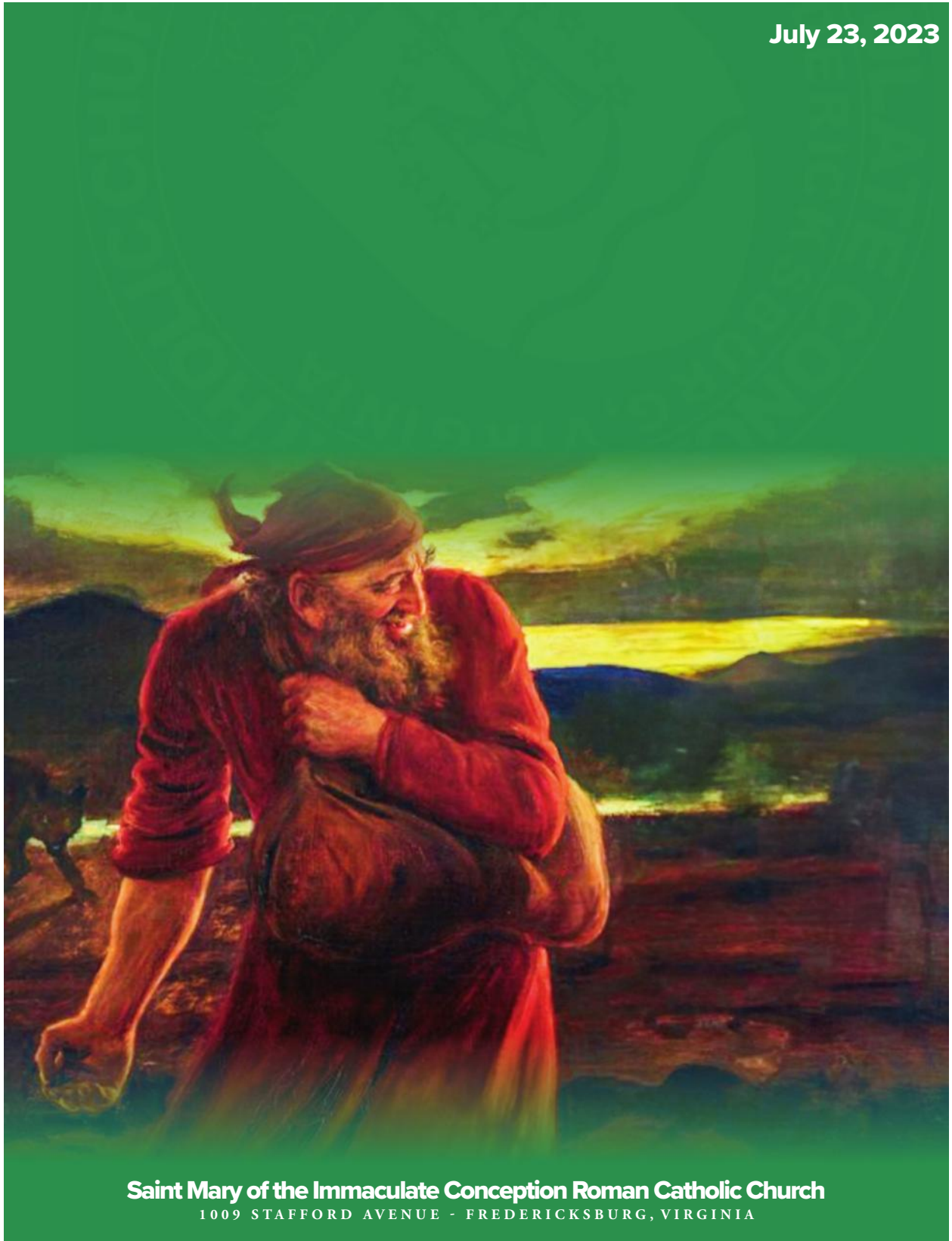


SIXTEENTH SUNDAY IN ORDINARY TIME

July 23, 2023



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

Growing Our Legacy of Faith

ENCOURAGEMENT FROM THE PEWS

The question we may ask ourselves is why should we donate to the Capital Campaign? The answer is quite simple and that is "SUPPORT". When Gayle and I pledged our contributions (through Faith Direct), we realized that the money will financially assist our church family and for all the goodness that St Mary of the Immaculate Conception has brought into our lives. Not only as an act of appreciation, but we feel that we have more of a sense of belonging and bonding to our parish family in helping to meet their needs.

