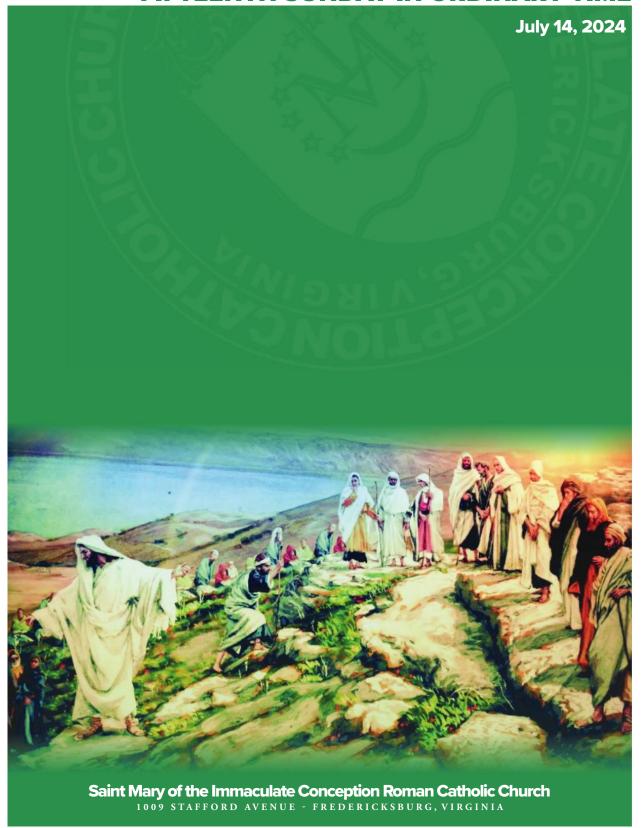
## FIFTEENTH SUNDAY IN ORDINARY TIME



# capital campaign grow our legacy in faith

#### **FINANCIAL UPDATE**

Number of Pledges to date: 1,185 with 266 paid in full

Amount Pledged to date: \$7,254,439.19 Total Amount Paid: \$3,089,915.98

Percentage of pledged dollars collected to date: 43%.

#### **CAPITAL CAMPAIGN REDEMPTION MODEL UPDATE:**

This model has been endorsed by both our parish and diocesan finance teams. It is an integral part of the parish's ten-year plan. We concluded FY24 over the plan, which helps as construction activities have begun at HCA.

We are grateful for the contributions and payments against pledges we are receiving and pray that FY25 is just as bountiful as most of the HCA construction efforts will take place in this fiscal year.

FISCAL YEAR	PER 10 YEAR PLAN REDEMPTION RATE	PER 10 YEAR ACTUAL REDEMPTION RATE		
FY22	\$92,550.00	\$94,550.01		
FY23	\$1,215,470.00	\$1,219,606.26		
FY24	\$916,980.00	\$1,713,943.11		
FY25	\$1,200,000.00	\$12,131.55		
FY26	\$1,200,000.00			
FY27	\$1,000,000.00			
FY28	\$900,000.00			
FY29	\$500,000.00			

\$3,089,915.98



Dear folks,

Do your lives slow down a little bit in the summer? I picked up a bad cough on the Poland trip, so that is making me slow down a little bit this week. Sorry to those I had to reschedule appointments.

My one simple thought this week: "How do you learn to pray the Mass?" My answer to that has always been, "go when you don't have to."

See, I learned to pray the Mass when I went to Saturday morning Masses with my parents. They went faithfully every Saturday morning, and had breakfast afterwards with friends. I learned that if I got up and went to Mass with them, that I too would be able to go to Bob's Big Boy. (Yes, that was the name of a restaurant chain in the 70's.)

Yes, I may have been going to for the opportunity to order a root beer with my breakfast eggs! But I learned so much more about Mass, and how the rhythm of daily Mass differs from Sundays.

Let me make this analogy: Do you only eat on Sundays when the whole extended family gathers at grandmas for a feast? Sunday Mass is that thanksgiving feast of the whole family! But daily Masses are the regular daily bread for feeding our souls, just as the 6.5 days of nutrition are an essential part of nutrition.

