

# THE SIXTH SUNDAY IN ORDINARY TIME

February 16, 2025



*"Our Lady of Lourdes Pray for Us" — Photo credit: Fr. Kevin Dansereau*

**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# capital campaign

## grow our legacy in faith

### Encouragement from the Pews

After years of raising funds to improve our school community, the Capital Campaign has been such a blessing. We are so thankful to those who have helped, in whatever way possible, for the heartfelt contributions to our parish, school, and community. Though we've been involved for many years, to see the fruition of hard work become a reality for Holy Cross Academy and the St. Mary Parish, has touched our family beyond words. Knowing that our community will be blessed by this for years to come, even though our kids will soon be moving on to high school and beyond, is the kindest act I can fathom in the world we live in today - leaving a legacy and hope for those who come behind us.

When the opportunity presented itself to support the chapel directly, it was an easy decision for our family. It wasn't a matter of whether; it was a matter of how and where. That's when we felt God's calling to dedicate the St. Francis of Assisi statue. My mother was an amazing lady; though we miss her every day, her love lives on within

us. What better way to show that than honoring her memory through her confirmation Saint. My mother was born on St. Francis' Feast Day, and she passed away on All Saint's Day. We know that St. Francis was there for her and feel comfort through his prayer:

*"Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life."*

It truly is in giving that we receive. And, we are hopeful that everyone who enters the chapel will feel the peace and love of our Lord.

- A St. Mary and HCA Family

## "Share" opportunities available

In our St. Helena Chapel, the stained glass windows have been installed, and they look lovely. Within this prayerful space, the windows are also beautifully lit by delicate interior lighting. Jesus, our Blessed Mother, and St. Joseph are there for our Holy Cross families front and center as you enter the school.



### Saint Helena Chapel

Holy Cross Academy

**St. Joseph & Jesus Window**

5 shares/\$5k each

**The Annunciation Window**

5 shares/\$5k each

**Candlestick Holders (6)**

\$2.5k each

**Stations of the Cross (14)**

\$TBD

### Contact Us - Availability is limited

Memorials are supplemental to your generous pledge. Thank you!

These opportunities are on a first-come, first-served basis.

All memorials will be acknowledged on our Holy Cross Academy cafeteria memorial wall.

Please get in touch with Donna Harring at the Parish Office at 540-373-6491.

# from our pastor

Dear folks,

Notre Dame football, grottos, the rosary, and Our Lady of Lourdes.

Much to the chagrin of Fr. Koehr, I am not a Notre Dame football fan. But, I will circle back to that.

This week we celebrated the feast of Our Lady of Lourdes. Did you know that Our Lady prayed the rosary with Bernadette in each of the 18 apparitions? Indeed six of the apparitions were taken up solely by praying the rosary. So much of the heart of Lourdes is found precisely: Holy Mass, the rosary, and penance.

At the very first apparition, Bernadette reports that she was so shocked that she couldn't even make the sign or the cross! "My hand was shaking. However, I didn't let it disturb me. The Lady took the rosary she was holding in her hands and made the sign of the Cross. So I tried a second time. This time I succeeded. As soon as I had made the sign of the Cross the state of shock I had experienced left me."

Saint Bernadette, even in religious life, struggled with formal meditation but relied on the rosary, as taught to her by Our Lady, to enrich her spiritual life. If the exhortation from Our Lady to pray the rosary was good for 19th century Europe, do we really think that the world is closer to God today?

To encourage this devotion, one thing Catholics have done is build grottos. Many parishes have built them, and so have the faithful in their yards! When I had an eagle scout build a small grotto in my last parish, Our Lady even supplied the statue to go into the grotto as a stranger dropped one off and drove away! I have wondered if they were really angels making a delivery! (You can read about this in the diocesan newspaper: [tinyurl.com/ycy9nk43](http://tinyurl.com/ycy9nk43))

And it was visiting the grotto at Notre Dame that softened my heart to the school named for Our Lady. I went to ND for a football game mostly out of curiosity. The night before the game, I went down to the grotto on campus and was struck by the non-stop flow of people coming to pray and light a candle! Growing up my understanding of ND had been, when the news would interview their favorite dissenting priests to undermine church teaching. Yet here I saw the simple and reverent faith of regular Catholics!

