

# **FOURTH SUNDAY OF ADVENT**

**December 24, 2023**



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

# Growing Our Legacy of Faith

SAINT MARY CAPITAL CAMPAIGN COMMITTEE INVITES YOU TO

**FAMILY**

**TACO BAR**

**CELEBRATION**

11AM  
TO  
3PM

JAN.  
13

IN THE  
PLC

**JOIN US IN CELEBRATING YOUR GENEROSITY  
IN REACHING OUR CAMPAIGN GOALS!**



**COME ENJOY A TACO OR TWO!  
FREE TACOS FOR EVERYONE!**

PLEASE HELP US ENSURE WE HAVE ENOUGH FOOD BY YOUR RSVP

CALL THE OFFICE OR EMAIL WITH FAMILY TOTAL  
540-373-6491 OR [STMARY@STMARYFRED.ORG](mailto:STMARY@STMARYFRED.ORG)

# from our pastor

Folks,

T'was the day before Christmas, and all through the parish, not a soul was stirring, except for everybody, because it is the 4th Sunday of Advent!

So what Mass are you going to for Christmas? This is where I could exhort you to pick a less crowded Mass tomorrow, but I am sure that you have set your plans by now, and I think I've done that enough by now.

I know I have written before about how important it was for me to see the family Christmas tree on Christmas morning! As I got old enough to help Santa Claus, I would help in most any way possible, except not the main family tree. I held onto that little tradition as a simple joy of Christmas, and nothing could match the wonder of going down the basement stairs to see the tree!

I hope you have some simple pleasures like that planned. I have come to appreciate how much work Santa Claus put into making that moment special. No wonder they wanted to sleep in!

As a pastor, I have also come to appreciate even more how much work goes into everything we celebrate. St. Mary's army of elves and reindeer, is the many volunteers decorating, musicians practicing, servers training, workers cleaning, sacristans, Knights of Columbus trying to keep the parking lot moving, and many more.

Pax,



Very Reverend John P. Mosimann, V.F.  
Pastor

*Looking for a  
Christmas gift?*

The Parish Office has a these  
lovely ornaments for \$10.  
Supplies are limited.



# announcements

## St. Mary Coffee & Donut Shop

**Coffee & Donuts will be back in  
the New Year!**

## Daily Advent Prayer

O Jesus, little child, come into my heart on  
Christmas morn, to wash away my sins and  
remain there in eternity. O Mary, Mother of my  
Savior, prepare for Jesus a cradle in my heart.

Amen.

## contact us

**stmaryfred.org**

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm  
Saturday 9am  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Novus Ordo (Latin Mass)  
First Saturday 8:00am - Fatima Prayers & Rosary  
followed by 9am Mass

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
stmary@stmaryfred.org  
stmaryfred.org  
Monday - Friday 8:30am - 9pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor  
Reverend Phillip Cozzi, Parochial Vicar  
Reverend Robert Renner, Parochial Vicar  
Reverend Tim Courtney, Parochial Vicar  
Reverend Kevin Dansereau, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### MUSIC

Director of Music, David Uschold  
Assistant to the Music Ministry, Emma Atkinson

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
sfry@holycrossweb.com

### HOLY CROSS PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION

Director, Aristides Lucas  
Associate Director, Katherine Evans  
Administrative Asst, Lori Barlow

### YOUTH MINISTRY

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Katherine Evans

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the  
date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six  
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401

# education holy cross academy

## Merry Christmas and Happy New Year

May the spirit of the season bring you peace and happiness, and may the New Year be filled with endless possibilities and prosperity. Merry Christmas and a Happy New Year from all the students, faculty, and staff at Holy Cross Academy!

## Bible Museum Field Trip

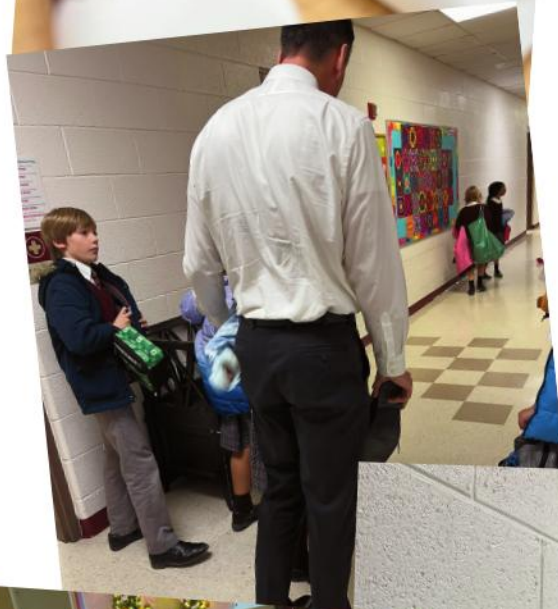
Holy Cross Academy students recently embarked on an enlightening field trip to the Bible Museum in Washington, D.C. They encountered an immersive journey, exploring the impact, narrative, and rich history of the Bible firsthand. This experiential learning opportunity allowed our students to connect deeply with the teachings that inspire and guide us. Their journey through this museum was not just educational but a chance to personally engage with the living history of our faith.