Feed your souls. And doing so freely, without the compulsion of punishment for failure is the way to root our spiritual lives in the freedom of the children of God.

Oh yeah.... I also listened to a podast about forming habits, that said to keep the goals small and easily achievable. The emotional feedback of achieving the goal is what sets it into our routine and makes it a habit! I'll leave the science of this to the podcast, if you want to listen: https://tinyurl.com/5au3ea3z

This is why I say, "Go to one Mass during the week that you don't have to (Sundays/HolyDays), and you will change your spiritual life."

pax,

Very Reverend John P. Mosimann V.F.

Pastor

## announcements

# St. Mary Coffee & Donut Shop

Following ALL Morning
Masses

Come and enjoy some fellowship!

#### **New Parishioner Welcome**

Welcome to St. Mary's! Fr. Mosimann and members of our Welcoming Committee are looking forward to meeting you and introducing you to the many fantastic ministries at St. Mary so that you (and your family) can share your gifts and talents with your new parish family.

Please sign-up for a time slot on Sunday, July 28th 11:30-2:00pm for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor. https://bit.ly/46pMXhh

Meetings will take place in the Courtyard Meeting Room (Fr. Rooney Room) behind the church - the room with all the crucifix's on the wall!

If you have any questions, please email Elena Doyle at edoyle@stmaryfred.org

# contact us

#### **SUNDAY MASS**

Saturday Vigil 5 & 7pm Sunday 7, 8:30, 10:30am, 12:30, 2:30pm (Spanish), 5pm, 7pm 8:30 & 10:30am at Holy Cross Academy

#### **DAILY MASS**

Monday - Friday 6:30am, 9am, & 12pm Saturday 9am Holy Days of Obligation, as announced

#### **DEVOTIONS**

Adoration, Daily between 6:30am & 9am Mass, Wednesday 12:30pm - Friday 9am Divine Mercy, Wednesday, 3pm First Friday 7pm Norvus Ordo (Latin Mass) First Saturday 8:00am — Fatima Prayers & Rosary followed by 9am Mass

#### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm; Saturday, 8-8:30am & 3:30 - 4:30pm

#### **PARISH OFFICE**

540-373-6491 fax: 540-371-0251 stmary@stmaryfred.org stmaryfred.org Monday - Friday 8:30am - 9pm; Students staff office weekdays until 9pm, Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor Reverend Phillip Cozzi, Parochial Vicar Reverend Robert Renner, Parochial Vicar Reverend Tim Courtney, Parochial Vicar Reverend Kevin Dansereau, Parochial Vicar Deacon Alberto Bernaola Deacon Dick Delio, Retired

Business Manager, Elaine Stanislawski Director of Operations, Chris Lanzarone Facilities, Late-Lawson Drackey Custodial Services, Carmen Sanchez Parish Secretary, Giovanni Camacho

# stmaryfred.org

#### **MUSIC**

Joseph Ciskanik Director of Music, musicdirector@stmaryfred.orgv Assistant to the Music Ministry, Emma Atkinson

#### **HOLY CROSS ACADEMY**

540-286-1600 250 Stafford Lakes Parkway Fredericksburg, Virginia 22406-7234 Principal - Dr. Stephen Fry, sfry@holycrossweb.com

#### **HOLY CROSS PRESCHOOL**

540-373-7553 Director, Sheri Castellarin

#### **RELIGIOUS EDUCATION**

Director, Aristides Lucas Associate Director, Dr. Katherine Evans Administrative Asst, Lori Barlow

#### **YOUTH MINISTRY**

Director, Tatiana Beltran Assistant Youth Minister, Catie Espiritu

#### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans

#### **OUTREACH**

Director, Elena Doyle

#### **BAPTISMS**

Parish registration (90 days) and class required. Please contact the parish office to schedule the date at least four weeks in advance.

