer and Action. When you sign up, you will receive prayers, alerts to contact Congress and government leaders on important legislation, and ways to strengthen a culture of life in your community. You can sign up today at respectlife.org/prayer-and-action.

May all people of faith and good will work together to proclaim that human life is a precious gift from God; that each person who receives this gift has responsibilities toward God, self and others; and that society, through its laws and social institutions, must protect and nurture human life at every stage of its existence.

Most Reverend Michael F. Burbidge
Bishop of Arlington
Chairman
USCCB Committee on Pro-Life Activities

our parish happenings

Youth Mentors Needed ~ Catholic Charities Migration Refugee Services

Making a difference in young refugee lives simply with your presence, knowledge and compassion is one of the most generous and rewarding acts you can take part in today. The opportunity to directly change the course of a young life is nothing short of inspirational when you look back on where they started to where they are today and where they may go tomorrow. Our MYVA program is an opportunity to have this type of unforgettable impact by helping young refugees navigate the many influences that surround them after arrival to the country. Having just one person to ask questions or who can help provide support and guidance is more valuable to a young refugee than you can imagine.

Please consider becoming a mentor – it requires no more experience than a giving heart and the desire to have fun while helping our youth find their way in our society. Tasks include helping with school information, college opportunities, job applications and many more. The opportunities for learning and discovery are endless. Refugee youth often have questions about our country, how to navigate community resources and even how to drive. We ask for a minimum of 6 months commitment and at least 2 hours a week as our youth are in need of stability and consistency in their relationships with new individuals. Studies show the longer the relationship the greater the impact and just a couple hours a week is enough to make a significant difference in their lives. Thank you for your consideration! Contact Kathleen Renfroe, MRS Fredericksburg site supervisor, at kathleen.renfroe@ccda.net

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

ENCOUNTER SCHOOL OF MINISTRY SUMMER INTENSIVE COURSE

July 31 - August 3, 6pm
Mother of God Community, Gaithersburg, MD 20879

The Encounter School DC Campus in Gaithersburg, a two-year prayer ministry program approved by the Archdiocese of Washington, is holding a Summer Intensive Course from July 31-August 3 that will present inspirational talks from the first four quarters of the two-year program. Talks will include presentations about our Identity and Transformation in Christ, Hearing God's Voice & the Prophetic Gifts of the Holy Spirit, Power & Healing, and Inner Healing & Freedom. All who are interested in encountering Christ in a deeper way - and learning to help others do the same - are encouraged to attend!

Summer Intensive will be held at the Mother of God Community 20501 Goshen Rd. Gaithersburg, MD 20879 at 6 PM.

For more information see encounterschooldc.org or visit <https://encounterdc.regfox.com/encounter-dc-summer-intensive-2023>

Scan the QR Code to Register Now!



our parish happenings

Come out for St. Mary's Night at the Ballpark!!

Reserve your seats in the St. Mary section by using the QR code below!

Let's GO FREDNATS!

**ST MARY OF THE IMMACULATE
CONCEPTION CHURCH NIGHT**



WITH THE *FredNats*



THURSDAY, AUG. 3RD • 7:05PM

Join your parish at the ballpark and experience a night of fun!

Head to Virginia Credit Union Stadium and catch a FredNats baseball game with your friends and family.



**PLAN YOUR GAME
NIGHT TODAY!** ★ ★ ★

Purchase your tickets here:
<https://fevo.me/41ZjpnK>
or by scanning the
QR Code:



For more information, contact Austin Byrd at abyrd@frednats.com or 540-681-1536

Follow the FredNats:



/FXBGNats



@FXBGNats



@fxbgnats



our parish happenings

Blood Drive - July 24, 2023

Urgent Need Support the American Red Cross Blood Mobile Drive. Our Blood Drive is July 24, 10am- 4pm in the PLC. Red Cross would like to have between 20-40 donors. If you make an appointment to donate please arrive only a few minutes before your scheduled time for your appointment, if early please remain in your vehicle until a few minutes before your scheduled appointment. We will use the door furthest away from the church to enter and the door closest to the church to exit the PLC.

