

THE EIGHTH SUNDAY IN ORDINARY TIME

March 2, 2025



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

grow our legacy in faith

Did you know?

THE STORY OF ST. HELENA AND THE TRUE CROSS

In sacred art, St. Helena is often depicted holding a cross because tradition maintains that she found the true cross. Here is some background. After a Jewish revolt and the destruction of the Temple in Jerusalem in A.D. 70, Roman Emperor Hadrian (reign A.D. 117-38) forbade Jews from entering the area. Also fearing influence from Christians, Hadrian leveled the top of Mount Calvary and built a temple to the pagan goddess Venus. He then cut away the hillside where Jesus' tomb was located. Ironically, the demolition preserved both sacred sites.

In the year 312, Emperor Constantine seized power. One year later, he legalized Christianity with the Edict of Milan. At this time, Constantine's mother, St. Helena, converted to Christianity and was baptized. In 324, with the backing of her son, St. Helena traveled to Palestine in search of Jesus' cross. In the years that followed, she built churches to mark the site of Jesus' nativity in Bethlehem and His Ascension.

St. Helena is known for her love of the poor and for her piety. In the year 326, the temple of Venus was demolished and the site where Jesus was crucified was exposed. At St. Helena's urging, Constantine

ordered St. Macarius, Bishop of Jerusalem, to make a search for the cross on Mount Calvary. Just east of the site, three crosses were found in a rock-cistern as well as the titulus, the wood plaque inscribed with Jesus Nazaranus Rex Iudaeorum. The titulus and each cross were removed from the cistern and a woman, dying from a terminal disease, was brought to the spot. She touched the crosses, one by one. After touching the third cross, she was cured, thus identifying the true cross. St. Ambrose preached that when St. Helena and her workers found the true cross, "she worshiped not the wood, but the King, Him who hung on the wood."

The Feast of the Exultation of the Holy Cross is September 14. On this day, each year, the entire school community comes together for mass to celebrate the feast. Let us remember the words of St. Francis of Assisi: "We adore Thee, O Christ, and we praise Thee, because by Thy Holy Cross Thou hast redeemed the world."

The Church celebrates the feast of St. Macarius, Bishop of Jerusalem, on March 10th. to provide a construction update and share with you their progress and their current focus.

"Share" opportunities available

In our St. Helena Chapel, the stained glass windows have been installed, and they look lovely. Within this prayerful space, the windows are also beautifully lit by delicate interior lighting. Jesus, our Blessed Mother, and St. Joseph are there for our Holy Cross families front and center as you enter the school.



Saint Helena Chapel

Holy Cross Academy

St. Joseph & Jesus Window

5 shares/\$5k each

The Annunciation Window

5 shares/\$5k each

Candlestick Holders (6)

\$2.5k each

Stations of the Cross (14)

\$TBD

Contact Us - Availability is limited

Memorials are supplemental to your generous pledge. Thank you!

These opportunities are on a first-come, first-served basis.

All memorials will be acknowledged on our Holy Cross Academy cafeteria memorial wall.

Please get in touch with Donna Harring at the Parish Office at 540-373-6491.

from our pastor

Dear folks,

Get ready.

I might be talking about spring training baseball. I might be talking about the Pope. I might be talking about Lent. I might be talking about your spouse going to the doctor.

I can see in my mind a beautiful deep blue twilight sky. I am standing at third base with a glove playing little league. I remember before every pitch thinking, if x happens, then I do y. If b happens then I do c. This is why I love this game, because I have to be able to already know what to do without thinking about it.”

Yep, that happened.

Don't let spring training, the illness of the pope, or the health of your loved ones or lent catch you by surprise.

Make your plan, say your prayers, pick up your crosses, so that when the ball comes screaming at you at 100 mph and you lift your glove in self defense, you already know what you are going to do. And maybe you will make the All Star Team!

pax,



Very Reverend John P. Mosimann V.F.
Pastor

Stations of the Cross

Stations of the Cross will be held each Friday in Lent at 6:30pm in English and at 7:30pm in Spanish. The First Friday Mass in March and April will be moved to 5:15pm in the church.

Ash Wednesday Mass Schedule

WEDNESDAY, MARCH 5

St. Mary Church

6:30am, 9am, 12 noon, 4pm (Norvus Ordo), 6pm, 8pm (bilingual)

Holy Cross Academy

4:30pm & 6pm

Holy Cross Academy | 250 Stafford Lakes Pkwy Fredericksburg VA 22406

announcements

St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and members of our Welcoming Committee are looking forward to meeting you and introducing you to the many fantastic ministries at St. Mary so that you (and your family) can share your gifts and talents with your new parish family.

Please sign-up for a time slot on **Sunday, March 23 9:30am-12pm** for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor using bit.ly/46pMXhh

Meetings will take place in the parish office located behind the church. If you have any questions, please email Elena Doyle at edoyle@stmaryfred.org.

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Divine Mercy, Wednesday, 3pm
First Friday 7pm Norvus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday 8:30am - 9pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Phillip Cozzi, Parochial Vicar
Reverend Robert Renner, Parochial Vicar
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio, Retired

Business Manager, Elaine Stanislowski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Joseph Ciskanik
Director of Music, musicdirector@stmaryfred.org
Assistant, Music Ministry, Emily D'Isidoro

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Dr. Katherine Evans
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months
in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

ASH WEDNESDAY

LENT BEGINS

WHAT IS LENT?

