

FIRST SUNDAY OF LENT

March 9, 2025



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

grow our legacy in faith

KEY ACCOMPLISHMENTS-PARISH CAMPUS

ADORATION CHAPEL

The design for the Adoration Chapel has been approved by the Diocese! The entire Building Committee is very excited and expects construction to begin by mid summer. Part of this work will also include the interconnection of sidewalks between buildings used for Adult Education and many of our ministries on the parish campus.

SANCTUARY ENHANCEMENTS

The Diocese has also recently approved the design for the Sanctuary that was completed and submitted by JFJ Contractors. The Building Committee will work with JFJ Contractors to develop a renovation timeline. Please stay tuned!

Supporting this great work of Divine Mercy for our parish and for our world

When asked how our new Divine Mercy Adoration Chapel was named, our pastor, Fr. Mosimann said that: "it actually came from many of our own people, right here, in the pews." Father explained, "that it has been the most requested image over the last several years!" He went on to share, "how that desire from so many in our parish family "sat" in my heart for awhile..." Father then said, "that the Divine Mercy image, itself, with the rays of water and blood coming down from the heart of Jesus is a great invitation for all of us to approach our Lord!"

From the Diary of St. Faustina, Visionary and Apostle of Divine Mercy:

When I went for adoration, I heard these words: ... **Tell [all people], My daughter, that I am Love and Mercy itself. When a soul approaches Me with trust, I fill it with such an abundance of graces that it cannot contain them within itself, but radiates them to other souls** (Diary, 1074).

"Share" opportunities available

In response to requests from parishioners who want to support purchasing larger items, such as the altar and stained-glass windows, we have created manageable "shares" on some items so that several families can co-sponsor a memorial opportunity.

Divine Mercy Adoration Chapel	
St. Mary's Church	
Altar*	1 shares/\$5k each
Pews	6 shares/\$5k each
Stained Glass Windows* (2)	\$25k each
Holy Water Font (2)	1 share/\$4k each
Divine Mercy Image/Window*	\$TBD

More items may be identified as we finalize the design of the Adoration Chapel.
*Subject to final design approval by the Bishop.

Contact Us - Availability is limited

Memorials are supplemental to your generous pledge. Thank you!
These opportunities are on a first-come, first-served basis.
All memorials will be acknowledged on our Holy Cross Academy cafeteria memorial wall.
Please get in touch with Donna Harring at the Parish Office at 540-373-6491.



from our pastor

Dear folks,

Service Dogs and Health! A couple of weeks I asked you to contact me if you bring a service dog to Mass, because we have a parishioner with serious health issues such that being in the church at the same time as a dog can send her into anaphylactic shock. Yikes! Having now talked with three folks who regularly bring service dogs, I am prepared to ask your cooperation with this 'policy.'

Let's keep the **7pm Saturday, 7am Sunday, and 8:30am Sunday Masses dog free**. This will allow three options to be able to attend Mass without serious threat to survival. I will work with the ushers, to have a plan should someone show up with a service dog at one of those Masses, to ask their cooperation, and inform the family.

This is much like the care we have for one-another by not bringing peanut butter sandwiches to Mass! There is much that we can do to care and welcome the whole family to the Holy Mass!

pax,



Very Reverend John P. Mosimann V.F.
Pastor

Stations of the Cross

Stations of the Cross will be held each Friday in Lent at 6:30pm in English and at 7:30pm in Spanish. The First Friday Mass in March and April will be moved to 5:15pm in the church.

New Ministry at Thurman Brisben Homeless Shelter

We are thrilled to be working once again with the Brisben Center in support of the children! Our Homework Hangout Crew (H2C) will be helping students with homework, reading, crafts and playing outside EVERY Wednesday from 4:30-5:30pm.

If you delight in encouraging children and like to have fun - this is the perfect ministry for you!

Looking for volunteers 18 years or older.

7th-8th graders students preparing for confirmation are welcome but must be accompanied by an adult.

