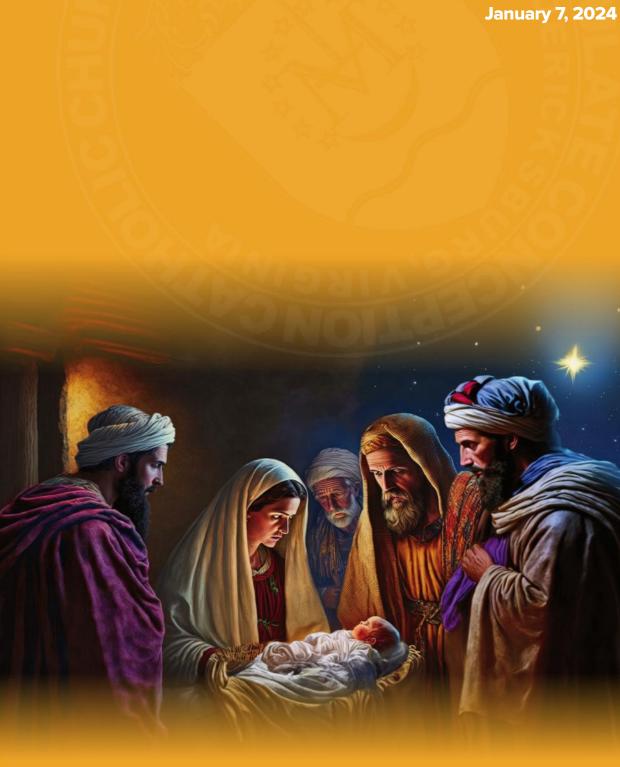
THE EPIPHANY OF THE LORD



Saint Mary of the Immaculate Conception Roman Catholic Church 1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

let's celebrate! all are welcome!



SAINT MARY CAPITAL CAMPAIGN COMMITTEE INVITES YOU TO



JOIN US IN CELEBRATING YOUR GENEROSITY IN REACHING OUR CAMPAIGN GOALS!



COME ENJOY A TACO OR TWO! FREE TACOS FOR EVERYONE!

PLEASE HELP US ENSURE WE HAVE ENOUGH FOOD BY YOUR RSVP

CALL THE OFFICE OR EMAIL WITH FAMILY TOTAL 540-373-6491 OR STMARY@STMARYFRED.ORG

from our pastor

Dear folks,

A blessed Feast of the **Epiphany** to you! Unless your family is of Eastern European descent, this feast may not be on your radar with the same level of importance as Christmas and Mary Mother of God (Jan 1st). But the word epiphany means 'manifestation' whereby the Lord God makes Himself known to us and His glory is made visible! Some families exchange their gifts today, and not on Christmas! I don't know that I could have waited, but it is a venerable tradition that connects gift giving to the 3 wise men!

However, which is more important: what God gives us? or what we give Him? Hence I take consolation in the gift exchange being connected to God's giving us His only Son! Merry Christmas, Happy New Year, and **Blessed Epiphany!**

Did Jesus love tacos?

You may say that is a 'clown question,' but as a young boy, I am sure Jesus had favorite foods! I once read of a little boy who asked Jesus if he liked bananas when He was little. Jesus answered, "there were no bananas where I lived, when I live, but since you love them and I am in you: yes, I love bananas now!" By that simple logic, yes, Jesus loves tacos, because I love them and He is in me!

Taco Celebration!! To celebrate the success of our Capital Campaign, I am inviting you to come by next Saturday for a free taco lunch: 11 am to 3 pm! All families are welcome, stop by when you can during that time, and enjoy tacos with me in celebration of all the hard work we have done to benefit the school and parish!

We are not going to turn anyone away, but we also don't want to run out of tacos, so weare asking for RSVPs! Please call or email the parish office by Thursday to RSVP and let us know how hungry you are!!

Hope to see you Saturday!!

Religious Freedom Rally: A word of thanks for the Knights of Columbus who help organize a rally every year to remember that religious freedom movement in our country was born here in Fredericksburg! Bravo! This year's rally is Sunday January 14th, with more info in the bulletin here.

Pax.

