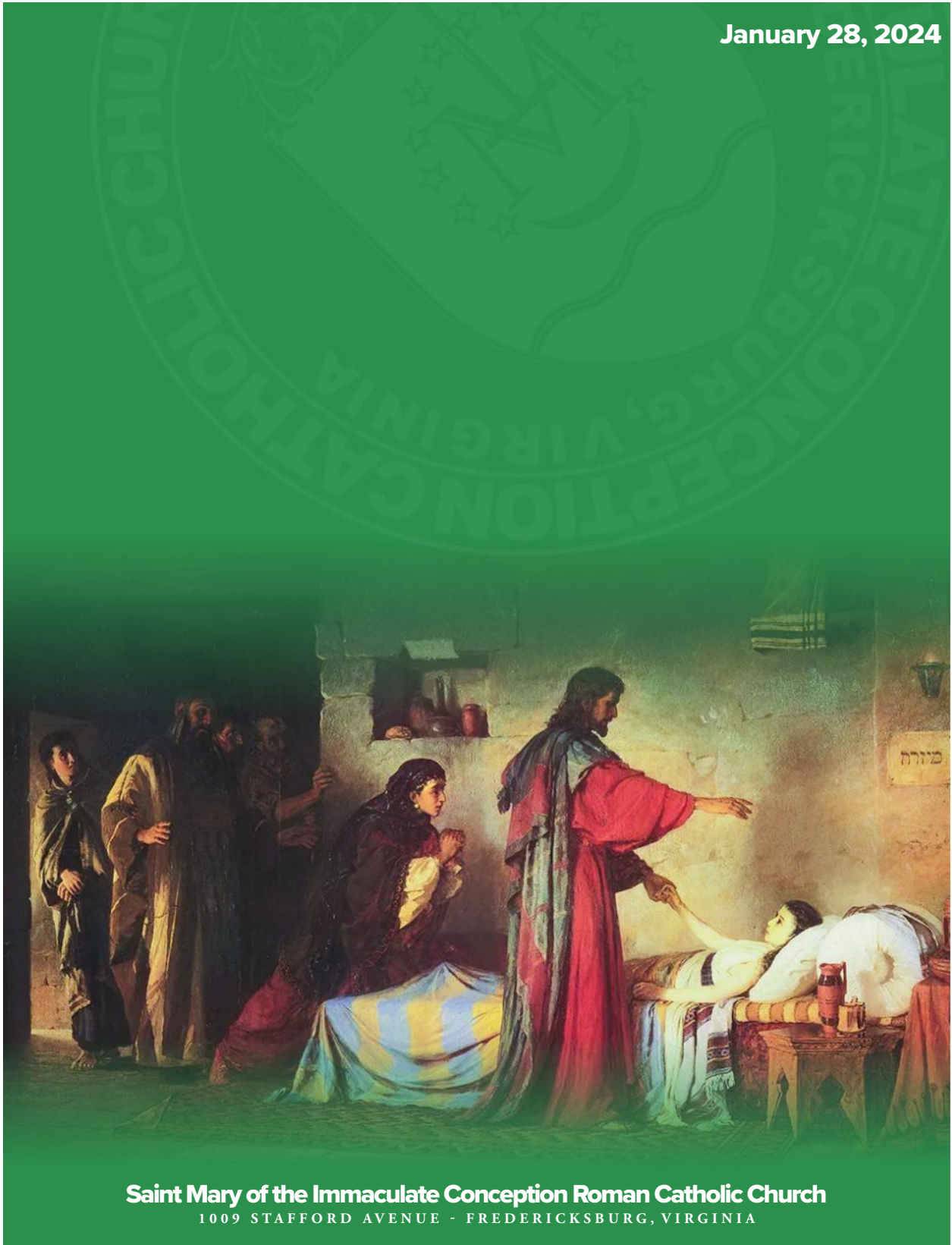


FOURTH SUNDAY IN ORDINARY TIME

January 28, 2024



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

grow our legacy in faith

CAPITAL CAMPAIGN UPDATE

A Special Thank You to the 1,177 parish families and HCA supporters who have made financial contributions to Grow Our Legacy of Faith and to support the expansion of Holy Cross Academy, the Adoration Chapel, and the identified Parish Campus improvements.

Number of Pledges to date: 1,177

Amount Pledged to date: \$7,226,555.86

Total Amount Paid: \$2,263,319.17

Percentage Collected: 31%

PLEDGE STATEMENTS

We hope to reach 100% of our Capital Campaign supporters who have made a pledge or have begun their pledge payments. If you have not yet made your first pledge payment, please consider doing so by February 1, 2024. Special Campaign envelopes can be found in your envelope package or payments can be set up and made through Faith Direct. Also, with a large portion of the work expected in 2024, having pledge payments on hand will lessen our financing needs. In addition to our annual contribution statements which are sent out at the end of January, we will be sending out pledge statements twice a year for transparency and accuracy purposes, assuring that our records match yours. You can expect your first pledge statement to arrive at the beginning of February.

