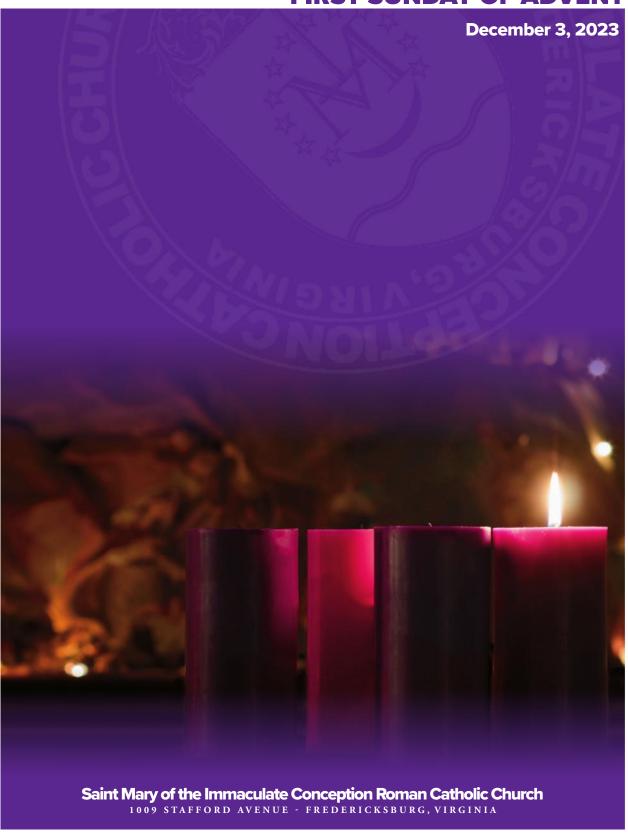
FIRST SUNDAY OF ADVENT



capital campaign

Growing Our Legacy of Faith

Capital Campaign/FAQs

Thank you for your pledge to the Growing Our Legacy of Faith Capital Campaign! Here are some helpful hints that will enable efficient and accurate processing depending on your selected payment method.

Paying by Cash

To ensure that your payment is properly credited towards your pledge, be sure to include your envelope number, name, and address on the back of the payment envelope labeled "Growing Our Legacy of Faith".

Paying by Check

In order to ensure that your pledge payment is properly recorded, please fill out the necessary information on the back of the payment envelope that is labeled "Growing Our Legacy of Faith." Additionally, make sure to write "Capital Campaign" on the memo line of your check. If you are having an investment company make the payment on your behalf, please let them know to include your name and "Capital Campaign" on the memo line.

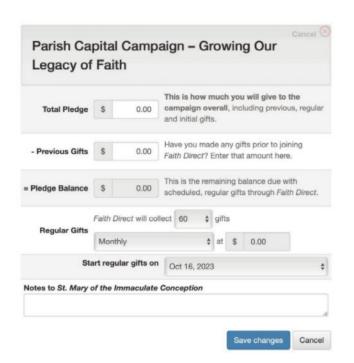
Paying by Faith Direct

If paying by Faith Direct, you will need to set it up by going to Faith Direct and selecting the Parish Capital Campaign Growing Our Legacy of Faith. Please also make sure that you complete your pledge card and turn it into the offertory basket. You may also call us at 540-373-6491 if you need assistance.

How do I set up a Faith Direct Account?

- 1. Go to stmaryfred.org
- 2. Select Enroll in Faith Direct
- 3. Next Click on Enroll in Recurring eGiving
- 4. Scroll down to Campaigns Growing Our Legacy of Faith
- 5. Click in the dollar amount box and complete the following information





from our pastor

Folks,

Advent is here! I encourage you to pick up a Magnificat Advent Companion that we set out last week. This is great little devotional. Reminder that the 7 pm Sunday Masses are Candlelight Masses on Dec 3rd, 10th, 17th, and 31st. Yes... that means the 24th will be different, b/c it is Christmas Eve!

Speaking of Christmas Eve, get ready to go to two Masses in those days. Sorry, but there is no 'two-fer' Mass that covers both days. Details are with the Christmas schedule, but be prepared to go to a Mass for the 4th Sunday of Advent, but also one for Christmas! Because Christmas Eve Masses will bump out some of our usual Sunday Masses, we will have extra Masses on Saturday Dec 23rd at Holy Cross Academy... but check out the schedule for details.