Father Mosium

Very Reverend John P. Mosimann, V.F. Pastor

announcements



contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm Saturday 9am Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Divine Mercy, Wednesday, 3pm First Friday 7pm Norvus Ordo (Latin Mass) First Saturday 8:00am – Fatima Prayers & Rosary followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday 8:30am - 9pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor Reverend Phillip Cozzi, Parochial Vicar Reverend Robert Renner, Parochial Vicar Reverend Tim Courtney, Parochial Vicar Reverend Kevin Dansereau, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Giovanni Camacho

stmaryfred.org

MUSIC

Director of Music, David Uschold Assistant to the Music Ministry, Emma Atkinson

HOLY CROSS ACADEMY

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553 Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas Associate Director, Katherine Evans Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA) Director, Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception 1009 Stafford Avenue, Fredericksburg, VA 22401

WE WELCOME YOU HOME. 540-373-6491

education

holy cross academy

Next Open Houses - January 28, 2024, 1-3pm

Holy Cross Preschool at St. Mary will be hosting an open house on January 28 from 9:30am - 12pm in the Parish Life Center.

Holy Cross Academy will be hosting an open house on January 28 from 1-3pm. for families who are interested in learning more about our amazing school. Don't miss the opportunity to take a tour, talk to teachers and meet members of our school community. The online application link will open for new families at the end of January.

Moving into the New Year

Our time before winter break at HCA preschool was full of so many fun learning opportunities. We learned all about the birth of Jesus and our four year old classes were able to perform a Nativity play for their families. We created many special keepsakes for our families and then we ended our time together before Christmas by hosting a Happy Birthday Jesus party.

After a nice long break, our preschoolers came back together on January 3rd. Learning about the Three Wise Men and their gifts to baby Jesus was just the right way to start 2023. As the month continues, there will be lots of opportunities to learn about baptism, winter, snow, hibernation, and polar animals. Holy Cross Academy is such an amazing place to learn and play!

The enrollment window for the 2024-2025 school year is just around the corner! If you have a child that will be three or four next year and would like to learn more about our preschool program. Please reach out to our director, Mrs. Sheri Castellarin via email at preschool@holycrossweb.com or by phone at 540-373-7553.







A National Blue Ribbon School of Excellence







christmas flowers

in honor of

Abel & Sonia Iraheta Alicia De Reel Anthony Franzello Antonia Duque Brittany Durst Burke & Derouin Family **Burke Family** Candy O'donnell Capt Donald Mccarthy Carlos Fortunato Martinez Carlson Family Connie Konczyk Dan Jawonowki Family Daryl Jenkins David SiMs.& Family **Derouin Family** Donna Godek Douglas & Jean Howell Dr. & Mrs. William Holls Ernesto Gonzalez Fabian & Vivian Egejuru Familia Spencer Family & Friends Of Fannie Wiggins Felipe Reves & Maria Quiroz Fontenot Family Members Hardesty Family Izzo Family J. Alvarez Jack Miniuk Family Jackie Morfey **Jesus Gonzalez** Johnson Family Joseph & Elaine Stanislawski Joseph Lucania Karen Smiley Kathleen Sober Kenneth & Kristie Mcdowell Kristi Durst Lawrence & Maryann Delaney Leonard & Sylvia Fontenot Lily Jones Living Members Of The Cushing Family Lombardi Family Marian Jones Marilyn & Ed Knapp Mary Jones Mary's Shelter Michael & Rose Fedowitz & Family Michael L Sims Mike SiMs.& Family Mr David Gragan Mr Edgar Avila