## St. Nicholas Feast Day

HCA Students marked St. Nicholas Feast Day by placing their shoes out, anticipating sweet surprises within. A special thank you to Dr. Fry for stepping in to assist a young crusader who found themselves without a shoe during the festivities!

## Feast of the Immaculate Conception

It was a wonderful celebration as our students honored The Feast of the Immaculate Conception of the Blessed Virgin Mary. The mass was graced by the presence of many families, adding to the beauty of the occasion. Thank you to all who joined us in commemorating this special Holy Day in such a meaningful way!



*A National  
Blue Ribbon  
School of  
Excellence*



# our parish religious education

## Upcoming Events

**Monday to Friday, Registration of Religious Education students at the Parish Office.**

**Monday to Wednesday, December 25 to 27**  
No Religious Education classes, Christmas Break

**Monday to Wednesday, January 1 to 3**  
No Religious Education Classes, Christmas Break

**Thursday, January 4**  
Grade 7/Year 1 Formation Night #2 in the Church  
7-8pm

**Saturday, January 6**  
Baptism of RE students at 10am in the church

**Monday to Wednesday, January 8 to 10**  
Religious Education Classes, Parents attend class with their children

**Saturday, January 13**  
Catechist Certification Classes in the St. Joseph Building; Topic CAT 101: Catholic Education: What Every Teacher Needs to Know (Part 1)

**Monday to Wednesday, January 15 to 17**  
No Religious Education Classes

**Tuesday, January 16**  
Third Catechist Meeting Certification/Franciscan At Home and Catechist certification 5:30 - 8:30pm

**Thursday, January 18**  
Year 2/Grade 8 Formation Night #2 in the Church from 7-8pm

**Saturday, January 20**  
Baptism of Religious Education students at 12 noon in the church

**Saturday, January 20**  
SPRED classes in the PLC 10am-12 noon

**Saturday, January 20**  
Catechist Certification Classes in the St. Joseph Building; Topic CAT 101: Catholic Education: What Every Teacher Needs to Know (Part 2)

## Catechists Have the Most Beautiful Feet!

*From Catechist's Journey*

The First Reading for Mass Christmas Day proclaims:  
"How beautiful upon the mountains are the feet of him who brings glad tidings, announcing peace, bearing good news, announcing salvation, and saying to Zion, "Your God is King!" (Isaiah 52:7)



I've said this before here on Catechist's Journey, but it bears repeating: catechists have the most beautiful feet! Why? Because catechists are the ones who, day in and day out, bring glad tidings, announce peace, bear good news, and announce salvation to those they teach. What do each of these mean in practical terms?

- **Catechists bring glad tidings.** Some tidings (news) cause fear, while other tidings cause sadness. The tidings that catechists announce bring joy and gladness – another word for delight. And what are those tidings? That God is with us!
- **Catechists announce peace.** Peace is the reality that happens when God's will and human wills intersect. Catechists announce peace by announcing that God is with us and that his will is accessible.
- **Catechists bear good news.** Catechists bring the good news that God is near to us! And we don't just bring it; we "bear it," which means that we embody it.
- **Catechists announce salvation.** Catechists do not announce self-improvement; we announce salvation! And this sal-vation comes to us as a Person: Jesus Christ, who is not just a wise man, a good teacher, or a deep philosopher. He is our Savior, the One who saves us from that over which we have no power: sin (separation from God).

***And so, as we celebrate the glorious Feast of the Nativity of our Lord, Jesus Christ, I once again thank you—all catechists—for your beautiful feet! Christmas Blessings!***

## 2024 On Site Catechist Certification

**"All members of the community of believers in Jesus Christ participate in the Church's catechetical mission ... (We) are all catechists with distinctive roles."** *National Directory for Catechesis*, page 217.

Catechists, teachers, home educators, parents, and those who want to learn more about the Catholic Faith and confidently present it to children are invited to sign up for the Catechist Certification courses beginning Saturday, January 13 at 9:30 am in the St. Joseph building.