Also, this weekend the Marian Antiphon changes to the Alma Redemptoris Mater. I personally found this one the hardest for me to learn, but I think I have it down now. It is only around for Advent and Christmas seasons, so we don't have as long to learn it.

If you wold like to hear it sung, here is a nice version on youtube (with a shortened link): https://tinyurl.com/464rzknu

Also, I think this translation from Wikepidia captures the meaning:

Loving Mother of the Redeemer, who remains the accessible Gateway of Heaven, and Star of the Sea,
Give aid to a falling people that strives to rise;
O Thou who begot thy holy Creator, while all nature marvelled,
Virgin before and after receiving that "Ave" from the mouth of Gabriel, have mercy on sinners.

May this Advent season be truly blessed for you and your family.

Falu Mosium

Very Reverend John P. Mosimann, V.F.

Pastor





announcements

St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

Daily Advent Prayer

O Jesus, little child, come into my heart on Christmas morn, to wash away my sins and remain there in eternity. O Mary, Mother of my Savior, prepare for Jesus a cradle in my heart.

Amen.

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm Saturday 9am Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Divine Mercy, Wednesday, 3pm First Friday 7pm Norvus Ordo (Latin Mass) First Saturday 8:00am — Fatima Prayers & Rosary followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday 8:30am - 9pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor Reverend Phillip Cozzi, Parochial Vicar Reverend Robert Renner, Parochial Vicar Reverend Tim Courtney, Parochial Vicar Reverend Kevin Dansereau, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Giovanni Camacho

stmaryfred.org

MUSIC

Director of Music, David Uschold Assistant to the Music Ministry, Emma Atkinson

HOLY CROSS ACADEMY

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553 Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas Associate Director, Katherine Evans Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception 1009 Stafford Avenue, Fredericksburg, VA 22401



education

holy cross academy

Beautiful Day to Visit Jamestown Settlement

Our second-grade classes traveled to Jamestown, Virginia, where history came to life for these young explorers. Stepping onto the hallowed ground of the first permanent English settlement in America, the students were transported back in time to the 17th century. As they walked through the living history exhibits, they listened to stories of pioneers, adventurers, and the birth of a new nation. The field trip to Jamestown, Virginia, left an indelible mark on these young minds, fostering an appreciation for their country's rich history and the courage of those who helped shape it.

Colonial Feasts/Turkey on the Loose/Thanksgiving Parade

Our second graders embraced the essence of Thanksgiving with a Colonial Feast where they enjoyed a spread of traditional dishes and fellowship with their classmates. Kindergarten had an unexpected guest at their Thanksgiving feast - a spirited turkey on the loose!

And what would Thanksgiving be without a "HCA Day" balloon parade? Students created "balloons" with paper plates and traveled the parade route through the school accompanied by marching band music and cheering spectators.

First Sunday of Advent

Our school community now starts the meaningful journey of reflection and anticipation. The first Sunday of Advent we embrace the hope and joy that this special time brings. Our students are preparing their hearts and minds to welcome the light of Christ into their lives.

Helping with Gift Wrapping

The HCA PTO would like to help you with your holiday preparations by wrapping your gifts! Please join us on Saturday December 9th from 12pm-3pm and Saturday December 16 from 9:30am-12pm at St Mary's PLC. Any donation would be appreciated and thank you for your continued support of the HCA PTO. Please be on the lookout for more times and locations!



A National Blue Ribbon School of Excellence







our parish

happenings



St. Mary Food Pantry

St. Mary's has a small Food Pantry located within our parish office. It is open to ANYONE seeking food M-F 8:30am-9:00pm and Sat. 9am-1pm. We reorganized and made changes to how we feed our neighbors. We no longer accept miscellaneous food donations, but instead give bags of specific food items that will feed with dignity, those seeking assistance. When our supply is low, we alert our parishioners. Well, it's that time again. If you would like to contribute, please pick up a special ST. MARY FOOD PANTRY BLUE BAG in the back of the church (in the pull-out cabinet located across from the women's restroom). Please purchase ALL ITEMS listed on the stapled list and return the bag, at your convenience, to the parish office. Thank you and may God bless you!