So, I am still not a ND football fan; but Our Lady of Lourdes, grottos, and the rosary have reminded me that the primacy of being sons and daughters of Our Lady, who loves all of her children: ND fans, MD fans, and yes, even Eagles fans!

pax,



Very Reverend John P. Mosimann V.F.  
Pastor

# announcements



## contact us

[stmaryfred.org](http://stmaryfred.org)

### **SUNDAY MASS**

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

### **DAILY MASS**

Monday - Friday 6:30am, 9am, & 12pm  
Saturday 9am  
Holy Days of Obligation, as announced

### **DEVOTIONS**

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Novus Ordo (Latin Mass)  
First Saturday 8:00am – Fatima Prayers & Rosary  
followed by 9am Mass

### **CONFESSION**

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### **PARISH OFFICE**

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday 8:30am - 9pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor  
Reverend Phillip Cozzi, Parochial Vicar  
Reverend Robert Renner, Parochial Vicar  
Reverend Tim Courtney, Parochial Vicar  
Reverend Kevin Dansereau, Parochial Vicar  
Deacon Alberto Bernaola  
Deacon Dick Delio, Retired

Business Manager, Elaine Stanislowski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Giovanni Camacho

### **MUSIC**

Joseph Ciskanik  
Director of Music, [musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)  
Assistant to the Music Ministry, Emma Atkinson

### **HOLY CROSS ACADEMY**

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### **HOLY CROSS PRESCHOOL**

540-373-7553  
Director, Sheri Castellarin

### **RELIGIOUS EDUCATION**

Director, Aristides Lucas  
Associate Director, Dr. Katherine Evans  
Administrative Asst, Lori Barlow

### **YOUTH MINISTRY**

Director, Tatiana Beltran  
Assistant Youth Minister, Catie Espiritu

### **ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)**

Director, Dr. Katherine Evans

### **OUTREACH**

Director, Elena Doyle

### **BAPTISMS**

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the  
date at least four weeks in advance.

### **MARRIAGE**

Parish registration required; contact the parish six months  
in advance to begin preparation.

**Articles must be submitted two weeks prior to publication.**  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401



# holy cross academy

## February Activities

Even though Punxsutawney Phil saw his shadow, it warmed up enough for the snow and ice to FINALLY melt on the playground! Our HCA Preschoolers definitely took advantage of the milder weather; running, sliding, and climbing. They have really missed being outside!

The children continue to use this time to make friends, learn through play, and build their academic skills. Science activities like exploring how shadows are created, how polar animals stay warm in the cold temperatures, and looking carefully at how snowflakes are made have been fun and educational. We celebrated Catholic Schools Week by giving out lollipops after morning masses on January 27th and 28th. We also thanked our families by providing a top your own cheesecake bar and making cards. Of course, the children also had to show the priests some appreciation too, so our preschoolers made a miniature representation of Fr. Mosimann's cross walls using a canvas and shrinky dinks.

The weeks between the Epiphany and Ash Wednesday are considered ordinary time in the church calendar, but these weeks are far from ordinary at preschool! What makes these weeks so special is the opportunity to explore some of the things that make our Catholic Faith so amazing. We've been learning about baptism and even got to practice baptizing a baby doll. We have also begun to talk about Miracles. There really is something extraordinary about ordinary time at our Catholic preschool!

With the school year speeding by so quickly, it is time to start enrollment for the 2025-2026 school year. Next year, our preschool will finally be moving up to be on campus with the K-8 Crusaders! If you have a three or four year old child, please contact our preschool director, Mrs. Sheri Castellarin via phone at 540-373-7553 or by email at [preschool@holycrossweb.com](mailto:preschool@holycrossweb.com) to discuss our program. We would love to show you what makes Holy Cross Academy Preschool at St. Mary the best preschool in the 'Burg for your child to grow spiritually, socially, physically, and academically!