Remember, you do not have to be a catechist to take these courses. Sign up and learn more about our Catholic Faith and be more com-fortable in living it and evangelizing. Scan to sign up:



# The Christmas SEASON at Saint Mary 2023



## December 24: Christmas Eve

Mass in English at 4pm, 8:30pm and 12midnight at St Mary

**\*\*Christmas Carols begin at 11:00pm prior to Midnight Mass\*\***

Mass in English at 4pm and 6:30pm at Holy Cross Academy

Mass in Spanish at 6:30pm at St Mary

## December 25: The Nativity of the Lord

Mass in English at 7am, 8:30am, 10:30am, and 12:30pm at St Mary

## January 1: The Solemnity of Mary, Mother of God

Mass in English at Midnight, 7am, 8:30am, 10:30am, and 12:30pm

Mass in Spanish at 2:30pm at St Mary

---

**Reminder:** As Catholics, we are required to attend TWO Masses between December 23 & 25.  
Choose one Mass from the Fourth Sunday of Advent column and one Mass from Christmas column.

### Fourth Sunday of Advent

#### Saturday, December 23

- ☐ 5pm & 7pm in the Church
- ☐ 5pm in English at Holy Cross Academy
- ☐ 7pm in Spanish at Holy Cross Academy

#### Sunday December 24

- ☐ 7am, 8:30am, 10:30am, 12:30pm in the Church
- ☐ 8:30am and 10:30am at Holy Cross Academy

### Christmas

#### Sunday December 24

- ☐ 4pm in the Church
- ☐ 4pm at Holy Cross Academy
- ☐ 6:30pm in the Church in Spanish
- ☐ 6:30pm at Holy Cross Academy
- ☐ 8:30pm in the Church

#### Monday December 25

- ☐ 12Midnight, 7am, 8:30am, 10:30am, 12:30pm

# our parish happenings

## Is the Lord Calling you to Serve Your Community?

The School Dressing Days (SDD) Program which has served the greater Fredericksburg Area for over 15 years in providing over 1,050 children with back-to-school clothing and supplies, is seeking new co-chairs to continue the vital work of SDD. If you are interested or would like more information, please reach out to Carleen Delio at 540-412-9608.

## St. Cecilia Children's Choir Inviting New Members

The music ministry of Saint Mary would like to invite all children grades 2 through 8 to be a part of the St. Cecilia Choir. The choir rehearses on Thursday evenings from 4:45-6pm and provides music for the 8:30am Mass on Sunday mornings. Christmas is soon going to be upon us and the St. Cecilia Choir has begun preparation for the 4pm Christmas Eve liturgy, and some new voices would definitely bring joy to the Christmas celebration! Those who are interested should contact David Uschold, Director of Music and Organist, through the church office at 540.373.6491 or by email at [duschold@stmaryfred.org](mailto:duschold@stmaryfred.org).

## Adult Confirmation

We will begin Adult Confirmation classes for all those who have been Baptized and received First Communion, but have not had the opportunity to be Confirmed. The first class will be Tuesday, January 23 at 7pm in the Parish Office library. If you would like to sign up for the classes, please call the Parish Office to register, leaving your name, phone and email address. Thank you.

## Come celebrate Religious Freedom

Join the 50th year of this historic procession through the streets of Fredericksburg with the 4th Degree Rappahannock Assembly Knights of Columbus. The procession will conclude at the Religious Freedom Monument on Washington Avenue marking the 233rd anniversary of the Bill establishing Freedom to choose the way we praise God.

**January 14 | Fredericksburg VRE station**  
Procession starts at 1:30pm

### Unable to march?

Join us for the ceremony at the Memorial Monument at 2pm

### Keynote Speaker

Ret Msgr John Cregan, Retired USMC Lt. Colonel and Current Deputy State Chaplain of VA Knights of Columbus

### God Bless America

## Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (e.g. white socks, thermal underwear, men's boxer briefs, women's underwear and t-shirts). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, [dolovewalk.net](http://dolovewalk.net) or Thurman-Brisben Homeless Shelter, [thurmanbrisbencenterv.org](http://thurmanbrisbencenterv.org).

FREDERICKSBURG REGIONAL  
CONTINUUM OF CARE  
partners ending homelessness

## 2024 CoC Winter PIT Count

Join the CoC in surveying individuals experiencing homelessness to improve our system and services.

PIT count details: January 24, 2024.

- Collecting valuable data to help the CoC track progress and identify opportunities for improvement of services
- Variety of shifts available
- Training provided
- Volunteers work in groups of two or more

Scan the code to sign up today!