To sign-up visit bit.ly/41HNPOg — Any questions, please reach out to Sydney McDonald sydjim92@msn.com or Elena Doyle at 540-373-649.1

announcements

St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

New Parishioner Welcome

Welcome to St. Mary's! Fr. Mosimann and members of our Welcoming Committee are looking forward to meeting you and introducing you to the many fantastic ministries at St. Mary so that you (and your family) can share your gifts and talents with your new parish family.

Please sign-up for a time slot on **Sunday, March 23 9:30am-12pm** for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor using bit.ly/46pMXhh

Meetings will take place in the parish office located behind the church. If you have any questions, please email Elena Doyle at edoyle@stmaryfred.org.

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, & 12pm
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday 8:30am - 9pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Phillip Cozzi, Parochial Vicar
Reverend Robert Renner, Parochial Vicar
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Deacon Alberto Bernaola
Deacon Dick Delio, Retired

Business Manager, Elaine Stanislowski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Giovanni Camacho

MUSIC

Joseph Ciskanik
Director of Music, musicdirector@stmaryfred.org
Assistant, Music Ministry, Emily D'Isidoro

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS PRESCHOOL

540-373-7553
Director, Sheri Castellarin

RELIGIOUS EDUCATION

Director, Aristides Lucas
Associate Director, Dr. Katherine Evans
Administrative Asst, Lori Barlow

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the
date at least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months
in advance to begin preparation.

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

holy cross academy

HCA Families Wowed by Elementary Character Parade and Show

HCA families were wowed today as Elementary students and teachers let their creativity shine, dressing as the characters who inspire them. The event featured a character parade that families and friends were able to enjoy, followed by a fantastic show that truly showcased the imaginative spirit of our students and teachers. Thank you to everyone who participated and made this day a memorable one!

Applications Open for Pre-School 3 Through 8th Grade for the 2025-2026 School Year

We are excited to announce that applications for the 2025-2026 school year for Pre-School 3 through 8th grade are now being accepted! To find all the application details, please visit our school website at holycrossweb.com/admissions.

If you would like to learn more about Holy Cross Academy, feel free to reach out to Mrs. Dina James, djames@holycrossweb.com or call 540-286-1600. We look forward to welcoming new families to our vibrant community!



A National Blue Ribbon School of Excellence



education

religious education

Upcoming Events

Monday to Friday, Registration of Religious Education students at the Parish Office.

March 2025

Mon-Wed, 3/10-12

Religious Education Week 21

Youth Ministry Visits Confirmation Classes

Saturday, 3/15

Class 5: Catechist Certification Classes in the St. Joseph House 9:30am to 3:30pm | Topic BC 103: Judges to Jesus Part 1

Mon-Wed, 3/17-19

No Religious Education Classes: Students attend one night of Parish Lenten Retreat

St. Mary Parish Lenten Retreat, 7pm (Vespers, Adoration, Reflection and Confession)

Mon-Wed, 3/24-26

Religious Education Week 22

Catechists collect PARISH RETREAT attendance slips

Formation for Spanish-speaking parents:

SACRAMENTS

Lenten Confessions for Grades 3-8 RE students at St. Mary

Wednesday, 3/26

Lenten Confessions for Home Taught students at 4:45pm in the church

Saturday, 3/29

Class 6: Catechist Certification Classes

Monday, 3/31

Confirmation #3 Rehearsal in the church from 6-7pm if you attend Religious Education classes on Mondays at 4:45 or 6:30pm, at Summit Academy, or through Home Taught/Homeschooled instruction

Monday, 3/31

Religious Education Week 23

Formation for Spanish-speaking parents:

SACRAMENTS

SAVE THE DATE

Young Family VBS
for children ages 0-5 and their parents; older siblings welcome
June 28, 2025
9am to Noon

Vacation Bible School
for children entering
Kinder - 5th grade
August 4-8, 2025
9am to Noon

 stmaryfxbgvbs@gmail.com

JOIN US FOR CRS RICE BOWL'S 50TH ANNIVERSARY!

CRS Rice Bowl is celebrating 50 years of helping Catholic faith communities bring Lent to life and encounter God through our global family.



