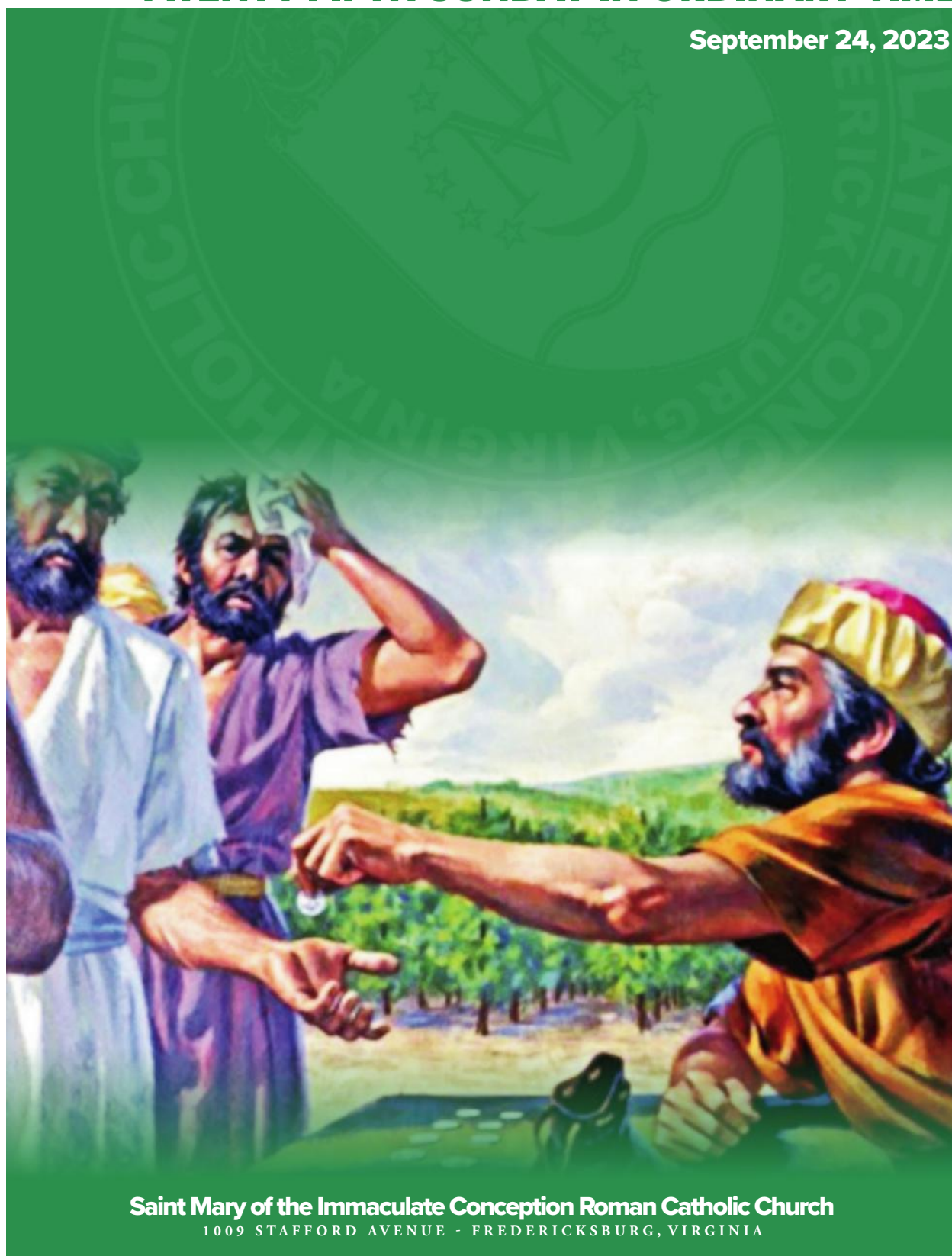


TWENTY-FIFTH SUNDAY IN ORDINARY TIME

September 24, 2023



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

Growing Our Legacy of Faith

ALL ST. MARY PARISH FAMILIES ARE INVITED
"GROWING OUR LEGACY OF FAITH" CAPITAL CAMPAIGN

PIZZA WITH PADRE

September 10 | 1:30pm - PLC

September 16 | KofC Family Dinner - 6pm - PLC

September 17 | Pastries with Padre | 8am - PLC

September 27 | 7pm - Holy Cross Academy

October 1 | 1:30pm - PLC

October 5 | 7:00pm - PLC (En Español)

Come & Learn About All the Wonderful
Plans for St. Mary & Holy Cross Academy!