Please consider a pledge to the campaign. You can choose how much and how long to contribute without any pressure attached and also feel much satisfaction in knowing your offering will be given to such a worthy cause.

God Bless,
Lenny and Gayle Cascio



ALL ST. MARY PARISH FAMILIES ARE INVITED
"GROWING OUR LEGACY OF FAITH" CAPITAL CAMPAIGN

GROUP INFORMATION

**Come & Learn About All the Wonderful Plans for
St. Mary & Holy Cross Academy!**

Join Fr. Mosimann and the Capital Campaign Team
~ Listen, Ask Questions & Discern ~

July 25 | 7pm PLC ~ En Español
August 7 | 7pm PLC

**Children Invited &
Childcare Provided**

Scan to RSVP



**Or call the office
540-373-6491**

from our pastor

Folks,

This week I am ceding my bulletin note space to Fr. Didier Manseh, the pastor of Notre Dame de la Médaille Miraculeuse of Ahepe, Togo, Africa. This is the home parish of our very own Late Lawson Drackey who works here at St. Mary's! Several years ago he informed us of storm damage that had nearly destroyed the church in his home town.

Over the last two years, by your generosity, we have sent funds to facilitate the repairs. This week we received the grateful news I share with you below.

pax,

Fr. Mosimann

Dear Reverend Father Mosimann,

It is with a great joy that I come to announce to you that we have resumed the celebrations in our new old church. All the honor of this achievement goes to God the Almighty Father, to the Saint Mary Immaculate Conception of Fredericksburg families, to your gratitude and to the devotion of your wonderful staff. We still have work to do, but we are sure that we are no longer at the mercy of the weather.

On behalf of all the parishioners of Notre Dame de la Médaille Miraculeuse of Ahepe, on behalf of the parish committee and on my own behalf, I would like to say thanks for all you have done for us.

God Bless.



announcements

St. Mary Coffee & Donut Shop

Following ALL
Morning Masses

Come and enjoy some
fellowship!

New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with you, to get to know you a bit and see how you (and your family) might be interested in sharing your gifts and talents with your new parish family.

Please sign-up for a time slot for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor. **Sunday, August 20th.** Meetings will take place in the Courtyard Meeting Room (located behind the church, next to the parish office - it's the room with the crucifixes on the wall)

If you have any questions, please email Elena Doyle at edoyle@stmaryfred.org or call 540-373-6491.

bit.ly/newparishioners-august-2023



contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am - Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Fr. John Mosimann, Pastor
Fr. Phillip Cozzi, Parochial Vicar
Fr. Robert Renner, Parochial Vicar
Fr. Tim Courtney, Parochial Vicar
Fr. Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Mary Buer
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception

1009 Stafford Avenue
Fredericksburg, VA 22401

education holy cross academy

HCA Under the Sea and Art Camp

The halls of HCA have been so busy this summer you would hardly know that it is summer break. Two camps have claimed the Elementary wing. Mrs. Pierson has had campers busy using their left brain working on beautiful creations and Mrs. Sullivan and Mrs. Waters have taken campers "Under the Sea" to have fun and learn too.

Campers heard about Saint Brendan's voyages and ocean adventures. They learned about sea turtles and jellyfish. They also sponge painted sea horses and created jellyfish mobiles! And what would Under the Sea camp be if there wasn't some water play! The sensory water tables were a hit!

And after all that learning and activities it is important to take some nourishment. Campers had fun making their own edible aquariums and beach scenes and an ocean in a cup. Who says you can't play with your food when you're at summer camp?!

HCA Used Uniform Sales

Mark your calendars HCA families (1-8). There will be at least three used uniform sales before school starts. These are scheduled for Tuesday, July 25, Thursday, August 10 and Monday, August 21. All will run from 9:30am until noon at Holy Cross Academy. Cash, checks and credit cards are accepted.

Uniform turn-ins are being accepted. There will be a bin located in the lobby of HCA. Please use the turn-in form that was sent home at the end of school. There are also extra forms in the drop-off bin. In order to receive credit a form must be completed. Credits will be available for July 25 for items turned in before July 21.

2023-2024 Applications/Tours

If you have considered making an academic change for your student, it's not too late. We still have room in some of the grades. Please contact Mrs. Lanier by email (dlanier@holycrossweb.com) or call the school office (540-286-1600).

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at HCAPreschool@holycrossweb.com or call 540-373-7553.