*A National Blue Ribbon School of Excellence*



# education

# religious education

## Upcoming Events

**Monday to Friday, Registration of Religious Education students at the Parish Office.**

### February 2025

**Mon- Wed, 2/17-19**

No Religious Education Classes

### Thursday, 2/20

Confirmation Yr 2/Gr 8 Formation Night #2, 7-8pm in the Church

At 4pm First Penance #1: RE students who attend Holy Cross Academy

At 5pm First Penance #2: RE students who attend class on Mondays at 6:30pm

### Friday, 2/21

At 4pm First Penance #3: RE students who attend class on Mondays, Tuesdays, and Wednesdays at 4:45pm and Tuesdays at 6 pm at HCA

At 5 pm First Penance #4: RE students who attend class on Tuesdays and Wednesdays at 6:30pm and Home Taught/Home schooled students

### Saturday, 2/22

SPRED classes #9 in the PLC 10am-12 noon

Class 4: Catechist Certification Classes in the JP2 House 9:30am to 3:30pm - Topic BC 102: Egypt to the Promised Land Part 2

### Mon-Wed, 2/24-26

Religious Education Week 20

Formation for Spanish-speaking parents:  
SACRAMENTS

### Thursday, 2/27

Confirmation Year 1/Gr 7 Formation Night #3 in the church from 7 -8pm

## First Penance 2025

On Thursday and Friday, February 20 and 21, the children from our parish preparing for First Holy Communion this spring will make their First Confession. They are in their second year of preparation for First Holy Communion and have been baptized. First Confession is the first time these children will meet Jesus in the sacrament of Reconciliation. They will express sorrow for their sins and the intention not to do them again. Sin affects the excellent relationship God wants us to have with each of us. The children will be welcomed back by the priest to a restored relationship with God in the name of Jesus.



Reconciliation is a sacrament by which a person renews a love relationship with God. In the sacrament of Reconciliation, a person celebrates God's forgiving love, makes peace with the community, and receives help to live a better life through the absolution and penance the priest gives.

Your child will grow to appreciate this sacrament by practicing forgiveness at home and in the community and by going to confession regularly. It is even better if the family goes to confession together.

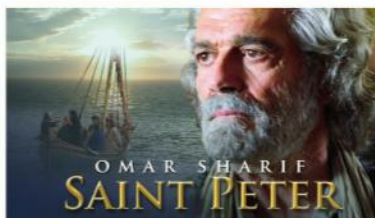
## THIS WEEK ON FORMED



**formed**  
Forming Catholics for Life.

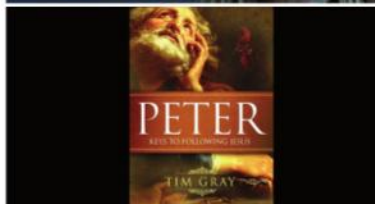
### Personal Apostolate

Every Catholic is called to share their faith – and there are simple, easy ways to do this. No megaphones needed. Just start the journey of discipleship with two friends. This episode's focus is sharing our faith with others.



### Saint Peter

Watch the epic story of the spread of Christianity during the early years of the Church. This film follows the journey of St. Peter through his martyrdom on a cross.



### Peter: Keys to Following Jesus by Tim Gray

Renowned scholar Dr. Tim Gray masterfully guides you through the tumultuous and inspiring life of Peter—from his call to discipleship to his eventual martyrdom in Rome. Using Sacred Scripture and tradition, Dr. Gray highlights important lessons from Peter's life.

**SIGN UP FOR FREE AT [FORMED.ORG/SIGNUP](https://formed.org/signup)  
CLICK REGISTER THEN ENTER PARISH CODE: F6F228**



# our parish youth ministry

## Diocesan Short Film Festival

A group of our youth ministry teens attended the annual Diocesan One Act Play and Short Film Festival last weekend. Parishes from all across the diocese came together to celebrate one another's hard work and creativity. Throughout the day, they got to see four one-act plays and five short films, and after viewing all of them, the teens got to create and present their own superlative awards for each performance. St. Mary's showcased two films and came home with several awards, including:

Most Touching Story  
Most Original Idea  
Best Sound Design  
Best Editor  
Best Cinematography  
Amazing Camera Work



