

# THE FIFTH SUNDAY IN ORDINARY TIME

February 9, 2025



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# capital campaign

## grow our legacy in faith

### Divine Mercy & St. Helena Chapels

#### Memorial Opportunities

*"Share" opportunities available*

In response to requests from parishioners who want to support purchasing larger items, such as the altar and stained-glass windows, we have created manageable "shares" on some items so that several families can co-sponsor a memorial opportunity.

#### Divine Mercy Adoration Chapel

St. Mary's Church

|                                   |                    |
|-----------------------------------|--------------------|
| <b>Altar*</b>                     | 3 shares/\$5k each |
| <b>Pews</b>                       | 8 shares/\$5k each |
| <b>Stained Glass Windows* (4)</b> | \$25k each         |
| <b>Divine Mercy Image/Window*</b> | \$TBD              |
| <b>Cross</b>                      | \$TBD              |

More items may be identified as we finalize the design of the Adoration Chapel. \*Subject to final design approval by the Bishop.



In our St. Helena Chapel, the stained glass windows have been installed, and they look lovely. Within this prayerful space, the windows are also beautifully lit by delicate interior lighting. Jesus, our Blessed Mother, and St. Joseph are there for our Holy Cross families front and center as you enter the school.



#### Saint Helena Chapel

Holy Cross Academy

|                                      |                    |
|--------------------------------------|--------------------|
| <b>St. Joseph &amp; Jesus Window</b> | 5 shares/\$5k each |
| <b>The Annunciation Window</b>       | 5 shares/\$5k each |
| <b>Candlestick Holders (6)</b>       | \$2.5k each        |
| <b>Stations of the Cross (14)</b>    | \$TBD              |

#### Contact Us - Availability is limited

Memorials are supplemental to your generous pledge. Thank you!

These opportunities are on a first-come, first-served basis.

All memorials will be acknowledged on our Holy Cross Academy cafeteria memorial wall.

Please get in touch with Donna Haring at the Parish Office at 540-373-6491.

# from our pastor

Dear folks,

Last Sunday I had the privilege of accompanying the Atkinson family to the Carmel at Port Tobacco as Emma entered into the Carmel. What an amazing privilege. We were able to sit with the sisters for close to an hour and chat, pray, and even tell jokes!

The smiles and joy that these women radiated was truly a little glimpse into heaven!

Every parent wants their children to find good spouses and to live full and blessed lives. The Atkinson family shares this desire and is seeing it fulfilled in a way that is truly extraordinary: their daughter is discerning the call to live her life in prayer and love with Jesus, the bridegroom.

The cloistered vocation is one that we don't see before us every day, but I truly believe, is of life-giving necessity for the Church and the world. I have heard it said, the groom is the head of the family, and the bride is the heart. How wonderful that women spend their lives in prayer and love at the very heart of the Church.

Fr. DeRosa was there as well and he left me pondering these words: "She isn't locked into the cloister, we are locked out." To meet the women who have freely set themselves apart from the world and to see their joy, faith and goodness, is to see these words of Jesus brought to life: "This is why the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down on my own."

I am including some pictures from last Sunday, in the hopes that you too, might have your souls encouraged to see the Lord powerfully working in the life of one of St. Mary's own. May the Lord bring to completion the good work He has begun in her soul.

Would you welcome and nurture a vocation in your own family? I hope so.

pax,



Very Reverend John P. Mosimann V.F.  
Pastor



# announcements

## St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

### New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and our Welcoming Committee are looking forward to spending some time with you (and your family) and introduce you to the many ways in which you might share your gifts and talents with your new parish family.

Please sign-up for a time slot for yourself and/or family to spend time with our Team and with your new pastor **Sunday, February 23rd 10am-12pm**. Meetings will take place in the Parish Office (located directly behind the church). We are looking forward to meeting you!

Sign up at: [bit.ly/3MI3RnB](https://bit.ly/3MI3RnB) or scan:



If you have any questions, please email Elena Doyle at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org) or call 540-373-6491.