Open Positions at Holy Cross Academy

Interested in joining our team? Holy Cross Academy Preschool has openings for Part-time Lead Teachers/Aides for the 2023-24 school year. Interested candidates should contact Sheri Castellarin at 540-373-7553 or preschool@holycrossweb.com.



*A National
Blue Ribbon
School of
Excellence*



our parish parish night out

Come out for St. Mary's Night at the Ballpark!!

Reserve your seats in the St. Mary section by using the QR code below!

Let's GO FREDNATS!

**ST MARY OF THE IMMACULATE
CONCEPTION CHURCH NIGHT**

★ **WITH THE** *FredNats* ★

THURSDAY, AUG. 3RD • 7:05PM

Join your parish at the ballpark and experience a night of fun!

Head to Virginia Credit Union Stadium and catch a FredNats baseball game with your friends and family.



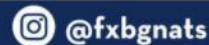
**PLAN YOUR GAME
NIGHT TODAY! ★ ★ ★**

Purchase your tickets here:
<https://fevo.me/41ZjpnK>
or by scanning the
QR Code:



For more information, contact Austin Byrd at abyrd@frednats.com or 540-681-1536

Follow the FredNats:



education religious education

REGISTRATION FOR RELIGIOUS EDUCATION CLASSES IS OPEN!

Please visit the parish office TODAY to register your children!

That One Time Jesus Got Lost... And What it Taught Me About Parenting

by Becky RoachFaith & Life, Family

Seven Tips on Parenting I Learned When Mary and Joseph Lost Jesus

1. Every parent worries.

The word anxiety screamed at me during this reading. Mary and Joseph felt “great anxiety” as parents to Jesus? The thought is comforting. Not only is it normal to worry about our children, the most wonderful set of parents in all of history, the earthly parents of the Living God, experienced this type of emotion.

There is a healthy amount of anxiety that we can have about parenting. This worrying keeps us diligent and on task. When we feel anxious, we turn to God and pray for wisdom, guidance and protection. What causes you to be most anxious as a parent? Take a moment to give it over to the Lord in trust.

2. Mistakes happen.

Mary was without sin, but she still made an innocent mistake as a parent. Though the times were different then, Mary and Joseph probably should have checked in with Jesus (or whoever they thought was responsible for him) before leaving Jerusalem. It wasn't a sin, it was rather an accident or a miscommunication of some kind, but still it happened.

We make mistakes as parents all the time. In the chaos and busyness of life, we forget appointments, misplace important papers, or even leave a child behind. Learn from Mary and Joseph. Don't beat yourself up over mistakes. Apologize and do whatever is necessary to make things right again, but don't dwell on it. Show yourself mercy by not expecting perfection at all times. When have you failed to show yourself mercy? Ask for God's help and healing in those areas of parenting.
<https://catholic-link.org/6-tips-on-parenting/>

To be continued next week.

THIS WEEK ON
FORMED

Week of July 23, 2023



Sts. Joachim and Anne | Sacred Art

In this episode on FORMED Now, Dr. Ben Akers and Taylor Kemp discuss the parents of the Blessed Virgin Mary in this famous painting “Joachim and Anne Meeting at the Golden Gate.”



The Way of Saint James

This documentary follows the journey of several pilgrims who differ in culture and religious faith but are united in their journey across the Camino de Santiago. Each of them is traveling toward the shrine of St. James the Apostle, whose feast day we celebrate this week.



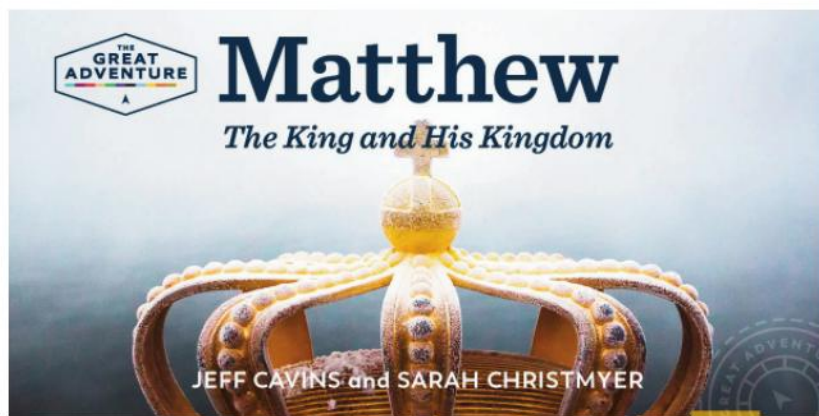
Catholic Parenting Tips w/ Catholic Sprouts | FORMED Now

Join Taylor Kemp and Nancy Bandzuch, who founded Catholic Sprouts alongside her husband Bill, for tips for raising Catholic children!

**SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)
CLICK REGISTER THEN ENTER PARISH CODE: F6F228**

education

adult education



The book of **Matthew** brings the history of Christ to life. We see Jesus as the awaited Messiah who fulfills the promises and prophecies of the Old Testament, establishes the New Law, and inaugurates the kingdom of heaven. *Matthew: The King and His Kingdom*, a **twenty-four-part** Bible study, explores how Jesus is challenging and empowering us to a new level of holiness and shows how we must be thoroughly immersed in the kingdom of heaven on earth, the Church, to live it.

St. Mary's will begin ***Matthew: The King and His Kingdom*** on **Monday, September 11 at 12:45 pm** in the Courtyard meeting room. Participants will meet to view an engaging video presentation followed by group discussion. Cost for materials is between \$35-\$40. Class size is limited to 25 people. Visit the Parish Office to sign up and pay for materials. Materials will be distributed at the first class. Facilitator: Bryan R.

The **Acts of the Apostles** is the story of how a few Christians empowered by the Holy Spirit were chosen to bring Christ and the Good News to the ends of the earth. *Acts: The Spread of the Kingdom* is a Bible study that traces how the gospel witness spread outward in waves from Jerusalem and reveals how the seeds of Church structure and authority took root. It shows how the joys and struggles of the early Christians in living the life of Christ apply to us today.



St. Mary's will begin a **twenty-week** Bible study ***Acts: The Spread of the Kingdom*** on **Wednesday, September 13 or Thursday, September 14 at 9:45 am** in the Courtyard meeting room. Participants will meet to view an engaging video presentation followed by group discussion. Cost for materials is between \$30-\$40. Each class size is limited to 25 people. Visit the Parish Office to sign up and pay for materials. Materials will be distributed at the first class. Facilitator: Suzette Y.

Continue reading the bulletin for other upcoming adult education opportunities.

our parish happenings

Youth Mentors Needed ~ Catholic Charities Migration Refugee Services

Making a difference in young refugee lives simply with your presence, knowledge and compassion is one of the most generous and rewarding acts you can take part in today. The opportunity to directly change the course of a young life is nothing short of inspirational when you look back on where they started to where they are today and where they may go tomorrow. Our MYVA program is an opportunity to have this type of unforgettable impact by helping young refugees navigate the many influences that surround them after arrival to the country. Having just one person to ask questions or who can help provide support and guidance is more valuable to a young refugee than you can imagine.

Please consider becoming a mentor – it requires no more experience than a giving heart and the desire to have fun while helping our youth find their way in our society. Tasks include helping with school information, college opportunities, job applications and many more. The opportunities for learning and discovery are endless. Refugee youth often have questions about our country, how to navigate community resources and even how to drive. We ask for a minimum of 6 months commitment and at least 2 hours a week as our youth are in need of stability and consistency in their relationships with new individuals. Studies show the longer the relationship the greater the impact and just a couple hours a week is enough to make a significant difference in their lives. Thank you for your consideration! Contact Kathleen Renfroe, MRS Fredericksburg site supervisor, at kathleen.renfroe@ccda.net

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**



Shortage of Items at Micah

Our area homeless brothers & sisters are in need of some basic supplies. St. Mary's is collecting the following items:

Soap, disposable razors, deodorant, toothpaste, toothbrushes, men's underwear(L & XL). Hotel size lotions, shampoos and soaps are also welcome.

Please bring items to the parish office. Thank you!

ENCOUNTER SCHOOL OF MINISTRY SUMMER INTENSIVE COURSE

July 31 - August 3, 6pm

The Encounter School DC Campus in Gaithersburg, a two-year prayer ministry program approved by the Archdiocese of Washington, is holding a Summer Intensive Course from July 31-August 3 that will present inspirational talks from the first four quarters of the two-year program. Talks will include presentations about our Identity and Transformation in Christ, Hearing God's Voice & the Prophetic Gifts of the Holy Spirit, Power & Healing, and Inner Healing & Freedom. All who are interested in encountering Christ in a deeper way - and learning to help others do the same - are encouraged to attend!

Summer Intensive will be held at the Mother of God Community 20501 Goshen Rd. Gaithersburg, MD 20879 at 6pm.

