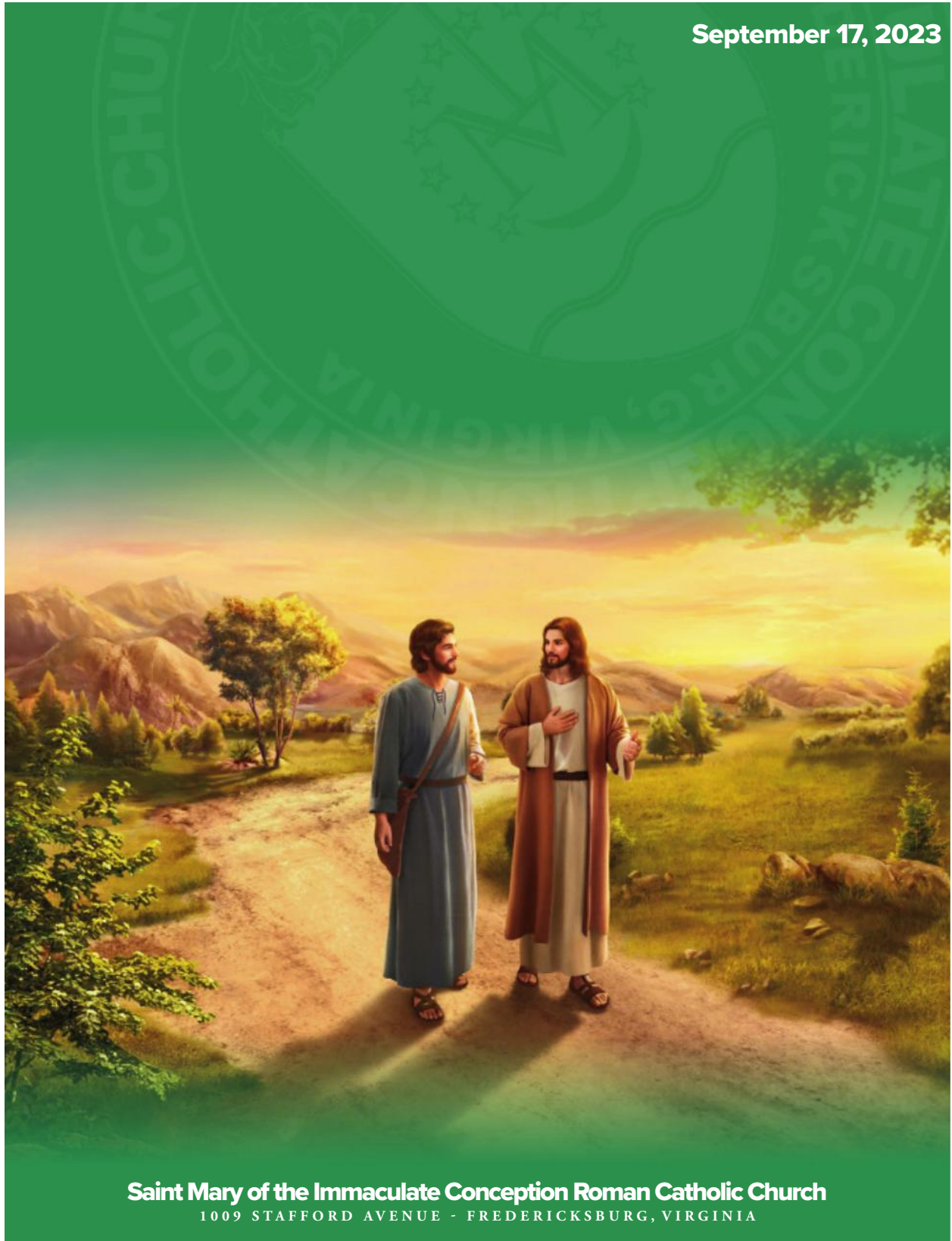


TWENTY-FOURTH SUNDAY IN ORDINARY TIME

September 17, 2023



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

Growing Our Legacy of Faith

ALL ST. MARY PARISH FAMILIES ARE INVITED
"GROWING OUR LEGACY OF FAITH" CAPITAL CAMPAIGN

PIZZA WITH PADRE

September 10 | 1:30pm - PLC

September 16 | KofC Family Dinner - 6pm - PLC

September 17 | Pastries with Padre | 8am - PLC

September 27 | 7pm - Holy Cross Academy

October 1 | 1:30pm - PLC

October 5 | 7:00pm - PLC (En Español)

Come & Learn About All the Wonderful
Plans for St. Mary & Holy Cross Academy!

Join Fr. Mosimann & the Capital Campaign
Team ~ Listen, Ask Questions & Discern ~



Scan to RSVP or
Call the Office 540-373-6491

HOW TO SCAN A QR CODE

1. Open your Camera app
2. Tap notification that appears
3. Sign up through SignUpGenius

Troubles? Call the Parish Office

OUR CAPITAL CAMPAIGN IS IN THE FINAL PHASE!

We are excited! 615 Parish families have pledged a little over \$5.6M. This will fund 81% of our identified parish needs. So many have graciously participated in the campaign and shared their story. Thank You!

