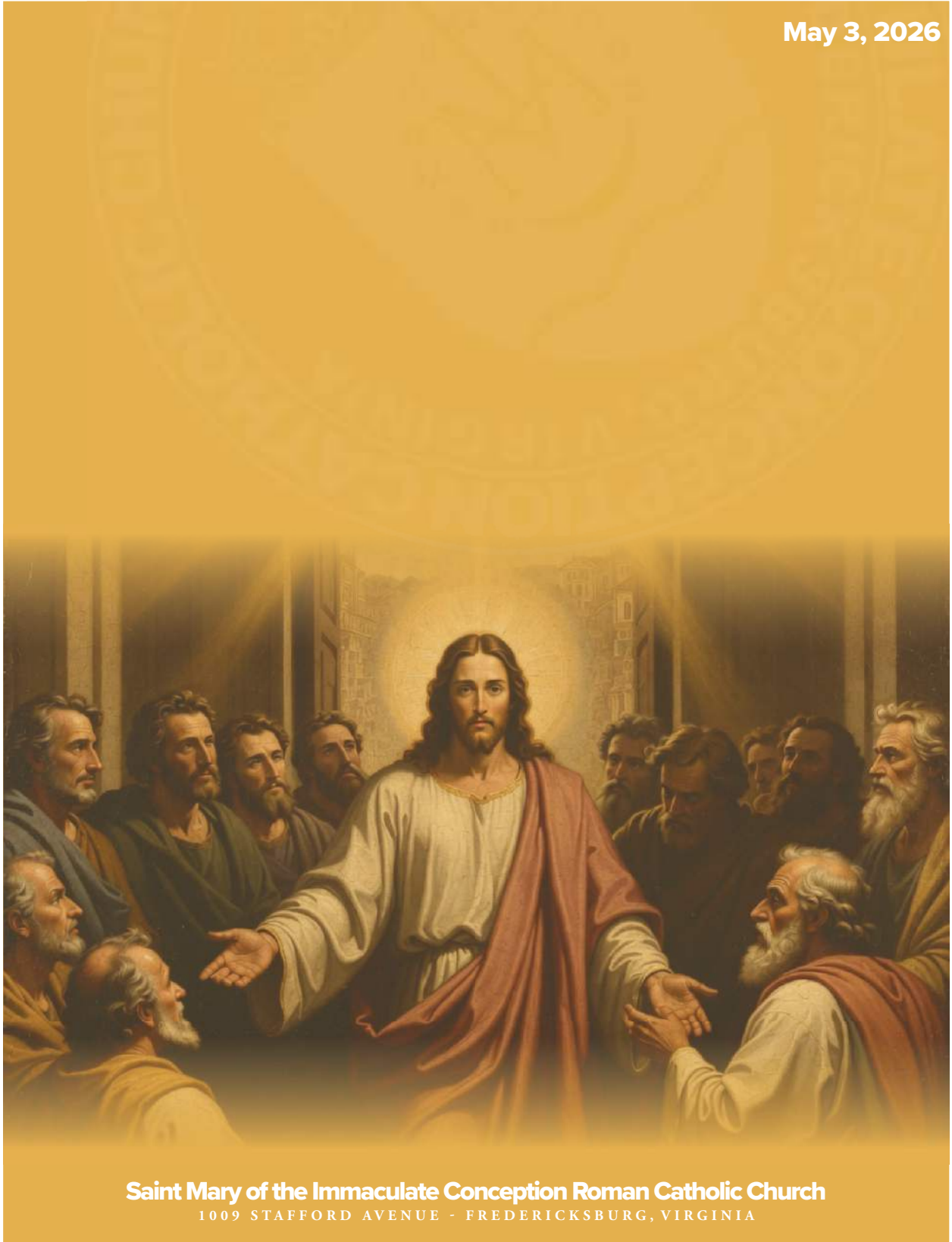


# FIFTH SUNDAY OF EASTER

May 3, 2026



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# capital campaign

## grow our legacy in faith

**Financial Update:** It is with a spirit of joy and thanksgiving that we provide this update on our Capital Campaign. Your faithful stewardship is the foundation upon which we are “Growing Our Legacy of Faith.”

Pledged \$7,381,480.56. Collected \$5,348,345.27 (73%). Remaining \$2,021,042.29.

Percentage of Pledges Paid: 42%. We thank these donors for their complete commitment.

We are currently outpacing the Diocesan forecast at 115.6%. With three months left in the Fiscal Year, your steadfast generosity continues to exceed all expectations. Thank you for your goodness! These remaining funds are vital as we continue to fulfill the capital campaign's critical priorities and physical needs of our parish.

With the reminder that nothing is impossible for God, we look back in gratitude for everything achieved since our journey began, while keeping our eyes on the work yet to be finished.

### **Phase 1: HCA Expansion - Debt Reduction (100% Complete):**

- HCA Expansion: Groundbreaking on April 20, 2024 and Dedication by Bishop Burbidge on September 11, 2025. 12,285 square feet of space was added, including five new classrooms, a kitchen expansion, and a new cafeteria with lots of natural light. And of course, a bigger and better playground, thoroughly enjoyed by the students!
- Pre-School Move: In August of 2025, we moved our preschoolers from the PLC to two new classrooms at HCA.
- St Helena Chapel: A peaceful place of prayer in the center of our school.
- Parish Debt Elimination: We paid off the parish debt of \$1 million.

### **Phase 2 Parish Campus Priorities: (75% Complete)**

- Special Permitting for Parish Property: Four new sidewalks were added to the Parish Campus to meet compliance standards, facilitating permanent occupancy of the St. Joseph House.
- PLC Upgrades: New kitchen appliances, stoves, cook tops, and dishwashers were installed. A new roof above the kitchen was added.
- St Nicholas' House Renovation: Is now used by many ministries for meetings. Washington Commanders and NE Patriots colors adorn the walls!
- Enlarged Sanctuary Space: Expanded seating capacity for the altar servers and celebrants.
- Adoration Chapel - Construction of the chapel is complete. The altar, baptismal font, and tabernacle have arrived! Due to the size of the altar and limited space, we are awaiting the delivery and installation of the Adoring Angel Stained Glass Window, which is expected in June. We will then assemble the Altar and share a formal status update regarding the opening. Design work continues for the stained glass windows.

