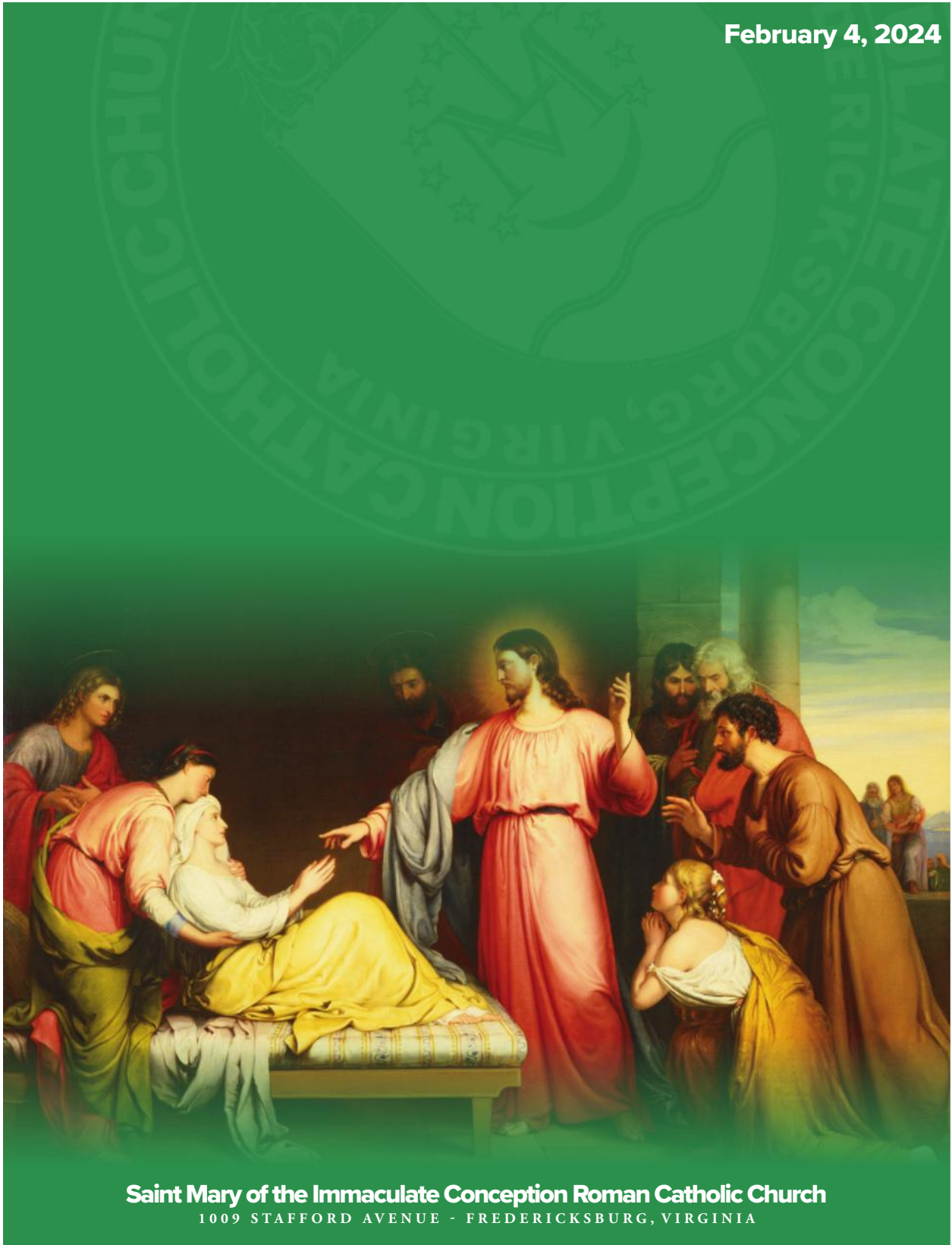


FIFTH SUNDAY IN ORDINARY TIME

February 4, 2024



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

grow our legacy in faith

CAPITAL CAMPAIGN UPDATE

A Special Thank You to the 1,177 parish families and HCA supporters who have made financial contributions to Grow Our Legacy of Faith and to support the expansion of Holy Cross Academy, the Adoration Chapel, and the identified Parish Campus improvements.

Number of Pledges to date: 1,177

Amount Pledged to date: \$7,226,555.86

Total Amount Paid: \$2,263,319.17

Percentage Collected: 31%

PLEDGE STATEMENTS

We hope to reach 100% of our Capital Campaign supporters who have made a pledge or have begun their pledge payments. If you have not yet made your first pledge payment, please consider doing so by February 1, 2024. Special Campaign envelopes can be found in your envelope package or payments can be set up and made through Faith Direct. Also, with a large portion of the work expected in 2024, having pledge payments on hand will lessen our financing needs. In addition to our annual contribution statements which are sent out at the end of January, we will be sending out pledge statements twice a year for transparency and accuracy purposes, assuring that our records match yours. You can expect your first pledge statement to arrive at the beginning of February.



WHY DO NEW PLEDGES MATTER?

Typically, a small percentage of pledges (between 5-10%) do not get fulfilled during a 5-year campaign because people move, struggle financially, or go home to Jesus. We hope to ensure that the parish has enough to meet all the identified needs. If all parish families join this transformative effort then those who struggle will be supported.

HOW CAN I PAY MY PLEDGE?

The two most common ways of paying for a pledge are via check or Faith Direct. If paying by check, please use the Growing Our Legacy of Faith Campaign envelopes, that you will receive in the mail that have been included in the January/February envelope package.