## Large Groupings

### High School Youth Group

Grades 9-12

Sundays 6-8:30pm

Parish Life Center

*Dinner, friends & faith formation for high schoolers!*

### Middle School Youth Group

Grades 6-8

1st & 3rd Fridays 6:30-8pm

Parish Life Center

*Dinner, friends & faith formation for middle schoolers!*

## Small Groupings

### Boys Group - Fight Club

Boys, Grades 7-12

Saturdays 6:30-8am

Parish Life Center

*Grow together in brotherhood as Men of God!*

### Girls Group - Feminine Genius

Girls, Grades 6-12

2nd & 4th Thursdays 6:30-8pm

John Paul II House

*Grow together in sisterhood as Women of God!*

### YOUCAT

Grades 9-12

Wednesdays 6:30-8pm

John Paul II House

*Dive deeper into Scripture and your Catholic faith!*

### Senior Ministry

All 12th Grade

Monthly Meetings TBD

Contact us for exact dates

*Gather for a potluck dinner & formation!*

## Contact Us

**Tatiana Beltran**

tbeltran@stmaryfred.org

**Catie Espiritu**

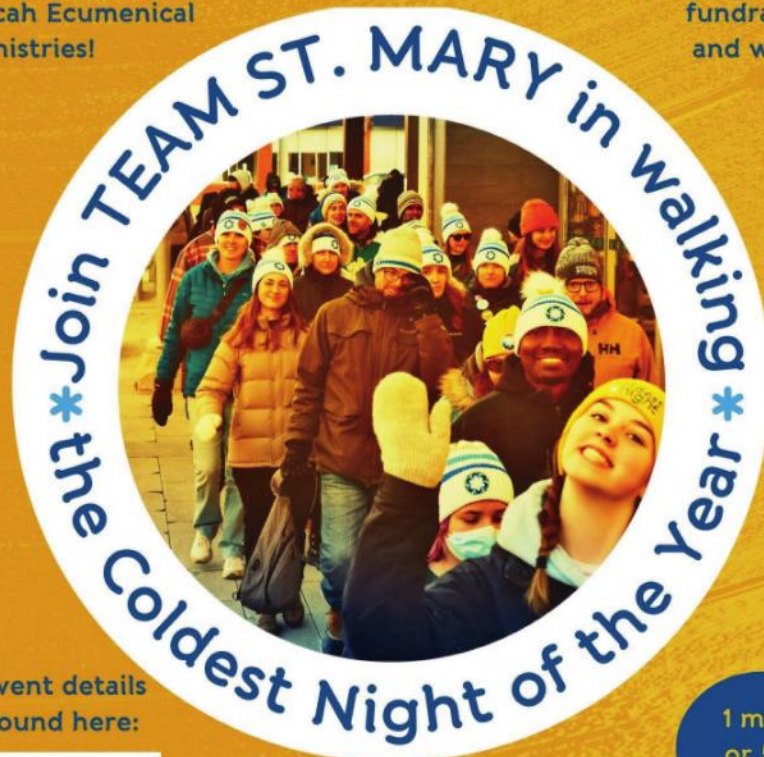
cespiritu@stmaryfred.org

our parish  
**micah ministries**

Gather for good...because its cold out there!  
FEBRUARY 22, 2025

Support the work of  
Micah Ecumenical  
Ministries!

Let's team up,  
fundraise  
and walk!



Event details  
found here:



<https://bit.ly/3PP49q2>

1 mile  
or 5K!

To register with St. Mary or make a donation, use the link! We will provide details so we can walk together! Email Elena at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org) with any questions.

All are welcome to join ~ parents, kids, family and friends

Register to Walk at [bit.ly/3PP49q2](https://bit.ly/3PP49q2) (All participants must be registered to walk)

Unable to join us? Visit the registration link above and make a donation in support of our team and walk in spirit with us!

#### Schedule

4pm	Check-in begins
4:45pm	Opening remarks
5pm	Walk starts
6pm	Light meal served
7pm	Event concludes

#### Details

Walk begins and ends at Riverfront Park - 701 Sophia Street, Fredericksburg, VA 22401  
You may participate in the 1 Mile or 5k Walk - visit [micahfredericksburg.org](https://micahfredericksburg.org) for route info  
All walkers must check-in personally to participate  
Dress Warmly - coat, hat, gloves and warm shoes  
Bring a spirit of charity for others!