Mr Edgar Paz & Mrs Rosa Gutierrez Mr Edward Baker Mr George Flynn Mr Jonathan Clark Mr Jose Lopez Mr Jose Moreno-Capuzano Mr Leon Keiser Mr Miguel Corral Mr Rodolfo Rojas Mr Vincent Romoneda Mr. & Mrs. Afredo Ortega Montes Deoca Mr. & Mrs. Albert D'arcangelo Jr Mr. & Mrs. Albert Waineo Mr. & Mrs. Anastacio Ramirez-Alvarado Mr. & Mrs. Andres Gonzalez Mr. & Mrs. Bell Mr. & Mrs. Cameron Mr. & Mrs. Charles Emarino Mr. & Mrs. David M Medosch Mr. & Mrs. Edward Setlik Mr. & Mrs. Edward Sismour Mr. & Mrs. Enrique Mendez Mr. & Mrs. Ernest Dawson Mr. & Mrs. Gonzalo Guacena Jr Mr. & Mrs. Gustavo Guadarrama Mr. & Mrs. Harvey Glover Mr. & Mrs. Jacob Hoppel Mr. & Mrs. Jason Long Mr. & Mrs. Joel Amey Mr. & Mrs. John Cardone Mr. & Mrs. John Steiner Mr. & Mrs. John Zaloudek Mr. & Mrs. Jose Montesinos Mr. & Mrs. Joseph Sferrella Mr. & Mrs. Juan Velasquez Mr. & Mrs. Kim Nguyen Mr. & Mrs. Larry Brown Mr. & Mrs. Machado Castro Mr. & Mrs. Martinez Mr. & Mrs. Mendieta Mr. & Mrs. Michael Bonacci Mr. & Mrs. Michael Brooks Mr. & Mrs. Michael Pukish Mr. & Mrs. Najarro Mr. & Mrs. Page Mr. & Mrs. Paul Glancy Sr Mr. & Mrs. Phoang Nguyen Mr. & Mrs. Raul Pena Mr. & Mrs. Richard Laroche Mr. & Mrs. Richard Marcell Mr. & Mrs. Robert L Stiegler Mr. & Mrs. Roderick Estrada Mr. & Mrs. Rolando Blasquez

Mr. & Mrs. Ronald Watts

Mr. & Mrs. Sandkuhler Mr. & Mrs. Selvin Melendez Mr. & Mrs. Stephen L Meyer Mr. & Mrs. Thanh-Hai Nguyen Mr. Adam Vu Mr. Cletus Atingatang Mr. Herman Peguese Mr. Jeff Everett Mr. Julio Alvarez Mr. Monty Williamson Mr. Richard Mcmullen Mrs Arlene Rager Mrs Elaine Mcbennett Mrs Juana Merino Mrs Miriam Henry Mrs. Martha Novotnak Mrs. Mildred Sanchez Ms.Beatriz Gutierrez Ms.Cathy Brown Ms.Maria Martinez Ms.Maura Barrientos Ms.Miriam Mejia Ms.Patricia Cabrera Ms. Teresa Bonilla Ms.Teresa Gulley Nedla Keeton Noelia De Jesus Norma Bailey Oscar & Daysi Benitez Ostenhold Family Members Paul Mesterhazy Peggy Herron Robert J Campbell Rodrigo & Felipa Ceballos Rosetta Family Skinner Family Sonia Reel St. Mary's Priests Stanton & Connor Family Terence & Kathie Dillon The Harvin Family The Ryckeloy Family Theresa Morton Tina De Carbo Walts Family Yolanda Hill

our parish happenings



Presented by St. Mary of the Immaculate Conception, Fredericksburg

õ

350 Lansdowne Rd. Fredericksburg, VA 22401

Jhis Mouth Why Catholicism?

Strangeways Brewing

David Bereit is the founder of 40 Days for Life and pro-life speaker. Far more importantly, he is a loving husband and father here in Fredericksburg, VA. For 28 years he attended Mass with his wife as a Presbyterian and five years ago he entered the Catholic Church. He will be sharing some of his own story about what he learned that finally brought him into full communion. Simply, he will be answering the question, "Why Catholicism?" This is a night not to miss! Come join for good friends, good beer, and good conversation.

MON. JANUARY 8

Doors open at 5pm Presentation at 6:30pm



David Bereit

Open to all!

Young families welcome!



Cursillo Group Reunions/Faith Based Sharing Groups

ALL ARE WELCOME!

All are invited to join a small faith based sharing group, aka Group Reunion, or 4th Day Group beginning January 2024.

Group #1 will meet on Thursdays, January 11, 2024, following the 12 noon Mass at St. Mary. This group will meet in the Fr. Rooney Room, aka Cross Room at the back of the church from 12:45-2:15. Please be prompt. Contact Tammie Chute, **tammieachute@gmail.com** or **540-370-6343** (please leave a message).

Group #2 will meet at the home of Lily Alarcon on Thursday evenings, beginning January 11, 2024 at 7pm. Contact Lily Alarcon, **aljc0909@ yahoo.com** or **540-834-3186** (please leave a message regarding small group reunion).

Group #3 a men's group will meet at the home of Phil Fick. Contact: **philip. fick@gmail.com** for more information.

You may contact Tammie Chute at the above listing for information on any of these groups or a Cursillo Retreat in 2024! De Colores!