If paying by Faith Direct, you will need to set it up by going to Faith Direct and selecting the Parish Capital Campaign Growing Our Legacy of Faith. Please also make sure to complete your pledge card and turn it into the offertory basket if you have not had a chance to do so or if you are joining this parish-wide effort. You may also call us at 540-373-6491 if you have any questions or need assistance.

HOW DO I SET UP A FAITH DIRECT ACCOUNT?

1. Go to stmaryfred.org
2. Select Enroll in Faith Direct
3. Next Click on Enroll in Recurring e Giving
4. Scroll down to Campaigns - Growing Our Legacy of Faith
5. Click in the dollar amount box.
6. Complete the following information.

Parish Capital Campaign – Growing Our Legacy of Faith

Total Pledge

\$ 0.00

This is how much you will give to the campaign overall, including previous, regular and initial gifts.

- Previous Gifts

\$ 0.00

Have you made any gifts prior to joining Faith Direct? Enter that amount here.

= Pledge Balance

\$ 0.00

This is the remaining balance due with scheduled, regular gifts through Faith Direct.

Faith Direct will collect

60

gifts

Regular Gifts

Monthly

at \$ 0.00

Start regular gifts on

Oct 16, 2023

Notes to St. Mary of the Immaculate Conception

Save changes

Cancel

from our pastor

Dear folks,

Survey? Remember that from last year? Ok, I didn't formally publish the results in here, but didn't forget that you deserve an insight into the results. There were three focuses of the survey:

1. Extra Spanish Mass! This was the primary driver of the survey, provided results that were mixed at best, and led me to try to think of an "out-of-the-box" solution. The need and desire for another spanish Mass came through, but there was no clear winner on where/when the Mass should be. The least popular option was adding a spanish Mass at Holy Cross Academy. The most popular option was changing the 7pm Mass Saturday to Spanish. However, the number of folks who indicated they would attend that Spanish Mass was less than the English speakers who would 'lose their Mass!' Not ideal, to say the least.

Thus, the "out-of-the-box" solution: a 7 pm Saturday evening Mass in Spanish at St. Jude's! I started by jokingly calling it 'St. Mary's south!' When I approached Fr. O'Keefe about this idea, he was willing to talk, but there were things to work through. We have gotten there, so the Mass will begin on the first Saturday of Lent! (February 17th) The Mass will be celebrated by a combination of our priests, and guest priests who regularly help St. Jude's. I was happy to tell the 7pm folks here, that they won't be losing their Mass!

2. Capital Campaign. The results here were more about helping staff understand the impact and reception of the Capital Campaign. This was incorporated into our methodology and was helpful in showing that after receiving visits, parishioners were coming away happy with the level of information, and better informed about the process and goals of the campaign.

3. Economic Impact. The final area was connected with economic impact. This information was useful in our making the case that St. Mary's provides an important economic impact in Fredericksburg. This did help in shaping our strategy and answering City staff questions as we worked through the special exception application with the City in order to rezone some of our church property.

So thank you for your feedback! While I usually produce pages of statistics for the number crunchers to review, your feedback did convince me to seek a new, outside-the-box solution to the Mass question! If you really want to see some of the numbers, email me, and I'd be happy to send you the PDF for your perusal!

Lent Coming and Retreat!

Father James Searby will give our parish retreat the first full week of Lent, Feb 20-22 (Tues - Thurs). Father is a dynamic speaker, with a popular podcast (Holiness for the Working Day). I am confident that you will be edified and inspired! Mark your calendar and read the bulletin for more info as we get closer.

VA March and Bishop's letter

That same week, on Wednesday Feb 21, will be the Virginia March for Life. With the renewed attack on the sanctity of human life, it is more critical than ever to work on the local level to serve and defend life. Please see our bishop's statement about the recent rally in Manassas attacking this sacred value, as it is included here in English & Spanish.

I'll see you next week, as I am typing this in the Houston airport, on my way to Utah for the annual sacred ski trip!!

pax,



Pastor

¡Otra Misa en Español!

Todos los sábados a partir del
17 febrero de 2024



Nuestros sacerdotes de
St. Mary presidirán
Misa de vigilia dominical

Hora: 7:00pm
Lugar: St. Jude Catholic Church

9600 Caritas Street
Fredericksburg, VA 22408

announcements

St. Mary Coffee & Donut Shop

Following **ALL Morning Masses**

Come and enjoy some fellowship!

Ash Wednesday Mass Schedule

6:30am, 9am, 12pm, 4pm Latin Novus
Ordo, 6pm, 8pm bilingual at the church
4:30pm and 6pm at HCA

*Confessions are canceled Wednesday
morning and Wednesday Evening*

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am - Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday 8:30am - 9pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Phillip Cozzi, Parochial Vicar
Reverend Robert Renner, Parochial Vicar
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Director of Music, David Uschold
Assistant to the Music Ministry, Emma Atkinson

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Katherine Evans
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six
months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

education holy cross academy

DIOCESAN TUITION ASSISTANCE PROGRAM

Academic Year 2024-2025

Office of Catholic Schools
excellence by design



**A National
Blue Ribbon
School of
Excellence**



What is the program?

The Diocesan Tuition Assistance Program provides financial assistance to families in Catholic schools in the Diocese of Arlington through funding from diocesan parishes as well as the Rooted in Faith~Forward in Hope Capital Campaign Endowment. It is open to all qualified students whose parents might not otherwise be able to pay the full cost of tuition.

