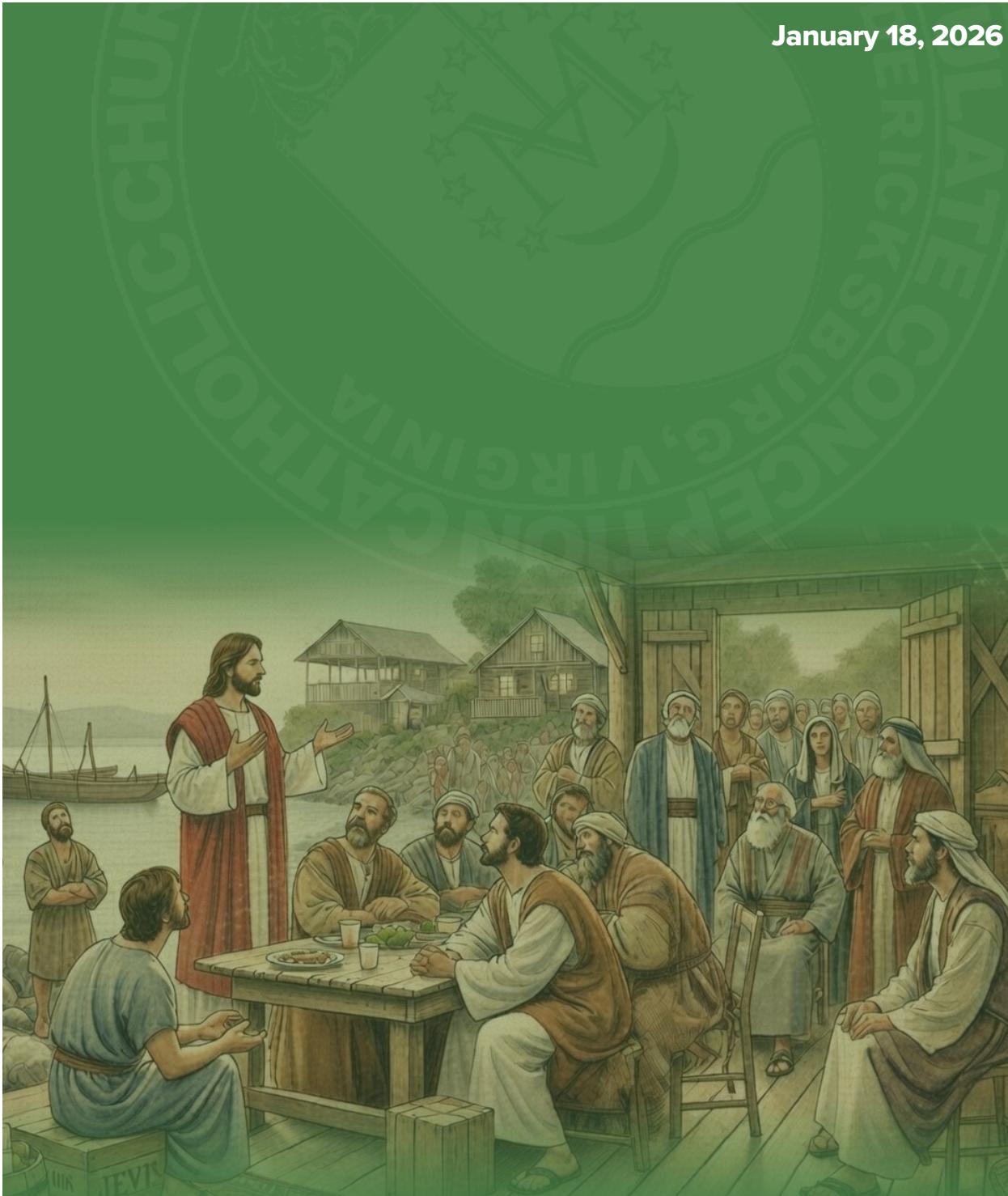


SECOND SUNDAY IN ORDINARY TIME

January 18, 2026



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

grow our legacy in faith

Growing Our Legacy of Faith

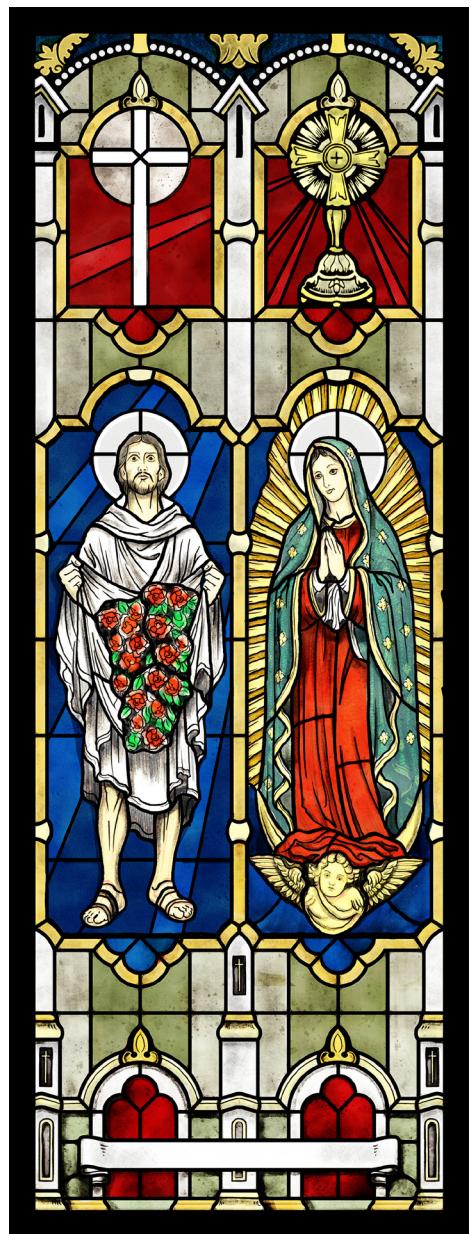
Building Committee Update for the Divine Mercy Chapel:

Work has already begun on the four main stained glass windows for the Divine Mercy Chapel. The Building Committee and Fr. Mosimann are excited to share that two of these images for the four primary windows will be of Our Lady of Guadalupe (Dec. 12) and St. Juan Diego (Dec. 9). The other two saints that will grace the other two beautiful windows for the adoration chapel on our parish campus will be St. Faustina and our beloved St. Pope John Paul II, both great apostles of our Lord Jesus' Divine Mercy. Just above the main altar in the adoration chapel, the monstrance with our Lord exposed in the most Blessed Sacrament, there will be an elegant fifth stained glass window with two Adoring Angels.

Our Lady of Guadalupe's call to trust in her as our mother is a simple and powerful one that emphasizes her message of "Do Not Be Afraid" given to St. Juan Diego in 1531 and her role as Patroness of the Americas. When the Virgin Mary appeared to St. Juan Diego on Tepeyac Hill near Mexico City asking for a shrine to be built and the local bishop doubted, she arranged for miraculous roses to fill his cloak in the dead of winter. When revealed, her image, the famous tilma, was miraculously imprinted. St. Pope John Paul II embraced Our Lady's message, "Do Not Be Not Afraid," and shared it with