The 40-day period from Ash Wednesday and before Easter Sunday. It is marked by prayer, fasting, abstinence, and other acts of penance.

PRAYER



FASTING



ABSTINANCE



WHAT IS FASTING?



One meal a day, and two smaller meals which if added together would not exceed one full meal.

DAYS OF FAST?

Ash Wednesday

Good Friday

WHO ARE REQUIRED?

Catholics from age <18 to 59>

The sick and expectant mothers are excused from fasting

WHAT IS ABSTINENCE?



Abstinence is refraining from eating meat. Meat is considered to be the flesh and organs of mammals and fowl.

DAYS OF ABSTINENCE?

Ash Wednesday

All Fridays of Lent

Good Friday

WHO ARE REQUIRED?

Mandatory for everyone older than 14 years old

our parish

lent

Make it a GREAT Lent!

We are days away from the start of this beautiful season when we intentionally seek to draw closer to Jesus by deeper prayer, sacrifice and alms giving. Like with any good intention, in order to make it happen, one must make time and a plan of ACTION. Below are some great ideas and resources to help you (and your family) make a GREAT Lent!

TOP OF THE LIST

Daily Mass!!! Take some time to attend a quiet Mass. We have THREE 6:30am, 9am and noon (or find a Mass near your office)



Adoration of the Blessed Sacrament

Alone, quiet time with Jesus! Daily 6:30am-9am

Wednesday 12:30pm – all night – Thursday – all day/all night thru Friday 9am

Confession

Wednesdays 11:30am-12, 6:30pm-8:30pm & Saturday 8am-8:30am & 3:30-4:30pm

Stations of the Cross

Every Friday in Lent 6:30pm English & 7:30pm Spanish

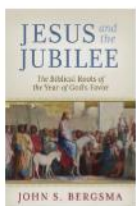
Did you know that the booklets/guides to the Stations of the Cross are always in the back of the church? You can come in and pray the stations on your own any time there is not Mass. Beautiful and powerful prayer!



Magnificat

Daily scripture and reflection companion. Available FREE in the back of church while supplies last. OR subscribe to the booklet and receive it monthly with fantastic reflections and extra info on saints, religious art and more! Keep it going all year-long!

Lenten Studies



Abiding Together Lenten Study (free)

abidingtogetherpodcast.com/jesus-and-the-jubilee

Free Lenten Bible studies from Scott Hahn

You just sign-up over email and they send you a weekly video from St. Paul Center.



Jesus' final utterances from the Cross have been a subject of meditation for the greatest Catholic mystics from St. Bonaventure to St. Alphonsus Liguori to Ven. Fulton Sheen.

In The Seven Last Words—a weekly Lenten video series from the St. Paul Center—Dr. Scott Hahn explores the final words that Jesus uttered while He hung dying on the Cross, and shows how those words reveal the heart of our salvation.



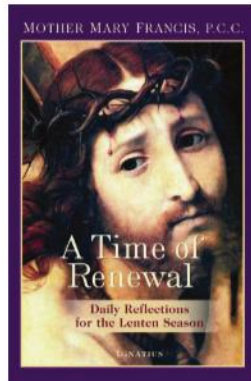
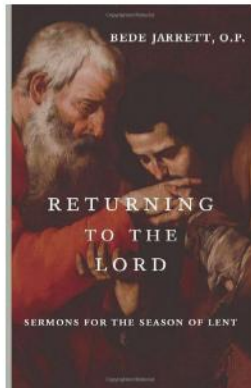
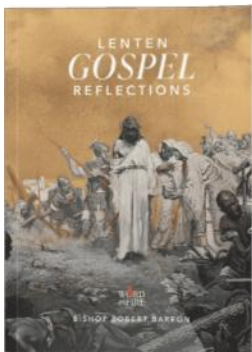
Food for Your Soul



Friends, throughout his impressive athletic career, Major League Baseball player Trevor Williams has pitched for the Pittsburgh Pirates, Chicago Cubs, New York Mets, and now, the Washington Nationals.



Trevor recently joined me for a conversation about the game of baseball, his outspoken response to the 2023 Los Angeles Dodgers controversy, and how the Catholic faith guides his personal and professional life.