For more information see encounterschooldc.org or visit encounterdc.regfox.com/encounter-dc-summer-intensive-2023

Scan the QR Code to Register Now!



our parish happenings



Presented by St. Mary of the Immaculate Conception, Fredericksburg



Strangeways Brewery

350 Lansdowne Rd.
Fredericksburg, VA 22401

MON. AUGUST 7

Doors open at 5pm
Presentation at 6:30pm

This Month's Topic



So you wanna be happy, huh?

Fr. James Searby, a priest of the Diocese of Arlington and creator of Holiness for the Working Day podcast, will lead a conversation on the pursuit of happiness in our lives. Through exploration in psychology, theology, and his unique take on our cultural situation, we will ask the question, "is happiness even possible" and "what does it even look like?"



Fr. James Searby



Contact

St. Mary's Young Adult Group
fredericksburgtote@gmail.com

**FIRST 50 ATTENDEES GET
A FREE DRINK!**

Open to all! Young families welcome!

our parish happenings

DON'T MISS THE BATTLE OF THE ALTAR SERVERS!

Bishop Burbidge invites all altar servers to join him along with other priests and seminarians for the annual picnic and **Battle of the Altar Servers on July 25 from 10:30am to 2pm at St. Leo Parish in Fairfax, VA.** Cookout, sports, games and prizes! Permission forms are in the office and must be returned to the office by July 24. Please contact Fr. Dansereau at frdansereau@stmaryfred.org if you have any questions. **Let's GO TEAM St. Mary's!!!**

SPRED

The Special Religious Education Development Program, (SPRED) serves children and young adults with developmental disabilities. The program helps them grown in their faith and prepares them to receive their sacraments. We are currently accepting registrations for the 2023-2024 school year.

There are a total of 12 classes which meet on Saturday mornings from 10am-12noon in the Parish Life Center. Our first class is scheduled for September 30th. Please stop by the parish office to register your child.

St. Mary Outreach

We are in need of a vehicle for a parish family that can seat at least 6.

If you have a mini van or SUV that you no longer need, consider donating it to St. Mary's.

We can provide you with a tax receipt.

Thank you. Please reach out to Elena Doyle edoyle@stmaryfred.org.

St. Monica Prayer Group

Adults and mature teens are welcome to join the St. Monica Prayer Group on Saturday, August 12 following the 9am Mass (10-11am) in the Courtyard Meeting Room. The mission of the St. Monica's Prayer Group is to provide a community for Catholics to pray for loved ones (children, parents, spouses, siblings, extended family) who have strayed from the faith, to provide encouragement, and to assist each other in our growth in holiness. We will pray the Seven Sorrows Rosary, then discuss the chapter titled "Sitting at the Feet of Jesus Is Doing Something" on p. 13 from The Saint Monica Club by Maggie Green, which is available on Amazon.

For more information, please contact Megan Kimbrell at st.monica.club@gmail.com.

Over 40 Singles

Mission: to develop and coordinate activities for single, widowed, or divorced Catholics over 40 years of age. To foster spiritual growth, friendships and service to St. Mary Parish and our community.

Time: meeting once a month to plan dates for events and get-to-togethers as a group.

For more information contact Eileen Walts with any questions emw5348@gmail.com.

our parish happenings

Blood Drive **Knights of Columbus** **St. Mary's Catholic Church**

PLC Main Room
1009 Stafford Avenue
Fredericksburg, VA 22401

Monday, July 24, 2023
10:00 a.m. to 4:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.



Scan to be directed to
RapidPass!

Along with Warner Bros. Discovery, we're saying thanks with an exclusive Shark Week T-shirt when you come give blood July 17-31 (ltd. qty)! PLUS, get a chance to win a private shark dive at Long Island Aquarium in New York! Terms apply: rcblood.org/shark



Scan to schedule
an appointment.



Gather your family and friends and join us for fun-filled Monday evenings. Knights Of Columbus Council 4034 is sponsoring a Bowling League. Teams are forming now.

There will be a league meeting on Monday August 14, 2023, 7pm at the AMF Bowling Center, 12100 Killarney Drive, Fredericksburg.

Cost is \$20 per week-per player. It's a mixed league which the following can participate; men, women and teens 16 years and older. The league starts August 21, 2023 at 7pm and continues until April 15, 2024. An awards party is held at season-end. Come and enjoy a fun time!!

