

*in the one we are one*

WHO DO YOU SAY  
THAT

I am?



*Who do you say I am?*

*Who do you say I am?*

*in the one we are one*

*in the one we are one*

*Who do you say I am?*

*Who do you say I am?*

*in the one we are one*



ST. MARY  
of the  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

*Who do you say I am?*

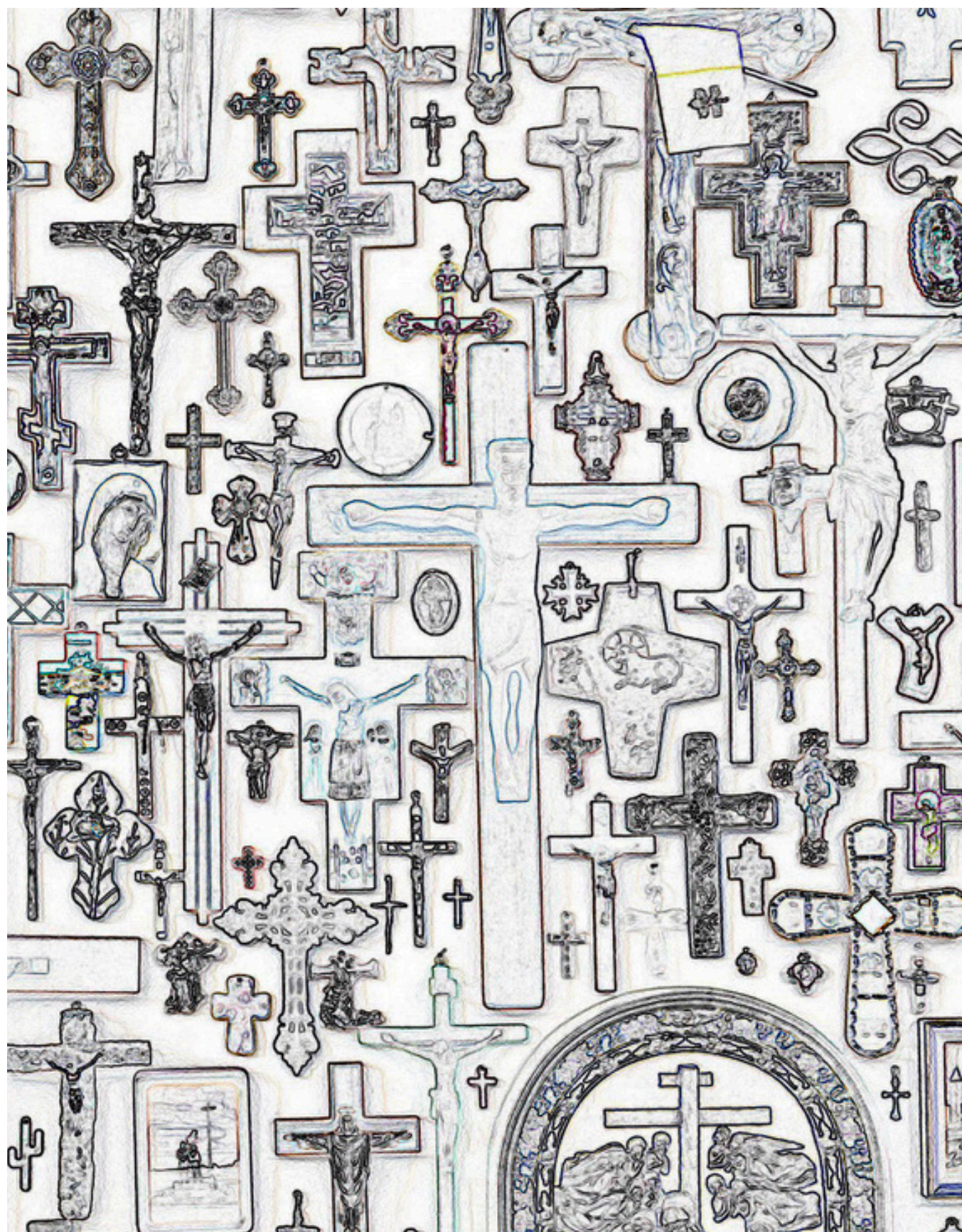
*in the one we are one*

*Who do you say I am?*

*in the one we are one*

*Who do you say I am?*







in the one  
we are one

September 2025

Dear Brothers and Sisters of Saint Mary's

**Who do you say that I am?**

First, consider Jesus asking this of His Apostles in Matthew 16. The answer that He is “the Christ, the Son of the living God” is a gift to Peter. If you don’t wrestle with understanding God made man, then you are likely reducing His authority, omnipotence, and omniscience!

Second, ask this question of the Church: Who do you say that the Church is? It is the bride of Christ. The Church is only one, holy, Catholic, and apostolic, because Jesus is first.

Third, ask this of the pope, “who is this American Leo XIV?” I failed at being a prophet, erroneously saying we wouldn’t have an American pope in my lifetime! He is the visible head of the Church, a Chicagoan, and White Sox fan!

Fourth, ask it of each other: “who is Fr. Mosimann? ... who is my spouse? ...who is my neighbor? ... who are you?” It is by grace and conforming our lives to Jesus Christ, that we can become ever more transparent icons of Jesus! Each of us should decrease, so that He can increase!

Finally, ask it of the least, the vulnerable, and the poor: “whatsoever you do to the least, you do unto Jesus.” Mother Theresa rode this thought to the pearly gates!

The poster for the theme this year is meant to be a little bit of a puzzle, and a riddle. Can you find Jesus in the Church, the saints, the pope, your pastor, the young and the elderly, and in your own home?

This ministry catalog is for you, to help find ways to become who you are, children of God who make present and visible His love.

Pax et Bonum,



Very Reverend John P. Mosimann V.F.  
Pastor

*Who do you say I am?*

**CLERGY AT ST. MARY**



*Very Rev. John Mosimann V.F.  
Pastor*



*Rev. Kevin Dansereau  
Parochial Vicar*



*Rev. Timothy Courtney  
Parochial Vicar*



*Rev. Joseph Connor  
Parochial Vicar*



*Deacon Alberto Bernaola*

*¿quién dicen que soy?*



2025-2026 Saint Mary of the Immaculate Conception Church Ministry Catalog

## We Welcome Your Unique Gifts!



Are you seeking...

- ... a way to deepen your relationship with Christ?
- ... to feel connected to your parish family?
- ... to be a part of something greater than yourself?

### You are needed at St. Mary!

With over 80 ministries, there is something for everyone... so many ways to grow and share your faith.  
NOW is the time to become an active participant in your parish family!

How does one even begin to discern how or where to serve? We can help! Members of the Stewardship Committee are happy to meet with you and discuss your gifts and talents, and how they match up with current needs within the many ministries and opportunities here at St. Mary's. (The following page has many ministries listed within particular charisms.)

Take the first step by filling out the form below. Return it to the parish office or put it into the collection basket at Mass so that we can schedule a time to meet with you and help you decide!

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Best Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

Preference to Meet (i.e. day of the week/morning/afternoon/evenings)

\_\_\_\_\_

Identify below any area(s) that you can relate to:

☐ I like teaching/evangelizing

☐ I am drawn to pro-life work

☐ I feel drawn to working with the poor/homeless

☐ I am organized and like planning

☐ I have and/or yearn for a deeper prayer life

☐ I love music

☐ I am a writer and like to encourage others

☐ I like spending time with the elderly

☐ I am outgoing and welcoming

☐ I like spending time with children

☐ other (write below)

☐ I am crafty

\_\_\_\_\_

**Esta página está disponible en español. Por favor, visite la oficina parroquial.**  
**Please contact the Stewardship Committee with your questions: [stewardship@stmaryfred.org](mailto:stewardship@stmaryfred.org).**



# St. Mary Ministries within Identified Charisms

## TEACHING & ENCOURAGEMENT

Bible Studies  
Book Club  
Council of Catholic Women  
Holy Cross Academy  
Home Schoolers  
Moms' Group  
Order of Christian Initiation of Adults  
Prison Ministry  
SPRED  
TMIY  
Vacation Bible School  
Kids Club at Brisben Center

## POOR & HOMELESS

Brisben Homeless Shelter Dinner  
Manna Food Project  
Community Dinners (Micah)  
Migration & Refugee Services  
Outreach Committee  
The Society of St. Vincent De Paul  
WorkCamp

## SERVICE/HELPS

Ancient Order of Hibernians  
Council of Catholic Women  
Furniture Bank (Micah)  
Gardening Angels  
Knights of Columbus  
Migration & Refugee Services  
Operations Committee  
Scrip  
WorkCamp

## ELDERLY

EM to Sick & Homebound  
Legion of Mary  
Outreach Committee  
Senior Luncheons

## CRAFTS & FOOD

Community Dinners (Micah)  
Council of Catholic Women  
Funeral Committee  
Garden Committee  
Holy Cross Academy  
Knights of Columbus  
Outreach Committee  
Parish Life  
Prayers & Squares  
Seasonal Decorators  
Senior Luncheon  
Shelter Dinners (Brisben)  
WorkCamp  
Youth Ministry

## ORGANIZATION

Bishop's Lenten Appeal  
Development

## OUTGOING/ WELCOMING/ HOSPITALITY

Circle of Love  
Council of Catholic Women  
Funeral Committee  
Greeters  
Lectors  
Moms' Group  
New Parishioner Welcome  
Outreach Committee  
Over 40 Singles Group  
Parish Life  
Prayers & Squares  
Senior Luncheons  
Shelter/Community Dinners  
Ushers  
Young Adults  
Youth Ministry

## PRO LIFE

Birthright  
Mary's Shelter  
Respect Life

## CHILDREN & YOUTH

American Heritage Girls  
Catechists  
BSA/Trail Life  
Holy Cross Academy  
Moms' Group  
Special Blessings  
Vacation Bible School  
Youth Ministry

## MUSIC

Cantors  
Choirs  
Senior Luncheon  
Youth Ministry

## PRAYER LIFE

Adoration of the Blessed Sacrament  
Adult Bible Study  
Communal First Saturday  
Cursillo  
Fasting Brothers  
Legion of Mary  
Life in the Spirit  
Magdalenes  
Prayers and Squares  
Secular Franciscans  
Seven Sisters  
Spanish Prayer Group

## MERCY

Catholic Charities  
Community Dinners (Micah)  
Outreach Committee  
Shelter Dinners (Brisben)  
The Society of  
St. Vincent De Paul

## WRITING

Prison Ministry

*in the one we are one*



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## 2025-2026 Parish Ministries

*'... and one of them [a scholar of the law] tested him by asking, "Teacher, which commandment in the law is the greatest?" He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments."' Matthew 22: 35-40*

*Love the Lord your God with all your heart, all your soul, and all your mind, and love your neighbor as yourself. That is the mission of every single ministry at St Mary. Whether serving at the altar of the heavenly banquet, or serving at the shelter dinners for the homeless and in need members of our community, our service and ministry is always dedicated to loving God and neighbor. This booklet is designed to help you find the ways your unique gifts will help contribute to our parish mission of bringing Christ to others and bringing ourselves closer to Christ. Please pray and discern how you may be of service to God's Church, whether it's as a lector, a homeless shelter volunteer, or a member of the Legion of Mary (or all three!). Our parish depends on you!*





WHO DO YOU SAY  
THAT  
**I am?**



## EDUCATION

### Adult Religious Education

#### Faith Formation K-12 Religious Education

#### Adult Bible Study

#### Women's Bible Study

- Walking with Purpose

#### Holy Cross Academy

#### OCIA: Order of Christian Initiation For Adults

#### SPRED: Special Religious Education

#### Vacation Bible School

#### Catholic Youth Ministry (CYM)

- High School Youth Group
- Middle School Youth Program
- YOUCAT
- Work Camp Volunteers
- Youth Group Parent Volunteers
- Fight Club
- Feminine Genius
- Senior Ministry
- Adult Leaders/Volunteers

At St. Mary, we strive to provide the best possible religious education for our parish community. Together, our programs work as a resource, preparing our children, young adults, and adults for the sacraments and continuing to nourish our parishioners' faith formation.