Who is eligible?

- Students attending or accepted by a Diocese of Arlington Catholic school (K-12). Preschool/ Pre-K students are not eligible. Not applicable to students of private independent Catholic schools associated with the Diocese and/or international students.
- Students who are Catholic and members of a parish in the Diocese of Arlington or military base parish.
- Families who reside within the boundaries of the Diocese of Arlington and are registered and active members of a diocesan parish or a military base parish.

How do I apply?

- Submit financial aid assessment application and all supporting tax documentation by due date. Applications will be completed electronically online at <https://online.factsmgmt.com/signin.aspx>
Only one application and processing fee is required per family.
- Families with students in **ELEMENTARY AND HIGH SCHOOL** should follow the high school due date.

Due Dates

Elementary/Middle School students March 13, 2024
Year of Tax Forms Required: 2023

High School Students January 5, 2024
Year of Tax Forms Required if submitted by due date: 2022
Year of Tax Forms Required if submitted AFTER due date: 2023

*Families applying for financial aid for both high school **AND** elementary/middle school students will need to submit BOTH 2022 **AND** 2023 tax forms.

Awards

Awards are made for **ONE ACADEMIC YEAR** and are based on each family's demonstrated financial need. Individual schools determine the amount and the distribution of all awards for each academic year. The schools will contact families when award decisions have been made and will credit the tuition accounts of approved families.

\$3,809,000 awarded in 2023

● For more information ●

Questions regarding financial aid process

Bo Zamoyta 703.841.2551
Bo.Zamoyta@arlingtondiocese.org

Questions regarding application

FACTS Management 1.866.441.4637
<https://online.factsmgmt.com/platform/customer-service>

Award decisions

Please contact your school.

Diocesan Tuition Assistance

<https://www.arlingtondiocese.org/Catholic-Schools/Tuition-Assistance/>

our parish religious education

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

Monday to Wednesday, February 5-7

Religious Education Classes, Students bring St. Mary SOUPER BOWL 2024 donations to class

Saturday, February 10

Catechist Certification Classes in the PLC Topic CAT 102: Teaching the Creed (Part 2)

Monday to Wednesday, February 12-14

No Religious Education Classes

Wednesday, February 14

Ash Wednesday

Thursday, February 15

Confirmation Year 1 Formation Night #3 in the Church from 7-8:15pm

Thursday, February 15 at 4pm

First Penance #1: Holy Cross Academy

Thursday, February 15 at 5pm

First Penance #2: Religious Education students on Mondays at 6:30pm

Friday, February 16 at 4pm

First Penance #3: Religious Education students who attend class on Mondays, Tuesday and Wednesdays at 4:45pm.

Friday February 16 at 5pm

First Penance #4: Religious Education students who attend class on

Tuesdays at 6pm

at HCA, Tuesdays and Wednesdays at 6:30pm and Home Taught students

First Penance students and parents are asked to arrive early so students can pray and prepare. vParents are also encouraged to go to confession

ABOUT CRS RICE-BOWL

The CRS Rice Bowl is the Lenten program of Catholic Relief Services, the official relief and development agency of the United States Conference of Catholic Bishops.



Rooted in the history of the Eucharistic Congress, the CRS Rice Bowl invites Catholics and faith communities in the United States to encounter God and our global family throughout Lent by practicing the pillars of prayer, fasting and almsgiving. Lenten alms donated through the CRS Rice Bowl support the work of CRS in more than 120 different countries each year. Twenty-five percent of donations to the CRS Rice Bowl stay in the local diocese, supporting hunger and poverty alleviation efforts. Since its inception in 1975, the CRS Rice Bowl has raised more than \$330 million. What is a CRS Rice Bowl?

A CRS Rice Bowl is a staple on the table of Catholic families across the country during Lent. This simple cardboard box is a tool for collecting Lenten alms, and comes with a Lenten calendar that guides families through the 40 days of Lent with activities, reflections and stories.

Stories of Hope

The CRS Rice Bowl shares stories of hope from CRS' work around the world. These stories are examples of the communities where your Lenten alms are changing lives. Stories are accompanied by a simple, meatless recipe that you and your family are encouraged to prepare on Fridays during Lent.

For more information, go to crsricebowl.org/about

CATECHIST CERTIFICATION CLASSES

It's not too late to sign up for the Catechist Certification classes being offered here at St. Mary's! Saturday classes are free and available to anyone interested in enriching their Faith.

THE CREED OF THE CATHOLIC CHURCH: February 2 & 10

THE SACRAMENTS: February 24 & March 23

THE MORAL LIFE: April 6 & May 11

PRAYER & TRADITIONS: May 18 & June 1

Come for a day/part of a day or take the whole course! Classes earn certification credits for catechists. Call Dr. Katherine Evans for more information (540-373-6491) or sign up at catholiceducationcenter.org.

our parish happenings

Super Bowl Scrip

Get ready for the big game now with Scrip! It's never too early to start stocking up for game day. Stop by the Scrip table today and exchange your cash or check for gift cards to use at Giant, Publix, Weis, Walmart, Target, or Buffalo Wild Wings. We also have a Visa debit card for all the other places you may need to pick up items for the big day. Then get ready to shop with your gift cards and pick up all your treats and decorations to make the game great!

To set up an account at raiserright.com, and use our school code so Holy Cross Academy gets credit for your purchase. If you have any questions about SCRIP or need the school code, please email the Scrip Coordinator at scripcordinator@holycrossweb.com. Thanks for using SCRIP and supporting HCA!