Schedule your appointment: redcrossblood.org

Men, are you looking to energize your spiritual journey this summer?

COME JOIN US AT THE

"That Man is You" Regional Men's Conference 2023

ALL MEN WELCOME! ATTENDING A TMIY PROGRAM IS NOT A REQUIREMENT! GUEST SPEAKERS. FOOD PROVIDED. NO COST.

**Saturday July 15
8:30 AM to 3:30 PM**

St. Timothy Catholic Church, 13807 Poplar Tree Rd,
Chantilly, VA 20151

FOR MORE INFORMATION & TO REGISTER
SCAN THE QR CODE OR VISIT THE LINK BELOW



TMIYRegionalConv.eventbrite.com



View the TMIY Mission night to see what TMIY is about

vimeo.com/819618082/057d7988ce

QUESTIONS?

TMIYREGIONALCONV1@GMAIL.COM

Over 40 Singles

Mission: to develop and coordinate activities for single, widowed, or divorced Catholics over 40 years of age. To foster spiritual growth, friendships and service to St. Mary Parish and our community.

Time: meeting once a month to plan dates for events and get-to-togethers as a group.

For more information contact Eileen Walts with any questions emw5348@gmail.com.

St. Mary Outreach

We are in need of a vehicle for a parish family that can seat at least 6.

If you have a mini van or SUV that you no longer need, consider donating it to St. Mary's.

We can provide you with a tax receipt.

Thank you. Please reach out to Elena Doyle edoyle@stmaryfred.org.



CCW Yard Sale - July 15

Our big Yard Sale will be at the Parish Life Center Saturday, July 15, from 8am-2pm. Come shop the treasure trove! Bring your friends! All proceeds go to support our church and school and local charities.

We will accept toys, books, housewares, potted plants, just about any item you care to donate, except clothes, shoes, encyclopedias and infant car seats. (Car booster seats are okay. So are commercial--not DIY--VHS tapes.) Clean out that attic, basement, garage, and junk room (we've all got 'em) now! You'll be glad you did!

Drop off hours:

Thursday, July 13 – 9:30 - 11:30am and 4:30 - 7pm

Friday, July 14 – 9:30am - 7pm

No donations accepted on Saturday, the day of the sale

Upcoming Community Bazaar

On Sunday, July 16th from noon- 4pm, Saint Michael Catholic High School will be hosting a community bazaar for buyers & sellers. Inside tables: \$20/Outside spots: \$10. 540.548.8748 or buttaro@saintmichaels.org to reserve your space today! Or come shop and find bargains!

our parish youth ministry



July

Month of the Precious Blood

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|------|-------------------------|-------------------------|-----------------------|------|------|
| 25 | 26 | 27 SPORTS TUESDAY | 28 CHOSEN STUDY | 29 CHESS CLUB | 30 | 1 |
| 2 | 3 | 4 4TH OF JULY | 5 CHOSEN STUDY | 6 CHESS CLUB | 7 | * 8 |
| * 9 | * 10 | 11 SPORTS TUESDAY | * 12 CHOSEN STUDY | * 13 CHESS CLUB | * 14 | * 15 |
| 16 | 17 | 18 SPORTS TUESDAY | 19 CHOSEN STUDY | 20 CHESS CLUB | 21 | 22 |
| 23 | 24 | 25 SPORTS TUESDAY | 26 KINGS DOMINION | 27 CHESS CLUB | 28 | 29 |
| 30 | 31 | 1 | 2 | 3 | 4 | 5 |

* Please pray for everyone on the mission trip to the Dominican Republic July 8 - 15th

SPORTS TUESDAY (6th-12th)

Every Tuesday, 6:30 - 8:00pm

Holy Cross Academy

Fellowship and sports for middle and high school!

THE CHOSEN BIBLE STUDY (9th-12th)

Every Wednesday, 6:00 - 8:00pm

John Paul II House

Watch and discuss Season 1 of *The Chosen* with scripture!

CHESS CLUB (3rd-9th)

Every Thursday, 2:00-3:30pm

Parish Life Center

Play chess and grow in skill and sportsmanship!

SPECIAL EVENTS!