### Adult Religious Education

**Mission:** To support and enrich educational efforts for adults. St. Mary offers a wide variety of educational programs including Scripture studies, studies on the Catholic faith, catechism, Church history, and much more.

**Time:** Adult education programs meet regularly throughout the year. Watch the bulletin for adult education opportunities.

#### Coordinator:

**Dr. Katherine Evans, DRE**  
kevans@stmaryfred.org, 540-373-6491 x230

### Faith Formation K-12 Parish Religious Education

**Catechists, Catechist Aides**  
**Prayer Aides, Office Assistants**

**Mission:** To assist in our children's faith formation. There is a large range of responsibilities undertaken by the parish in serving over 1,200 children in their faith formation and sacramental preparation.

**Time:** Weekly commitment (if possible), plus initial training, including VIRTUS and ongoing formation as needed. As much or as little time as you can give is appreciated.

**Talent:** A love of faith and children is foremost, and a desire to fill a needed role in an environment where Christ is our focus. Training and certification are made available to all to ensure that we are educated in the faith we teach. Volunteer opportunities include: catechists/teachers, teacher aides, prayer aides, office and clerical volunteers.

#### Coordinator:

**Dr. Katherine Evans, DRE**  
kevans@stmaryfred.org, 540-373-6491 x230

### Adult Bible Study

**Mission:** To support and enrich educational opportunities for adults. St. Mary's offers a wide variety of educational programs including Scripture studies, studies on the Catholic faith, Catechism, Church history and much more. The Catechism of the Catholic Church (CCC) 136: says, "God is the author of Sacred Scripture because he inspired its human authors; he acts in them and by means of them. He thus gives assurance that their writings teach without error his saving truth" (cf. DV 11).

**Time:** Meet regularly throughout the year. During the summer, adult ed. offers the Lunch and Lecture program. This is a "drop-in" program where parishioners bring their lunch and watch a lecture. No registration is needed. See the bulletin for all upcoming opportunities.

#### Coordinator:

**Suzette Young**  
agingcoastrkid1@yahoo.com, 540-479-6987  
(land line phone, please leave a message)

### Womens Adult Bible Study Walking with Purpose

**Mission:** Whether you are a seasoned seeker of spiritual truths or embarking on your first exploration, we all need guidance that meets us where we are with practical wisdom. Our Bible studies provide relevant content that takes timeless truths from Scripture and applies them to daily life. Each week you'll dive into Scripture. Get ready to open your heart ... open your Bible ... and invite God in while meeting other fantastic ladies of our parish.

**Time:** Studies are held a variety of days during the week to accommodate working and stay-at-home women.

#### Coordinator:

**Dr. Lisa Sarber, lisakymi@aol.com**



### Holy Cross Academy

Holy Cross Academy is blessed to have extremely talented teachers who are always looking for new ways to help our students. All our teachers are certified in the area in which they instruct. Many hold Master's degrees or are currently enrolled in a graduate program. All our teachers of Religion hold Catechist certification with many at the advanced level. Our faculty members are experienced, dedicated and innovative. Our teachers are supported in all they do by dedicated staff in the office, classrooms, kitchen, maintenance and extended care program. They make our school the wonderful place that it is.

We are always happy to welcome additional help to facilitate one-on-one learning or assistance as needed in other areas. If you are called to work with students in any capacity, we would love to have you!

**Mission:** Holy Cross Academy forms young men and women to be saints, scholars, and leaders in the image of our Lord Jesus Christ and our Blessed Mother.

**Time:** Weekly commitment (if possible), plus initial training, including VIRTUS and ongoing formation, as needed. As much or as little time as you can give is deeply appreciated.

**Talent:** A love of education and children is foremost and a desire to fill a needed role in an environment where Christ is our focus. A full spectrum of opportunities is available.

**Coordinator:**  
Angie Tomayko  
atomayko@holycrossweb.com

### SEEKING SUBSTITUTE TEACHERS!

**Tutors**  
**After school care**  
**Library Aides**  
**Art Room Aides**  
**Garden Care**  
**Lunch room and playground volunteers**





**OCIA:**  
Order of  
Christian  
Initiation  
for Adults  
Team

We are blessed with a faithful formation team for adults who are seeking to live new faith, toward the ultimate goal of full sacramental initiation in the Church at the Easter Vigil Mass.

**Mission:** To facilitate the process of initiating new members into our Roman Catholic community of faith through Baptism, Confirmation and Eucharist. Sacramental preparation consists of catechesis, small group fellowship, and personal support.

**Time:** Thursdays 7:00-8:45pm, September through May

**Talent:** An ability and willingness to share your love of Christ and the Catholic faith with those seeking to become Catholic, receive a missed Sacrament, or delve more deeply into their faith. Small group leaders are needed to facilitate discussions using guided questions. Sponsors are needed to attend classes with their candidates, participate in group discussions and rites, and provide one on one mentorship and encouragement. Proxies are also needed for events at which sponsors cannot be present.

**Coordinator:**  
Dr. Katherine Evans, Director  
kevans@stmaryfred.org

**En Español Coordinators (OICA):** Página 32  
Deacon Alberto Bernola  
abernaola@stmaryfred.org  
Maria Ortiz, Spanish OICA Assistant  
mjeortiz@gmail.com

**SPRED:**  
Special  
Religious  
Education

**Mission:** The SPRED program serves children and young adults with developmental disabilities such as down syndrome, autism and learning disabilities. During each session, the students participate in catechesis and joyful activities designed to lead them closer to Jesus, and prepare them to receive the Sacraments of Initiation (Baptism, Confirmation, Holy Eucharist) and Penance. The program meets October through June. For more information and to register contact Sonia Spencer.

**Coordinators:**  
**Volunteering:** Johanna Merino  
johanna\_merino@hotmail.com

**Registration:** Sonia Spencer  
sspencer@stmaryfred.org

**Vacation  
Bible  
School  
(VBS)**

**Mission:** To create a fun-filled environment where participants experience the love of God through games, crafts, snacks, singing, dancing, and a Bible lesson.

**Time:** One full week in the summer, with planning and preparation in advance.

**Talent:** A love for young children. Must be energetic, loving and kind, VIRTUS trained. Adult and teen volunteers needed.

**Coordinator:**  
Katherine Resendez  
stmaryfxbgvbs@gmail.com



**Catholic  
Youth  
Ministry  
(CYM)**

**Mission:** Our primary mission as a Youth Ministry program is to bring young people into an intimate, personal relationship with Jesus Christ and His Church. We believe that lives are transformed when young people are invited to encounter, connect and grow in their relationship with God. Several opportunities to facilitate our youth program are listed below.

**Coordinators for ALL CYM Programs are:**  
Tatiana Beltran, tbeltran@stmaryfred.org  
Catie Espiritu, cespiritu@stmaryfred.org

**Note:** The Diocese mandates that all CYM adult volunteers (18+ years of age) be compliant with OPCYP Programs. Contact Tatiana Beltran for more information.



**High School  
Youth Group**

**Mission:** To engage young people in grades 9-12 in their faith, the Church, and current issues occurring in their lives through small group discussions and speakers. Each high school youth group night begins with a free dinner and icebreaker games to build fellowship and community.

**Time:** Weekly on Sundays from 6:00-8:30pm.

**Middle  
School  
Youth Group**

**Mission:** To engage young people in grades 6-8 in their faith, the Church, and current issues occurring in their lives through small group discussions and speakers. Each middle school youth group night begins with a free dinner and icebreaker games to build fellowship and community.

**Time:** 1st and 3rd Fridays from 6:30-8:00pm.

**YOUCAT**

**Mission:** To guide our high school teens in grades 9-12 in deeper discussions of the Catholic faith, theology, and scripture in a small group setting. Each meeting includes a lectio divina reading of the upcoming Sunday gospel, and once a month teens go to adoration and confession together.

**Time:** Weekly on Wednesdays from 6:30-8:00pm.

## Fight Club

**Mission:** To help young men in grades 7-12 strive for the virtues of purity and chastity together in Christian fraternity. In general, the group includes prayer, formation, brotherhood, and accountability.

**Time:** Weekly on Saturdays from 6:30-8:00am (the same time as That Man is You).

## Feminine Genius

**Mission:** To help young women in grades 6-12 live out the beauty and dignity of being daughters of Christ as they grow in Christian sisterhood and accountability. Middle and high school girls meet separately.

**Time:** 2nd and 4th Thursday from 6:30-8:00pm.

## Senior Ministry

**Mission:** To guide our high school seniors (grade 12) in personal spiritual formation and to prepare them to pursue their faith after graduation. Meetings include a potluck dinner and a teen-led roundtable discussion.

**Time:** Once a month (check the Youth Ministry calendar for exact dates).

## Adult Leaders

**Mission:** To engage in relational ministry and facilitate meaningful encounters with Jesus for teens in middle and high school during any of our recurring ministries.

**Time:** Commitment varies based on ministry. Contact us to discern a ministry that's the best fit for you!

**Talent:** Must have a heart for our youth and a love of Jesus and the Catholic faith! The Holy Spirit will take care of the rest.

## WorkCamp Adult Volunteers

**Mission:** To assist in the parish's preparation, coordination, and participation of our youth's annual WorkCamp experience. The goal of WorkCamp is to make homes warmer, safer, and drier for families in need within our diocese.

**Time:** Commitment varies based on area of support. Volunteering can include the full week of summer WorkCamp, weekend fundraisers, and general support as-needed.