Helpful Hints & Reminders

Did you know that when you write a check, you should use only black or blue ink? All other colors may look very nice, but they don't show up on bank scanners and bank employees have to return the check to us. So please use only black or blue ink when writing a check.

– When you receive your 2023 contribution statement, did you notice that one or more of the collections may have shown only a penny as your contribution. That's because when the envelope was received for posting in our database, no amount was written on the envelope, so a penny was entered to show that an envelope was received but the amount was unknown. Don't forget to write the amount of your contribution on the outside of your contribution envelope.

– If you are using a blank envelope for your contribution, please be sure to print your name, address, date and amount of donation on the envelope, as well as the purpose of the donation. We have had quite a few instances of envelopes being received without any name on it, so the

contribution could not be posted.

– From time to time we receive contributions in envelopes from other parishes in the Diocese. If there is no notation, it is our policy to send these contributions to the parish indicated on the envelope. If your contribution is actually meant for St. Mary, please be sure to use St. Mary envelopes, or a plain envelope with your name and address indicated, or cross out the name of the parish on the envelope and clearly write St. Mary on the envelope so that we can process your contribution properly.

Micah Cold Weather Shelter

The Micah Cold Weather Shelter opened for the winter season on November 15 and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for the 30+ individuals that utilize the facility. Each participating church is asked to bring 3 dozen items (e.g. white socks, thermal underwear, men's boxer briefs, women's underwear and t-shirts). Please consider how you might be able to support this need—all donations are gratefully accepted at our Parish Office. Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, dolovewalk.net or Thurman-Brisben Homeless Shelter, thurmanbrisbencenterv.org.

St Mary Young Adults

Are you between the ages of 18 and 39 and looking to meet new friends in your community? Join the St. Mary's Catholic Young Adult Group! We strive to bring glory to God by serving the young adult population of our parish through faith building activities, opportunities to volunteer in the wider community and relationship building social events. To join us please contact Tyler at stmaryyava@gmail.com - we would love to have you!

Is the Lord Calling you to Serve Your Community?

The School Dressing Days (SDD) Program which has served the greater Fredericksburg Area for over 15 years in providing over 1,050 children with back-to-school clothing and supplies, is seeking new co-chairs to continue the vital work of SDD. If you are interested or would like more information, please reach out to Carleen Delio at 540-412-9608.

Focus on Brain Health

Please join your St. Mary Council of Catholic Women on Tuesday, February 20 at 10:00 a.m. in the Father Rooney Community Room on the church courtyard. Our special guest will be Mike D'Ostilio, a member of the AARP Virginia Speakers Bureau, who will address us on "Brain Health." We will have a brief business meeting, a 50/50 \$\$ drawing, and refreshments! Mike will begin his presentation about 10:30 a.m. Everyone is most welcome! Please find out more about CCW at stmaryccw.org. Like us on Facebook at [fb.com/StMaryCCW](https://www.facebook.com/StMaryCCW) to keep in touch; and sign up for all the latest at StMaryCCWNews@aol.com. Let's meet in fellowship and get our minds right for a rewarding Lent!

from our bishop choose life

Bishop Burbidge's response to President Biden's pro-abortion rally in VA

President Biden has made abortion the centerpiece of his campaign. At a rally in Manassas, VA, he advocated for codifying Roe v. Wade into law. It is incredibly devastating to know President Biden would place "choice" over his sacred duty to protect life.

President Biden's rally took place just four miles from the Manassas Mother of Mercy Free Medical Clinic, where Catholic Charities of the Diocese of Arlington offers free prenatal care to pregnant women in need and their unborn children. In the year after the Dobbs v. Jackson Women's Health decision, the Diocese of Arlington delivered \$877,000 in free medical care to more than 1,000 women. Going further, the diocese also provided rent and utilities assistance, nearly 400,000 diapers, and 4,000 cans of formula to families in need.

Despite what this administration claims, taking the life of an innocent child is never a "choice." Women who are facing unexpected or difficult pregnancies deserve assistance that affirms and supports life - not destroy it.

Abortion remains the preeminent civil rights issue of our time, yet, just yesterday, the Biden administration announced renewed efforts to increase access to medically unsafe prescription abortion pills. This is clearly not about women's health.

The Diocese of Arlington and the entire pro-life movement will remain steadfast in ensuring parents facing unexpected or challenging pregnancies have the support they need to choose life for their unborn children.

Respuesta de Mons. Burbidge a la manifestación pro-aborto del Presidente Biden en VA

El Presidente Biden ha hecho del aborto el eje de su campaña. En una manifestación en Manassas, VA, abogó por la codificación de Roe v. Wade en la ley. Es increíblemente devastador saber que el Presidente Biden antepone la "elección" a su sagrado deber de proteger la vida.

El mitin del Presidente Biden tuvo lugar a sólo cuatro millas de la Clínica Médica Gratuita Mother of Mercy (Madre de Misericordia) de Manassas, donde Caridades Católicas de la Diócesis de Arlington ofrece atención prenatal gratuita a mujeres embarazadas necesitadas y a sus hijos no nacidos. En el año posterior a la sentencia del caso Dobbs contra Jackson Women's Health, la Diócesis de Arlington entregó 877.000 dólares en atención médica gratuita a más de 1.000 mujeres. Yendo más allá, la diócesis también proporcionó ayudas para el alquiler y los servicios públicos, casi 400.000 pañales y 4.000 latas de leche maternizada a familias necesitadas.