During the 40 days of Lent, let us journey together through CRS Rice Bowl to meet people in Nigeria, Guatemala and Bangladesh who are rising above the challenges of hunger and malnutrition.

Pick up your rice bowl when you attend Mass or Religious Education classes.

our parish youth ministry

Confirmation Formation Nights

Each year, our confirmation students attend three formation nights in order to spend time praying for their sacramental preparation together as a family and a community. Everyone gathers together in the church for a guided holy hour with Jesus fully present on the altar in Adoration. Our guest speaker this year was Carmen "China" Briceno, a consecrated virgin and amazing witness to the faith! At each formation night, China gives teens and their parents some thoughts to reflect on in prayer, and we have reverent praise and worship music performed by members of our St. Mary community. Please keep these teens and their families in your prayers as they prepare to receive this beautiful sacrament!



Large Groupings

High School Youth Group

Grades 9-12

Sundays 6-8:30pm

Parish Life Center

Dinner, friends & faith formation for high schoolers!

Middle School Youth Group

Grades 6-8

1st & 3rd Fridays 6:30-8pm

Parish Life Center

Dinner, friends & faith formation for middle schoolers!

Small Groupings

Boys Group - Fight Club

Boys, Grades 7-12

Saturdays 6:30-8am

Parish Life Center

Grow together in brotherhood as Men of God!

Girls Group - Feminine Genius

Girls, Grades 6-12

2nd & 4th Thursdays 6:30-8pm

John Paul II House

Grow together in sisterhood as Women of God!

YOUCAT

Grades 9-12

Wednesdays 6:30-8pm

John Paul II House

Dive deeper into Scripture and your Catholic faith!

Senior Ministry

All 12th Grade

Monthly Meetings TBD

Contact us for exact dates

Gather for a potluck dinner & formation!

Contact Us

Tatiana Beltran

tbeltran@stmaryfred.org

Catie Espiritu

cespiritu@stmaryfred.org

our parish happenings

Flourish: Elevate your Marriage from Good to Great

Embark on a Journey of Christ-Centered Marriage Renewal

One-day spiritual retreat for married couples led by
Fr. Mosimann, David & Margaret Bereit, and of course ... the Holy Spirit

**Saturday
March 22, 2025**

St. Mary of the
Immaculate Conception
1009 Stafford Ave., Fredericksburg, VA 22401

9am Mass—Church
Breakfast—Parish Life Center
Reflections & Prayer
4:00pm—Conclusion

Register



<https://bit.ly/4gDPcC6>

No Cost
Bring brown bag lunch
Space is Limited

Questions?
Call St. Mary 540-373-6491



ST. MARY
OF THE
IMMACULATE
CONCEPTION
Roman Catholic Church

stmaryfred.org

our parish coldest night

St. Mary's Comes Out STRONG for Micah's Coldest Night Walk!

Thank you to all those who participated in the Coldest Night Walk and the many parishioners and friends who could not walk but supported our team. The walk raised over \$200,000 in support of services for some of the most vulnerable in our community. God bless you!!

Interested in more information, visit micahfredericksburg.org



our parish happenings

Parishioner Seeking Nanny

Our family is searching for a nanny for our two, school aged children. We need help getting the children ready for school and driving them to/from school each day. Arrival time would be 5:45am and end around 6:00pm. This would be an ideal position for a person in college as there will be some unstructured time in the middle of the school day. We would like someone who is comfortable with light cleaning, meal prep and with dogs.

This position is Monday through Friday. We are praying for the perfect person who is reliable, kind and loving to help our family. We would love to hear from you if you're interested. Please email Jen Pukish at jdowning7@gmail.com.

Public Rosary: Join Us

Please join parishioners to pray the public Rosary for Peace as requested by Our Lady of Fatima on Saturday, March 15 at noon at St. Mary in front of the church.

RSVP to michaelgkasey@verizon.net or phone (540)760-3885.

