

TWENTY-THIRD SUNDAY IN ORDINARY TIME

September 10, 2023

MIRAD

Hago Todas Las Cosas Nuevas



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

Growing Our Legacy of Faith

ALL ST. MARY PARISH FAMILIES ARE INVITED
"GROWING OUR LEGACY OF FAITH" CAPITAL CAMPAIGN

PIZZA WITH PADRE

September 10 | 1:30pm - PLC

September 16 | KofC Family Dinner - 6pm - PLC

September 17 | Pastries with Padre | 8am - PLC

September 27 | 7pm - Holy Cross Academy

October 1 | 1:30pm - PLC

October 5 | 7:00pm - PLC (En Español)

Come & Learn About All the Wonderful
Plans for St. Mary & Holy Cross Academy!

Join Fr. Mosimann & the Capital Campaign
Team ~ Listen, Ask Questions & Discern ~



Scan to RSVP or
Call the Office 540-373-6491

HOW TO SCAN A QR CODE

1. Open your Camera app
2. Tap notification that appears
3. Sign up through SignUpGenius

Troubles? Call the Parish Office

CAPITAL CAMPAIGN FINAL PHASE

We are excited to announce that the Capital Campaign is entering its **FINAL PHASE**! We have funded 81% of our identified needs. What amazing generosity! Thank you to those who have given! We need ALL parish families to participate, to their ability, in order to make our plans a reality!

Why the final phase?

By next month we will know the expansion costs for HCA. The cost will allow us to determine what we can afford to build, based on what has been pledged. Your participation is needed NOW, as important decisions will need to be made as we close the Capital Campaign.

What can you expect?

1. By the end of September you will receive a mailing please carefully review the materials.
2. The best way to understand the Capital Campaign is by signing up to attend an upcoming Group Information Session. There are **ONLY FIVE SESSIONS LEFT** to attend!
3. Pray with your family to discern what you are being called to give. Maybe you can stretch and make a leadership gift over five years.
4. For those who have given, share with others why you gave.
5. There will be a parish wide commitment in mid October.

Please give us a call at 540-373-6491 if you have any questions regarding the Capital Campaign.



from our pastor

Folks,

Behold He Makes All Things New!

With our prayer for Renewal of Love for the Blessed Sacrament, I am reminded of many questions about the fast before receiving Communion. Canon law states, "One who is to receive the most Holy Eucharist is to abstain from any food or drink, with the exception only of water and medicine, for at least the period of one hour before Holy Communion" (CIC 919 §1). Elderly people, those who are ill, and their caretakers are excused from the Eucharistic fast (CIC 191 §3). Now some specifications:

1. The hour is counted from the time of receiving Holy Communion, not from the beginning of Mass. So yes, a long homily, can help here! On Sundays Communion is almost never less than 30 minutes after Mass starts. Mostly this just means you can't eat on your way to Mass.
2. Coffee and chewing gum DO BREAK the fast. Water does not. So no Starbucks pit stop on your way to Mass.
3. Medicine never breaks the fast. If the medicine requires that it be taken with food, then this food does not break the fast.
4. Sometimes I visit folks in hospitals, and they don't know when I will arrive. If I arrive just after a meal, notice that the fast does not apply to the "ill and their caretakers."
5. The parish priests can, in individual cases, wave the fast for you. So, if you accidentally eat something, you could ask a priest to waive the required fast for you.

This last point leads to a story where I once had a high schooler who knew that I could waive the fast. One day he came to me asking to have it waived. Because I knew him well, and that he is a bit of a "wise guy", I decided to investigate, and the conversation went thus:

Fr: "Why do you need the fast waived?"

Wiseguy: "Because I ate a donut."

Fr: "When?"

WG: "Just now in the parking lot."

Fr: "How could you possibly forget?"

WG: "I didn't, I just figured I'd get an exemption."

Fr: "You bought your ticket. You got your donut, and now you don't get Jesus."

