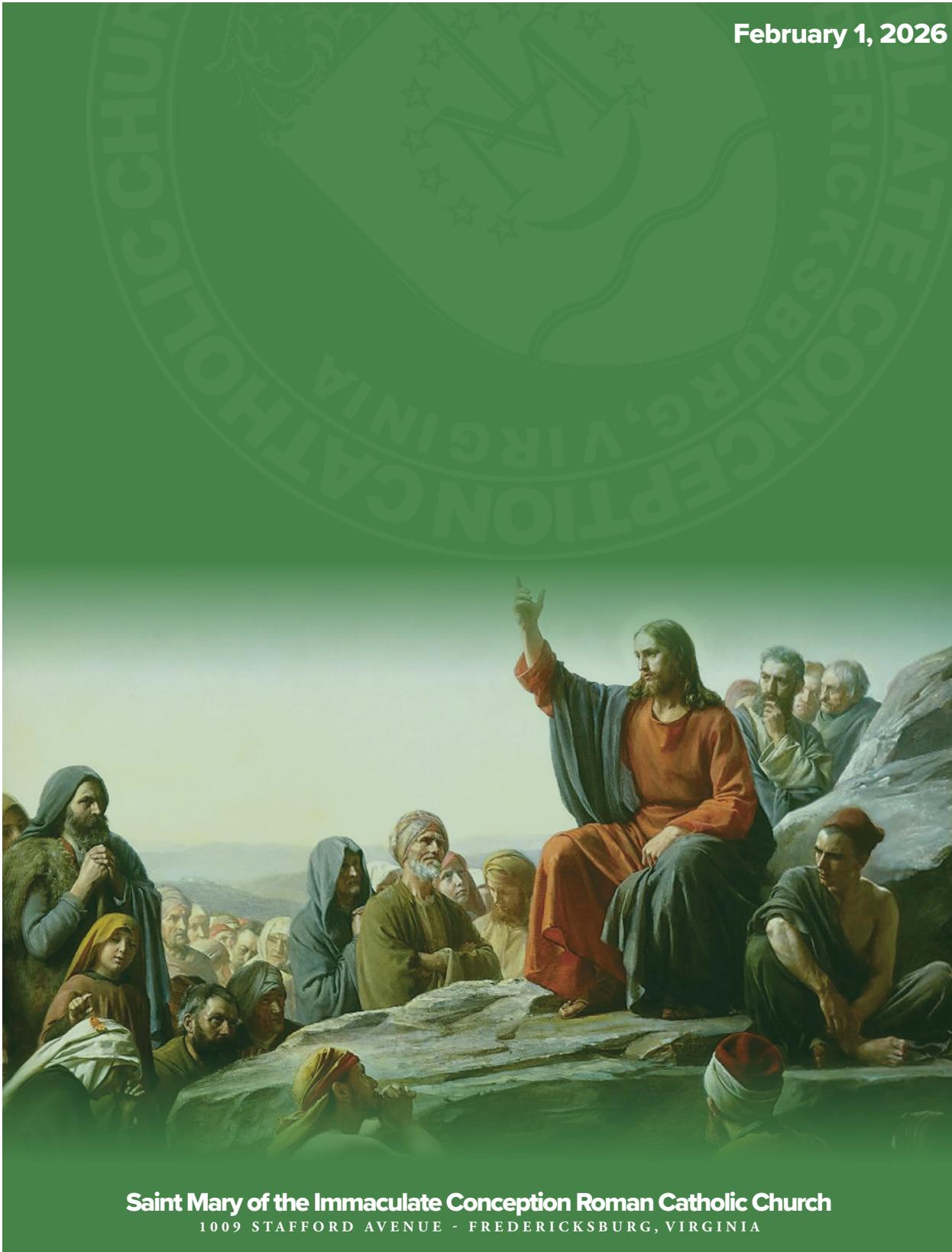


## FOURTH SUNDAY IN ORDINARY TIME

February 1, 2026



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# capital campaign

# grow our legacy in faith

## **Construction Update:**

We give thanks to our Lord Jesus for the continued work that is being done on the Divine Mercy chapel on our Parish campus. Last week, liturgical pendants were installed to brighten up the space and enhance its sacredness. The Building Committee is very happy to report that they are a dramatic improvement for prayer and worship. Work continues on the side wall which was reconfigured to house the five niches. The rough-in electrical wiring was installed this week so these can be backlit for the stained glass.