The Capital Campaign for St Marys is in the final phase! This is the final push, after many months of hard work to wrap up the campaign.

What are you asked to do over the next month?

Pray - We all know the power of prayer and through prayer we will be successful. Please pray for a successful campaign and the needs it will fund.

Participate - We encourage you to Sign-Up and attend an upcoming Group Information Session. There are only five sessions left! Come listen, learn, and then discern.

Discern - We ask each family to prayerfully consider what their financial sacrifice will be. Five year commitments have made this campaign a great success!

Share with others. Tell your friends, family, and fellow parishioners about the campaign and the positive effect it will have on our parish and school.

We want to personally invite all families to participate and help get us to 100%. Together, we can pay forward all the blessings and benefits that we enjoy here, at St. Mary's provided from all the hard work and sacrifices of parishioners who have gone before us.

Do not wait for leaders; do it alone, person to person.

- Mother Teresa



from our pastor

Folks,

Next week's planned parish picnic has to be postponed to next April!

Postponed!?! We have been excited about our parish picnic and only this week discovered a conflict that has compelled us to move it to the spring. Ouch!! It is a conflict too complicated to explain via the bulletin, but a few things need to be coordinated by our vendors (for the inflatables, food, and fireworks) and it will just take more time to make that work.

So, we made the hard decision to move the picnic to next April. We didn't want to push it too far into the fall, where weather could derail our plans, so we opted for spring. We have a date and are firming up details, but we also want to be sure that the vendors can get all the ducks in a row, before giving the date.

Thanks to the Knights, parish, and school staff who found the conflict, and quickly pivoted with a solution!

A reminder that our **Called & Gifted Workshop** is Saturday, October 7th. This Workshop has helped thousands of people to discover their gifts and many parishioners at St. Mary are happily involved in ministry because they have attended. All of us have unique gifts given to us at baptism. I invite you to take a leap of faith and attend the Workshop and see how your life and the lives of those around you can be affected by your YES to discovering your God-given gifts and sharing them!

Here is the link to a short promo video that shares more about the workshop.

"The World Awaits Your Yes!"
vimeo.com/322254299

All are welcome! Bring a friend.

Registration link: **REGISTER TODAY! Registration ends September 29th.**
bit.ly/48iXUmr

Pax,



Very Reverend John P. Mosimann, V.F.
Pastor

announcements

**Pastries with Padre
after the 7am Mass**

**NO Coffee Shop after
the 8:30am Mass**

**Coffee & Donuts after
the 10:30am Mass**

New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and a few members of our Welcoming Committee are looking forward to spending some time with you, to get to know you a bit and see how you (and your family) might be interested in sharing your gifts and talents with your new parish family.

Please sign-up for a time slot for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor. **Sunday, September 24th.** Meetings will take place in the Courtyard Meeting Room (located behind the church, next to the parish office - it's the room with the crucifixes on the wall)

If you have any questions, please email Elena Doyle at edoyle@stmaryfred.org or call 540-373-6491.

bit.ly/newparishioners-sep-2023



contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am - Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Phillip Cozzi, Parochial Vicar
Reverend Robert Renner, Parochial Vicar
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Katherine Evans
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

education holy cross academy

New PTO Members

We would like to welcome and introduce our new PTO members for 2023-2024. The PTO is an important part of the Holy Cross Academy. We are blessed with involved, enthusiastic parents who give generously of their time and talent for the good of our school. Our PTO and parent volunteers help to make many special events possible.

2023-2024 PTO Board Members

- President - Mrs. Rosa Martinez
- Vice President - Mrs. Teresa Waineo
- Secretary - Mrs. Karen Collier
- Treasurer - Mrs. Deanna Rubright
- Teacher Representative - Mrs. Biz Frazer

Members at Large

- Mrs. Kathy Butts
- Mrs. Laura Corchado
- Mr. Patrick Heckel
- Mrs. Grace Janosek

We look forward to the fun activities on the calendar!

If you would like to support Holy Cross Academy fundraisers including Tilly's Homemade Ice Cream, Chick-fil-A Spirit Lunch on November 9 (11-2), World Famous Chocolate sales and our 25th Anniversary celebrations check out the school website (holycrossweb.com) and this section of the St. Mary bulletin for upcoming events.

2023-2024 Applications/ Tours

Our enrollment is still growing for the current school year. HCA still has openings in some grades including Kindergarten. Application information is available on the school website at holycrossweb.com/admissions.

If you would like to learn more about Holy Cross Academy, please contact Mrs. Deena Lanier, Admissions Coordinator, at dlanier@holycrossweb.com or 540-286-1600.

If you are interested in HCA Preschool at St. Mary, please contact Mrs. Sheri Castellarin at HCAPreschool@holycrossweb.com or call 540-373-7553.