# contact us

# stmaryfred.org

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm  
Saturday 9am  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Norvus Ordo (Latin Mass)  
First Saturday 8:00am – Fatima Prayers & Rosary followed by 9am Mass

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday 8:30am - 9pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor  
Reverend Phillip Cozzi, Parochial Vicar  
Reverend Robert Renner, Parochial Vicar  
Reverend Tim Courtney, Parochial Vicar  
Reverend Kevin Dansereau, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio, Retired

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### MUSIC

Joseph Ciskanik  
Director of Music, [musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)  
Assistant to the Music Ministry, Emma Atkinson

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS PRESCHOOL

540-373-7553  
Director, Sheri Castellarin

### RELIGIOUS EDUCATION

Director, Aristides Lucas  
Associate Director, Dr. Katherine Evans  
Administrative Asst, Lori Barlow

### YOUTH MINISTRY

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six months in advance to begin preparation.

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401

# holy cross academy

## Catholic Schools Week

We are thrilled to share the highlights of our joyous Catholic Schools Week, which began on Sunday with an Open House. We were delighted to welcome families from our community to explore our wonderful school and meet our dedicated teachers, faculty, and staff.

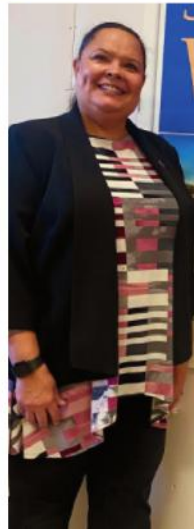
Monday's theme was "Community," and our students took this opportunity to visit local heroes who keep us safe and healthy. They expressed their heartfelt gratitude by presenting thank you posters and delicious treat baskets.

Tuesday was an exciting day with the theme "Dress Like a Staff Member" and our annual Day of Giving! Thanks to the generosity of our community, families, and friends, we met our fundraising goal, and as a fun reward, Dr. Fry was taped to the wall, and Mr. Krueger had his hair shaved off.

More to come!!



*A National Blue Ribbon School of Excellence*



# education religious education

## Upcoming Events

**Monday to Friday, Registration of Religious Education students at the Parish Office.**

### February 2025

**Mon-Wed, 2/10-12**

Religious Education Week 19

Formation for Spanish-speaking parents:  
SACRAMENTS

**Mon- Wed, 2/17-19**

No Religious Education Classes

**Thursday, 2/20**

Confirmation Yr 2/Gr 8 Formation Night #2, 7-8pm  
in the Church

At 4pm First Penance #1: RE students who attend  
Holy Cross Academy

At 5pm First Penance #2: RE students who attend  
class on Mondays at 6:30pm

**Friday, 2/21**

At 4pm First Penance #3: RE students who attend  
class on Mondays, Tuesdays, and Wednesdays at  
4:45pm and Tuesdays at 6 pm at HCA

At 5 pm First Penance #4: RE students who attend  
class on Tuesdays and Wednesdays  
at 6:30pm and Home Taught/Home schooled  
students

**Saturday, 2/22**

SPRED classes #9 in the PLC 10am-12 noon

Class 4: Catechist Certification Classes in the JP2  
House 9:30am to 3:30pm - Topic BC 102: Egypt to  
the Promised Land Part 2

**Mon-Wed, 2/24-26**

Religious Education Week 20

Formation for Spanish-speaking parents:  
SACRAMENTS

**Thursday, 2/27**

Confirmation Year 1/Gr 7 Formation Night #3 in  
the church from 7 -8pm

## Religious Education Baptisms January 25, 2025

On January 25th, our pastor, assisted by Deacon Alberto, baptized fifteen  
Religious Education students and their siblings.



## Grade 4 Media at a Glance

PARENTS: Access the rich media by scanning the QR code found on the Student Book  
pages listed below or by logging into the LP Digital Library.