## **Pope Francis' Five Fruits of Eucharistic Adoration Continued:**

Pope Francis emphasizes Eucharistic adoration as a vital, often neglected silent prayer that transforms believers by nourishing them with Jesus' life. Key elements include, a deeper union with Christ, the calming of the heart, increased hope, the curing of spiritual hunger, and the transformation of the soul towards holiness. The five main fruits derived from Pope Francis' teachings on this topic are:

**The Importance of Adoration For Our Time:** Healing the "Hunger" in the Heart: The Eucharist satisfies our deep hunger for hope, truth, and salvation that cannot be filled by worldly things.

**Adoration Helps Us Understand Our Lives Better:** A Transformation into Holiness: Just as one gets a tan by standing in the sun, standing before Jesus in the Eucharist transforms believers and makes them holy, a point the Holy Father often referenced and is rooted in the thoughts of Saint Carlo Acutis.

**Adoration Is How We Embrace Incarnation:** The pontiff writes: "Let us rediscover adoration, for to adore is not to waste time, but to make our time a dwelling-place for God. It is to let the seed of the Incarnation of Jesus bloom within us; It is to cooperate in the work of the Lord, who, like leaven, changes the world. To adore is to intercede, to make reparation, to allow God to realign history."

**Adoration Is How We Discover God's Limitless Love:** The Pope explains that through adoration, we can concretely understand God's love for us. "In worshipping God, we rediscover that we are free. That is why the Scriptures associate the love the Lord with the fight against every form of idolatry," the Pope continued. "May the Church adore: in every diocese, in every parish, in every community, let us adore the Lord! Only in this way will we turn to Jesus and not to ourselves. For only through silent adoration will the Word of God live in our words; only in his presence will we be purified, transformed and renewed by the fire of his Spirit. Brothers and sisters, let us adore the Lord Jesus!"

**Adoration is a Path to Evangelization:** According to Pope Francis, Adoration is the fuel for evangelizing. The pontiff said, "When we remain in contact with the face of Christ, seeking Him in the Scriptures and contemplating Him in silent adoration before the tabernacle, we come to see him in the faces of those we serve and experience an interior joy that, even amid hardship, brings peace to our hearts." The Pope told the bishops and clergy in Mongolia during his visit to the country in September 2023, the following: "A Christian is one who is capable of adoration, that is, worshipping in silence. And then, out of this adoration springs activity." During his visit at World Youth Day 2023, the Pope said that St. Mother Teresa [of Calcutta,] busy about so many things in life, never neglected adoration of Our Lord Jesus in the Blessed Sacrament, even when the Lord allowed her to go through an interior darkness, like many great saints do, and our Lord's light and love remained hidden from her for some time. Thanks be to God!

# from our pastor

Dear Folks,

Snow, ice, sleet, and more ice! And maybe more this weekend too?

As I type this, our parish parking lot is an ice rink. I have to give a shoutout to Fr. Dansereau—he's been out there shoveling and breaking up the ice with an iron digging bar! All but one of the priests joined him in the effort (and that one has a finicky back... so he gets mercy!).

Thanks to all who helped pull off the “bonus Saturday evening Mass at HCA” with just a few hours’ notice, and who got the word out. Attendance last Saturday evening rivaled Christmas Eve—both at the church and the school!

Let me take a moment to give a refresher on the moral obligation of Mass attendance:

First, here is the official text from the Catechism, **“The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin.”**

Second, notice that it all flows from Sunday Mass being the “foundation and confirmation” of all we do. If we truly believe and live this, then everything else falls into place. When we can’t attend Mass due to a serious reason, we miss it—we long for it.

Third, does a snowstorm qualify for “unless excused for a serious reason.” I’m actually grateful that the Church doesn’t try to define every situation, because local circumstances vary. Put simply: if it is dangerous for you to travel to Mass,

then neither God nor I, your pastor, want you to endanger your life. That qualifies as a serious reason. However, if you somehow manage to get out to Starbucks or the movie theater... well, sorry: unexcused absence.