Join Fr. Mosimann & the Capital Campaign
Team ~ Listen, Ask Questions & Discern ~



Scan to RSVP or
Call the Office 540-373-6491

HOW TO SCAN A QR CODE

1. Open your Camera app
2. Tap notification that appears
3. Sign up through SignUpGenius

Troubles? Call the Parish Office

CAPITAL CAMPAIGN | TRACKING OUR PROGRESS

We are pleased to announce that 634 parish families have pledged \$5.7M towards the \$7M in identified parish needs. We need your financial support to get us to 100%.

There is still time left. Please sign up for an upcoming Group Information Session. Only 3 more left! Father Mosimann is generously spending his time to provide the necessary information to help you make an informed decision. He has also generously given of his treasure to support this grass roots effort for our parish. All of our other Priests generously followed. Can you support him, parish leadership and your fellow parishioners who have graciously pledged by attending one of these stress free informational sessions?

Reasons to join the "Growing Our Legacy of Faith", the Capital Campaign for St. Mary:

- **To honor** our past by maintaining our Parish and HCA Campus given to us from previous generations.
- **To build** a faith filled legacy for future generations.
- **To bestow** a richer educational and safe experience for our pre-school students by moving them to the HCA campus.
- **To enhance** our students educational experience by adding new classroom spaces.
- **To foster** Eucharistic devotion and the sacramental needs of a growing parish by creating an adoration chapel.
- **To better serve** our fellow parishioners by providing more space for ministry events like senior gatherings and funeral receptions.
- **To grow** stronger as a parish family by providing for the material needs of our Parish and School communities.
- **To show** your gratitude for God's Blessings which we have all experienced over the years by making a sacrificial pledge.

Only you can decide to join this Grass Roots effort to strengthen our Faith Community, because if we don't do it who will?



from our pastor

Folks,

Last week's gospel and homily on forgiveness, touched a lot of souls. Many parishioners asked if I could share my notes. I have captured them here in a manner fitting the bulletin:

What is forgiveness, which our Lord describes in such dramatic terms as absolutely necessary?

If we don't forgive as we are forgiven, we will find ourselves burdened with unpayable debt. In the parable, the debt forgiven is a sum equal to 160,000 years salary. At 50k a year, that is \$8 billion. What is the sum the same man refuses to forgive? 100 days wages, about \$14,000 at the same pay rate.

So let's talk forgiveness, lest we be thrown into the fires to pay off the unpayable debt. But let me begin with what it isn't:

Forgiveness is NOT Pretending. It is an offense against truth to try to pretend that sin does no harm. "Oh, it's no big deal," is not a path to healing and forgiveness. Pretending sin does not harm is repression, not truth. Acknowledging harm is the first step.

Forgiveness is NOT Forgetting. I have heard, and even said, "forgive and forget." The scriptures speak of the Lord forgetting, precisely because it is a supernatural possibility. Here is a startling sentence from the Catechism where it is addressing the Our Father and the parable (CCC 2843):

It is not in our power not to feel or to forget an offense; but the heart that offers itself to the Holy Spirit turns injury into compassion and purifies the memory in transforming the hurt into intercession.

It is not in our human power "not to feel or to forget an offense." But the heart that forgives in sanctifying even the very wound!

Forgiveness is NOT Excusing.

Yes, our Lord says, "Father, forgive them, they know not what they do." We are not God. Instead our excusing is rationalizing sin. There will be no room for rationalizing and excusing when we stand before the judgement of God. Sadly, much of what passes for compassion today is an excusing and rationalizing of sin.

Forgiveness is NOT Blindly Trusting Again.

Someone came to me asking what to do because her husband was abusing their children in the worst way. I had to insist she call the police immediately, and that forgiving him did not mean blindly trusting and allowing him back into their children's life. Jesus did not trust blindly because He knows all things, including human hearts. We must forgive, but also exercise prudence to protect the vulnerable. Yes, especially in marriage and family, that forgiveness will allow grace to heal and rebuild trust as a gift from God.

Forgiveness is NOT a Feeling. Like love it is a choice, an act of supernatural power and charity. Forgiveness is a choice.

Yes, our feelings ultimately follow our choices. Our choice to forgive cuts off the circulation to the anger, passion, and wrath that we are tempted to hold onto. Instead, it directs that energy to the healing warmth of mercy.

Forgiveness is a choice that is rooted in justice, that to each must be rendered what is due to them. Justice requires fixing the damage done. But what to do when we have done \$8 billion worth of damage?

Forgiveness IS voluntarily choosing to bear the consequences and burden of someone else's sin.

Look at a crucifix and reconsider: Forgiveness is voluntarily choosing to bear the consequences and burden of someone else's sin.

'By His stripes we were healed.' No one took His life; He laid it down freely.

Your children, spouse, pastor, Church, all need forgiveness from you. As you have received, so you must give. Your own forgiveness depends on it.