### **Phase 3: Rectory & Additional Scope (Design/Approval Stage)**

- Rectory Renovation: Design and Budget for the Rectory have been completed. They will be presented to the Diocesan building committee for approval. Design plans will be shared once the Diocese approves them.
- Additional Parish Scope: As Father Mosimann shared in his March 1st note, we have completed the design and budgeting phases for our additional parish scope. We are now preparing to present these plans to the Diocesan Building Committee. We look forward to sharing the designs with you as soon as they are approved.

# from our pastor

Dear Folks,

First Communions started this weekend, which begins three weekends with sacraments of initiation in abundance! We will celebrate six Masses with First Communions, and three Masses with Confirmations! Never a dull moment at St. Mary of the Immaculate Conception. It so often seems like Easter comes, then sacraments, graduation, wedding season, back to school and it is Christmas again!! Ok, that's a little exaggerated, but it doesn't slow down around here!

Maybe we could slow down and say 3 prayers of thanksgiving:

1. For your Godparents and Confirmation Sponsors — who helped you along your faith journey.
2. For someone who has helped you to grow in faith — who has said a kind word, given you a book, answered your questions, or just helped you to really know the love of God.
3. For your parents — most likely the faith was given to you through your parents! And next week is Mother's Day, so you better be ready!

Speaking of Mother's Day, we will also have our May Crownings at all Masses next weekend. (See the note in the bulletin with all the details).

At its heart, it is a simple act of love for our heavenly mother. Next week we will honor our mothers with flowers or breakfast in bed or even doing the dishes without complaining! Does any mother refuse such

acts of tenderness? Once, I gave my mother eight very small flowers that I brought back from a pilgrimage to a Marian Shrine. One flower for each of her eight children. She always kept those eight flowers framed with a holy picture.

But imagine if you gave mom flowers by just tossing them at her feet and then went about your business as if it were just another day. An external act, if it is not also internalized, is meaningless. So much of our Catholic way of liturgy finds itself at this nexus. The external is not itself the meaning, but it gives expression to and forms the internal. Show me how you pray, and I will show you how you believe.

When we lay flowers at the feet of Our Lady next weekend, may it be an external manifestation of the many more acts of love we place in her hands for her to give to Jesus.

Pax,



Very Reverend John P. Mosimann, V.F.  
Pastor

# announcements



**St. Mary Coffee &  
Donut Shop**

Following ALL Morning Masses

Come and enjoy some fellowship!

**USHERS NEEDED**

Ushers Needed at Sunday Masses at Holy Cross Academy. Contact Tom Fish TODAY at [headusher@stmaryfred.org](mailto:headusher@stmaryfred.org).

# contact us

# stmaryfred.org

## SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

## DAILY MASS

Monday - Friday 6:30am and 9am  
Monday, Wednesday & Friday - 12 noon  
Saturday 9am  
Holy Days of Obligation, as announced

## DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Novus Ordo (Latin Mass)  
First Saturday 8:00am – Fatima Prayers & Rosary  
followed by 9am Mass

## CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

## PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday 8:30am - 9pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor  
Reverend Tim Courtney, Parochial Vicar  
Reverend Kevin Dansereau, Parochial Vicar  
Reverend Joseph Connor, Parochial Vicar  
Deacon Alberto Bernaola

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Lori Barlow & Gio Camacho

## MUSIC

Joseph Ciskanik  
Director of Music, [musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)  
Assistant, Music Ministry, Emily D'Isidoro

## HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

## HOLY CROSS ACADEMY PRESCHOOL

Director, Allison Gardner  
540-286-1600

## RELIGIOUS EDUCATION

Director, Dr. Katherine Evans  
Associate Director, Amy MacKinnon  
Administrative Assistant, Sonia Spencer

## YOUTH MINISTRY

Director, Tatiana Beltran

## ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans  
[kevans@stmaryfred.org](mailto:kevans@stmaryfred.org)

## OUTREACH

Director, Elena Doyle

## BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at  
least four weeks in advance.

## MARRIAGE

Parish registration required; contact the parish six months  
in advance to begin preparation or Margaret Bereit  
[margaret@stmaryfred.org](mailto:margaret@stmaryfred.org)

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401

# holy cross academy

## Serving Catholic Education

Since 1998, Holy Cross Academy has served the Fredericksburg community with a vibrant, authentically Catholic education rooted in strong academics and a deep commitment to spiritual formation. We believe every child is a unique gift from God, and our approach nurtures the whole person—mind, body, and spirit. Students are encouraged to be their true, God-given selves in a community where faith is lived daily and woven into every subject, activity, and interaction.

Our rigorous academic program prepares students to excel in high school and beyond, while also shaping them into young people of integrity, compassion, and leadership. Graduates leave Holy Cross Academy not only ready for academic success but also ready to serve others and make a meaningful impact in the world.

Beyond the classroom, Holy Cross Academy is a place where friendships flourish and last a lifetime. Students build strong bonds rooted in shared values, joyful experiences, and a deep sense of belonging. These relationships become a source of strength and happiness long after their years at HCA.

Thanks to the generosity of our parishioners, families, and friends, we are thrilled to announce the completion of a major campus expansion, designed to enrich every student's learning experience with:

- A beautiful new chapel for prayer, reflection, and worship
- A spacious cafeteria that fosters community and nourishment
- Expanded Preschool classrooms to welcome and support our youngest learners
- A state-of-the-art STEM lab to spark innovation, creativity, and discovery
- A brand-new middle school wing that encourages growth, leadership, and independence

These enhancements reflect our unwavering commitment to providing an exceptional Catholic education in a setting where students can grow academically, spiritually, and socially.