List of Items:

Box of cereal Spaghetti sauce & pasta 2 cans of tuna or chicken 2 cans of HEARTY Soup 2 cans of ravioli 2 cans of fruit 2 cans of veggies
2 boxes of mac and cheese
1 lb bag of white rice
2 cans of black beans
1 jar peanut butter
1 jar jelly



Join Us

Sunday, December 3 8am-12noon Parish Life Center

FREE BREAKFAST

and a visit from St. Nick provided by our Knights of Columbus Council

Donations Appreciated



our parish happenings

Christmas Flowers

Remember someone you love, either living or deceased, with a donation for our beautiful Christmas Flowers. Envelopes are available in your envelope packets, in the Church and in the Parish Office.

Is the Lord Calling you to Serve Your Community?

The School Dressing Days (SDD)
Program which has served the greater
Fredericksburg Area for over 15 years in
providing over 1,050 children with backto-school clothing and supplies, is seeking
new co-chairs to continue the vital work
of SDD. If you are interested or would
like more information, please reach out to
Carleen Delio at 540-412-9608.

Have a Scrip kind of Christmas

Christmas is coming! Have you placed your Scrip order yet? The last day to order Scrip cards is 11 December to ensure Christmas delivery. The last weekend for Scrip sales after masses will be the 16/17 December. Scrip is a great way to shop for all your holiday needs. Start pre-ordering your cards now so you can be ready bright and early for the Holidays. We have many great retailers like Walmart, Target, Macy's, Kohl's, Lowes, Home Depot, Bass Pro Shops, and many more in inventory now. We can order other cards from over 750 retailers. There are no activation fees on Scrip gift cards, and they don't expire. Check out the retailer list at raiseright. com. Scrip can help you budget your holiday shopping expenses and help HCA at the same time. Stop by the Scrip table today and find out how to use Scrip for all your shopping needs! Shop early and support HCA! Scrip sales will resume on January 6/7, 2024.

To set up an account at raiseright.com, use our school code, so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or would like the school code, or to place an order, please email the Scrip Coordinator at scripcoordinator@holycrossweb.com. Thanks for using Scrip and supporting Holy Cross Academy.

2024 CoC Winter PIT Count

Join the CoC in surveying individuals experiencing homelessness to improve our system and services.

PIT count details: January 24, 2024.

- Collecting valuable data to help the CoC track progress and identity opportunities for improvement of services
- Variety of shifts available
- Training provided

CONTINUUM OF CARE

Volunteers work in groups of two or more



Scan the code to sign up today!

St. Cecilia Children's Choir - Inviting New Members

The music ministry of Saint Mary would like to invite all children grades 2 through 8 to be a part of the St. Cecilia Choir. The choir rehearses on Thursday evenings from 4:45-6pm and provides music for the 8:30am Mass on Sunday mornings. Christmas is soon going to be upon us and the St. Cecilia Choir has begun preparation for the 4pm Christmas Eve liturgy, and some new voices would definitely bring joy to the Christmas celebration! Those who are interested should contact David Uschold, Director of Music and Organist, through the church office at 540.373.6491 or by email at duschold@stmaryfred.org.



The Knights of Columbus St. Mary Council 4034 is kicking off our Christmas
Tree sales fundraiser. Sales are in the lot behind St. Mary and will start on
Saturday after Thanksgiving - November 25th and continue through
December 23rd or until we sell out.

These are Virginia grown (Mt. Rogers), freshly cut premium Firs with beautiful long-lasting soft needles and that great evergreen smell.

The best selection and freshest trees of course are when the trees arrive. The trees will be sold on weekends from 8am - 6pm and weekdays (Wednesday through Friday, but not Monday or Tuesday) from 3pm - 8pm

We also will be glad to work with anyone interested in volunteering to help with fulfilling your individual or group's community service requirements.

Questions about the Tree Sales can be directed to Joe Cralle – through e-mail at jacralle@gmail.com.

Please help us support the church and the community through helping the Knights of Columbus with your live Christmas Tree purchase.

our parish

happenings

Holiday Parish Dinner

Presented by the Knights of Columbus Council 4034

Join us on Saturday, December 16 from 5:30-8pm in the Parish Life Center for a wonderful dinner including baked ham, stuffing, candied yams, green beans, and dessert!

All proceeds will be used to upgrade the PLC kitchen equipment. Prices are as follows: Adults/Teens: \$12, Seniors (60+): \$10, Children (7 to 12): \$8. The Maximum cost per FAMILY is \$40.

St. Mary's Christmas Giving

The Giving Tree

The St. Mary Giving Tree is now up in the narthex of the Church! The tree is full of tags that support items requested by local charities and some of our parishioners in need of assistance. Local charities included:

- St. Vincent de Paul
- Foster Teens Fredericksburg Region
- Mary's Shelter
- Birthright
- Catholic Charites Migrations Refugee Service
- Loisann Hope House
- Micah
- St. Mary's Outreach

Thank you for your generosity!