"For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me." Matthew 25:35

Questions? Contact Elena Doyle [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)



our parish  
**lenten retreat**

**St. Mary Parish Lenten Retreat**

# Journey of Hope

**What does it mean to surrender  
to God and put complete trust in Him?**

Lead by Fr. Paul Kais

Monday • Tuesday • Wednesday

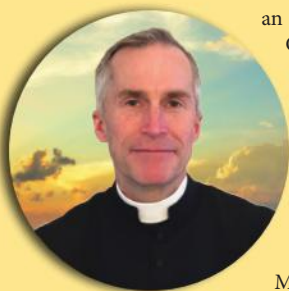
**March 17, 18 & 19**  
**7pm**

**St. Mary of the Immaculate Conception Church**

1009 Stafford Avenue, Fredericksburg, VA 22401

**Vespers**  
**Adoration**  
**Reflection**  
**Confession**

**All are invited**



Ordained to the priesthood in 2002, **Fr. Paul Kais** is an Opus Dei priest currently serving as Assistant Chaplain at the Catholic Information Center in Washington, D.C. Before receiving his doctorate in philosophy at the Pontifical University of the Holy Cross in Rome, he studied political science and history at the University of Dallas and worked as a high school history and government teacher in New York City and Chicago. Since ordination he has served as Chaplain at The Heights School in Potomac, MD., as well as at schools in Chicago and Houston.



**ST. MARY**  
of the  
**IMMACULATE**  
**CONCEPTION**  
*Roman Catholic Church*

[stmaryfred.org](http://stmaryfred.org)

# our parish happenings

## Traveling Blessed Mother

Do you know that our parish has a beautiful Blessed Mother statue that travels from home to home? All families are encouraged to invite her to visit. During her visit we ask that the family gather near the statue to pray the rosary. The graces and peace that abide in your home when the statue is present are a tremendous gift!

If your family would like the Blessed Mother to visit, please call or email Mary Lou Felts. If you have not had a Sacred Heart Enthronement, she can also schedule one for you during your visit. 571-723-3333 or [maryloufelts@gmail.com](mailto:maryloufelts@gmail.com).

## CCW to Welcome Garrett Green

Parishioner Garrett Green, personal trainer, founder and owner of Green Fitness and Wellness (the state-of-the-art gym next to Rex Rappahannock), will be the St. Mary Council of Catholic Women's guest speaker at 10am in the Father Rooney Community Room on Tuesday, February 18. Everyone is welcome!

Garrett has many tips and insights for health and wellness for family members of all ages. We will enjoy refreshments, have a 50/50 \$\$ drawing, and a brief business meeting after his presentation. Please make plans to join us!

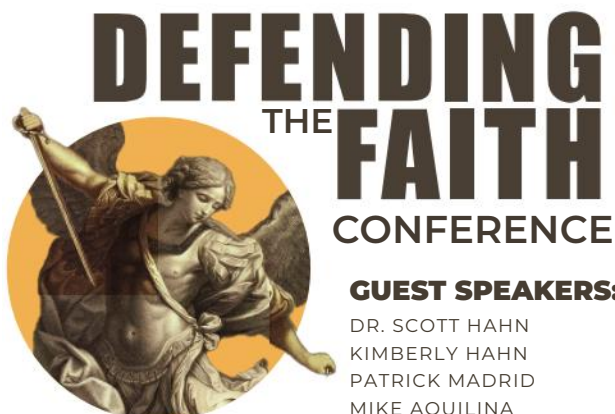
Would you like to meet our greater community's religious leaders and represent our pastor and our parish four times a year at the meetings of the Fredericksburg Interfaith Community Council? Please contact Elena Doyle, Director of Parish Outreach, at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org).

## Scholarship Available for College Students

The Associates of St. John Bosco (ASJB), a Catholic non-profit in the diocese founded by Fr. Christopher Vaccaro, has opened its scholarship application for all current and rising college students. This year, ASJB has more than doubled their scholarship offerings! ASJB will be awarding up to \$40,000 to up to five worthy recipients who seek to serve the Church in some way after they graduate from college. Applicants must be residents of the Diocese of Arlington. Students may apply by May 19, 2025, by visiting [asjb.org/scholarship-program](http://asjb.org/scholarship-program).