Fourth: “illness and care of infants” are specifically mentioned! These are clearly high on the list of legitimate reasons to miss Mass.

Fifth, it also says: “or dispensed by their own pastor.” That’s right—I can legitimately lift the Sunday obligation for you. So my opinion on what constitutes a serious reason actually carries canonical weight!

Sixth, imagine you can’t visit your mom or dad on Mother’s Day or Father’s Day. What do you do? You call to say you’re sorry, and to tell them you love them. So what about the Lord’s Day (Sunday)? If you can’t be there in person, do you do the same with God?

If you can’t make it to Mass due to a serious reason, talk to Him: watch the Mass livestream, pray the Rosary, read the Sunday readings —or do all of these! Just let Jesus know: “I’m thinking of You, I miss You, and I love You.”

Pax,

*Father Mosimann*

Very Reverend John P. Mosimann, V.F.  
Pastor



## NEW DATE!

### OPEN HOUSE

SUNDAY  
FEBRUARY 8  
1 - 3 PM

We warmly invite you to experience the spirit and excellence of Holy Cross Academy. Schedule a tour today by calling 540-286-1600 or visiting [holycrossweb.com](http://holycrossweb.com).

Come see how we are building a foundation of faith, knowledge, character, and lifelong friendship—one child at a time.

Call 540-286-1600 to RSVP | 250 Stafford Lakes Parkway, Fredericksburg

# announcements

## St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

No 12pm Mass on  
Tuesdays or Thursdays  
until further notice

## contact us

[stmaryfred.org](http://stmaryfred.org)

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday 6:30am and 9am  
Saturday 9am  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Novus Ordo (Latin Mass)  
First Saturday 8:00am - Fatima Prayers & Rosary  
followed by 9am Mass

### CONFESION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARTH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday 8:30am - 9pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor  
Reverend Tim Courtney, Parochial Vicar  
Reverend Kevin Danseureau, Parochial Vicar  
Reverend Joseph Connor, Parochial Vicar  
Deacon Alberto Bernalola

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Lori Barlow & Gio Camacho

### MUSIC

Joseph Ciskanik  
Director of Music, [musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)  
Assistant, Music Ministry, Emily D'Isidoro

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS ACADEMY PRESCHOOL

Director, Allison Gardner  
540-286-1600

### RELIGIOUS EDUCATION

Director, Dr. Katherine Evans  
Associate Director, Amy MacKinnon  
Administrative Assistant, Sonia Spencer

### YOUTH MINISTRY

Director, Tatiana Beltran

### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans  
[kevans@stmaryfred.org](mailto:kevans@stmaryfred.org)

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at  
least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six months  
in advance to begin preparation or Margaret Bereit  
[margaret@stmaryfred.org](mailto:margaret@stmaryfred.org)

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401

# holy cross academy

## HCA Spirit Night Shines as 8th Grade Varsity Basketball Teams Celebrate Their Seniors!

Holy Cross Academy lit up with school pride on Thursday as our 8th Grade Varsity Boys and Varsity Girls basketball teams celebrated their Seniors during a packed and unforgettable HCA Spirit Night.

Families filled the gym to honor their students, and the energy was incredible from start to finish. Both teams brought home impressive victories, giving our Seniors a night to remember.

More than 140 students came out to support their classmates in their final varsity home game at HCA. Thanks to proceeds from the HCA Golf Tournament, students enjoyed pizza and snacks at no cost, adding to the excitement of the evening.

Our cheerleaders kept the crowd energized throughout both games, and the Crusader mascot had everyone smiling with lively sideline entertainment.

One of the referees even shared with Dr. Fry how impressed he was by the atmosphere—saying he wished he could have played in an environment like this when he was in middle school.

Spirit Night was truly AWESOME, and we are grateful to our students, families, athletes, cheerleaders, and staff for making it a night full of joy, pride, and Crusader spirit.

Congratulations to both teams and thank you to everyone who helped make this celebration so special!