the world throughout his entire papacy. Likewise in 2024, Pope Francis celebrated mass in St. Peter's Basilica for Our Lady of Guadalupe's December 12th feast. In his brief homily, he focused on the comforting essence of her message in 1531, inviting us to gaze "at the image of Mary, pregnant Mary of Guadalupe, who announces the birth of the Savior, as a mother." *The mystery of Guadalupe is to venerate her, and to hear in our ears: "Do not be afraid. Am I not here, I who am your mother?"* The pope goes on to say: "We need to hear this in every moment of life. The difficult moments of life, the happy moments of life, the routine moments of life. This is the message of Guadalupe."

New Stained Glass Window Designs:

Please take a moment to review the stunning designs for our stained glass depicting Our Lady of Guadalupe and St. Juan Diego. Artisans from *Lynchburg Glass* will craft the images for both primary windows from mouth blown glass created in Germany! We are truly grateful for all of your prayers as work progresses on this sacred space which will benefit our entire community.



from our pastor

Dear Folks,

Greetings from Egypt... will be back soon! Floated by the hotel where Agatha Christie wrote, "Death on the Nile." Fortunately, the mystery was already solved. Internet very, very spotty right now... so will attempt to send a few pix of a cool sunrise balloon ride, and an artifact or two.

Pax,

Father Mosimann

Very Reverend John P. Mosimann, V.F.
Pastor



announcements

St. Mary Coffee & Donut Shop

Following ALL Morning Masses

Come and enjoy some fellowship!