We currently have openings in PreK 3-year-old (half day) **through 8th grade**, and we warmly invite you to experience the joy, warmth, and excellence of Holy Cross Academy.

**Schedule a tour today at [holycrossweb.com](http://holycrossweb.com) or call 540-286-1600.**

**Come see how we build faith, knowledge, character, and lifelong friendships—and why so many families call HCA home.**



*A National  
Blue Ribbon  
School of  
Excellence*



# education

# religious education



## 2026-2027 R.E. REGISTRATION IS OPEN!

RE students have received registration forms from their catechists to sign-up for RE classes next year. Online registration is also available:

### ENGLISH:



<https://tinyurl.com/3atjhr22>

### SPANISH:



<https://tinyurl.com/mhtcjf2x>

Home-Taught and Homeschooled RE registration forms are coming soon!

## CONFIRMATION REHEARSALS THIS WEEK!

**Monday, 5/4 at 6pm:** Confirmation rehearsal for 8th graders who attend RE classes on Wednesdays at 6:30pm and homeschooled/home-taught RE students. Also HCA daytime students and Summit Academy students.

**Monday, 5/4 at 7pm:** Confirmation rehearsal for OCIT students.

**Tuesday, 5/4 at 6pm:** Confirmation rehearsal for 8th graders who attend RE on Mondays and Tuesdays at 4:45pm, Tuesdays at 6pm (at HCA), and Tuesdays at 6:30pm.

## FIRST COMMUNION MASSES THIS SATURDAY!

**Saturday, 5/9, at 10:30am:** First Communion Mass #3 for 2nd graders who attend RE classes on Monday and Tuesday 4:45pm and Tuesday at 6pm (at HCA). Assemble with teachers in the PLC by 9:30am.

**Saturday, 5/9, at 1:00pm:** First Communion Mass #4 for 2nd graders enrolled in Tuesday and Wednesday 6:30pm RE classes and homeschooled and home-taught RE students. Assemble with catechists in the PLC by 12:00 noon.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<i>FINAL WEEK OF R.E.</i>				1	2 FHC #1: 10:30am #2: 1pm
3	4 RE 4:45, 6:30 Conf Rehearsals 6 & 7 pm (OCIT)	5 RE 4:45, 6, 6:30 Conf Rehearsal 6 pm	6 RE 6:30	7	8	9 FHC #3: 10:30am #4: 1pm
10 Mother's Day	11	12 Catechist Appreciation Dinner 6pm	13	14	15 OCIT Confirmation 7pm	16 Grade 8 Confirmations 10am & 1:30pm

# our parish happenings

## ANNOUNCEMENTS

**Wednesday May 6th** | No midday confessions due to Diocesan Priest Convocation.

**Saturday, May 16th** | 8am Confessions and 9am Mass will be held at Holy Cross Academy due to Confirmation Mass.

**May 9-10th** | We will be crowning our Blessed Mother. Please bring flowers from your garden and join the procession before all Masses! All are welcome!



### Mother's Day Novena

Mother's Day Novena cards are located in the narthex of the Church while supplies last. Consider honoring your mother with a beautiful Spiritual Bouquet

*What does this mean? Fill out the outside envelope with your mother's name (could also be a sister, aunt, grandmother, daughter etc) living or deceased along with an offering and drop it by the parish office. The card with the beautiful image of Our Lady, goes to the recipient. She will be included in our Mother's Day Novena and remembered at all Masses beginning Mother's Day and every morning thereafter for nine days. Best gift EVER!*

## Faith & Science

FROM WONDER TO HUMAN GENIUS

**August 8, 2026**

Conference with Optional 3-Day VIP Experience

Christendom College invites you to a weekend of intellectual renewal, where leading Catholic thinkers will explore the profound harmony between faith and science. Together, we'll contemplate the wonder of creation and consider how human genius, rightly ordered, can serve truth, culture, and the dignity of the human person.

**CHRISTENDOM  
COLLEGE**

View speaker bios and ticket info at  
[conference.christendom.edu](https://conference.christendom.edu)  
or scan the QR code to register.



# our parish happenings

## Outreach Need

Parishioner in need of vehicle. We have a parishioner who is currently in need of transportation to get to work. If you have a vehicle to donate in working condition, please reach out to Elena at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org) or call the parish office 540-373-6491.

## Author Andrew Bodoh to Address CCW

On Tuesday, May 19 at 10:00 a.m. in the Parish Life Center main hall, the St. Mary Council of Catholic Women will welcome parishioner Andrew T. Bodoh as guest speaker. Andrew is the author of *Love Fiercely: Lessons from the Dad of a Special Needs Daughter*, a book acclaimed for its prayerful insight. "By embracing his family's vulnerability, Andrew shows the joy of suffering for another, and the painful courage inherent in love." An autographed copy of *Love Fiercely* will be raffled, and Andrew will have other copies for sale. We will also have our usual 50/50 \$\$ drawing, refreshments, and a business meeting at which we will elect officers for the coming activity year. Please make time to join us! Everyone is welcome. Learn more about your CCW at [stmaryccw.org](http://stmaryccw.org); like us on Facebook at [fb.com/StMaryCCW](https://fb.com/StMaryCCW) and sign up for our newsletter at [StMaryCCWNews@aol.com](mailto:StMaryCCWNews@aol.com).

## Annual Yard Sale

It's back again!! Once again CCW is sponsoring a yard sale in the Parish Life Center, on Saturday, July 18, with drop off of items on the Wednesday, Thursday and Friday before. We accept most everything but clothes, shoes and encyclopedias, so start gathering your donations!! More information will follow as to times for drop-off; but mark July 18 now to come and shop! No donations will be accepted the day of the sale.

## JOIN US FOR OUR Mother's Day Breakfast & Mimosas

SUNDAY, MAY 10

8AM-12PM

PARISH LIFE CENTER

The Knights of Columbus Council 4034 will be hosting a Mother's Day Breakfast and Mimosa's with Mom in the Parish Life Center.