Our Open House has been rescheduled to February 8th from 1-3pm, and we would love for you to come see what makes Holy Cross Academy such a special place. Discover our joyful classrooms, meet our dedicated teachers, and experience the faith-filled community that helps our students thrive. For any questions, please contact Dina James at 540-286-1600. We look forward to welcoming you to HCA

# our parish religious education

Religious Education baptisms took place last night, with 43 children receiving this beautiful Sacrament of Initiation.



We were very blessed to have Lizzy Miller of Lizzy's Photography taking pictures of the baptisms on January 10. Please consider Lizzy's Photography for your future events.

You can see more of her exceptional work at  
[lizzysphotography4.godaddysites.com](http://lizzysphotography4.godaddysites.com)



## RE - FEB 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	RE: 4:45PM 6:30PM	2 RE: 4:45PM 6:30PM	3 4:45PM 6:00PM (HCA) 6:30PM	4 4:45PM 6:30PM	5	6
8	RE: 4:45PM 6:30PM	9 RE: 4:45PM 6:30PM	10 4:45PM 6:00PM (HCA) 6:30PM	11 4:45PM 6:30PM	12	13 1 <sup>ST</sup> PEN 4PM, 5PM
15	NO RE PRESIDENTS DAY	16 NO RE	17 NO RE	NO RE ASH WED	1 <sup>ST</sup> PEN 4PM, 5PM GR 8 FORM NIGHT 7PM	20 SPRED 10AM-12PM
22	NO RE PARISH RETREAT	23 NO RE	24 PARISH RETREAT	25 NO RE	26 PARISH RETREAT	27

THERE IS NO R.E. 2/16-18. STUDENTS ARE TO ATTEND AN ASH WEDNESDAY MASS INSTEAD.

THERE IS NO R.E. 2/23-25. STUDENTS ARE TO ATTEND ONE NIGHT OF THE PARISH RETREAT OR GO TO ONE HOUR OF ADORATION INSTEAD.

# our parish youth ministry

## High School Youth Group (HSYG)

Sundays, 6:00 - 8:30pm in the PLC

Fun and faith formation for high schoolers, with free dinner!

## YOUTHCAT

Wednesdays, 6:30 - 8:00pm in the JPII House

A deeper dive into scripture and prayer for high schoolers

## Middle School Youth Group (MSYG)

1st & 3rd Fridays, 6:30 - 8:00pm in the PLC

Fun and faith formation for middle schoolers, with free dinner!

## Fight Club

Saturday mornings, 6:30 - 8:00am in the JPII House

A boys'-only group to grow in brotherhood and virtue for grades 7-12

## Feminine Genius

2nd & 4th Thursdays, 6:30 - 8:00pm in the St. Nicholas House

A girls'-only group to grow in sisterhood and virtue for grades 6-12

## Senior Ministry

(Date and Time TBD)

A monthly potluck for all current 12th graders to discuss their faith deeper! Contact us to learn more!



## ST. MARY YOUTH MINISTRY CALENDAR

# FEBRUARY 2026



SUN	MON	TUE	WED	THU	FRI	SAT
1 HSYG	2	3	4 YOUTHCAT	5	6 MSYG	7 FIGHT CLUB
8 NO HSYG - SUPERBOWL	9	10	11 YOUTHCAT	12 FEMININE GENIUS	13 NO FIGHT CLUB	14 HS RETREAT
15 NO HSYG RETREAT	16	17	18 NO YOUTHCAT ASH WED.	19	20 MSYG	21 FIGHT CLUB
22 HSYG	23	24	25 YOUTHCAT	26 FEMININE GENIUS	27	28 FIGHT CLUB
1 HSYG	2	3	4 YOUTHCAT	5	6 MSYG	7 FIGHT CLUB

"I HAVE CALLED YOU BY NAME; YOU ARE MINE." ISAIAH 43:1

# our parish happenings

## **WELCOME TO ST. MARY'S!**

Fr. Mosimann and members of our Welcoming Committee are looking forward to meeting you and introducing you to the many fantastic ministries at St. Mary so that you (and your family) can share your gifts and talents with your new parish family.

Please sign-up for a time slot on Sunday, February 22nd 10am-1pm for yourself and/or family to spend time with our Welcome Committee Team and with your new pastor.

Meetings will take place in the parish office located behind the church.

If you have any questions, please email Elena Doyle at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org).