All of this fast is about being sure to increase our spiritual hunger for Jesus, by controlling our physical hunger. The one builds off of the other and prepares us to more worthily receive Our Lord.

Pax,



Very Reverend John P. Mosimann, V.F.
Pastor

Renewal of Love for the Blessed Sacrament

My Lord and my God,

You take the bread and wine we offer, and through the priestly prayer of consecration, make them your Flesh and Blood, which was born of the Virgin Mary, hung upon the cross, rose from the dead, and sits at the right hand of the Father.

Your body is true food, and your blood is true drink. Renew my heart and mind, in love of the Most Holy Eucharist, and draw all God's children to your wedding feast. May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved, with grateful affection, at every moment, in all the tabernacles of the world, even until the end of time. Amen.

announcements

St. Mary Coffee & Donut Shop

Following **ALL**
Morning Masses

**Come and enjoy some
fellowship!**

New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with you, to get to know you a bit and see how you (and your family) might be interested in sharing your gifts and talents with your new parish family.

Please sign-up for a time slot for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor. **Sunday, September 24th.** Meetings will take place in the Courtyard Meeting Room (located behind the church, next to the parish office - it's the room with the crucifixes on the wall)

If you have any questions, please email Elena Doyle at ed Doyle@stmaryfred.org or call 540-373-6491.

bit.ly/newparishioners-sep-2023



contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am - Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Phillip Cozzi, Parochial Vicar
Reverend Robert Renner, Parochial Vicar
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Katherine Evans
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

education holy cross academy

Welcome Back!

Welcome back to school Holy Cross Academy and Preschool students, faculty, staff and parents. We have had a wonderful start to the school year. Our first day of school started with a beautiful celebration of Mass and our Recommitment Ceremony.

We asked God's blessing on this new school year as we pledged ourselves to Live Jesus and to:

- Be faithful to the Gospel of Christ
- Adhere to the principles of Holy Cross Academy
- Demonstrate an increase reverence for Jesus present in each person
- Teach our students to serve others in need so that we may provide them with hope rooted in Christ
- And lead all our students in the pursuit of academic excellence and the development of their gifts

We rededicated ourselves to work for the good of our parish and school and to serve each child and parent and all those with whom we work, so that God may be glorified in each of us all through this coming year.

Our new families and Kindergarten students attended orientation and were prepared to start the new school year.

We look forward to another year of learning, praying and having fun!

If you are having second thoughts about your academic choice, please contact Mrs. Deena Lanier, Admissions Coordinator (K-8) at dlanier@holycrossweb.com or 540-286-1600.

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at HCAPreschool@holycrossweb.com or call 540-373-7553.



*A National
Blue Ribbon
School of
Excellence*



our parish religious education

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

Saturday and Sunday, September 9 and 10:
Catechist Oath of Fidelity at all Vigil and Sunday Masses.

Monday to Wednesday, September 11-13:
Religious Education Kick Off 2023. Parents accompany children

Monday to Wednesday, September 18-20:
Religious Education Classes

Monday to Wednesday, September 25-27:
Religious Education Classes

Saturday, September 30:
First SPRED class in the PLC 10am-12noon

Tuesday to Wednesday, October 3-4:
Religious Education Classes, Living Rosary at each session

Monday, October 9:
No Religious Education Classes

Tuesday, October 10:
Two Religious Education Teaching Masses at 4:45pm and 6:30pm

Wednesday, October 11:
2nd Catechist Meeting

Wednesday, October 11:
No Religious Education Classes

Thursday, October 12:
Confirmation Year 1 Formation Night (Church)

Monday to Wednesday, October 16-18:
Religious Education Classes

First Catechist Meeting

On Tuesday, August 29 the New Catechists meeting was held. The new catechists were introduced to St. Mary's Religious Education program. Several long-standing catechists were present and assisted. The Holy Spirit is at work in our parish, inspiring many to eagerly get involved in evangelization.

FALL KICK-OFF

ST. MARY RELIGIOUS EDUCATION

SEPTEMBER 11, 12 & 13

ICE CREAM TREATS!