Super Bowl Scrip

Get ready for the big game now with Scrip! It's never too early to start stocking up for game day. Stop by the Scrip table today and exchange your cash or check for gift cards to use at Giant, Publix, Weis, Walmart, Target, or Buffalo Wild Wings. We also have a Visa debit card for all the other places you may need to pick up items for the big day. Then get ready to shop with your gift cards and pick up all your treats and decorations to make the game great!

To set up an account at **raiseright.com**, and use our school code so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or need the school code, please email the Scrip Coordinator at **scripcoordinator@holycrossweb**. **com**. Thanks for using SCRIP and supporting HCA!

our parish

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

Monday to Wednesday, January 8 to 10

Religious Education Classes, Parents attend class with their children

Saturday, January 13

Catechist Certification Classes in the St. Joseph Building; Topic CAT 101: Catholic Education: What Every Teacher Needs to Know (Part 1)

Monday to Wednesday, January 15 to 17

No Religious Education Classes

Tuesday, January 16

Third Catechist Meeting Certification/Franciscan At Home and Catechist certification 5:30 - 8:30pm

Thursday, January 18

Year 2/Grade 8 Formation Night #2 in the Church from 7-8pm

Saturday, January 20

Baptism of Religious Education students at 12 noon in the church

Saturday, January 20 SPRED classes in the PLC 10am-12 noon

Saturday, January 20

Catechist Certification Classes in the St. Joseph Building, Topic CAT 101: Catholic Education: What Every Teacher Needs to Know (Part 2)

Monday to Wednesday, January 22-24 Religious Education Classes, Semester Two begins

Monday to Wednesday, January 29-31 **Religious Education Classes**

Wednesday, January 31

Final deadline for any missing Confirmation paperwork or Works of Mercy logs

Religious Education Family Week, January 8-11

Parents are reminded that the first week of class every January is Family Week. Parents attend Religious Education classes with their children. The goal of this week is to give parents an update on how the Religious Ed school year is progressing and to help parents nurture the Catholic environment in their homes. Most Religious Education takes place in the home, so what we do in homes is very, very important. Keep in mind these Ten Principles to Nurture Your Child's Faith:

- 1. Listen with your heart as well as your head.
- 2. Encourage wonder and awe in your child.
- 3. Coach your child in empathy early. It's a building block for morality.
- 4. Display religious artwork in your home. This will serve as a steady witness that faith is an important part of life.
- 5. Gently guide your child to a life of honesty.
- 6. Whenever appropriate, model to your child how to say, "I'm sorry." (A parent's apology can be very impactful!)
- 7. Eat meals together regularly as a family. It will be an anchor for your child in days to come.
- 8. Pray together in good times and bad. Worship together regularly as a family, especially at Sunday Mass.
- 9. Be generous to those who need help. Make helping others an important focus of life as family.
- 10.See your child for the wonder that God made. Communicate your conviction that your child was created for a noble purpose - to serve God and others in this life and to be happy with God forever in the next.

Announcement from the Office of Faith Formation

Dr. Katherine Howe Evans will present catechist certification courses beginning in January at St. Mary of the Immaculate Conception in Fredericksburg. Dr. Evans is a gifted educator, with a doctorate in education and a master's degree in theology. Classes are open to catechists, teachers, home educators, and any adults wanting a systematic formation in the faith. Come, learn the faith from someone who loves to share it. All are welcome to this free program (just bring your own lunch). To register: https://forms. office.com/r/3yWZMRWde9

"The whole Christian community is responsible for the ministry of catechesis, but each to his particular condition in the Church: ordained ministers, consecrated persons, lay faithful. ... The catechist belongs to the Christian community and is an expression of it. His service is lived within a community that is the main provider of accompaniment in the faith." National Directory for Catechesis, pages 72-73.



our parish happenings

Come celebrate Religious Freedom

Join the 50th year of this historic procession through the streets of Fredericksburg with the 4th Degree Rappahannock Assembly Knights of Columbus. The procession will conclude at the Religious Freedom Monument on Washington Avenue marking the 233rd anniversary of the Bill establishing Freedom to choose the way we praise God.

January 14 | Fredericksburg VRE station Procession starts at 1:30pm

Unable to march?

