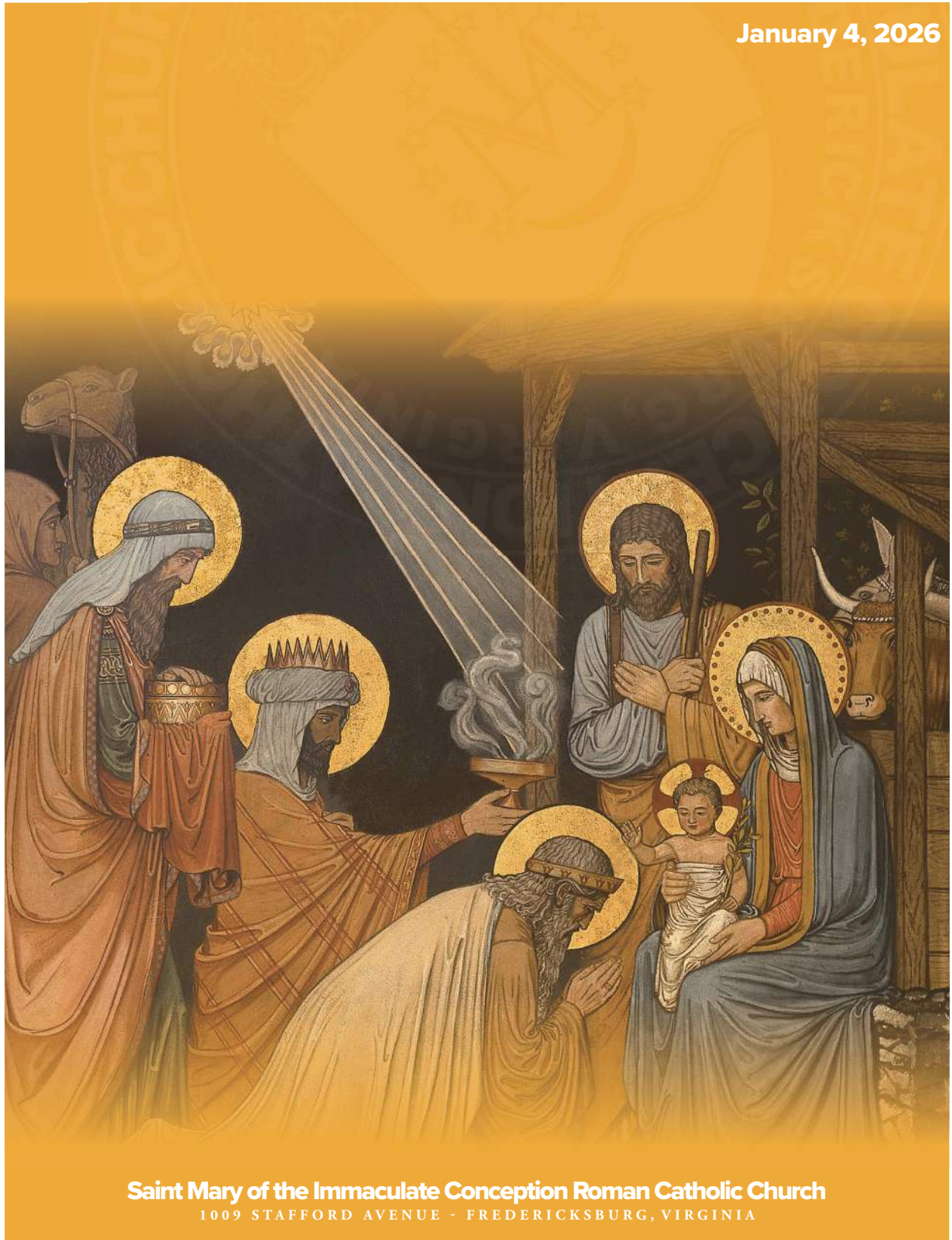


THE EPIPHANY OF THE LORD

January 4, 2026



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

grow our legacy in faith

Did You Know?