Hallow
Catholic Prayer & Meditation App

hallow.com

For Children & Families FORMED

An excellent resource for kids & families!
St. Mary's code is F6F228

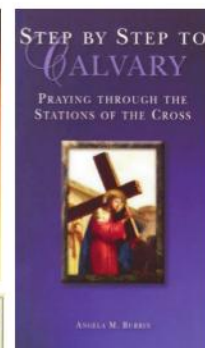
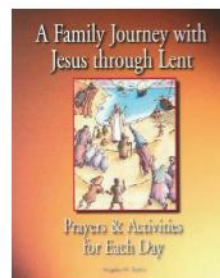
watch.formed.org/lent-with-brother-francis/season:1



Crown of Thorns Activity

Activity for Families & children of all ages that encourages acts of charity and sacrifice during lent

bit.ly/crown-of-thorns-kids



our parish happenings

Flourish: Elevate your Marriage from Good to Great

Embark on a Journey of Christ-Centered Marriage Renewal

One-day spiritual retreat for married couples led by
Fr. Mosimann, David & Margaret Bereit, and of course ... the Holy Spirit

**Saturday
March 22, 2025**

St. Mary of the
Immaculate Conception
1009 Stafford Ave., Fredericksburg, VA 22401

9am Mass—Church
Breakfast—Parish Life Center
Reflections & Prayer
4:00pm—Conclusion

Register



<https://bit.ly/4gDPcC6>

No Cost
Bring brown bag lunch
Space is Limited

Questions?
Call St. Mary 540-373-6491



ST. MARY
OF THE
IMMACULATE
CONCEPTION
Roman Catholic Church

stmaryfred.org

education holy cross academy

Enrollment Time!

Time to Enroll at Holy Cross Academy Pre-School 3 through 8th grade!

Discover the excellence of Holy Cross Academy, where we form saints, scholars, and leaders. Our award-winning school in Fredericksburg offers a nurturing environment where children thrive academically, spiritually, and socially.

With small class sizes and dedicated teachers, each student receives personalized attention to reach their full potential.

Come and visit Holy Cross Academy to experience our welcoming and vibrant atmosphere. Meet our dedicated faculty, see our students in action, and tour our growing campus. Discover how a Catholic education at Holy Cross Academy provides a strong foundation for lifelong success.

For more information, please visit our website at holycrossweb.com. To schedule a visit, please contact Dina James at 540-286-1600 or email djames@holycrossweb.com.

We look forward to welcoming you!

Holy Cross Academy Kindergartners Celebrate 100 Days of Kindergarten!

Prepare for an overload of cuteness! Our wonderful kindergartners have reached a significant milestone - 100 days of learning, growing in friendships, and growing spiritually. Both kindergarten classes celebrated this special day by counting to 100 multiple times throughout the day. They explored counting in groups of 5, 10, and more!

To make the day even more memorable, many students dressed up as if they were 100 years old. Imagine the adorable scene of little ones with gray hair, glasses, and canes, bringing their creative flair to life.

We are so proud of our students' hard work, and this celebration was a fantastic way to recognize their achievements. Here's to many more days of growth and learning together!



*A National
Blue Ribbon
School of
Excellence*



education

religious education

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

March 2025

Mon-Wed, 3/3-5

No Religious Education Classes: Students attend Ash Wednesday Mass

Wednesday, 3/5

Ash Wednesday. Attendance Credit for students who attend Mass

Thursday, 3/6

Confirmation Yr 2/Gr 8 Formation Night #3, 7-8pm in the Church

Saturday, 3/8

SPRED classes #10 in the PLC 10am-12 noon

Mon-Wed, 3/10-12

Religious Education Week 21
Youth Ministry Visits Confirmation Classes

Saturday, 3/15

Class 5: Catechist Certification Classes in the St. Joseph House 9:30am to 3:30pm | Topic BC 103: Judges to Jesus Part 1

Mon-Wed, 3/17-19

No Religious Education Classes: Students attend one night of Parish Lenten Retreat

St. Mary Parish Lenten Retreat, 7pm (Vespers, Adoration, Reflection and Confession)

Mon-Wed, 3/24-26

Religious Education Week 22
Catechists collect PARISH RETREAT attendance slips
Formation for Spanish-speaking parents:
SACRAMENTS
Lenten Confessions for Grades 3-8 RE students at St. Mary

Wednesday, 3/26

Lenten Confessions for Home Taught students at 4:45pm in the church

SAVE THE DATE

Young Family VBS
for children ages 0-5 and their parents; older siblings welcome
June 28, 2025
9am to Noon

Vacation Bible School
for children entering
Kinder - 5th grade
August 4-8, 2025
9am to Noon

 stmaryfxbgvbs@gmail.com

JOIN US FOR CRS RICE BOWL'S 50TH ANNIVERSARY!

CRS Rice Bowl is celebrating 50 years of helping Catholic faith communities bring Lent to life and encounter God through our global family.



During the 40 days of Lent, let us journey together through CRS Rice Bowl to meet people in Nigeria, Guatemala and Bangladesh who are rising above the challenges of hunger and malnutrition.

Pick up your rice bowl when you attend Mass or Religious Education classes.

our parish youth ministry



ST. MARY YOUTH MINISTRY CALENDAR

MARCH 2025



| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------------|-----|-----|--------------------|-----------------------|----------------------|--------------------|
| 2 HS YOUTH GROUP | 3 | 4 | 5 ASH WEDNESDAY | 6 | 7 MS YOUTH GROUP | 8 NO FIGHT CLUB |
| 9 HS YOUTH GROUP | 10 | 11 | 12 YOUCAT | 13 FEMININE GENIUS | 14 | 15 FIGHT CLUB |
| 16 HS YOUTH GROUP | 17 | 18 | 19 YOUCAT | 20 | 21 MS YOUTH GROUP | 22 FIGHT CLUB |
| 23 HS YOUTH GROUP | 24 | 25 | 26 YOUCAT | 27 FEMININE GENIUS | 28 | 29 FIGHT CLUB |
| 30 HS YOUTH GROUP | 31 | 1 | 2 YOUCAT | 3 | 4 MS YOUTH GROUP | 5 FIGHT CLUB |

"I HAVE CALLED YOU BY NAME; YOU ARE MINE." ISAIAH 43:1

Large Groupings

High School Youth Group

Grades 9-12
Sundays 6-8:30pm
Parish Life Center
Dinner, friends & faith formation for high schoolers!