CCW Offers a History Lesson

Please join your St. Mary Council of Catholic Women on Tuesday, March 18 at 10am in the Father Rooney Community Room. Our guest will be Mike D'Ostilio, who will speak about "The Battle of Fredericksburg: Its Impact on St. Mary of the Immaculate Conception Church." After Mike's talk we will enjoy refreshments, hold a 50/50 \$\$ drawing, and conduct a brief business meeting. Everyone is welcome! Please plan to come. Learn more about the CCW at stmaryccw.org.

If you would like to assist with a dinner for UMW students on Thursday, March 20 at the St. John Bosco Student Center, please contact Donna Davis at LadyDee519@aol.com.

St. Mary Book Club

Our St. Mary of the Immaculate Conception Book Club will meet on Tuesday March 11 at 10am in the Father Rooney Community Room.

All are welcome to join us as we discuss "Too Small a World: The Life of Mother Frances Cabrini" by Theodore Maynard. Mother Cabrini is truly a Saint for our times.

Legion of Mary Auxiliaries

We are pleased to announce that the Acies Ceremony will occur on Saturday, March 22 at St. Anthony's Catholic Church in King George. Beginning with a 9am Latin Mass, followed by the Acies ceremony at 10:15am in the Church. After the ceremony, you are invited to a luncheon in the St. Anthony's Fellowship Hall. No RSVP is required, and you don't need to bring anything.

St. Mary Parish Lenten Retreat

Journey of Hope

What does it mean to surrender to God and put complete trust in Him?

Lead by Fr. Paul Kais

Monday • Tuesday • Wednesday

March 17, 18 & 19
7pm

St. Mary of the Immaculate Conception Church
1009 Stafford Avenue, Fredericksburg, VA 22401

Vespers
Adoration
Reflection
Confession



Ordained to the priesthood in 2002, **Fr. Paul Kais** is an Opus Dei priest currently serving as Assistant Chaplain at the Catholic Information Center in Washington, D.C. Before receiving his doctorate in philosophy at the Pontifical University of the Holy Cross in Rome, he studied political science and history at the University of Dallas and worked as a high school history and government teacher in New York City and Chicago. Since ordination, he has served as Chaplain at The Heights School in Potomac, MD, as well as at schools in Chicago and Houston.

All are invited

our parish happenings

College Scholarship Available

The Associates of St. John Bosco (ASJB), a Catholic non-profit in the diocese founded by Fr. Christopher Vaccaro, has opened its scholarship application for all current and rising college students. This year, ASJB has more than doubled their scholarship offerings! ASJB will be awarding up to \$40,000 to up to five worthy recipients who seek to serve the Church in some way after they graduate from college. Applicants must be residents of the Diocese of Arlington. Students may apply by May 19, 2025, by visiting asjb.org/scholarship-program.

Do You Enjoy Bringing JOY to Others?

Our Legion of Mary is seeking new members who can visit and pray with those in area nursing and assisted living homes. You are very much needed, someone out there is waiting for you. Can you spare some time weekly to bring the JOY of Christ to others? If you are interested in this beautiful ministry, please reach out to Donna Haring at donnaharring2@gmail.com.

Traveling Blessed Mother

Do you know that our parish has a beautiful Blessed Mother statue that travels from home to home? All families are encouraged to invite her to visit. During her visit we ask that the family gather near the statue to pray the rosary. The graces and peace that abide in your home when the statue is present are a tremendous gift!

If your family would like the Blessed Mother to visit, please call or email Mary Lou Felts. If you have not had a Sacred Heart Enthronement, she can also schedule one for you during your visit. 571-723-3333 or maryloufelts@gmail.com.

St Mary's Singles Group

An open invitation to everyone single and 40 years of age or older for monthly group social gatherings like dinners, movies, plays, works of charity, prayers, Mass and other church events.

Contact Eileen at emw5348@gmail.com to get on the email newsletter list. There is a gathering each month at the Wegmans upstairs meeting space at 10 am to plan activities. Our next meeting will be March 15.