No 12pm Mass on
Tuesdays or Thursdays
until further notice

contact us

stmaryfred.org

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am and 9am
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am - Fatima Prayers & Rosary
followed by 9am Mass

CONFESION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARTH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday 8:30am - 9pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Danseureau, Parochial Vicar
Reverend Joseph Connor, Parochial Vicar
Deacon Alberto Bernalola

Business Manager, Elaine Stanislawski
Director of Operations, Chris Lanzarone
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez
Parish Secretary, Lori Barlow & Gio Camacho

MUSIC

Joseph Ciskanik
Director of Music, musicdirector@stmaryfred.org
Assistant, Music Ministry, Emily D'Isidoro

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS ACADEMY PRESCHOOL

Director, Allison Gardner
540-286-1600

RELIGIOUS EDUCATION

Director, Dr. Katherine Evans
Associate Director, Amy MacKinnon
Administrative Assistant, Sonia Spencer

YOUTH MINISTRY

Director, Tatiana Beltran

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans
kevans@stmaryfred.org

OUTREACH

Director, Elena Doyle

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at
least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months
in advance to begin preparation or Margaret Bereit
margaret@stmaryfred.org

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

education

holy cross academy

Forming Hearts and Minds from Preschool to Eighth Grade

Since 1998, Holy Cross Academy has proudly served families in the Fredericksburg area, offering a vibrant Catholic education for children from Preschool (age 3) through eighth grade. Rooted in faith and academic excellence, our mission is to form young men and women to be saints, scholars, and leaders in the image of our Lord Jesus Christ and His Blessed Mother.

At Holy Cross Academy, we believe in forming the whole child—mind, body, and spirit. Our students are empowered to be their authentic selves in an environment where faith is the foundation of everything we do. Through a rigorous Catholic academic curriculum, we prepare them not only to succeed in high school and beyond, but also to live lives of integrity, service, and leadership.

Beyond academics, Holy Cross Academy is a place where friendships flourish and last a lifetime. The bonds formed here—rooted in shared values, community, and faith—become a source of strength and joy for years to come.

We are thrilled to announce the completion of a major campus expansion, designed to enrich our students' learning experience with:

- A beautiful new chapel for prayer and reflection
- A spacious cafeteria for community and nourishment
- Expanded Preschool classrooms to welcome our youngest learners
- A state-of-the-art STEM lab to spark innovation and discovery
- A brand-new middle school wing to support growth and leadership

We warmly invite you to experience the spirit and excellence of Holy Cross Academy. Schedule a tour today by calling 540-286-1600 or visiting holycrossweb.com.

Come see how we are building a foundation of faith, knowledge, character, and lifelong friendship—one child at a time

Call 540-286-1600 to RSVP
250 Stafford Lakes Parkway
Fredericksburg, VA 22406



OPEN HOUSE
SUNDAY
JANUARY 25
1 - 3 PM

our parish religious education

**THERE IS NO
R.E. THIS
WEEK, January
19-21. The
Parish Office
will be closed
on January 19.**

EPIPHANY PARTY 2026

Our young families had a wonderful time celebrating Epiphany earlier this month. Families gathered for a potluck brunch, Epiphany story time with dad actors, a 3 Kings Craft and fellowship.



**Take
Note!**

CONFIRMATION YEAR 1 FORMATION NIGHT: The third Formation Night for students in Grade 7 will be held on Thursday, January 22, at 7pm in the church.

BAPTISMS: RE Baptisms will be held on Saturday, January 24, at 10am in the church. Regular Saturday morning Mass is at 9am, so please arrive around 9:45am, after the Mass.

R.E.: JANUARY 2026						
SUN	MON	TUE	WED	THU	FRI	SAT
4 Epiphany 	5 RE: 4:45-6; 6:30-7:45 Parents Invited	6 RE: 4:45-6; 6-7:15 HCA; 6:30-7:45	7 RE: 6:30-7:45	1 Sol of Mary (HDO) 	2	3 Young Family Epiphany Party 9:30-11:30
11	12 RE: 4:45-6; 6:30-7:45 OCIT Parent Mtg 6:30	13 RE: 4:45-6; 6-7:15 HCA; 6:30-7:45	14 RE: 6:30-7:45	15	16	17 SPRED 10-12
18	19 NO RE (MLK DAY)	20 NO RE Catechist Mtg 5:30	21 NO RE	22 Conf Yr 1 Form Night #3 7:00	23	24 RE Baptisms 10am
25	26 RE: 4:45-6; 6:30-7:45	27 RE: 4:45-6; 6-7:15 HCA; 6:30-7:45	28 RE: 6:30-7:45	29	30	31 SPRED 10-12

our parish youth ministry

HIGH SCHOOL RETREAT

When: Friday, February 13 through Sunday, February 15

Where: Toano, Virginia

Who: 9th - 12th grade students

Cost: \$60 (covers transportation, food, and lodging)