All Students and Families are Encouraged to Attend our New Fall Kick-Off Event

- Come to class and meet your catechist & pick up your books
- Pick-Up Information Middle School & High School Youth Ministry Programs Adult Education Formation Classes and much more...
- Visit the Church and Pray the Rosary as a Family and Receive a Holy-Card
- Enter the raffle for great prizes!

GET READY FOR AN AMAZING YEAR!

REGISTER Time is Running Out to Register your Child(ren)
Visit the Parish Office Monday-Friday 8:30am-9:00pm

Questions? Call the Parish Office at 540-373-6491

THIS WEEK ON
FORMED

Week of September 10

SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)
CLICK REGISTER THEN ENTER PARISH CODE: F6F228

our parish
parish picnic

ST. MARY OF THE IMMACULATE CONCEPTION

PARISH PICNIC

**CELEBRATING HOLY CROSS ACADEMY'S
25TH ANNIVERSARY!**

FORMING, SAINTS, SCHOLARS AND LEADERS

**SATURDAY, SEPTEMBER 23RD
4-7PM | FIREWORKS AT SUNSET**

FIREWORKS PRESENTED BY COLDWELL BANKER ELITE

**FREE
EVENT!**

**HOTDOGS,
HAMBURGERS,
POTATO SALAD AND
DRINKS PROVIDED!**

PLEASE BRING:
LAST NAME BEGINNING WITH
A-F: CHIPS
G-N: HEALTHY SNACKS
M-Z: DESSERTS

HOLY CROSS ACADEMY

250 Stafford Lakes Parkway, Fredericksburg, VA 22406

SOMETHING FOR EVERYONE!

LIVE MUSIC, ROCK CLIMBING WALL, MOON BOUNCE, INFLATABLES,
FACE PAINTING, COTTON CANDY, POPCORN, BEER TRUCK & CORNHOLE

VOLUNTEERS NEEDED! TO SIGN-UP VISIT [BIT.LY/45QZVCR](https://bit.ly/45QZVCR)
QUESTIONS: CONTACT ANTHONY.DEMAI085@GMAIL.COM

our parish
happenings



**Knights of
Columbus®**

PRESENT:

**CAPITAL CAMPAIGN
GROUP INFORMATION SESSION**

**FREE
FAMILY
DINNER**

**FROM
6PM
IN THE PLC**

**SATURDAY
SEPTEMBER 16**

6:30PM - FR MOSIMANN'S PRESENTATION

MENU

Baked Ziti
Italian Sausage
Homemade Meatballs
Garlic Bread
Caesar Salad

COME LEARN ABOUT THE WONDERFUL PLANS FOR ST. MARY & HOLY CROSS ACADEMY

ALL FAMILIES ARE INVITED | CHILDCARE PROVIDED DURING PRESENTATION

WE WELCOME YOU HOME 540-373-6491

our parish happenings



Do you know someone who is interested in becoming Catholic or delving deeper into the Faith? Or are you already baptized Catholic but missing a Sacrament? Our O.C.I.A. (Order of Christian Initiation for Adults) class is the perfect solution! Ideal for non-Catholics seekers or Catholic adults who have not yet received First Eucharist and/or Confirmation, this lecture and discussion group will be held on Thursday nights at 7pm beginning September 14 and going through Pentecost. All reading materials will be provided. Registration forms are available in the main office, or by contacting Katherine Evans, OCIA Director, at 540-373-6491 x 210 or kevans@stmaryfred.org.

CCW News – Father M & The Picnic

Please join your St. Mary Council of Catholic Women on Tuesday, September 19, at 10am. Everyone is welcome! Father Mosimann will present a slide talk on the pilgrimage he led to Ireland last May. After Father is finished we'll have refreshments, a \$50/50 drawing, and a brief business meeting at which we must vote on a change to our by-laws.