**Talent:** There are many opportunities to volunteer in support of WorkCamp, such as: contractor, crew leader, security, stakeholder, lunch preparation, van donation, fundraising help, and more. No experience is necessary for any volunteer roles, but a willingness to witness Christ through your example to our youth is a must!

## Dinner Team Adult Volunteers

**Mission:** To plan, prepare, and serve homemade meals to our teens at the beginning of each middle school and high school youth group.

**Time:** Volunteers are put in teams that prepare a meal once every 2-3 months for either the Sunday high school youth group or Friday middle school youth group.

**Dinner Coordinator:**

Kerry Feroldi, cymdinners@gmail.com



Who do you say I am?





## LITURGY

### Altar Servers

### Altar Society

### Extraordinary Ministers of Holy Communion

- Homebound & nursing home

### Hospitality

- Greeters & Ushers

### Lectors

### Music Ministry

### Seasonal Decorators

*The Holy Sacrifice of the Mass is the source and summit of everything we do. All those who volunteer for liturgical ministries witness to the presence of Christ in our midst and strengthen us as a community centered on Jesus present in the Eucharist and in his living Word.*

*There are many Liturgical Ministries which assist the priest in the celebration of the Mass. We sing His praises, proclaim His Word, serve at His altar, welcome His people, care for His altar and His house, and assist in the distribution of Holy Communion, at Mass and to the homebound. There are many ministries and many gifts needed to support the liturgy in our parish.*

### Altar Servers

**Mission:** A unique ministry by which boys and girls, fourth grade through high school, can help to spread the word and the love of Christ through their actions and words by assisting the principal celebrant during Mass. To be an Altar Server is a special honor and a great privilege. Opportunities are available for other liturgies as well, such as weddings, funerals, benediction, etc.

**Time:** Generally two Masses per month. Arrive 15 minutes prior to the start of Mass. Initial training is necessary for all new servers and is offered in the fall.

**Talent:** A desire to serve God. Attentiveness and reverence at Mass. Must be dependable.

**Coordinators:**

Lori Mattson, stmaryfxbg@gmail.com

**Altar Society** *Mission:* To care for the altar linens.  
*Time:* A brief training session, and then a few hours a month.

*Talent:* A caring eye for detail, and ability to complete tasks on schedule.

**Coordinator:**  
Ginny Christina, ginchristina@gmail.com

**Extraordinary Ministers of Holy Communion** *Mission:* To assist in the distribution of the Holy Eucharist on Sundays, Holy Days and/or daily Mass, and to share ministry with the homebound.

*Time:* Weekly commitment (if possible). Schedule is flexible and finding a substitute is required. Formation and training sessions also required.

*Talent:* Love and reverence for the Holy Eucharist; Catholic in good standing who has received the Sacraments of Initiation (Baptism, Eucharist and Confirmation). Must be formally mandated by Bishop Burbidge, usually annually in May. If you are interested, please contact Fr. Mosimann directly for an appointment.

**Coordinators:**  
Kristen Baroody  
tkbaroody@stmaryfred.org

**Very Rev. John Mosimann V.F.**  
frmosimann@stmaryfred.org

**Homebound & nursing home** *Mission:* To bring the Holy Eucharist, pray and visit with those who are homebound.

*Time:* Weekly commitment (if possible). 1-2 hours weekly. Annual training.

*Talent:* Love and reverence for the Holy Eucharist; friendly and compassionate with the ability to comfort. Catholic in good standing who has received the Sacraments of Initiation (Baptism, Eucharist and Confirmation). Must be formally mandated by Bishop Burbidge, usually annually in May. If you are interested, please contact Fr. Mosimann directly for an appointment.

**Coordinator:** Kristen Baroody  
tkbaroody@stmaryfred.org

**Hospitality Greeters** *The greeters are both inside and outside the church, opening the doors, welcoming everyone with a warm smile and helping the ushers pass out liturgy sheets when needed. We welcome people who come to Mass on Saturday evening, Sundays and other special liturgies.*

*Mission:* Welcome all parishioners and visitors to Mass with a warm smile and friendly greeting. Greeters may be asked to help people who need assistance from their cars to their pew. Distribute liturgy sheets and assist ushers as needed. Adults and teens welcome.

*Time:* Weekly commitment desired, not required (arrive 20-25 minutes prior to Mass). Schedule is flexible and finding a substitute or notifying the greeter coordinator is recommended. Initial training and annual meeting.

*Talent:* An ability to help people be aware they belong, with compassion and a deep sense of Christ in all people.

**Coordinator:**  
Pat Fish, patfish53@gmail.com

**Ushers** *Mission:* To provide assistance to our fellow parishioners during regular Masses, Holy Days and also during special liturgical events. This assistance includes a variety of tasks such as extending greeting to all those that enter, seating people, assisting during Communion, taking up the collection and distributing the church bulletin at the conclusion of Mass.

*Time:* Weekly commitment (arrive 15 minutes prior to Mass). Initial training

*Talent:* An ability to help people be aware they belong; a deep sense of Christ in all people.

**Coordinators:**  
Tom Fish, fishtbrx@gmail.com

**Spanish Mass:**  
(en Español, página 32)  
Javier Flores, javier112690@yahoo.com

**SEEKING VOLUNTEERS!**





**Lectors** ***Mission:** To proclaim the Scripture readings at Masses, Holy Days and at other special liturgical events with reverence and understanding. This requires spending time with the Word before your assigned Mass, prayerful contemplation and an openness to letting the Holy Spirit lead. Adults and teens eligible.*

***Time:** An instruction session before joining this Ministry is required. Normally, lectors will serve one Mass per month. Schedule is flexible.*

***Talent:** A love for God's Word. A clear speaking voice and ease speaking in front of people.*

**Coordinator:**

**Karin Lea, [lea.karin.j@gmail.com](mailto:lea.karin.j@gmail.com)**

**David James, [us1fedvet@msn.com](mailto:us1fedvet@msn.com)**

## Music Ministry

***Mission:** The Music Ministry welcomes singers and instrumentalists who want to share their gifts to help foster the sung prayer of our parish. Over 100 adults and children participate in one or more of the five choral ensembles, which provide music for weekend liturgies as well as all solemnities and special occasions. The Music Ministry also provides musical leadership, through our cantors and organists, for all weddings and funerals. In addition to choral, instrumental and cantor programs, St. Mary continues to foster the performing arts through Concerts at St. Mary, a concert series which features internationally renowned solo recitalists and performing ensembles as well as programs presented by the choirs of St. Mary.*

***Talent:** Love of music and wanting to share your musical talents in prayer.*

For any interest or questions about the Music Ministry, please contact:

**Choirmaster:**

**Joseph Ciskanik**

**Director of Music & Organist**

**[musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)**

**540-373-6491, ext. 217**

## Parish Choir

*The St. Mary Parish Choir provides music for the 10:30am Sunday liturgy as well as Solemnities and certain special occasions. The repertoire of the Parish Choir includes a broad range of choral literature from chant and polyphony through contemporary compositions of the 20th and 21st centuries. Members of high-school age and above welcome. We welcome singers both new and experienced to join a choir with a long-standing tradition of excellence. (If you are new to singing, we may be able to help get you started; contact Music Director Joseph Ciskanik to see where you're at.)*

***Time:** The Parish Choir rehearses on Thursday evenings from 7:00-8:45pm and on Sunday mornings at 9:50am prior to singing at 10:30am Mass. A serious commitment to attendance is expected.*

## Festival Choir

*Often times individuals, for various reasons, can't commit to the weekly rehearsal and Mass schedule of the Parish Choir for the entire year. The St. Mary Festival Choir is a group of singers who wish to be a part of special liturgies and choral programs presented by the music ministry – most importantly, Christmas, Holy Week, and Easter. The Festival Choir gives those interested an exciting opportunity to be involved with the music ministry with a limited rehearsal and performance commitment. The Music Director will stay in touch with singers on the Festival Choir Roster via email as the seasons of Christmas and Holy Week approach.*

***Time:** AD HOC: Festival Choir begins rehearsing with the Parish Choir roughly 5 weeks before Christmas/Easter on Thursday evenings from 7:00-8:45pm. We also meet one hour before the respective Liturgies to warm up.*





## St. Cecilia Choir (Youth Choir)

The St. Cecilia (Youth) Choir sings every other Sunday at the 8:30am Mass (October-May), as well as Holidays, and Concerts throughout the year. We also take time in rehearsals to learn vocal techniques, musical literacy, and an appreciation for Sacred Music. Membership is open to children grades 2-8.

**Time:** Rehearsals are Wednesday afternoons, from 4:45-6:00pm. We sing every other Sunday at the 8:30am Mass, and on those Sundays, arrive for a warm-up at 7:45am. Schedules will be sent to the choir members' families.

## Latin Schola

The Latin Schola is an ensemble which provides music for the celebration of the Novus Ordo Latin Mass on First Fridays at 7:00pm and various Solemnities. The repertoire of the Latin Schola is primarily Gregorian Chant, as well as traditional hymnody and polyphony.

**Time:** On First Fridays of the month the Latin Schola rehearsals are at 6pm, and Mass is at 7pm. On Solemnities, rehearsals are also one hour before the scheduled liturgy (usually at 3:00pm or 4:00pm, respectively).

## Cantors

(By audition or invitation only.) The ministry of the cantor has two distinctive roles in the liturgy. The primary role is one of the Psalmist and the secondary role is one of the song leader. Each liturgy at St. Mary has an assigned cantor to assist the congregation in their sung prayer. Cantors will receive music and practice recordings 5 days in advance; they are expected to show up to Mass ready to sing confidently and properly.

**New to the 2025-2026 Season:** Cantors are preparing a Group Recital of Sacred Vocal Music as part of the Concerts at St. Mary in the spring of 2026.

**Time:** Cantors select their preferred Mass times and will be scheduled by the Music Director on a month-by-month basis. They warm up with the accompanist 45 minutes before their assigned Mass.

## Spanish Coro

The Spanish Coro is a group of singers who provide music for the 2:30pm Spanish liturgy on Sunday and various solemnities and events throughout the church year. Singers who enjoy singing in Spanish are most welcome to join.

**Time:** The Coro rehearses on Wednesday evenings and Sunday at 1:00pm prior to 2:30pm Mass

**Coordinator: (en Español, página 32)**

**David Garrison**

**dmg3312@gmail.com or 540-376-1401**

**SEEKING CHOIR MEMBERS!**

*Who do you say I am?*

## Seasonal Decorators

**Mission:** To assist parish staff in preparing the church for primary liturgical seasons, creating designs that lead those attending Mass to enter more deeply into the Mysteries we celebrate.