Our high schoolers are invited to join us as we spend a beautiful weekend away with the Lord! Teens get to encounter Jesus through relational ministry with one another, Mass and the sacraments, profound talks, music, games, and intimate small group discussions - all without the stress and distractions of everyday life! This is an event you don't want to miss!

Contact Tatiana Beltran at tbeltran@stmaryfred.org for a permission slip, or pick one up in the parish office. Space is limited, so turn in your slip today!



our parish

happenings



The Holy Cross Academy PTO is seeking donations for our Spring Auction Fundraiser, which will be held on the evening of April 25th at Holy Cross Academy. If you are in a position to donate or facilitate the donation of the following items, please email HCAPTO@holycrossweb.org

- Vacation packages or unique travel experiences
- Vacation Home Use
- Weekend Getaway to local resorts/destinations
- Unique experiences such as cooking classes, bourbon or wine tasting, dance lessons, etc.
- Signed memorabilia from popular professional or college athletes or celebrities
- Tickets to professional or college sport games, concerts, performance/shows
- Professional Athlete experience
- Full Day Spa package
- Premier Golf Course package
- Exclusive Dining Experiences
- Art work or pieces from local artists
- Luxury items, such as designer handbags or watches
- Professional Photography sessions
- Other professional services and goods

All adult parishioners are welcomed to attend this special evening! Please email HCAPTO@holycrossweb.org for more information.



our parish

happenings

St Mary's Singles Group

An open invitation to everyone single and 40 years of age or older for monthly group social gatherings like dinners, movies, plays, works of charity, prayers, Mass and other church events. Contact Eileen at emw5348@gmail.com to get on the email newsletter list.

There is a gathering each month at the Wegmans upstairs meeting space at 10 am to plan activities.

Ushers Needed

St. Mary is in need of Ushers to help serve at ALL MASSES. What a great New Year's resolution to assist your brothers and sisters in this generous way! Contact Tom Fish TODAY at headusher@stmaryfred.org.



Parish Family in Need | House Fire!

We are assisting a sweet family in need of items for their temporary rental home, as they lost all belongings in a house fire before Christmas. They have limited space and have requested support with the items listed here. Larger furnishings (couch/tables/beds etc.) will be needed once they move into permanent housing. Their rental unit comes with some furniture.



Please bring donations to the St. Mary Parish Office ASAP! Thank you!

Questions, please reach out to Elena at edoyle@stmaryfred.org

For the list of items and to sign-up please visit:

<https://bit.ly/4qgWXTZ>

St. Mary Food Pantry

St. Mary's has a small Food Pantry located within our parish office. It is open to ANYONE seeking food M-F 8:30am-9:00pm and Sat. 9am-1pm. We reorganized and made changes to how we feed our neighbors. We no longer accept miscellaneous food donations, but instead give bags of specific food items that will feed with dignity, those seeking assistance. When our supply is low, we alert our parishioners. Well, it's that time again. If you would like to contribute, please pick up a special ST. MARY FOOD PANTRY BLUE BAG in the back of the church (in the pull-out cabinet located across from the women's restroom). Please purchase ALL ITEMS listed on the stapled list and return the bag, at your convenience, to the parish office. Thank you and may God bless you!