Pax,



Very Reverend John P. Mosimann, V.F.
Pastor

announcements

St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Miraculous Medal Novena, Monday, after 9am Mass
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday, 8:30am - 4:30pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays 9:30am - 1:30pm

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Phillip Cozzi, Parochial Vicar
Reverend Robert Renner, Parochial Vicar
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Malinda Jones

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Katherine Evans
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

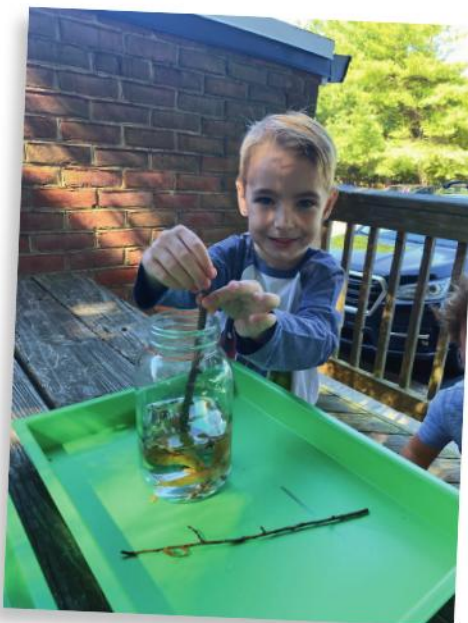
education holy cross academy

Exciting Opening Weeks

Our opening weeks have been exciting and fun, thanks to all the wonderful parents, students, and staff at HCA Preschool at St. Mary! Students have been learning their classroom procedures, got to know their friends, made some cool crafts, and of course took time out to PLAY!

Another special thing we did was celebrate the Feast of the Holy Cross with our students on September 13th and 14th by decorating cross cookies and making cross art projects. We also had lots of fun in the Christmas Tree lot exploring bubbles with Mrs. Arlene Wilkinson. What do bubbles have to do with the cross you may wonder...well we talked to the children about how the bubbles can represent the ascension of Jesus after he died on the cross for our salvation. We also shared that bubbles can be symbolic of our prayers - they have to be filled with the power of the Holy Spirit to rise towards Heaven.

We are so grateful to be back for another year on the St. Mary campus and we are so very excited of all the fun times ahead of us as we play, learn, and grow together! For more information about our preschool program, please contact our director, Sheri Castellarin at 540-373-7553 or by email at preschool@holycrossweb.com.



*A National
Blue Ribbon
School of
Excellence*



our parish religious education

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

Monday to Wednesday, September 25-27:

Religious Education Classes

Saturday, September 30:

First SPRED class in the PLC 10am-12noon

Tuesday to Wednesday, October 2-4:

Religious Education Classes, Living Rosary at each session

Monday, October 9:

No Religious Education Classes

Tuesday, October 10:

Two Religious Education Teaching Masses at 4:45pm and 6:30pm

Wednesday, October 11:

2nd Catechist Meeting

Wednesday, October 11:

No Religious Education Classes

Thursday, October 12:

Confirmation Year 1 Formation Night (Church)

Monday to Wednesday, October 16-18:

Religious Education Classes

Our Fall Kick-Off Event was a Wonderful Success!!



Week of September 24

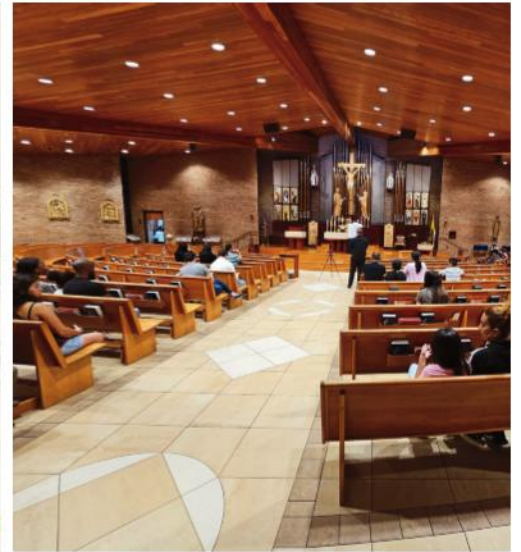
SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)
CLICK REGISTER THEN ENTER PARISH CODE:
F6F228



NATIONAL
**Eucharistic
Revival**

Watch the videos at watch.formed.org/eucharist

religious education fall kickoff



our parish happenings

Manna Project FOOD DRIVE

September 30th and October 1st

Please help us fight hunger during Hunger Awareness Month! Bring non-perishable items or monetary donations to Mass at St. Mary or Holy Cross Academy the weekend of September 30th and October 1st. Checks should be made out to St. Mary Catholic Church. For every \$10 donation, the Fredericksburg Regional Food Bank is able to provide 20 meals for hungry families. All non-perishable food items and toiletries collected will help the Food Bank provide nutritious food and supplies to the 31,000 people living in poverty in our community. Thank you for your support!