For more info contact **Rick Reschick at (540) 850-5587** or **Ruth Wynn at (540) 371-0994**



our parish youth ministry



July

Month of the Precious Blood

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27 SPORTS TUESDAY	28 CHOSEN STUDY	29 CHESS CLUB	30	1
2	3	4 4TH OF JULY	5 CHOSEN STUDY	6 CHESS CLUB	7	* 8
* 9	* 10	* 11 SPORTS TUESDAY	* 12 CHOSEN STUDY	* 13 CHESS CLUB	* 14	* 15
16	17	18 SPORTS TUESDAY	19 CHOSEN STUDY	20 CHESS CLUB	21	22
23	24	25 SPORTS TUESDAY	26 KINGS DOMINION	27 CHESS CLUB	28	29
30	31	1	2	3	4	5

* Please pray for everyone on the mission trip to the Dominican Republic July 8 - 15th

SPORTS TUESDAY (6th-12th)

Every Tuesday, 6:30 - 8:00pm

Holy Cross Academy

Fellowship and sports for middle and high school!

THE CHOSEN BIBLE STUDY (9th-12th)

Every Wednesday, 6:00 - 8:00pm

John Paul II House

Watch and discuss Season 1 of *The Chosen* with scripture!

CHESS CLUB (3rd-9th)

Every Thursday, 2:00-3:30pm

Parish Life Center

Play chess and grow in skill and sportsmanship!

SPECIAL EVENTS!

KINGS DOMINION DAY

6th-12th Grade

Wednesday, July 26

Permission slips due by July 12!

ASJB COLLEGE NIGHT

Rising College Freshmen

Wednesday, July 26th

7:00 at HCA

SPORTS TUESDAYS!

Holy Cross Academy
6:30-8:00pm
6th - 12th Grade

*Starts June 13th
Bring a water bottle!

ASJB COLLEGE NIGHT!

● ● ● @associatesofstjohnbosco



WEDNESDAY, JULY 26
FREE PIZZA AND GIVEAWAYS!

Hear from college students
about their faith journeys and
connect with fellow Catholics!

7:00PM
HOLY CROSS ACADEMY

www.asjb.org/about-college-nights ● ● ●

SENIORS, REGISTER NOW!

Kings Dominion

Wed, July 26

Open to Middle and High School

\$38 per teen*

**Season pass holders only pay \$5 to help with gas*

Arrive at St. Mary's by 8:50am for Mass
with **Bishop Burbidge** followed by a day
of fun with the whole diocese!

Permission slips in the parish office or at
www.stmaryfred.org/youth-ministry/

SUMMER CHESS CLUB

COME PLAY
CHESS & DEVELOP
NEW SKILLS

GROW IN
SPORTSMANSHIP
AND VIRTUE

STARTS
JUNE 1ST

RISING
3RD-9TH
GRADERS

THURSDAYS 2:00-3:30PM, PLC
ALL SKILL LEVELS WELCOME

vida parroquial

noticias en español

TODAS LAS FAMILIAS DE LA PARROQUIA DE ST. MARY ESTAN ENVITADAS!
"ACRECENTANDO NUESTRO LEGADO DE FE"

SESIÓN DE VERANO



CON HELADO!

Padre Mosimann los espera para contarles las buenas noticias del los grandes proyectos para St. Mary y Holy Cross Academy

Escanear a RSVP



O llama la oficina
540-373-6491

en Español
25 Julio 7pm en el PLC
Niños invitados y cuidado de los niños disponible

PARROQUIA SANTA MARIA DE LA INMACULADA CONCEPCIÓN



ORGANIZA:
TE LIBERTER SOCIARE
DE
LA DIÓCESIS DE
ALRINGTON



JORNADA IGNACIANA

Jornada de oración en silencio para meditar, conocerse a si mismo y así encontrarse con Dios

12 DE AGOSTO DEL 2023
8:00 AM A 6 PM

Donación: 30\$ (incluye desayuno y almuerzo)
Lugar: Gimnasio de la escuela Holy Cross
Se recomienda venir confesado
Traer: Cuaderno, lapicero, Biblia
Último día de inscripción: Viernes antes del evento
Solo para mayores de 18 años (no hay cuidado de niños)
Para Inscripción estaremos al final de las misas en español o llamar al 540-373-6491 o 703-565-8986

PARA TODOS LOS CARISMAS Y ESPIRITUALIDADES

SEÑOR QUE TODAS MIS ACCIONES, INTENCIONES Y OFERTAS ESTÉN PURAMENTE ORDENADAS PARA
SERVICIO, GLORIA Y ALABANZA DE LA DIVINA MAJESTAD SAN IGNACIO DE LOYOLA



TALLERES DE ORACION Y VIDA

Según el método del Padre Ignacio Larrañaga

- ¿Deseas aumentar tu relación con Dios?
- ¿Quieres liberarte de las angustias, miedos, ansiedades...?
- ¿Quieres dar sentido a tu labor apostólica?
- ¿Quieres descubrir el sentido de la vida?