| UNIT                           | AUDIO                 | VIDEO                    | INTERACTIVE         | INTERACTIVE<br>CHAPTER<br>REVIEW           | INTERACTIVE<br>STUMP THE<br>SHEPHERD<br>REVIEW GAME |
|--------------------------------|-----------------------|--------------------------|---------------------|--|---|
| Unit 1                         | p. 1, 27              | p. 5, 13, 21, 34         | --                  | p. 8, 16, 24, 28                           | p. 32   |
| Unit 2                         | p. 35, 38             | p. 56, 64, 78            | p. 49, 69           | p. 42, 50, 58, 66,<br>71                   | p. 76   |
| Unit 3                         | p. 79, 85, 90,<br>105 | p. 88, 99                | --                  | p. 86, 94, 102,<br>107                     | p. 112  |
| Unit 4                         | p. 115, 158           | p. 117, 124,<br>128, 151 | p. 136, 143,<br>165 | p. 122, 130, 138,<br>146, 154, 162,<br>167 | p. 170  |
| Unit 5                         | p. 173, 205           | p. 187, 190,<br>195, 199 | p. 176              | p. 180, 188, 196,<br>204, 209              | p. 214  |
| Special Seasons<br>and Lessons | P, 229                | p. 225, 231              | p. 219, 222,<br>223 | --   | --  |
| What Catholics<br>Should Know  | --                    | --                       | p. 228, 246,<br>247 | --   | --  |

# our parish youth ministry

## Praise and Worship Nights

The last Sunday of every month is XLT ("exalt") night at high school youth group! After our meal and games, we have a brief reflective talk followed by adoration and opportunities for confession. A team of dedicated teens leads everyone in prayerful praise and worship music, teaching them to glorify God with their voice as they sit and rest before the blessed sacrament. It's so wonderful to come together as a community on a regular basis to adore our Lord!

All high school students and their friends are ALWAYS welcome to attend our Sunday night program.



## Large Groupings

### High School Youth Group

Grades 9-12

Sundays 6-8:30pm

Parish Life Center

*Dinner, friends & faith formation for high schoolers!*

### Middle School Youth Group

Grades 6-8

1st & 3rd Fridays 6:30-8pm

Parish Life Center

*Dinner, friends & faith formation for middle schoolers!*

## Small Groupings

### Boys Group - Fight Club

Boys, Grades 7-12

Saturdays 6:30-8am

Parish Life Center

*Grow together in brotherhood as Men of God!*

### Girls Group - Feminine Genius

Girls, Grades 6-12

2nd & 4th Thursdays 6:30-8pm

John Paul II House

*Grow together in sisterhood as Women of God!*

### YOUCAT

Grades 9-12

Wednesdays 6:30-8pm

John Paul II House

*Dive deeper into Scripture and your Catholic faith!*

### Senior Ministry

All 12th Grade

Monthly Meetings TBD

Contact us for exact dates

*Gather for a potluck dinner & formation!*

## Contact Us

**Tatiana Beltran**

tbeltran@stmaryfred.org

**Catie Espiritu**

cespiritu@stmaryfred.org

# our parish micah ministries

## St. Mary's & Micah Ecumenical Ministry

### Brief Micah History

Downtown Fredericksburg congregations have been involved with the community's homeless population since the late 1980s, when we opened our church buildings as shelter space and provided meals to those in need. As that original initiative evolved, many people who lived chronically on the street found themselves ineligible due to unmedicated mental illnesses, disabilities, criminal backgrounds and other barriers. With no other place to access shelter and support, they found themselves literally sleeping on the street and they turned to the local churches for help.

Congregations initially responded through the development of various ministries in their individual churches. But after a community effort to help the original shelter find a permanent location in 2005, the downtown churches coalesced around a new vision for assisting those whose needs were not being met.

Doing justice, loving kindness and walking humbly with God, as things the Lord requires of us (Micah 6:8), became the foundational values for forming the collaborative effort that the churches call Micah Ecumenical Ministries. To this day, nine downtown congregations claim part of their missional identity in Micah, working together to cultivate community and care for neighbors. As recognition that the body of Christ can always do more together than it can ever do apart, the clergy of these churches guide the organization.

### How Can You Help?

Next Weekend, February 15-16 St. Mary's Second Collection is in support of the "Love Your Neighbor" Campaign for Micah – please be generous.



### Coldest Night of the Year

Saturday, February 22 - Walk OR Support a Walker! Visit the St. Mary team page [bit.ly/3PP49q2](https://bit.ly/3PP49q2)

### Micah Dinner Team

Join one of our teams cooking, serving and engaging with those in need in our community. Contact Torie Baldwin [keetongirl2@yahoo.com](mailto:keetongirl2@yahoo.com)

### Cold Weather Shelter

Join one of our teams setting up, checking-in, and engaging with those in need of shelter on a cold night. Contact Greg Wheatly [stmary.cws@outlook.com](mailto:stmary.cws@outlook.com) (see bulletin notice regarding collection of items needed ie. socks, undershirts etc.)