#### **MARRIAGE**

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication. Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception 1009 Stafford Avenue, Fredericksburg, VA 22401

# education

# holy cross academy

# **Volunteering at Holy Cross Academy**

We are incredibly grateful for the support of our parent volunteers. Their dedication and enthusiasm are crucial to the success of our classroom events, lunch supervision, recess safety, school events, and athletic program. To ensure the safety of our students, all parent volunteers are required to undergo a background check and Child Protection (\*\*Virtus) training before beginning their service.

A \*\*Virtus (Child Protection) training session is scheduled at St. Mary on Saturday, July 13, from 9 am to 1 pm. If you, or anyone you know, need to take Virtus/Background Compliance to work with children, please inform them about this option.

**First**, fill out an online application at Catholic Diocese of Arlington Child Protection at **https://www.arlingtondiocese.org/child-protection/** Click on the Volunteer box.

Once the application is accepted, you will receive a link in your email from **opcyp@arlingtondiocese.org** (check your spam folder).

**Second**, Virtus training must be completed within 45 days of application acceptance.

If you are interested in being a parent volunteer, please contact Mrs. Dina Robertson-James, at **djames@ holycrossweb.com** for further details.









A National Blue Ribbon School of Excellence







# education

# religious education

#### **Upcoming Events**

Monday to Friday, Registration of Religious Education students at the Parish Office.

#### **July 2024**

Monday to Friday, 7/1-31

Registration for Religious Education (R.E. not currently in session)

Monday to Friday, 7/15-19

VBS 2024, Theme: A Wilderness Adventure Through the Sacraments

#### August 2024

Monday to Friday, 8/1-31

Registration for Religious Education, August fee schedule R.E. not in session)

Wednesday, 8/2

New Catechist Orientation, 5:30-8:30pm

Tuesday, 8/27

First All-Catechist Meeting, 5:30-8:30pm

#### September 2024

Mon-Sat, 9/9-14

RE Week 1, Religious Education Kick Off: Parents and Students visit classes, meet teachers

#### **Catechists Needed**

More than 20 catechists are still needed for the coming Religious Education school year. Please consider serving our parish community by teaching a class. To volunteer, call 540-373-6491 or email religioused@ stmaryfred.org



Week of July 14, 2024



## The TRUTH About the Shroud of Turin w/Fr. Robert Spitzer | Chris Stefanick Show

The Shroud of Turin is the subject of a lot of rumors, myths and controversies — maybe you've heard some of them yourself and don't know what to believe. In this episode, Fr. Robert Spitzer offers amazing facts and stories about the Shroud.



#### What is the Anointing of the Sick?

Illness, suffering, and death are some of the greatest problems we face as humans. In the Anointing of the Sick, God offers us grace to strengthen us in illness and the priest can pray with us on behalf of the Church, in the midst of our suffering.



#### **Prodigal Son**

A look at the story of the prodigal son which highlights the rejection of the son's identity as son of his father.

SIGN UP FOR FREE AT FORMED.ORG/SIGNUP CLICK REGISTER THEN ENTER PARISH CODE: F6F228

## **July and August Religious Education Fee Schedule**

RELIG	RELIGIOUS ED REGISTRATION FEES			RELIGIOUS ED REGISTRATION FEES				
	<b>UNTIL JULY 31, 2024</b>			<b>BEGINNING AUGUST 1, 2024</b>				
1 child	2 children	3 children	4+ children	1 child	2 children	3 children	4+ children	
\$75	\$110	\$140	no extra charge	\$85	\$120	\$150	no extra charge	

# our parish

# happenings

#### Fall 2024 Adult Education Classes!

First Corinthians: The Church and the Christian Community

The conflicts of the early Christians in Corinth are in many ways similar to our struggles today as Christians. They, too, witnessed division, scandal, immorality, persecution and other trials. In response, St. Paul taught the Corinthians about the Church as the Body of Christ, introducing them to the most powerful gift of all: the Eucharist.

Join us for First Corinthians: The Church and the Christian Community at St. Mary of the Immaculate Conception in the Courtyard community room beginning September 9th at 12:45pm and continuing on Mondays for ten sessions. Class size is limited to 25; with a waiting list for five. The cost is \$25. This does not include the on-line access as Ascension Press offered in the past. Facilitator: Bryan Richardson | br22406@cox.net



# Revelation: The Kingdom Yet to Come

In this intriguing look at one of the most talkedabout books in Scripture, Jeff Cavins explores Revelation to demonstrate how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven, especially through the celebration of the Mass.