¡VEN A VIVIR UN TALLER DE ORACIÓN Y VIDA!

"APRENDER A ORAR PARA APRENDER A VIVIR"

Inicio: 5 de Agosto 2023

Horario: 10:00am-12:00pm

Duración: 4 Meses

Información: Daysi Benitez. 703-343-3793

St. Mary of the Immaculate Conception Catholic Church
1009 Stafford Avenue, Fredericksburg, VA 22401

**¡ATREVETE A VENIR Y QUEDARAS CURADO,
RENOVADO Y ALEGRE!**



our diocese happenings

CALLED & GIFTED

w o r k s h o p

**Discern what gifts
God has given you
and use them for
His glory.**

God is calling you to a unique
purpose in life, a work of love
that only you can do.

You have received gifts in
Baptism and Confirmation
through which God intends His
love to reach others.

Come and discover these
charisms in you!

Discover GOD's call for your LIFE

Who Can Benefit From This Workshop?

- Anyone asking "What does God want me to do?"
- Parents who want to help their children live their faith and recognize their charisms.
- People in transition who might be changing jobs, adjusting to an empty nest, returning to the workplace, or retiring.
- New or returning Catholics who want to explore what it means to live their faith fully as an adult.
- People wondering, "How can I follow Jesus' plan for my life, in this time and place?"

**“I have a lot more gratitude
for how God is working in
my life.”**

*“It can't help but
permeate every aspect of
life. I encourage people
to realize it doesn't
necessarily translate into
something immediately,
but will reveal itself over a
lifetime.”*

A superb experience. ”

**Saturday,
October 7, 2023
9:00am—3:30pm**

Holy Cross Academy
250 Stafford Lakes Parkway,
Fredericksburg, VA 22406

Workshop Schedule

The Call of the Laity
Catholic Spiritual Gifts Inventory Explained
Role of the Holy Spirit
Charisms
Discernment Process
Role of Charisms in Parish, Community and World

SPACE IS LIMITED • REGISTER TODAY!

\$40

*includes materials and meals
(financial aid available)*



ST. MARY
IMMACULATE
CONCEPTION
Roman Catholic Church



CATHERINE OF SIENA
INSTITUTE
EQUIPPING PARISHES TO FORM LAY APOSTLES

**For more information
contact 540-373-6491 or email
stewardship@stmaryfred.org**

Watch this video:
“The World Awaits Your Yes!”
<https://vimeo.com/322254299>

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Weekly Offertory

Donations Received July 6 to July 10

Sunday Offertory	\$29,418.00
Parish Debt Reduction	\$1,695.00
Church in Africa	\$5,960.00
St. Vincent de Paul Poor Box	\$385.00

Faith Direct Donations July 4

Sunday Offertory	\$94,441.63
Parish Debt Reduction	\$5,260.00
Diocese Mission Appeal	\$2,036.00
Church in Africa	\$2,334.00

Thank you for your generosity!

*Mass was offered in June for the
unscheduled intention of +HK*

Little Sisters of the Poor Collection

August 5 & 6

During the weekend of August 5 & August 6 our second collection will be for the Little Sisters of the Poor, who have provided a home and compassionate care for Virginia's elderly poor since 1874. Although the Sisters no longer have a Home in Richmond, they are able to care for the elderly poor in 24 Homes throughout the United States, including one in Washington DC and one in Baltimore, and the Parish wishes to support them as it has each year for over 25 years. Because their residents are of limited financial means, the Little Sisters depend upon the charity of friends and benefactors to operate their Homes. Your generosity will enable the Sisters to continue welcoming the needy elderly and providing them with the love and dignity they deserve. All donations should be made payable to St. Mary Catholic Church, and put in an envelope clearly marked "Little Sisters of the Poor". For those who still receive collection envelopes, an envelope for this collection is now provided in your packet. For more information, visit the Little Sisters website at littlesistersofthepoorvirginia.org. Thank you for your generosity and support.

Pro-Life Reflection

"Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it. Life is luck, make it. Life is too precious, do not destroy it. Life is life, fight for it." (Saint Teresa of Calcutta)

Children's Charity - July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who come to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Richmond area, and each family who qualifies currently receives \$9,000.00. For more information, visit their website at fotwf.org.