We will be serving food at the Parish Picnic on Saturday, September 23, on the grounds of Holy Cross Academy. There will be three one-hour shifts, starting at 4pm, and fireworks at 7pm. Aprons and sanitary gloves provided. If you would like to get in on this fun, email StMaryCCWNews@aol.com, sign up at bit.ly/CCW-Picnic2023 or scan the QR code below.

Want to learn more about the Council of Catholic Women? Please visit our website, StMaryCCW.org and check out our Facebook page, fb.com/StMaryCCW



Saint Mary Book Club

Our Book Club will resume meeting on Tuesday, September 12, 10am to 12 noon, in the Father Don Rooney Community Room. Our selection over the summer was "Kristin Lavransdatter," the medieval Norwegian trilogy by Sigrid Undset. Even if you haven't finished it, or haven't read it at all, come anyway for the discussion and camaraderie.

To celebrate the resumption of our Book Club gatherings, members are invited to have lunch at Renato's after the meeting. Please let Kathy Mahoney (bmah761569@aol.com, phone 540-371-2073) know by September 10 if you would like to join us for lunch, so we can make a reservation. We are looking forward to getting together again.

St. Monica Prayer Group

Adults and mature teens are welcome to join the St. Monica Prayer Group on Saturday, September 9 following the 9am Mass (10-11 am) at St. Mary's in the Courtyard Meeting Room by the Parish Office.

The mission of the St. Monica's Prayer Group is to provide a community for Catholics to pray for loved ones (children, parents, spouses, extended family) who have strayed from the faith, to provide encouragement, and to assist each other in our growth in holiness.

We will pray the Seven Sorrows Rosary, then discuss the 5th chapter ("Do Something Loving") from the book *The Saint Monica Club* by Maggie Green which is available on Amazon.

For more information, please contact Megan Kimbrell at st.monica.club@gmail.com.

Public Rosary

A public Rosary will be prayed every 3rd Saturday at noon at the statue in front of the St. Mary of the Immaculate Conception Church. Come join us to pray for Peace as asked by the Blessed Mother at Fatima. If you have questions or wish to RSVP, send an email to michaelgkasey@verizon.net.

This regular devotion is sponsored by America Needs Fatima (ANF) and the Fredericksburg Council of the Knights of Columbus.

our parish happenings



Walking with Purpose is a Catholic women's ministry that develops Bible studies that aim to bring us to a deeper relationship with Christ. It is not a walking program. Be a part of a Catholic women's group that will help you grow in your faith! For more information and to register for a class, email Lisa Sarber at lisakymi@aol.com or go to walkingwithpurpose.com.

Our fall studies are starting soon. Pick the study that best meets your needs:

1. Opening Your Heart: The Starting Point

Thursdays 6:30-8:00PM in the Parish Life Center (begins on October 5)

2. Touching the Divine

Mondays 9:45-11:15AM in the John Paul II House (begins on September 11)

Thursdays 6:30-8:00PM in the Parish Life Center (begins on October 5)

3. Fearless and Free

Tuesdays 6:30-8:00PM in the Holy Cross Library (begins on October 3)

4. Rooted and Radiant

Thursdays 6:30-8:00PM in the Parish Life Center (begins on October 5)

Thursdays 6:30-8:00PM via ZOOM (begins on October 5)

Fridays 9:45-11:30AM in the John Paul II House (begins on September 8)

Adult Education Opportunities

St. Mary's will begin Matthew: The King and His Kingdom on Monday, September 11 at 12:45 pm in the Courtyard meeting room. Cost for materials is between \$35-\$40. Class size is limited to 25 people. Visit the Parish Office to sign up and pay for materials. Materials will be distributed at the first class. Facilitator: Bryan R.

St. Mary's will begin a twenty-week Bible study Acts: The Spread of the Kingdom on Wednesday, September 13 or Thursday, September 14 at 9:45 am in the Courtyard meeting room. Cost for materials is between \$30-\$40. Each class size is limited to 25 people. Visit the Parish Office to sign up and pay for materials. Materials will be distributed at the first class. Facilitator: Suzette Y.