*A National
Blue Ribbon
School of
Excellence*



our parish religious education

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

Monday to Wednesday, September 18-20:
Religious Education Classes

Monday to Wednesday, September 25-27:
Religious Education Classes

Saturday, September 30:
First SPRED class in the PLC 10am-12noon

Tuesday to Wednesday, October 2-4:
Religious Education Classes, Living Rosary at each session

Monday, October 9:
No Religious Education Classes

Tuesday, October 10:
Two Religious Education Teaching Masses at 4:45pm and 6:30pm

Wednesday, October 11:
2nd Catechist Meeting

Wednesday, October 11:
No Religious Education Classes

Thursday, October 12:
Confirmation Year 1 Formation Night (Church)

Monday to Wednesday, October 16-18:
Religious Education Classes

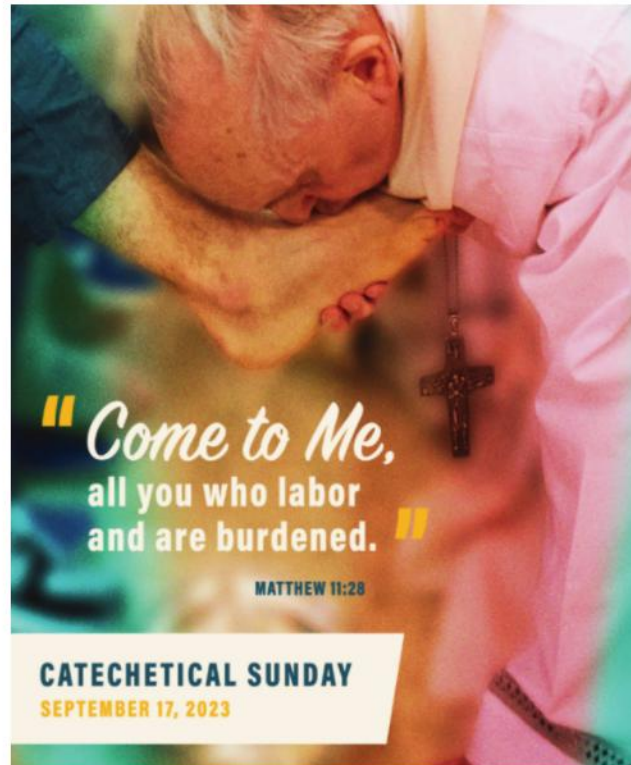


Week of September 17

SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)
CLICK REGISTER THEN ENTER PARISH CODE:
F6F228

First Catechist Meeting

On Tuesday, September 5, the first Catechist meeting was held. Catechists eagerly gathered to prepare for another year of Religious Education.



2023 Catechetical Sunday

"Come to me all you who labor and are burdened"

MATTHEW 11:28

This year's theme reminds us of the invitation we receive from the Lord Jesus to follow Him and the promise that He doesn't want to add to our burdens; he wants to lighten them.

"Vengan a Mí, todos los que están cansados y cargados"

MATEO 11:28

El tema de este año nos recuerda la invitación que recibimos del Señor Jesús para seguirlo y la promesa de que Él no quiere aumentar nuestras cargas; quiere aligerarlos.



NATIONAL
**Eucharistic
Revival**

Watch the videos at watch.formed.org/eucharist

our parish happenings

CALLED & GIFTED

w o r k s h o p

**Discern what gifts
God has given you
and use them for
His glory.**

God is calling you to a unique
purpose in life, a work of love
that only you can do.

You have received gifts in
Baptism and Confirmation
through which God intends His
love to reach others.

Come and discover these
charisms in you!

Discover GOD's call for your LIFE

Who Can Benefit From This Workshop?

- Anyone asking "What does God want me to do?"
- Parents who want to help their children live their faith and recognize their charisms.
- People in transition who might be changing jobs, adjusting to an empty nest, returning to the workplace, or retiring.
- New or returning Catholics who want to explore what it means to live their faith fully as an adult.
- People wondering, "How can I follow Jesus' plan for my life, in this time and place?"

**“I have a lot more gratitude
for how God is working in
my life.”**

*“It can't help but
permeate every aspect of
life. I encourage people
to realize it doesn't
necessarily translate into
something immediately,
but will reveal itself over a
lifetime.”*

A superb experience. ”

**Saturday,
October 7, 2023
9:00am—3:30pm**

Holy Cross Academy
250 Stafford Lakes Parkway,
Fredericksburg, VA 22406

Workshop Schedule

The Call of the Laity
Catholic Spiritual Gifts Inventory Explained
Role of the Holy Spirit
Charisms
Discernment Process
Role of Charisms in Parish, Community and World

SPACE IS LIMITED • REGISTER TODAY!

\$40

*includes materials and meals
(financial aid available)*



ST. MARY
IMMACULATE
CONCEPTION
Roman Catholic Church



CATHERINE OF SIENA
INSTITUTE
EQUIPPING FATHERS TO FORM LAY APOSTLES

**For more information
contact 540-373-6491 or email
stewardship@stmaryfred.org**

Watch this video:

“The World Awaits Your Yes!”
<https://vimeo.com/322254299>

our parish
happenings

Living Waters

A Christian Response to Gender,
Sexuality and Freedom

for parents, young adults and high school students

- What is sexual orientation? **Monday, September 18, 2023**
- The transgender craze. **6:30pm**
- What does it mean to be chaste?
- Helping young adults navigate sexual and relational issues.
- What does integration look like for those who experience same sex-attraction?
- The Church's teaching on human sexuality as a roadmap to freedom.