KNIGHTS OF COLUMBUS COUNCIL 4034

PRESENTS



SATURDAY, OCTOBER 21, 2023

5:30 PM until 8:00 PM

All proceeds will be used to upgrade the PLC kitchen equipment

Price: Adults/Teens: \$12 Seniors (60+): \$10 Children (7 to 12): \$8

Maximum COST PER FAMILY: \$40.00.

Cash Bar (beer and wine). Must be 21 years of age or older to purchase or consume alcohol. All alcohol must be consumed on premises.

Location: St. Mary of the Immaculate Conception Church,
Parish Life Center (PLC)
1009 Stafford Ave., Fredericksburg, VA



Knights of Columbus

Charity • Unity • Fraternity • Patriotism

To join, please contact Rob Pata, Membership Director
www.kofc4034.org

Catholic Charities Migration Refugee Services ~ Seeking Mentors

Making a difference in young refugee lives simply with your presence, knowledge and compassion is one of the most generous and rewarding acts you can take part in today. The opportunity to directly change the course of a young life is nothing short of inspirational when you look back on where they started to where they are today and where they may go tomorrow. Our MYVA program is an opportunity to have this type of unforgettable impact by helping young refugees navigate the many influences that surround them after arrival to the country. Having just one person to ask questions or who can help provide support and guidance is more valuable to a young refugee than you can imagine.

Please consider becoming a mentor – it requires no more experience than a giving heart and the desire to have fun while helping our youth find their way in our society. Tasks include helping with school information, college opportunities, job applications and many more. The opportunities for learning and discovery are endless. Refugee youth often have questions about our country, how to navigate community resources and even how to drive. We ask for a minimum of 6 months commitment and at least 2 hours a week as our youth are in need of stability and consistency in their relationships with new individuals. Studies show the longer the relationship the greater the impact and just a couple hours a week is enough to make a significant difference in their lives. Thank you for your consideration! Contact Kathleen Renfroe, Fredericksburg Site Supervisor at kathleen.renfroe@ccda.net

our parish happenings

CALLED & GIFTED

w o r k s h o p

**Discern what gifts
God has given you
and use them for
His glory.**

**God is calling you to a unique
purpose in life, a work of love
that only you can do.**

**You have received gifts in
Baptism and Confirmation
through which God intends His
love to reach others.**

**Come and discover these
charisms in you!**

Discover GOD's call for your LIFE

Who Can Benefit From This Workshop?

- Anyone asking "What does God want me to do?"
- Parents who want to help their children live their faith and recognize their charisms.
- People in transition who might be changing jobs, adjusting to an empty nest, returning to the workplace, or retiring.
- New or returning Catholics who want to explore what it means to live their faith fully as an adult.
- People wondering, "How can I follow Jesus' plan for my life, in this time and place?"

**“I have a lot more gratitude
for how God is working in
my life.”**

**“It can't help but
permeate every aspect of
life. I encourage people
to realize it doesn't
necessarily translate into
something immediately,
but will reveal itself over a
lifetime.”**

A superb experience. ”

**Saturday,
October 7, 2023
9:00am—3:30pm**

Holy Cross Academy
250 Stafford Lakes Parkway,
Fredericksburg, VA 22406

Workshop Schedule

The Call of the Laity
Catholic Spiritual Gifts Inventory Explained
Role of the Holy Spirit
Charisms
Discernment Process
Role of Charisms in Parish, Community and World

SPACE IS LIMITED • REGISTER TODAY!

\$40

*includes materials and meals
(financial aid available)*



ST. MARY
IMMACULATE
CONCEPTION
Roman Catholic Church



CATHERINE OF SIENA
INSTITUTE
EQUIPPING FATHERS TO FORM LAY APOSTLES

**For more information
contact 540-373-6491 or email
stewardship@stmaryfred.org**

Watch this video:

“The World Awaits Your Yes!”
<https://vimeo.com/322254299>

our parish happenings



Giorgio Frassati

RETREAT
for Young Adults

Ages 21-35

***NOV 10-12
FRIDAY-SUNDAY**

COME CLIMB WITH US!

Verso l'alto "on to the heights" means not only to climb the mountains before us, but also refers to scaling the peaks and navigating the troughs of the spiritual life and knowing Christ.

PGF

**For the more adventurous souls —
come along on a Sunday afternoon excursion
to the summit of a Blue Ridge Peak!*

Blessed Pier Giorgio Frassati was a young, vibrant, and wealthy man who loved life, God, and the mountains of Italy. He shared his wealth with the poor, savored friendships with a broad circle of men and women, and brought hundreds closer to Christ.

Fr. Riley will guide us to the summit!

Email Deacon Mark Maines at:
Mark.Maines@arlingtondiocese.org

RETREAT COST IS \$285. FINANCIAL ASSISTANCE MAY BE AVAILABLE.