A pesar de lo que afirme esta administración, quitar la vida a un niño inocente nunca es una "elección". Las mujeres que se enfrentan a embarazos inesperados o difíciles merecen una ayuda que afirme y apoye la vida, no que la destruya.

El aborto sigue siendo el principal problema de derechos civiles de nuestro tiempo y, sin embargo, ayer mismo, la administración Biden anunció nuevos esfuerzos para aumentar el acceso a píldoras abortivas recetadas que no son seguras desde el punto de vista médico. Está claro que no se trata de la salud de las mujeres.

La Diócesis de Arlington y todo el movimiento provida se mantendrán firmes en asegurar que los padres que se enfrentan a embarazos inesperados o difíciles tengan el apoyo que necesitan para elegir la vida para sus hijos no nacidos.

Virginia Pro Life Day & March For Life

St. Mary will have one bus available for parishioners to attend the Virginia March for Life on February 21st. The bus will leave at 10am for the Rally and March and will return at approximately 4pm. Parishioners who wish to reserve a seat on the bus must call the Parish Office to sign up. Anyone under the age of 18 must be accompanied by a parent or guardian. Any child without

an adult will not be allowed to attend. Seating is available on a first-come, first-served basis, and priority will be given to parishioners. Holy Cross Academy and Youth Ministry will have their own buses. Anyone from Holy Cross or in Youth Ministry will need to contact the school or Youth Ministry directly to make a reservation.

our parish happenings



SOUPER BOWL WEEKEND AT SAINT MARY'S

FEBRUARY 10-11

SCORE A **TOUCHDOWN** FOR THE
HUNGRY IN OUR DIOCESE BY
BRINGING CANS OF **HEARTY
SOUP OR RAVIOLI** TO MASS.
ALL CANS WILL BE **DONATED
TO THE ST. LUCY PROJECT!**

KNIGHTS OF COLUMBUS 3034

St. Valentine's Day Dinner/Social

You are warmly invited to join us and fellow parishioners on Saturday, February 10 in the Parish Life Center from 5:30-8:30pm for a Valentine's Day Dinner and Social Evening.

The evening's menu will include herb roasted chicken, roasted potatoes, asparagus, garden salad, and desserts.

The costs are as follows: Adults/teens \$15, Children (7-12) \$10, Children (under 7) Free, Seniors (60 & up) \$12, Please note: The maximum cost per family is \$40

Cash Bar (beer and wine). Must be 21 years of age or older to purchase or consume alcohol. All alcohol must be consumed on premises. All proceeds will go towards upgrading the PLC kitchen equipment.

St. Augustine's Chastity Integration Group

Becoming a man of sexual integration is an ongoing process, and we can help you on the journey. It is common for some who are not familiar with the group process to feel anxious but be assured your facilitators will create a safe environment to process what you are learning in the sessions in a healthy and positive way. The Sexual Integration group can help you deal with challenges you may be facing — from relationship issues, shame, self-control, confidence, and gain insight about physical, emotional & behaviors patterns.

For more information or to join group, please contact Catholic Charities Admin. Assistant at 540-371-1124 Mon-Thurs from 8am to 2pm.

What?

In-Person Therapy Support Group

Where?

Catholic Charities Family Services Bldg 1101 Stafford Ave Fredericksburg, VA [at house left side of St. Mary's IC Church]

When?

Starting Mon Feb 12th to Mon May 13th for 12 weeks from 5:30pm to 7pm

Who?

Any Male 18+ and older

Facilitators

Eva Ortiz & Peter Drabbant

our parish happenings

Don't Miss This Life-Changing Retreat

Marian Consecration is a great weapon to fight the evils against the Church and in the world. Mary will obtain the grace for us to trust in God's Mercy, as she is the Mother of Mercy.

Experience this extraordinary 33-day journey to Marian Consecration with four giants of Marian spirituality: St. Louis de Montfort, St. Maximilian Kolbe, St. Mother Teresa of Calcutta and St. John Paul II. Fr. Gaitley masterfully summarizes their teaching, making it easy to grasp and simple enough to put into practice. He weaves their thought into a user-friendly retreat that will bless even the busiest of people. So if you have been thinking about entrusting yourself to Mary for the first time or if you are simply looking to deepen or renew your consecration to her, 33 Days to Morning Glory is the right book to read and the perfect retreat.

We will make our consecration together at the March 25th Mass.

Retreat Sessions to be held

February 15th, 22nd, 29th March 7th, 14th, 21st (HCA Library)
Thursday 7pm - 8:30pm

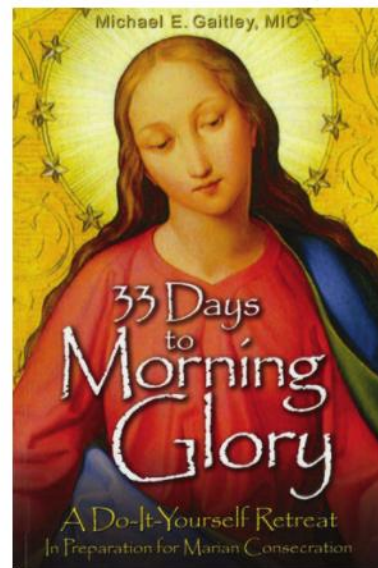
MUST REGISTER NO LATER THAN February 6

Cost: \$13 for the Book

Name _____ Phone _____

Email _____

For more information, call **Donna Harring** at 540 316-1105 or donnaharring2@gmail.com. Bring this registration and drop off a \$13 payment for the book at the parish office. *Please make the check payable to Donna Harring.*



Join TEAM ST. MARY on February 24 — The Coldest Night of the Year!