**St. Mary of the Immaculate
Conception Church
Fredericksburg, VA**

Presentation by
Marco Casanova
Associate Director
Desert Stream Ministries



desertstream.org

our parish happenings



Saint Mary Council of Catholic Women

1009 Stafford Avenue

Fredericksburg, Virginia 22401

StMaryCCWNews@aol.com <https://www.facebook.com/stmaryCCW>

<https://www.stmaryccw.org>

September 2023

Greetings to the Women of St Mary's Parish.

Your parish registration ensures that you are a member of The Saint Mary Council of Catholic Women. We are proud that ours is the only active Council within Arlington Diocese's Deanery VII, which consists of nine parishes; and proud to be part of a service organization founded in 1920 under the auspices of the U.S. Bishops.

Our Saint Mary CCW is active in parish and community endeavors. Through the loving service of many, we are able to provide assistance to several local pro-life organizations; sponsor an American Heritage Girls Troop; offer a creative outlet and fellowship through Craft Group; operate the Circle of Love and Prayers and Squares ministries which assist parishioners in crisis situations; and so much more. These and other enjoyable activities can provide an opportunity for you to use your God given gifts. After a pandemic-driven hiatus, our General Meetings were returned to the parish calendar in September 2021. We meet the third Tuesday of each month through May, with many interesting speakers. **We invite you to join us!**

CCW operating funds in support of our charitable mission are generated through donations and an annual raffle; the drawing takes place the first Sunday in December. Raffle tickets are available via the Membership Form below, and paper tickets are sold at general meetings. Tickets are \$5 each. The prize is 25% of the proceeds (up to \$500). We will record your purchases through the Membership Form on paper tickets, and come December will put your ticket/tickets "in the hat" along with those sold in person. Your payment (cash or check payable to St. Mary CCW), along with the Membership Form below, may be brought to a general meeting, turned in at the Parish Office, or mailed to the address in our letterhead, above.

Filling out the Membership Form in its entirety ensures your contact information is up to date with us. Providing your email address will bring you the St. Mary CCW Newsletter, which will keep you informed of activities and volunteer opportunities. **Please also bookmark our new website, <https://www.stmaryccw.org>!**

Blessings,

Adele Falardeau, President

MEMBERSHIP FORM

Name: _____

Mailing Address: _____

E-MAIL: _____

Phone: _____

our parish happenings

Manna Project FOOD DRIVE

September 30th and October 1st

Please help us fight hunger during Hunger Awareness Month! Bring non-perishable items or monetary donations to Mass at St. Mary or Holy Cross Academy the weekend of September 30th and October 1st. Checks should be made out to St. Mary Catholic Church. For every \$10 donation, the Fredericksburg Regional Food Bank is able to provide 20 meals for hungry families. All non-perishable food items and toiletries collected will help the Food Bank provide nutritious food and supplies to the 31,000 people living in poverty in our community. Thank you for your support!



SAINT MARY *of the* IMMACULATE CONCEPTION

St. Cecilia Choir

2023-2024



The St. Cecilia Choir is for children grades 2* - 8

*Must be 7 years old by September 30.

Thursday Rehearsal: 4:45 pm – 6:00 pm
Beginning September 28, 2023

Sunday Mass: 7:45 a.m. warm-up, Mass at 8:30 a.m.
Beginning October 1, 2023

The St. Cecilia Choir sings for additional liturgies throughout the year which include Christmas Eve, Holy Week and various other special programs.

Directed by David Uschold.
Parents, please contact Mr. Uschold to join or for more information.
(540) 373-6491, ext. 217
duschold@stmaryfred.org

our parish
happenings

ST. MARY OF THE IMMACULATE CONCEPTION

PARISH PICNIC

CELEBRATING HOLY CROSS ACADEMY
25TH ANNIVERSARY

POSTPONED
APRIL 2024

POTATO SALAD
DRINKS PROVIDED!

PLEASE BRING:
NAME BEGINNING WITH
A-F: CHIPS
G-N: HEALTHY SNACKS
M-Z: DESSERTS

HOLY CROSS ACADEMY

250 Stafford Lakes Parkway, Fredericksburg, VA 22406

SOMETHING FOR EVERYONE!

LIVE MUSIC, ROCK CLIMBING WALL, MOON BOUNCE, INFLATABLES,
FACE PAINTING, COTTON CANDY, POPCORN, BEER TRUCK & CORNHOLE

VOLUNTEERS NEEDED! TO SIGN-UP VISIT [BIT.LY/45QZVCR](https://bit.ly/45QZVCR)
QUESTIONS: CONTACT ANTHONY.DEMAI085@GMAIL.COM

our parish happenings

Public Rosary

A public Rosary will be prayed every 3rd Saturday at noon at the statue in front of the St. Mary of the Immaculate Conception Church. Come join us to pray for Peace as asked by the Blessed Mother at Fatima. If you have questions or wish to RSVP, send an email to michaelgkasey@verizon.net.