KINGS DOMINION DAY

6th-12th Grade

Wednesday, July 26

Permission slips due by July 12!

ASJB COLLEGE NIGHT

Rising College Freshmen

Wednesday, July 26th

7:00 at HCA

SPORTS TUESDAYS!

Holy Cross Academy
6:30-8:00pm
6th - 12th Grade

*Starts June 13th
Bring a water bottle!

ASJB COLLEGE NIGHT!

● ● ● @associatesofstjohnbosco



WEDNESDAY, JULY 26
FREE PIZZA AND GIVEAWAYS!

Hear from college students
about their faith journeys and
connect with fellow Catholics!

7:00PM
HOLY CROSS ACADEMY

www.asjb.org/about-college-nights ● ● ●

SENIORS, REGISTER NOW!

Kings Dominion

Wed, July 26

Open to Middle and High School

\$38 per teen*

***Season pass holders only pay \$5 to help with gas**

Arrive at St. Mary's by 8:50am for Mass
with **Bishop Burbidge** followed by a day
of fun with the whole diocese!

Permission slips in the parish office or at
www.stmaryfred.org/youth-ministry/

SUMMER CHESS CLUB

COME PLAY
CHESS & DEVELOP
NEW SKILLS

GROW IN
SPORTSMANSHIP
AND VIRTUE

STARTS
JUNE 1ST

RISING
3RD-9TH
GRADERS

THURSDAYS 2:00-3:30PM, PLC
ALL SKILL LEVELS WELCOME



our parish youth ministry

Diocesan WorkCamp 2023

We want to thank all of our parishioners for their prayers and support for the 51 teens who attended the Diocesan WorkCamp in Winchester, Virginia. Because of this camp, families all over the region are now living in warmer, safer, and drier homes. During the week, our youth experienced an intentional Christian community, living out the call to love their neighbors. They began each morning with Mass and then departed for a day on their work sites. Throughout the region, teens and their crews installed over 100 windows, repaired or replaced 39 decks, built 8 wheelchair ramps, replaced 7 roofs, and much more. Each night, teens returned to home base for an evening of fellowship, prayer, worship, and fun. We are so grateful for your prayers and generosity!



vida parroquial

noticias en español

**TODAS LAS FAMILIAS DE LA PARROQUIA
DE ST. MARY ESTAN ENVITADAS!**
“ACRECENTANDO NUESTRO LEGADO DE FE”

SESIÓN DE VERANO



CON HELADO!

Padre Mosimann los espera para contarles las
buenas noticias de los grandes proyectos para
St. Mary y Holy Cross Academy

en Español
25 Julio 7pm en el PLC

Niños invitados y cuidado de los niños disponible

Escanear a RSVP



O llama la oficina
540-373-6491

Requisitos para recibir los Sacramentos

BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado, 3-11
- Preparación de 2 años

CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 2 años

RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491



vida parroquial

noticias en español

Estimada familia de Saint Mary,

Mientras escribo, me preparo para permanecer en silencio por los próximos 30 días para pasar tiempo íntimo con mi Señor. Recibiré los ejercicios espirituales de San Ignacio durante el mes de julio mientras me preparo para mi próxima misión en la Marina. San Agustín dijo una vez: "Los hombres viajan para maravillarse ante las cumbres de las montañas, ante las enormes olas de los mares, ante los grandes causes de los ríos, ante la vasta extensión del océano, ante el movimiento circular de los astros, pero pasan ante ellos mismos sin maravillarse".

Mientras me tomo el tiempo para maravillarme de las inmensas bendiciones y misericordia de Dios en mi alma, pienso en ustedes. Son una manifestación del amor de Dios hacia mí. No tengo la oportunidad de agradecerles personalmente a cada uno de ustedes antes de comenzar mi retiro, pero estoy lleno de agradecimiento por la efusión de oración y afecto de todos de ustedes en los últimos cuatro años.

Cuando un padre se convierte en padre por primera vez, no sabe cómo ser padre. Su primer hijo le enseña. Su esposa le enseña. La familia le saca el amor. La familia le enseña cómo proteger y proveer, alentar y nutrir a los que están bajo su cuidado.