KNIGHTS OF COLUMBUS



SATURDAY, MARCH 15

5:30-8:30 PM
THE PARISH LIFE CENTER

More info in next week's bulletin!

St. Monica Prayer Group

All are welcome to join the St. Monica Prayer Group on Saturday, March 8 following the 9am Mass (9:45-11am) at St. Mary's in the Courtyard Meeting Room.

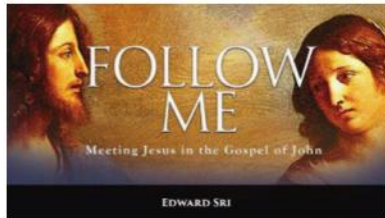
The mission of the St. Monica's Prayer Group is to provide a community for Catholics to pray for loved ones (children, parents, spouses, extended family) who have strayed from the faith, to provide encouragement, and to assist each other in our growth in holiness.

We will pray the Seven Sorrows Rosary, then discuss the 16th chapter ("As A Parent, You Are Never Finished Loving, p57) from the book The Saint Monica Club by Maggie Green which is available on Amazon.

For more information, please contact Megan Kimbrell at st.monica.club@gmail.com.

our parish happenings

Adult Education Opportunities for Spring Follow Me: Meeting Jesus in the Gospel of John



Following Christ takes more than simply believing in him or doing what he asks of us. Jesus wants you to be more than just a believer—he wants you to be his disciple and friend. *Follow Me: Meeting Jesus in the Gospel of John* is your guide to a personal encounter with Christ. *Follow Me* invites you to experience the joy of a renewed friendship with Christ. You will see how God, and only God, can satisfy the deepest desires of your heart.

This is an eight-session study **beginning April 16 and 17.**

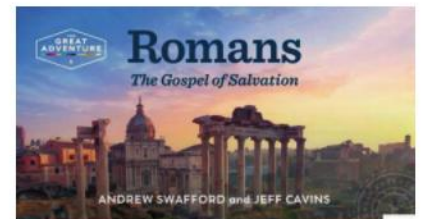
Wednesday, April 16 at 9:45am in the Father Rooney Community Room; or **Wednesday, April 16 at 6:25pm** at Holy Cross Academy; or **Thursday, April 17 at 9:45am** in the Father Rooney Community Room. Cost \$20. Each session is limited to 25 participants.

Facilitator: Suzette Young agingcoastrkid@yahoo.com

Romans: The Gospel of Salvation

Paul's letter to the Romans has been at the center of reflection, conversion, and controversy from the time it was written. Presented by Andrew Swafford and Jeff Cavins, *Romans: The Gospel of Salvation* provides an authentically Catholic, comprehensive, and simple way to understand the overarching theme of Romans—salvation. This fascinating book reveals that salvation is not merely the removal of a guilty verdict; it is about entering into Christ's life, death, and resurrection and sharing in his divine life. This is an eight-session study beginning April 14, 12:45 PM in the Father Rooney Community Room. Class size limited to 25 participants. Cost \$25.

Facilitator: Bryan Richardson br22406@cox.net



Register in the Parish Office by March 24

Ladies' Day of Recollection

Saint Patrick Church Parish Hall
9151 Elys Ford Rd, Fredericksburg, VA 22407

Living a Joyful Life

March 22, 2025 9:30 am to 1:00 pm



Cost is \$5 for just the talk, OR \$18 for talk and lunch.
Please RSVP to Pat Schultz at tupperlypat@yahoo.com



Karen Cruess



noticias en español

La Ciencia y el Significado de los Milagros Eucarísticos



Esta presentación por Tony Gibert del Instituto Católico de Apologética de América del Norte (CAINA) destaca la importancia de la Sagrada Eucaristía y los sorprendentes hallazgos de estudios científicos sobre milagros eucarísticos, donde hostias consagradas se transformaron en verdadera carne y sangre humana.

Lunes 31 de Marzo, 7:00 pm
Iglesia Católica San Judas
Centro de Actividades
Calle Caritas 9600, Fredericksburg, VA
¡Todos son bienvenidos!