# our parish youth ministry

## December 2023 Youth Ministry Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	1 MS YOUTH GROUP	2 FIGHT CLUB
3 HS YOUTH GROUP	4	5	6 YOUCAT	7	8 IMMACULATE CONCEPTION	9 FIGHT CLUB
10 HS YOUTH GROUP	11	12	13 YOUCAT	14 FEMININE GENIUS	15 MS YOUTH GROUP	16 GIRLS RETREAT
17 HS YOUTH GROUP	18 SENIOR MINISTRY	19	20 YOUCAT	21	22	23
24 *	25 *	26	27	28	29	30
MERRY CHRISTMAS! NO CYM ACTIVITIES						
31 NO HSYG	* NOTE: YOU WILL NEED TO ATTEND TWO MASSES IN ORDER TO CELEBRATE BOTH THE 4TH SUNDAY IN ADVENT AND THE SOLEMNITY OF THE NATIVITY! BOTH DAYS ARE HOLY DAYS OF OBLIGATION.					

### Month of the Immaculate Conception

<b>HIGH SCHOOL YOUTH GROUP (9th-12th)</b> Every Sunday, 6:00 - 8:30pm Parish Life Center Dinner, friends, and faith formation for high school!	<b>FIGHT CLUB (7th-12th BOYS)</b> Every Saturday, 6:30-8:00am Parish Life Center Explore what it means to be a Man of God!
<b>MIDDLE SCHOOL YOUTH GROUP (6th-8th)</b> 1st and 3rd Fridays, 6:30 - 8:00pm Parish Life Center Dinner, friends, and faith formation for middle school!	<b>FEMININE GENIUS (6th-12th GIRLS)</b> 2nd and 4th Thursdays, 6:30 - 8:00pm John Paul II House Explore what it means to be a Woman of God!
<b>YOUCAT (9th-12th)</b> Every Wednesday, 6:30 - 8:00pm John Paul II House Dive deeper into your Catholic faith!	<b>SENIOR MINISTRY (12th)</b> Monday, Dec. 18 5:00-6:30pm Parish Office Conference Room Join us for a potluck dinner and deeper discussion!



## We Need WORKCAMP CONTRACTORS!



DIOCESE OF ARLINGTON WORKCAMP      FREDERICK COUNTY, VIRGINIA      JUNE 22 - JUNE 28, 2024

We are looking for men and women with skills in basic home repair and maintenance who are willing to join us for the week of WorkCamp to make homes **warmer, safer, and drier** for people in need within the Diocese of Arlington. Volunteers do not need to be licensed contractors.

**CONTACT US IF YOU ARE INTERESTED IN HELPING WORKCAMP IN ANY WAY!**

Tatiana Beltran      Catie Espiritu  
tbeltran@stmaryfred.org      cespiritu@stmaryfred.org

Contractors are responsible for instructing a team of teens how to complete the project on their work site. Their role is to guide and assist while the work itself is done by the WorkCampers. Projects include tasks such as...

- ✓ Painting
- ✓ Plumbing
- ✓ Carpentry
- ✓ Roof Repair
- ✓ Windows
- ✓ Flooring
- ✓ Gutters
- ✓ ....and more!

# our parish happenings



**Young Family  
Epiphany Party**

Saturday, January 6  
10 am to noon  
Parish Life Center

Potluck brunch, activities for kids,  
and fellowship for the whole family



Scan QR code for RSVP  
and potluck sign up

Questions? Contact Katherine:  
[katherine.m.resendez@gmail.com](mailto:katherine.m.resendez@gmail.com)

## Cursillo Group Reunions/Faith Based Sharing Groups

**ALL ARE WELCOME!**

All are invited to join a small faith based sharing group, aka Group Reunion, or 4th Day Group beginning January 2024.

**Group #1** will meet on Thursdays, January 11, 2024, following the 12 noon Mass at St. Mary. This group will meet in the Fr. Rooney Room, aka Cross Room at the back of the church from 12:45-2:15. Please be prompt. Contact Tammie Chute, [tammiechute@gmail.com](mailto:tammiechute@gmail.com) or 540-370-6343 (please leave a message).

**Group #2** will meet at the home of Lily Alarcon on Thursday evenings, beginning January 11, 2024 at 7pm. Contact Lily Alarcon, [alj0909@yahoo.com](mailto:alj0909@yahoo.com) or 540-834-3186 (please leave a message regarding small group reunion).

**Group #3** a men's group will meet at the home of Phil Fick. Contact: [philip.fick@gmail.com](mailto:philip.fick@gmail.com) for more information.

You may contact Tammie Chute at the above listing for information on any of these groups or a Cursillo Retreat in 2024! De Colores!

## Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (e.g. white socks, thermal underwear, men's boxer briefs, women's underwear and t-shirts). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, [dolovewalk.net](http://dolovewalk.net) or Thurman-Brisben Homeless Shelter, [thurmanbrisbencentcenter.org](http://thurmanbrisbencentcenter.org).