Join us for the ceremony at the Memorial Monument at 2pm

Keynote Speaker

Ret Msgr John Cregan, Retired USMC Lt. Colonel and Current Deputy State Chaplain of VA Knights of Columbus

God Bless America

Plenary Indulgence Announcement

Bishop Burbidge has announced the opportunity for a plenary indulgence on the occasion of the 800th anniversary of "Christmas in Greccio" where Saint Francis of Assisi commemorated the birth of the Lord starting with a nativity scene and the celebration of the Eucharist.

The indulgence is granted by the Holy See to anyone who visits a church run by the Franciscan family and spends time in prayer before the nativity scene while also fulfilling the usual conditions of Sacramental Confession, the reception of Holy Communion, and offering prayers for the intentions of our Holy Father, Pope Francis. Those who are sick or unable to participate physically may equally benefit from the gift of the plenary indulgence, offering their sufferings to the Lord or carrying out practices of piety.

The indulgence is granted from December 8, 2023, the Solemnity of the Immaculate Conception, until February 2, 2024, the Feast of the Presentation of the Lord. In the Diocese of Arlington, parishioners may visit Saint Francis of Assisi Catholic Church in Triangle and Saint Joseph Catholic Church in Herndon.

St. Mary Book Club

We will meet Tuesday morning, January 9, at 10am in the Father Don Rooney Community Room. The book we will discuss is "Mea Nico," the latest book by our own Donna Lee Davis. It is a novel based on the life of Saint Nicholas - perfect for this time of year. New members are always welcome.

CCW to Hear from Micah

Please join your St. Mary Council of Catholic Women at 10am on Tuesday, January 16, in the Father Rooney Community Room on the church courtyard. Our special guest will be Knight and parishioner volunteer Rich LaRoche, speaking about Micah Ecumenical Ministries, particularly the Furniture Bank Ministry. We will also hold a brief business meeting, enjoy refreshments, have a 50/50 \$\$ drawing, and be blessed with prayer and fellowship. Everyone is welcome! Find out more about your CCW at stmaryccw.org and our Facebook page, fb.com/StMarvCCW, and sign up to receive our Newsletter at StMaryCCWNews@aol.com.

Join Us to Say Public Rosary at St Mary

Join other parishioners at noon in front of St. Mary on Saturday, January 20 (3rd Saturday of the month) to pray the Rosary as requested at Fatima by our Lady for Peace. RSVP to **michaelgkasey@** verizon.net

our parish happenings

Don't Miss This Life-Changing Retreat

Marian Consecration is a great weapon to fight the evils against the Church and in the world. Mary will obtain the grace for us to trust in God's Mercy, as she is the Mother of Mercy.

Experience this extraordinary 33-day journey to Marian Consecration with four giants of Marian spirituality: St. Louis de Montfort, St. Maximilian Kolbe, St. Mother Teresa of Calcutta and St. John Paul II. Fr. Gaitley masterfully summarizes their teaching, making it easy to grasp and simple enough to put into practice. He weaves their thought into a user-friendly retreat that will bless even the busiest of people. So if you have been thinking about entrusting yourself to Mary for the first time or if you are simply looking to deepen or renew your consecration to her, 33 Days to Morning Glory is the right book to read and the perfect retreat.

We will make our consecration together at the March 25th Mass.

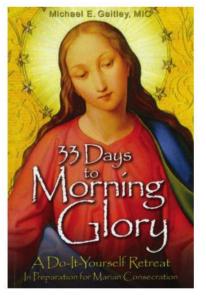
Retreat Sessions to be held

February 15th, 22nd, 29th March 7th, 14th, 21st (HCA Library) Thursday 7pm - 8:30pm

MUST REGISTER NO LATER THAN February 6 Cost: \$13 for the Book

Name_____

Email



Phone _____

For more information, call **Donna Harring at 540 316-1105 or donnaharring2@gmail.com**. Bring this registration and drop off a \$13 payment for the book at the parish office. *Please make the check payable to Donna Harring*.

Is the Lord Calling you to Serve Your Community?

The School Dressing Days (SDD) Program which has served the greater Fredericksburg Area for over 15 years in providing over 1,050 children with backto-school clothing and supplies, is seeking new co-chairs to continue the vital work of SDD. If you are interested or would like more information, please reach out to Carleen Delio at 540-412-9608.