Legión de María

La Legión de María está en busca de nuevos miembros activos que deseen unirse en la labor de llevar la imagen de la Virgen Peregrina, visitar a los enfermos y difundir el evangelio a los más necesitados, entre otras actividades.

Bajo el estandarte de María, te animamos a unirse a su ejército y ser parte de esta misión.

para más información:
Samuel Meza
571-723-3807

Requisitos para recibir los Sacramentos

BAUTISMO

- Debe ser miembro de la Parroquia 90 días antes de solicitar el Bautismo
- Tomar las clases previo al bautizo
- Las clases son el primer sábado del mes a las 12 del mediodía

Llame a Gio a la oficina parroquial al (540) 373-6491, para programar la fecha del Bautismo al menos cuatro semanas por adelantado.

MATRIMONIO

- Debe ser miembro de la Parroquia
- Contactar a la Parroquia seis meses antes para iniciar la preparación

PRIMERA COMUNIÓN

- Niños de 1ro y 2do grado, 3-11
- Preparación de 2 años

CONFIRMACIÓN

- Jóvenes de 6to -8vo grado
- y Secundaria (High School)
- Preparación de 2 años

RECONCILIACIÓN

- Miércoles 11:30 am - 12:00 pm, 6:30 - 8:30 pm
- Sábados 8:00 - 8:30 am y 3:30 - 4:30 pm

QUINCEAÑERA

- La quinceañera necesita tener el Sacramento de la Confirmación
- No hay misas privadas
- Sólo hacemos una Misa de quinceañera al mes

Para más información comunicarse con la oficina parroquial al (540) 373-6491

¿Por que un Dios Amoroso Permite el Mal, el Dolor y el Sufrimiento?



Esta presentación multimedia por Tony Gibert del Instituto Católico de Apologética de América del Norte (CAINA) analiza cómo los grandes pensadores cristianos se enfrentaron al misterio del sufrimiento. Este entendimiento ayudará a nosotros y a nuestros seres queridos a ser mejores personas, en lugar de estar amargados, cuando enfrentemos dificultades y adversidades inevitables en la vida.



Lunes 7 de abril, 7:00 pm
Iglesia Católica San Judas
Centro de Actividades
Calle Caritas 9600, Fredericksburg, VA
¡Todos son bienvenidos!

our parish

lent

Make it a GREAT Lent!

We are days away from the start of this beautiful season when we intentionally seek to draw closer to Jesus by deeper prayer, sacrifice and alms giving. Like with any good intention, in order to make it happen, one must make time and a plan of ACTION. Below are some great ideas and resources to help you (and your family) make a GREAT Lent!

TOP OF THE LIST

Daily Mass!!! Take some time to attend a quiet Mass. We have THREE 6:30am, 9am and noon (or find a Mass near your office)



Adoration of the Blessed Sacrament

Alone, quiet time with Jesus! Daily 6:30am-9am

Wednesday 12:30pm – all night – Thursday – all day/all night thru Friday 9am

Confession

Wednesdays 11:30am-12, 6:30pm-8:30pm & Saturday 8am-8:30am & 3:30-4:30pm

Stations of the Cross

Every Friday in Lent 6:30pm English & 7:30pm Spanish

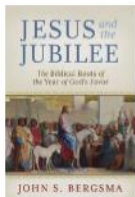
Did you know that the booklets/guides to the Stations of the Cross are always in the back of the church? You can come in and pray the stations on your own any time there is not Mass. Beautiful and powerful prayer!



Magnificat

Daily scripture and reflection companion. Available FREE in the back of church while supplies last. OR subscribe to the booklet and receive it monthly with fantastic reflections and extra info on saints, religious art and more! Keep it going all year-long!

Lenten Studies



Abiding Together Lenten Study (free)

abidingtogetherpodcast.com/jesus-and-the-jubilee

Free Lenten Bible studies from Scott Hahn

You just sign-up over email and they send you a weekly video from St. Paul Center.



Jesus' final utterances from the Cross have been a subject of meditation for the greatest Catholic mystics from St. Bonaventure to St. Alphonsus Liguori to Ven. Fulton Sheen.