Knights of  
Columbus®

## Christmas TREE SALE

Thank you for all who purchased a  
tree from the Knights of Columbus  
this Christmas Season!

We appreciate your generosity and  
wish you a blessed Christmas and  
Happy New Year!



# our parish happenings



**TMIY**  
THAT MAN IS YOU!

FIGHT CLUB  
Young Men 7-12 Grade

**Thy Kingdom Come**  
Claim Your Royal Dignity and Inheritance

Get Inspired  
to **LIVE** a  
**HEROIC LIFE**

**Schedule for each week:**

6:00 am—Hot Breakfast (PLC)

6:50 am—Presentation (Church)

Use this QR code to register.  
Questions, contact Peter Paquette  
paquettepeter@yahoo.com



## Spring Semester

Session 14	Jan 20	Resilience and Perseverance
Session 15	Jan 27	Son of Man, Do You See?
Session 16	Feb 3	A Time for Purification
Session 17	Feb 10	The Kingdom is Like A Dragnet
Session 18	Feb 17	Just a Guy in the Pew
Session 19	Feb 24	The Narrow Gate
Session 20	Mar 2	A Tale of Two Cities
Session 21	Mar 9	The Darkness of Modern Culture
	Mar 16	Unbound Retreat NOTMIY
Session 22	Mar 23	A Civilization of Love
	Mar 30	Easter Weekend NOTMIY
Session 23	Apr 6	A Life of Dissipation
Session 24	Apr 13	Working in Redemption
Session 25	Apr 20	Kingdom is Like a Great Banquet
Session 26	Apr 27	A Royal People

**WWW.TMIY.ORG**

## ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY  
Wednesday following the 12 noon Mass ALL DAY – ALL  
NIGHT Wednesday & Thursday Concluding on Friday  
Mornings at the 9am Mass.

*"To be alone with Jesus in adoration and intimate union with  
Him is the GREATEST GIFT OF LOVE – the tender love of  
Our Father in Heaven"*  
- St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator  
Adoration@stmaryfred.org



**TMIY**

¡ESE HOMBRE  
ERESTÚ!

y Fight Club  
Jovenes Grados 7-12

**Convirtiéndose En un Hombre  
Conforme al Corazón de Dios**

Inspírate a  
vivir una  
**VIDA HEROICA**

**Horario para cada semana:**

6:00 am—Desayuno Caliente (PLC)

6:50 am—Presentación (Iglesia)

Utilice este código QR para registrarse.  
¿Preguntas? contacte a Domingo  
domingobautista@hotmail.com



## Semestre de Primavera

Sesión 14	Ene 20	¿Qué Debo Hacer?
Sesión 15	Ene 27	¡Ese Hombre eres Tú!
Sesión 16	Feb 3	El Corazon del Hombre
Sesión 17	Feb 10	Convirtiéndose en un hombre conforme al corazon de Dios
Sesión 18	Feb 17	Un corazón esclavizado por la carne
Sesión 19	Feb 24	Un corazon atado por el mundo
Sesión 20	Mar 2	Un descenso al autoaislamiento
Sesión 21	Mar 9	El ascenso de la mente a Dios
	Mar 16	Retiro de Unbound NOTMIY
Sesión 22	Mar 23	La práctica de la presencia de Dios
	Mar 30	Pascua NOTMIY
Sesión 23	Abr 6	La cara escondida de Dios
Sesión 24	Abr 13	El triunfo de la misericordia
Sesión 25	Abr 20	Mision 12.0
Sesión 26	Abr 27	Un Hombre Según el Corazón de Dios

**WWW.TMIY.ORG**

# operations given in love

## Donations Received December 5 - 11

Sunday Offertory	\$26,374.52
Catholic Charities	\$8,819.00
Parish Christmas Charities	\$518.00
Parish Debt Reduction Fund	\$585.00
Immaculate Conception	\$8,191.00
St Vincent de Paul Poor Box	\$50.00

*Thank you for your generosity!*

## Pro-Life Reflection

The Shepherds saw the newborn Christ, and the message that they had heard was that He was a Savior for all people. Seeing Him, they understood this even better. After all, who is more approachable than a baby? Nobody, no matter how poor or lowly, would have reason to be afraid to approach Him. *Lord, You continue to reveal Yourself in the tiny babies yet in the womb. May we see You, and love You in them.*

## Children's Charity - January

Camp Rainbow is held every Spring for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. For more information, go to [marywashingtonhealthcare.com/ourservices/hospice](http://marywashingtonhealthcare.com/ourservices/hospice).