You will learn what all the mysterious figures and images of Revelation represent, as well as what will happen during the Second Coming of Christ, what has already happened, and what is happening now in salvation history.



Join us for Revelation: The Kingdom Yet to Come at St. Mary of the Immaculate Conception in the Courtyard community room beginning September 11th or 12th at 9:45 am and continuing for eleven weeks. Class size is limited

to 25; with a waiting list for five. The cost is \$25. This does not include the on-line access as Ascension Press offered in the past. Facilitator: Suzette Young | agingcoastrkid@yahoo.com

#### REGISTRER at the Parish Office by August 19, 2024

Coming in 2025 to a Parish near you!!!

A NEW Bible study from Jeff Cavins and
Ascension Press. Just a hint, St. Luke is in the
title of the class!

### **Hesed House (Hebrew word for love)**

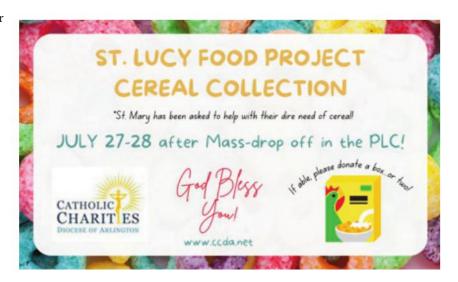
Earlier this year Micah Ecumenical Ministries opened up the Hesed House. It was formally a rundown motel in the college heights area of Fredericksburg, off of Rt.1. Together with the downtown churches, it has been renovated and currently serves as a temporary home for adults in need of shelter while a more permanent solution is found. A true blessing.

As part of our support of the Hesed House, St. Mary's will continue to donate items as needed. When a resident moves on, they are able to take their bedding, towels and a few items with them. New items are necessary for the next resident. Please visit the link below to the Sign-up Genius which has items listed and sign-up to donate an item or two!

Please bring your donation to the parish office, and mark it "Hesed House" no later than August 15th.

God bless you!

https://shorturl.at/gcPxp



# our parish

# happenings

#### **Public Rosary**

Please join parishioners to pray the public Rosary for the Police at the City Police Station on Cowan Blvd. at noon Saturday, July 20.

RSVP and questions, please email michaelgkasey@verizon.net or phone (540)760-3885.

### **CCW Sponsored Yard Sale**

Everything but Clothes and Encyclopedias!!
Our "yard" sale is Saturday, July 27, 2024 from 8am to 2pm inside the cooled Parish Life Center!! Come and select your treasures from our assortment of items economically priced to fit your budget. Some items are practically new!! Think about games/books your child may be delighted to have. Think about a young adult setting up their first apartment. Think about reading material for yourself from our book selection. Think about bargains for the holidays. Certainly, you'll find something you can put to good use from all that we have. Sure hope you'll stop by!

Donations may be dropped off at the PLC 9:30am to 11:30am and 4pm to 7pm on July 24 and 25; all day long on Friday, July 26. No donations accepted the day of the yard sale. All proceeds are distributed to local charities.

Learn more about your St. Mary Council of Catholic Women at stmaryccw.org and Facebook/StMaryCCW

## St Mary Young Adults

Are you between the ages of 18 and 39 and looking to meet new friends in your community? Join the St. Mary's Catholic Young Adult Group! We strive to bring glory to God by serving the young adult population of our parish through faith building activities, opportunities to volunteer in the wider community and relationship building social events. To join us please contact Tyler at stmaryyava@gmail.com - we would love to have you!

### St Mary's Singles Group

An open invitation to everyone single and 40 years of age or older for monthly group gathering's like dinners, movies, plays, works of charity, prayers, Mass, and other church events. Contact Eileen Walts at emw5348@gmail.com to get on the email newsletter list. Meeting monthly to plan events at Wegmans upstairs meeting space at 10am.