The year 2025 marked St. Therese of Lisieux's 100th year as a saint. That is 100 years of roses from heaven. St. Therese of Lisieux, whose feast day is October 1, is the youngest Doctor of the Church. This Carmelite nun from Lisieux was the youngest child of Sts. Zélie and Louis Martin. Having endured life-threatening illnesses when she was an infant and a child, and the loss of her mother when she was only four, Therese had to overcome crushing adversity with her powerful faith and determination. She sought to enter Carmel while still a young teenager, and achieved this goal at 15. She was not a martyr or a missionary in the traditional sense, but she offered every small act for love of God. Her teachings have spread through her autobiography, *Story of a Soul*. Therese taught "the little way," which is not about striving for great deeds but rather doing everything even small things, with great love.



St. Therese's Christmas Miracle

Therese was a difficult child. The young, future saint was strong willed and any minor inconvenience or conflict resulted in her crying-a lot. On Christmas in 1886, St. Therese of Lisieux was changed forever. As she and her family arrived home from Midnight Mass to see their shoes filled with small gifts, she overheard her father talking of how he hoped Therese would soon outgrow this sort of thing. Therese writes in her autobiography that her typical reaction would have included a lot of tears, but the Lord cured of this childishness. She recounts the life-changing event, later calling it her "Christmas Miracle," that occurred when she was 13 years old: *"...I was not the same Therese any more; Jesus had changed me completely. I held back my tears, and trying to stop my heart from beating so fast, I ran down into the dining room. I picked up the shoes and unwrapped my presents joyfully, looking all the while as happy as a queen. Father did not look cross anymore now and entered into the fun of it while Celine thought she must have been dreaming. But this was no dream. Therese had gotten back forever the strength of mind she had lost at four-and-half."*

100 years of Roses and Memorial Opportunities for the Divine Mercy Chapel

2026 will mark 101 years of roses from heaven as St. Therese, known as the "Little Flower," is known for granting those who request her intercession signs of her assistance by sending them roses. Six beautiful statues of Saints, hand carved by Patrick Demetz a woodcarver from Val Gardena, Italy will grace the altar of the Divine Mercy Chapel enhancing this sacred space. Her beautiful, hand carving is above.

Nothing is Impossible for God!

Wonderful progress is being made on the Divine Mercy Chapel. We are so grateful for your prayers as we work to bring the parish improvements across the finish line. Please consider an enduring act of memorialization, offering a lasting tribute to your loved ones for the good our community. If you have any questions, do not hesitate to call Donna Harring at (540) 373-6491.

from our pastor

Dear Folks,

Happy New Year!

Resolutions? I hope you made some—and haven't already given up on them! May your resolutions be strong enough to become **new habits**.

When it comes to goals, remember: they shouldn't be so unrealistic that you can't accomplish them. The devil wants us to fall into discouragement over our failures and setbacks; the Lord wants us to encourage one another!

Consider these words from **1 Thessalonians 5:9–11**:

"For God did not destine us for wrath, but to gain salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live together with him. Therefore, encourage one another and build one another up, as indeed you do."

Also—**adults who still need to be confirmed**—this is your best chance!

I hate to admit it, but sometimes folks feel like the barrier to receiving the sacraments is impossibly high. (See the above Scripture for a little encouragement! ;)

So, if you're looking for the **shortest path to the Sacrament of Confirmation**, this is your lucky day! We're offering a short class taught by our "*Apprentice in Training to Be a Deacon*."

Yes, I made up that title.

Sometimes I also call him "**The Very Mister Mike Evans**"... but that probably just confuses you more.

TL;DR: If you're an adult who needs to be confirmed, check the bulletin for the announcement about the class **beginning January 15th**.

Happy New Year, blessed Feast of the Epiphany, and welcome to 2026, with a healthy dose of Fr. Mosimann levity and seriousness!

Pax et bonum (peace and all goodness),



Very Reverend John P. Mosimann, V.F.
Pastor

"Share" opportunities available

In response to requests from parishioners who want to support purchasing larger items, such as the altar and stained-glass windows, we have created manageable "shares" on some items so that several families can co-sponsor a memorial opportunity.

Divine Mercy Adoration Chapel

St. Mary's Church

Stained Glass Windows* (4) \$25k each

New Opportunity: Stained Glass Windows (20 shares) \$5K/share

More items may be identified as we finalize the design of the Adoration Chapel.

*Subject to final design approval by the Bishop.

Contact Us - Availability is limited

Memorials are supplemental to your generous pledge. Thank you!

These opportunities are on a first-come, first-served basis.

All memorials will be acknowledged on our Holy Cross Academy cafeteria memorial wall.