We will also be holding a Baby Bottle Campaign and will collect items for Mary's Shelter. Please bring any donations (diapers, formula, wipes, etc.) to the PLC during the breakfast.

The breakfast is open to the public. Donations appreciated.

Please join us and treat your Mom this Mother's Day!



# our parish youth ministry

GRADUATING HIGH SCHOOL SENIORS  
ARE INVITED TO...

## COLLEGE NIGHTS

Kick off college with faith, friendships, and meaningful connections! Meet fellow Catholics from your college (and beyond) before the semester begins. All events begin at 7PM. Pizza dinner included!

- JUNE 30** Holy Spirit, Annandale
- JULY 9** St. Theresa, Ashburn
- JULY 14** Holy Trinity, Gainesville
- JULY 21** Basilica of St. Mary, Alexandria
- JULY 28** St. Mary of the Immaculate Conception, Fredericksburg



Recruit 5 friends and receive a \$50 gift card!



ASSOCIATES of  
**SAINT JOHN**  
— BOSCO —

To register for FREE,  
visit [ASJB.org](http://ASJB.org) or scan the  
QR code:



## Scholarship Opportunity!



ASSOCIATES of  
**SAINT JOHN**  
— BOSCO —

The Associates of St. John Bosco offers up to 5 scholarships for rising and current college students from the Arlington Diocese who seek to serve the Church after college.

- One scholarship (the *Vincent T. Vaccaro Education Scholarship*) in the amount of \$10,000 for a student who will be engaged in education or work with young adults.
- Four general scholarships in the amount of \$7,500 each.



APPLY TODAY!



Deadline: May 18, 2026

# our parish happenings

## Brisben Center Support

We are thrilled to be continuing our work at the Brisben Center in support of the children! St. Mary's hosts "The Kids Club" EVERY Wednesday from 4:30-5:30pm. Join us in crafting, playing games and having some outdoor fun as well as reading and giving some homework help to the children at the homeless center.

If you can encourage kids and like to have fun - this is the perfect ministry for you!

Looking for volunteers 18 years or older.

7th-8th graders students preparing for confirmation are welcome but must be accompanied by an adult.

**\*\*\*IMPORTANT\*\*\* If signing up family members to help - please sign-up each person individually who is coming. Space is limited for each session. Thank you!**

Any questions, please reach out to Sydney McDonald [sydjim92@msn.com](mailto:sydjim92@msn.com) or Elena Doyle at 540-373-6491. To sign-up scan or visit: <https://bit.ly/4bcgDE1>



## St. Mary's to Support School Dressing Days

School Dressing Days is an annual July event in the Fredericksburg, VA area that provides new school clothes, backpacks, toiletries, and school supplies to financially disadvantaged children. Serving families in Fredericksburg and surrounding counties, the program ensures students from Headstart through 12th grade, begin school with necessary supplies and apparel.

### Key Details About the Event:

- **What is Provided:** Each child receives a new outfit (jeans/joggers, shirt, socks, underwear), a backpack with supplies, toiletries, and an optional gently-used jacket/coat.
- **Target Audience:** Children living in the City of Fredericksburg and Caroline, King George, Spotsylvania, and Stafford counties.
- **Organization:** The program is organized by the Interfaith Community Council (St. Mary's is part of this Council) a group of local churches and organizations.
- **Where:** The event is hosted at The Church of Jesus Christ of Latter-day Saints on Bragg Road.
- **Registration:** If you know of a family in need or you would like to be registered to receive items, register at [interfaithcommunitycouncil.org](http://interfaithcommunitycouncil.org) (Registration June 27-July 11)
- **Sign up to volunteer:** Set-up July 23, Event July 24 and 25 [tinyurl.com/2026sddVolunteer](http://tinyurl.com/2026sddVolunteer)

This initiative, which has served the area for over 25 years, helps over 1,200 children annually, prepare for the new school year.

### How can you help?

St. Mary's is collecting new boys athletic pants/joggers and boxer briefs (underwear) in boys sizes M/L/XL NOW thru June 22. Please drop off your donations in the bin located in the PLC or the Parish Office. Thank you!

our parish  
happenings

## Home Enthronement of the Sacred Heart of Jesus and the Immaculate Heart of Mary: Bring Christ into Your Home

Invite peace, protection, and the presence of Christ into your home and into every aspect of your life

### What is the Enthronement of the Sacred Heart of Jesus and the Immaculate Heart of Mary?

It invites Christ to reign in our homes and hearts, guiding us to live holy lives under the protection of Our Blessed Mother.

### How to Participate

1. Register  
Scan the QR code or pick up a paper form at the Parish Office

2. Prepare  
Prepare your home and heart with three days of prayer

3. Attend the Mass & Ceremony on June 13.  
Please arrive between 8:00 and 8:45 AM to receive your materials before Mass

4. Support  
Suggested donation: \$10 per household (checks payable to the Parish, memo line: "Home Enthronement")

### Mass and Ceremony:

Saturday, June 13, 2026, at 9:00 AM.  
St. Mary's, Fredericksburg, VA.