In The Seven Last Words—a weekly Lenten video series from the St. Paul Center—Dr. Scott Hahn explores the final words that Jesus uttered while He hung dying on the Cross, and shows how those words reveal the heart of our salvation.



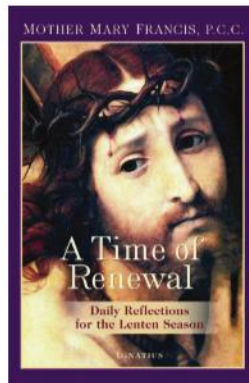
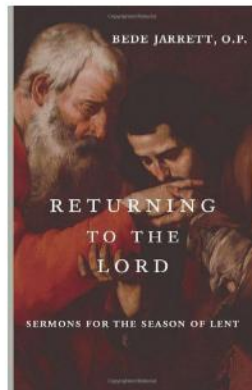
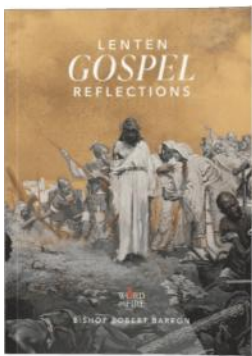
Food for Your Soul



Friends, throughout his impressive athletic career, Major League Baseball player Trevor Williams has pitched for the Pittsburgh Pirates, Chicago Cubs, New York Mets, and now, the Washington Nationals.



Trevor recently joined me for a conversation about the game of baseball, his outspoken response to the 2023 Los Angeles Dodgers controversy, and how the Catholic faith guides his personal and professional life.



Hallow
Catholic Prayer & Meditation App

hallow.com

For Children & Families FORMED

An excellent resource for kids & families!
St. Mary's code is F6F228

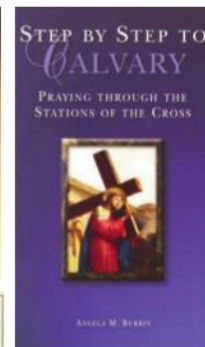
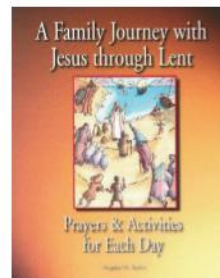
watch.formed.org/lent-with-brother-francis/season:1



Crown of Thorns Activity

Activity for Families & children of all ages that encourages acts of charity and sacrifice during lent

bit.ly/crown-of-thorns-kids



operations given in love

Donations Received February 19-24

Sunday Offertory	\$30,274.00
LA Wildfires	\$10,617.00
Micah Love Your Neighbor	\$100.00
Parish Debt Reduction	\$650.00
Arlington Catholic Herald	\$126.00
Poor Box for St Vincent de Paul	\$500.00

Faith Direct Donations February 17

Sunday Offertory	\$22,702.00
Arlington Catholic Herald	\$206.00
Parish Debt Reduction	\$1,145.00
Micah Love Your Neighbor	\$405.00
LA Wildfires	\$100.00

The Second Collection on March 15 & 16 is for Parish Debt Reduction.

Thank you for your generosity!

Children's Charity - March

The Children's Charity that will benefit from donations in March is the Fairy Godmother Project. At the heart of Fairy Godmother Project (FGP) is a commitment to lighten the load for parents dealing with pediatric cancer. We understand that time is one of the most precious gifts we can offer these families. As we walk alongside them, we are able to offer tangible support in their most challenging times. By providing meals and professional house cleaning, along with financial support, we help free up time for our families to focus on what matters most. All donations received in March through our Children's Charities Program will be given to the Fairy Godmother Project. For families facing end-of-life, FGP ensures they receive the compassion and help they need during the most heartbreaking moments, offering both emotional and financial assistance. Children's Envelopes are available through our Religious Education Office. Call the Parish Office and we will be happy to send you a set of envelopes.