Blessing of the Animals

The traditional blessing of animals for the Feast of St. Francis of Assisi will take place on Wednesday, October 4th at 6pm in the Blessed Mother Prayer Garden in front of the Church. Please park away from the area to allow space for our "rambunctious" pets. Please also come prepared to clean up after your pet in case of "accidents". All animals should be contained or leashed.



ST. MARY OF THE IMMACULATE CONCEPTION

PARISH PICNIC

CELEBRATING HOLY CROSS ACADEMY
25TH ANNIVERSARY

RESCHEDULED
SAVE THE DATE
APRIL 20, 2024
RAIN DATE APRIL 27TH

PLEASE BRING:
NAME BEGINNING WITH
A-F: CHIPS
G-N: HEALTHY SNACKS
M-Z: DESSERTS

HOLY CROSS ACADEMY
250 Stafford Lakes Parkway, Fredericksburg, VA 22406

SOMETHING FOR EVERYONE!
LIVE MUSIC, ROCK CLIMBING WALL, MOON BOUNCE, INFLATABLES,
FACE PAINTING, COTTON CANDY, POPCORN, BEER TRUCK & CORNHOLE

VOLUNTEERS NEEDED! TO SIGN-UP VISIT BIT.LY/45QZVCR
QUESTIONS: CONTACT ANTHONY.DEMAIO85@GMAIL.COM



St. Mary Food Pantry

St. Mary's has a small Food Pantry located within our parish office. It is open to ANYONE seeking food M-F 8:30am-9:00pm and Sat. 9am-1pm. We reorganized and made changes to how we feed our neighbors. We no longer accept miscellaneous food donations, but instead give bags of specific food items that will feed with dignity, those seeking assistance. When our supply is low, we alert our parishioners. Well, it's that time again. If you would like to contribute, please pick up a special ST. MARY FOOD PANTRY BLUE BAG in the back of the church (in the pull-out cabinet located across from the women's restroom). Please purchase ALL ITEMS listed on the stapled list and return the bag, at your convenience, to the parish office. Thank you and may God bless you!

List of Items:

- Box of cereal
- Spaghetti sauce & pasta
- 2 cans of tuna or chicken
- 2 cans of HEARTY Soup
- 2 cans of ravioli
- 2 cans of fruit
- 2 cans of veggies
- 2 boxes of mac and cheese
- 1 lb bag of white rice
- 2 cans of black beans
- 1 jar peanut butter
- 1 jar jelly

our parish happenings



Presented by St. Mary of the Immaculate Conception, Fredericksburg



Strangeways Brewing

350 Lansdowne Rd.
Fredericksburg, VA 22401

MON. OCTOBER 2

Doors open at 5pm
Presentation at 6:30pm



This Month

How to understand, "Who am I?"

William J. Hocter, Jr., MD is a psychiatrist specializing in forensic and geriatric psychiatry and a United States Navy Veteran of 30 years. Drawing from his studies, he will present on the various factors that can shape a person's identity, the philosophical shift against authority while embracing a love of everything disposable, and the psychological ramifications these elements can have in psycho-sexual development. This is a night not to miss! Come join us for good friends, good beer, and good conversation.



DR. BILL HOCER



Contact

St. Mary's Young Adult Group
fredericksburgtot@gmail.com

**Open to all!
Young families welcome!**

our parish happenings

Public Rosary

A public Rosary will be prayed every 3rd Saturday at noon at the statue in front of the St. Mary of the Immaculate Conception Church. Come join us to pray for Peace as asked by the Blessed Mother at Fatima. If you have questions or wish to RSVP, send an email to michaelgkasey@verizon.net.

This regular devotion is sponsored by America Needs Fatima (ANF) and the Fredericksburg Council of the Knights of Columbus.

Prayers and Squares

The Prayers and Squares ministry has distributed many prayer quilts to sick and troubled members of our parish family. There is no cost involved in requesting a quilt for a sick family member or friend. The comfort these prayer quilts provide is visible in the faces of those who receive them. Please consider stopping by our table after mass when we put a quilt out and say a prayer as you tie a knot for someone in need.

If you would like to request a quilt for someone, please pick up a request at the office or contact DianEpp at dbep65@outlook.com.

WANTED by CAMPUS MINISTRY

Bakers for Bible Study
Snacks, Desserts, and Special Events

Sunday Cooks for our "Sunday CCM Family Dinner" after the 5:30 Mass

Need: Several individuals or small groups to cook and/or bake 1-2 times per semester.

Please contact Kat Sarfati
540-737-6746
admin@umwccm.org

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

Catholic Investments for Catholic Families Knights of Columbus Asset Advisors' advisory services



Learn more about our faith-based investments at
our upcoming Financial Seminar and Social.

October 25, 2023 6:30 p.m.