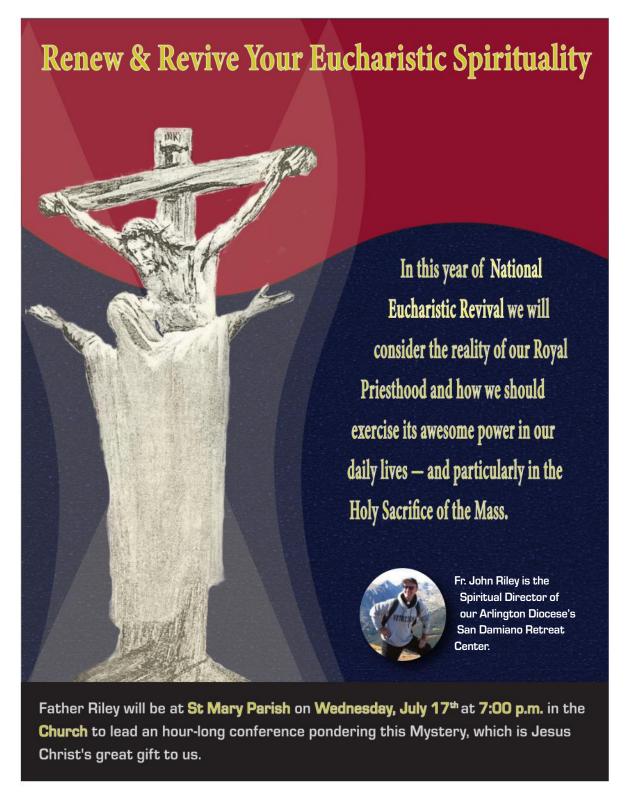
### **Pilgrim Virgin Statue**

If your family would like the Blessed Mother to visit your home, please call or email Mary Lou Felts to schedule a time. 571-723-3333 or maryloufelts@gmail.com.





# our parish happenings



# our parish

# youth ministry

# **July 2024**



Youth Ministry Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2 SPORTS TUESDAY	MOVIE NIGHT	NO CHESS CLUB	5	6
7	8	9 SPORTS TUESDAY	10* MOVIE NIGHT	11 CHESS CLUB	12	13
14	15	16 SPORTS TUESDAY	17 SWING DANCE	18 CHESS CLUB	19	20
21	22	23 SPORTS TUESDAY	24 NO EVENT PLC IN USE	25 CHESS CLUB	26 KINGS DOMINION	27
28	29	30 SPORTS TUESDAY	31 MOVIE NIGHT	1	2	3

Month of the Most Precious Blood

#### **SPORTS TUESDAY**

#### Rising 6th Graders through Class of 2024

Tuesdays 6:00 - 8:00pm at Duff Green Park Enjoy sports with friends! Bring a water bottle

#### **MOVIE NIGHTS**

#### Rising 6th Graders through Class of 2024

Select Wednesdays, 6:00 - 8:00pm in the PLC Hang out and watch a movie together!

#### **CHESS CLUB**

#### Rising 3rd through 9th Graders

Thursdays, 2:00 - 3:30pm in the John Paul II House Learn how to play chess! No experience necessary!

### SWING DANCE SOCIAL

#### Rising 9th Graders through Class of 2024

Wednesday July 17 and August 14 6:00-8:00pm in the Parish Life Center Come dance with friends! Lesson from 6:00-6:30pm

#### \* MARTIN MEET-UP

#### Parents of middle and high school teens

Wednesday, July 10 Topic: Social Media and Technology

Join other parents for guest speakers, drinks, and kidfree prayer time! All teens invited to attend the movie night in the PLC









#### ALL MIDDLE AND HIGH SCHOOLERS INVITED

## \$38.50 per ticket\*

\*Season pass holders only pay \$5 to help with gas

Join us for 9:00am Mass with Bishop Burbidge followed by a day of fun with the whole diocese at Kings Dominion and Soak City!