**Time:** Usually the day before a major feast day. Other dates as needed throughout the year.

**Talent:** An eye for design and a cheerful attitude!

**Coordinator:**

**Kerry Feroldi**

**Nerf1994@gmail.com**



in there one  
we are one

## OPERATIONS

### Development

- **SCRIP Volunteers**

### Operations Committee

*Just as in any organization, there is a lot of “behind the scenes” work that must be done in order for our community events and projects to be completed. We are always in need of physical help, whether it is setting up, cleaning up, stuffing envelopes, or answering phones. We are also responsible for keeping our facilities in working condition and making improvements as necessary.*



### Development SCRIP Volunteers

The SCRIP Program is a gift card purchase program that directly benefits our parish school, Holy Cross Academy. Gift cards can be purchased for over 75 local and national retailers who in turn provide a percentage of the gift card face value back to the school. Our goal is to greatly expand the program so that more parishioners will purchase gift cards for routine weekly expenses like groceries, gas, and restaurants. This year we will be emphasizing the use of the convenient on-line sales program, and focusing on new ways to advertise and promote the program to generate more sales.

**Mission:** To manage this ongoing fundraiser which supports our parish school.

**Time:** 30 minutes per week to sell gift cards after weekend Masses at St. Mary and Holy Cross Academy or during afternoon carpool at HCA.

**Talent:** Organization and a willingness to staff the sales table after Mass or at HCA.

**Coordinator:** Lloyd Keeton  
[scripcordinator@holycrossweb.com](mailto:scripcordinator@holycrossweb.com)

### SEEKING VOLUNTEERS!

### Operations Committee

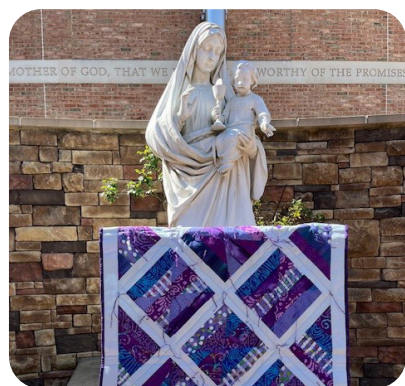
Often there is a great need for assistance to accomplish the goals set by many of the other committees and ministries, and the Operations Committee facilitates their successful outcome.

**Mission:** To organize and coordinate volunteers as they are needed; to facilitate the Lenten Small Groups program; to assist in communications and publicity of parish events; to develop a directory of parishioners' businesses; to assist in the planning and managing of maintenance and improvements of parish property. Also, facilitating the physical needs of major parish events/functions.

**Time:** Varies with needs.

**Talent:** No training is necessary; however, a diversity of expertise is very helpful.

**Coordinator:** Chris Lanzaone  
[clanzaone@stmaryfred.org](mailto:clanzaone@stmaryfred.org)



# WHO DO YOU SAY THAT I am?





*Believing in the presence of God in our midst, we proclaim the sanctity of human life and the dignity of each person. We work together to meet the needs of those in our community and beyond -- happy to be the hands and feet of Christ!*

## OUTREACH

**Parish Outreach Committee**  
**Catholic Advocacy Committee**  
**Catholic Charities Counseling Services**  
**Catholic Charities Migration & Refugee Services**  
**Ecumenical/Interreligious Commission**  
**Food Bank Manna Project**  
**Jail/Prison Ministry**  
**Micah Ecumenical Ministries**

- Cold Weather Shelter
- Community Dinners
- Furniture Bank
- Hesed House
- Hospitality Center

**The Society of St. Vincent de Paul**  
**Brisben Center**

- Community Dinners
- Kids Club

### Outreach Committee

Members of this committee support a variety of programs throughout the year that offer hope and encouragement to those in need. Members are "on-call" and assist with programs/projects as they are scheduled. Join the email list and be made aware of special needs throughout the year. No regularly scheduled meetings.

Some programs include:  
 Adopt-a-Senior at Christmas  
 Catholic Charities Migration  
 Refugee Thanksgiving Baskets  
 Coat Drive & Distribution  
 Easter visits with seniors  
 School Dressing Days  
 St. Lucy Project  
 "Souper" Bowl  
 Stella Marina Project (medical kits-Haiti)  
 St. Mary Giving Tree

**Coordinator:**  
**Elena Doyle, Outreach Director**  
 edoyle@stmaryfred.org

### Catholic Advocacy Committee



Our Advocacy Committee attends Catholic Advocacy Day in Richmond in January and has promoted the most successful Virginia Catholic Conference registration drive in Virginia.

**Mission:** To serve as liaison to the Virginia Catholic Conference in coordinating parish activities to promote Catholic values in the public square according to the guidance of the United States Conference of Catholic Bishops. The Committee organizes our attendance at the annual Catholic Advocacy Day in Richmond and coordinates parish awareness on issues such as life, predatory lending, human trafficking and immigration reform.

**Time:** Periodic meetings and events as they occur.

**Talent:** A passion to bring awareness to the parish and to actively participate in the promotion of Gospel values in society.

**Coordinator:**  
**Jeff Caruso, via VA Catholic Conference**  
 jeff@vacatholic.org

### Catholic Charities Counseling Services



We've served over 412 clients and provided 4,975 counseling sessions. We've partnered with Mary's Shelter, Hope House, and Empower House to strengthen the parent-child relationships in families served by those programs. We've increased our total number of available clinical hours by adding new clinicians. We've provided talks and trainings on mental health issues to many parishes, schools, and local non-profits.

**Mission:** To serve as a volunteer in daily schedule of the Catholic Charities office on the parish campus.

**Time and Talent:** Depending on need, volunteer service could be in the office, or helping with clients.

**Coordinator:**  
**Lorenzo Resendez**  
 lorenzo.resendez@ccda.net

*in the one  
we are one*

## Catholic Charities Migration & Refugee Services



**Mission:** To assist in providing support for new arrivals to our country. Language support, tutoring and transportation.

**Time:** Whatever time may be available; volunteers may also contact the office of Migration and Refugee Services for other opportunities in helping the refugee population with daily needs.

**Talent:** Willingness to meet needs of clients.

### Coordinator:

**Kathleen Renfroe**, [kathleen.renfroe@ccda.net](mailto:kathleen.renfroe@ccda.net)  
159 Lichfield Blvd., Suite 101, 22406  
540-899-6510

## Ecumenical/Interreligious Commission

Fredericksburg enjoys one of the richest relationships among the Christian churches of the downtown area, whose fruit has yielded numerous ministries of outreach and prayer which have inspired the community repeatedly to seek ways of deeper unity and understanding.

**Mission:** To organize and promote unity among people of Christian faiths and between world religions represented in the Fredericksburg community.

**Time:** Periodic meetings and events as they occur.

**Talent:** A desire to bring unity to those separated by religious profession.

### Coordinators:

**Tom and Joyce O'Toole**, [tjotoole@verizon.net](mailto:tjotoole@verizon.net)

## Food Bank Manna Project



The Manna Project coordinates food collections at St. Mary that benefit the Fredericksburg Regional Food Bank twice a year. Volunteers are encouraged to reach out to the food bank directly if they wish to assist further in the way of volunteering. Volunteers also assist with other food-related Outreach opportunities within the church from time to time

**Mission:** The Manna Project serves the Fredericksburg Regional Food Bank in food collection and volunteer areas.

**Time:** Major collections are made twice yearly (2-3 hours). Opportunities beyond our two collections are available and the time commitment is flexible.

**Talent:** Willingness to help with food collection at the church, some physical labor may be required.

### Coordinators:

**Adriana & Johnny Puckett**  
[adrianapuckett@gmail.com](mailto:adrianapuckett@gmail.com)  
[stmarymannaproject@gmail.com](mailto:stmarymannaproject@gmail.com)

## Jail/Prison Ministry

**Mission:** To serve the 'poverty of hope' of the imprisoned by offering friendship, spirituality, emotional support, and compassion by way of letters to inmates with a focus on the dignity and respect of the individual. Our pen pal program allows our volunteers to engage in positive and uplifting correspondence with the message of Christ's forgiveness, love, and hope for a better future. Through the death row mercy program, our volunteers encourage inmates to seek redemption and Christ's forgiveness with the message of hope for eternal salvation.

**Time:** Monthly 1-2 hours as your time permits

**Talent:** Willingness to share your faith and encouragement in written letters.

**Note:** All members of this ministry **MUST** complete a training session. Your privacy is respected and all communication utilizes St. Mary's parish office address to maintain complete anonymity between our volunteers and the inmates.

### Coordinator:

**Jim Shall**, [jimshall1@yahoo.com](mailto:jimshall1@yahoo.com)

IN THEIR OWN WORDS  
FROM FORMER INMATES



"Prison has taught me to never take things for granted, and that, for me, starts with people, and real friendship."



Micah Ministries is a Christ-centered community response led by Fredericksburg area churches to serve our neighbors in need of shelter and related care. Micah 6:8 challenges us to do justice, love kindness and walk humbly with God.

## Cold Weather Shelter

**Mission:** To provide a warm, safe environment for homeless individuals on all evenings of the cold weather season.

**Time:** November-March 1st. St. Mary team will be assigned one evening per week and teams will be scheduled for each week to serve 2 ½ - 3 hours.

**Talent:** Help make-up beds, bring socks and snacks. Welcome guests and assist in check-in.

### Coordinator:

**Greg Wheatley**  
[stmary.cws@outlook.com](mailto:stmary.cws@outlook.com)

## Community Dinners

**Mission:** Through the organization of Micah Ministries there is a free hot meal served each evening by various churches for those who are in need in the Fredericksburg area. St. Mary Church is one of the churches whose volunteers cook and serve dinner not just for the homeless of our community but also for anyone who needs a hot meal and some fellowship, including the lonely, the widowed, and struggling families. In the past year 5,000+ meals were served at these community dinners.

**Time:** St. Mary provides meals on the 1st and 5th Monday of every month at St. George's Episcopal Church. Volunteers are organized through Signup Genius to to serve meals one to two times monthly. We work in shifts of approximately 1-5 hours to setup, serve, and clean-up after the meal.