Knights of Columbus Hall
4724 Harrison Road, Fredericksburg, VA 22408



**Knights of
Columbus**
Asset Advisors®

RSVP free but required:
abbatekofc.com/events
1-866-868-1492
The Abbate Agency



KoCAA is an SEC registered investment adviser that maintains a principal place of business in the State of Connecticut. For information about KoCAA's business operations, please consult the Firm's Form ADV disclosure documents, the most recent versions of which are available on the SEC's Investment Adviser Public Disclosure website at www.adviserinfo.sec.gov. Knights of Columbus Asset Advisors, LLC, is a wholly-owned subsidiary of Knights of Columbus, the world's largest Catholic Lay Organization. Knights of Columbus does not offer investment products outside of the affiliated products offered through KoCAA. © Knights of Columbus, 1 Columbus Plaza, New Haven, CT 06510

our parish happenings

SAINT MARY *of the* IMMACULATE CONCEPTION

St. Cecilia Choir

2023-2024



The St. Cecilia Choir is for children grades 2* - 8

*Must be 7 years old by September 30.

Thursday Rehearsal: 4:45 pm – 6:00 pm
Beginning September 28, 2023

Sunday Mass: 7:45 a.m. warm-up, Mass at 8:30 a.m.
Beginning October 1, 2023

The St. Cecilia Choir sings for additional liturgies throughout the year which include Christmas Eve, Holy Week and various other special programs.

Directed by David Uschold.

Parents, please contact Mr. Uschold to join or for more information.
(540) 373-6491, ext. 217
duschold@stmaryfred.org

Respect Life Sunday

National Life Chain Sunday - October 1
Annual Life Chain 2-3:30pm

What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that claims over one million American lives annually, and has claimed over sixty million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration. Hundreds of Christians – clergy and lay people -- stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope Saint John Paul II who said, "When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."

St. Mary Parish will again participate in the Annual Life Chain on Sunday, October 1 and welcomes all our parishioners and local churches as well. We will meet in front of the Parish Life Center at 1:45pm to pick up our signs and walk up to Emancipation Highway (Route 1), where we will form a chain along Route 1 from Stafford Avenue to College Avenue. Please join us and take a stand for the unborn.

TMIY

THAT MAN IS YOU!

FIGHT CLUB
Young Men 7-12 Grade

Thy Kingdom Come
Claim Your Royal Dignity and Inheritance

Get Inspired
to **LIVE** a
HEROIC LIFE

6:15 am
Hot Breakfast (PLC)

6:45 am
Presentation (Church)

For more information
contact Peter at
paquettepeter@yahoo.com

Fall Semester

Week 1	Sept. 9	Thy Kingdom Come
Week 2	Sept. 16	The Kingdom is Like Leaven
Week 3	Sept. 23	Christ The King!
Week 4	Sept. 30	The Overthrow of Satan
Week 5	Oct. 7	How to Overthrow an Empire
Week 6	Oct. 14	Word - Witness - Walk
Week 7	Oct. 21	The Men We Need to Build the Kingdom
Week 8	Oct. 28	The Kingdom Comfort
Week 9	Nov. 4	Acquiring A Taste for Heaven
Week 10	Nov. 11	Blinded By The Kingdom
Week 11	Nov. 18	On Earth As It Is In Heaven
Nov. 25 THANKSGIVING WEEKEND, NOTMIY		
Week 12	Dec. 2	My Son, Jonathan
Week 13	Dec. 9	The Kingdom is Like Weeds Among the Wheat

WWW.TMIY.ORG

our parish youth ministry

September 2023

Youth Ministry Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4 LABOR DAY	5	6	7	8	9 FIGHT CLUB
10 HS YOUTH GROUP	11	12	13 YOUCAT	14 FEMININE GENIUS	15 MS YOUTH GROUP	16 FIGHT CLUB
17 HS YOUTH GROUP	18	19	20 YOUCAT	21	22	23 FIGHT CLUB
24 HS YOUTH GROUP	25	26	27 YOUCAT	28	29	30 FIGHT CLUB

Month of the Seven Sorrows of Mary

HIGH SCHOOL YOUTH GROUP (9th-12th)

Every Sunday, 6:00 - 8:30pm
Parish Life Center
Dinner, friends, and faith formation for high school!

FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:30-8:00am
Parish Life Center
Explore what it means to be a Man of God!

MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm
Parish Life Center
Dinner, friends, and faith formation for middle school!

FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm
John Paul II House
Explore what it means to be a Woman of God!

YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm
John Paul II House
Dive deeper into your Catholic faith!



@stmarycym



flocknote

ADULT VOLUNTEERS NEEDED!

CYM DINNER TEAMS

Work with a team of volunteers to plan and prepare meals once every 2-3 months for either our middle or high school ministry teens!