WHY DO NEW PLEDGES MATTER?

Typically, a small percentage of pledges (between 5-10%) do not get fulfilled during a 5-year campaign because people move, struggle financially, or go home to Jesus. We hope to ensure that the parish has enough to meet all the identified needs. If all parish families join this transformative effort then those who struggle will be supported.

HOW CAN I PAY MY PLEDGE?

The two most common ways of paying for a pledge are via check or Faith Direct. If paying by check, please use the Growing Our Legacy of Faith Campaign envelopes, that you will receive in the mail that have been included in the January/February envelope package.

If paying by Faith Direct, you will need to set it up by going to Faith Direct and selecting the Parish Capital Campaign Growing Our Legacy of Faith. Please also make sure to complete your pledge card and turn it into the offertory basket if you have not had a chance to do so or if you are joining this parish-wide effort. You may also call us at 540-373-6491 if you have any questions or need assistance.

HOW DO I SET UP A FAITH DIRECT ACCOUNT?

1. Go to stmaryfred.org
2. Select Enroll in Faith Direct
3. Next Click on Enroll in Recurring e Giving
4. Scroll down to Campaigns - Growing Our Legacy of Faith
5. Click in the dollar amount box.
6. Complete the following information.

Parish Capital Campaign – Growing Our Legacy of Faith

Total Pledge

\$

0.00

This is how much you will give to the campaign overall, including previous, regular and initial gifts.

- Previous Gifts

\$

0.00

Have you made any gifts prior to joining Faith Direct? Enter that amount here.

= Pledge Balance

\$

0.00

This is the remaining balance due with scheduled, regular gifts through Faith Direct.

Faith Direct will collect

60

gifts

Regular Gifts

Monthly

at

\$

0.00

Start regular gifts on

Oct 16, 2023

Notes to St. Mary of the Immaculate Conception

Save changes

Cancel

from our pastor

Dear folks,

Director of Sacred Music Resigns. With great sadness, but trust in Divine Providence, I want to share with you that David Uschold has decided to move back to Ohio to be closer to family.

For nearly seven years David has been such a blessing to the life and worship of our parish family, that is really hard to put into words. Under his direction I have observed growth in choirs, and an ability to teach music and lead musicians that has been wonderful to behold.

Years ago, a choir member commented to me that they love to be challenged to learn new things. I think David has done an amazing job at exactly that! No matter the level of proficiency of the musician, he has been able to contribute to their artistic growth.

David will be with us here through Easter Sunday, and his last day will be Divine Mercy Sunday. So be extra sure to plan to attend the solemn liturgies of Holy Week and thank the Lord that David has shared his talents with our parish family. We will make plans to thank and honor him with the parish, and that information will be forthcoming.

Catholic Schools Week!!! A huge shout out to Dr. Fry and all of our school staff at Holy Cross Academy for their hard work and generosity in teaching and serving the children of our parish. This weekend our students are passing out cards after Mass to thank our parishioners for supporting the school and to celebrate both Catholic Schools Week and the success of our Capital Campaign!

Teaching and living our faith, is at the heart of the mission of the parish, and Holy Cross Academy is on the front lines of this work for so many parish families. I recall one time asking a pre-schooler what she had learned. Without hesitation, she looked up and said, "I learned that Jesus can never stop loving me. His grace is His love in my heart."

pax,



Pastor

We are Busy Making Final Plans for 2024 Lent!

DETAILS TO COME IN NEXT WEEK'S BULLETIN

St. Mary Parish Lenten Retreat /// Fr. James Searby /// 6:00pm

Tuesday, February 20 /// Wednesday, February 21 /// Thursday, February 22

Lenten Small Groups

Created by the Eucharistic Congress

Explore Your Eucharistic Faith

A dynamic, 7-session study designed to help you connect with your fellow parishioners as you fall deeper in love with our Eucharistic Lord. Immerse yourself in the beauty of our faith in an intimate small group setting, hear from some of the most brilliant voices in Catholicism, and explore the mystery of the Eucharist anew as a part of the National Eucharistic Revival.

Series is available in English, Spanish, and Vietnamese!

announcements



contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday 8:30am - 9pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Phillip Cozzi, Parochial Vicar
Reverend Robert Renner, Parochial Vicar
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Emma Atkinson

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Katherine Evans
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

education holy cross academy

Exciting Times!