The Coldest Night of the Year is a winterrific family-friendly walk to raise money for MICAH ECUMENICAL MINISTRIES and help support people experiencing hurt, hunger, and homelessness. Team up, fundraise, walk, and gather for good... because it's cold out there.

To register to walk in the event with St. Mary for either 1 mile or a 5K, visit the link below and register. If you are unable to attend but want to support our efforts, click the link and donate to Team St. Mary.

coldest
*night
OF THE YEAR

All the details for the event are found on the link. Once registered, we will follow up with details on where to meet so we can walk together! Any questions, please reach out to Elena at edoyle@stmaryfred.org

Register by visiting
walk.w-ith.me/StMary
or scanning the code >>>



our parish happenings

St Mary's Singles Group

An open invitation to everyone single and 40 years of age or older for monthly group gathering's like dinners, movies, plays, works of charity, prayers, Mass, and other church events. Contact Eileen Walts at emw5348@gmail.com to get on the email newsletter list.

Meeting monthly to plan events at Wegmans upstairs meeting space at 10am. **Next meeting will be held on February 10.**

Saint Mary Altar Society

Sacred Linens!

Needs YOUR HELP!

Do you have a few hours a month to launder the altar cloths, purificators and towels?
They need to be cleaned, pressed and sometimes, repaired.

			
Stain removal	Washing	Drying	Ironing

Do you have a caring eye for detail?

Volunteers Needed!



Please contact our Coordinator,
Ginny Christina at
ginchristina@gmail.com to volunteer!



St. Mary Food Pantry

St. Mary's has a small Food Pantry located within our parish office. It is open to ANYONE seeking food M-F 8:30am-9:00pm and Sat. 9am-1pm. We reorganized and made changes to how we feed our neighbors. We no longer accept miscellaneous food donations, but instead give bags of specific food items that will feed with dignity, those seeking assistance. When our supply is low, we alert our parishioners. Well, it's that time again. If you would like to contribute, please pick up a special ST. MARY FOOD PANTRY BLUE BAG in the back of the church (in the pull-out cabinet located across from the women's restroom). Please purchase ALL ITEMS listed on the stapled list and return the bag, at your convenience, to the parish office. Thank you and may God bless you!

List of Items:

- Box of cereal
- Spaghetti sauce & pasta
- 2 cans of tuna or chicken
- 2 cans of HEARTY Soup
- 2 cans of ravioli
- 2 cans of fruit
- 2 cans of veggies
- 2 boxes of mac and cheese
- 1 lb bag of white rice
- 2 cans of black beans
- 1 jar peanut butter
- 1 jar jelly

our parish happenings

Upcoming Adult Education Bible Study Opportunity:

Mary: A Biblical Walk with the Blessed Virgin Mary

Mary: A Biblical Walk with the Blessed Mother is an extraordinary pilgrimage that reveals Mary's unique role in God's kingdom and in our lives. **Filmed on location in the Holy Land**, *Mary: A Biblical Walk with the Blessed Mother* will place you in the midst of her earthly life, taking you through her joys ... and her sorrows. You will learn how she works in our lives today, drawing us ever closer to her divine Son.

COST: The materials cost \$20.00 per person. This does not include on-line access. Class size limited to 25 each.

Class Dates: Wednesday or Thursdays beginning March 20 or 21. **Class run time** about 90 minutes. **Time:** 9:45am. **Location:** Father Rooney Community Room. This is an eight week class. Please sign-up in the Parish Office (540-373-6491) before March 7.



TMIY

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FIGHT CLUB
Young Men 7-12 Grade

Thy Kingdom Come

Claim Your Royal Dignity and Inheritance

Get Inspired
to **LIVE** a
HEROIC LIFE

Schedule for each week:

6:00 am—Hot Breakfast (PLC)
6:50 am—Presentation (Church)

Use this QR code to register.
Questions, contact Peter Paquette
paquettepeter@yahoo.com



Spring Semester

Session 14	Jan 20	Resilience and Perseverance
Session 15	Jan 27	Son of Man, Do You See?
Session 16	Feb 3	A Time for Purification
Session 17	Feb 10	The Kingdom is Like A Dragnet
Session 18	Feb 17	Just a Guy in the Pew
Session 19	Feb 24	The Narrow Gate
Session 20	Mar 2	A Tale of Two Cities
Session 21	Mar 9	The Darkness of Modern Culture
	Mar 16	Unbound Retreat NOTMIY
Session 22	Mar 23	A Civilization of Love
	Mar 30	Easter Weekend NOTMIY
Session 23	Apr 6	A Life of Dissipation
Session 24	Apr 13	Working in Redemption
Session 25	Apr 20	Kingdom is Like a Great Banquet
Session 26	Apr 27	A Royal People

WWW.TMIY.ORG

our parish happenings

UNBOUND HEART OF THE FATHER

Freedom in Christ Conference

Based on the 5 Keys to Freedom by Neal Lozano

- Are you anxious or fearful?
- Holding on to past hurts?
- Stuck in a cycle of sin?
- Feel that you are “no good”?