Middle School Youth Group

Grades 6-8
1st & 3rd Fridays 6:30-8pm
Parish Life Center
Dinner, friends & faith formation for middle schoolers!

Small Groupings

Boys Group - Fight Club

Boys, Grades 7-12
Saturdays 6:30-8am
Parish Life Center
Grow together in brotherhood as Men of God!

Girls Group - Feminine Genius

Girls, Grades 6-12
2nd & 4th Thursdays 6:30-8pm
John Paul II House
Grow together in sisterhood as Women of God!

YOUCAT

Grades 9-12
Wednesdays 6:30-8pm
John Paul II House
Dive deeper into Scripture and your Catholic faith!

Senior Ministry

All 12th Grade
Monthly Meetings TBD
Contact us for exact dates
Gather for a potluck dinner & formation!

Contact Us

Tatiana Beltran
tbeltran@stmaryfred.org

Catie Espiritu
cespiritu@stmaryfred.org

our parish happenings

Parishioner Seeking Nanny

Our family is searching for a nanny for our two, school aged children. We need help getting the children ready for school and driving them to/from school each day. Arrival time would be 5:45am and end around 6:00pm. This would be an ideal position for a person in college as there will be some unstructured time in the middle of the school day. We would like someone who is comfortable with light cleaning, meal prep and with dogs.

This position is Monday through Friday. We are praying for the perfect person who is reliable, kind and loving to help our family. We would love to hear from you if you're interested. Please email Jen Pukish at jdowning7@gmail.com.

St. Mary's Adoration of the Blessed Sacrament

Wednesday 1pm - Friday 9am

Contact Adoration@stmaryfred.org Permanent adorers and substitutes are needed.



Strangeways Brewing
350 Lansdowne Rd, Fredericksburg, VA 22401

MON. MAR 3

Doors open at 5pm
Presentation at 6:30pm

This Month

Finding the Good and Taking It with You

Dr. Bill Hocter is a repeat offender at Theology on Tap! He is a psychiatrist specializing in forensic and geriatric psychiatry and a United States Navy Veteran of 30 years. Drawing from his experiences and studies, he will present on the virtue of prudence. How do I know what is truly the best thing? How should we make good decisions? How can I follow through on decisions like the saints? Come join for good friends, good beer, and good conversation.



DR. BILL HOCTER



Connect With Us
fredericksburgtot@gmail.com

**Open to all!
Young families
welcome!**

St. Mary Parish Lenten Retreat

Journey of Hope

What does it mean to surrender to God and put complete trust in Him?

Lead by Fr. Paul Kais

Monday • Tuesday • Wednesday
March 17, 18 & 19
7pm

St. Mary of the Immaculate Conception Church
1009 Stafford Avenue, Fredericksburg, VA 22401

**Vespers
Adoration
Reflection
Confession**



Ordained to the priesthood in 2002, **Fr. Paul Kais** is an Opus Dei priest currently serving as Assistant Chaplain at the Catholic Information Center in Washington, D.C. Before receiving his doctorate in philosophy at the Pontifical University of the Holy Cross in Rome, he studied political science and history at the University of Dallas and worked as a high school history and government teacher in New York City and Chicago. Since ordination, he has served as Chaplain at The Heights School in Potomac, MD, as well as at schools in Chicago and Houston.

All are invited



our parish happenings

College Scholarship Available

The Associates of St. John Bosco (ASJB), a Catholic non-profit in the diocese founded by Fr. Christopher Vaccaro, has opened its scholarship application for all current and rising college students. This year, ASJB has more than doubled their scholarship offerings! ASJB will be awarding up to \$40,000 to up to five worthy recipients who seek to serve the Church in some way after they graduate from college. Applicants must be residents of the Diocese of Arlington. Students may apply by May 19, 2025, by visiting asjb.org/scholarship-program.

Do You Enjoy Bringing JOY to Others?

Our Legion of Mary is seeking new members who can visit and pray with those in area nursing and assisted living homes. You are very much needed, someone out there is waiting for you. Can you spare some time weekly to bring the JOY of Christ to others? If you are interested in this beautiful ministry, please reach out to Donna Harring at donnaharring2@gmail.com.

Traveling Blessed Mother

Do you know that our parish has a beautiful Blessed Mother statue that travels from home to home? All families are encouraged to invite her to visit. During her visit we ask that the family gather near the statue to pray the rosary. The graces and peace that abide in your home when the statue is present are a tremendous gift!

If your family would like the Blessed Mother to visit, please call or email Mary Lou Felts. If you have not had a Sacred Heart Enthronement, she can also schedule one for you during your visit. 571-723-3333 or maryloufelts@gmail.com.