Spots are limited!  
Register by May 16th.  
Scan to register



### Questions? Legion of Mary

Email: [donnaharring2@gmail.com](mailto:donnaharring2@gmail.com)  
Subject: Home Enthronement



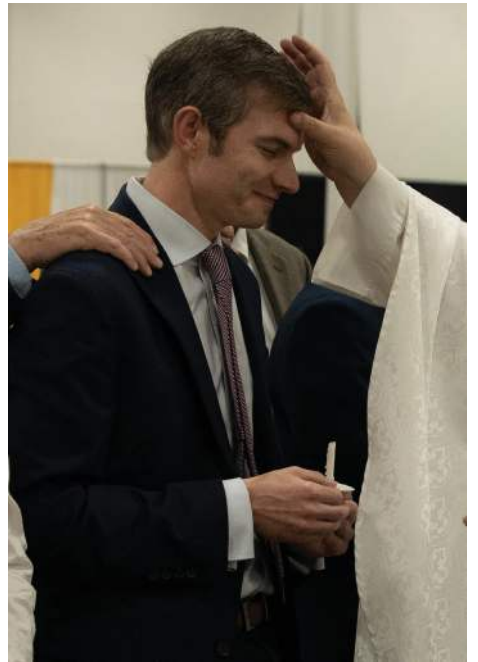
# Blessings Beyond Measure

# Easter Triduum



# Blessings Beyond Measure

# Easter Triduum



# vida parroquial

# noticias en español

## Entronización del Sagrado Corazón de Jesús y del Inmaculado Corazón de María en el hogar: Lleve a Cristo a su hogar

Invita a la paz, la protección y la presencia de Cristo a tu hogar y a cada aspecto de tu vida

### ¿Qué es la Entronización del Sagrado Corazón de Jesús y del Inmaculado Corazón de María?

Es una devoción que invita a Cristo a reinar en nuestros hogares y corazones, guiándonos a vivir vidas santas bajo la protección de Nuestra Santísima Madre.

### Cómo participar

1. Regístrese  
Escanee el código QR o solicite un formulario impreso en la Oficina Parroquial

2. Prepárese  
Prepare su hogar y su corazón con tres días de oración

3. Asista a la misa y a la ceremonia el 13 de junio. Por favor, llegue entre las 8:00 y las 8:45 a. m. para recibir sus materiales antes de la misa

4. Apoye  
Donación sugerida: \$10 por hogar (cheques a nombre de la Parroquia; en el memo: "Home Enthronement")

Misa y ceremonia:  
sábado, 13 de junio de 2026, a las 9:00 a. m.  
St. Mary's, Fredericksburg, VA.

¡Cupo limitado!  
Inscríbase antes del 16 de mayo  
Escanee aquí para registrarse



### Preguntas? Legión de María

Email:  
samuelmeza1230@gmail.com  
Asunto: Entronización



# vida parroquial

# noticias en español



SAINT MARY IMMACULATE CONCEPTION

## GRUPO DE ORACIÓN

### “TODO A JESÚS POR MARÍA”

#### ASAMBLEA DE HERMANOS

Viernes 7pm a 9pm  
Casa Juan Pablo II

#### CONTÁCTANOS

todoajesuspormaria25@gmail.com

AL FINAL: MI INMACULADO CORAZÓN TRIUNFARÁ

## ADORACIÓN EUCARÍSTICA

En honor a  
Nuestra Señora de Fátima



MARTES

12 de Mayo

07:00 p.m.



St. Mary  
of the  
Immaculate Conception

1009 Stafford Ave,  
Fredericksburg, VA 22401

Habrán confesiones

Centro Católico de Formación JSV

## Retiro de Emaus

contemplaremos

Ven a tener un  
encuentro con Jesús a  
través de la Palabra

*Nos ardía nuestro  
corazón mientras nos  
explicaba las escrituras.*

23-24 de Mayo 2026  
8 am - 5 pm  
Holy Cross Academy  
250 Stafford Lakes Pkwy.  
FXBG, VA 22406



ISV • Jesus Esta Vivo  
www.mjesestavivo.org



ST. MARY  
of the  
IMMACULATE  
CONCEPTION  
Roman Catholic Church

Regístrese en persona  
en la oficina con  
Giovanni o llame al  
(540) 373-6491

**\$50**

# operations given in love

## In Pew & Mail Donations Received

April 14 to April 20

Sunday Offertory	\$37,735.00
Parish Debt Reduction Fund	\$1,134.00
Catholic Home Missions	\$105.00
Easter Second Collection for Parish Development	
Maintenance	\$510.00
Good Friday Holy Land Collection	\$150.00
Poor Box for St. Vincent de Paul	\$610.00

*Thank you for your generosity!*

## Special Parish Needs Collection May 9 & 10

The Annual Special Parish Needs Collection is taken up every year for the continued development and maintenance needs of the Parish, as determined by the Pastor.

## Children's Charity - May

Children's Offertory Contributions for the month of May will be donated to the Children's and Teen's Programs of Empower House (formerly the Rappahannock Council on Domestic Violence). These programs provide ongoing support for children ages 5 to 12 affected by domestic violence and teens affected by dating violence and domestic violence.

## Pro Life Reflection

*"Blessed are you among women, and blessed is the fruit of your womb" (Lk 1:42). May is marked by the beautiful ceremony of the May crowning. We present to Mary, the mother of Life, bouquets of flowers that represent life. By doing this, we honor Mary for saying yes for the Life of God in her womb. Mary, we ask you today to intercede for all those who find it difficult to accept the gift of new life, whether within their own womb or in someone else. Help them say "Yes!"*

## Mother's Day Novena

The Holy Sacrifice of the Mass is the best way to remember your mother, living or deceased - or your grandmother, godmother or someone who is like a mother to you. Beginning May 11, Mothers' Day, a Novena of Masses will be offered for all your Mothers' Day intentions. Mothers' Day Cards and extra novena envelopes are available in the vestibule of the Church.

## Bishop's Lenten Appeal Reminder

To all those who have supported the Bishop's Lenten Appeal .... thank you! We are very, very grateful for your generosity which has helped us reach our goal. This is a reminder to make sure you send your BLA pledge payments directly to the Diocese, as submitting them to the Parish Office or through ParishSoft Giving will delay processing by the Diocese and updating your record with them by four to six weeks.

## Advertising in the Bulletin

Are you curious as to how you can effectively promote your local business and at the same time support our parish? Advertising in our bulletin is an opportunity to get recognition 52 weeks a year. We typically distribute 2,500 bulletins each week. Our advertising sponsors allow us to offer our bulletin at no expense to the parish. We are truly grateful to all who support us in this way. To advertise, contact Lisa Sparkman at [lsparkman@diocesan.com](mailto:lsparkman@diocesan.com) or 717-507-3766. She is happy to answer all of your questions and assist you in getting started.