Additional Acts Session

St. Mary's will begin a twenty-week Bible study Acts: The Spread of the Kingdom on Wednesday, September 13 at 6:30 PM in the library at Holy Cross Academy. Cost for materials is between \$30-\$40. Each class size is limited to 20 people. Visit the Parish Office to sign up and pay for materials. Materials will be distributed at the first class.



St. Mary Food Pantry

St. Mary's has a small Food Pantry located within our parish office. It is open to ANYONE seeking food M-F 8:30am-9:00pm and Sat. 9am-1pm. We reorganized and made changes to how we feed our neighbors. We no longer accept miscellaneous food donations, but instead give bags of specific food items that will feed with dignity, those seeking assistance. When our supply is low, we alert our parishioners. Well, it's that time again. If you would like to contribute, please pick up a special ST. MARY FOOD PANTRY BLUE BAG in the back of the church (in the pull-out cabinet located across from the women's restroom). Please purchase ALL ITEMS listed on the stapled list and return the bag, at your convenience, to the parish office. Thank you and may God bless you!

List of Items:

Box of cereal
Spaghetti sauce & pasta
2 cans of tuna or chicken
2 cans of HEARTY Soup
2 cans of ravioli
2 cans of fruit
2 cans of veggies
2 boxes of mac and cheese
1 lb bag of white rice
2 cans of black beans
1 jar peanut butter
1 jar jelly

our parish happenings

CALLED & GIFTED

w o r k s h o p

**Discern what gifts
God has given you
and use them for
His glory.**

God is calling you to a unique
purpose in life, a work of love
that only you can do.

You have received gifts in
Baptism and Confirmation
through which God intends His
love to reach others.

Come and discover these
charisms in you!

Discover GOD's call for your LIFE

Who Can Benefit From This Workshop?

- Anyone asking "What does God want me to do?"
- Parents who want to help their children live their faith and recognize their charisms.
- People in transition who might be changing jobs, adjusting to an empty nest, returning to the workplace, or retiring.
- New or returning Catholics who want to explore what it means to live their faith fully as an adult.
- People wondering, "How can I follow Jesus' plan for my life, in this time and place?"

**“I have a lot more gratitude
for how God is working in
my life.”**

*“It can't help but
permeate every aspect of
life. I encourage people
to realize it doesn't
necessarily translate into
something immediately,
but will reveal itself over a
lifetime.”*

A superb experience. **”**

**Saturday,
October 7, 2023
9:00am—3:30pm**

Holy Cross Academy
250 Stafford Lakes Parkway,
Fredericksburg, VA 22406

Workshop Schedule

The Call of the Laity
Catholic Spiritual Gifts Inventory Explained
Role of the Holy Spirit
Charisms
Discernment Process
Role of Charisms in Parish, Community and World

SPACE IS LIMITED • REGISTER TODAY!

\$40

*includes materials and meals
(financial aid available)*



ST. MARY
IMMACULATE
CONCEPTION
Roman Catholic Church



CATHERINE OF SIENA
INSTITUTE
EQUIPPING PARISHES TO FORM LAITY APOSTLES

**For more information
contact 540-373-6491 or email
stewardship@stmaryfred.org**

Watch this video:
“The World Awaits Your Yes!”
<https://vimeo.com/322254299>

our parish youth ministry

September 2023

Youth Ministry Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4 LABOR DAY	5	6	7	8	9 FIGHT CLUB
10 HS YOUTH GROUP	11	12	13 YOUCAT	14 FEMININE GENIUS	15 MS YOUTH GROUP	16 FIGHT CLUB
17 HS YOUTH GROUP	18	19	20 YOUCAT	21	22	23 FIGHT CLUB
24 HS YOUTH GROUP	25	26	27 YOUCAT	28	29	30 FIGHT CLUB

Month of the Seven Sorrows of Mary

HIGH SCHOOL YOUTH GROUP (9th-12th)

Every Sunday, 6:00 - 8:30pm
Parish Life Center
Dinner, friends, and faith formation for high school!

FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:30-8:00am
Parish Life Center
Explore what it means to be a Man of God!

MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm
Parish Life Center
Dinner, friends, and faith formation for middle school!

FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm
John Paul II House
Explore what it means to be a Woman of God!

YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm
John Paul II House
Dive deeper into your Catholic faith!



@stmarycym

flocknote



flocknote

ADULT VOLUNTEERS NEEDED!

CYM DINNER TEAMS

Work with a team of volunteers to plan and prepare meals once every 2-3 months for either our middle or high school ministry teens!

Middle School Dinners
Fridays from 6:30-7:00pm

High School Dinners
Sundays from 6:00-7:00pm

Want to Help? Contact:
Tatiana Beltran tbeltran@stmaryfred.org
Catie Espiritu cespiritu@stmaryfred.org



noticias en español

Inicio del otoño

EDUCACIÓN
RELIGIOSA DE
SAINT MARY

11, 12 Y 13 DE SEPTIEMBRE

Invitamos a todos los estudiantes y sus familias a asistir a nuestro nuevo evento de inicio del otoño.

Ven a clase, conoce tu catequista y recoge tus libros
Llévate información:

- De los programas del Ministerio Juvenil para escuela intermedia y secundaria
- Clases de formación para los padres de familia y mucho más...

Visita la Iglesia y reza el rosario en familia y recibe una estampa
Participa del sorteo y gánate fantásticos premios

¡Helados
Deliciosos!

¡PREPARATE PARA UN AÑO INCREÍBLE!

INSCRIPCIONES Ven a la oficina parroquial
Abierta de lunes a viernes de 8:30 am - 9:00pm

¿Preguntas? Llame a la Oficina parroquial 540-373-6491



¡Aprende tú para que puedas enseñar!

- La formación secular de hoy es preocupante
- Dios necesita que enseñes a tus hijos la fe
- La Iglesia no puede hacerlo sola.... Necesita de ti
- Ven a clase mientras tus niños están en clase
- Aprenderás sobre la Misa y los Sacramentos.

¡No te quedes en el auto!

Comenzaremos Septiembre 11, 12 y 13 en el PLC

OICA

¿Conoces a alguien que esté interesado en hacerse católico o quiera profundizar más en la Fe? O eres un católico bautizado, pero ¿te falta algún sacramento? Nuestro programa de OICA (Orden de Iniciación Cristiana de Adultos) es la respuesta perfecta. Es ideal para los no católicos que están en la búsqueda de la verdad o adultos católicos que aún no han recibido la Eucaristía y/o la Confirmación, estas lecciones y discusiones en grupo se llevarán a cabo la noche de los jueves a las 7 pm, comenzando el 14 de septiembre hasta Pentecostés. Se les proveerá de todo el material de lectura. Las inscripciones están disponibles en la oficina parroquial o contactando a Leticia González al (703) 473-7218.



Adoración Eucarística

Martes | 12 de septiembre | 7:00pm
Iglesia de St. Mary

*"Él es el motivo de tu alabanza; Él es tu Dios,
El que hizo en tú favor las
grandes y maravillosas hazañas que tu mismo
presenciaste."
Deuteronomio 10:21*

Renovación del Amor por el Santísimo Sacramento

Señor mío y Dios mío, r Tomas el pan y el vino que te ofrecemos,
y mediante la oración sacerdotal de
consagración, los haces tu Cuerpo y Sangre,

que nació de la Virgen María, colgado en
la cruz, resucitó de entre los muertos y se
sienta a la derecha del Padre.

Tu cuerpo es verdadero alimento y tu

sangre es verdadera bebida. Renueva
mi corazón y mi mente, en el amor de la
Santísima Eucaristía, y atrae a todos los
hijos de Dios a tu fiesta de bodas.

Que el Corazón de Jesús, en el Santísimo
Sacramento, sea alabado, adorado y amado,
con gr an afecto, en todo momento, en todos
los tabernáculos del mundo, hasta el fin de
los tiempos. Amén.

our parish happenings



TMIY

THAT MAN IS YOU!