This regular devotion is sponsored by America Needs Fatima (ANF) and the Fredericksburg Council of the Knights of Columbus.

CCW News

Please join your St. Mary Council of Catholic Women on Tuesday, September 19, at 10am. Everyone is welcome! Father Mosimann will present a slide talk on the pilgrimage he led to Ireland last May. After Father is finished we'll have refreshments, a \$50/50 drawing, and a brief business meeting at which we must vote on a change to our by-laws.

Want to learn more about the Council of Catholic Women? Please visit our website, StMaryCCW.org and check out our Facebook page, fb.com/StMaryCCW

Prayers and Squares

The Prayers and Squares ministry has distributed many prayer quilts to sick and troubled members of our parish family. There is no cost involved in requesting a quilt for a sick family member or friend. The comfort these prayer quilts provide is visible in the faces of those who receive them. Please consider stopping by our table after mass when we put a quilt out and say a prayer as you tie a knot for someone in need.

If you would like to request a quilt for someone, please pick up a request at the office or contact DianEpp at dbep65@outlook.com.

Catholic Investments for Catholic Families Knights of Columbus Asset Advisors' advisory services



Learn more about our faith-based investments at
our upcoming Financial Seminar and Social.

October 25, 2023 6:30 p.m.

Knights of Columbus Hall
4724 Harrison Road, Fredericksburg, VA 22408



**Knights of
Columbus**
Asset Advisors®

RSVP free but required:
abbatekofc.com/events
1-868-868-1492
The Abbate Agency

KoCAA is an SEC registered investment adviser that maintains a principal place of business in the State of Connecticut. For information about KoCAA's business operations, please consult the Firm's Form ADV disclosure documents, the most recent versions of which are available on the SEC's Investment Adviser Public Disclosure website at www.adviserinfo.sec.gov. Knights of Columbus Asset Advisors, LLC, is a wholly-owned subsidiary of Knights of Columbus, the world's largest Catholic Lay Organization. Knights of Columbus does not offer investment products outside of the affiliated products offered through KoCAA. © Knights of Columbus, 1 Columbus Plaza, New Haven, CT 06510



our parish happenings



St. Mary Food Pantry

St. Mary's has a small Food Pantry located within our parish office. It is open to ANYONE seeking food M-F 8:30am-9:00pm and Sat. 9am-1pm. We reorganized and made changes to how we feed our neighbors. We no longer accept miscellaneous food donations, but instead give bags of specific food items that will feed with dignity, those seeking assistance. When our supply is low, we alert our parishioners. Well, it's that time again. If you would like to contribute, please pick up a special ST. MARY FOOD PANTRY BLUE BAG in the back of the church (in the pull-out cabinet located across from the women's restroom). Please purchase ALL ITEMS listed on the stapled list and return the bag, at your convenience, to the parish office. Thank you and may God bless you!

List of Items:

Box of cereal
Spaghetti sauce & pasta
2 cans of tuna or chicken
2 cans of HEARTY Soup
2 cans of ravioli
2 cans of fruit
2 cans of veggies
2 boxes of mac and cheese
1 lb bag of white rice
2 cans of black beans
1 jar peanut butter
1 jar jelly



TMIY
THAT MAN IS YOU!

FIGHT CLUB
Young Men 7-12 Grade

Thy Kingdom Come
Claim Your Royal Dignity and Inheritance

Get Inspired
to LIVE a
HEROIC LIFE

6:15 am
Hot Breakfast (PLC)

6:45 am
Presentation (Church)

For more information
contact Peter at
paquettepeter@yahoo.com

Fall Semester

Week 1	Sept. 9	Thy Kingdom Come
Week 2	Sept. 16	The Kingdom is Like Leaven
Week 3	Sept. 23	Christ The King!
Week 4	Sept. 30	The Overthrow of Satan
Week 5	Oct. 7	How to Overthrow an Empire
Week 6	Oct. 14	Word - Witness - Walk
Week 7	Oct. 21	The Men We Need to Build the Kingdom
Week 8	Oct. 28	The Kingdom Comfort
Week 9	Nov. 4	Acquiring A Taste for Heaven
Week 10	Nov. 11	Blinded By The Kingdom
Week 11	Nov. 18	On Earth As It Is In Heaven
	Nov. 25	THANKSGIVING WEEKEND, NOTMIY
Week 12	Dec. 2	My Son, Jonathan
Week 13	Dec. 9	The Kingdom is Like Weeds Among the Wheat

WWW.TMIY.ORG

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

our parish youth ministry

September 2023

Youth Ministry Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4 LABOR DAY	5	6	7	8	9 FIGHT CLUB
10 HS YOUTH GROUP	11	12	13 YOUCAT	14 FEMININE GENIUS	15 MS YOUTH GROUP	16 FIGHT CLUB
17 HS YOUTH GROUP	18	19	20 YOUCAT	21	22	23 FIGHT CLUB
24 HS YOUTH GROUP	25	26	27 YOUCAT	28	29	30 FIGHT CLUB

Month of the Seven Sorrows of Mary

HIGH SCHOOL YOUTH GROUP (9th-12th)

Every Sunday, 6:00 - 8:30pm
Parish Life Center
Dinner, friends, and faith formation for high school!

FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:30-8:00am
Parish Life Center
Explore what it means to be a Man of God!

MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm
Parish Life Center
Dinner, friends, and faith formation for middle school!

FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm
John Paul II House
Explore what it means to be a Woman of God!

YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm
John Paul II House
Dive deeper into your Catholic faith!



@stmarycym



flocknote

ADULT VOLUNTEERS NEEDED!

CYM DINNER TEAMS

Work with a team of volunteers to plan and prepare meals once every 2-3 months for either our middle or high school ministry teens!

Middle School Dinners
Fridays from 6:30-7:00pm

High School Dinners
Sundays from 6:00-7:00pm

Want to Help? Contact:
Tatiana Beltran tbeltran@stmaryfred.org
Catie Espiritu cespiritu@stmaryfred.org



noticias en español



Conferencia Libres y Felices en Cristo Jesus

Basado en las 5 Llaves de Liberado de Neal Lozano (Unbound) • El Ministerio Liberado pone el poder de Dios en los corazones heridos

29 y 30 septiembre de 2023

29 sep 6-9pm y
30 sep 8am-9pm

\$125

por
pareja

incluye comida y
materiales

Holy Cross Academy

250 Stafford Lakes Parkway, Fredericksburg, VA 22406

La conferencia te dara el poder

para romper el poder
de las cadenas que
atan/esclavizan tu
vida para que puedas
caminar en plena
libertad

**Cada uno de nosotros esta peleando
una batalla invisible con:**

- Pensamientos negativos, pecados ocultos y relaciones no sanas
- Habitos destructivos, idolos y falsa identidad
- Resentimiento; heridas y amarguras que parecen nunca sanar

¿Que tal si tu vida pudiese alcanzar y
experimentar el amor de Dios?
Tu vida nunca seria igual!

**Para mas Información
llamar a:**

Giovanni (540) 373-6491
Gustavo 540-229-3313

Cupo Limitado

Por la naturaleza de la conferencia
es importante no traer niños.

**Enlace
de registro:**



¡Aprende tú para que puedas enseñar!

- La formación secular de hoy es preocupante
- Dios necesita que enseñes a tus hijos la fe
- La Iglesia no puede hacerlo sola.... Necesita de ti
- Ven a clase mientras tus niños están en clase
- Aprenderás sobre la Misa y los Sacramentos.

¡No te quedes en el auto!

**Comenzaremos Septiembre 11, 12
y 13 en el PLC**

operations given in love

*The next Financial Report will be published in the
September 24th Bulletin.*

Thank you for your generosity!

Children's Charity - September

Children's Offertory Contributions for the month of September will be donated to Stafford Junction. In 2002, the Stafford County Sheriff's Department assessed the Olde Forge community, which was known for its high crime rate. The evaluation identified several challenges such as poverty, domestic violence, substance abuse, unsupervised children, and the arrival of non-English speaking and refugee families. In response, the Sheriff's Department launched a call for action that led to the establishment of Stafford Junction, a non-profit organization with a faith-based approach focused on enhancing the well-being of children and families in low-income regions of Stafford County. Stafford Junction's programs prioritize education, nutrition, and healthy living. Its goal is to improve the lives of those living in low-resource areas by providing them with a path to a better future. For more information, visit their website at staffordjunction.org. Children's Offertory Envelopes are available through the Religious Education Office. All proceeds from the envelopes go to a different children's charity each month.

Pro-Life Reflection

The Feast of the Triumph of the Holy Cross is September 14th. Because His death destroyed our own, the Cross is a symbol of ultimate triumph over evil and a symbol of the cross we must embrace in everyday life. Especially if we work to save the unborn, we are subject to ridicule and rejection. Our plans for pro-life activity should not be geared towards avoiding rejection but rather should count on it. Lord may we see the cross as our triumph today and forever. (Pro-life Reflections for Every Day)

Respect Life Sunday

National Life Chain Sunday - October 1

Annual Life Chain 2-3:30pm

What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that claims over one million American lives annually, and has claimed over sixty million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration. Hundreds of Christians – clergy and lay people -- stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope Saint John Paul II who said, "When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."

St. Mary Parish will again participate in the Annual Life Chain on Sunday, October 1 and welcomes all our parishioners and local churches as well. We will meet in front of the Parish Life Center at 1:45pm to pick up our signs and walk up to Emancipation Highway (Route 1), where we will form a chain along Route 1 from Stafford Avenue to College Avenue. Please join us and take a stand for the unborn.

SPRED

The Special Religious Education Development Program, (SPRED) serves children and young adults with developmental disabilities. The program helps them grown in their faith and prepares them to receive their sacraments. We are currently accepting registrations for the 2023-2024 school year.