<https://bit.ly/3LGP9Mp>



## **Currently Collecting Items for the Homeless**

White warm socks, undershirts in medium, large & XL and underwear for men & women. Please drop off at the Parish Office. Thank you!

## **St Mary's Singles Group**

An open invitation to everyone single and 40 years of age or older for monthly group social gatherings like dinners, movies, plays, works of charity, prayers, Mass and other church events.

Contact Eileen at [emw5348@gmail.com](mailto:emw5348@gmail.com) to get on the email newsletter list.

There is a gathering each month at the Wegmans upstairs meeting space at 10am to plan activities. Our next meeting will be February 7.

## **Ushers Needed**

St. Mary is in need of Ushers to help serve at ALL MASSES. What a great New Year's resolution to assist your brothers and sisters in this generous way! Contact Tom Fish TODAY at [headusher@stmaryfred.org](mailto:headusher@stmaryfred.org).



our parish

# happenings

KNIGHTS OF COLUMBUS #4043 PRESENTS

## St. Valentine's

### • DINNER/SOCIAL •



### PARISH LIFE CENTER

• • • FEBRUARY 7 | 5:30-8:30PM • • •

#### CASH BAR (BEER & WINE)

Must be 21 years of age or older to purchase or consume alcohol. All alcohol must be consumed on premises.

#### MENU

Herb Roasted Chicken, Roasted Potatoes, Glazed Carrots, Garden Salad, and Desserts

All proceeds will be used to upgrade the PLC Kitchen

Adults/Teens - \$15

Seniors (60+) - \$12

Children (7-12) - \$10

MAXIMUM PRICE PER FAMILY: \$40



### AUCTION ITEMS NEEDED

The Holy Cross Academy PTO is seeking donations for our Spring Auction Fundraiser, which will be held on the evening of April 25th at Holy Cross Academy. If you are in a position to donate or facilitate the donation of the following items, please email [HCAPTO@holycrossweb.org](mailto:HCAPTO@holycrossweb.org)

- Vacation packages or unique travel experiences
- Vacation Home Use
- Weekend Getaway to local resorts/destinations
- Unique experiences such as cooking classes, bourbon or wine tasting, dance lessons, etc.
- Signed memorabilia from popular professional or college athletes or celebrities
- Tickets to professional or college sport games, concerts, performance/shows
- Professional Athlete experience
- Full Day Spa package
- Premier Golf Course package
- Exclusive Dining Experiences
- Art work or pieces from local artists
- Luxury items, such as designer handbags or watches
- Professional Photography sessions
- Other professional services and goods

All adult parishioners are welcomed to attend this special evening! Please email [HCAPTO@holycrossweb.org](mailto:HCAPTO@holycrossweb.org) for more information.

our parish

# winter storm



**Catholic Schools Week  
Winter Storm!**

Thank you to our beloved priests and parishioners for digging out our church so we could attend Mass!

our parish

# happenings

Presented by St. Mary of the Immaculate Conception, Fredericksburg

## THEOLOGY ON TAP

### Fredericksburg



Strangeways Brewing

350 Lansdowne Rd. Fredericksburg, VA 22401

**MON. FEB 2**

Doors open at 5pm  
Presentation at 6:30pm



*This Month*

### Who Does God Say You Are?

Husband, father, counselor, and St. Mary's parishioner, Lorenzo Resendez joins us to help us realize and own who we are in God's sight. Like a child to a parent, God the Father gives us our identity, worth, and value through our relationship with Him. Yet for many of us, that relationship seems distant or inaccessible. Come learn how to deepen this relationship and grow in the joyful humility that follows! Join us for good friends, good beer, and great conversation.



Connect With Us

[fredericksburgtot@gmail.com](mailto:fredericksburgtot@gmail.com)



**Lorenzo Resendez**



Open to all!  
Young families welcome!

# our parish outreach

## FEBRUARY SNACK BAGS

Hugh Mercer Students

Our local elementary school has identified 80 children who rely on receiving school meals as their main source of nourishment. On the weekends many of these children go hungry and the school has reached out to area churches to ask for assistance. St. Mary's is happy to help and will be providing snack bags on the 4th Friday of every month.