**Talent:** Volunteers only need to be friendly and compassionate as we serve and visit with our guests.

### Coordinator:

**Torie Baldwin**  
[stmarycommunitydinners@gmail.com](mailto:stmarycommunitydinners@gmail.com)



**Furniture Bank** *Mission:* To provide furniture to those in need including former Micah clients moving into permanent housing.  
*Time:* Third Saturday of the month 8:30-11:00am.  
*Talent:* The ability to move furniture and/or drive a pick-up truck or large vehicle to help. Great service for teens and parents!  
*Coordinator:*  
 Rich LaRoche, stone48@verizon.net

**Hesed House** *The Hesed House provides temporary housing for Micah clients awaiting a permanent home.*  
*Mission:* To support the work of the Hesed House in caring for residents. We prepare rooms for move-in and move-out. Creating a welcoming environment.  
*Time:* St. Mary Team is "on-call," rotating with other Micah church teams.  
*Talent:* Compassion, an eye for design, and the ability to work on a fun team!  
*Coordinator:*  
 Megan D'Lugos, thedlugos5@gmail.com

**Hospitality Center** *Mission:* Provides resources for homeless individuals such as food, showers, clothing and assistance with employment (resume and searches), education, housing, legal affairs and health related issues among others. Volunteers needed to greet and check-in clients at the front desk, sort donations and help with a variety of needs.  
*Time:* M-F, 10:00am-2:00pm (anytime between these hours)  
*Talent:* Ability to listen with compassion. Office skills are a plus.  
*Coordinator:*  
 Elena Doyle, edoyle@stmaryfred.org

**The Society of St. Vincent de Paul**



We are an all volunteer Catholic lay mission. We annually give financial aid to between 700 and 1000 local families for rent, utilities, medicine, etc. In addition, we provide guidance and spiritual prayers. Individual and parish donations, along with the income from our thrift store make all this possible. Our store, located in Fredericksburg, is open Mon., Wed., Fri., and Sat. from 10am-4pm. Our inventory is all donated. We offer interviews, prayers and emotional support every Thursday evening at 6:00pm to help the poor in our area find a way out of emergency situations while planning for a sustainable way forward.

*Mission:* To offer tangible assistance to those in need on a person to person basis.  
*Time:* Varies with whatever you are able to give.  
*Talent:* Cashier, sort clothing or household goods, pick-up and delivery, interview applicants needing assistance, and/or grant writer. Training is provided! Friendly demeanor necessary, and compassion for those in need of help. This volunteer opportunity provides a real chance to be the hands of Jesus.  
*Coordinator:*  
 Amy Pata, ramrap94@hotmail.com

**Brisben Center**



*Mission:* To practice a charitable corporate work of mercy by cooking and serving a meal to the homeless residents residing at Brisben Center.

**Community Dinners**

*Time:* Must be available between 3-5pm or 5-7pm. We are responsible for dinners on the second and fourth Wednesdays of each month.  
*Talent:* Must be over 16 years of age. Willingness to assist in the preparation and serving of the meals. We also welcome monetary donations to support the purchase of food and supplies.  
*Coordinators:*  
 Gustavo Guzman  
 gustavoguzmansilva74@gmail.com  
 Jim Shall, jimshall1@yahoo.com

**Kids Club**

*Mission:* To serve the social/emotional needs of local homeless children ages 1-18. Homework assistance (during the school year), themed crafts, indoor/outdoor games and fun sensory activities are provided.  
*Time:* Wednesdays 4:30-5:30 (Sign-up Genius is required as space can be limited).  
*Talent:* A love of children and a desire to fill a needed role in bringing acceptance, encouragement and joy to the children. Volunteers should be 18 and older. 7th and 8th graders preparing for confirmation are welcome but must be accompanied by an adult.  
*Coordinator:*  
 Sydney McDonald, sydjim92@msn.com

Who do you say I am?

## PARISH LIFE

### Adoration of the Blessed Sacrament

#### Ancient Order of Hibernians

#### Book Club

#### Council of Catholic Women (CCW)

- Circle of Love
- Craft Group
- Prayers & Squares

#### Cursillo

#### Funeral Reception Committee

#### Gardening Angels

#### Hispanic Ministry

#### Homeschool Group

#### Knights of Columbus

#### Legion of Mary

#### Magdalenes

#### Marriage Ministry

#### Young Family Ministry

#### Men's Group

#### That Man is you (TMIY)

#### Moms' Group

(St. Anne Sisters in Faith)

#### Over 40 Single Catholics

#### Parish Life Committee

#### Prayer Groups

- Fasting Brothers
- Life in the Spirit Gathering
- Seven Sisters Apostolate
- Spanish Prayer Groups
- St. Monica

#### Respect Life Ministry

- Birthright of Fredericksburg
- Mary's Shelter

#### Secular Franciscan Order

#### Senior Luncheons

#### Special Blessings

#### Welcoming New Parishioners

#### Young Adults

#### Youth Organizations

(Sponsored by parish/school)

- American Heritage Girls
- Boy/Cub Scouts of America
- Trail Life USA Troop

### Adoration of the Blessed Sacrament



**Mission:** To love and adore the real presence of Jesus Christ in the Most Blessed Sacrament. As Christ asked His disciples in the garden: "Could you not watch one hour with Me?" (Mt 26:40) Come and spend time with Jesus. He is with you. "I look at Him and He looks at me." - St. John Vianney, patron of priests

**Time:** Commit to one hour or more per week. Permanent adorers and substitutes are needed for our Adoration Chapel (in the near future). Our current Eucharistic Adoration hours are Wednesdays 1pm to Fridays 9am in the church (excluding Mass times and funerals).

#### Coordinator:

Serena Nguyen, [adoration@stmaryfred.org](mailto:adoration@stmaryfred.org)

Adoration FB: <https://facebook.com/groups/312659069201403>

"Adoration is the first act of the virtue of religion. To adore God is to acknowledge him as God, as the Creator and Savior, the Lord and Master of everything that exists, as infinite and merciful Love." (Catechism of the Catholic Church #2096)

### Ancient Order of Hibernians AOH



**Mission:** In 1987, Father John J. Munley, St. Mary's pastor, was instrumental in founding the Fredericksburg region Ancient Order of Hibernians (AOH) division. It was named in honor of the Irish American statesman, patriot and commander of the famed Irish Brigade, General Thomas F. Meagher. We are one of 15 divisions in the Commonwealth working together in support of Irish traditions. Meagher Division brothers raise funds for local charities that espouse Catholic ideals. For example, proceeds from our annual Shamrock Charity Golf Classic and Trip for Two to Ireland raffle support Mary's Shelter, Birth Right, the Paul-Stefan Foundation, four parish work camps, and scholastic awards for Catholic elementary school graduates accepted to matriculate at area Catholic High Schools. Annually the Division presents a wreath at the Irish Brigade Memorial (FXBG City Dock) to commemorate brigade actions during the 1862 Battle of Fredericksburg. The division hosts Irish American Heritage Month events and an annual Halfway to St Patrick Day celebration in September.

**Time:** Third Tuesdays monthly, 7:30pm at the KoC Council Home, 4724 Harrison Road, 22401. Meetings have a formal business session followed by a social segment including guest speakers on current issues in Ireland, and Irish/Irish American history, and cultural discussions. For more info: [aohfredericksburg.org](http://aohfredericksburg.org)

#### Coordinator: David McLaughlin

[dave.mcl@verizon.net](mailto:dave.mcl@verizon.net)

*We welcome, connect and foster fellowship in the parish community. Parish Life is the very essence of Christ in action - loving, serving, praying and building God's kingdom through each other and the family of St. Mary Parish.*



## Book Club

Our Parish Book Club welcomes all who have an interest in reading and joining in lively, stimulating discussions. As Catholics, we believe that we need to take responsibility for ourselves in continuing our education throughout life. We meet monthly to discuss spiritual, educational, and uplifting works with Christian themes. The selections are determined by the membership and include both fiction and non-fiction. Each month's meeting is published in the Parish Bulletin, along with the title of the book for the month.

Even if you haven't read the book, but are interested in the topic, you are most welcome to join us for the discussion.

**Mission:** To read and discuss books which have a Christian focus.

**Time:** Second Tuesday of the month at 10:00am.

**Coordinator:**  
Marian McCabe, mkurtosis@gmail.com

## Council of Catholic Women (CCW)



The Council of Catholic Women is a national organization. Ours is one of the few parishes in this part of Virginia to have its own Council. All women registered at St. Mary are members. Together we do great things for our parish and community. We donate thousands annually to worthy causes through fund-raisers like craft bazaars, bake sales, yard sales and charity baby showers. The Circle of Love provides help for parishioners in crisis situations, and the Prayers and Squares ministry offers comfort with symbols of God's healing love to those who are ill or homebound. We have chartered and sponsor American Heritage Girls Troup VA0126, and we award scholarships to girls attending St. John Paul the Great High School. We host mother-daughter events and organize theater outings and day-trip pilgrimages for all parishioners. Our monthly meetings, September through May, feature uplifting and informative speakers. Please keep in touch with us through meeting minutes and newsletters at StMaryCCWNews@aol.com, visit our website <https://stmaryccw.org>, and like us on Facebook at Facebook/StMaryCCW.

**Mission:** With Our Lady of Good Counsel as our guide, we support, empower and educate women in spirituality, leadership and service.

**Time:** Monthly meetings with speakers and fellowship. Support of parish life activities, many opportunities to volunteer where your interests lie.

**Talent:** Willingness to share time and individual gifts. Desire to learn and deepen faith in a relaxed, friendly setting.

**Coordinator:**  
Arlene Z. Rager, President  
hrager@cox.net

## Circle of Love

Short term support for parishioners in crisis situations as needed—meals, rides, sitter help, home visits. All aid is service related, not financial.

**Mission:** To put Christ's love into action by supporting those experiencing a life-changing event.

**Time:** Whatever time you have to offer. It might be making a meal, giving a ride, or visiting for an hour.

**Talent:** A loving and caring heart. We can use cooks, drivers, visitors, gardeners, homework helpers, etc.

**Coordinators:**  
Kathy Saladino (meals, visits)  
dockstarterny@gmail.com  
Loli Ibarra, lacasablanca2@gmail.com

## Craft Group

We make the items sold at the CCW's annual bazaar, one of our most important fundraisers. We meet Thursday mornings most of the year, and welcome participation by men! Each crafter works on projects of her or his choosing—but if you don't have a project, we can usually offer you something to work on. Our Thursday meetings are great social get-togethers, but folks are welcome to work on bazaar crafts at home if they are unable to attend.

**Mission:** To inspire one another through arts and crafts, and share in the joy of creativity.

**Time:** 9:30-11:00am, Thursdays in room 100 of the PLC.

**Talent:** Needlework, painting, woodworking, glass art or jewelry—you name it!

**Coordinators:**  
Wanda Cushing, wandasj823@gmail.com  
Esther White, ewhite0105@aol.com

## Prayers & Squares

**Mission:** To promote prayer, using quilts. St. Mary's ministry has presented hundreds of quilts to parishioners who are seeking healing prayers. A heavy thread is stitched through the quilt layers, the ends left for parishioners to tie off; for each knot tied, a silent prayer is offered for the quilt recipient.

**Talent:** Requires no sewing skills. There are multiple non sewing tasks. We welcome new members who are interested in assisting with this Ministry, to attend a meeting and find a task that interests them. We are looking specifically for individuals to sit with the quilts after mass for 10 minutes while parishioners tie a knot and say a prayer.