List of Items:

Box of cereal
Spaghetti sauce & pasta
2 cans of tuna or chicken
2 cans of HEARTY Soup
2 cans of ravioli
2 cans of fruit

2 cans of veggies
2 boxes of mac and cheese
1 lb bag of white rice
2 cans of black beans
1 jar peanut butter
1 jar jelly



our parish happenings

Gardening Angel to Visit CCW

Please join your St. Mary Council of Catholic Women on Tuesday, January 20 at 10am in the Parish Life Center main hall. Our special guest will be Arlene Wilkinson, who will speak about the parish gardening ministry. Ever wonder who keeps the grounds beautiful, how they manage to do it all, and just how long this magic has been going on? Arlene can tell you! We will offer refreshments and have a \$\$ 50/50 drawing and hold a brief business meeting after her talk. Please keep in touch through our website, stmaryccw.org, and visit our Facebook page at [facebook.com/StMaryCCW](https://www.facebook.com/StMaryCCW). If you're not already signed up for monthly Newsletters and occasional prayer requests, email StMaryCCW@aol.com. Happy 2026!

PILGRIM VIRGIN STATUE & HOME ENTHRONEMENT

Host the Pilgrim Virgin Statue today!

The Pilgrim Virgin Statue of Our Lady of Fatima is available to visit your home! This is a wonderful opportunity to invite the Blessed Mother's presence into your family's daily life, offering a special time for prayer, reflection, and devotion.



A Home Enthronement is a beautiful and solemn ceremony wherein a family consecrates their dwelling to the Sacred Heart of Jesus and the Immaculate Heart of Mary, inviting divine grace to reign over their home.

We encourage you to consider these beautiful spiritual experiences for your household.

If your family would like to host the Pilgrim Virgin Statue, please contact Mary Lou Felts at (571) 723-3333 or maryloufelts@gmail.com.



~ Help Support the Snack Bag Program ~ Hugh Mercer Students

Providing snack bags for the children at Hugh Mercer in need of snacks/food on the weekends. St. Mary's to provide snacks on the 4th Friday of every month.

DONATIONS NEEDED FOR JANUARY

Sign-up to drop off food items by visiting: <https://bit.ly/4saxGfE>

Make a donation to St. Mary Church – include “Outreach-Snack Bags” on the memo line. For JANUARY we ask that all donations be dropped off NO LATER THAN MONDAY JANUARY 19th Please drop off food donations directly to the Parish Office.

Thank you in advance for your goodness! Questions, contact Elena Doyle edoyle@stmaryfred.org

happenings

Micah Cold Weather Shelters

The Micah Cold Weather Shelters (men's and women's) opened for the winter season on November 15 and will remain in operation until mid- to late-March. Teams of Saint Mary volunteers assist on Tuesday evenings by greeting and checking in clients, setting up sleeping areas, and providing hospitality for our neighbors that utilize the facilities. Each participating church is asked to bring items such as white socks, thermal underwear, men's boxer briefs, women's underwear and t-shirts. Please consider how you might be able to support this need. All donations are gratefully accepted at our Parish Office. For more ways to donate, visit Micah's website at: micahfredericksburg.org/give-help/donate-items/

Although it is a good thing that the temporary shelter is available during the harsh winter months, it highlights the continuing need for sustainable housing and support mechanisms in our community. For more information about community efforts to help the homeless, please visit Micah Ecumenical Ministries, micahfredericksburg.org or The Brisben Center, brisbencenter.org

MARCH FOR LIFE Friday, January 23, 2026 Life: Why We March!

“Life: Why We March” encourages pro-life advocates to draw renewed energy for this challenging moment in the movement by reflecting on the basic truth that inspires the pro-life cause: every human life – including the unborn and their mothers – is beautiful, has unique dignity, and is worthy of protection. “Life: Why We March” invites all Americans of goodwill to recognize and unite around this truth.

Pro-lifers from across the nation will gather at a Rally on the Mall in Washington, DC and proceed down Constitution Avenue toward the Supreme Court and the US Capitol. Participants are of all ages, from unborn babies to grandparents. It is especially thrilling and encouraging to note how many pro-life teenagers and young adults participate! This year's March will be held on Friday, January 23rd to commemorate the 53rd Anniversary of *Roe v. Wade*. Although *Roe v. Wade* has been overturned, there is still work to be done, and the March for Life will continue to take place every January until a culture of life is restored in the United States of America. Please plan to join your parish family in this peaceful protest against abortion.

St. Mary will have two buses for the March. There is no charge for transportation; however, participants are asked to bring diapers and/or baby items for Birthright.

The buses for the March will leave immediately following the 9am Mass at St. Mary and will return to St. Mary at approximately 5:30pm. Participants are advised to dress warmly, wear comfortable shoes and pack a light lunch. Please call the Parish Office to sign up for a seat on the bus.

our parish happenings

Christmas Flowers

In Memory of...