St Mary's Singles Group

An open invitation to everyone single and 40 years of age or older for monthly group social gatherings like dinners, movies, plays, works of charity, prayers, Mass and other church events.

Contact Eileen at emw5348@gmail.com to get on the email newsletter list. There is a gathering each month at the Wegmans upstairs meeting space at 10 am to plan activities. Our next meeting will be March 15.

KNIGHTS OF COLUMBUS



SATURDAY, MARCH 15

5:30-8:30PM
THE PARISH LIFE CENTER

More info in next week's bulletin!

St. Monica Prayer Group

All are welcome to join the St. Monica Prayer Group on Saturday, March 8 following the 9am Mass (9:45-11am) at St. Mary's in the Courtyard Meeting Room.

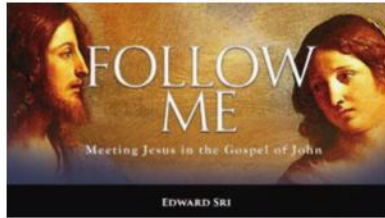
The mission of the St. Monica's Prayer Group is to provide a community for Catholics to pray for loved ones (children, parents, spouses, extended family) who have strayed from the faith, to provide encouragement, and to assist each other in our growth in holiness.

We will pray the Seven Sorrows Rosary, then discuss the 16th chapter ("As A Parent, You Are Never Finished Loving, p57) from the book *The Saint Monica Club* by Maggie Green which is available on Amazon.

For more information, please contact Megan Kimbrell at st.monica.club@gmail.com.

our parish happenings

Adult Education Opportunities for Spring Follow Me: Meeting Jesus in the Gospel of John



Following Christ takes more than simply believing in him or doing what he asks of us. Jesus wants you to be more than just a believer—he wants you to be his disciple and friend. *Follow Me: Meeting Jesus in the Gospel of John* is your guide to a personal encounter with Christ. *Follow Me* invites you to experience the joy of a renewed friendship with Christ. You will see how God, and only God, can satisfy the deepest desires of your heart.

This is an eight-session study **beginning April 16 and 17.**

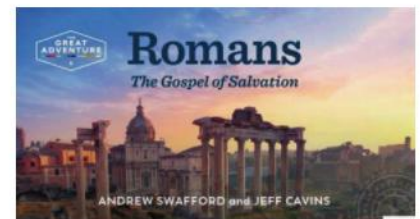
Wednesday, April 16 at 9:45am in the Father Rooney Community Room; or **Wednesday, April 16 at 6:25pm** at Holy Cross Academy; or **Thursday, April 17 at 9:45am** in the Father Rooney Community Room. Cost \$20. Each session is limited to 25 participants.

Facilitator: Suzette Young agingcoastrkid@yahoo.com

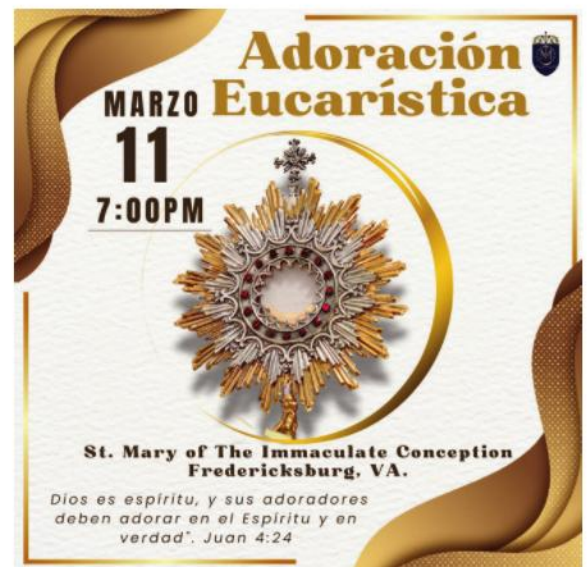
Romans: The Gospel of Salvation

Paul's letter to the Romans has been at the center of reflection, conversion, and controversy from the time it was written. Presented by Andrew Swafford and Jeff Cavins, *Romans: The Gospel of Salvation* provides an authentically Catholic, comprehensive, and simple way to understand the overarching theme of Romans—salvation. This fascinating book reveals that salvation is not merely the removal of a guilty verdict; it is about entering into Christ's life, death, and resurrection and sharing in his divine life. This is an eight-session study beginning April 14, 12:45 PM in the Father Rooney Community Room. Class size limited to 25 participants. Cost \$25.