It has never been a more exciting time to be a Holy Cross Academy Crusader! Throughout this year, we have been celebrating the 25th anniversary of our school and our rich tradition of Catholic education. Our enrollment has grown each of the past three years and we are anticipating increased enrollment in the coming year.

Please help us spread the word about the outstanding education available to students at Holy Cross Academy where we form young men and women to be saints, scholars, and leaders in the image of our Lord Jesus Christ and his Blessed Mother.

We are hosting an open house Sunday, January 28th at Saint Mary Preschool from 9:30am-12pm, and at Holy Cross Academy from 1-3pm. It's the perfect opportunity to learn more about our school and how your child can receive a Christ centered education.

Our diocese and parish go to great lengths to support financial aid opportunities so that finances do not prevent a child from receiving a Catholic education.

As spring approaches, we grow closer to breaking ground on a major campus expansion and renovation. Thanks to the generosity of our school and parish communities, a successful capital campaign has made it possible to build a new middle school wing, a designated cafeteria, a STEM lab, and a beautiful expanded school chapel.

The school expansion will also allow us to bring our preschool students on campus at Holy Cross Academy to unite all of our students under one roof.

DIOCESAN TUITION ASSISTANCE PROGRAM

Academic Year 2024-2025



What is the program?

The Diocesan Tuition Assistance Program provides financial assistance to families in Catholic schools in the Diocese of Arlington through funding from diocesan parishes as well as the Rooted in Faith~Forward in Hope Capital Campaign Endowment. It is open to all qualified students whose parents might not otherwise be able to pay the full cost of tuition.

Who is eligible?

- Students attending or accepted by a Diocese of Arlington Catholic school (K-12). Preschool/Pre-K students are not eligible. Not applicable to students of private independent Catholic schools associated with the Diocese and/or international students.
- Students who are Catholic and members of a parish in the Diocese of Arlington or military base parish.
- Families who reside within the boundaries of the Diocese of Arlington and are registered and active members of a diocesan parish or a military base parish.

How do I apply?

- Submit financial aid assessment application and all supporting tax documentation by due date. Applications will be completed electronically online at <https://online.factsmgmt.com/signin.aspx>
Only one application and processing fee is required per family.
- Families with students in **ELEMENTARY AND HIGH SCHOOL** should follow the high school due date.

Due Dates

Elementary/Middle School students March 13, 2024
Year of Tax Forms Required: 2023

High School Students January 5, 2024
Year of Tax Forms Required if submitted by due date: 2022
Year of Tax Forms Required if submitted AFTER due date: 2023

*Families applying for financial aid for both high school **AND** elementary/middle school students will need to submit BOTH 2022 **AND** 2023 tax forms.

Awards

Awards are made for **ONE ACADEMIC YEAR** and are based on each family's demonstrated financial need. Individual schools determine the amount and the distribution of all awards for each academic year. The schools will contact families when award decisions have been made and will credit the tuition accounts of approved families.

\$3,809,000 awarded in 2023

● For more information ●

Questions regarding financial aid process

Bo Zamoyta 703.841.2551
Bo.Zamoyta@arlingtondiocese.org

Questions regarding application

FACTS Management 1.866.441.4637
<https://online.factsmgmt.com/platform/customer-service>

Award decisions

Please contact your school.

Diocesan Tuition Assistance

<https://www.arlingtondiocese.org/Catholic-Schools/Tuition-Assistance/>



**A National
Blue Ribbon
School of
Excellence**



our parish religious education

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

Monday to Wednesday, January 29-31
Religious Education Classes

Wednesday, January 31
Final deadline for any missing Confirmation paperwork or Works of Mercy logs

Monday to Saturday, February 1-29
Year 2 Confirmation Interviews

Saturday, February 3
SPRED classes in the PLC 10am-12noon

Saturday, February 3
Catechist Certification Classes: Topic CAT 102: Teaching the Creed (Part 1)

Monday to Wednesday, February 5-7
Religious Education Classes, Students bring St. Mary SOUPER BOWL 2024 donations to class

Saturday, February 10
Catechist Certification Classes in the PLC Topic CAT 102: Teaching the Creed (Part 2)

Monday to Wednesday, February 12-14
No Religious Education Classes

Wednesday, February 14
Ash Wednesday

Thursday, February 15
Confirmation Year 1 Formation Night #3 in the Church from 7-8:15pm

Thursday, February 15 at 4pm
First Penance #1: Holy Cross Academy

Thursday, February 15 at 5pm
First Penance #2: Religious Education students on Mondays at 6:30pm

Friday, February 16 at 4pm
First Penance #3: Religious Education students who attend class on Mondays, Tuesday and Wednesdays at 4:45pm.