Anna Green
Bill & Theresa Morton
Billy Green
Boerner Family
Charles & Thelma Avter
Donn C Hart, Jr.
Frederick Winiesdorffer
Gene & Irene Lajoie
Howard & Mary Bonham
Izzo Family
Jack Riley
Janet Lindgen
Jim Matarese
Joe Hart
John & Evelyn Collins
Johna Teeple
Joseph Winiesdorffer
Josphine Lesweski
Len Uller
Logan River Priester
Louis Y Genuario
Matarese Family Living and Deceased
Members of Andrews & Fuller Families
Members of the Schmidt & Holland Families
Mildred Downey
Mr & Mrs Fred Gasper
Mr & Mrs Walter Weir
Mr & Mrs William Marlow
Mr. & Mrs. Ernest Renfro
Mr. & Mrs. Stephen J Stofko
Patrick Leo Petro, Sr.
Robert J Sullivan
Robert Ricardi
Rose G Genuario
Roy Lindgren
Ryan Epp
Sarah Kelly Sullivan
Skinner Family
Susan Elayne O'neill
Theresa Winiesdorffer
Timmy Waldroup
Traci Leigh Saylor
Unborn Babies
Walter Sowa
Will Green

In Honor of...

Fontenot Family Members
Laverne Riley
Miss Marilyn Marlow
Osterhold Family Members
Robert T. Childress, Jr.
The Chrstofferson Family
The Epp Family

KNIGHTS OF COLUMBUS #4043 PRESENTS

St. Valentine's

DINNER/SOCIAL



PARISH LIFE CENTER

••• FEBRUARY 7 | 5:30-8:30PM •••

CASH BAR (BEER & WINE)

Must be 21 years of age or older to purchase or consume alcohol. All alcohol must be consumed on premises.

MENU

Herb Roasted Chicken, Roasted Potatoes, Glazed Carrots, Garden Salad, and Desserts

All proceeds will be used to upgrade the PLC Kitchen

Adults/Teens - \$15

Seniors (60+) - \$12

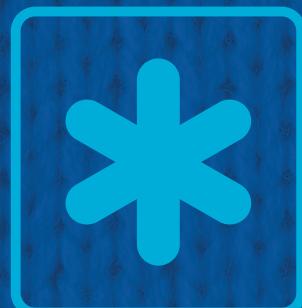
Children (7-12) - \$10

MAXIMUM PRICE PER FAMILY: \$40

our parish

happenings

february 28, 2026



Join TEAM ST. MARY and walk with us to support the good work of Micah Ecumenical Ministries, providing a sense of community and care for our homeless neighbors. Let's team up, fundraise and walk!

To register to walk in the event with St. Mary for either the 1 mile OR 5k, visit the link provided and register. If you are unable to attend but want to support our efforts, click the link and donate to Team St. Mary.

The walk takes place in Fredericksburg, beginning at Riverfront Park. All details for the event are found on the link. Once registered, we will follow up with more details! Any questions, please reach out to Elena at edoyle@stmaryfred.org

Gather for good...because its cold out there!
<https://bit.ly/4qmsmof>

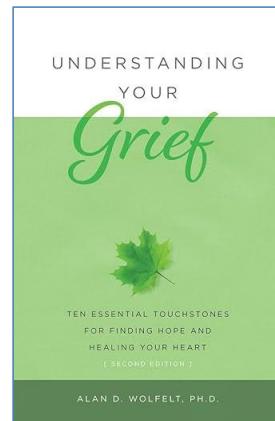


our parish happenings

Understanding Your Grief – Book Study

This book study offers those who are coping with the loss of a loved one:

- Information about the grief process.
- Education on ways to cope with grief.
- Support for sharing grief and memories.
- Opportunities to be with others grieving the death of a loved one.



Understanding Your Grief

Wednesdays from 6 pm – 7 pm

Beginning January 21st

Meeting location at MWHC

This 11-week book study will meet weekly and is open to anyone who has experienced the death of a loved one.

Pre-registration is required.

For questions or to register please contact:

Mary Beaven, LCSW

Mary.Beaven@mwhc.com

540-205-0502

There is no fee to participate, however for this book study you must purchase a copy of "Understanding Your Grief" by Dr. Alan Wolfelt and accompanying journal.