In Thanksgiving for the Gift of our Priests

Women: Join the Seven Sisters ~ Offer an hour of prayer in front of the Blessed Sacrament for the needs of our priests. This commitment is for one day of the week (of your choosing) for one year, time of day flexible. For more information or to sign up for contact Kara Horne by email, text, or phone at karahorne@gmail.com or 202-255-3178.

Men: Join the Fasting Brothers ~ Commit to a fast of your choosing, one day a week for a year for the needs and intentions of our priests. Brothers, Contact Michael Horne at stmarysfastingbrothers@gmail.com



liturgy daily bread

Saint Mary Prayer List - July

Please pray for those who are sick or in need, especially:

Adam Burgh, Andy Costa, Anthony D'Ostilio, Bobby Gibson, Chris Breth, Clifford Snipe, Ed Lombardi, Giulia Restivo, Jack Smith, Jason Stoker, William David Jackson-nickname Liam, Joanne O'Brien, Joseph Krieg, Karl Eugene, Kelsey Just, Kieth & Theresa Kovalefsky, Larry Dillman, LaVaughn Halloway, Lynette McMorland, Michael Fedowitz III, Michael Hancock, Pj Hancock

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, LT Scott C. Boyd

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

*"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven"
- St. Mother Teresa of Calcutta*

Contact: Serena Nguyen, Coordinator
Adoration@stmaryfred.org

Daily Mass Intentions

July

24 MONDAY

6:30am Walter Bronikowski+
9:00am Jim Engbert
Ex 14:5-18/Mt 12:38-42

25 TUESDAY

6:30am Jack Comerford+
9:00am Stefania Argueta
2 Cor 4:7-15/Mt 20:20-28

26 WEDNESDAY

6:30am Rose Weiland
9:00am All Souls in Purgatory
12:00pm Ruben Linares+
Ex 16:1-5, 9-15/Mt 13:1-9

27 THURSDAY

6:30am Francis Niederkofler+
9:00am Fernando Centeno+
Ex 19:1-2, 9-11, 16-20b/Mt 13:10-17

28 FRIDAY

6:30am Maria Costa
9:00am Dale Bain
Ex 20:1-17/Mt 13:18-23

29 SATURDAY

9:00am Lucia Stanisławski
5:00pm Thomas Cavanaugh
7:00pm Maureen Guilfoyle
Ex 24:3-8 (400)/Jn 11:19-27

30 SUNDAY

7:00am Anthony Khang van Nguyễn+
8:30am Bob and Dian Epp
8:30am* Donald Spencer+
10:30am Jeannette Dubois
10:30am* George Balhoff+
12:30pm Our Military Living & Deceased
2:30pm Giovanni Camacho
5:00pm For Our Parish
7:00pm Caroline Belmonte
1 Kgs 3:5, 7-12/Rom 8:28-30/Mt 13:44-52

* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

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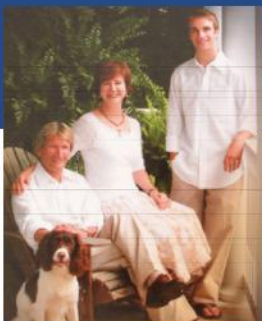
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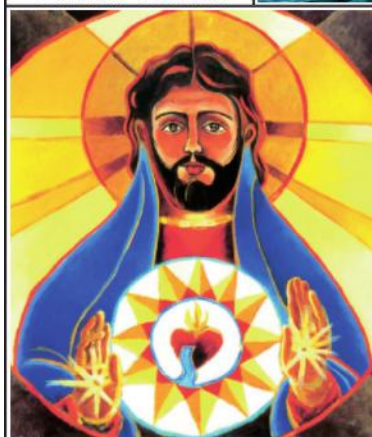
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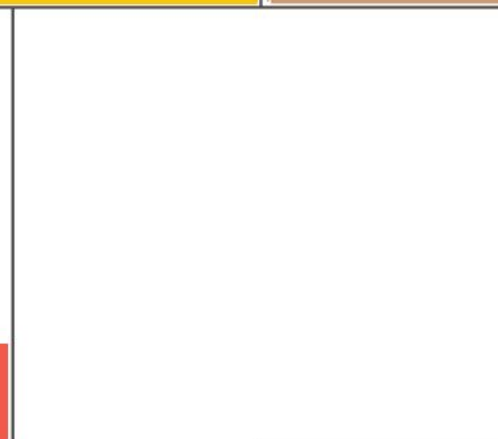
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