Adopt-A-Senior This Christmas

The gift of your presence is one of the most important gifts you can give this Christmas Season.

Sign up to visit one of our homebound/ assisted living



parishioners this Advent Season. Spend some time getting to know them with a few visits during Advent and then purchase a little gift that you know he/she would appreciate this Christmas.

Once you sign up, you will be contacted with the name of your special person, as we are protecting their privacy. Thank you.

"Of all the diseases I have known, loneliness is the worst." St. Mother Teresa

https://bit.ly/3N6ISXF

Concerts at Saint Mary: Advent Lessons and Carols

In joyful expectation of Christ's coming at Christmas, the Festival Choir of Saint Mary and the Choir of Holy Cross Academy will present a service of Advent Lessons and Carols on Friday, December 15 at 7:30pm. In addition to the readings and choral anthems presented by the choir, there will an opportunity for the congregation to participate in singing carols of the Advent Season.

The tradition of the Festival of Lessons and Carols was established in England as the adaptation of an earlier service on Christmas Eve, 1918, in the chapel of Kings College, Cambridge University, for the university community and for the city of Cambridge. The Kings College service was first broadcast by radio in 1928; and, excepting the year 1930, these broadcasts have continued to this day. This wonderful tradition, moreover, has been duplicated in cathedrals and churches throughout America.

Come and prepare your hearts for Christ's coming!

Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (e.g. white socks, thermal underwear, men's boxer briefs, women's underwear and t-shirts). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolovewalk.net or Thurman-Brisben Homeless Shelter, thurmanbrisbencenter.org.

our parish youth ministry

December 2023

Youth Ministry Calendar



Month of the Immaculate Conception

ADVENT AND THE SOLEMNITY OF THE NATIVITY! BOTH

DAYS ARE HOLY DAYS OF OBLIGATION.

HIGH SCHOOL YOUTH GROUP (9th-12th)

NO HSYG

Every Sunday, 6:00 - 8:30pm Parish Life Center Dinner, friends, and faith formation for high school!

MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm Parish Life Center Dinner, friends, and faith formation for middle school!

YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm John Paul II House Dive deeper into your Catholic faith!

FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:30-8:00am
Parish Life Center
Explore what it means to be a Man of God!

FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm John Paul II House Explore what it means to be a Woman of God!

SENIOR MINISTRY (12th)

Monday, Dec. 18 5:00-6:30pm Parish Office Conference Room Join us for a potluck dinner and deeper discussion









The Office of Youth, Campus, and Young Adult Ministries is sponsoring a trip to Indianapolis for youth and young adults to participate in the National Eucharistic Congress. This trip is open to high school youth and young adults from 19-35.

\$750 cost includes:

- · A 5-day, 4-night faith-filled opportunity for prayer, community, and recreation
- · Event pass for the National Eucharistic Congress (a \$250 value)
- Roundtrip deluxe motor coach transportation to accommodations and the major events held in downtown Indianapolis
- Air-conditioned cabin accommodations at a beautiful camp where participants can swim, hike, canoe, climb, zip-line, and enjoy many other fun activities
- · Many of your meals
- Diocesan t-shirt

We are currently gauging interest for this trip for a select group of mature high school youth. Please contact Tatiana Beltran or Catie Espiritu by December 12th if you are interested in submitting an application.

https://www.eucharisticcongress.org/



December 3: The First Sunday of Advent

Candle Light Mass at 7pm

December 7: The Solemnity of the Immaculate Conception

Vigil Mass at 6pm and 7:30pm

December 8: The Solemnity of the Immaculate Conception

Mass at 6:30am, 9am, 12noon, 4pm in Latin, 5pm at HCA, 6pm, and Bi-Lingual at 7:30pm

December 10: The Second Sunday of Advent

Candle Light Mass at 7pm

December 11

Additional Advent Confessions from 11:30am-12pm and 6:30pm-7pm

December 15

Additional Advent Confessions from 11:30am- 12pm and 6:30pm-7pm Advent Lessons and Carols at 7:30pm