Mary Washington

Grief Support Services

GriefSupport.mwhc.com

noticias en español

Invita a Jesús y María a ser el centro de tu hogar.



¡Participa en la Entronización con la Legión de María!

La entronización del Sagrado Corazón es un acto de consagración en el que una familia coloca una imagen de Jesús y María en un lugar de honor de su hogar.

Propósito: Reconocer a Jesús como el centro y Rey de la familia para atraer su amor, paz y bendiciones.

Origen: Se basa en las promesas de Jesús a Santa Margarita María Alacoque.

Proceso: Incluye preparación espiritual, oración y la bendición del hogar.

Meta: Que los valores cristianos guíen la vida diaria y se extiendan de la familia hacia toda la sociedad.



Comunícate con nosotros:
SAMUEL MEZA

571-723-3807



The Experience is for Priests & Religious Too!

Are you seeking ways to reconnect and grow with your parish family or religious community? Our tools can help! Rediscover the JOY in your priesthood or religious life!

Worldwide Marriage Encounter is here for you!

Are you looking to strengthen and enrich your marriage?

Consider a Worldwide Marriage Encounter Experience!

**February 13-15, 2026
in Waynesboro, Virginia**

**March 6-8, 2026
In Hampton, Virginia**

Here is what husbands and wives will learn:

- A powerful method to communicate from the heart and grow intimacy and connection
- 5 Tools for keeping your relationship a priority
- Discernment for what your marriage needs most
- How to value the precious gift that is your beloved, your spouse

After your experience, you have access to the ongoing support of a local marriage encounter community!

To apply online go to:
www.wwme.org
or call 757-690-1369



operations given in love

Donations Received December 30 - January 5

Sunday Offertory	\$39,159.00
Christmas Offering	\$5,540.00
Solemnity of Mary	\$13,114.00
First Offering - Envelope Offset	\$4,566.00
Arlington Catholic Herald	\$1,369.00
Debt Reduction	\$430.00
Poor Box St. Vincent de Paul	\$1,023.00

ParishSoft Giving Donations - December 2025

Sunday Offertory	\$114,110.18
Christmas Offering	\$9,083.00
Immaculate Conception	\$3,511.00
Catholic Charities	\$4,699.00
Parish Christmas Charities	\$5,425.00
Debt Reduction	\$8,408.35

Thank you for your generosity!

Church in Latin America Collection - Next Week

Next week we will take up the Collection for the Church in Latin America. For many in Latin America and the Caribbean, a rising secular culture, difficult rural terrain, and a shortage of ministers all present obstacles to practicing the faith. Your support for the collection provides lay leadership training, catechesis, priestly and religious formation, and other programs to share our Catholic faith with those who long to hear the Good News of Christ. To learn more about how your gifts make a difference, visit usccb.org/latin-america.

La próxima semana realizaremos la Colecta para la Iglesia en América Latina. Para muchos en América Latina y el Caribe, una creciente cultura secular, terrenos rurales difíciles y una escasez de ministros todos son obstáculos para practicar la fe. Su apoyo a la colecta proporciona capacitación para el liderazgo laico, la catequesis, la formación para sacerdotes y religiosos y otros programas para compartir nuestra fe católica con aquellos que anhelan escuchar la Buena Nueva de Cristo. Para informarse más sobre cómo sus donativos hacen una diferencia, visiten usccb.org/latin-america.

First Offering Contributions to Help Offset Cost of Collection Envelopes

Each year in January the envelope packet always includes an envelope marked "First Offering" with a suggested donation of \$15.00. This is not a regular collection, but merely a request for a free-will offering to help offset the cost of the printing and bimonthly mailing of collection envelopes to more than 5,000 parish families. From July 2024 to June 2025, the parish's cost for the offering envelopes was \$30,961.19. First Offering donations received for the same period totaled \$5,185.00. Your generosity and support in helping to offset the cost of the envelopes is greatly appreciated.