Middle School Dinners
Fridays from 6:30-7:00pm

High School Dinners
Sundays from 6:00-7:00pm

Want to Help? Contact:
Tatiana Beltran tbeltran@stmaryfred.org
Catie Espiritu cespiritu@stmaryfred.org



noticias en español



LIBERADO PARA PAREJAS

liberacion libertad pertenencia

Conferencia Libres y Felices en Cristo Jesus

Basado en las 5 Llaves de Liberado de Neal Lozano (Unbound) • El Ministerio Liberado pone el poder de Dios en los corazones heridos

29 y 30 septiembre de 2023

29 sep 6-9pm y
30 sep 8am-9pm

\$125

por
pareja

incluye comida y
materiales

Holy Cross Academy

250 Stafford Lakes Parkway, Fredericksburg, VA 22406

La conferencia te dara el poder

para romper el poder
de las cadenas que
atan/esclavizan tu
vida para que puedas
caminar en plena
libertad

Cada uno de nosotros esta peleando una batalla invisible con:

- Pensamientos negativos, pecados ocultos y relaciones no sanas
- Habitos destructivos, idolos y falsa identidad
- Resentimiento; heridas y amarguras que parecen nunca sanar

¿Que tal si tu vida pudiese alcanzar y
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Para mas Información llamar a:

Giovanni (540) 373-6491
Gustavo 540-229-3313

Cupo Limitado

Por la naturaleza de la conferencia
es importante no traer niños.

Enlace de registro:



¡Aprende tú para que puedas enseñar!

- La formación secular de hoy es preocupante
- Dios necesita que enseñes a tus hijos la fe
- La Iglesia no puede hacerlo sola.... Necesita de ti
- Ven a clase mientras tus niños están en clase
- Aprenderás sobre la Misa y los Sacramentos.

¡No te quedes en el auto!

**Comenzaremos Septiembre 11, 12
y 13 en el PLC**

Abriendo el Misterio de la Biblia

Lunes de 4:45 a 6:00 pm

Iglesia St. Mary - Salón Padre Rooney

Empieza Octubre 2, 2023

Este estudio de ocho partes (sesiones de 30 minutos) ofrece la manera más fácil de entender la Biblia. Abriendo el misterio de la Biblia hace sencillo lo complejo. Le ayuda a descubrir la historia entrelazada en toda la Sagrada Escritura para que puede ver el "panorama completo" de la Biblia y comprender de qué se trata. La Biblia es la historia sobre el amor fiel del Padre hacia usted – un amor que ahora usted está llamado a compartir con los demás.

Su grupo podrá:

- Comprender la Biblia y ver cómo se relaciona a su vida diaria
- Descubrir las conexiones asombrosas entre el Antiguo Testamento y el Nuevo Testamento
- Ver cómo los sacramentos, la Iglesia y nuestra Fe católica entera están arraigadas en la Sagrada Escritura
- ...y mucho más.

operations given in love

Donations Received August 29 - September 5

Sunday Offertory	\$27,900.00
Catholic University Collection	\$6,725.00
Parish Debt Reduction	\$335.00
Diocese Mission Appeal	\$210.00
Poor Box for St Vincent de Paul	\$305.00

Donations Received September 6 - 11

Sunday Offertory	\$24,894.00
Religious Education Collection	\$5,958.00
Catholic University	\$275.00
Parish Debt Reduction	\$917.00
Poor Box for St Vincent de Paul	\$201.00

Faith Direct Donations September 4

Sunday Offertory	\$82,294.63
Parish Debt Reduction	\$5,370.00
Catholic University	\$1,710.00
Religious Education Program	\$2,684.00
Diocese Mission Appeal	\$300.00
Food Bank Children's Programs	\$100.00

Thank you for your generosity!

Masses were offered in August for the following unscheduled intentions: Steve Ahlen, Dick Marx, +Patrick McKeown, +Margaret George, Salvatore Anile, Mark & Anne Doherty, Samantha Mary Edwards, Emma Rose Avelar, +Rebecca Beloti, +James J. McCoart II, Carl B. Tenning, +Fikre Kassaye, Francisca & Walter, Thomas Vavrick, +Anna Karen Lopez, +Raymundo Ortiz, +Antony Hernandez, Joan Doherty (2), All Souls, +Josie Silver, +John Wesley Cantrell, Sr., +Charles Saunders, Minerva Perez, +Michael J. Kelly Sr., +John Diggs, +Jackie Schmidt, +Jose Soto, +Robert Schnabel, +Raymond Lee, Catherine Fitzpatrick, Russell Barstow, and Souls of Legion of Mary.