FIGHT CLUB
Young Men 7-12 Grade

Thy Kingdom Come

Claim Your Royal Dignity and Inheritance

Get Inspired
to **LIVE** a
HEROIC LIFE

6:15 am
Hot Breakfast (PLC)

6:45 am
Presentation (Church)

For more information
contact Peter at
paquettepeter@yahoo.com

Fall Semester

Week 1	Sept. 9	Thy Kingdom Come
Week 2	Sept. 16	The Kingdom is Like Leaven
Week 3	Sept. 23	Christ The King!
Week 4	Sept. 30	The Overthrow of Satan
Week 5	Oct. 7	How to Overthrow an Empire
Week 6	Oct. 14	Word - Witness - Walk
Week 7	Oct. 21	The Men We Need to Build the Kingdom
Week 8	Oct. 28	The Kingdom Comfort
Week 9	Nov. 4	Acquiring A Taste for Heaven
Week 10	Nov. 11	Blinded By The Kingdom
Week 11	Nov. 18	On Earth As It Is In Heaven
	Nov. 25	THANKSGIVING WEEKEND, NOTMIY
Week 12	Dec. 2	My Son, Jonathan
Week 13	Dec. 9	The Kingdom is Like Weeds Among the Wheat

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Living Waters

A Christian Response to Gender,
Sexuality and Freedom

for parents, young adults and high school students

- What is sexual orientation? **Monday, September 18, 2023**
- The transgender craze. **6:30pm**
- What does it mean to be chaste?
- Helping young adults navigate sexual and relational issues.
- What does integration look like for those who experience same sex-attraction?
- The Church's teaching on human sexuality as a roadmap to freedom.

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Presentation by
Marco Casanova
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*"Then he said to his disciples,
"The harvest is plentiful, but the
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earnestly to the Lord of the
harvest to send out laborers
into his harvest".*

Matthew 9: 37-38



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our parish happenings



The Interfaith Community Council extends a heartfelt thank you to all of our amazing volunteers and sponsors. Without your dedication, School Dressing Days would not be possible. This year 1,038 students in Headstart through grade 12 received a new outfit including a shirt, jeans or joggers, socks and underwear, a backpack with school supplies, and toiletries. Many children also received shoes, handmade hats and outerwear.

Mass for Marriage Jubilarians



All St. Mary parishioners who will be celebrating their 25th or 50th Wedding Anniversary and are interested in attending this special Mass, please call 540-373-6491 or visit the St. Mary parish office to register.



Sunday October 15, 2023
St. Agnes Catholic Church | 3:00 pm
1910 N. Randolph St., Arlington, VA

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Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

operations given in love

Weekly Offertory

Donations Received August 22 - August 28

Sunday Offertory	\$26,342.00
Assumption	\$247.00
Diocese Mission Appeal - Divine Word Missionaries	\$10,115.00
Parish Debt Reduction	\$515.00
St. Vincent de Paul Poor Box	\$219.00

The next Financial Report will be published in the September 24th Bulletin.

The Second Collection on September 16 and 17 is for Parish Debt Reduction. Thank you for your generosity!

Children's Charity - September

Children's Offertory Contributions for the month of September will be donated to Stafford Junction. In 2002, the Stafford County Sheriff's Department assessed the Olde Forge community, which was known for its high crime rate. The evaluation identified several challenges such as poverty, domestic violence, substance abuse, unsupervised children, and the arrival of non-English speaking and refugee families. In response, the Sheriff's Department launched a call for action that led to the establishment of Stafford Junction, a non-profit organization with a faith-based approach focused on enhancing the well-being of children and families in low-income regions of Stafford County. Stafford Junction's programs prioritize education, nutrition, and healthy living. Its goal is to improve the lives of those living in low-resource areas by providing them with a path to a better future. For more information, visit their website at staffordjunction.org. Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.