There are a total of 12 classes which meet on Saturday mornings from 10am-12noon in the Parish Life Center. Our first class is scheduled for September 30th. Please stop by the parish office to register your child.



liturgy daily bread

Saint Mary Prayer List - September

Please pray for those who are sick or in need, especially:

Brandon Desque, Nicole Moser, Jim Matarese, William David Jackson, Re & Chris MacArthur, Jason Stoker, Shirley Bozicevic, Chris Breth, Karl Eugene, Joanne O'Brien, Clifford Snipe, Carlos Enrique, Anne Keane, Ted Jung, Robert Recupero, Sam Recupero, Jr., Giulia Restivo, Jim Matarese, Pat Carroll

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven"
- St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator
Adoration@stmaryfred.org

Daily Mass Intentions

September

18 MONDAY

6:30am Guzman Family
9:00am Steven and Chau Barlow
1 Tm 2:1-8/Lk 7:1-10

19 TUESDAY

6:30am Leo Guzman+
9:00am Timothea Rainey+
12:00pm Marię Madrzyk+
1 Tm 3:1-13/Lk 7:11-17

20 WEDNESDAY

6:30am Dennis Arturo Contreras Bencomo
8:15am* Fr. Robert Renner
9:00am Michael Correa
1 Tm 3:14-16/Lk 7:31-35

21 THURSDAY

6:30am Milca Guerrero
9:00am Fr. Sean Koehr
12:00pm Richard Schultz+
Eph 4:1-7, 11-13/Mt 9:9-13

22 FRIDAY

6:30am The Deuell Family
9:00am John Holzworth
12:00pm Steve and Bridget Sherba
1 Tm 6:2c-12/Lk 8:1-3

23 SATURDAY

9:00am Maria Katina Mrva
5:00pm Gabriel Rizk
7:00pm Todd Finnegan+
1 Tm 6:13-16/Lk 8:4-15

24 SUNDAY

7:00am Delma Ramsay+
8:30am Rudy and Mert Epp+
8:30am* Gregory and Carol Marsillo
10:30am Farael Daniel
10:30am* Adam and Catherine Clagett
12:30pm Our Military Living & Deceased
2:30pm For Our Parish
5:00pm Patrick Leo Petro Sr+
7:00pm The Duffey Family
Is 55:6-9/Phil 1:20c-24, 27a/Mt 20:1-16a

* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

MULLINS & THOMPSON FUNERAL SERVICE



Fredericksburg Chapel
1621 Jefferson Davis Highway
540-373-5842

Stafford Chapel
186 Shelton Shop Road
540-659-7690

www.mullinsthompson.com



Dr. Mitchell J. Sojack

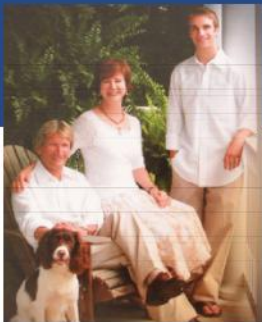
**A Specialty Practice For
Adolescent Mental Health**

- Depression
- Anxiety
- Suicide
- Trauma
- Loneliness
- Eating Disorders

LIFE COACHING FOR YOUR TEEN

Dr. Mitchell J. Sojack, L.C.S.W., Ph.D.

1715 Sunken Road, Fredericksburg, VA 22401 • 540-845-7683 • drsojack.com



myParish

**The App for
Catholic Life Every Day**

www.myParishApp.com



DIOCESAN

Catholic Life **Every Day**

PUT YOUR FAITH TO WORK.

NOW HIRING

SALES REPRESENTATIVE

**Join Our Family
Diocesan.com/Careers**

EWTN.COM/RADIO



EWTN

Global
Catholic
Radio

TUNE IN

THANK YOU FOR YOUR SUPPORT

For information
on advertising,
please call
Lisa Sparkman
1-717-507-3766
or email

lsparkman@diocesan.com

DIOCESAN

Catholic Life **Every Day**



Rappahannock Foot & Ankle Specialists
Board Certified Podiatrists
(540) 371-2724 • www.rappahannockdpms.com
195 Falcon Drive • Fredericksburg, VA 22408

Dr. Stephen Carley
Dr. Michael Donato
Dr. Martha Hurley
Dr. Joel Zarzuela
Dr. Rosemarie Rynkiewicz
Dr. Sunshine Brady-Thomas

Superior Service Solutions LLC
Since 1997
24HR Water Damage Service
Commercial Residential
(540) 287-5313
superiorservicesolutionsllc@gmail.com
Professional Carpet Services, Moving, Home Improvements, Renovations and Handyman Service

Consider Remembering Your Parish in Your Will

For further information, please call the parish office.