**Time:** Meets on the 4th Tuesday of each month.  
**Pocket squares:** Are available once a month, they are placed in a basket and can be found on the table in the narthex of the church. Pocket Squares are small two-inch squares with a string attached to tie and say a prayer. They can be slipped into your pocket and when your fingers touch the square be mindful of God's love and peace for you. Or you can say a prayer for someone else, tie a knot and pass it along as a small gift. There is no cost for a prayers quilt. Request forms are available at the parish office or by email to Dian Epp.

**Coordinator:**  
Dian Epp, dbep65@outlook.com



**Cursillo** *Mission:* To create small groups that allow opportunities for Catholics to grow in their faith by sharing their experiences, successes, and failures in the ordinary moments of their everyday lives.

*Time:* Cursillo begins with a three-day retreat; it follows with the invitation to meet with others who have attended a Cursillo weekend to share and grow in their faith together, either weekly or quarterly.

*Talent:* A desire to grow stronger in your faith and help others do the same.

**Coordinator:**  
Miguel Ayala, miguel.a.ayala@gmail.com



### Funeral Reception Committee

*Mission:* To provide support for families in grief by setting up and serving receptions held in the Parish Life Center following funerals.

*Time:* As needed when funerals occur. Weekdays or Saturdays.

*Special Skills:* A desire to support a family in grief.

**Coordinators:**  
Mary Ellen Wheeler, melonqu@aol.com  
Jill Scott, jill@rivahbum.com



### Gardening Angels



*Mission:* To enhance the gardens and landscape of St. Mary and surrounding properties.

*Time:* Seasonal. Specific activities in late winter, spring, summer and early fall.

*Special Skills:* Enjoyment of gardening. Plant knowledge is helpful.

**Coordinators:**  
Arlene and Joe Wilkinson  
jbmwilkinson@verizon.net

Who do you say I am?  
¿quién dicen que soy?



## Home School Group

**Mission:** To support parish families who educate their children at home. Provides fellowship, guidance and resources.

**Talent:** Homeschooling families interested in the opportunity to participate in extra-curricular activities and to socialize.

**Coordinator:**

Alison McGraw, mcgrawat@gmail.com



**Knights of Columbus®**

## Knights of Columbus

The KofC is a Catholic men's organization designed to assist the parish through charity, unity, and fraternity. Fredericksburg Council 4034 supports St. Mary in many ways throughout the year. Knights are Catholic men committed to charity in action. You will find the Knights participating as ushers, choir members, extraordinary ministers of Holy Communion, lectors, etc. The Council raises funds for the Religious Education Assistance Program (REAP), sponsors and helps organize the annual March for Life, holds monthly family dinners at the parish, organizes the annual Life Chain, gathers for a quarterly Corporate Communion and monthly Adoration, in addition to many other things. The Council co-sponsors and helps organize the Parish Picnic. The Council also helps those in need through parish referrals, and supports family, youth, community, and Church in prayer, treasure, and action.

**Mission:** To live by the principles of charity, unity, fraternity and patriotism within the community of St. Mary Parish. The Knights of Columbus has the potential of being one of the most profound presences of charity and leadership in the parish, with your membership.

**Time:** Meetings held monthly. Additional charitable and community events are held throughout the year. Visit our public web page at [www.kofc4034.org/index.html](http://www.kofc4034.org/index.html)

**Special Skills:** Catholic men over 18 years of age seeking fellowship and having a desire to grow in their faith and community outreach.

**Grand Knight:**

Brian Hellmann, gkkofc4034@gmail.com

## Legion of Mary



The Legion of Mary is a lay Catholic organization whose members give service to the Church on a voluntary basis in almost every country. Weekly meetings are held where prayer and instruction are intermingled with reports and discussion. Additionally, every legionary completes a weekly apostolic work. These works include religious education, and visitation of families and the sick in their homes, hospitals, and nursing facilities. The Legion also collaborates in apostolic and missionary undertakings sponsored by the parish.

**Mission:** To magnify the glory of God through the holiness of its members developed by prayer and active co-operation in the Church's work, under the guidance of a priest.

**Time:** Weekly meetings with additional apostolate works, about a four-hour weekly commitment.

**Special Skills:** Commitment to prayer and service.

**Coordinator:**

Donna Haring, donnaharring2@gmail.com

**Spanish Coordinator:**

Samuel Meza, samuelmeza1230@gmail.com

## Magdalenes

The Magdalenes are a ministry consisting of parishioners who provide spiritual support for bereaved families since 1996. When notified upon the death of a parishioner, the Magdalenes attend the funeral Mass and a half hour prior, pray the rosary for the repose of the soul of the deceased parishioner. If there is a viewing at the funeral home, they will attend and lead the rosary in the absence of clergy. Families of the deceased have often expressed their gratitude for this ministry. We welcome new members!

**Mission:** To pray for the deceased members of our parish at funerals.

**Time:** As needed, when funerals are scheduled. Weekdays or Saturday mornings.

**Special Skills:** A desire to support families in grief. Participate in funerals and vigils through prayer.

**Coordinators:**

Dennis Kuhl, RLCKUHL@cox.net

Doris Inguanti, singuanti@comcast.net

## Marriage and Family Ministries Cana Family Group



**Mission:** A Catholic family ministry where we strive to create intentional Christian communities primarily for young families in their first 10 years of marriage. The small groups of no more than 7 families, primarily minister to each other through Marriage, Faith, Family, Spiritual Growth, and Community Building to enrich our families in holiness and faithfulness.

**Time:** Once a month for dinner, fellowship, and discussion. Family style dinner is hosted at a home with each family contributing to the meal. After the meal, the children are led by high schoolers who provide activities with a Catholic theme, while the adults gather separately for discussions about a relevant topic for Catholic families. We strive to be a community of faithful supporting each other as we start marriages and families.

**Coordinators:**

Scott and Caryn Vezina

scottvezina@gmail.com or 571-426-2487

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we are one



## Young Family Ministry

**Mission:** To provide an opportunity for young families to gather and support one another raising our children in the faith.

**Time:** Spring: Kids' Stations of the Cross; Summer: Young Family VBS; Fall: Young Family Holy Hour; Winter: Epiphany Party

**Talent:** Love for the Catholic faith and a heart for sharing it with young children and parents.

**Coordinator:**  
Katherine Resendez  
stmaryfxbgvbs@gmail.com

## Teams of Our Lady



**Mission:** Teams of Our Lady is an international lay movement in the Catholic Church, designed to enrich marriage spirituality and make good marriages better. Teams provide a proven method of increasing and improving prayer life, which will help couples grow closer to God and each other. At the same time, their family will reap the benefits as well.

A team is comprised of 5-7 married couples. The team meets one time per month, rotating from one home to another. The team shares a simple meal, prayer, and strives to become a close community that can inspire one another through their living examples of faith.

**Coordinators:**  
Allen and Kim Duplantier  
duplantieraj@gmail.com, duplantier9@att.net

## Marriage Preparation



**Mission:** To assist the priests in the preparation of couples seeking the Sacrament of Marriage.

**Time:** Weekend marriage preparation retreats are held 3-4 times per year. Seeking mentor couples, discussion facilitators, and volunteers willing to prepare meals and support retreat efforts.

**Talent:** Willingness to support, pray for, and encourage engaged and newly married couples.

**Coordinators:**  
Margaret and David Bereit  
margaret@stmaryfred.org

**Men's Group** Through discussing issues relevant to work, family and friendship, men of the parish have an opportunity to reinforce and strengthen their Catholic faith.

**Mission:** To offer men an opportunity for fellowship, discussion and prayer in a casual environment.

**Time:** Group meetings monthly at varying times, held at area breweries or homes. Contact the coordinator to be placed on the distribution list and receive the date, time and location each month.

**Coordinator:**  
Christopher Colby  
christopherscolby@gmail.com

## That Man Is You



That Man is You (TMIY) is an interactive, multimedia men's program focused on developing authentic male leadership. Each week you are encouraged to grow in the image of Christ to strengthen our families & our communities. The program content harmonizes current social & medical science with the teachings of the Catholic Church and the wisdom of the saints to develop the vision of a man fully alive. All men are invited to join. We begin with breakfast in the PLC, then a video in the Church, followed by small groups.

**When:** Saturday mornings 6:00-8:00am

**Where:** Parish Life Center & Church

**Coordinator:**  
Mike Murphy, mikemurphy762@gmail.com

*Who do you say I am?*





### Moms' Group (St. Anne's Sisters in Faith)

Book study, fellowship, discussion on a variety of topics, social events and pot luck dinners with our families.

**Mission:** To strengthen and support women in their vocation as Catholic wives and mothers through prayer, education and fellowship.

**Time:** Meetings held every Friday 9:40-11:30am (September-May) at the John Paul II house, young children welcome, babysitting provided.

**Coordinator:**

Rocio Atkinson, [rocio.o.atkinson@gmail.com](mailto:rocio.o.atkinson@gmail.com)

### Over 40 Singles

**Mission:** Activities for single, widowed or divorced Catholics over 40 years old. To foster spirituality and friendships in the community and in service to the parish.

**Time:** Monthly gatherings for events such as: prayer, Mass, dinners, movies and works of charity.

**Special Skills:** Creativity, ability to work with a team and enjoy life.

**Coordinators:**

Eileen Walts, [Emw5348@gmail.com](mailto:Emw5348@gmail.com)

Kirk Groenendaal, [Kegr8@gmail.com](mailto:Kegr8@gmail.com)

### Parish Life Committee

**Mission:** To promote and organize activities that build up our parish community in fellowship and sharing, as well as organizing social events that promote community, such as the Volunteer Dinner, Catechist/Teacher Appreciation Dinner, Confirmation Reception and any celebration we are called upon to assist.

**Time:** As parish calendar dictates, typically 3 or 4 events each year.

**Special Skills:** Ability to work together as a team and provide warm and welcoming hospitality to parish community.

**Coordinator:**

Christina Anderson, [ckasiak60@gmail.com](mailto:ckasiak60@gmail.com)



### Prayer Groups Fasting Brothers

Fasting Brothers provide spiritual support for a priest of the diocese. Fast can be of your choosing: food, internet, TV, music, alcohol, etc.

**Mission:** To intercede for the needs and intentions of priests and bishops, supporting them in their vocation and ministry.

**Time:** One day each week for a year.

**Talent:** Generosity and fortitude.

**Coordinator:**

Michael Horne, [mkhorne7@yahoo.com](mailto:mkhorne7@yahoo.com)

### Seven Sisters Apostolate



The Seven Sisters Apostolate is a worldwide mission of prayer for priests and bishops. Seven women form a prayer team for one priest and commit to one Holy Hour of Eucharistic Adoration on a fixed day of the week for one year. St. Mary's has five teams, one for each of our priests as well as the bishop. More information is available in English and Spanish on the apostolate's website: [sevensistersapostolate.org](http://sevensistersapostolate.org).