Pro-Life Reflection

The Feast of the Triumph of the Holy Cross is September 14th. Because His death destroyed our own, the Cross is a symbol of ultimate triumph over evil and a symbol of the cross we must embrace in everyday life. Especially if we work to save the unborn, we are subject to ridicule and rejection. Our plans for pro-life activity should not be geared towards avoiding rejection but rather should count on it. Lord may we see the cross as our triumph today and forever. (Pro-life Reflections for Every Day)

Respect Life Sunday

National Life Chain Sunday - October 1

Annual Life Chain 2-3:30pm

What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that claims over one million American lives annually, and has claimed over sixty million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration. Hundreds of Christians – clergy and lay people -- stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope Saint John Paul II who said, "When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."

St. Mary Parish will again participate in the Annual Life Chain on Sunday, October 1 and welcomes all our parishioners and local churches as well. We will meet in front of the Parish Life Center at 1:45pm to pick up our signs and walk up to Emancipation Highway (Route 1), where we will form a chain along Route 1 from Stafford Avenue to College Avenue. Please join us and take a stand for the unborn.

SPRED

The Special Religious Education Development Program, (SPRED) serves children and young adults with developmental disabilities. The program helps them grown in their faith and prepares them to receive their sacraments. We are currently accepting registrations for the 2023-2024 school year.

There are a total of 12 classes which meet on Saturday mornings from 10am-12noon in the Parish Life Center. Our first class is scheduled for September 30th. Please stop by the parish office to register your child.



liturgy daily bread

Saint Mary Prayer List - September

Please pray for those who are sick or in need, especially:

Brandon Desque, Nicole Moser, Jim Matarese, William David Jackson, Re & Chris MacArthur, Jason Stoker, Shirley Bozicevic, Chris Breth, Karl Eugene, Joanne O'Brien, Clifford Snipe, Carlos Enrique, Anne Keane, Ted Jung, Robert Recupero, Sam Recupero, Jr., Giulia Restivo

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven"
- St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator
Adoration@stmaryfred.org

Daily Mass Intentions

September

11 MONDAY

6:30am Louise Marahrens+
9:00am Grace Sherry
Col 1:24—2:3/Lk 6:6-11

12 TUESDAY

6:30am Michael Harring
9:00am Mary Ann Holzworth
12:00pm Guillermo Arevalo
Col 2:6-15/Lk 6:12-19

13 WEDNESDAY

6:30am Maryann and Warren Kwiecinski+
9:00am Martha Lizarralde Wilson+
12:00pm Bob Ezersky+
Col 3:1-11/Lk 6:20-26

14 THURSDAY

6:30am Maryann and Warren Kwiecinski+
8:15am* Holy Cross Academy
9:00am Gemma Guthrie
12:00pm Faustino Calisto Oliveras
Nm 21:4b-9/Phil 2:6-11/Jn 3:13-17

15 FRIDAY

6:30am Alberto and J. Rafael Bernaola+
9:00am Mauricio Chavez
12:00pm Denisse Lucia Maria Reynoso
1 Tm 1:1-2, 12-14 (441)/Jn 19:25-27

16 SATURDAY

9:00am Carmen Sanchez Martinez
5:00pm Joseph Trinh Trung+
7:00pm Hector Camacho Sr.
1 Tm 1:15-17/Lk 6:43-49

17 SUNDAY

7:00am Batholomeo Quoc Nguyen+
8:30am Owen Lea
8:30am* Beverly Sala+
10:30am Patrick Hagans
10:30am* For Our Parish
12:30pm Mathew and Marguerite Woyak
2:30pm Emiliano Rios+
5:00pm Joseph Quy Vu+
7:00pm David Blakmen+
Sir 27:30—28:7/Rom 14:7-9/Mt 18:21-35

* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

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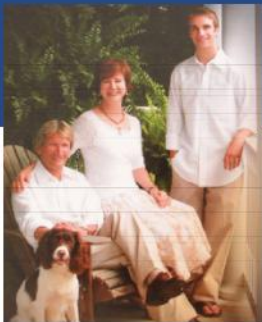
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