December 17: The Third Sunday in Advent

Candle Light Mass at 7pm

December 18-22: Week of the Fourth Sunday of Advent

Additional Advent Confessions from 11:30am- 12pm and 6:30pm-7:30pm

December 23 Fourth Sunday of Advent Mass

5 and 7pm in the Church, 5 pm at HCA in English, 7pm at HCA in Spanish

December 24 Fourth Sunday of Advent Mass

7am, 8:30am, 10:30am, 12:30pm in the Church 8:30am and 10:30am at Holy Cross Academy

The Christmas SEASON at Saint Mary 2023



December 24: Christmas Eve

Mass in English at 8:30am and 10:30am at Holy Cross Academy Mass in English at 4pm, 8:30pm and 12midnight at St Mary Mass in English at 4pm and 6:30pm at Holy Cross Academy Mass in Spanish at 6:30pm at St Mary

December 25: The Nativity of the Lord

Mass in English at 7am, 8:30am, 10:30am, and 12:30pm at St Mary

January 1: The Solemnity of Mary, Mother of God

Mass in English at Midnight, 7am, 8:30am, 10:30am, and 12:30pm Mass in Spanish at 2:30pm at St Mary

Reminder: As Catholics, we are required to attend TWO Masses between December 23 & 25. Choose one Mass from the Fourth Sunday of Advent column and one Mass from Christmas column.

Fourth Sunday of Advent Christmas Saturday, December 23 Sunday December 24 □ 5pm & 7pm in the Church □ 4pm in the Church □ 5pm in English at Holy Cross Academy □ 4pm at Holy Cross Academy □ 7pm in Spanish at Holy Cross Academy □ 6:30pm in the Church in Spanish □ 6:30pm at Holy Cross Academy

Sunday December 24

□ 7am, 8:30am, 10:30am, 12:30pm in the Church

□ 8:30am and 10:30am at Holy Cross Academy

Monday December 25

□ 8:30pm in the Church

□ 12Midnight, 7am, 8:30am, 10:30am, 12:30pm

operations

given in love

Donations Received November 14-20

Sunday Offertory	\$24,159.83
Catholic Campaign Human Development	\$6,613.00
Retirement Fund for Religious	\$1,710.00
Parish Debt Reduction	\$260.00
St. Vincent de Paul Poor Box	\$750.00

Thank you for your generosity!

2023 Annual Christmas Collection for Catholic Charities

December 8 & 9

As you think about the many blessings you and your family have received, please consider making a special sacrificial gift to support those in dire need in our Diocese by making a gift to Catholic Charities of the Diocese of Arlington. Please put a check, payable to the parish, in the collection basket and note Christmas Collection Catholic Charities on the memo line or make a gift online at **ccda.net/donate**. Your generosity is most appreciated!

Pro-Life Reflection

Mary was full of grace from the first moment of her conception. She was not exempt from the need of a Savior; He simply shared with her in a unique way the victory over sin that He offers all of us. For those tempted to abort, there is always sufficient grace to do what is right. Mary, pray for us and for all tempted to abort, that they may say yes to life.

Blessed be the holy and Immaculate Conception of the Blessed Virgin Mary, Mother of God!

O Virgin Immaculate, who, after the Ascension of thy Divine Son, didst console thy exile on earth by the Real Presence of Jesus in the Sacrament, and didst spend before the Tabernacle the greater part of thy days and even thy nights, make us comprehend the treasure we possess on the altar. Inspire us to visit often the God of Love in the Sacrament in which He abides to receive the homage that He deserves by so many titles, and to guide, protect, and console us in this exile! Amen.

Children's Charity - December

Our Children's Charity for the month of December is the Office of Migration & Refugee Services (MRS) in Fredericksburg, which assists refugee families and children, who have fled their homeland in fear of persecution and in fear for their lives. After a lengthy resettlement process through the US Government, approved families arrive with no material possessions other than the clothes on their back. With only 1 to 2 weeks' notice, MRS "Welcomes the Stranger" and assists families with housing, food, employment, schooling for their children and many other urgent needs. For more information, visit ccda.net/need-help/immigrants-and-refugees/refugee-services.