Porto Charities Annual Collection for God's Special Children SEPTEMBER 30 & OCTOBER 1

The month of October has been designated as Disabilities Awareness Month, and Bishop Burbidge has enthusiastically endorsed Porto Charities "Special Kids, Special Needs Collection" on behalf of intellectually and developmentally challenged youth within the diocese. Next Sunday there will be a second collection to assist special need programs such as the Paul VI High School, Saint John Paul the Great and St. Mark's School Special Education Options Program, the Helen Keller Institute, Gabriel Home, Special Olympics, and the

"Keyboard for Kids" program which provides audio visual communication capability to special needs students in the diocese. The Bishop has sanctioned this collection as a blessing for God's Special Children, their families and this entire diocese. Please be generous in your support of this worthwhile endeavor. All checks should be made payable to St. Mary Catholic Church. For more information, visit portocharities.org.

Children's Charity - October

The children's charity that will benefit from Children's Offertory Envelopes in October is Safe Harbor Child Advocacy Center in Spotsylvania. This organization strives to strengthen the coordinated community response to situations of child maltreatment, including sexual abuse, severe physical abuse, severe neglect and fatalities, by integrating the existing resources of law enforcement, child protection, prosecution, medical and therapeutic agencies so that perpetrators are held accountable for their actions and children are not further traumatized by the investigative process. Children's Offertory Envelopes are available through Religious Education. All proceeds from these envelopes go to a different children's charity each month.

Pro-Life Reflection

In The Gospel of Life, Pope St. John Paul II commends "brave mothers... who are ready to make any effort, to face any sacrifice, in order to pass on to [their children] the best of themselves" (EV 86). As members of the Body of Christ, we have a responsibility to help mothers do just that. And there are simple ways we can help mothers who desire to pursue educational achievements. We can offer to babysit or do the grocery shopping, so a mom has time to attend an evening class or study for an exam. We can advocate for colleges and universities to provide flexibility for parenting students. We can do these and so many other things. Most importantly, we can pray for mothers to be given the grace and the support they need, and for the wisdom to know how we can help.

SPRED

The Special Religious Education Development Program, (SPRED) serves children and young adults with developmental disabilities. The program helps them grown in their faith and prepares them to receive their sacraments. We are currently accepting registrations for the 2023-2024 school year.

There are a total of 12 classes which meet on Saturday mornings from 10am-12noon in the Parish Life Center. Our first class is scheduled for September 30th. Please stop by the parish office to register your child.



liturgy daily bread

Saint Mary Prayer List - September

Please pray for those who are sick or in need, especially:

Brandon Desque, Nicole Moser, Jim Matarese, William David Jackson, Re & Chris MacArthur, Jason Stoker, Shirley Bozicevic, Chris Breth, Karl Eugene, Joanne O'Brien, Clifford Snipe, Carlos Enrique, Anne Keane, Ted Jung, Robert Recupero, Sam Recupero, Jr., Giulia Restivo, Jim Matarese, Pat Carroll, David and Mark Smetek

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven"
- St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator
Adoration@stmaryfred.org

Daily Mass Intentions

September

25 MONDAY

6:30am Michael Hoover
9:00am Kristen Gifford
Ezr 1:1-6/Lk 8:16-18

26 TUESDAY

6:30am Jose Oscar Valle+
9:00am Chris and Tana Michalski
12:00pm Cathy Kelly
Ezr 6:7-8, 12b, 14-20/Lk 8:19-21

27 WEDNESDAY

6:30am Catherine Scott+
8:15am* Score and Daniel Gabriel+
9:00am Barbara Walor+
12:00pm Donn Hart, Sr.+
Ezr 9:5-9/Lk 9:1-6

28 THURSDAY

6:30am Agnes Noon+
9:00am Addie J. Comerford
12:00pm Jim Matarese+
Hg 1:1-8/Lk 9:7-9

29 FRIDAY

6:30am Don and Kathy Beal
9:00am Maria Ngat Thi Vu+
Dn 7:9-10, 13-14/Jn 1:47-51

30 SATURDAY

9:00am Andy Pacheco+
5:00pm Stefan Wolański
7:00pm Nancy Ronckovitz+
Zec 2:5-9, 14-15a/Lk 9:43b-45

October

1 SUNDAY

7:00am Andrew Jeffrey Lontok+
8:30am Katey and Jake Menders
8:30am* Norvilla and Timothy Cain
10:30am Tatiana Beltran
10:30am* All Who Died in September
12:30pm For Our Parish
2:30pm Katherine Orellana
5:00pm David Faltisco+
7:00pm Anne Doherty
Ez 18:25-28/Phil 2:1-11/Mt 21:28-32

* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

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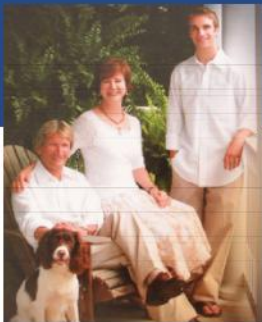
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