PERMISSION SLIPS IN THE PARISH OFFICE

# vida parroquial

# noticias en español

# Requisitos para recibir los Sacramentos

#### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

#### **MATRIMONIO**

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

#### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado, 3-11
- Preparación de 2 años

#### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 2 años

#### **RECONCILIACIÓN**

- Miércoles 11:30 am 12:00 pm, 6:30 8:30 pm
- Sábados 8:00 8:30 am y 3:30 4:30 pm

#### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491



Día de oración en silencio para meditar, conocerse asi mismo y asi encontrarse con Dios.

Para todos los carismas y espiritualidades.

Sábado 17 de agosto 8:00 am - 5:00 pm

Solo para mayores de 18 años (no habrá cuidado de niños) Se recomienda venir confesado. traer Biblia y cuaderno de notas.

#### Donacion \$30

(Incluye desayuno y almuerzo)



**(**540) 207-8190

(703) 565-8986

Gimnacio de Holy Cross Academy

250 Stafford Lakes Pkwy Fredericksburg, VA 22406

Ultimo día de inscripción: Miercoles antes del retiro.

# ¡Otra Misa en Español!

Nuestros sacerdotes de St. Mary presidirán Misa de vigilia dominical

Hora: 7:00pm Lugar: St. Jude Catholic Church

> 9600 Caritas Street Fredericksburg, VA 22408

# operations

# given in love

#### Donations Received June 26 - June 30

Sunday Offertory\$32,787.00Peter's Pence Collection\$7,204.00Parish Debt Reduction\$137.00Poor Box St Vincent de Paul\$300.00

The Second Collection next weekend is for Parish Debt Reduction. Thank you for your generosity!

# **Diocesan Missionary Cooperative Appeal**

Diocesan Mission Apostolate in Banica July 27 & 28

"Unless the mission is oriented by charity, that is, unless it springs from a profound act of divine love, it risks being reduced to mere philanthropic and social activity... Consequently, being missionaries means loving God with all one's heart, even to the point, if necessary, of dying for him." - Pope Benedict XVI

This year the Diocesan Missionary Cooperative Appeal is being made for the Arlington Diocese Dominican Republic Mission Apostolate.

During his pontificate, Pope John XXIII encouraged dioceses with sufficient numbers of priests to share them with dioceses that had limited numbers of priests. Bishop Keating, second bishop of the Diocese of Arlington, listened to the Pope's request and established the Arlington Dominican Mission in 1991. Bishop Keating was also considering the well-being of Arlington by providing the diocese with a mission experience. Thus, a more impoverished part of the world could receive much needed material goods, the faithful of Virginia could experience a sister church in a developing country, and the priests who would return from this mission land could better serve the growing number of Spanish-speaking Catholics in Northern Virginia. Since 1991, the Arlington Dominican Mission has served 70 communities in the Dominican Diocese of San Juan de la Maguana.

The Diocese assigns its missions in the Dominican Republic to each parish in the Diocese once every three years. Two of our Diocesan priests, Father Stephen McGraw and Father Scott Sina are currently on assignment at the parishes of San Francisco De Asis in Banica and San José in Pedro Santana. To assist the priests in their spiritual formation, there is a dedicated cadre of catechists who work daily with parishioners. In addition to this, the priests and catechists attend to myriad of societal and physical needs such as ensuring access to potable water, medical care, food distribution and most especially education. The Parish School now educates 250 children from Kindergarten through eighth grade. Even in 2023 Bánica is still very rural. Cell

phone and internet service is available but very inconsistent. Clean water is not readily available throughout the area. The 30 years of the Mission in Bánica has and will continue to assist the parishioners through our financial support, our prayers, and our physical presence.

Father Sina will be here to speak about the Banica Mission and your generous response to this Appeal is sincerely appreciated. All checks should be made payable to the parish, with Mission Appeal in the memo line. God bless you.

#### **Pro-Life Reflection**

The Rosary has conquered countless enemies, and many pray it in front of abortion mills. As we acknowledge Jesus as the fruit of Mary's womb, we stand to pray for our brothers and sisters in the womb. As we honor the greatest mother, we pray for all the frightened mothers. Mary, our Mother, bring us Jesus yet again; lead us to His victory over all forms of death.