For Unto Us a Child Is Born, Christ the Savior! Give a Gift for Life

This Advent, include a Gift for Life on your Christmas List, by supporting Project Rachel or the Gabriel Project. It is easy to make a small, tax-deductible contribution as a gift in the name or memory of a family member or friend, and it will make a big difference in a woman's life. You have the opportunity to assist a frightened young woman who has just learned she is pregnant, or a woman who opted to abort her child and is now experiencing the after effects of her choice. Your gift directly supports the cost of an expectant mother's prenatal vitamins, or counseling for a woman who is experiencing the emotional distress of an abortion. Please pick up a flyer in the vestibule of the Church and follow the directions, or donate online at arlingtondiocese.org/giftforlife.



liturgy



Saint Mary Prayer List - December

Please pray for those who are sick or in need, especially:

Chris Breth, Gene Guinn, Jack Smith, James & Charlene Binley, Jayden Steven Ramos Lopez, Jenna Cappello, Joanne O'Brien, Joseph Krieg, Karl Eugene, Kathryn Barboza, Kathy Rice, Larry Dillman, Michael Fedowitz Ill, Shirley Bozicevic, Teresa "Terry" Shifflet, Theresa and Keith Kovalefsky., William (Liam) David Jackson

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information call or text Wayne (540)840-5230 or Wanda (540)538-6978

Daily Mass Intentions

December

4 MONDAY

6:30am Vida Ivey+ 9:00am James Holzworth Is 2:1-5/Mt 8:5-11

5 TUESDAY

6:30am Paul Haakenson Sr.+ 9:00am John Wrobel+ 12:00pm Jim Matarese+ Is 11:1-10/Lk 10:21-24

6 WEDNESDAY

6:30am Maureen Bunn+
9:00am Timotha Rainey+
12:00pm Stewart Kennedy+
Is 25:6-10a/Mt 15:29-37

7 THURSDAY

6:30am Michael and Maggie Kasey 9:00am Luis Adan Carranza 12:00pm Howard Wilson 6:00pm Janett Prohaska 7:30pm Luis Pacheco+ Is 26:1-6/Mt 7:21, 24-27

8 FRIDAY

6:30am Louis Farrell
8:30am* Lou Fonda+
9:00am For Our Parish
12:00pm Leonard Barlow
5:00pm* Demetria Locsin+
6:00pm Michael O'Donnell
7:30pm Michael Luke Fedowitz
Gn 3:9-15, 20/Eph 1:3-6, 11-12/Lk 1:26-38

9 SATURDAY

9:00am All Souls in Purgatory 5:00pm Andrew Mullady+ 7:00pm Harry Noon+

Is 30:19-21, 23-26/Mt 9:35—10:1, 5a, 6-8

10 SUNDAY

7:00am Samantha and Brian Bowser8:30am Alan Cascio8:30am* Mary Beall

10:30am Miclia Joseph
10:30am* Elaine Wheeler+
12:30pm Gabby Elyse Jones
2:30pm For Our Parish
5:00pm Alan Cascin+

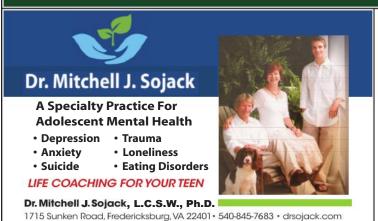
5:00pm Alan Cascio+ 7:00pm Anne and Rick Donovan Is 40:1-5, 9-11/2 Pt 3:8-14/Mk 1:1-8

MULLINS & THOMPSON FUNERAL SERVICE

Fredericksburg Chapel 1621 Jefferson Davis Highway 540-373-5842

Stafford Chapel 186 Shelton Shop Road 540-659-7690

www.mullinsthompson.com





Dignit





Diocesan.com/Careers

The Businesses listed above make this bulletin possible.

Please support them when you can.

Sign up to get our bulletin in your email each week.

Go to DiscoverMass.com/subscribe



Dr. Stephen Carley Dr. Michael Donato Dr. Martha Hurley Dr. Joel Zarzuela Dr. Rosemarie Rynkiewicz Dr. Sunshine Brady-Thomas

Board Certified Podiatrists

(540) 371-2724 • www.rappahannockdpms.com 195 Falcon Drive • Fredericksburg, VA 22408

Superior Service Solutions 24HR Wate Damage Service Commercial

(540) 287-5313 iorservicesolutionIIc@amail.co



For further information, please call the parish office.