St. Cecilia Children's Choir Inviting New Members

The music ministry of Saint Mary would like to invite all children grades 2 through 8 to be a part of the St. Cecilia Choir. The choir rehearses on Thursday evenings from 4:45-6pm and provides music for the 8:30am Mass on Sunday mornings. Christmas is soon going to be upon us and the St. Cecilia Choir has begun preparation for the 4pm Christmas Eve liturgy, and some new voices would definitely bring joy to the Christmas celebration! Those who are interested should contact David Uschold, Director of Music and Organist, through the church office at **540.373.6491** or by email at **duschold@stmaryfred.org**.

Adult Confirmation

We will begin Adult Confirmation classes for all those who have been Baptized and received First Communion, but have not had the opportunity to be Confirmed. The first class will be Tuesday, January 23 at 7pm in the Parish Office library. If you would like to sign up for the classes, please call the Parish Office to register, leaving your name, phone and email address. Thank you.

Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (e.g. white socks, thermal underwear, men's boxer briefs, women's underwear and t-shirts). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, **dolovewalk.ne**t or Thurman-Brisben Homeless Shelter, thurmanbrisbencenter.org.

WE WELCOME YOU HOME. 540-373-6491

our parish



Thy Kingdom Come

Claim Your Royal Dignity and Inheritance

Get Inspired to **LIVE** a HEROIC LIFE

Schedule for each week: 6:00 am—Hot Breakfast (PLC) 6:50 am—Presentation (Church)

Use this QR code to register. Questions, contact Peter Paquette paquettepeter@yahoo.com



Spring Semester

	Session 14	Jan 20	Resilience and Perseverance
	Session 15	Jan 27	Son of Man, Do You See?
	Session 16	Feb 3	A Time for Purification
	Session 17	Feb 10	The Kingdom is Like A Dragnet
	Session 18	Feb 17	Just a Guy in the Pew
	Session 19	Feb 24	The Narrow Gate
	Session 20	Mar 2	A Tale of Two Cities
ĺ	Session 21	Mar 9	The Darkness of Modern Culture
		Mar 16	Unbound Retreat NOTMIY
	Session 22	Mar 23	A Civilization of Love
		Mar 30	Easter Weekend NOTMIY
	Session 23	Apr 6	A Life of Dissipation
I	Session 24	Apr 13	Working in Redemption
ĺ	Session 25	Apr 20	Kingdom is Like a Great Banquet
İ	Session 26	Apr 27	A Royal People

WWW.TMIY.ORG







St. Mary of Immaculate Conception

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with *Him is the GREATEST GIFT OF LOVE – the tender love of* Our Father in Heaven" - St. Mother Teresa of Calcutta

> Contact: Serena Nguyen, Coordinator Adoration@stmaryfred.org



ERESTÚ!

y Fight Club Jovenes Grados 7-12

Convirtiéndose En un Hombre Conforme al Coraźon de Dios

Inspírate a **vivir** una **VIDA HEROICA**

Horario para cada semana: 6:00 am—Desayuno Caliente (PLC) 6:50 am—Presentación (Iglesia)

Utilice este código QR para registrse. ¿Preguntas? contacte a Domingo domingobautista@hotmail.com



Semestre de Primavera

Sesión 14	Ene 20	¿Qué Debo Hacer?
Sesión 15	Ene 27	¡Ese Hombre eres Tu!
Sesión 16	Feb 3	El Corazon del Hombre
Sesión 17	Feb 10	Convirtiendose en un hombre conforme al corazon de Dios
Sesión 18	Feb 17	Un corazón esclavizado por la carne
Sesión 19	Feb 24	Un corazon atado por el mundo
Sesión 20	Mar 2	Un descenso al autoaislamiento
Sesión 21	Mar 9	El ascenso de la mente a Dios
	Mar 16	Retiro de Unbound NOTMIY
Sesión 22	Mar 23	La práctica de la presencia de Dios
	Mar 30	Pascua NOTMIY
Sesión 23	Abr 6	La cara escondida de Dios
Sesión 24	Abr 13	El triunfo de la misericordia
Sesión 25	Abr 20	Mision 12.0
Sesión 26	Abr 27	Un Hombre Según el Corazón de Dios

WWW.TMIY.ORG

operations given in love

The next Financial Report will be published in the January 14 Bulletin. The Second Collection next weekend is for Parish Debt Reduction.

Thank you for your generosity!