### TWO WAYS TO HELP:

Sign-up to drop off items needed by visiting [bit.ly/3TM9z72](https://bit.ly/3TM9z72)

Make a donation to St. Mary Church – include "Outreach-Snack Bags" on the memo line.

Thank you in advance for your goodness! Questions, contact Elena Doyle [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)

## Brisben Center Support

We are thrilled to be continuing our work at the Brisben Center in support of the children! St. Mary's hosts "The Kids Club" EVERY Wednesday from 4:30-5:30 thru May. Join us in crafting, playing games and having some outdoor fun as well as reading and giving some homework help to the children at the homeless center.

If you can encourage kids and like to have fun - this is the perfect ministry for you!

Looking for volunteers 18 years or older.

7th-8th graders students preparing for confirmation are welcome but must be accompanied by an adult.

**\*\*\*IMPORTANT\*\*\*** If signing up family members to help - please sign-up each person individually who is coming. Space is limited for each session. Thank you!

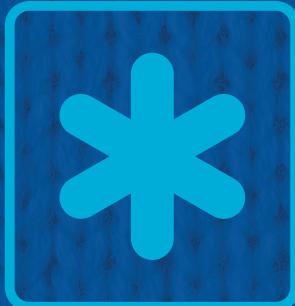
Any questions, please reach out to Sydney McDonald [sydjim92@msn.com](mailto:sydjim92@msn.com) or Elena Doyle at 540-373-6491. To sign-up scan or visit: <https://bit.ly/4bcgDE1>



**SOUPER BOWL WEEKEND  
AT SAINT MARY'S  
FEBRUARY 8**  
**SCORE A TOUCHDOWN FOR THE  
HUNGRY IN OUR DIOCESE BY  
BRINGING CANS OF HEARTY  
SOUP OR RAVIOLI TO MASS.  
ALL CANS WILL BE DONATED  
TO THE ST. LUCY PROJECT!**

our parish  
**outreach**

**february 28, 2026**



Join TEAM ST. MARY and walk with us to support the good work of Micah Ecumenical Ministries, providing a sense of community and care for our homeless neighbors. **Let's team up, fundraise and walk!**

To register to walk in the event with St. Mary for either the 1 mile OR 5k, visit the link provided and register. If you are unable to attend but want to support our efforts, click the link and donate to Team St. Mary.

The walk takes place in Fredericksburg, beginning at Riverfront Park. All details for the event are found on the link. Once registered, we will follow up with more details! Any questions, please reach out to Elena at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org)

Gather for good...because its cold out there!  
<https://bit.ly/4qmsmof>



# vida parroquial

# noticias en español

Domingo 15 de febrero - 3:45pm

Encuentro informativo  
Para  
**PAREJAS**

Que no han recibido el sacramento del Matrimonio

*Donde podrás encontrar respuestas a preguntas como..*

*Si Dios desea tu paz y tu alegría, ¿por qué tantas parejas siguen viviendo ansiedad y vacío?*

*¿Y si el matrimonio sacramental no fuera una obligación, sino un regalo que transforma el amor?*

*¿Podría la paz y la bendición que anhelas para tu familia estar unidas al sacramento del matrimonio?*

**CENTRO DE VIDA PARROQUIAL (PLC)**  
St. Mary of the Immaculate Conception

1009 Stafford Ave Fredericksburg, VA 22401



LO QUE TU BUSCAS...



TALLERES DE ORACIÓN Y VIDA  
Una Nueva Evangelización  
PADRE IGNACIO LARRAÑAGA

¡VEN A VIVIR UN TALLER DE ORACIÓN Y VIDA!

"APRENDER A ORAR PARA APRENDER A VIVIR"

**INICIO:** SÁBADO 7 DE FEBRERO 2026

**HORARIO:** DE 10:00 AM A 12:00 PM

**LUGAR:** HOLY CROSS ACADEMY

**DIRECCIÓN:** 250 STAFFORD LAKES PKWY,  
FREDERICKSBURG, VA. 22406

**DURACIÓN:** 4 MESES

**INFORMACIÓN CON:** DAYSI BENÍTEZ  
703-343-3793

ATRÉVETE A VENIR Y QUEDARÁS CURADO,  
RENOVADO Y ALEGRE.