**Receive the freedom and love
that Christ intends for you!**



ST. MARY
of the
IMMACULATE
CONCEPTION
Roman Catholic Church

For more
information:
stmaryfred.org
540-373-6491

March 15-16, 2024

Friday, March 15—6:30pm-9pm

Saturday, March 16—8:30am-8pm

Holy Cross Academy

250 Stafford Lakes Parkway
Fredericksburg, VA 22406

\$80
per person

Includes food & materials
Financial aid available

Register



<https://bit.ly/3vQ8B0U>

our parish happenings

AN INVITATION TO
WALK CLOSER WITH CHRIST

ST. MARY LENTEN MISSION

Presented by Fr. James Searby
7pm /// February 20, 21 & 22 /// In the Church



LENTEN SMALL GROUP STUDY

National Eucharistic Revival presents Jesus and the Eucharist

This 7-session series will unveil the beauty of our Eucharistic faith and invites you to discover the true power and promise of this incredible gift.

Connect with your fellow parishioners in a cozy small group setting as you hear from some of the most brilliant voices in Catholicism.

To host or join a small group study at St. Mary's email edoyle@stmaryfred.org or call the office 540-373-6491



our parish
happenings

UNA INVITACIÓN A
CAMINAR MÁS CERCA
CON CRISTO ESTA CUARESMA

ESTUDIO DE CUARESMA EN GRUPOS PEQUEÑOS

Avivamiento Eucarístico Nacional
Presenta Jesús y la Eucaristía

Esta serie de 7 sesiones revelará la belleza de nuestra fe eucarística y os invita a descubrir la verdadera poder y promesa de este increíble regalo.

Conéctese con sus compañeros feligreses en un ambiente acogedor para grupos pequeños mientras escuchas algunas de las voces más brillantes del catolicismo.

Para organizar o unirse a un estudio de grupo pequeño en St. Mary's Envíe un correo electrónico a edoyle@stmaryfred.org o llame a la oficina 540-373-6491

our parish happenings

Catholic Diocese of Arlington and Arlington Diocesan Council of Catholic Women

2024 WOMEN'S CONFERENCE



Behold, I Make
All Things New



March 9th

8:30am - 2:15pm

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Michael F. Burbidge
Bishop of Arlington
Mass Celebrant and Homilist



Patricia Sandoval
International Pro-life
Speaker and Author



Sr. Mary
Madeline Todd, O.P.
Author and
Theologian

Register:

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and Respect Life
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familylife@arlingtondiocese.org



our parish happenings

Presented by St. Mary of the Immaculate Conception, Fredericksburg

THEOLOGY ON TAP

Fredericksburg

MON. FEBRUARY 5



Strangeways Brewing

350 Lansdowne Rd. Fredericksburg, VA 22401

Doors open at 5pm
Presentation at 6:30pm



This Month

Were the medievals so backwards?

Fr. Rampino is a priest of the Diocese of Arlington, is currently studying Historical Theology at the Catholic University of America, and is a native of Annandale, VA. He will speak to us about the Medieval period which is subject to many misconceptions and negative stereotypes. Fr. Rampino will provide what is hopefully a more accurate portrait of the various cultures of Medieval Europe, highlighting their incredible vibrancy, wild creativity, their incredible insights into human nature, and their deep love for God. This is a night not to miss! Come join for good friends, good beer, and good conversation.



Fr. Joseph Rampino



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**Open to all!
Young families welcome!**

vida parroquial

noticias en español

Centro Católico de Formación JSV

Retiro Tetelestai



contemplaremos

La gloria de Jesús en su pasión. Veremos los personajes y el escenario de la Última Cena, Pasión, Muerte y Resurrección de Jesús que manifiestan su gloria.

24 y 25 de febrero
Sábado 8am-6:30pm • Domingo 8am-4pm

Centro de Vida Parroquial
St. Mary of the Immaculate Conception
1009 Stafford Avenue
Fredericksburg, VA 22401

Regístrate



\$60

O en persona en la oficina con Giovanni
540-373-6491 o gcamacho@stmaryfred.org



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www.mjesusestavivo.org



ST. MARY
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Lourdes y las Curaciones Milagrosas



Esta presentación multimedia por Tony Gibert del Instituto Católico de Apologética de América del Norte (CAINA) revisa la historia de las apariciones de la Virgen María en Lourdes y destaca varias de las asombrosas curaciones que han tenido lugar allí.



Martes 13 de Febrero, 7- 9 pm
Iglesia Católica Saint Mary
Fredericksburg, VA

¡Todos son bienvenidos!

Después de la presentación podrá adorar al Santísimo y confesarse

¡Otra Misa en Español!

**Todos los sábados a partir del
17 febrero de 2024**



**Nuestros sacerdotes de
St. Mary presidirán
Misa de vigilia dominical**

Hora: 7:00pm
Lugar: St. Jude Catholic Church

**9600 Caritas Street
Fredericksburg, VA 22408**



our parish youth ministry

February 2024

Youth Ministry Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2 MS YOUTH GROUP	3 FIGHT CLUB
4 HS YOUTH GROUP	5	6	7 YOUCAT	8 FEMININE GENIUS	9	10 FIGHT CLUB
11 NO HSYG - SUPERBOWL	12	13	14 NO YOUCAT - ASH WED.	15	16 MS YOUTH GROUP	17 NO FIGHT CLUB - HS RETREAT
18 NO HSYG	19	20	21 VA MARCH FOR LIFE	22 FEMININE GENIUS	23	24 MS FIGHT CLUB
25 HS YOUTH GROUP	26	27	28 YOUCAT	29	1	2

Month of the Holy Family



@stmarycym



flocknote

Check the online calendar for MSYG on 2/16. We may have to cancel.

HIGH SCHOOL YOUTH GROUP (9th-12th)

Every Sunday, 6:00 - 8:30pm

Parish Life Center

Dinner, friends, and faith formation for high school!