Friday February 16 at 5pm
First Penance #4: Religious Education students who attend class on

Tuesdays at 6pm
at HCA, Tuesdays and Wednesdays at 6:30pm and Home Taught students

First Penance students and parents are asked to arrive early so students can pray and prepare. vParents are also encouraged to go to confession

How to Raise Kids Who Care: 4 Ways to Cultivate Empathy

How do you raise kids who care? Education professor William Damon says that one of the first and most important steps in raising moral children is to nurture their ability to feel empathy. According to Damon, "Empathy toward those in distress" is one of the "elements of a universal morality."

The good news for parents is that empathy arises naturally in children at an early age and is easily nurtured through fun family activities such as watching movies together. You don't have to go looking for special events or situations to make this happen. A child receives the best moral education during normal daily situations when adults are actively engaged in that child's life. Here are a few ordinary opportunities where you might cultivate empathy in your children:

1. Read stories and watch movies together.
2. Allow your child to fully declare their feelings when they're having a difficult time with a sibling or friend.
3. Create a safe climate for your child to take responsibility for his or her actions—both good and bad.
4. Be a good listener.

CATECHIST CERTIFICATION CLASSES

It's not too late to sign up for the Catechist Certification classes being offered here at St. Mary's! Saturday classes are free and available to anyone interested in enriching their Faith.

THE CREED OF THE CATHOLIC CHURCH: February 2 & 10
THE SACRAMENTS: February 24 & March 23
THE MORAL LIFE: April 6 & May 11
PRAYER & TRADITIONS: May 18 & June 1

Come for a day/part of a day or take the whole course! Classes earn certification credits for catechists. Call Dr. Katherine Evans for more information (540-373-6491) or sign up at catholiceducationcenter.org.

our parish happenings

Super Bowl Scrip

Get ready for the big game now with Scrip! It's never too early to start stocking up for game day. Stop by the Scrip table today and exchange your cash or check for gift cards to use at Giant, Publix, Weis, Walmart, Target, or Buffalo Wild Wings. We also have a Visa debit card for all the other places you may need to pick up items for the big day. Then get ready to shop with your gift cards and pick up all your treats and decorations to make the game great!

To set up an account at raiserright.com, and use our school code so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or need the school code, please email the Scrip Coordinator at scripcordinator@holycrossweb.com. Thanks for using SCRIP and supporting HCA!

Join Us to Say Public Rosary at St Mary

Join other parishioners at noon in front of St. Mary on Saturday, January 20 (3rd Saturday of the month) to pray the Rosary as requested at Fatima by our Lady for Peace. RSVP to michaelgkasey@verizon.net.

Is the Lord Calling you to Serve Your Community?

The School Dressing Days (SDD) Program which has served the greater Fredericksburg Area for over 15 years in providing over 1,050 children with back-to-school clothing and supplies, is seeking new co-chairs to continue the vital work of SDD. If you are interested or would like more information, please reach out to Carleen Delio at 540-412-9608.

Adult Confirmation

We will begin Adult Confirmation classes for all those who have been Baptized and received First Communion, but have not had the opportunity to be Confirmed.

The first class will be Tuesday, January 23 at 7pm in the Parish Office library. If you would like to sign up for the classes, please call the Parish Office to register, leaving your name, phone and email address. Thank you.

Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (e.g. white socks, thermal underwear, men's boxer briefs, women's underwear and t-shirts). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolovewalk.net or Thurman-Brisben Homeless Shelter, thurmanbrisbencent.org.

St Mary Young Adults

Are you between the ages of 18 and 39 and looking to meet new friends in your community? Join the St. Mary's Catholic Young Adult Group! We strive to bring glory to God by serving the young adult population of our parish through faith building activities, opportunities to volunteer in the wider community and relationship building social events. To join us please contact Tyler at stmaryyava@gmail.com - we would love to have you!

Virginia Pro Life Day & March For Life

February 21

Save the date to join your parish for Pro Life Day in Richmond and the Virginia March for Life. Details will follow soon with bus information and the schedule.

Helpful Hints & Reminders

Did you know that when you write a check, you should use only black or blue ink? All other colors may look very nice, but they don't show up on bank scanners and bank employees have to return the check to us. So please use only black or blue ink when writing a check.

– When you receive your 2023 contribution statement, did you notice that one or more of the collections may have shown only a penny as your contribution. That's because when the envelope was received for posting in our database, no amount was written on the envelope, so a penny was entered to show that an envelope was received but the amount was unknown. Don't forget to write the amount of your contribution on the outside of your contribution envelope.

– If you are using a blank envelope for your contribution, please be sure to print your name, address, date and amount of donation on the envelope, as well as the purpose of the donation. We have had quite a few instances of envelopes being received without any name on it, so the contribution could not be posted.