St. Mary of the Immaculate Conception



**ADORACIÓN**

*Eucarística*

Glorifiquen al Señor,  
nuestro Dios,  
adórenlo ante el estrado  
de sus pies.  
¡Santo es el Señor!  
Salmo 99:1

► MARTES 10 DE FEBRERO

7:00 PM

Habrá  
confesiones

St. Mary of the  
Immaculate Conception

1009 Stafford Ave  
Fredericksburg, VA 22401

vida parroquial

# noticias en español



From Inclusion to Belonging

CONFERENCE ON DISABILITY

Construyendo una  
Vida Hermosa



Marzo 7, 2026 Saint John Paul the Great H.S., Potomac Shores, VA

## Construye una vida hermosa para personas con discapacidades:

- Participe en sesiones prácticas en español para padres. Sesiones en Inglés para personas con discapacidad, familias, educadores y religiosos.
- Conéctese con otras familias.
- Conozca a proveedores locales.
- Disfrute de una hermosa exposición de arte

**\$50/adulto | \$25/con discapacidad**

**\$15/quereria**

registro incluye desayuno y lunch

**REGISTRESE HOY**

[portocharities.org/2026conferencia](http://portocharities.org/2026conferencia)

PRESENTADO POR



EN COLABORACION CON



## PRESENTADORES EN ESPAÑOL

### Luis E. Perez, Orador Principal



Donde Dios Decide Estar: La Discapacidad, la Cruz y el Sentido de una Vida Hermosa

### Majo Flores, Frank Trippett Spanish Advocacy Fellow



Los conceptos básicos del sistema de exenciones de Medicaid en Virginia

### Josue Amaya, Our Stomping Ground Lead Community Builder



Alojamiento después de la escuela secundaria

### Martha Benitez, M.Ed.



Cómo ayudar a su hijo en casa: estrategias prácticas para el aprendizaje y el comportamiento.

# operations given in love

## Donations Received January 14 - 20

<i>Sunday Offertory</i>	\$32,786.24
<i>Parish Debt Reduction Fund</i>	\$2,210.00
<i>First Offering for Envelopes</i>	\$393.00
<i>Catholic Charities</i>	\$250.00
<i>Christmas</i>	\$300.00
<i>Solemnity of Mary</i>	\$230.00
<i>Arlington Catholic Herald</i>	\$378.00
<i>Poor Box St Vincent de Paul</i>	\$613.40

*The Second Collection on  
February 7 & 8 is for our Parish Debt Reduction  
Fund. Thank you for your generosity!*

## February 2 - The Feast of the Presentation of Our Lord

**Jesus Christ — the Light of the nations and the  
glory of Israel**

“Beloved Christian, you esteem Simeon happy in having been permitted to take the Infant Jesus in his arms; and were you to receive a grace like him, no doubt you would exclaim: “Now dost Thou dismiss Thy servant in peace: because my eyes have seen Thy salvation.” (The Holy Eucharist, Jose Guadalupe Trevino)

## Children’s Charity - February

The children’s charity that will benefit from the offering in February is Hazelwild Farm’s Therapeutic Riding Program. The program offers specialized horseback riding lessons for all ages of riders with a wide range of physical, cognitive and emotional disabilities. The lessons increase stability, flexibility, strength, motor skills, cognitive ability and confidence for the riders, along with providing many other physical and emotional benefits. For more information, go to [hazelwildfarm.com](http://hazelwildfarm.com).

## Pro Life Reflection

Heavenly Father, bless all expectant mothers who are placing their children for adoption and who may also be young and afraid. They love their children so much that they are willing to place them with a loving family. Bless, too, all the women who already have shown the sacrificial nature of a mother’s love in making adoption plans for their children. Give them all your courage and your peace, through Christ our Lord. Amen.

## HELPFUL HINTS & REMINDERS

– Did you know that when you write a check, you should use only black or blue ink? All other colors may look very nice, but they don’t show up on bank scanners and bank employees have to return the check to us. So please use only black or blue ink when writing a check.