Please get in touch with Donna Harring at the Parish Office at 540-373-6491.



announcements

St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some
fellowship!

No 12pm Mass on
Tuesdays or Thursdays
until further notice

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am and 9am
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday 8:30am - 9pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Reverend Joseph Connor, Parochial Vicar
Deacon Alberto Bernaola

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Lori Barlow & Gio Camacho

stmaryfred.org

MUSIC

Joseph Ciskanik
Director of Music, musicdirector@stmaryfred.org
Assistant, Music Ministry, Emily D'Isidoro

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS ACADEMY PRESCHOOL

Director, Allison Gardner
540-286-1600

RELIGIOUS EDUCATION

Director, Dr. Katherine Evans
Associate Director, Amy MacKinnon
Administrative Assistant, Sonia Spencer

YOUTH MINISTRY

Director, Tatiana Beltran
Assistant Youth Minister, Catie Espiritu

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans
kevans@stmaryfred.org

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at
least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months
in advance to begin preparation or Margaret Bereit
margaret@stmaryfred.org

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

education

holy cross academy

Forming Hearts and Minds from Preschool to Eighth Grade

Since 1998, Holy Cross Academy has proudly served families in the Fredericksburg area, offering a vibrant Catholic education for children from Preschool (age 3) through eighth grade. Rooted in faith and academic excellence, our mission is to form young men and women to be saints, scholars, and leaders in the image of our Lord Jesus Christ and His Blessed Mother.

At Holy Cross Academy, we believe in forming the whole child—mind, body, and spirit. Our students are empowered to be their authentic selves in an environment where faith is the foundation of everything we do. Through a rigorous Catholic academic curriculum, we prepare them not only to succeed in high school and beyond, but also to live lives of integrity, service, and leadership.

Beyond academics, Holy Cross Academy is a place where friendships flourish and last a lifetime. The bonds formed here—rooted in shared values, community, and faith—become a source of strength and joy for years to come.

We are thrilled to announce the completion of a major campus expansion, designed to enrich our students' learning experience with:

- A beautiful new chapel for prayer and reflection
- A spacious cafeteria for community and nourishment
- Expanded Preschool classrooms to welcome our youngest learners
- A state-of-the-art STEM lab to spark innovation and discovery
- A brand-new middle school wing to support growth and leadership

We warmly invite you to experience the spirit and excellence of Holy Cross Academy. Schedule a tour today by calling 540-286-1600 or visiting holycrossweb.com.

Come see how we are building a foundation of faith, knowledge, character, and lifelong friendship—one child at a time

Call 540-286-1600 to RSVP
250 Stafford Lakes Parkway
Fredericksburg, VA 22406



OPEN HOUSE

**SUNDAY
JANUARY 25
1-3 PM**

our parish religious education

BLESSED EPIPHANY TO ALL OUR RELIGIOUS EDUCATION FAMILIES!

The Feast of the Epiphany celebrates the moment when Jesus is revealed to the whole world, represented by the Magi who followed the star to Bethlehem. Talk with your children today children about the gifts of gold, frankincense, and myrrh, and what they tell us about who Jesus is – King, God, and Savior. Reflect together on how we, like the Magi, are called to seek Jesus and offer Him our own gifts of love, prayer, and service.

A beautiful Epiphany tradition is the home blessing with chalk, marking your front door with the year and the initials of the Magi (C=Caspar, M=Melchior, B=Balthasar) as a reminder that Christ blesses your home and all who enter. The letters C, M, and B also carry a second meaning: *Christus Mansionem Benedicat* – “May Christ

bless this house.” The chalk inscription for this year should be written as:

20 + C + M + B + 26

Epiphany is a wonderful opportunity to remind children that Jesus came not just for one people, but for everyone—and that we are sent to share His light with others.

PARENTS NIGHT: This week (1/5-1/8) is Parent Week in R.E. Parents are welcome to join your children to observe their regularly scheduled R.E. classes. NOTE: This is optional and not required.

BAPTISMS: This month we are celebrating R.E. Baptisms on 1/10 and 1/24, at 10am both days. Regular Saturday morning Mass is at 9am, so please arrive around 9:45am, after the Mass.