Facilitator: Bryan Richardson br22406@cox.net



Register in the Parish Office by March 24



noticias en español

Requisitos para recibir los Sacramentos

BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado, 3-11
- Preparación de 2 años

CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 2 años

RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491



Jornada para MUJERES

SI CONOCIERAS EL DON DE DIOS

MARZO 29 8:30AM-4:00PM

Centro de vida parroquial (PLC)
St. Mary of the Immaculate Conception
1009 Stafford Ave Fredericksburg, VA 22401

Para inscribirse llamar a la oficina parroquial
(540) 373-6491

Donación \$20 Incluye alimentos

Legión de María

La Legión de María está en busca de nuevos miembros activos que deseen unirse en la labor de llevar la imagen de la Virgen Peregrina, visitar a los enfermos y difundir el evangelio a los más necesitados, entre otras actividades. Bajo el estandarte de María, te animamos a unirse a su ejército y ser parte de esta misión.

para más información: Samuel Meza 571-723-3807



operations given in love

Donations Received February 12-18

| | |
|------------------------------------|-------------|
| <i>Sunday Offertory</i> | \$27,075.00 |
| <i>Micah Love Your Neighbor</i> | \$4,862.00 |
| <i>Debt Reduction</i> | \$410.00 |
| <i>Arlington Catholic Herald</i> | \$142.00 |
| <i>Poor Box St Vincent de Paul</i> | \$639.00 |

Thank you for your generosity!

Aid to the Church in Central & Eastern Europe

Ash Wednesday, March 5

On Ash Wednesday, we will take up the Collection for the Church in Central and Eastern Europe. This collection supports the Church in more than 25 countries that struggle to recover from former communist rule. It also aids communities throughout the region that are affected by the war in Ukraine. Funds support pastoral care, catechesis, renovations, and seminary formation. Your support restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next week. You can find more information at usccb.org/ccee.

National Collection for U. S. Black & Indian Missions "Building Our Mission the the Missions" - March 8 & 9

Established in 1884 as the embodiment of the Church's concern for evangelizing the Black and Indian peoples of the United States and the Eskimo and Aleut peoples of Alaska, the Black and Indian Mission Office has been able to distribute assistance to 132 Dioceses through the generosity of this parish and parishes throughout the United States. Your support provides the presence of missionaries here in African American, Native American, and Alaska Native missions, schools, and religious education programs. Your partnership places Bibles and catechetical materials in the hands of priests, consecrated women and men, and lay leaders in Black Catholic communities in the Diocese of Jackson, Mississippi; in Native American pueblos in the Archdiocese of Santa Fe, New Mexico; to the far reaching villages of Alaska; and so many other places. Your sacrifice addresses the need to train catechists, permanent deacons, and seminarians for future generations here in many of our neighborhoods and backyards.

Children's Charity - March

The Children's Charity that will benefit from donations in March is the Fairy Godmother Project. At the heart of Fairy Godmother Project (FGP) is a commitment to lighten the load for parents dealing with pediatric cancer. We understand that time is one of the most precious gifts we can offer these families. As we walk alongside them, we are able to offer tangible support in their most challenging times. By providing meals and professional house cleaning, along with financial support, we help free up time for our families to focus on what matters most. All donations received in March through our Children's Charities Program will be given to the Fairy Godmother Project. For families facing end-of-life, FGP ensures they receive the compassion and help they need during the most heartbreaking moments, offering both emotional and financial assistance. Children's Envelopes are available through our Religious Education Office. Call the Parish Office and we will be happy to send you a set of envelopes.

2025 Bishop's Lenten Appeal

The 2025 BLA mailing was recently sent to parishioners. This year's theme is: "Abounding in Hope." After reflecting upon the blessings God has given you, please prayerfully consider a pledge. Sharing your gifts with the 40+ ministries and programs funded by the BLA truly impacts the lives of thousands across our diocese. You can make a gift at arlingtondiocese.org/BLA or scan the QR code:



Choose Life March

In Lent, the Church enters more deeply into meditation on the suffering, death, and Resurrection of the Lord Jesus. Life was sacred because He made it, and by His Passion and Resurrection it is even more sacred because it is now raised to the heights of Heaven to reign with Him. Lord, I am filled with wonder at Your love for human life – everyone, born and unborn! May our laws and practices treat humans with the highest respect due them.

Did you know.... Our parishioners gather every Wednesday at 3pm –
The Hour of Great Mercy - to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"



liturgy

daily bread

Saint Mary Prayer List - March

Please pray for those who are sick or in need, especially: Andrew Berna, Ann Graf, Bernice Schlosser, Bobby Anderson, Bonita & Charles Boyer, Bonita Boyer, Brenda Gabriel, Carol Dalton, Cathy Nichols, Chamberlyn Guerra, Charles Boyer, Chris Breth, Connie Brimmer, Daniel Foster, David Smetek, Dean Albrecht, Deanie Ryder, Drew LoRusso, Gennaro Balletta, Jack Smith, Jacob Moser, Jason Stoker, Joanne O'Brien, Joseph Krieg, Joseph Lamantia, Karl Eugene, Keith & Theresa Kovalefsky, Larry Delaney, Logan Leslie, Manuel Iraheta, Mark Smetek, Mary Ann Seidlinger, Maryann Carroll, Michael Fedowitz III, Pat Fish, Rita Hagans, Rita Williams, Shirley Bozicevic, Tom Faleskie, Tom O'Brien, William Pell

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 6-7pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

Daily Mass Intentions

March

3 MONDAY

6:30am Marie Merle+
9:00am Edward F. Fischer+
Sir 17:20-24/Mk 10:17-27

4 TUESDAY

6:30am Marby M. Bernaola+
9:00am Alan F. Misener+
12:00pm Christine Chase
Sir 35:1-12/Mk 10:28-31