– When you receive your 2025 contribution statement, did you notice that one or more of the collections may have shown only a penny as your contribution. That’s because when the envelope was received for posting in our database, no amount was written on the envelope, so a penny was entered to show that an envelope was received but the amount was unknown. Don’t forget to write the amount of your contribution on the outside of your contribution envelope.

– If you are using a blank envelope for your contribution, please be sure to print your name, address, date and amount of donation on the envelope, as well as the purpose of the donation. We have had quite a few instances of envelopes being received without any name on it, so the contribution could not be posted.

– From time to time we receive contributions in envelopes from other parishes in the Diocese. If there is no notation, it is our policy to send these contributions to the parish indicated on the envelope. If your contribution is actually meant for St. Mary, please be sure to use St. Mary envelopes, or a plain envelope with your name and address indicated, or cross out the name of the parish on the envelope and clearly write St. Mary on the envelope so that we can process your contribution properly.

## Advertising in the Bulletin

Are you curious as to how you can effectively promote your local business and at the same time support our parish? Advertising in our bulletin is an opportunity to get recognition 52 weeks a year. We typically distribute 2,500 bulletins each week. Our advertising sponsors allow us to offer our bulletin at no expense to the parish. We are truly grateful to all who support us in this way. To advertise, contact Lisa Sparkman at [lsparkman@diocesan.com](mailto:lsparkman@diocesan.com) or 717-507-3766. She is happy to answer all of your questions and assist you in getting started.

# liturgy

# daily bread

## Saint Mary Prayer List - February

**Please pray for those who are sick or in need, especially:** Chris Breth, Drew LoRusso, Eric Williams, Gregory Ruth, Harvey Goldstein, Jack Smith, Jacob R. Moser, Jason Stoker, JoAnne O'Brien, Joe Sullivan, Joseph Krieg, Keith Richardson, Laverne Ruth, Mary Jones, Margaret Murphy, Mary Ann Gragan, Maryann Carroll, Michael Fedowitz III, Preston Jones, Shirley Bozicevic, Sue Moorefield, Theresa & Keith Kovalefsky, Veronica Renner, Virginia Frescas, Brooke Fornea

**Please pray for all the men and women in our military and civilian support services overseas, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland, Andrew Doyle, Olav Brooks, Gabriel Sanger, Josh Lawson, David Brown, Annah Brown, Joshua Brown, Diego Esparza, Brian Inguanti, LCDR Jason King

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

**Did you know.... Our parishioners gather every Wednesday at 3pm – The Hour of Great Mercy – to pray the Divine Mercy Chaplet?**

**All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.**

**"Jesus, I trust in You"**



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## Daily Mass Intentions

### February

#### 2 MONDAY

6:30am Ryker Davis  
9:00am Jose Oscar Valle+  
Mal 3:1-4/Heb 2:14-18/Lk 2:22-40

#### 3 TUESDAY

6:30am Deborah Wilcox  
9:00am Stephen Inguanti, Sr.+  
2 Sm 18:9-30—19:3/Mk 5:21-43

#### 4 WEDNESDAY

6:30am Deacon Alberto Bernaola  
8:15am\* C. Harry Olmstead+  
9:00am Dennis Young+  
2 Sm 24:2, 9-17/Mk 6:1-6

#### 5 THURSDAY

6:30am Carolyn Courtney+  
9:00am Erika Paquette  
1 Kgs 2:1-4, 10-12/Mk 6:7-13

#### 6 FRIDAY

6:30am In Reparation  
9:00am In Reparation  
12:00pm In Reparation  
7:00pm In Reparation  
Sir 47:2-11/Mk 6:14-29

#### 7 SATURDAY

9:00am Dr. Stephen Fry  
5:00pm William Dean+  
7:00pm Rob Johnson  
1 Kgs 3:4-13/Mk 6:30-34

#### 8 SUNDAY

7:00am Matt and Jovanna Zilsch  
8:30am John Logan  
8:30am\* Lance Ryan+  
10:30am Salvatore J. Kiwall+  
10:30am\* David Spellman+  
12:30pm For Our Parish  
2:30pm Maura Sanchez+  
5:00pm Christine Cormier+  
7:00pm Jack Grey+  
Is 58:7-10/1 Cor 2:1-5/Mt 5:13-16

\* Indicates Mass at Holy Cross Academy.