R.E.: JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Sol of Mary (HDO) 	2	3 Young Family Epiphany Party 9:30-11:30
4 Epiphany 	5 RE: 4:45-6; 6:30-7:45 Parents Invited	6 RE: 4:45-6; 6-7:15 HCA; 6:30-7:45	7 RE: 6:30-7:45	8 Conf Yr 2 Form Night #2 7:00	9	10 RE Baptisms 10am
11	12 RE: 4:45-6; 6:30-7:45 OCIT Parent Mtg 6:30	13 RE: 4:45-6; 6-7:15 HCA; 6:30-7:45	14 RE: 6:30-7:45	15	16	17 SPRED 10-12
18	19 NO RE (MLK DAY)	20 NO RE Catechist Mtg 5:30	21 NO RE	22 Conf Yr 1 Form Night #3 7:00	23	24 RE Baptisms 10am
25	26 RE: 4:45-6; 6:30-7:45	27 RE: 4:45-6; 6-7:15 HCA; 6:30-7:45	28 RE: 6:30-7:45	29	30	31 SPRED 10-12

our parish youth ministry

Happy New Year!

We invite all middle and high schoolers to try something new in 2026 to help build their faith life - and we have so many different groups to get involved in! Our challenge to you is to attend an event at least three times to see if you like it... and if you do, bring a friend!

High School Youth Group (HSYG)

Sundays, 6:00 - 8:30pm in the PLC
Fun and faith formation for high schoolers, with free dinner!

YOUCAT

Wednesdays, 6:30 - 8:00pm in the JPIL House
A deeper dive into scripture and prayer for high schoolers

Middle School Youth Group (MSYG)

1st & 3rd Fridays, 6:30 - 8:00pm in the PLC
Fun and faith formation for middle schoolers, with free dinner!

Fight Club

Saturday mornings, 6:30 - 8:00am in the JPIL House
A boys'-only group to grow in brotherhood and virtue for grades 7-12

Feminine Genius

2nd & 4th Thursdays, 6:30 - 8:00pm in the St. Joseph House
A girls'-only group to grow in sisterhood and virtue for grades 6-12

Senior Ministry

2nd Fridays, 6:00 - 7:30pm (Location TBD)
A monthly potluck for all current 12th graders to discuss their faith deeper! Contact us to learn more!

ST. MARY YOUTH MINISTRY CALENDAR

JANUARY 2026

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

SUN	MON	TUE	WED	THU	FRI	SAT
28 NO HSYG	29	30	31 NO YOUCAT	1	2 NO MSYG	3 NO FIGHT CLUB
4 HSYG	5	6	7 YOUCAT	8 FEMININE GENIUS	9 SENIOR MINISTRY	10 FIGHT CLUB
11 HSYG	12	13	14 YOUCAT	15	16 MSYG	17 FIGHT CLUB
18 NO HSYG 3DAY WKND	19	20	21 YOUCAT	22 FEMININE GENIUS	23	24 FIGHT CLUB
25 HSYG	26	27	28 YOUCAT	29	30	31 FIGHT CLUB

"I HAVE CALLED YOU BY NAME; YOU ARE MINE." ISAIAH 43:1

our parish happenings

This 2025 Herald Angel spearheads both parish and diocesan works of service

ANNA DONOFRIO | CATHOLIC HERALD STAFF WRITER



Donna Harring is the 2025 Herald Angel for her devotion to service and the church. ASHLEIGH KASSOCK | FOR THE CATHOLIC HERALD

When Donna Harring learned that she had been chosen as the Catholic Herald's 2025 Herald Angel, her reply revealed just why she was nominated. "Can I call you back?" she asked. "I was just on my way to the nursing home to visit the seniors."

Harring has been a parishioner of St. Mary of the Immaculate Conception Church in Fredericksburg for nine years. But in just under a decade, she went on a service spree, serving with parish ministries, the local Legion of Mary curia, the parish capital campaign and parish council, and more recently, the Diocesan Week of Service.

She said her love of service takes root in the Legion of Mary, of which she is treasurer for the Rappahannock Curia, or group of local parish legions. "It gives a good foundation into what it means to be part of the laity and what our responsibilities are as Catholics," she said.

As a member of St. Mary's legion, or praesidium, Harring visits nursing homes in the region weekly. She visits with the seniors, prays the rosary with them, and, this time of year sings Christmas carols with them. "We are basically the eyes and ears for the priests," she said of her service to the elderly.