5 WEDNESDAY

6:30am Elizabeth McStravick
8:15am* Norman and Shirley Kolb+
9:00am Charles White+
12:00pm Louis and Dorothy Caiafa
4:00pm Mavel Lemus
4:30pm* Paul Nestor
6:00pm Albert and Malta Cardisco+
6:00pm* Drake Elvgren
8:00pm Jose Bernardo Chavez+
Jl 2:12-18/2 Cor 5:20—6:2/Mt 6:1-6, 16-18

6 THURSDAY

6:30am John Guthrod+
9:00am Miralba Bernaola
12:00pm Francisco Hernandez+
Dt 30:15-20/Lk 9:22-25

7 FRIDAY

6:30am In Reparation
9:00am In Reparation
12:00pm In Reparation
5:15pm 1st Friday In Reparation
Is 58:1-9a/Mt 9:14-15

8 SATURDAY

9:00am Amelia Fuller
5:00pm Chris and Karolina Fuller
7:00pm Fr. Mosimann
Is 58:9b-14/Lk 5:27-32

9 SUNDAY

7:00am Robert Derouin
8:30am Anthony Pro+
8:30am* Joseph Shircliff+
10:30am George Graf+
10:30am* Patrick Hagans+
12:30pm Brian Crochetier+
2:30pm Jachebel Flores
5:00pm For Our Parish
7:00pm Patricia McCoart+
Dt 26:4-10/Rom 10:8-13/Lk 4:1-13

* Indicates Mass at Holy Cross Academy.
Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

MULLINS & THOMPSON FUNERAL SERVICE



Fredericksburg Chapel
1621 Jefferson Davis Highway
540-373-5842

Stafford Chapel
186 Shelton Shop Road
540-659-7690

www.mullinsthompson.com



Dr. Mitchell J. Sojack

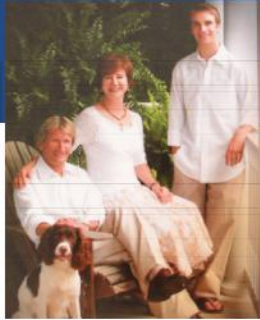
A Specialty Practice For
Adolescent Mental Health

- Depression
- Anxiety
- Suicide
- Trauma
- Loneliness
- Eating Disorders

LIFE COACHING FOR YOUR TEEN

Dr. Mitchell J. Sojack, L.C.S.W., Ph.D.

1715 Sunken Road, Fredericksburg, VA 22401 • 540-845-7683 • drsojack.com



**ADVERTISE
HERE**

Promote your Business
AND Support your Parish.

Lisa Sparkman
717-507-3766
lsparkman@diocesan.com

MRE, INC. DRYWALL & PAINTING

WE HAVE 30 YEARS OF EXPERIENCE IN THE
INDUSTRY. WE CATER TO THE
DRYWALL NEEDS OF HOMEOWNERS FOR
RESIDENTIAL & COMMERCIAL PROPERTIES.

540.737.4648

mreinc.co | mrepaint@gmail.com

Fellow Parishioner

| | |
|--|----------------------|
| Drywall Service | Power Washing |
| Installation, Repair, Hanging, | Decks, Siding |
| Finishing, Nail Pops, Settlement Cracks, | Painting |
| Water Damage Restoration | Exterior, Interior |

Budget-friendly • FREE ESTIMATES

THE SUMMIT ACADEMY Grades 6-12



*Excellent Classical Education
Within the Catholic Tradition*



DIOCESAN

Catholic Life **Every Day**

PUT YOUR FAITH TO WORK.

NOW HIRING

SALES REPRESENTATIVE

Join Our Family
Diocesan.com/Careers

*The Businesses listed above
make this bulletin possible.*

Please support them when you can.

Sign up to get our bulletin in your email each week.

Go to DiscoverMass.com/subscribe



Rappahannock Foot & Ankle Specialists
 Board Certified Podiatrists
 (540) 371-2724 • www.rappahannockdpms.com
 195 Falcon Drive • Fredericksburg, VA 22408

Dr. Stephen Carley
 Dr. Michael Donato
 Dr. Martha Hurley
 Dr. Joel Zarzuela
 Dr. Rosemarie Rynkiewicz
 Dr. Sunshine Brady-Thomas

HH Halsey Homes
 Custom Homes | Renovations | Additions
 HomesByHalsey.com | 540-623-4687


2023 Builder of the Year | Sean Halsey - Parishioner



St Vincent DePaul THRIFT STORE
 The proceeds support our local families in need

St Vincent De Paul Thrift Shop

The shoppers enjoy the exceptional quality of our items
 Shop and drop off at store located at Olde Greenwich Plaza off Lafayette Blvd.
 Open Mon-Sat., 10-4 • Store/Info 540-898-9066
 SVDP welcomes donations at: SVDP Po Box 1493, College Station, Va. 22402
 www.stvdpfredericksburg.com | This ad has been donated by MCK Company



PLUMBING Innovators
 EMERGENCY SERVICE
 540-295-8876

richie@plumbinginnovators.com 1209 Bragg Road
 www.plumbinginnovators.com Fredericksburg, VA 22407

State Farm

Chris Vomund, Agent
 4930 Southpoint Drive
 Fredericksburg, VA 22407
 Bus: 540-993-4999
 chris@insurespotsy.com



State Farm, Bloomington, IL
 1211999

EWTN.COM/RADIO


EWTN Global Catholic Radio **TUNE IN**



A.M.A INSURANCE SERVICES LLC
 Auto-Home-Life-Commercial Insurance
 Access to multiple insurance companies
Paola Aleman, Agent Su Agente de Seguros Latino
 Hablo Español | paola@amainsuranceagency.com
 571-330-5283 www.amainsuranceagency.com



IN LOVING MEMORY OF
Richard Gutknecht



Get this bulletin emailed to you every week.