– From time to time we receive contributions in envelopes from other parishes in the Diocese. If there is no notation, it is our policy to send these contributions to the parish indicated on the envelope. If your contribution is actually meant for St. Mary, please be sure to use St. Mary envelopes, or a plain envelope with your name and address indicated, or cross out the name of the parish on the envelope and clearly write St. Mary on the envelope so that we can process your contribution properly.

our parish happenings

Presented by St. Mary of the Immaculate Conception, Fredericksburg

THEOLOGY ON TAP

Fredericksburg

MON. FEBRUARY 5



Strangeways Brewing

350 Lansdowne Rd. Fredericksburg, VA 22401

Doors open at 5pm
Presentation at 6:30pm



This Month

Were the medievals so backwards?

Fr. Rampino is a priest of the Diocese of Arlington, is currently studying Historical Theology at the Catholic University of America, and is a native of Annandale, VA. He will speak to us about the Medieval period which is subject to many misconceptions and negative stereotypes. Fr. Rampino will provide what is hopefully a more accurate portrait of the various cultures of Medieval Europe, highlighting their incredible vibrancy, wild creativity, their incredible insights into human nature, and their deep love for God. This is a night not to miss! Come join for good friends, good beer, and good conversation.



Fr. Joseph Rampino



Connect With Us

fredericksburgtot@gmail.com

**Open to all!
Young families welcome!**

our parish happenings



SOUPER BOWL WEEKEND AT SAINT MARY'S

FEBRUARY 10-11

SCORE A **TOUCHDOWN** FOR THE
HUNGRY IN OUR DIOCESE BY
BRINGING CANS OF **HEARTY
SOUP OR RAVIOLI** TO MASS.
ALL CANS WILL BE **DONATED
TO THE ST. LUCY PROJECT!**

KNIGHTS OF COLUMBUS 3034

St. Valentine's Day Dinner/Social

You are warmly invited to join us and fellow parishioners on Saturday, February 10 in the Parish Life Center from 5:30-8:30pm for a Valentine's Day Dinner and Social Evening.

The evening's menu will include herb roasted chicken, roasted potatoes, asparagus, garden salad, and desserts.

The costs are as follows: Adults/teens \$15, Children (7-12) \$10, Children (under 7) Free, Seniors (60 & up) \$12, Please note: The maximum cost per family is \$40

Cash Bar (beer and wine). Must be 21 years of age or older to purchase or consume alcohol. All alcohol must be consumed on premises. All proceeds will go towards upgrading the PLC kitchen equipment.

St. Augustine's Chastity Integration Group

Becoming a man of sexual integration is an ongoing process, and we can help you on the journey. It is common for some who are not familiar with the group process to feel anxious but be assured your facilitators will create a safe environment to process what you are learning in the sessions in a healthy and positive way. The Sexual Integration group can help you deal with challenges you may be facing — from relationship issues, shame, self-control, confidence, and gain insight about physical, emotional & behaviors patterns.

For more information or to join group, please contact Catholic Charities Admin. Assistant at 540-371-1124 Mon-Thurs from 8am to 2pm.

What?

In-Person Therapy Support Group

Where?

Catholic Charities Family Services Bldg 1101 Stafford Ave Fredericksburg, VA [at house left side of St. Mary's IC Church]

When?

Starting Mon Feb 12th to Mon May 13th for 12 weeks from 5:30pm to 7pm

Who?

Any Male 18+ and older

Facilitators

Eva Ortiz & Peter Drabbant

our parish happenings

Don't Miss This Life-Changing Retreat

Marian Consecration is a great weapon to fight the evils against the Church and in the world. Mary will obtain the grace for us to trust in God's Mercy, as she is the Mother of Mercy.

Experience this extraordinary 33-day journey to Marian Consecration with four giants of Marian spirituality: St. Louis de Montfort, St. Maximilian Kolbe, St. Mother Teresa of Calcutta and St. John Paul II. Fr. Gaitley masterfully summarizes their teaching, making it easy to grasp and simple enough to put into practice. He weaves their thought into a user-friendly retreat that will bless even the busiest of people. So if you have been thinking about entrusting yourself to Mary for the first time or if you are simply looking to deepen or renew your consecration to her, 33 Days to Morning Glory is the right book to read and the perfect retreat.

We will make our consecration together at the March 25th Mass.