She is an active member of the Seven Sisters Apostolate, which "goes hand in hand with the Legion of Mary." Through the apostolate, a core group of women takes turns praying a holy hour each day of the week for a specific priest.

"My day is Sunday, so I find an hour and I visit a church," Harring said. "It's such a wonderful blessing that they're giving us their lives ... We need to pray for them."

Harring's professional talent for program management quickly caught the eye of Father John P. Mosimann, pastor, who noticed her detailed spreadsheets on nursing home safety protocols for Legion of Mary volunteers during the pandemic. So, when the parish began its capital campaign in 2022, Father Mosimann knew just who to select as co-chair of

the campaign committee.

"Humble, tireless and amazingly talented," were the three qualities he ascribed to Harring. "If the Lord asks us to do something, he always gives us the grace to accomplish every task. And in order to accomplish the capital campaign at St. Mary's, Donna Harring was the bearer of the perfect skillset to accomplish what the Lord had asked us to do," he said. "She really had the skills to facilitate that vision."

While serving as co-chair, Harring had the opportunity to help facilitate the purchase of the statues and stained glass that would grace the renovated Holy Cross Academy, the parish school, and the new Divine Mercy Adoration Chapel. She said among her favorite pieces of art is a stained-glass window of St. Joseph the Worker with the Child Jesus.

"We were able to raise \$7.3 million," she said of the campaign. "We realized that this is the work of the Holy Spirit. We're just the arms and legs, but the Holy Spirit works in the hearts of everyone."

As if she wasn't busy enough on the parish level, Harring gave her time and talent on a diocesan scale, serving on the committee for the Nov. 9-16 Diocesan Week of Service. Harring helped organize the many service projects conducted by parishes and schools throughout the week. "We created this template, and everybody selected one of those spiritual acts of mercy or corporal acts of mercy," she said, adding that her focus was pro-life projects. Each committee member

our parish happenings

assigned to a specific work of mercy was responsible for coordinating parish projects for that category.

"Donna's love for the church and generous sharing of her gifts made her a shining star on the planning committee," said Msgr. Robert C. Cilinski, episcopal vicar of charitable works and pastor of Nativity Catholic Church in Burke. "She spent hours and hours, weeks and weeks, establishing the database that promoted, recorded and received all the parish and school projects results. Donna was the key person that encouraged everyone's input and participation."

She also worked with parishes following the week of service to collect data to pass along to the diocesan communications department. "It was an honor to do it," she said.

Harring gives of herself not only to her parish but also to her family. She has been married 31 years to her husband, David, and is a proud mother to two sons and three grandsons, who attend Holy Cross Academy.

"It's wonderful to have daughters-in-law," she said.

Reflecting on why she continues to serve, Harring said it always goes back to the mission of the Legion of Mary, "to bring souls closer to Christ."

"There's so much joy in giving of ourselves and knowing it is for God."

*Reprinted with the permission of the
Arlington Catholic Herald*

catholicherald.com/article/local/this-2025-herald-angel-spearheads-both-parish-and-diocesan-works-of-service/



CONGRATULATIONS
to our own
DONNA HARRING
**FOR RECEIVING THE 2025
HERALD ANGEL AWARD!**

May God Bless You!

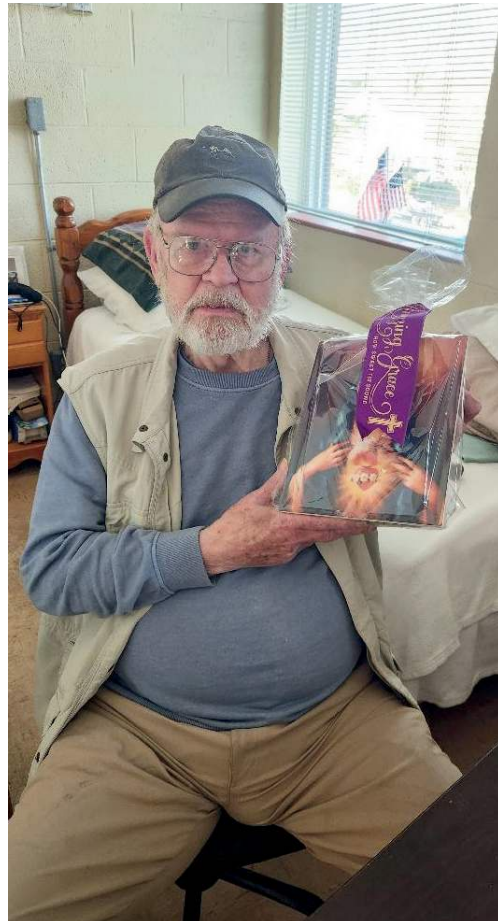
our parish adopt a senior

Adopt-a-Senior Advent Blessings...More Great Photos!