## MARCH FOR LIFE

Friday, January 19, 2024

**Together We Gather to Celebrate Life**

Pro-lifers from across the nation will gather at a Rally on the Mall in Washington, DC and proceed down Constitution Avenue toward the Supreme Court and the US Capitol. Participants are of all ages, from unborn babies to grandparents. It is especially thrilling and encouraging to note how many pro-life teenagers and young adults participate! This year's March will be held on Friday, January 19th to commemorate the 51st Anniversary of Roe v. Wade. Although Roe v. Wade has been overturned, there is still work to be done, and the March for Life will continue to take place every January until a culture of life is restored in the United States of America. Please plan to join your parish family in this peaceful protest against abortion.

St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright.

The buses for the March will leave immediately following the 9am Mass at St. Mary and will return to St. Mary at approximately 5:30pm. Participants are advised to dress warmly, wear comfortable shoes and pack a light lunch. Sign up sheets will be available in the vestibule of the Church after January 2nd.



# liturgy daily bread

## Saint Mary Prayer List - December

**Please pray for those who are sick or in need, especially:**

Chris Breth, Gene Guinn, Jack Smith, James & Charlene Binley, Jayden Steven Ramos Lopez, Jenna Cappello, Joanne O'Brien, Joseph Krieg, Karl Eugene, Kathryn Barboza, Kathy Rice, Larry Dillman, Michael Fedowitz III, Shirley Bozicevic, Teresa "Terry" Shifflet, Theresa and Keith Kovalefsky, William (Liam) David Jackson, Jorge A. Lecea, William Pell IV, Patrick Carroll

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

### Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

## Daily Mass Intentions

### December

#### 18 MONDAY

6:30am Raymond Coupe+  
9:00am Ligia Lizarralde+  
12:00pm Peter Romani+  
Jer 23:5-8/Mt 1:18-25

#### 19 TUESDAY

6:30am Jose and Conchita Ablaza  
9:00am Josephine Radal  
12:00pm Estella Stock+  
Jgs 13:2-7, 24-25a/Lk 1:5-25

#### 20 WEDNESDAY

6:30am Michael Luciani  
9:00am Helen Novick+  
12:00pm Bob Ezersky+  
Is 7:10-14/Lk 1:26-38 (196)

#### 21 THURSDAY

6:30am William and MaryLynn McCarthy  
9:00am John J. Murphy  
Sg 2:8-14 or Zep 3:14-18a/Lk 1:39-45

#### 22 FRIDAY

6:30am Theresa A. Boehringer+  
9:00am John J. Murphy  
1 Sm 1:24-28/Lk 1:46-56

#### 23 SATURDAY

9:00am Addie Comerford+  
5:00pm Patrick Leo Petro Sr. & Kathy Petro  
5:00pm\* Maureen Leslie  
7:00pm Dr. and Mrs. Sambat  
7:00pm\* Priests of St. Mary  
Mal 3:1-4, 23-24/Lk 1:57-66

#### 24 SUNDAY

7:00am For Our Parish  
8:30am Joseph and Frances Cascio  
8:30am\* William Pell IV  
10:30am Stephen Inguanti, Sr. & Jr.  
10:30am\* Jeanne Mancini  
12:30pm Christopher Grey  
4:00pm Ella Woyack  
4:00pm\* George Graf+  
6:30pm Raymundo & Telma Odilia Rivera  
6:30pm\* MaryKay Stein  
8:30pm Meg Luciani  
2 Sm 7:1-6/Rom 16:25-27/Lk 1:26-38

*\* Indicates Mass at Holy Cross Academy.  
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

# MULLINS & THOMPSON FUNERAL SERVICE



Fredericksburg Chapel  
1621 Jefferson Davis Highway  
540-373-5842

Stafford Chapel  
186 Shelton Shop Road  
540-659-7690

[www.mullinsthompson.com](http://www.mullinsthompson.com)



**Dr. Mitchell J. Sojack**

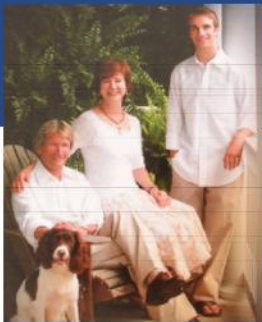
**A Specialty Practice For  
Adolescent Mental Health**

- Depression • Trauma
- Anxiety • Loneliness
- Suicide • Eating Disorders

**LIFE COACHING FOR YOUR TEEN**

**Dr. Mitchell J. Sojack, L.C.S.W., Ph.D.**

1715 Sunken Road, Fredericksburg, VA 22401 • 540-845-7683 • [drsojack.com](http://drsojack.com)



Consider  
Remembering  
Your Parish in  
Your Will

*For further information,  
please call the parish office.*

**MRE, INC.**  
**DRYWALL & PAINTING**

We have **30 YEARS** of experience  
in the industry. We cater to the  
drywall needs of homeowners for  
Residential & Commercial properties.