HALSEY HOMES
NEW HOMES
ADDITIONS
RENOVATIONS
BUILDER OF THE YEAR
SEAN HALSEY, PARISHONER
WWW.HOMESBYHALSEY.COM • 540-623-4687

PLUMBING Innovators
EMERGENCY SERVICE
540-295-8876
richie@plumbinginnovators.com
www.plumbinginnovators.com
1209 Bragg Road
Fredericksburg, VA 22407

St Vincent DePaul THRIFT STORE
The proceeds support our local families in need

St Vincent De Paul Thrift Shop

The shoppers enjoy the exceptional quality of our items
Shop and drop off at store located at Olde Greenwich Plaza off Lafayette Blvd.
Open Mon-Sat., 10-4 • Store/Info 540-898-9066
SVDP welcomes donations at: SVDP Po Box 1493, College Station, Va. 22402
www.stvdpfredericksburg.com | This ad has been donated by MCK Company

State Farm

Chris Vomund, Agent
4930 Southpoint Drive
Fredericksburg, VA 22407
Bus: 540-993-4999
chris@insurespotsy.com

State Farm, Bloomington, IL
1211999

State Farm

Chris Vomund, Agent
4930 Southpoint Drive
Fredericksburg, VA 22407
Bus: 540-993-4999
chris@insurespotsy.com

State Farm, Bloomington, IL
1211999

ALEXANDER & SONS
PLUMBING, HEATING AND AC
888.959.8285
www.myaalexanderandsons.com

Parishioners

HOME SWEET HOME
INTERIOR DESIGN
Your home is a reflection of who you are.
Let it shine, just like you!
540-623-7123
www.homesweethomeinteriordesign.com

IN LOVING MEMORY OF
Richard Gutknecht

Compassionate In-Home Care

ONE ON ONE CARE
Quality Care Makes All The Difference
(540) 288-1300
www.myoneononecare.com

ADVERTISE HERE

Promote your Business AND Support your Parish.
Lisa Sparkman ~ 717-507-3766
lsparkman@diocesan.com

SAINT MICHAEL THE ARCHANGEL CATHOLIC HIGH SCHOOL

**College Preparatory
Faithful to the Magisterium
Diocesan Recognized
Fully Accredited
Affordable Tuition
98% College Acceptance Rate**

EXCELLENCE SINCE 2006

LEARN MORE
APPLY TODAY

www.saintmichaelhs.org
Fredericksburg, VA

Get this bulletin emailed to you every week.

Simply go to
www.DM.CHURCH/3174
...or scan

DISCOVERMASS



Fredericksburg Chapel
4801 Jefferson Davis Highway • Fredericksburg, VA 22408
898-4326

Stafford Chapel
1310 Courthouse Road • Stafford, VA 22554
658-9221

Modern Facilities Affordable Fees
www.covenantfuneralservice.com

BECOME A C.N.A.

(Certified Nurse Aide)

- 145 hrs. instruction
- State Approved Program
- Spanish/English
- Weekday & Weekend Classes
- Tuition \$1,800
- Credit Cards Accepted
- Classes in Locust Grove

Director: Zoila Ortega, RN

Info: 703.402.2509

ALETHA DEMAIO

Photography

Maternity, Newborn,
Senior & More!

Parishioner | (402) 208-2132
alethademaiophotography.com



THE DOWLING TEAM



Mike (VETERAN): (571)283-2493

Jessica: (703)772-3607

Realtors®, Parishioners

TheDowlingRealtyTeam@gmail.com

4 1/2%

Full Service Listings!

THERAPIST OWNED: WWW.OSPTA.COM

Choose Quality Physical Therapy You Can Trust.
Insurance Coverage; no referrals needed



Barbara D. Ehman, DPT
Doctor of Physical Therapy



Parishioner

Marshall Rennie, DPT, OCS • Kash Eagleton, DPT, SCS

SOLD



Licensed in Virginia, DC
and Maryland

**GUIDING FREDERICKSBURG
HOME FOR 40+ YEARS**

COLDWELLBANKERELITE.COM

★ KEVIN BREEN ★ 540.226.2642 ★

*PARISHIONER

Coldwell Banker Elite offers agents the **best-in-class real estate training and ongoing education** in the industry. As a client, this means you are represented by a professional who can guide you through the complex process of selling real estate with ease!



**KNIGHTS OF
COLUMBUS #4034**

Family Organization
Welcomes You

Meetings:

2nd Wednesday at 7:30

Jon Landolfi
Grand Knight

Life Insurance With Living Benefits That Protects You And Who You Love.

MONICA O'DONNELL • Senior Associate, Parishioner

Get protected while you're living if you experience a qualifying chronic or critical illness, critical injury and even include an additional income to your retirement.



571.722.2019
Hablo Español



NAILS PIZAZZ



(in Spotsylvania Mall)

A Quality & Friendly Nail Salon

Parishioners

785-9664

Thank You

St. Jude

for answered prayers.



**Colonial
INTERNAL
MEDICINE
Associates**

St. Mary Parishioners

Serving Fredericksburg & Stafford

125 Olde Greenwich Dr, Suite 300
Fredericksburg, VA

394 Garrisonville Rd, Suite 103
Stafford, VA

Dr. McDowell • Dr. Marrow • Dr. Wolanska
Dr. Elbert • Kristie McDowell, PA-C • Sean Bodin, PA-C
Neelam Parikh, PA-C • Ben Garrison, PA-C
Lauren Brunner, PA-C • Jasmine Taborn, PA-C
James Sapp, PA-C

540-374-5599 • www.cimava.com

True experts in primary care.

catholicmatch®
Virginia
CatholicMatch.com/goVA