Retreat Sessions to be held

February 15th, 22nd, 29th March 7th, 14th, 21st (HCA Library)
Thursday 7pm - 8:30pm

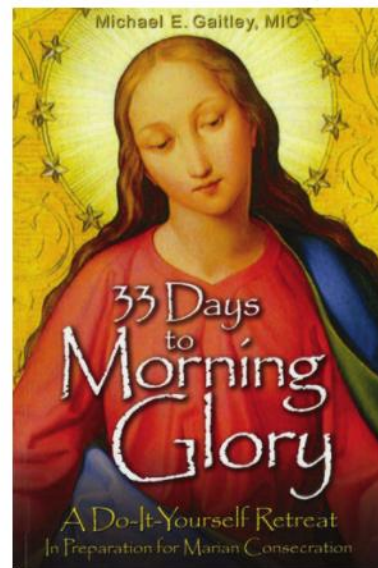
MUST REGISTER NO LATER THAN February 6

Cost: \$13 for the Book

Name _____ Phone _____

Email _____

For more information, call **Donna Harring** at 540 316-1105 or donnaharring2@gmail.com. Bring this registration and drop off a \$13 payment for the book at the parish office. *Please make the check payable to Donna Harring.*



Join TEAM ST. MARY on February 24 — The Coldest Night of the Year!

The Coldest Night of the Year is a winterrific family-friendly walk to raise money for MICAH ECUMENICAL MINISTRIES and help support people experiencing hurt, hunger, and homelessness. Team up, fundraise, walk, and gather for good... because it's cold out there.

To register to walk in the event with St. Mary for either 1 mile or a 5K, visit the link below and register. If you are unable to attend but want to support our efforts, click the link and donate to Team St. Mary.

coldest
*night
OF THE YEAR

All the details for the event are found on the link. Once registered, we will follow up with details on where to meet so we can walk together! Any questions, please reach out to Elena at edoyle@stmaryfred.org

Register by visiting
walk.w-ith.me/StMary
or scanning the code >>>



our parish happenings

Saint Mary Altar Society

Sacred Linens!

Needs YOUR HELP!

Do you have a few hours a month to launder the altar cloths, purificators and towels?

They need to be cleaned, pressed and sometimes, repaired.



Stain
removal



Washing



Drying



Ironing

Do you have a caring eye for detail?

Volunteers Needed!



Please contact our Coordinator,
Ginny Christina at
ginchristina@gmail.com to volunteer!

our parish happenings

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed Sacrament at St. Mary's EVERY Wednesday following the 12 noon Mass ALL DAY – ALL NIGHT Wednesday & Thursday Concluding on Friday Mornings at the 9am Mass.

"To be alone with Jesus in adoration and intimate union with Him is the GREATEST GIFT OF LOVE – the tender love of Our Father in Heaven"
- St. Mother Teresa of Calcutta

Contact: Serena Nguyen, Coordinator
Adoration@stmaryfred.org



TMIY

THAT MAN IS YOU!

FIGHT CLUB
Young Men 7-12 Grade

Thy Kingdom Come

Claim Your Royal Dignity and Inheritance

Get Inspired
to **LIVE** a
HEROIC LIFE

Schedule for each week:
6:00 am—Hot Breakfast (PLC)
6:50 am—Presentation (Church)

Use this QR code to register.
Questions, contact Peter Paquette
paquettepeter@yahoo.com



Spring Semester

Session 14	Jan 20	Resilience and Perseverance
Session 15	Jan 27	Son of Man, Do You See?
Session 16	Feb 3	A Time for Purification
Session 17	Feb 10	The Kingdom is Like A Dragnet
Session 18	Feb 17	Just a Guy in the Pew
Session 19	Feb 24	The Narrow Gate
Session 20	Mar 2	A Tale of Two Cities
Session 21	Mar 9	The Darkness of Modern Culture
	Mar 16	Unbound Retreat NOTMIY
Session 22	Mar 23	A Civilization of Love
	Mar 30	Easter Weekend NOTMIY
Session 23	Apr 6	A Life of Dissipation
Session 24	Apr 13	Working in Redemption
Session 25	Apr 20	Kingdom is Like a Great Banquet
Session 26	Apr 27	A Royal People

WWW.TMIY.ORG



our parish happenings

UNBOUND HEART OF THE FATHER

Freedom in Christ Conference

Based on the 5 Keys to Freedom by Neal Lozano

- Are you anxious or fearful?
- Holding on to past hurts?
- Stuck in a cycle of sin?
- Feel that you are “no good”?



**Receive the freedom and love
that Christ intends for you!**



ST. MARY
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

For more
information:
stmaryfred.org
540-373-6491

March 15-16, 2024

Friday, March 15—6:30pm-9pm

Saturday, March 16—8:30am-8pm

\$80
per person

Includes food & materials
Financial aid available

Holy Cross Academy

250 Stafford Lakes Parkway
Fredericksburg, VA 22406

Register



vida parroquial

noticias en español

Centro Católico de Formación JSV

Retiro Tetelestai



contemplaremos

La gloria de Jesús en su pasión. Veremos los personajes y el escenario de la Última Cena, Pasión, Muerte y Resurrección de Jesús que manifiestan su gloria.