## Do You Enjoy Bringing JOY to Others?

Our Legion of Mary is seeking new members who can visit and pray with those in area nursing and assisted living homes. You are very much needed, someone out there is waiting for you. Can you spare some time weekly to bring the JOY of Christ to others? If you are interested in this beautiful ministry, please reach out to Donna Haring at [donnaharring2@gmail.com](mailto:donnaharring2@gmail.com).



# DEFENDING THE FAITH CONFERENCE

### GUEST SPEAKERS:

DR. SCOTT HAHN  
KIMBERLY HAHN  
PATRICK MADRID  
MIKE AQUILINA  
BISHOP JOSEPH WILLIAMS  
KARLO BROUSSARD  
NOELLE MERING

Deepen your understanding of the Church's teaching and learn how to confidently live out your faith through engaging speakers, powerful worship, and fellowship with other Catholics

AUGUST  
**1-3**  
2025

## JOIN ME!

**Suzette Young**  
[agingcoastrkid@yahoo.com](mailto:agingcoastrkid@yahoo.com)  
(540) 479-6987  
use code **25SYoung**  
when registering!

visit [steubenvilleconfernces.com/dfc](http://steubenvilleconfernces.com/dfc)





our parish  
**happenings**

*Flourish:* Elevate your Marriage  
from Good to Great

Embark on a Journey of Christ-Centered Marriage Renewal

One-day spiritual retreat for married couples led by  
Fr. Mosimann, David & Margaret Bereit, and of course ... the Holy Spirit

**Saturday**  
**March 22, 2025**

St. Mary of the  
Immaculate Conception  
1009 Stafford Ave., Fredericksburg, VA 22401

9am Mass—Church  
Breakfast—Parish Life Center  
Reflections & Prayer  
4:00pm—Conclusion

**Register**



<https://bit.ly/4gDPcC6>

No Cost  
Bring brown bag lunch  
Space is Limited

Questions?  
Call St. Mary 540-373-6491



ST. MARY  
OF THE  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

[stmaryfred.org](http://stmaryfred.org)

# our parish

# emma atkinson



A Note of Gratitude from Emma

Beloved Brothers & Sisters in Christ,

Blessings. I am immeasurably grateful for your outpouring of love upon me. I have felt the strength of your prayers as I have begun this journey of purifying love. Thank you.

For those of you who would like to stay in touch, letters would be best. Please use the following address:

Emma Atkinson  
5678 Mt. Carmel Road  
La Plata, MD 20646

P.S.—For now, I am simply “Emma”. God willing, next year I will take the habit, and receive a new name, having been “officially betrothed”, as it were.

May God bless you now and always.

In Christ,  
Emma

Una nota de gratitud de Emma

Queridos Hermanos y Hermanas en Cristo,

Bendiciones. Estoy inmensurablemente agradecida por el amor que han derramado sobre mi. He sentido sus oraciones al iniciar esta jornada de amor purificante. Mil gracias.

Para los cuales les gustaría mantenerse en contacto, pueden escribirme cartas. Por favor usen esta dirección:

Emma Atkinson  
5678 Mt. Carmel Road  
La Plata, MD 20646

P.D. -- Por ahora, simplemente soy “Emma”. Ojala, sea la voluntad de Dios, este próximo año recibiré el hábito, y con el, un nuevo nombre, ya que seré más bien “oficialmente prometida”.

Que Dios los bendiga ahora y siempre.