Choose Life March

Lent is a time to pray for the catechumens of the Church who are preparing to be baptized at the Easter Vigil. The rest of us will renew our Baptismal Promises. In these vows, we reject the empty promises of the devil. One of those empty promises is abortion. *Thank You, Lord, for the power of baptism in my life by which I am able to affirm life each day against the power of death.*



Did you know.... Our parishioners gather every Wednesday at 3pm – The Hour of Great Mercy - to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"



liturgy

daily bread

Saint Mary Prayer List - March

Please pray for those who are sick or in need, especially: Andrew Berna, Shirley Bozicevic, Bonita and Charles Boyers, Chris Breth, Erika Colbert, Carol Dalton, Maryann Delaney, David Dickinson, Michael Fedowitz III, Celine Gordon, Joseph Krieg, Keith & Theresa Kovalefsky, Logan Leslie, Drew LoRusso, Jacob Moser, Judy Mullinax, Margaret Murphy, Jose Molina, Jason Stoker, Jack Smith, Sonia Sosa, Don Anderson, Brenton Adams, Rita Williams, William Pell, Karl Eugene, Mary Ann Seidlinger, Maryann Carroll, Tom O'Brien, Joanne O'Brien, Christopher Risetto, Gregory Ruth, Laverne Ruth, Casey Zmuda

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, John Moring, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Is Your Heart Broken by a Loved One's Addiction to Drugs?

If so, please be aware that there is a program at St. Mary that offers support to family members and friends of loved ones struggling with a drug addiction problem. The program is called NAR-ANON.

At NAR-ANON meetings, you will have the opportunity to share your story, hear stories from other members, and develop positive coping mechanisms in dealing with your addict.

Compassion and understanding are ever present at the meetings. You are not alone in this struggle! Please take the first step and come to a meeting. Just listen if you want. There is no pressure to share.

The meetings are held at St. Mary Catholic Church in Room 100 in the Parish Life Center on Thursday from 6-7pm and are open to the public at large. For more information **call or text Wayne (540)840-5230 or Wanda (540)538-6978**

Daily Mass Intentions

March

10 MONDAY

6:30am Thomas Vavrick+
9:00am Justin Armitage+
12:00pm Brenda Skinner+
Lv 19:1-2, 11-18/Mt 25:31-46

11 TUESDAY

6:30am Adaline Rose Jenkins
9:00am John Wrobel+
Is 55:10-11/Mt 6:7-15

12 WEDNESDAY

6:30am Patricia Carroll Shipman+
8:15am* Alaina McAdams Jenkins
9:00am Paul Vavrick+
12:00pm Jose E. Bonilla+
Jon 3:1-10/Lk 11:29-32

13 THURSDAY

6:30am Linda Carolina Prohaska
9:00am David Spellman+
12:00pm Norma DeTrane+
Est C:12, 14-16, 23-25/Mt 7:7-12

14 FRIDAY

6:30am Michelle Lindgren
9:00am Martha Minh Duer+
12:00pm Carolina Prohaska
Ez 18:21-28/Mt 5:20-26

15 SATURDAY

9:00am Catie Espiritu
5:00pm Rolando Adrian Flores
7:00pm Frank and Margaret Clancy+
Dt 26:16-19/Mt 5:43-48

16 SUNDAY

7:00am Jessica Ingram
8:30am Virginia Lee Marengo+
8:30am* Francis J. Downey Jr.+
10:30am Christine & George McWhirt, Jr.+
10:30am* Suzette and Bob Young
12:30pm Sharon Bailey
2:30pm Jose E. Bonilla+
5:00pm Rev. Msgr. Paul H. Olmstead+
7:00pm For Our Parish
Gn 15:5-12, 17-18/Phil 3:17-4:1/Lk 9:28b-36

* Indicates Mass at Holy Cross Academy.

Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

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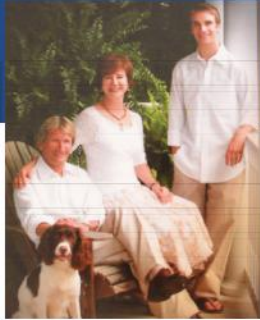
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