**Mission:** To intercede for the needs and intentions of priests and bishops, supporting them in their vocation and ministry.

**Time and Talent:** Team members make the above-mentioned commitment to pray a Holy Hour once a week on a specific day at a flexible time for one year. Holy Hours must take place in the presence of the Blessed Sacrament at any Catholic church; exceptions are gladly made for the homebound. Members have a heart for prayer and a love for the gift of the priesthood.

**Coordinator:**

Kara Horne, [karahorne@gmail.com](mailto:karahorne@gmail.com)

1st Saturday of the Month

1er Sábado del Mes

8:00am



St. Mary's Catholic Church

### Communal First Saturday

**Mission:** This communal celebration of the First Saturday offers a way for people to fulfill the conditions of the First Saturday where the faithful can join together in the four practices requested by Our Lady in reparation to her Immaculate Heart (December 10, 1925). In addition, the communal celebration offers a service through which a much larger number of people are able to practice the First Saturday on a continual basis. In this way, we can obtain the graces of conversion for ourselves and others in greater measure, and so help to bring about a period of peace and the salvation of souls.

**Time:** First Saturday of the month, 8:00am, Rosary, Mass, Meditation.

**Coordinators:**

Deacon Alberto Bernola

[abernaola@stmaryfred.org](mailto:abernaola@stmaryfred.org)

William (Skip) Surette

## Life in the Spirit Gathering

**Mission:** To praise, pray and open our hearts to the Lord Jesus Christ and the movement of the Holy Spirit, including His gifts and charisms. All are welcome to attend and participate.

**Time:** We meet every other Tuesday evening at 7:00pm. Location TBD.

**Note:** Each week we pray for parishioners' needs and we welcome receiving prayer requests via email. Confidentiality will be honored.

### Coordinators:

Walter and Claire Matthews

wcjmatthews@aol.com

Bryan Richardson, br22406@cox.net

## Spanish Prayer Groups

en Español, página 32-33

### Coordinador:

Gustavo Guzmán

gustavoguzmansilva74@gmail.com

## St. Monica



**Mission:** To provide a community for Catholics to pray for loved ones (children, parents, spouses, extended family and friends) who have strayed from the faith. To provide encouragement, and to assist each other in our growth in holiness.

**Time:** Monthly gatherings following the second Saturday 9:00am Mass.

### Coordinator:

Megan Kimbrell, st.monica.club@gmail.com

## Respect Life Ministries



**Mission:** To promote pro-life and pro-family values, facing trends in today's culture with mercy, action and support. This year we will promote new initiatives for education and the dignity of the person, with emphasis on a culture of support and adoption.

**Time:** Flexible, as able.

**Special Skills:** An ability to reach out to others in a spirit of love and forgiveness, an intention to heal and transform hearts.

### Coordinator: NEED NEW COORDINATOR!

Elaine Stanislawski

estanislawski@stmaryfred.org

## Birthright



Birthright of Fredericksburg is an inter-denominational ministry committed to providing free, confidential, non-judgmental support to any woman who is pregnant or thinks she might be pregnant, no matter her age, race, circumstances, religion, marital status or financial situation. Birthright is a 501(c)(3) charitable organization.

**Mission:** To provide caring, non-judgmental support to girls and women who are distressed by an unplanned pregnancy and to help her make a realistic plan for her future and the future of her unborn child.

**Time:** There are many volunteer opportunities. Time is Flexible and Varies according to need.

### Coordinator: Rosmary O'Grady

birthrightfred@gmail.com, 540-898-8558

2006 Lafayette Blvd., Fredericksburg VA 22401



## Mary's Shelter

Sheltering Women and Their Children

## Mary's Shelter

Mary's Shelter provides an expectant mother, and any additional children she may have, with housing for up to three years in order to further her education and/or secure employment. She must receive counseling, attend in-house parenting and life-skills classes and adhere to the program covenants which offer structure, self-discipline and guidance. Mary's Shelter is run almost exclusively by volunteers. Regular volunteer brunches are offered to explain to potential volunteers our mission and needs. Our hope is that many will answer the call to get involved in this pro-life ministry. A few options are mentoring and providing transportation.

**Mission:** To provide housing and all necessary support to women faced with a crisis pregnancy.

**Time:** Flexible. Any time that you are able to give is appreciated.

**Special Skills:** Compassionate individuals who are willing to help with the many needs associated with pregnancy, giving birth, early days after birth and helping new mothers to become independent providers.

### Coordinator:

Kathleen Wilson, Director

info@marysshelterva.org

540-374-3407



WHO DO YOU SAY  
THAT  
**I am?**



## Secular Franciscan Order



**Mission:** To live the Gospel life in the manner of St. Francis of Assisi as lay men and women. Canonically established in 2005, the Immaculata Fraternity is a local fraternity of the worldwide Secular Franciscan Order.

**Time:** The Fraternity meets monthly for communal prayer, ongoing formation in Catholicism and Franciscanism and social fellowship. Members of the fraternity are committed to daily personal prayer and apostolic activity in the various parishes to which members belong. At St. Mary, the fraternity coordinates the Franciscan Prayer Chain and assists with the coordination of Divine Mercy devotions. The fraternity also supports the pro-life apostolic work of the Paul Stefan Home.

**Talent:** An interest to learn more about the order and to discern whether the Lord may be calling you to live for Him in the world—but not of the world—as members of a recognized order in the Church.

**Coordinator:** Ed Semeia  
esemeia117@gmail.com

## Senior Luncheon

**Mission:** We're excited to relaunch our Senior Luncheons with a fresh start and renewed energy this fall! These cherished quarterly gatherings will bring together 100+ seniors for food, fellowship, and encouragement—and we need your help to make them possible. Whether you love to cook, welcome guests, or work behind the scenes, there's a role for you. Join us in blessing our senior community with warmth, dignity, and a good meal.

Let's rebuild something beautiful—together!

**Time:** 4-5 hours quarterly

**Talent:** Kitchen Crew – Cooks, preppers, bakers, and dishwashers; Hospitality Team – Greeters, servers, and table hosts; Decor & Setup – Creative decorators, table setters, and room arrangers; Shopping & Logistics – Grocery shoppers, planners, and runners; Clean-Up Crew – Helpers to reset the space with joy and efficiency.

**Coordinator:** Lara Traylor  
seniorsministystmary@gmail.com

## Special Blessings

**Mission:** The Special Blessings ministry is a support group for parents of special needs children. Our gatherings give parents an opportunity to share practical suggestions and resources as it relates to our Catholic faith.

**Time:** Meetings take place every other month in the evenings.

**Coordinators:**  
Vivian Heltemes, vivi0775@gmail.com  
Johanna Merino, johanna\_merino@hotmail.com

## Welcoming New Parishioners

**Mission:** To welcome and inform our new parishioners about the many ways in which they can get involved, to grow and develop their faith and feel a part of the family that is St. Mary parish.

**Time:** Monthly welcome meeting & reception 2-3 hours per month.

**Talent:** A warm and welcoming spirit.

**Coordinators:**  
Elizabeth Dominguez  
elizabethdom@hotmail.com  
Lynda Retterer, retterlyn@aol.com



## Young Adults



Host various events around our community, including mens' and womens' bible study, game night, potluck dinners, karaoke night, book discussions, prayer and social events, outdoor excursions, and volunteer opportunities.

**Mission:** To bring glory to God by serving the young adult population of our parish through faith building activities, volunteer opportunities in the community, and relationship building social events. Ages 19-39.

**Time:** Meetings, service and special events as planned.

**Special Skills:** A desire to minister to young adults in all stages of life and activity planning skills according to time, ability and needs of members.

**Coordinator:**  
Tyler Lookingbill, stmaryyava@gmail.com



## Youth Organizations (sponsored) American Heritage Girls

**Mission:** To build women of integrity through service to God, family, community and country. The nonprofit national organization offers badge programs, service projects, girl leadership opportunities, and outdoor experiences.

**Time:** The troop meets three times a month, on Thursday evenings, with other activities once or twice a month.

**Talent:** Opportunities available for Troop Leaders also!

**Coordinator:**  
Jeanne Alexander, va0128ahg@gmail.com

## Boy Scouts of America

**Mission:** The Boy Scouts of America provides a programming for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. Cub Scouting is a program of the Boy Scouts of America—so in that sense, Cub Scouts and Boy Scouts are both members of the same organization. However, they are entirely different programs: Cub Scouting is a family-oriented program designed specifically to address the needs of younger boys.

**Time:** Please contact listed leaders for each group's schedule.

**Coordinator:**  
Nate Dobbins, nmdobbins87@gmail.com



## Trail Life USA Troop

**Mission:** Sponsored by Holy Cross Academy, Troop VA-4034 is a Christian adventure, character, and leadership program for young men. The K-12 program centers on out-door experiences that build a young man's skills and allow him to grow on a personal level and as a role model and leader to his peers. Living the Trail Life is a journey established on timeless values derived from the Bible.

**Coordinator:**  
Mark Gardner, troopmasterva4034@gmail.com



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we are one





### Ministerio Hispano

Nuestro Ministerio Hispano tiene el propósito de promover la participación de nuestros hermanos de habla hispana en cada uno de los ministerios de la parroquia.

**Misión:** Servir y acompañar a los hispanos a promover su crecimiento espiritual, integración y participación activa en la parroquia; ofreciendo programas de formación, retiros y oportunidades de liderazgo, fomentando un sentido de pertenencia y de comunidad parroquial.

**Coordinador:**  
Erika Paquette, epaquette@stmaryfred.org

### Liturgia Ujieres

Representan a la iglesia de manera visible, asisten en la preparación a la feligresía y ayudan con el desarrollo fluido de la celebración de la Misa.

**Coordinador:**  
Javier Flores, javier112690@yahoo.com

### Monaguillos

Niños que han recibido la primera comunión. Atienden al servicio del altar. Ayudan al obispo, sacerdote y al diácono.

**Coordinador:**  
Lori Mattson, stmaryfxbg@gmail.com

### Coro

Anima a la congregación a cantar y la dirige a través de la música litúrgica, fortaleciendo y realzando su canto.

**Compromiso:** Semanalmente estar al servicio de este ministerio acudiendo a los ensayo en preparación para la misa dominical.

**Coordinador:**  
David Garrison, dm3312@gmail.com

### Sacramentos Bautismo

Primer sacramento de Iniciación Cristiana. Clases conducidas el primer sábado del mes, a menos que se indique lo contrario.