Me han enseñado cómo ser padre. Me han enseñado a dar y recibir; cómo vivir y morir; cómo llorar y regocijarse en el Señor. Siempre tendrán un lugar especial en mi corazón. Gracias por darme el privilegio de servirles como uno de sus padres espirituales con el P. Mosimann, el P. Kelly, el P. Cozzi, el P. Sina, el P. Folmar y el P. Renner. Gracias por su devoción y fidelidad a Jesús. Gracias por enseñarme cómo orar por ustedes y con ustedes. Gracias por darme la gracia de presenciar la obra que Dios está haciendo en la tierra santa de sus almas. Ofreceré una novena de Misas por ustedes, para que el Señor lleve la obra a buen fin.

Los extrañaré. Es doloroso tener que dejarlos, porque los amo. Han expandido mi corazón. Me han hecho padre y ahora voy a servir a otros hijos de Dios. Por favor, oren por mí mientras continuo trabajando, para que pueda ser un pastor conforme al corazón del Padre.

Suyo en Cristo,
P. Sean Koehr



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12 DE AGOSTO DEL 2023
8:00 AM A 6 PM

Donación: 30\$ (Incluye desayuno y almuerzo)
Lugar: Gimnasio de la escuela Holy Cross
Se recomienda venir confesado
Traer: Cuaderno, lapicero, Biblia
Último día de inscripción: Viernes antes del evento
Solo para mayores de 18 años (no hay cuidado de niños)
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**ADORACIÓN
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MARTES 11 DE JULIO
7:00pm

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Salmo 95:6



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Weekly Offertory

Donations Received June 21 to June 26

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| Sunday Offertory | \$25,971.00 |
| Parish Debt Reduction | \$175.00 |
| Poor Box St Vincent de Paul | \$711.00 |

Thank you for your generosity!

A Child's Prayer

The Statue of Liberty is a strong symbol of the welcome our nation has given to people from around the world. On its base are the words of Emma Lazarus, "Give me your tired, your poor, your huddled masses yearning to breathe free." This welcome can make no sense if we are afraid to welcome the children in the womb. *Lord, fill our hearts with a spirit of welcome for born and unborn alike.*

Pro-Life Reflection

"I wondered if my heart was big enough to love an adopted child as I would my biological child. There were also so many other variables to consider. ... We felt we had no control, but God reminded us again that He is always in control and that we could trust in Him." ("An Adoption Love Story," <http://bit.ly/AdoptionLoveStory>, USCCB 2014-15 Respect Life Program)

We pray for couples considering adoption that the Lord may guide their journey and grant them peace along the way.

Children's Charity - July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family who qualifies currently receives \$9,000.00. For more information, visit their website at fotwf.org.

Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2023 to August 2024 should be submitted to Elaine in the Parish Office by August 4th. Please make sure you submit your request to Elaine, in writing, as soon as possible, either by regular mail, or by email to estanislawski@stmaryfred.org. In setting up your schedule, please note that evening activities cannot be scheduled before 8:00pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and Preschool classes take place 8am-3pm Monday through Friday. Thank you.

Act of Consecration for Our Country

Most Holy Trinity — Our Father in Heaven, Who chose Mary as the fairest of Your daughters; Holy Spirit, Who chose Mary as Your spouse; God the Son, Who chose Mary as Your Mother — in union with Mary, we adore Your majesty and acknowledge Your supreme eternal dominion and authority.

Most Holy Trinity, we put the United States of America into the hands of Mary Immaculate in order that she may present the country to You. Through her we wish to thank You for the great resources of this land and for the freedom which has been its heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace. Have mercy on our President and on all the officers of our government. Grant us a fruitful economy born of justice and charity. Have mercy on capital and industry and labor. Protect the family life of the nation. Guard the innocence of our children. Grant the precious gift of many religious vocations. Through the intercession of our Mother, have mercy on the sick, the poor, the tempted, sinners -- on all who are in need.

Mary, Immaculate Virgin, Our Mother, Patroness of our land, we praise you and honor you and give ourselves to you. Protect us from every harm. Pray for us, that acting always according to your will and the Will of your Divine Son, we may live and die pleasing to God.