### Micah Hospitality Center

The center on Princess Anne Street is always seeking volunteers to assist our neighbors in need. They are open Monday-Friday from 10am-2pm and Thursday 3-5pm. Interested? Call 540-479-4116

**coldest\*night**  
OFTHEYEAR.ORG



*Saint Mary*

### JOIN US

#### St. Mary's Team

As we WALK to bring AWARENESS about our Homeless brothers & sisters and SUPPORT the good work of Micah Ecumenical Ministries

**Saturday, February 22, 2025**

**"The Coldest Night of the Year"**

All are welcome to join ~ parents, kids, family and friends

Register to Walk at [bit.ly/3PP49q2](https://bit.ly/3PP49q2) (All participants must be registered to walk)

Unable to join us? Visit the registration link above and make a donation in support of our team and walk in spirit with us!

### Schedule

4pm Check-in begins  
4:45pm Opening remarks  
5pm Walk starts  
6pm Light meal served  
7pm Event concludes

### Details

Walk begins and ends at Riverfront Park - 701 Sophia Street, Fredericksburg, VA 22401  
You may participate in the 1 Mile or 5k Walk - visit [micahfredericksburg.org](https://micahfredericksburg.org) for route info  
All walkers must check-in personally to participate  
Dress Warmly - coat, hat, gloves and warm shoes  
Bring a spirit of charity for others!

**"For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me." Matthew 25:35**

Questions? Contact Elena Doyle [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)



our parish

# team st mary's

Gather for good...because its cold out there!  
FEBRUARY 22, 2025

Support the work of  
Micah Ecumenical  
Ministries!

Let's team up,  
fundraise  
and walk!



Event details  
found here:



<https://bit.ly/3PP49q2>

1 mile  
or 5K!

To register with St. Mary or make a donation, use the link! We will provide details so we can walk together! Email Elena at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org) with any questions.

# our parish adopt a senior

Sharing good news!

This past Christmas Season, St. Mary's once again organized the "Adopt-A-Senior" program to encourage parishioners to visit our seniors living in area nursing & assisted living homes and/or homebound. Working with our Legion of Mary team, we identified forty parishioners who very much wanted to be visited with the hope that after making a connection, our families would continue to visit throughout the year.

All forty residents were "adopted" and visited several times during the advent-Christmas season and several continue to swing by and visit their new friend. Here is an excerpt of a note we received after such a visit:

*"When I read about St. Mary's Christmas Program from the St. Mary's Young adult group chat, I immediately knew, as a stay-at-home mom, this would be a wonderful opportunity to share the joy of the Christmas season. I had the pleasure of meeting nursing home resident Mrs. Julia Gilboy, a wonderful Catholic, who reads our bulletin every week (hi Mrs. Gilboy!). She is very thankful for our parish, although she's never had the pleasure of visiting. She expressed her deep gratitude for the extraordinary Eucharistic minister's visit every Sunday to provide Jesus to the nursing home residents and for the monthly visit by one of our priests who comes to celebrate Mass. She and all the other nursing home residents loved meeting our baby and was amused by watching him play with the ornaments on their Christmas tree.*

*I am sure Mrs. Gilboy was blessed by our visits but I think we must've been even more blessed by meeting her. It helped me renew a deep appreciation for my current state in life as a stay-at-home mom. Among the many things we spoke about, I asked her if she had any advice for a new mom, she said simply "love him, just love him." Simple but profound advice.*

*I would highly recommend contributing to St. Mary's Christmas program next Christmas by signing up to meet with a senior in a local nursing home, I promise it'll bless you and yours just as much as it's a blessing for the resident you get to meet."*

*- Norvilia*

One doesn't have to wait until Christmas to visit one of the many parishioners in our area assisted living homes. Did you know that our Legion of Mary visits and prays with our parishioners weekly? If you are interested in this beautiful ministry, please reach out directly to Donna Harring at [donnaharring2@gmail.com](mailto:donnaharring2@gmail.com)



# our parish happenings



**cnoy.com**  
**february 22, 2025**  
**coldest night of the year**

The Coldest Night of the Year is a winterrific family-friendly fundraising walk in support of local charities. Let's change the tune for people experiencing hurt, hunger, and homelessness... because it's cold out there.



walk | fundraise  
 donate | volunteer  
 team up with friends  
 1.877.743.3413 | #cnoy

## Free Throw Competition

The Knights of Columbus are hosting a free throw competition at HCA on Saturday, February 15 starting at 9am for kids 9-14. Parents can register their children at HCA starting at 8am on the day of the event or pick up and drop off a registration form in the parish office or the HCA front office.