# liturgy

# daily bread

## Saint Mary Prayer List - May

**Please pray for those who are sick or in need, especially:** Andy Gaeta, Carlos Enrique, Christopher Risetto, Drew LoRusso, Jack Smith, Jacob R. Moser,, Jason Stoker, Joe Debernard, Joseph Krieg, Justina McGuire, Logan Leslie, Margie Renner, Maryann Carroll, Michael Fedowitz III, Shirley Bozicevic, Sue Moorefield, Teresa Lopez, Theresa & Keith Kovalefsky, Xavier Ronan

**Please pray for all the men and women in our military and civilian support services, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, Jamal Williams, Lance Schulte, Brian Hellmann, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Matthew Sampson, Kenneth Linstrom, Lt. Gregory Odland, Andrew Doyle, Olav Brooks, Gabriel Sanger, Josh Lawson, David Brown, Annah Brown, Joshua Brown, Diego Esparza, Brian Inguanti, LCDR Jason King, John Paul Frasher, 1LT Justin Addis, Liam Crowley, Josh Martin

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email [stmary@stmaryfred.org](mailto:stmary@stmaryfred.org) or call the office at 540-373-6491.

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Did you know.... Our parishioners gather every Wednesday at 3pm – The Hour of Great Mercy - to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"



## Mass Intentions

*Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

## Daily Mass Intentions

### May

#### 4 MONDAY

6:30am Dilma Vasquez+  
9:00am Joseph Ciskanik  
Acts 14:5-18/Jn 14:21-26

#### 5 TUESDAY

6:30am Joanne Douglas+  
9:00am Charles White+  
Acts 14:19-28/Jn 14:27-31a

#### 6 WEDNESDAY

6:30am Emma Atkinson  
8:15am\* Joseph Cascio+  
9:00am Isaia Fortunato Martinez+  
Acts 15:1-6/Jn 15:1-8

#### 7 THURSDAY

6:30am Rachel Luciani  
9:00am Maria Marta Santa Cruz+  
12:00pm Sr. Mary of the Sacred Heart & The Holy Face  
Acts 15:7-21/Jn 15:9-11

#### 8 FRIDAY

6:30am Cecilia DeTrane  
9:00am Joyce Young+  
Acts 15:22-31/Jn 15:12-17

#### 9 SATURDAY

9:00am Caroline Penczak+  
5:00pm Kristen Baroody  
7:00pm For Our Parish  
Acts 16:1-10/Jn 15:18-21

#### 10 SUNDAY

7:00am All in Our Mothers Day Novena  
8:30am All in Our Mothers Day Novena  
8:30am\* All in Our Mothers Day Novena  
10:30am All in Our Mothers Day Novena  
10:30am\* All in Our Mothers Day Novena  
12:30pm All in Our Mothers Day Novena  
2:30pm All in Our Mothers Day Novena  
5:00pm All in Our Mothers Day Novena  
7:00pm All in Our Mothers Day Novena  
Acts 8:5-8, 14-17/1 Pt 3:15-18/Jn 14:15-21

\* Indicates Mass at Holy Cross Academy.

# MULLINS & THOMPSON FUNERAL SERVICE



Fredericksburg Chapel  
1621 Jefferson Davis Highway  
540-373-5842

Stafford Chapel  
186 Shelton Shop Road  
540-659-7690

[www.mullinsthompson.com](http://www.mullinsthompson.com)



## Dr. Mitchell J. Sojack

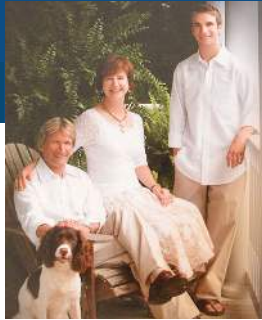
**A Specialty Practice For  
Adolescent Mental Health**

- Depression
- Anxiety
- Suicide
- Trauma
- Loneliness
- Eating Disorders

**LIFE COACHING FOR YOUR TEEN**

**Dr. Mitchell J. Sojack, Ph.D.**

1715 Sunken Road, Fredericksburg, VA 22401 • 540-845-7683 • [drsojack.com](mailto:drsojack.com)



★ @BEARROOTSPHOTOGRAPHY

**BEAR ROOTS PHOTOGRAPHY**  
PORTRAITS | WEDDINGS | EVENTS  
Brandon Mooney - Parishioner  
[BearRootsPhotography.com](http://BearRootsPhotography.com) • 202-597-9434

★

**WARRIORS CONTRACTING LLC**

**ACCURACY, HONESTY & AFFORDABILITY**

Washington D.C. • Virginia • Maryland

Our goal is your satisfaction  
Roofing, siding, gutting  
and more.

Follow us on Instagram • Check us on Facebook

**571-510-1197**

## MRE, INC. DRYWALL & PAINTING

WE HAVE **30 YEARS** OF EXPERIENCE IN THE INDUSTRY. WE CATER TO THE DRYWALL NEEDS OF HOMEOWNERS FOR RESIDENTIAL & COMMERCIAL PROPERTIES.