MIDDLE SCHOOL YOUTH GROUP (6th-8th)

1st and 3rd Fridays, 6:30 - 8:00pm

Parish Life Center

Dinner, friends, and faith formation for middle school!

YOUCAT (9th-12th)

Every Wednesday, 6:30 - 8:00pm

John Paul II House

Dive deeper into your Catholic faith!

HIGH SCHOOL FIGHT CLUB (9th-12th BOYS)

1st & 3rd Saturdays, 6:30-8:00am

Parish Life Center

Explore what it means to be a Man of God!

MIDDLE SCHOOL FIGHT CLUB (7th-8th BOYS)

2nd & 4th Saturdays, 6:30-8:00am

Parish Life Center

Explore what it means to be a Man of God!

FEMININE GENIUS (6th-12th GIRLS)

2nd and 4th Thursdays, 6:30 - 8:00pm

John Paul II House

Explore what it means to be a Woman of God!

High School Retreat!

FRIDAY, FEBRUARY 16TH - SUNDAY, FEBRUARY 18TH
TOANO, VIRGINIA

PERMISSION SLIPS DUE FEB. 4TH

IMPORTANT CHANGE TO FIGHT CLUB

Starting in Lent, Fight Club will have a new schedule:

HIGH SCHOOL BOYS (9th-12th grade) will meet on the 1st and 3rd Saturday of the month

MIDDLE SCHOOL BOYS (7th & 8th grade) will meet on the 2nd and 4th Saturday of the month

This will help focus conversations and foster better small group communities!

SATURDAY, FEBRUARY 24 WILL BE A MIDDLE SCHOOL WEEK

CONTACT YOUTH MINISTRY IF YOU HAVE ANY QUESTIONS

operations given in love

Donations Received January 18 - 22

Sunday Offertory	\$30,744.00
Parish Debt Reduction Fund	\$555.00
First Offering for Envelopes	\$325.00
St Vincent de Paul Poor Box	\$489.00

Faith Direct Donations January 15

Sunday Offertory	\$21,745.00
Church in Latin America	\$245.00
Parish Debt Reduction Fund	\$755.00
Solemnity of Mary	\$220.00

*The Second Collection on February 10 & 11 is for our
Parish Debt Reduction Fund.*

Thank you for your generosity!

Pro-Life Reflection

Heavenly Father, bless all expectant mothers who are placing their children for adoption and who may also be young and afraid. They love their children so much that they are willing to place them with a loving family. Bless, too, all the women who already have shown the sacrificial nature of a mother's love in making adoption plans for their children. Give them all your courage and your peace, through Christ our Lord. Amen.

Children's Charity - February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to hazelwildfarm.com.

ADORATION OF THE BLESSED SACRAMENT

Adoration of the Blessed
Sacrament at St. Mary's EVERY
Wednesday following the 12
noon Mass ALL DAY – ALL
NIGHT Wednesday & Thursday
Concluding on Friday Mornings
at the 9am Mass.

*"To be alone with Jesus in
adoration and intimate union
with Him is the GREATEST
GIFT OF LOVE – the tender love
of Our Father in Heaven"
- St. Mother Teresa of Calcutta*

Contact: Serena Nguyen,
Coordinator
Adoration@stmaryfred.org



liturgy daily bread

Saint Mary Prayer List - January

Please pray for those who are sick or in need, especially:

Charles Boyer, David Smetek, Denise Passagaluppi, Erik Antonio Baker, Jack (John) Smith, Jason Stoker, Katie Slaughter, Maria Emma Lovos, Michael Fedowitz III, Richard Corrigan

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, David Oechslein, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 6-7pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

Daily Mass Intentions

February

5 MONDAY

6:30am Andrew Strenio, Sr.+
9:00am Carolyn Courtney+
1 Kgs 8:1-7, 9-13/Mk 6:53-56

6 TUESDAY

6:30am Deacon Alberto Bernaola
9:00am Jessica Ingram
1 Kgs 8:22-23, 27-30/Mk 7:1-13

7 WEDNESDAY

6:30am Suzette Young
8:15am* Dr. Stephen Fry
9:00am The Seidl Family
1 Kgs 10:1-10/Mk 7:14-23

8 THURSDAY

6:30am Betty Behm+
9:00am Paula Snellings
12:00pm Salvatore Kiwall+
1 Kgs 11:4-13/Mk 7:24-30

9 FRIDAY

6:30am Brendan Cain
9:00am Angelie Nguyễn
1 Kgs 11:29-32; 12:19/Mk 7:31-37

10 SATURDAY

9:00am Jasmine Nguyễn
5:00pm William Dean+
7:00pm Father Scott Slna
1 Kgs 12:26-32; 13:33-34/Mk 8:1-10

11 SUNDAY

7:00am Manuel & Amelia Hernandez Family
8:30am John Arvai+
8:30am* Mary & Samuel Recupero
10:30am The Wall Family
10:30am* David Spellman+
12:30pm For Our Parish
2:30pm Sylvia Marengo+
5:00pm Steven Beveridge+
7:00pm Trinh and Vu Family
Lv 13:1-2, 44-46/1 Cor 10:31—11:1/Mk 1:40-45

** Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

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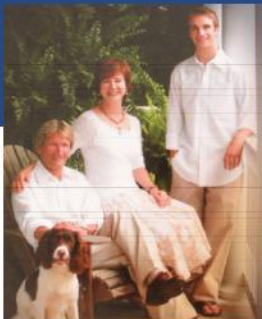
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