24 y 25 de febrero
Sábado 8am-6:30pm • Domingo 8am-4pm

Centro de Vida Parroquial
St. Mary of the Immaculate Conception
1009 Stafford Avenue
Fredericksburg, VA 22401

Regístrate



\$60

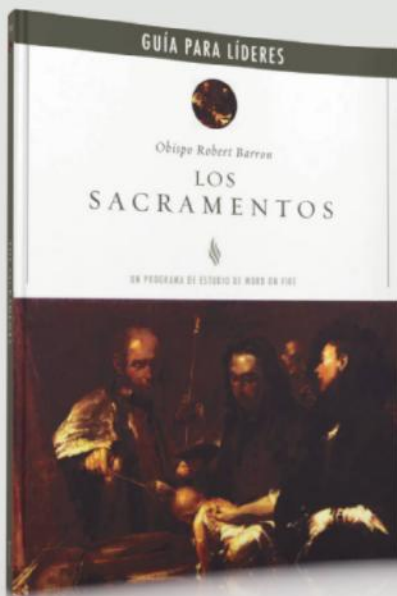
O en persona en la oficina con Giovanni
540-373-6491 o gcamacho@stmaryfred.org



JSV • Jesus Esta Vivo
www.mjesusestavivo.org



ST. MARY
of the
IMMACULATE
CONCEPTION
Roman Catholic Church



LOS SACRAMENTOS

- Jesús nos dio los siete Sacramentos; no los podemos rechazar
- Los Sacramentos nos ayudan a obtener la Gracia de Dios
- A través de los Sacramentos podemos obtener nuestra salvación
- Ven a crecer espiritualmente junto a tus hijos y prepárate para darles a ellos lo mejor de Dios
- No te quedes ni en tu carro ni en tu casa
- Las clases comienzan el 22, 23 y 24 de febrero todos los lunes, martes y miércoles a las 4:45 y 6:30 pm



our parish youth ministry

January 2024

Youth Ministry Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3 YOUCAT	4	5 MS YOUTH GROUP	6
7 HS YOUTH GROUP	8 SENIOR MINISTRY	9	10 YOUCAT	11 FEMININE GENIUS	12	13
14 HS YOUTH GROUP	15	16	17 YOUCAT	18	19 MS YOUTH GROUP	20 FIGHT CLUB
21 HS YOUTH GROUP	22	23	24 YOUCAT	25 FEMININE GENIUS	26	27 FIGHT CLUB
28 HS YOUTH GROUP	29	30	31 YOUCAT	1	2	3

Month of the Holy Name of Jesus

HIGH SCHOOL YOUTH GROUP (9th-12th)

Every Sunday, 6:00 - 8:30pm
Parish Life Center
Dinner, friends, and faith formation for high school!

MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm
Parish Life Center
Dinner, friends, and faith formation for middle school!

YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm
John Paul II House
Dive deeper into your Catholic faith!

FIGHT CLUB (7th-12th BOYS)

Every Saturday, 6:30-8:00am
Parish Life Center
Explore what it means to be a Man of God!

FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm
John Paul II House
Explore what it means to be a Woman of God!

SENIOR MINISTRY (12th)

January 8th, 5:00-6:30pm
Parish Office Conference Room
Join us for a potluck dinner and deeper discussion!



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High School Retreat!

FRIDAY, FEBRUARY 16TH - SUNDAY, FEBRUARY 18TH
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PERMISSION SLIPS DUE FEB. 4TH

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Donations Received January 10 - 17

Sunday Offertory	\$25,614.66
Parish Debt Reduction Fund	\$8,068.97
First Offering for Envelopes	\$657.00
Arlington Catholic Herald	\$302.00
Solemnity of Mary	\$510.00

Thank you for your generosity!

Church in Latin America La Colecta Para La Iglesia En América Latina

"Share Your Faith" - "Comparte Tu Fe"

This weekend we will take up the Collection for the Church in Latin America. For many in Latin America and the Caribbean, a rising secular culture, difficult rural terrain, and a shortage of ministers all present obstacles to practicing the faith. Your support for the collection provides lay leadership training, catechesis, priestly and religious formation, and other programs to share our Catholic faith with those who long to hear the Good News of Christ. To learn more about how your gifts make a difference, visit usccb.org/latin-america.

La próxima semana realizaremos la Colecta para la Iglesia en América Latina. Para muchos en América Latina y el Caribe, una creciente cultura secular, unos terrenos rurales difíciles y una escasez de ministros, son obstáculos para practicar la fe. Su apoyo a la colecta proporciona capacitación para el liderazgo laico, la catequesis, la formación para sacerdotes y religiosos y otros programas para compartir nuestra fe católica con aquellos que anhelan escuchar la Buena Nueva de Cristo. Para informarse más sobre cómo sus donativos hacen una diferencia, visiten usccb.org/latin-america.