First Offering Contributions to Help Offset Cost of Collection Envelopes

Each year in January the envelope packet always includes an envelope marked "First Offering" with a suggested donation of \$15.00. This is not a regular collection, but merely a request for a free-will offering to help offset the cost of the printing and bimonthly mailing of collection envelopes to more than 5,000 parish families. From July 2022 to June 2023, the parish's cost for the offering envelopes was \$23,339.48. First Offering donations received for the same period totaled \$5,374.51. Your generosity and support in helping to offset the cost of the envelopes is greatly appreciated.

Pro-Life Reflection

God does not make mistakes. When a human being is alive, it is because God wants him or her to be alive. People do not have to measure up to our standards or expectations in order to have dignity and deserve protection. "Lord, I pray for all those who are disabled, frail, and ill. Give them Your strength and peace, and give us the eyes to see their dignity and value." (Pro Life Reflections for Every Day)

Children's Charity - January

Camp Rainbow is held every Spring for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and oneon-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. For more information, go to marywashingtonhealthcare. com/ourservices/hospice.

MARCH FOR LIFE

Friday, January 19 Together We Gather to Celebrate Life

Pro-lifers from across the nation will gather at a Rally on the Mall in Washington, DC and proceed down Constitution Avenue toward the Supreme Court and the US Capitol. Participants are of all ages, from unborn babies to grandparents. It is especially thrilling and encouraging to note how many pro-life teenagers and young adults participate! This year's March will be held on Friday, January 19th to commemorate the 51st Anniversary of Roe v. Wade. Although Roe v. Wade has been overturned, there is still work to be done, and the March for Life will continue to take place every January until a culture of life is restored in the United States of America. Please plan to join your parish family in this peaceful protest against abortion.

St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright.

The buses for the March will leave immediately following the 9am Mass at St. Mary and will return to St. Mary at approximately 5:30pm. Participants are advised to dress warmly, wear comfortable shoes and pack a light lunch. Sign up sheets will be available in the vestibule of the Church after January 2nd.

Virginia Pro-Life Day & March for Life February 21

Save the date to join your parish for Pro Life Day in Richmond and the Virginia March for Life. Details will follow soon with bus information and the schedule.

WE WELCOME YOU HOME. 540-373-6491 12

liturgy daily bread

Saint Mary Prayer List - January

Please pray for those who are sick or in need, especially:

Barbara Drummond, Carlos Enrique, Chris Breth, Clifford Snipe, Connor Blaisdell, David Smetek, Donna Roehrich, Drew LoRusso, Hazel Tiller, Janet Weddell, Jason Stoker, Joanne O'Brien, Jorge A. Lecea, Karl Eugene, Lexi Haglund, Lisa Dunkin, Louise Ravert, Mary Beth Dobbins, Michael Fedowitz III, Migdalia Ortega, Patricia Wallace, Paula Snellings, Sal Castro, Shirley Bozicevic, Ted Jung, Tom O'Brien

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

Daily Mass Intentions

January

8 MONDAY

6:30am Francis Kuttas+ 9:00am Angela Tucker 12:00pm Tom Mathew Is 42:1-4, 6-7/Mk 1:7-11

9 TUESDAY

6:30am Eileen Criste+ 9:00am Michael Ryder, Sr.+ 1 Sm 1:9-20/Mk 1:21-28

10 WEDNESDAY

6:30am Father Tim Courtney 9:00am All Souls in Purgatory 12:00pm Teddy Kincaid 1 Sm 3:1-10, 19-20/Mk 1:29-39

11 THURSDAY

6:30am Jacques Tchibozo+ 9:00am Allyson Moore 1 Sm 4:1-11/Mk 1:40-45

12 FRIDAY

6:30am Antoine Tchibozo+ 9:00am Allyson Moore 1 Sm 8:4-7, 10-22a/Mk 2:1-12

13 SATURDAY

9:00am Michael and Anna Yalch+ 5:00pm Juan Sampler+ 7:00pm Tom and Pat Fish 1 Sm 9:1-4, 17-19; 10:1a/Mk 2:13-17

14 SUNDAY

Kerry Beltran 7:00am 8:30am For Our Parish 8:30am* Alfonso Bautista+ 10:30am James Holzworth 10:30am* Kathleen Mooney+ 12:30pm Edward Kelly 2:30pm Celeste Guerrero 5:00pm Gary Stephenson 7:00pm Helmut Sommer+ 1 Sm 3:3b-19/1 Cor 6:13c-15a--20/Jn 1:35-42

* Indicates Mass at Holy Cross Academy. Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

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