In Thanksgiving for the Gift of our Priests

Women: Join the Seven Sisters ~ Offer an hour of prayer in front of the Blessed Sacrament for the needs one of our priests. This commitment is for one day of the week (of your choosing) for one year, time of day flexible. For more information or to sign up for contact Kara Horne by email, text, or phone at karahorne@gmail.com or 202-255-3178.

Men: Join the Fasting Brothers ~ Commit to a fast of your choosing, one day a week for a year for the needs and intentions of our priests. Brothers, Contact Michael Horne at stmarysfastingbrothers@gmail.com



liturgy daily bread

Saint Mary Prayer List - July

Please pray for those who are sick or in need, especially:

Adam Burgh, Andy Costa, Anthony D'Ostilio, Bobby Gibson, Chris Breth, Clifford Snipe, Ed Lombardi, Giulia Restivo, Jack Smith, Jason Stoker, William David Jackson-nickname Liam, Joanne O'Brien, Joseph Krieg, Karl Eugene, Kelsey Just, Kieth & Theresa Kovalefsky, Larry Dillman, LaVaughn Halloway, Lynette McMorland, Michael Fedowitz III, Michael Hancock, Pj Hancock

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

*"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven"
- St. Mother Teresa of Calcutta*

Contact: Serena Nguyen, Coordinator
Adoration@stmaryfred.org

Daily Mass Intentions

July

10 MONDAY

6:30am Donald Dutra
9:00am Jennie Niczky+
Gn 28:10-22a/Mt 9:18-26

11 TUESDAY

6:30am Fr. Ulric Thaner &
Sr. Miriam Thaner
9:00am Salvatore Kiwall+
12:00pm Sandro Avendano+
Gn 32:23-33/Mt 9:32-38

12 WEDNESDAY

6:30am Kiery Beltran
9:00am Gary Lohman+
Gn 41:55-57; 42:5-7a, 17-24a/Mt 10:1-7

13 THURSDAY

6:30am Nicole O'Donnell
9:00am Leonard Mejeski
Gn 44:18-21, 23b-29; 45:1-5/Mt 10:7-15

14 FRIDAY

6:30am Marsha O'Donnell
9:00am Father John Mosimann
Gn 46:1-7, 28-30/Mt 10:16-23

15 SATURDAY

9:00am Robert and Margaret Hein
5:00pm Mario Toiho+
7:00pm Nancy Rockovitz+
Gn 49:29-32; 50:15-26a/Mt 10:24-33

16 SUNDAY

7:00am Joseph H. T. An Nguyen+
8:30am Any Christofferson-Price+
8:30am* Joe Kane
10:30am Janet McDonough Watkins+
10:30am* Ashley Kassock
12:30pm For Our Parish
2:30pm All Souls in Purgatory
5:00pm Robert McClintock+
7:00pm John Lesley
Is 55:10-11/Rom 8:18-23/Mt 13:1-23

* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

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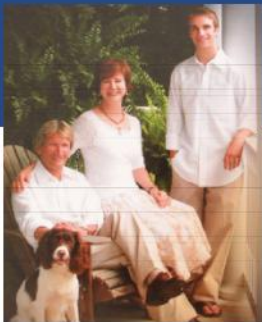
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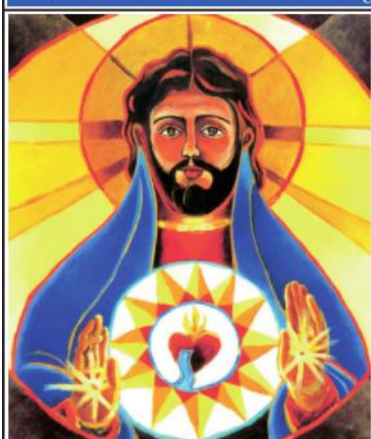

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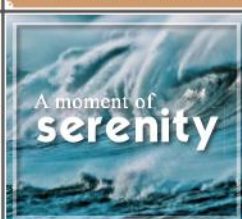


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