Flos Carmeli

O beautiful flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us! Show us that you are our Mother! (Feast of Our Lady of Mount Carmel, July 16th)

## **Children's Charity - July**

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who came to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the Central Virginia area while a veteran is being treated. Each family who qualifies currently receives \$9,000. For more information, visit their website at fotwf.org.

## **Attention All Parish Organizations**

Your calendar for the use of parish facilities from September 2024 to August 2025 should be submitted to Chris Lanzarone in the Parish Office by the end of July. Please make sure you submit your request to Chris, in writing, as soon as possible, either by regular mail, or by email to clanzarone@stmaryfred.org. In setting up your schedule, please note that at this time evening activities cannot be scheduled before 8pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center and Preschool classes take place 8am-3pm Monday through Friday. Thank you.



# liturgy



## **Saint Mary Prayer List - July**

Please pray for those who are sick or in need, especially: Aletha DeMaio, Betty Hall, Bonita Boyer, Chuck Boyer, Deanie Ryder, Debbie Dameron, Jack Smith, Joseph Kreig, Keith and Theresa Kovalefsky, Larry Delaney, Maritza Marroquin, Michael Fedowitz III, Nancy Hester, Shannon Heindel, William Pell, Michele Bronson, Sharon Nicholson, Patrick Sherba, Sr., Lucy Holzworth, Logan Leslie

# Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Cody Schultz, Kenneth Linstrom, Lt. Gregory Odland

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email **stmary@stmaryfred.org** or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Thank you.

#### Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 6-7pm and are open to the public at large. For more information call or text Wayne (540)840-5230 or Wanda (540)538-6978

### **Daily Mass Intentions**

## **July**

#### **15 MONDAY**

6:30am Nathan Nguyễn 9:00am Arianna Rodriguez Is 1:10-17/Mt 10:34—11:1

#### **16 TUESDAY**

6:30am William Burke+ 9:00am Michelle Cleveland 12:00pm Angela Aguilera+ Is 7:1-9/Mt 11:20-24

#### **17 WEDNESDAY**

6:30am Valeria Guzman 8:15am\* Bronisław Stanisławski+ 9:00am Furman McCormick Is 10:5-7. 13b-16/Mt 11:25-27

#### **18 THURSDAY**

6:30am Brian Overington
9:00am Marie Jessup
12:00pm Sophie Smatlak+
Is 26:7-9, 12, 16-19/Mt 11:28-30

#### 19 FRIDAY

6:30am Joseph Tomsco+ 9:00am Tatiana and Kiery Beltran 12:00pm Jerry Holihan+ Is 38:1-6, 21-22, 7-8/Mt 12:1-8

#### **20 SATURDAY**

9:00am Jacob Guzman 5:00pm Maria Wolanska 7:00pm Nancy Ronckovitz+ Mi 2:1-5/Mt 12:14-21

#### 21 SUNDAY

7:00am John Maymam+
8:30am Elaine Stanislawski
8:30am\* Elizabeth Kinnaman
10:30am For Our Parish
10:30am\* David Spellman+
12:30pm Gerald Doherty

2:30pm Soledad Baizabal Romero

5:00pm Diane Nerschl+ 7:00pm Tom Blake+

Jer 23:1-6/Eph 2:13-18/Mk 6:30-34

\* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

# **MULLINS & THOMPSON FUNERAL SERVICE**

Dignit

Fredericksburg Chapel 1621 Jefferson Davis Highway 540-373-5842

Stafford Chapel 186 Shelton Shop Road 540-659-7690

# www.mullinsthompson.com



## **A Specialty Practice For Adolescent Mental Health**

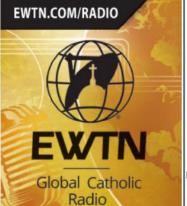
- Depression
   Trauma
- Anxiety Suicide
- Loneliness

 Eating Disorders LIFE COACHING FOR YOUR TEEN

Dr. Mitchell J. Sojack, L.C.S.W., Ph.D.

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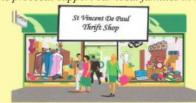
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