This Advent season, our Adopt-a-Senior program has been a beautiful witness to Christ's love in action. Many individuals and families shared how meaningful it was to visit our elderly parishioners, bringing not only gifts of a crucifix and images of the Sacred Heart of Jesus and Mary, but also the priceless gift of time and companionship. These visits became moments of grace, connection, and joy. Time and again, families expressed that the love they gave was returned to them abundantly, reminding us all that when we serve one another, Christ is truly present among us.



our parish advent blessings



our parish happenings



*Are you an Adult interested
in receiving the Sacrament of Confirmation?*



Are you baptized? Did you receive
First Communion, but not Confirmation?

JOIN US for Adult Confirmation Classes!

Beginning January 15th, 2026
Every Thursday from 7-8:45 pm in the St. Joseph House
Confirmation at the Easter Vigil, Saturday, April 4, 2026
Taught by Dr. Michael Evans, PA-C
(*St. Mary Diaconal Candidate*)
Contact the Parish Office to register at (540) 373-6491

SUPPORT OUR MISSION



Saturday, February 7, 2026

Join us for an unforgettable evening
filled with a delicious buffet dinner,
inspiring entertainment, a Live auction,
Silent auction, and 50/50 Raffle.



SCAN FOR MORE INFORMATION OR TO BUY TICKETS



*A Legacy of
Life*

JP GALA 2026



our parish
happenings



The Prophets

Messengers of God's Mercy

SARAH CHRISTMYER and THOMAS SMITH



Divided Kingdom,
Exile and Return

Adult Education Class January 2026

The Prophets: Messengers of God's Mercy

God sent prophets at critical times to call the people back to their covenant relationship with him. Prophets proclaimed the consequences of continued sin, called people to repentance, and declared God's faithful love. They also spoke of the future to shed light on current events and to reveal God's plans and purposes. In *The Prophets*, discover how God is constantly calling you to a deeper relationship with him, as well as the ways you are called to be the voice of God to others.

Start Date: Monday, January 12 (Ten sessions)

Time: 12:45-2:30pm | Place: PLC, Room 101 | Facilitator: Bryan Richardson

Cost is flexible between \$30-\$40 | Sign up in the Parish Office

For more information, contact Jackie Ezersky at jezersky13@gmail.com.

our parish happenings

PILGRIM VIRGIN STATUE & HOME ENTHRONEMENT

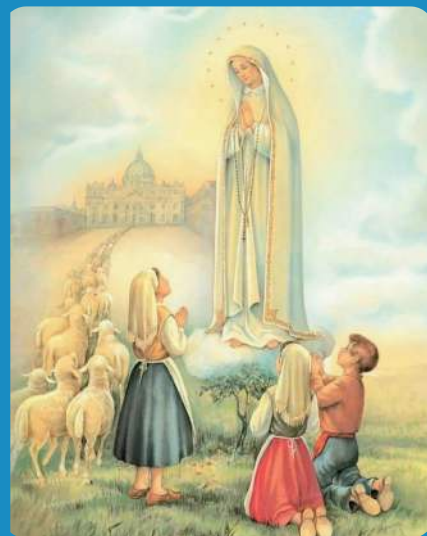
Host the Pilgrim Virgin Statue today!

The Pilgrim Virgin Statue of Our Lady of Fatima is available to visit your home! This is a wonderful opportunity to invite the Blessed Mother's presence into your family's daily life, offering a special time for prayer, reflection, and devotion.

A Home Enthronement is a beautiful and solemn ceremony wherein a family consecrates their dwelling to the Sacred Heart of Jesus and the Immaculate Heart of Mary, inviting divine grace to reign over their home.

We encourage you to consider these beautiful spiritual experiences for your household.