**Coordinador:**  
Diácono Alberto, abernaola@stmaryfred.org

### Matrimonio Convalidación

Equipo de parejas que a través de un programa de varias semanas, ayudan a las parejas a reconciliarse con Dios, a vivir una nueva vida en Cristo Jesús y su Iglesia. Les enseñan sobre el sacramento del matrimonio, la iglesia doméstica, la experiencia del cuerpo, la persona humana, etc.

**Lugar:** Casa JP II

**Horario:** domingos, 12:00pm-2:00pm

**Coordinador:**  
Lizette Arce, lizette.arce@gmail.com

### OICA

Facilitan el proceso de iniciación de nuevos miembros a nuestra comunidad católica de fe a través del Bautismo, Confirmación y Eucaristía. Acompañan de manera presencial siendo un apoyo durante todo el proceso de formación.

**Horario:** jueves, 7:30pm - 9:00pm, septiembre-abril

**Coordinador:**  
Diácono Alberto, abernaola@stmaryfred.org  
Maria Ortiz, mjeortiz@gmail.com

### Vida Parroquial Parejas

Las parejas que han vivido el Curso Matrimonial del Padre Ignacio Larrañaga, tienen la oportunidad de participar en el Grupo de Parejas que se reúnen para compartir en un ambiente de esparcimiento y crecimiento.

**Lugar:** PLC

**Horario:** varía

**Coordinador:**  
Miguel y Betsy Correa  
miguelcorrearealtor@gmail.com  
bethzaidacorra@gmail.com

### Grupos de Oración Confiados en Jesús y María

Nos reunimos semanalmente en Asamblea de oración de hermanos para Alabar y Glorificar a Dios. Empezamos con El Rezo del Santo Rosario, tenemos formación y terminamos con la escucha de La Palabras de Dios.

**Coordinador:**  
Gustavo Guzmán  
gustavoguzmansilva74@gmail.com

¿QUIÉN DICEN  
que soy?



### Grupo Mariano

Somos un Grupo de adoración que se reúne todos los martes a las 7pm en La Casa Juan Pablo para adorar y alabar a Dios.

Santo Rosario semanal con La Virgen Peregrina todos los jueves a las 7pm. Si deseas que La Virgen Peregrina visite tu hogar, comunícate con nosotros.

Preparamos a los hermanos(as) que se quieran Consagrar al Corazón Inmaculado de María a través del método de San Luis María Grignon de Montfort.

**Coordinador:**  
Gustavo Guzman  
gustavoguzmansilva74@gmail.com

### Legión de María

Es una organización de laicos católicos cuyos miembros sirven a la Iglesia de forma voluntaria en casi todo el mundo. Se reúnen semanalmente para orar, recibir instrucción y evaluar el trabajo realizado. Cada legionario completa trabajo apostólico semanalmente. Trabajos como educación religiosa, visitar a las familias y los enfermos en sus casas, hospitales y casa de ancianos.

**Horario:** viernes, 7:00pm-9:00pm

**Lugar:** Biblioteca de la oficina parroquial

**Coordinador:** Samuel Meza,  
samuelmeza1230@gmail.com

### Grupo de Jóvenes Adultos de 21-40

**Lugar:** Casa Juan Pablo II

**Horario:** septiembre-julio,  
domingos, 6.30pm-8.30pm

**Coordinador:**  
Marina López  
mariperezjimenez48@gmail.com



### Formación para Padres de familia

La misión del Programa es proveer a los padres de oportunidades y recursos necesarios para crecer espiritualmente y ampliar sus conocimientos de la fe Cristiana y la Doctrina Católica. Todo ese crecimiento espiritual y doctrinal los equipará para compartir mejor la Fe para desempeñar su labor de evangelización y educación en la familia, y ser mejores líderes misioneros en la sociedad.

**Horario:** septiembre-mayo

**Coordinador:** Maria Ortiz  
mjeortiz@gmail.com

### Ese Hombre Eres Tú (TMIY)

Un programa interactivo para hombres que combina las mejores investigaciones científicas con las enseñanzas de la fe católica y la sabiduría de los santos para desarrollar la visión del hombre vivo. ¡Ese hombre eres Tú! Busca formar a los hombres a ser capaces de transformar a sus hogares y a la sociedad. Todos los hombres de la parroquia están invitados a este programa de 13 semanas.

**Lugar:** Centro de Vida Parroquial (PLC) y la iglesia

**Horario:** sábados, 6:30am - 8:00am  
(septiembre-mayo)

**Coordinador:**  
Domingo Bautista, 540-735-4494  
domingobautista@hotmail.com

### Taller de Oración y Vida

es un Encuentro con Dios y contigo mismo aprendiendo a orar y meditar la palabra en 15 sesiones que cambiarán tu vida. Se imparte una vez cada semestre con una duración de dos horas cada sesión.

**Horario:** varía

**Coordinador:**  
Daysi Benítez, benitezd.tov22@gmail.com

### Rosario Dominical

**Lugar:** Iglesia Saint Mary

**Horario:** domingos, 2:00pm (antes de la misa en español)

**Coordinador:**  
Dalys Nestor, meladalys@hotmail.com

### Grupo de Mujeres

En este grupo encontrarás un ambiente de hermandad donde podrás crecer en el conocimiento de la verdad, que es Jesús, a través de la palabra de Dios con estudios bíblicos, la oración y testimonios. Esta verdad te hará libre para poder actuar con confianza dentro de tu hogar, tu lugar de trabajo y en la sociedad.

**Lugar:** Casa Juan Pablo II

**Hora:** jueves 10:00am- 11:30am

**Coordinador:**  
Betsy Correa, bethzaidacorrea@gmail.com

*en el uno somos uno*



## Parish Staff

### PASTOR

Very Rev. John Mosimann V.F.  
frmosimann@stmaryfred.org

### PAROCHIAL VICARS

Rev. Kevin Dansereau  
frdansereau@stmaryfred.org

Rev. Timothy Courtney  
frtim@stmaryfred.org

Rev. Joseph Connor  
frjoseph@stmaryfred.org

### PERMANENT DEACON

Deacon Alberto Bernaola  
abernoala@stmaryfred.org

### BUSINESS MANAGER

Elaine Stanislawski  
estanislowski@stmaryfred.org

### OUTREACH DIRECTOR and EXECUTIVE ASSISTANT

Elena Doyle  
edoyle@stmaryfred.org

### DIRECTOR OF MUSIC AND ORGANIST

Joseph Ciskanik  
musicdirector@stmaryfred.org

### MUSIC ASSISTANT

Emily D'Isidoro  
musicministry@stmaryfred.org

### ASSISTANT ORGANIST

David Garrison  
dmg3312@gmail.com, 540-376-1401

### SACRISTAN and OFFICE ASSISTANT

Kristen Baroody  
tkbaroody@stmaryfred.org

### RELIGIOUS EDUCATION

Dr. Katherine Evans, Director  
kevans@stmaryfred.org

Amy MacKinnon, Assistant Director  
amackinnon@stmaryfred.org

Sonia Spencer, R.E. Assistant  
sspencer@stmaryfred.org

### YOUTH MINISTRY

Tatiana Beltran, Director Youth Ministry  
tbeltran@stmaryfred.org

Catie Espiritu, Assistant Director Youth  
cespiritu@stmaryfred.org

### PARISH OFFICE

Lori Barlow, Administrative Aide  
lbarlow@stmaryfred.org

Giovanni Camacho, Parish Receptionist  
gcamacho@stmaryfred.org

Ann Skinner, Office Assistant  
askinner@stmaryfred.org

### FACILITIES, OPERATIONS and TECHNOLOGY MANAGER

Christopher Lanzarone  
clanzarone@stmaryfred.org

### FACILITIES ASSISTANT

Late Lawson Drackey  
llawsondrackey@stmaryfred.org

### CUSTODIAL SERVICES

Carmen Sanchez

## Holy Cross Academy

### PRINCIPAL

Dr. Stephen Fry  
sfry@holycrossweb.com

### ASSISTANT PRINCIPAL

Angie Tomayko  
atomayko@holycrossweb.com

### PRESCHOOL DIRECTOR

Allison Gardner  
agardner@holycrossweb.com

*in the one we are one*

## Parish Council

### CHAIR

Donna Harring  
donnaHarring2@gmail.com

### VICE CHAIR

Brian Fannin  
attorney@brianfanninlaw.com

### EDUCATION COMMITTEE

CHAIR, Dr. Stephen Fry  
sfry@holycrossweb.com

### OUTREACH COMMITTEE

CHAIR, Elena Doyle  
edoyle@stmaryfred.org

### MEMBERS AT LARGE

Deacon Alberto Bernaola  
Miguel Correa  
Joe Cralle  
Brian Hellmann  
Kristie McDowell  
Erika Paquette  
Mary Sanger

### LITURGY COMMITTEE CHAIR

Very Rev. John Mosimann V.F.  
frmosimann@stmaryfred.org

### PARISH LIFE COMMITTEE

CHAIR, Christina Anderson  
ckasiak@verizon.net

### OPERATIONS COMMITTEE

CHAIR, Chris Lanzarone  
clanzarone@stmaryfred.org

### FINANCE COMMITTEE

CHAIR, Josh Taylor  
bigdollamova@gmail.com

## Parish Finance Council

### CHAIR, Josh Taylor

Tibor Baksy  
Kevin Breen  
Kim Guercio  
Sky Turpin  
Scott Vezina

## Holy Cross Academy Parent Teacher Organization

PRESIDENT, Kathy Butts  
VICE PRESIDENT, Katie Ventura  
Deanna Rubright, Treasurer  
Maryanne Harring, Secretary  
Members-at-Large:  
Theres Vogel  
Joyce Bodoh  
Anna Henkel

## Stewardship Committee

*The primary role of Stewardship is to engage and encourage new and existing parishioners to get involved and find their home at St. Mary's. It is composed of parishioners who have volunteered in a variety of ways over several years. They are happy to meet with any parishioner to listen and help them discern where their gifts and talents might be utilized within existing ministries. They also support all ministries and facilitate the parish leadership dinner and parish life weekend.*

### CHAIR, Tom Fish

stewardship@stmaryfred.org

### Rocio Atkinson

Lenny Cascio  
Mary Collins-Morton  
Elena Doyle  
Pat Fish  
Doris Inguanti

### Eileen Lanzarone

Mary Jo Medosch  
Lynda Retterer  
Jim Shall  
Lisa Shall





*en el uno somos uno*

# ¿QUIÉN DICEN que soy?



*¿quién dicen que soy?*

*¿quién dicen que soy?*

*en el uno somos uno*

*¿quién dicen que soy?*

*en el uno somos uno*



ST. MARY  
of the  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

*¿quién dicen que soy?*

*en el uno somos uno*

*¿quién dicen que soy?*

*en el uno somos uno*

*¿quién dicen que soy?*

**Saint Mary of the Immaculate Conception Roman Catholic Church**

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