**540.737.4648**

[mreinc.co](http://mreinc.co) | [mrepaint@gmail.com](mailto:mrepaint@gmail.com)

**Fellow Parishioner**

- |  |                      |
|--|----------------------|
| <b>Drywall Service</b>                   | <b>Power Washing</b> |
| Installation, Repair, Hanging,           | Decks, Siding        |
| Finishing, Nail Pops, Settlement Cracks, | <b>Painting</b>      |
| Water Damage Restoration                 | Exterior, Interior   |

**Budget-friendly • FREE ESTIMATES**

✉ **Get this bulletin  
emailed to you  
every week.**

**Simply go to**

[www.DM.CHURCH/3174](http://www.DM.CHURCH/3174)

...or scan →



DISCOVERMASS

★

**METZ FORESTRY SOLUTIONS**  
ESTABLISHED 2017  
PARISHIONER



Forestry Mulching • Vegetation Management

Invasive Species Control • Field Restoration



Fence Line Clearing • Wildland Fire Prevention

540-878-8391 • [JEFFMETZLLC.COM](http://JEFFMETZLLC.COM)

★

*St. Mary Parishioner* *Veteran Owned*

**OPERATION RESILIENCY**  
Integrative Direct-Access Telehealth

**What We Treat & Optimize:**

- Mental Health & Therapy
- Faith-Informed Counseling & Addiction Recovery
- Primary Care & Preventative Medicine
- Hormone Health (TRT & HRT)
- Medical Weight Loss
- Same-Day and Next-Day Appointments

540-590-5435  
[www.operationresiliency.com](http://www.operationresiliency.com)

**Have You Been Injured?**  
*¿Ha sufrido una lesión?*

- Car Accidents • Slip & Falls • Dog Bites
- Cosmetic Injuries • Wrongful Death
- Truck Crashes

• Accidentes de coche • Caídas • Mordeduras de perro  
• Lesiones estéticas • Muerte por negligencia  
• Accidentes de camion

**Tara Tighe Umbrino, Esq.**  
Founder, Valor Injury Law

13895 Hedgewood Dr. (703) 828-0051  
Ste 341 Woodbridge, VA [www.valorinjurylaw.com](http://www.valorinjurylaw.com)

**Hablamos Español**

Thank You  
saint Jude



for answered prayers

**ADVERTISE  
HERE**

Promote your Business AND support your Parish.

Lisa Sparkman - 717-507-3766  
[lsparkman@diocesan.com](mailto:lsparkman@diocesan.com)

★

**H2O POOL'S & CONCRETE**

**POOL & CONCRETE SERVICE FOR VIRGINIA**  
**1-540-755-9401**

- RESIDENTIAL POOLS •
- CONCRETE SERVICES •
- CONSTRUCTION SERVICES •

[H2OPOOL.CONCRETE@GMAIL.COM](mailto:H2OPOOL.CONCRETE@GMAIL.COM)

PARISHIONER

We put the sky  
IN THE WATER

*Fredericksburg*  
**PET AU PAIR**

Owned and operated by a St. Mary's Parishioner

- In-Home Overnight Care
- Daily Dog Walking
- Insured, Bonded & Pet CPR Certified
- [fbgpetaupair.com](http://fbgpetaupair.com)
- (703) 791-9387

**PLUMBING Innovators**  
EMERGENCY SERVICE  
540-295-8876  
richie@plumbinginnovators.com 1209 Bragg Road  
www.plumbinginnovators.com Fredericksburg, VA 22407

**NK FLOORS**  
NEXT LEVEL. PRECISION FLOORING  
We are a premier provider of all types of flooring for both residential and commercial applications.  
HARDWOOD VINYL • CARPET TILE • STONE  
10042 Southpoint Parkway, Fredericksburg  
nkfloors@nkfloors.com • 540-582-4000  
Hours: Mon-Fri: 10-6 • Sat: 10-2

**HALSEY HOMES**  
Voted Best Builder 2025  
540-623-4687  
HomesByHalsey.com



**COURTYARD BY MARRIOTT**  
Gather, Celebrate, Stay  
Event Space, Catering, and Group Rates available.  
Contact us today to start planning!  
540-373-8300  
620 Caroline Street, Downtown Fredericksburg

**St Vincent DePaul THRIFT STORE**  
The proceeds support our local families in need  
St Vincent De Paul Thrift Shop  
The shoppers enjoy the exceptional quality of our items  
Shop and drop off at store located at Olde Greenwich Plaza off Lafayette Blvd.  
Open Mon, Weds, Fri & Sat, 10-4 • Store/Info 540-898-9066  
SVDP welcomes donations at: SVDP Po Box 1493, College Station, Va. 22402  
www.stvdpfredericksburg.com | This ad has been donated by MCK Company

**MEXICAN FAMILY RESTAURANT**  
Mexican food is the Best Traditional Flavor around the world  
560 CELEBRATE PKWY. STE. 109  
FREDERICKSBURG, VA

**Fletcher HOME**  
Core Values: FAITH, FAMILY, HONESTY, EXCELLENCE  
GET A QUOTE 540-515-5517

**Serving Our Community Through Quality Home Improvements**  
Accessible Bathroom Upgrades, 1,000+ 5 Star Reviews, Affordable Financing Options  
VISIT OUR SHOWROOM 3110 COWAN BLVD. FXBG

**DECKS • BATHS • SHOWERS • ROOFS • WINDOWS**

**State Farm**  
**Chris Vomund, Agent**  
4930 Southpoint Drive  
Fredericksburg, VA 22407  
Bus: 540-993-4999  
chris@insurespotsy.com  
State Farm, Bloomington, IL 1211999

Thank You  
**St. Jude**  
for answered prayers.

**COEMETERIUM SANCTA TRINITAS**  
Blessed Trinity Garden  
11227 James Madison Parkway, King George, VA 22485

A new Catholic Burial Garden has been established in the Diocese of Arlington 30 minutes East of downtown Fredericksburg on Route 301 in Historyland Memorial Park and Arboretum in King George County.  
The Garden is a cooperative arrangement with Historyland and the Parish of St. Elizabeth of Hungary in Colonial Beach & St. Anthony of Padua in King George.  
Every grave is required to have a headstone which will face East, the traditional direction of Christian burial, awaiting the Coming of the Lord on the Day of Resurrection.  
This Catholic burial place is bounded on two sides by a lovely forest and is laid out in a traditional pattern with walkways, benches and plantings.  
At the entrance there is a newly erected brick and wrought iron gate with an arch bearing the name of the Garden in Latin: Coemeterium Sancta Trinitas.  
Preplanning for that difficult time is a gift to you and your family. Purchase your burial plot now in the Catholic Garden, Coemeterium Sancta Trinitas.  
Contact our office @ 540-775-7733