If your family would like to host the Pilgrim Virgin Statue, please contact Mary Lou Felts at (571) 723-3333 or maryloufelts@gmail.com



THEOLOGY ON TAP

Fredericksburg

This month

Peace of Heart – The Ultimate New Year's Resolution

Wife, mother, counselor, and St. Patrick's parishioner Karen Cruess is back! As we round out the Christmas season and enter 2026, come hear about one New Year's Resolution we all need – finding and maintaining peace of heart in the midst of challenges, disappointments, failures, suffering, and loss. Join us for good friends, good beer, and great conversation.

Presenter
Karen Cruess



MONDAY, JANUARY 5

Strangeways Brewing

350 Landsdowne Rd, Fredericksburg, VA 22401

Connect with us! fredericksburgtot@gmail.com

Doors open at 5pm
Presentation at 6:30pm



our parish happenings



~ Help Support the Snack Bag Program ~ Hugh Mercer Students

Providing snack bags for the children at Hugh Mercer in need of snacks/food on the weekends. St. Mary's to provide snacks on the 4th Friday of every month.

DONATIONS NEEDED FOR JANUARY

Sign-up to drop off food items by visiting: <https://bit.ly/4saxGfE>

Make a donation to St. Mary Church – include "Outreach-Snack Bags" on the memo line. For JANUARY we ask that all donations be dropped off NO LATER THAN MONDAY JANUARY 19th Please drop off food donations directly to the Parish Office.

Thank you in advance for your goodness! Questions, contact Elena Doyle
edoyle@stmaryfred.org

St Mary's Singles Group

An open invitation to everyone single and 40 years of age or older for monthly group social gatherings like dinners, movies, plays, works of charity, prayers, Mass and other church events.

Contact Eileen at emw5348@gmail.com to get on the email newsletter list.

There is a gathering each month at the Wegmans upstairs meeting space at 10 am to plan activities. Our next meeting will be January 10.



Are you looking to strengthen and enrich your marriage?

Consider a Worldwide Marriage
Encounter Experience!

**February 13-15, 2026
in Waynesboro, Virginia**

**March 6-8, 2026
In Hampton, Virginia**

Here is what husbands and wives will learn:

- A powerful method to communicate from the heart and grow intimacy and connection
- 5 Tools for keeping your relationship a priority
- Discernment for what your marriage needs most
- How to value the precious gift that is your beloved, your spouse

After your experience, you have access to the ongoing support of a local marriage encounter community!

The Experience is for Priests & Religious Too!

Are you seeking ways to reconnect and grow with your parish family or religious community? Our tools can help! Rediscover the JOY in your priesthood or religious life!

Worldwide Marriage Encounter is here for you!



To apply online go to:

www.wwme.org

or call 757-690-1369



operations given in love

The next Financial Report will be published in the January 11th Bulletin.

The Second Collection next weekend is for Parish Debt Reduction.

Thank you for your generosity!

First Offering Contributions to Help Offset Cost of Collection Envelopes

Each year in January the envelope packet always includes an envelope marked "First Offering" with a suggested donation of \$15.00. This is not a regular collection, but merely a request for a free-will offering to help offset the cost of the printing and bimonthly mailing of collection envelopes to more than 5,000 parish families. From July 2024 to June 2025, the parish's cost for the offering envelopes was \$30,961.19. First Offering donations received for the same period totaled \$5,185.00. Your generosity and support in helping to offset the cost of the envelopes is greatly appreciated.

Children's Charity - January

Camp Rainbow, sponsored by Mary Washington Healthcare Grief Support Services, is a day camp for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. *Children's Offertory Envelopes are available in the Religious Education Office and are a wonderful way for children to learn about helping those in need. All proceeds from these envelopes go to a different children's charity each month.*

Pro Life Reflection

God does not make mistakes. When a human being is alive, it is because God wants him or her to be alive. People do not have to measure up to our standards or expectations in order to have dignity and deserve protection. *Lord, we pray for all those who are disabled, frail, and ill. Give them Your strength and peace, and on this Solemnity of the Epiphany, may we be given the grace to always see in others the face of Christ our Savior.*

MARCH FOR LIFE Friday, January 23, 2026 Life: Why We March!

"Life: Why We March" encourages pro-life advocates to draw renewed energy for this challenging moment in the movement by reflecting on the basic truth that inspires the pro-life cause: every human life – including the unborn and their mothers – is beautiful, has unique dignity, and is worthy of protection. "Life: Why We March" invites all Americans of goodwill to recognize and unite around this truth.