Children's Charity - January

Camp Rainbow, sponsored by Mary Washington Healthcare Grief Support Services, is a day camp for children who are coping with the loss of a loved one. Camp Rainbow provides a path for child campers along their journey through grief and toward healing. Little Buddies (child participants) are paired with trained Big Buddies (adult volunteers) to explore their feelings through age-appropriate crafts, activities, discussions and one-on-one time. Expressive therapies such as art, music and dance are used to assist children with their grief and are balanced with traditional camp activities, like arts and crafts, kayaking, and singing by the fire. *Children's Offertory Envelopes are available in the Religious Education Office and are a wonderful way for children to learn about helping those in need. All proceeds from these envelopes go to a different children's charity each month.*

Pro Life Reflection

"Even with the overturning of Roe v. Wade in June 2022, a decision that returns the abortion issue to the electorate, many states continue not to recognize children in their mothers' wombs as persons warranting protection under the law. Federal laws in our country fail to protect the lives of unborn children, and many political leaders at the state and federal level, work actively to increase access to abortion. Some falsely describe it as health care and even as a basic human right." (USCCB Secretariat of Pro-Life Activities, "Priorities at the Polls")

9 Days for Life - January 16 - 24, 2026

9 Days for Life is a novena for the protection of human life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life. Participants can receive the novena by subscribing to daily emails or text messages. (A printable version is also available online.) Download or sign up for the novena at 9daysforlife.com.

liturgy

daily bread

Saint Mary Prayer List - January

Please pray for those who are sick or in need, especially: Chris Breth, Drew LoRusso, Eric Williams, Gregory Ruth, Harvey Goldstein, Jack Smith, Jacob R. Moser, Jason Stoker, JoAnne O'Brien, Joe Sullivan, Joseph Krieg, Keith Richardson, Laverne Ruth, Mary Jones, Margaret Murphy, Mary Ann Gragan, Maryann Carroll, Michael Fedowitz III, Preston Jones, Shirley Bozicevic, Sue Moorefield, Theresa & Keith Kovalefsky, Veronica Renner, Virginia Frescas

Please pray for all the men and women in our military and civilian support services overseas, especially:

Joseph Gardner, Glenn Dickinson, Paul Fischer, Jamal Williams, Lance Schulte, Brian Hellman, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland, Andrew Doyle, Olav Brooks, Gabriel Sanger, Josh Lawson, David Brown, Annah Brown, Joshua Brown, Diego Esparza, Brian Inguanti, LCDR Jason King

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email stmary@stmaryfred.org or call the office at **540-373-6491**.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Did you know.... Our parishioners gather every Wednesday at 3pm – The Hour of Great Mercy – to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"



Advertising in the Bulletin

Are you curious as to how you can effectively promote your local business and at the same time support our parish? Advertising in our bulletin is an opportunity to get recognition 52 weeks a year. We typically distribute nearly 2,000 bulletins each week. Our advertising sponsors allow us to offer our bulletin at no expense to the parish. We are truly grateful to all who support us in this way. To advertise, contact Lisa Sparkman at lsparkman@diocesan.com or 717-507-3766. She is happy to answer all of your questions and assist you in getting started.

Daily Mass Intentions

January

19 MONDAY

6:30am Nancy Taubert+
9:00am Maria Marta Santa Cruz+
1 Sm 15:16-23/Mk 2:18-22

20 TUESDAY

6:30am Family DiMarcantonio
9:00am Ribka Sri Pangastutie and Yohanes Yunus Achmed+
1 Sm 16:1-13/Mk 2:23-28

21 WEDNESDAY

6:30am David Frasher+
8:15am* James Smith+
9:00am Anthony Khang Nguyen+
1 Sm 17:32-33, 37, 40-51/Mk 3:1-6

22 THURSDAY

6:30am Kaylee Engbert
9:00am Stephen Inguanti, Jr.+
1 Sm 18:6-9; 19:1-7/Mk 3:7-12

23 FRIDAY

6:30am Jesus Hernandez
9:00am Kenneth Michaelawski+
1 Sm 24:3-21/Mk 3:13-19

24 SATURDAY

9:00am Aibhilinn Horne
5:00pm Carl Haub+
7:00pm Emilie Lis+
2 Sm 1:1-4, 11-12, 19, 23-27/Mk 3:20-21

25 SUNDAY

7:00am Lee Fleming+
8:30am Richard A. Fontenott+
8:30am* Rachel O'Neil
10:30am For Our Parish
10:30am* Filomena Gentile+
12:30pm Our Military Living and Deceased
2:30pm Luis Uvidia Castillo+
5:00pm Anthony Khang Nguyen+
7:00pm Phillip Atkins+
Is 8:23—9:3/1 Cor 1:10-13, 17/Mt 4:12-23

* Indicates Mass at Holy Cross Academy.