Simply go to **www.DM.CHURCH/3174** ...or scan →



DISCOVERMASS

Compassionate In-Home Care

ONE ON ONE CARE
 Quality Care Makes All The Difference
 (540) 288-1300
 www.myoneononecare.com



NK FLOORS
 NEXT LEVEL, PRECISION FLOORING

We are a premier provider of all types of flooring for both residential and commercial applications.

HARDWOOD
 VINYL • CARPET
 TILE • STONE


210 Freedom Court, Unit 112
 Fredericksburg, VA 22408
 nkfloors@nkfloors.com • 540-582-4000
 Hours: Monday-Friday: 10-6, Saturday: 10-2



SCAN TO SCHEDULE



#ThankYou ForYour Priesthood



Coins for Anything, Inc.
 1.866.583.5434
 The Quality is Always Here

- CHALLENGE COINS
- LAPEL PINS
- LANYARDS
- PATCHES
- BADGES
- AND MORE!

VETERAN OWNED



Consider Remembering Your Parish in Your Will

For further information, please call the parish office.



We are committed to delivering the highest quality dental care, using the highest quality technology.

- Routine Dental Care
- Cosmetic Dental Services
- Implants/Night Guards
- Whitening
- Orthodontic Invisalign
- Ortho special through December!

11060 Smile Way King George, VA 22485
 (540) 775-7671

RICHARD COTTRELL DDS AND ASSOCIATES

367 Northumberland Hwy Callao, VA 22435
 (804)529-7339

info@cottrelldds.com Parishioner





Fredericksburg Chapel
4801 Jefferson Davis Highway • Fredericksburg, VA 22408
898-4326

Stafford Chapel
1310 Courthouse Road • Stafford, VA 22554
658-9221

Modern Facilities Affordable Fees
www.covenantfuneralservice.com

Thank You
St. Jude
for answered prayers.

ALETHA DEMAIO
Photography
Maternity, Newborn,
Senior & More!
Parishioner | (402) 208-2132
alethademaiophotography.com



THERAPIST OWNED: WWW.OSPTA.COM

Choose Quality Physical Therapy You Can Trust.
Insurance Coverage; no referrals needed



Barbara D. Ehman, DPT
Doctor of Physical Therapy



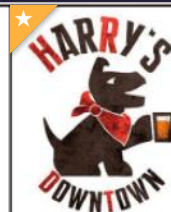
Parishioner

Marshall Rennie, DPT, OCS • Kash Eagleton, DPT, SCS

THE DOWLING TEAM

Mike (VETERAN): (571)283-2493
Jessica: (703)772-3607
Realtors®, Parishioners
TheDowlingRealtyTeam@gmail.com

catholicmatch
Virginia
CatholicMatch.com/goVA



Harry's Welcomes
St. Mary's Parishioners for
Brunch, Lunch & Dinner
601 William St.
Parking in Winchester St. Garage



Mark & Heather Gardner
Owners | Parishioners
311 Frederick St.
Fredericksburg, VA 22401
(540) 706-4302
rexrappahannock@gmail.com
@RexRappahannock

Life Insurance With Living Benefits That Protects You And Who You Love.

MONICA O'DONNELL • Senior Associate, Parishioner

Get protected while you're living if you experience a qualifying chronic or critical illness, critical injury and even include an additional income to your retirement.



571.722.2019
Hablo Español



NAILS PIZAZZ

(in Spotsylvania Mall)
A Quality & Friendly Nail Salon
Parishioners **785-9664**

COLDWELL BANKER ELITE

*** NIXIE SANCHEZ *
REALTOR®**

540.735.4199
NSANCHEZ@CBEVA.COM
COLDWELLBANKERELITE.COM
*PARISHIONER
Licensed in the Commonwealth of Virginia

I am a bilingual real estate agent fluent in English and Spanish who is Military Relocation Professional (MRP) certified, with a passion for helping my clients buy or sell their homes.

Colonial INTERNAL MEDICINE Associates
St. Mary Parishioners

Serving Fredericksburg & Stafford

125 Olde Greenwich Dr, Suite 300
Fredericksburg, VA
394 Garrisonville Rd, Suite 103
Stafford, VA

Dr. McDowell • Dr. Marrow • Dr. Wolanska
Dr. Elbert • Kristie McDowell, PA-C • Sean Bodin, PA-C
Neelam Parikh, PA-C • Ben Garrison, PA-C
Lauren Brunner, PA-C • Jasmine Taborn, PA-C
James Sapp, PA-C

540-374-5599 • www.cimava.com
True experts in primary care.