Pro-lifers from across the nation will gather at a Rally on the Mall in Washington, DC and proceed down Constitution Avenue toward the Supreme Court and the US Capitol. Participants are of all ages, from unborn babies to grandparents. It is especially thrilling and encouraging to note how many pro-life teenagers and young adults participate! This year's March will be held on Friday, January 23rd to commemorate the 53rd Anniversary of Roe v. Wade. Although Roe v. Wade has been overturned, there is still work to be done, and the March for Life will continue to take place every January until a culture of life is restored in the United States of America. Please plan to join your parish family in this peaceful protest against abortion.

St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright.

The buses for the March will leave immediately following the 9am Mass at St. Mary and will return to St. Mary at approximately 5:30pm. Participants are advised to dress warmly, wear comfortable shoes and pack a light lunch. Please call the Parish Office to sign up for a seat on the bus.



liturgy daily bread

Saint Mary Prayer List - January

Please pray for those who are sick or in need, especially: Audrey Boron, Bruce Bornschein, Chris Breth, Drew LoRusso, Eric Weber, Eric Williams, Gregory Ruth, Jack Smith, Jacob Moser, JoAnne O'Brien, Joe Sullivan, Jose Rene Benavides, Joseph Krieg, Keith & Theresa Kovalefsky, Keith Richardson, Laverne Ruth, Linda Yednock, Mary Ann Gragan, Mary Ann Seidlinger, Mary Quinn, Maryann Carroll, Michael Fedowitz III, Shirley Bozicevic, Sue Moorefield, Susan Harvin, Tamlin Leaf, Christopher Risetto, Bonita Boyer, Chuck Boyer, Shirley Bozicevic, Drew LoRusso, Maryann Carroll, JoAnne O'Brien, Sue Moorefield, Chris Breth

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland, Andrew Doyle, Olav Brooks, Gabriel Sanger, Josh Lawson, David Brown, Annah Brown, Joshua Brown, Diego Esparza, Brian Inguanti, LCDR Jason King

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Did you know.... Our parishioners gather every Wednesday at 3pm – The Hour of Great Mercy - to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"

Mass Intentions

Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.



Daily Mass Intentions

January

5 MONDAY

6:30am Arlene Wilkinson
9:00am Damian Deitchmann
1 Jn 3:22—4:6/Mt 4:12-17, 23-25

6 TUESDAY

6:30am Don Hart, Jr.+
9:00am Bridget Sherba
1 Jn 4:7-10/Mk 6:34-44

7 WEDNESDAY

6:30am Stephen Stofko+
9:00am Ariyon Xhaferi+
12:00pm Aaron and Angela D'Isidoro
1 Jn 4:11-18/Mk 6:45-52

8 THURSDAY

6:30am Guillermo Ramsey+
9:00am Michael Stack
1 Jn 4:19—5:4/Lk 4:14-22a

9 FRIDAY

6:30am Geraldine Becker+
9:00am Robert F. Rafferty+
1 Jn 5:5-13/Lk 5:12-16

10 SATURDAY

9:00am Louis Genuario+
5:00pm Augustin Mendez+
7:00pm Patricia Finnegan+
1 Jn 5:14-21/Jn 3:22-30

11 SUNDAY

7:00am Carlos Alberto Montalvo
8:30am For Our Parish
8:30am* Anna Rymaruk+
10:30am Roger Mahan+
10:30am* David Spellmann+
12:30pm Bill Gallaspy+
2:30pm Angela del Rosario Aguilera
5:00pm Richard Daniel+
7:00pm Cavell Raudio+
Is 42:1-4, 6-7/Acts 10:34-38/Mt 3:13-17

* Indicates Mass at Holy Cross Academy.

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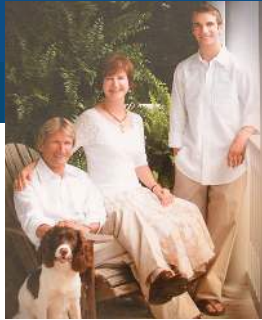
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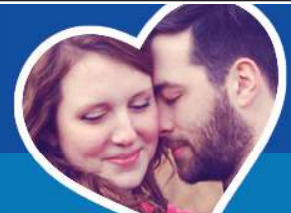
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