En Cristo,  
Emma





our parish  
happenings

**PARISH PILGRIMAGE**

SPONSORED BY ST. MARY COUNCIL OF  
CATHOLIC WOMEN

**A DAY TRIP TO LANCASTER, PENNSYLVANIA'S  
SIGHT & SOUND THEATRES TO SEE THE LIVE  
PRODUCTION OF NOAH ON TUESDAY, MAY 6**

MEET BUS AT 6AM IN CHURCH PARKING LOT |  
RETURNS AT 9:30PM

COST: \$166 EACH ADULT, \$107 EACH CHILD  
Charter bus, including driver gratuity; "Noah";  
Miller's Smorgasbord (meal, tax + tip)  
Shopping at Miller's includes Anna's Gifts and  
Sundries, The Quilt Shop, and Ruthie's (locally  
sourced gourmet foods)

**DETAILED INFO SHEET WITH RESERVATION  
FORM AVAILABLE IN THE PARISH OFFICE OR  
DOWNLOAD IT AT [stmaryccw.org/events](http://stmaryccw.org/events) - -  
Deadline is MARCH 15**

KNIGHTS OF COLUMBUS



**SATURDAY, MARCH 15**

**5:30-8:30PM**  
**THE PARISH LIFE CENTER**

**More info in next week's bulletin!**



2minutes2virtue helps Catholics get the most out of Sunday readings!

Each week, a priest from the Diocese of Arlington breaks down the Gospel and challenges you to grow in faith. Watch for our own Fr. Tim as he shares his wisdom and inspiration!

Join thousands already watching! Be sure to subscribe at  
[arlingtondiocese.org/2m2v](http://arlingtondiocese.org/2m2v)  
to get 2minutes2virtue delivered to your email!

**St. Mary's Adoration of the Blessed Sacrament**

**Wednesday 1pm - Friday 9am**

Contact [Adoration@stmaryfred.org](mailto:Adoration@stmaryfred.org) Permanent adorers and substitutes are needed.

# our parish happenings

## Requisitos para recibir los Sacramentos

### BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

### MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

### PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado, 3-11
- Preparación de 2 años

### CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 2 años

### RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

### QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

## Legión de María

St. Mary of the Immaculate Conception

La Legión de María está en busca de nuevos miembros activos que deseen unirse en la labor de llevar la imagen de la Virgen Peregrina, visitar a los enfermos y difundir el evangelio a los más necesitados, entre otras actividades. Bajo el estandarte de María, te animamos a unirte a su ejercito y ser parte de esta misión.

para más información:  
Samuel Meza 571-723-3807



## a Jesús por María

CONSAGRACIÓN AL INMACULADO  
CORAZÓN DE MARÍA

**Fecha de inicio: 20 de febrero**

"Ser tu devoto, oh Santísima Virgen, es un arma de salvación que Dios da a los que quiere salvar".

- San Luis de Montfort

Para inscribirse llamar a:  
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# noticias en español

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### Para mas Información llamar a:

Giovanni (540) 373-6491  
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### Cupo Limitado

Por la naturaleza de la conferencia es importante no traer niños.

### Enlace de registro:

<https://bit.ly/4fdMDWM>



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## Donations Received January 28 - February 3

Sunday Offertory	\$33,483.00
Arlington Catholic Herald	\$3,740.00
Church in Latin America	\$170.00
Debt Reduction	\$135.00
St Vincent de Paul Poor Box	\$239.00

*Thank you for your generosity!*

Masses were offered in January for the following *unscheduled intentions*: Ciaran Donovan, Anna Ebben, Kevin & Thanya Bliss, Maria & Thomas Andrews, +Olga Newcomer (2), +Jim Burgess, +Diane Hamelin, +Rick Schultz, +Kathleen Trimbach, +Alexander Afrane-Sakyi, +Basil Abeyratne, and Matthew & Janett Prohaska.

## Micah Love Your Neighbor Campaign - February 15 and 16

The Second Collection next weekend is in support of the Micah "Love Your Neighbor" Campaign. Micah's community of churches cares for more than 700 neighbors in need each year. They often lack homes, support systems, and basic needs. Many survive on less than \$2 a day. Yet, we live in a region of over 350,000 people whose households bring home an average of \$249 a day. And most of us spend more than \$2 a day on a cup of coffee or an impulse-buy that we don't need. Love your neighbor and give in their honor. Your generosity is appreciated.

## Special Collection for LA Wildfire Relief - February 22 and 23

In response to the devastation wrought by the wildfires in Los Angeles, a special collection will be taken up the weekend of February 22 and February 23 to support and assist in humanitarian relief efforts. Your generosity and support are most appreciated. All checks should be made payable to St. Mary Catholic Church, with "LA Wildfire Relief" in the memo line.