## St. Mary Book Club

We will meet Tuesday February 11 at 10am in the Father Rooney Community Room. Our selection for this month is "Treasure in Clay," the autobiography of Bishop Fulton J. Sheen, one of the Catholic Church's most prominent broadcasters of the 20th century. All are welcome.

## Traveling Blessed Mother

Do you know that our parish has a beautiful Blessed Mother statue that travels from home to home? All families are encouraged to invite her to visit. During her visit we ask that the family gather near the statue to pray the rosary. The graces and peace that abide in your home when the statue is present are a tremendous gift!

If your family would like the Blessed Mother to visit, please call or email Mary Lou Felts. If you have not had a Sacred Heart Enthronement, she can also schedule one for you during your visit. 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com).



# DEFENDING THE FAITH CONFERENCE

**Suzette Young**  
 agingcoastrkid@yahoo.com  
 (540) 479-6987  
 use code **25SYoung** when registering!

**JOIN ME!**

visit [steubenvilleconferences.com/dfc](http://steubenvilleconferences.com/dfc)

Deepen your understanding of the Church's teaching and learn how to confidently live out your faith through engaging speakers, powerful worship, and fellowship with other Catholics

**AUGUST**  
**1-3**  
**2025**

### GUEST SPEAKERS:

DR. SCOTT HAHN  
 KIMBERLY HAHN  
 MIKE AQUILINA  
 KARLO BROUSSARD  
 NOELLE MERING  
 JEFF MORROW  
 DR. JOHN BERGSMAN  
 DR. SHANE OWENS  
 NATHAN CRANKFIELD



# our parish happenings



March 15, 2025  
8:30am-3:00pm  
Bishop Ireton HS  
Alexandria, VA

## Transitions: Planning for the Future



Learn tools to facilitate the life transitions of individuals with disabilities. Let's build a future of hope through all of life's transitions from early intervention to the school years and into adulthood!

Conference will offer breakout sessions, resourceful vendor area, networking, lunch, planner, and childcare for families, educators and advocates of disability inclusion.

*"For I know well the plans I have in mind for you... plans for your welfare and not for woe, so as to give you a future of hope." Jeremiah 29:11*

**Keynote Speaker**



**Anna Hall**  
Teacher Workbox  
Brand Manager  
**ORGANIZE365**

PRESENTED BY:



IN PARTNERSHIP WITH:



Register Now  
[portocharities.org/2025conference](http://portocharities.org/2025conference)



2minutes2virtue helps Catholics get the most out of Sunday readings!

Each week, a priest from the Diocese of Arlington breaks down the Gospel and challenges you to grow in faith. Watch for our own Fr. Tim as he shares his wisdom and inspiration!

Join thousands already watching! Be sure to subscribe to [arlingtondiocese.org/2m2v](http://arlingtondiocese.org/2m2v) to get 2minutes2virtue delivered to your email!

## St. Mary's Adoration of the Blessed Sacrament

Wednesday 1pm - Friday 9am

Contact [Adoration@stmaryfred.org](mailto:Adoration@stmaryfred.org) Permanent adorers and substitutes are needed.

## LIBERADO

liberacion libertad pertenencia



## Conferencia Libres y Felices en Cristo Jesús

Basado en las 5 Llaves de Liberado de Neal Lozano (Unbound)

El Ministerio Liberado pone el poder de Dios en los corazones heridos

**22 y 23 febrero de 2025** 22 feb 8am-4pm y 23 feb 8am-4pm

**\$50**  
por persona

Centro de Vida Parroquial, Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401

### La conferencia te dara el poder

para romper el poder de las cadenas que atan/esclavizan tu vida para que puedas caminar en plena libertad

Cada uno de nosotros esta peleando una batalla invisible con:

- Pensamientos negativos, pecados ocultos y relaciones no sanas
- Habitos destructivos, idolos y falsa identidad
- Resentimiento; heridas y amarguras que parecen nunca sanar

¿Que tal si tu vida pudiece alcanzar y experimentar el amor de Dios?  
**Tu vida nunca seria igual!**

Incluye comida y materiales  
(Hay ayuda financiera disponible, comuniquese directamente con Giovanni)

**Para mas Información llamar a:**

Giovanni (540) 373-6491  
Gustavo 540-229-3313

**Cupo Limitado**

Por la naturaleza de la conferencia es importante no traer niños.