**Redefine Beauty, Restore Vitality, Notarize in Style**  
**Shine & Glo** -Luxury Teeth Whitening-  
**GlowStudio** Dr. Demetria Bates, DNP, FNP-BC  
WELLNESS & VITALITY  
• Inyecciones para bajar de peso e Inyecciones de Vitaminas y Inmunidad (B12, C, D3, Zinc, Biotina, Glutathion, NAD+, Colágeno, complejo B y Tri Inmunidad)  
• Suero Vitaminado (IV) NEW  
• Terapia de Testosterona  
• Exámenes físicos para adultos  
• Bienestar / Visitas por enfermedad  
REJUVENATION & BEAUTY  
• Terapia de restauración del cabello  
• Faciales Bio-Illuminadores  
• Faciales para el Acne  
• Blanqueamiento Dental Profesional  
• Gemas Dentales Cosméticas  
• Joyería Permanente  
WELLNESS & VITALITY  
• Weight-Loss Injections & Skinny Shot  
• Vitamin & Immunity Shots (B12, C, D3, Zinc, Biotin, Glutathione NAD+, Collagen, B-complex & Tri Immunity)  
• IV Therapy  
• Testosterone Therapy NEW  
• Adult physicals  
• Wellness / Sick visits  
REJUVENATION & BEAUTY  
• Hair Restoration Therapy  
• Bio-Illuminescent Facials  
• Acne Facials  
• Professional Teeth Whitening  
• Cosmetic Tooth Gems  
• Permanent Jewelry  
Public Notary  
Consultas Gratis  
FREE Initial Consult  
Appointments > 703-853-7835  
3401 Plank Rd, Unit B, Fredericksburg, VA 22407  
ShineNGlo.com @its\_alondruh Shine&Glo -Teeth Whitening Studio-

**catholicmatch Virginia**  
CatholicMatch.com/goVA



Fredericksburg Chapel  
4801 Jefferson Davis Highway • Fredericksburg, VA 22408  
898-4326

Stafford Chapel  
1310 Courthouse Road • Stafford, VA 22554  
658-9221

Modern Facilities Affordable Fees  
[www.covenantfuneralservice.com](http://www.covenantfuneralservice.com)

**THERAPIST OWNED: WWW.OSPTA.COM**

Choose Quality Physical Therapy You Can Trust.  
Insurance Coverage; no referrals needed



**Barbara D. Ehman, DPT**  
Doctor of Physical Therapy



Parishioner

**540-373-3031**

Marshall Rennie, DPT, OCS • Kash Eagleton, DPT, SCS • Ryan Sivak, DPT



**Larry Wible**  
REALTOR®

c: 540.379.4403  
o: 540.659.4403  
larrywible@kw.com  
larrywible.kw.com



**A.M.A INSURANCE SERVICES LLC**

Auto-Home-Life-Commercial Insurance  
Access to multiple insurance companies

**Paola Aleman**, Agent Su Agente de Seguros Latino  
Hablo Español | [paola@amainsuranceagency.com](mailto:paola@amainsuranceagency.com)

**571-330-5283**

[www.amainsuranceagency.com](http://www.amainsuranceagency.com)



**THE DOWLING TEAM**



**Mike (VETERAN): (571)283-2493**  
**Jessica: (703)772-3607**  
Realtors®, Parishioners  
[TheDowlingRealtyTeam@gmail.com](mailto:TheDowlingRealtyTeam@gmail.com)



- LICENSED & INSURED
- FAMILY-OWNED
- FREE ESTIMATES
- FINANCING AVAILABLE
- 10% OFF FOR ALL OUR PARISHIONERS

**(540) 809-5259**

ROOFING • SIDING • GUTTERS • DOORS  
WINDOWS • DECKS • REPAIRS



**Mark & Heather Gardner**  
Owners | Parishioners

311 Frederick St.  
Fredericksburg, VA 22401

**(540) 706-4302**

[rextrappahannock@gmail.com](mailto:rextrappahannock@gmail.com)

@RexRappahannock

**NAILS PIZAZZ**



(in Spotsylvania Mall)

A Quality & Friendly Nail Salon

Parishioners

**785-9664**

**Life Insurance With Living Benefits That Protects You And Who You Love.**

**MONICA O'DONNELL** • Senior Associate, Parishioner

Get protected while you're living if you experience a qualifying chronic or critical illness, critical injury and even include an additional income to your retirement.



**571.722.2019**  
Hablo Español



**Colonial INTERNAL MEDICINE Associates**

St. Mary Parishioners

**True Experts in Primary Care**

For over 20 years, we've proudly served Fredericksburg, Stafford, and surrounding areas as a physician-owned, independent internal medicine practice.

Dr. McDowell Kristie McDowell, PA-C Sophia Wei, PA-C  
Dr. Marrow Neelam Parikh, PA-C Gina Chen, PA-C  
Dr. Wolanska Sean Bodin, PA-C Christine Juliana, PA-C  
Dr. Elbert Katherine Yates, PA-C

Accepting New Patients in both  
Primary Care and Behavioral Health.



**\* NIXIE SANCHEZ \***  
REALTOR®

**540.735.4199**

[NSANCHEZ@CBEVA.COM](mailto:NSANCHEZ@CBEVA.COM)  
[COLDWELLBANKERELITE.COM](http://COLDWELLBANKERELITE.COM)

\*PARISHIONER

Licensed in the Commonwealth of Virginia

I am a bilingual real estate agent fluent in English and Spanish who is Military Relocation Professional (MRP) certified, with a passion for helping my clients buy or sell their homes.

**FREDERICKSBURG OFFICE**  
125 Olde Greenwich Dr, Suite 300  
Fredericksburg, VA 22408

**STAFFORD OFFICE**  
394 Garrisonville Rd, Suite 103  
Stafford, VA 22554

**(540) 374-5599 • [WWW.CIMAVA.COM](http://WWW.CIMAVA.COM)**