**540.737.4648**

[mreinc.co](http://mreinc.co) | [mrepaint@gmail.com](mailto:mrepaint@gmail.com)

**Drywall Service** **Power Washing**  
Installation, Repair, Hanging, Finishing, Decks, Siding  
Nail Pops, Settlement Cracks, **Painting**  
Water Damage Restoration Exterior, Interior

**Budget-friendly • FREE ESTIMATES**

**EWTN.COM/RADIO**



**EWTN**

Global  
Catholic  
Radio

**TUNE IN**

**DIOCESAN**

Catholic Life **Every Day**

**PUT YOUR FAITH TO WORK.**

**NOW HIRING**

**SALES REPRESENTATIVE**

Join Our Family  
[Diocesan.com/Careers](http://Diocesan.com/Careers)

*The Businesses listed above  
make this bulletin possible.*

**Please support them when you can.**

**Sign up to get our bulletin in your email each week.**

**Go to [DiscoverMass.com/subscribe](http://DiscoverMass.com/subscribe)**



**Rappahannock Foot & Ankle Specialists**  
Board Certified Podiatrists  
(540) 371-2724 • [www.rappahannockdpms.com](http://www.rappahannockdpms.com)  
195 Falcon Drive • Fredericksburg, VA 22408

Dr. Stephen Carley  
Dr. Michael Donato  
Dr. Martha Hurley  
Dr. Joel Zarzuela  
Dr. Rosemarie Rynkiewicz  
Dr. Sunshine Brady-Thomas

**Superior Service Solutions LLC**  
Since 1997  
24HR Water Damage Service  
Commercial Residential  
(540) 287-5313  
[superiorservicesolutionsllc@gmail.com](mailto:superiorservicesolutionsllc@gmail.com)  
Professional Carpet Services, Moving, Home Improvements, Renovations and Handyman Service

IN LOVING MEMORY OF  
**Richard Gutknecht**

**HALSEY HOMES**  
NEW HOMES  
ADDITIONS  
RENOVATIONS  
BUILDER OF THE YEAR  
SEAN HALSEY, PARISHONER  
[WWW.HOMESBYHALSEY.COM](http://WWW.HOMESBYHALSEY.COM) • 540-623-4687

**PLUMBING Innovators**  
EMERGENCY SERVICE  
540-295-8876  
[richie@plumbinginnovators.com](mailto:richie@plumbinginnovators.com)  
1209 Bragg Road  
Fredericksburg, VA 22407  
[www.plumbinginnovators.com](http://www.plumbinginnovators.com)

**St Vincent DePaul THRIFT STORE**  
*The proceeds support our local families in need*

*St Vincent De Paul Thrift Shop*

The shoppers enjoy the exceptional quality of our items  
Shop and drop off at store located at Olde Greenwich Plaza off Lafayette Blvd.  
Open Mon-Sat., 10-4 • Store/Info 540-898-9066  
SVDP welcomes donations at: SVDP Po Box 1493, College Station, Va. 22402  
[www.stvdpfredericksburg.com](http://www.stvdpfredericksburg.com) | This ad has been donated by MCK Company

**State Farm**

**Chris Vomund, Agent**  
4930 Southpoint Drive  
Fredericksburg, VA 22407  
Bus: 540-993-4999  
[chris@insurespotsy.com](mailto:chris@insurespotsy.com)

State Farm, Bloomington, IL  
1211999

**catholicmatch®**  
Virginia  
[CatholicMatch.com/goVA](http://CatholicMatch.com/goVA)

**THE SEWER & WATER SERVICE SPECIALIST**  
**a&s**  
**ALEXANDER & SONS**  
PLUMBING, HEATING AND AC  
540-492-4700  
[www.mryalexanderandsons.com](http://www.mryalexanderandsons.com)  
Call and Ask for the Parishioners Discount

**HOME SWEET HOME**  
INTERIOR DESIGN  
Your home is a reflection of who you are.  
Let it shine, just like you!  
540-623-7123  
[www.homesweethomeinteriordesign.com](http://www.homesweethomeinteriordesign.com)

**Compassionate In-Home Care**

**ONE ON ONE CARE**  
Quality Care Makes All The Difference  
(540) 288-1300  
[www.myoneononecare.com](http://www.myoneononecare.com)