Diocesan Newspaper Collection February 3 & 4

The Parish pays an assessment to the Diocese on 80% of its registered families for subscriptions to the Arlington Catholic Herald. All subscriptions paid to St. Mary during the year and contributions made in the Annual Diocesan Newspaper Collection stay with the parish to help offset this assessment. Last year we received a total of \$12,803.50 from the annual newspaper collection and quarterly subscription envelopes to help offset a \$71,092.00 assessment.

If you have not paid for or renewed your subscription to the Arlington Catholic Herald, we ask that you consider doing so now. The subscription rate of \$24.00 a year is one of the lowest of any Catholic newspaper with a circulation of 117,000, and the wealth of Catholic articles and information about your Diocese is invaluable. Green subscription envelopes are included with the January, April, July and October envelope packets for your convenience, and the Annual Diocesan Newspaper Collection is next weekend. Your generosity is truly appreciated, and we are very grateful for your constant support. God bless you

Pro-Life Reflection

Invoking the intercession of St. Joseph, foster father of Jesus, we pray that the Lord will bless all who travel upon the path of adoption. And, recalling the mercy which God our Father has shown to us, we also ask that, through our words and actions, they may encounter the outstretched hands of his mercy. *May all know the care of the Father, whose love for each person "gushes forth from the depths naturally, full of tenderness and compassion, indulgence and mercy" (Misericordiae vultus, 6).*

Children's Charity - February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to hazelwildfarm.com.

February 2 - The Feast of the Presentation of Our Lord Jesus Christ — the Light of the nations and the glory of Israel

"Beloved Christian, you esteem Simeon happy in having been permitted to take the Infant Jesus in his arms; and were you to receive a grace like him, no doubt you would exclaim: *'Now dost Thou dismiss Thy servant in peace: because my eyes have seen Thy salvation.'*" (*The Holy Eucharist, Jose Guadalupe Trevino*)



liturgy daily bread

Saint Mary Prayer List - January

Please pray for those who are sick or in need, especially:

Barbara Drummond, Carlos Enrique, Chris Breth, Clifford Snipe, Connor Blaisdell, David Smetek, Donna Roehrich, Drew LoRusso, Hazel Tiller, Janet Weddell, Jason Stoker, Joanne O'Brien, Jorge A. Lecea, Karl Eugene, Lexie Haglund, Lisa Dunkin, Louise Ravert, Mary Beth Dobbins, Michael Fedowitz III, Migdalia Ortega, Patricia Wallace, Paula Snellings, Sal Castro, Shirley Bozicevic, Ted Jung, Tom O'Brien, David Smetek

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 7-8pm and are open to the public at large. For more information call or text Wayne (540)840-5230 or Wanda (540)538-6978

Daily Mass Intentions

January

29 MONDAY

6:30am Soccro Dutra+
9:00am David Spellman+
2 Sm 15:13-14, 30; 16:5-13/Mk 5:1-20

30 TUESDAY

6:30am Karen Foote+
9:00am Jessica Ingram
2 Sm 18:9—19:3/Mk 5:21-43

31 WEDNESDAY

6:30am Joseph Dutra+
8:15am* Ralph Flohre+
9:00am Adeline Rose Jenkins
2 Sm 24:2, 9-17/Mk 6:1-6

February

1 THURSDAY

6:30am Servillano Ritual, Jr.+
9:00am Cecilio Albo+
1 Kgs 2:1-4, 10-12/Mk 6:7-13

2 FRIDAY

6:30am In Reparation
9:00am In Reparation
12:00pm In Reparation
7:00pm In Reparation
Mal 3:1-4/Heb 2:14-18/Lk 2:22-40

3 SATURDAY

9:00am Stephen Inguanti, Sr.+
5:00pm Mary Moline+
7:00pm George Johnson+
1 Kgs 3:4-13/Mk 6:30-34

4 SUNDAY

7:00am Emil Sowieja+
8:30am Margaret Alexandert+
8:30am* Mary Lou Halovich+
10:30am All Those Who Died in January
10:30am* For Our Parish
12:30pm Robert Joseph O'Brien+
2:30pm Maura Sanchez
5:00pm Mirko Zaunick
7:00pm Alan Cascio+
Jb 7:1-4, 6-7/1 Cor 9:16-19-23/Mk 1:29-39

** Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

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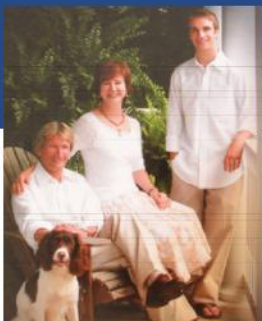
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