**Enlace de registro:**  
<https://bit.ly/4fdMDWM>



# our parish noticias en español



7:00 PM

**ADORACIÓN  
EUCARÍSTICA**

CONFESIONES

**MARTES 11  
DE FEBRERO**

Saint Mary  
of the  
Immaculate Conception

1009 Stafford Ave.  
Fredericksburg, VA 22401

*"No os prometo la felicidad en este mundo, sino en el otro."*  
Nuestra Señora de Lourdes

The poster features a large golden monstrance at the top, a statue of the Virgin Mary in a blue and white robe holding a rosary, and a young girl in a pink dress and white veil offering flowers. A small logo with the letter 'M' is in the top left corner.



a Jesús  
por María

CONSAGRACIÓN AL  
INMACULADO CORAZÓN  
DE MARÍA

Fecha de inicio:  
20 de febrero

*"Ser tu devoto, oh Santísima Virgen,  
es un arma de salvación que Dios da  
a los que quiere salvar".  
San Luis de Montfort*

Para inscribirse llamar a:  
Gustavo Guzmán: (540) 229-3313

¡Mi Inmaculado Corazón triunfará!

The poster features a central image of the Virgin Mary with a glowing heart, wearing a red and blue robe. A small logo with the letter 'M' is in the top right corner.

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado, 3-11
- Preparación de 2 años

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 2 años

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

our parish  
happenings

# Hope

*for your marriage*  
with Greg & Julie Alexander  
*featuring musical performances by Marie Miller*

Saturday, February 15 | 9 am - 3 pm

St. Ambrose Catholic Church  
3901 Woodburn Rd., Annandale, VA



**Greg & Julie Alexander** have been married since July 1987. They navigated deep marital troubles and now live a marriage rooted in the Catholic Faith and help couples experiencing the same problems.

[arlingtondiocese.org/event/marriageretreat](http://arlingtondiocese.org/event/marriageretreat)



Catholic Diocese of Arlington | Office of Marriage, Family and Respect Life  
703.841.2550 | [familylife@arlingtondiocese.org](mailto:familylife@arlingtondiocese.org) | [@arlingtonfamily](https://twitter.com/arlingtonfamily)



our parish  
**happenings**

**PARISH PILGRIMAGE**

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## Donations Received January 22 - 27

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| Sunday Offertory             | \$28,648.00 |
| Church in Latin America      | \$7,385.00  |
| Debt Reduction               | \$314.00    |
| Arlington Catholic Herald    | \$251.00    |
| First Offering for Envelopes | \$125.00    |
| St Vincent de Paul Poor Box  | \$604.00    |

*Thank you for your generosity!*

## Micah Love Your Neighbor Campaign - February 15 and 16

The Second Collection next weekend is in support of the Micah "Love Your Neighbor" Campaign. Micah's community of churches cares for more than 700 neighbors in need each year. They often lack homes, support systems, and basic needs. Many survive on less than \$2 a day. Yet, we live in a region of over 350,000 people whose households bring home an average of \$249 a day. And most of us spend more than \$2 a day on a cup of coffee or an impulse-buy that we don't need. Love your neighbor and give in their honor. Your generosity is appreciated.

## Special Collection for LA Wildfire Relief - February 22 and 23

In response to the devastation wrought by the wildfires in Los Angeles, a special collection will be taken up the weekend of February 22 and February 23 to support and assist in humanitarian relief efforts. Your generosity and support are most appreciated. All checks should be made payable to St. Mary Catholic Church, with "LA Wildfire Relief" in the memo line.

## Children's Charity - February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to [hazelwildfarm.com](http://hazelwildfarm.com).

## Choose-Life Reflection

If I speak in the tongues of men, and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing.