**ADVERTISE HERE**

**Promote your Business AND Support your Parish.**  
*Give us a call!*  
**800-233-8200**

**Get this bulletin emailed to you every week.**

**Simply go to**  
**[www.DM.CHURCH/3174](http://www.DM.CHURCH/3174)**  
**...or scan** →

**DISCOVERMASS**

**SAINT MICHAEL THE ARCHANGEL CATHOLIC HIGH SCHOOL**

**College Preparatory**  
**Faithful to the Magisterium**  
**Diocesan Recognized**  
**Fully Accredited**  
**Affordable Tuition**  
**98% College Acceptance Rate**

**EXCELLENCE SINCE 2006**

**LEARN MORE**  
**APPLY TODAY**

[www.saintmichaelhs.org](http://www.saintmichaelhs.org)  
Fredericksburg, VA



**Fredericksburg Chapel**  
4801 Jefferson Davis Highway • Fredericksburg, VA 22408  
898-4326

**Stafford Chapel**  
1310 Courthouse Road • Stafford, VA 22554  
658-9221

Modern Facilities Affordable Fees  
[www.covenantfuneralservice.com](http://www.covenantfuneralservice.com)

## BECOME A C.N.A.

(Certified Nurse Aide)

- 145 hrs. instruction
- State Approved Program
- Spanish/English
- Weekday & Weekend Classes
- Tuition \$1,800
- Credit Cards Accepted
- Classes in Locust Grove

Director: Zoila Ortega, RN

Info: 703.402.2509

**ALETHA DEMAIO**

*Photography*

*Maternity, Newborn,  
Senior & More!*

Parishioner | (402) 208-2132  
[alethademaiophotography.com](http://alethademaiophotography.com)



**THE DOWLING TEAM**



**Mike (VETERAN): (571)283-2493**

**Jessica: (703)772-3607**

**Realtors®, Parishioners**

**TheDowlingRealtyTeam@gmail.com**

**4 1/2%**

**Full Service Listings!**

## THERAPIST OWNED: WWW.OSPTA.COM

Choose Quality Physical Therapy You Can Trust.  
Insurance Coverage; no referrals needed



**Barbara D. Ehman, DPT**  
*Doctor of Physical Therapy*

**OSPTA**  
ORTHOPEDIC & SPORTS  
PHYSICAL THERAPY  
ASSOCIATES  
**540-373-3031**

Parishioner

Marshall Rennie, DPT, OCS • Kash Eagleton, DPT, SCS

SOLD



Licensed in Virginia,  
DC and Maryland

**GUIDING FREDERICKSBURG  
HOME FOR 40+ YEARS**

[COLDWELLBANKERELITE.COM](http://COLDWELLBANKERELITE.COM)

★ KEVIN BREEN ★ 540.226.2642 ★

\*PARISHIONER

Reach out to us to experience unparalleled service from  
trustworthy and knowledgeable agents who are equipped  
with the best resources in the world!



**KNIGHTS OF  
COLUMBUS #4034**

Family Organization  
Welcomes You

Meetings:

2nd Wednesday at 7:30

**Jon Landolfi**  
Grand Knight

**Life Insurance With Living Benefits That Protects You And Who You Love.**

**MONICA O'DONNELL • Senior Associate, Parishioner**

Get protected while you're living if you experience a qualifying chronic or critical illness,  
critical injury and even include an additional income to your retirement.



**571.722.2019**  
Hablo Español



**NAILS PIZAZZ**



(in Spotsylvania Mall)

A Quality & Friendly Nail Salon

Parishioners

**785-9664**



**Harry's Welcomes**  
St. Mary's Parishioners for  
Brunch, Lunch & Dinner  
601 William St.  
Parking in Winchester St. Garage

*Thank You*  
**St. Jude**  
for answered prayers.



**Mark & Heather Gardner**  
Owners | Parishioners  
311 Frederick St.  
Fredericksburg, VA 22401  
(540) 706-4302  
[rexrappahannock@gmail.com](mailto:rexrappahannock@gmail.com)  
@RexRappahannock



**Colonial  
INTERNAL  
MEDICINE  
Associates**  
St. Mary Parishioners

*Serving Fredericksburg & Stafford*

125 Olde Greenwich Dr, Suite 300  
Fredericksburg, VA

394 Garrisonville Rd, Suite 103  
Stafford, VA

Dr. McDowell • Dr. Marrow • Dr. Wolanska  
Dr. Elbert • Kristie McDowell, PA-C • Sean Bodin, PA-C  
Neelam Parikh, PA-C • Ben Garrison, PA-C  
Lauren Brunner, PA-C • Jasmine Taborn, PA-C  
James Sapp, PA-C

540-374-5599 • [www.cimava.com](http://www.cimava.com)

*True experts in primary care.*