## Children's Charity - February

The children's charity that will benefit from the offering in February is Hazelwild Farm's Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The

lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to [hazelwildfarm.com](http://hazelwildfarm.com).

## Choose-Life Reflection

St. Francis of Assisi put forth a great challenge when he said, "Preach the gospel at all times, if necessary use words." We can SAY many things, with little influence on people who aren't ready to hear what we have to say. Or we can DO a few powerful things out of LOVE for a neighbor. And we can have great impact on those who've previously accessed limited Christ-like examples. Humbly WALKING the community with that message of action and kindness is what Micah 6:8 is all about. ([micahfredericksburg.org](http://micahfredericksburg.org)) Pro Life is all life - from the womb to the tomb.

## 2025 Bishop's Lenten Appeal

The 2025 BLA mailing was recently sent to parishioners. This year's theme is: "Abounding in Hope." After reflecting upon the blessings God has given you, please prayerfully consider a pledge. Sharing your gifts with the 40+ ministries and programs funded by the BLA truly impacts the lives of thousands across our diocese. You can make a gift at [arlingtondiocese.org/BLA](http://arlingtondiocese.org/BLA) or scan the QR code:





# liturgy

# daily bread

## Saint Mary Prayer List - January

**Please pray for those who are sick or in need, especially:** Andrew Berna, Ann Graf, Bernice Schlosser, Bobby Anderson, Bonita & Charles Boyer, Bonita Boyer, Brenda Gabriel, Carol Dalton, Cathy Nichols, Chamberlyn Guerra, Charles Boyer, Chris Breth, Connie Brimmer, Daniel Foster, David Smetek, Dean Albrecht, Deanie Ryder, Drew LoRusso, Gennaro Balletta, Jack Smith, Jacob Moser, Jason Stoker, Joanne O'Brien, Joseph Krieg, Joseph Lamantia, Karl Eugene, Keith & Theresa Kovalefsky, Larry Delaney, Logan Leslie, Manuel Iraheta, Mark Smetek, Mary Ann Seidlinger, Maryann Carroll, Michael Fedowitz III, Pat Fish, Rita Hagans, Rita Williams, Shirley Bozicevic, Tom Faleskie, Tom O'Brien, William Pell

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

### Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 6-7pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

## Daily Mass Intentions

### February

#### 17 MONDAY

6:30am Susie Wilcox+  
9:00am Bob and Suzette Young  
12:00pm Nicholas Caiafa  
Gn 4:1-15, 25/Mk 8:11-13

#### 18 TUESDAY

6:30am Poor Souls in Purgatory  
9:00am Sylvia Bibby+  
Gn 6:5-8; 7:1-5, 10/Mk 8:14-21

#### 19 WEDNESDAY

6:30am Jeffrey Alexander  
8:15am\* Cecilio del Carmen Mela Pinto  
9:00am Gizella Wrobel+  
Gn 8:6-13, 20-22/Mk 8:22-26

#### 20 THURSDAY

6:30am Blanca Maribel Pineda Chavez  
9:00am Oscar Benitez  
Gn 9:1-13/Mk 8:27-33

#### 21 FRIDAY

6:30am Nadine Golgosky+  
9:00am Minh Hang T. Duer+  
12:00pm Lucy Stanley  
Gn 11:1-9/Mk 8:34-9:1

#### 22 SATURDAY

9:00am Adam Stanisławski  
5:00pm Jennifer Moline+  
7:00pm The Salsberry Family  
1 Pt 5:1-4/Mt 16:13-19

#### 23 SUNDAY

7:00am Cecilio Antonio Gonzalez  
8:30am Bob and Jackie Ezersky  
8:30am\* Margaret Alexander+  
10:30am Dr. Lee Edwards+  
10:30am\* Our Military Living & Deceased  
12:30pm For Our Parish  
2:30pm Jose D. Soto+  
5:00pm Joseph J. Hamm+  
7:00pm Antonia Maraldo+  
1 Sm 26:2-23/1 Cor 15:45-49/Lk 6:27-38

*\* Indicates Mass at Holy Cross Academy. Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

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