*Love is patient and kind;  
Love is not jealous or boastful;  
It is not arrogant or rude.  
Love does not insist on its own way;  
It is not irritable or resentful;  
It does not rejoice at wrong,  
but rejoices in the right.  
Love bears all things, believes all things,  
hopes all things, endures all things.  
Love never ends;  
As for prophecies, they will pass away;  
As for tongues, they will cease;  
As for knowledge, it will pass away.  
For our knowledge is imperfect  
and our prophecy is imperfect;  
but when the perfect comes,  
the imperfect will pass away.*

When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became a man, I gave up childish ways. For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall understand fully, even as I have been fully understood. *So faith, hope, love abide, these three; but the greatest of these is love.* (1 Cor 13)





# liturgy

# daily bread

## Saint Mary Prayer List - January

**Please pray for those who are sick or in need, especially:** Andrew Berna, Ann Graf, Bernice Schlosser, Bobby Anderson, Bonita & Charles Boyer, Bonita Boyer, Brenda Gabriel, Carol Dalton, Cathy Nichols, Chamberlyn Guerra, Charles Boyer, Chris Breth, Connie Brimmer, Daniel Foster, David Smetek, Dean Albrecht, Deanie Ryder, Drew LoRusso, Gennaro Balletta, Jack Smith, Jacob Moser, Jason Stoker, Joanne O'Brien, Joseph Krieg, Joseph Lamantia, Karl Eugene, Keith & Theresa Kovalefsky, Larry Delaney, Logan Leslie, Manuel Iraheta, Mark Smetek, Mary Ann Seidlinger, Maryann Carroll, Michael Fedowitz III, Pat Fish, Rita Hagans, Rita Williams, Shirley Bozicevic, Tom Faleskie, Tom O'Brien, William Pell

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

### Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 6-7pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

## Daily Mass Intentions

### February

#### 10 MONDAY

6:30am Maura Sanchez+  
9:00am John Wrobel+  
12:00pm Connie Brimmer+  
Gn 1:1-19/Mk 6:53-56

#### 11 TUESDAY

6:30am Jan Klavzinski  
9:00am Norka Miller  
12:00pm Emma Atkinson  
Gn 1:20—2:4a/Mk 7:1-13

#### 12 WEDNESDAY

6:30am Eriberto S. Perez+  
8:15am\* Esmeralda Perez+  
9:00am Michael Yalch+  
12:00pm Olivia Tran  
Gn 2:4b-9, 15-17/Mk 7:14-23

#### 13 THURSDAY

6:30am Norma DeTrane+  
9:00am Antonin Scalia+  
12:00pm Amante Marinas  
Gn 2:18-25/Mk 7:24-30

#### 14 FRIDAY

6:30am Shirley Alrutz+  
9:00am Elizabeth Bodoh  
12:00pm Joseph Shircliff+  
Gn 3:1-8/Mk 7:31-37

#### 15 SATURDAY

9:00am Clem Gailliot  
5:00pm Randy James  
7:00pm Nancy Ronckovitz+  
Gn 3:9-24/Mk 8:1-10

#### 16 SUNDAY

7:00am Deacon Tim Banach  
8:30am Jessica Ingram  
8:30am\* Greg Bailey+  
10:30am Jose David Bonilla+  
10:30am\* Patricia Gailliot+  
12:30pm George Holzworth+  
2:30pm Ruben Mantilla and Margarita Azcue+  
5:00pm For Our Parish  
7:00pm Corral Ortiz Family  
Jer 17:5-8/1 Cor 15:12, 16-20/Lk 6:17, 20-26

*\* Indicates Mass at Holy Cross Academy. Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

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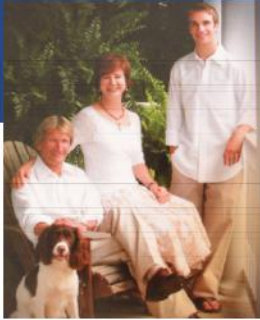
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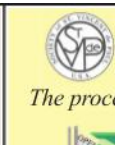
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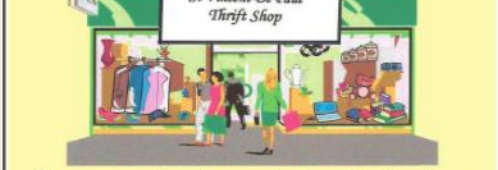
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