NEW HOMES ADDITIONS RENOVATIONS

BUILDER OF THE YEAR

SEAN HALSEY, PARISHONER WWW.HOMESBYHALSEY.COM • 540-623-4687



richie@plumbinginnovators.com www.plumbinginnovators.com

1209 Bragg Road Fredericksburg, VA 22407

St Vincent DePaul The proceeds support our local families in need



The shoppers enjoy the exceptional quality of our items Shop and drop off at store located at Olde Greenwich Plaza off Lafayette Blvd. Open Mon-Sat., 10-4 • Store/Info 540-898-9066 SVDP welcomes donations at: SVDP Po Box 1493, College Station, Va. 22402 www.stvdpfredericksburg.com | This ad has been donated by MCK Company



Chris Vomund, Agent

4930 Southpoint Drive Fredericksbrg, VA 22407 Bus: 540-993-4999 chris@insurespotsy.com

State Farm Bloomington II





catholicmatch® Virginia

CatholicMatch.com/goVA





Your home is a reflection of who you are. Let it shine. just like you! 540-623-7123

www.homesweethomeinteriordesign.com



Richard Gutknecht





(540) 288-1300

www.myoneononecare.com

ADVERTISE HERE

Promote your Business AND Support your Parish.

> Give us a call! 800-233-8200



Get this bulletin emailed to you every week.

Simply go to www.DM.CHURCH/3174

...or scan 📥 🔳



SAINT MICHAEL THE ARCHANGEL CATHOLIC **HIGH SCHOOL**



College Preparatory Faithful to the Magisterium Diocesan Recognized Fully Accredited Affordable Tuition 98% College Acceptance Rate

EXCELLENCE SINCE 2006



APPLY



www.saintmichaelhs.org Fredericksburg, VA

%DISCOVERMASS



Fredericksburg Chapel

4801 Jefferson Davis Highway • Fredericksburg, VA 22408 898-4326

Stafford Chapel

1310 Courthouse Road • Stafford, VA 22554 658-9221

Modern Facilities Affordable Fees

www.covenantfuneralservice.com

BECOME A C.N.A.

(Certified Nurse Aide)

- 145 hrs. instruction
- State Approved Program
- · Spanish/English
- · Weekday & Weekend Classes
- Tuition \$1,800
- Credit Cards Accepted
- Classes in Locust Grove Director: Zoila Ortega, RN

Info: 703.402.2509







Barbara D. Ehman, DPT Doctor of Physical Therapy

HERAPIST OWNED: WWW.OSPTA.COM

Choose Quality Physical Therapy You Can Trust.

Insurance Coverage; no referrals needed



540-373-3031

Marshall Rennie, DPT, OCS • Kash Eagleton, DPT, SCS



KNIGHTS OF COLUMBUS #4034

Family Organization Welcomes You

Meetings: 2nd Wednesday at 7:30

Jon Landolfi **Grand Knight**



Mike (VETERAN): (571)283-2493 Jessica: (703)772-3607 Realtors®, Parishioners The Dowling Realty Team@gmail.com

4 1/2% **Full Service Listings!** SOLD



Licensed in Virginia DC and Maryland GUIDING FREDERICKSBURG **HOME FOR 40+ YEARS**

COLDWELLBANKERELITE.COM

* KEVIN BREEN * 540.226.2642 *

*PARISHIONER

Reach out to us to experience unparalleled service from trustworthy and knowledgeable agents who are equipped with the best resources in the world!

Life Insurance With Living Benefits That Protects You And Who You Love. MONICA O'DONNELL . Senior Associate, Parishioner

Get protected while you're living if you experience a qualifying chronic or critical illness, critical injury and even include an additional income to your retirement.





571.722.2019 Hablo Español



St. Jude

for answered prayers.





NAILS PIZAZZ

(in Spotsylvania Mall) A Quality & Friendly Nail Salon

785-9664



Harry's Welcomes

St. Mary's Parishioners for Brunch, Lunch & Dinner 601 William St.

Parking in Winchester St. Garage



311 Frederick St. Fredericksburg, VA 22401

rexrappahannock@gmail.com

Tuesday - Saturday

Mark & Heather Gardner Owners | Parishioners

(540) 706-4302

(C) f @RexRappahannock



Serving Fredericksburg & Stafford

125 Olde Greenwich Dr, Suite 300 Fredericksburg, VA

394 Garrisonville Rd, Suite 103 Stafford, VA

Dr. McDowell • Dr. Marrow • Dr. Wolanska Dr. Elbert • Kristie McDowell, PA-C • Sean Bodin, PA-C Neelam Parikh, PA-C • Ben Garrison, PA-C Lauren Brunner, PA-C • Jasmine Taborn, PA-C James Sapp, PA-C

540-374-5599 • www.cimava.com

True experts in primary care.

A Local Catholic Store