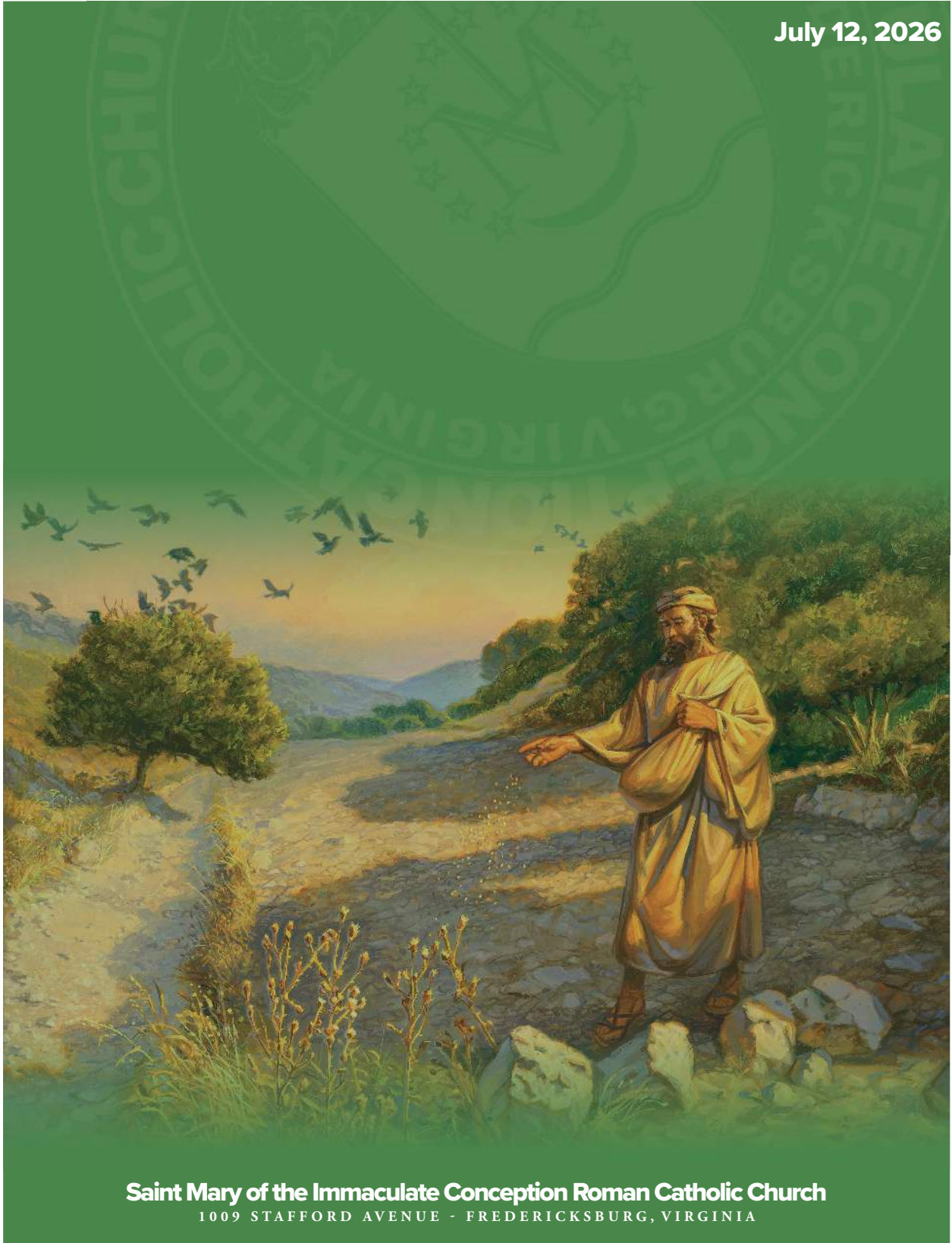


# FIFTEENTH SUNDAY IN ORDINARY TIME

July 12, 2026



**Saint Mary of the Immaculate Conception Roman Catholic Church**  
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# capital campaign

## grow our legacy in faith

### Part 3: Spiritual Reflections & Legacy

*"Paint an image according to the pattern you see, with the signature: Jesus, I trust in You. I desire that this image be venerated, first in your chapel, and then throughout the world."*

— St. Faustina, *Diary of Divine Mercy*, 47

**Q: The Divine Mercy image has very specific elements dictated by Jesus to St. Faustina (the gaze, the posture, the red and pale rays). How did you balance staying strictly faithful to those instructions while still bringing your own artistic touch to the piece?**

The artistic elements you mention, and others in the painting, communicate the Divine person of Jesus, and as such, take on a theological significance. It's important, most especially with sacred art, that the truths of the faith are communicated, and there are forms of art in our Catholic tradition that while emphasizing different aspects of our faith, nevertheless communicate its truth.

Strictly speaking, sacred art is not the place for artistic self-expression, but a rigorous adherence to truth does not preclude expressing the self. I imagine it's similar to two musicians or two Shakespearean actors who, bound by the same sheet music or text, and faithful to its rigor, are nevertheless different in their interpretations.

**Q: Spending so many hours staring at the face of Jesus must have been a unique experience. How did working on this project impact your own personal faith or your relationship with the Divine Mercy devotion?**

Learning trust is easier when convinced of God's love and mercy. I'm also learning that what we receive is best given away, for the benefit of others, and so I continue asking Mary for grace, so that this Divine Mercy image becomes all that it should be. And it's true that since working on this project, I've renewed my recourse to the chaplet of Divine Mercy, not with regard to the image, but rather for family, friends, and those in need of God's mercy.

**Q: Our chapel will be a place of deep prayer for generations to come. What do you hope a parishioner feels or experiences when they look at this image?**

I hope the image would serve as a welcoming invitation to encounter Christ in the Eucharist, who loves them and whom they would come to know and love.

**Q: Is there any hidden detail, subtle element, or specific area of the painting that parishioners should look closely for when they visit the chapel?**

Well, towards the bottom is a reference to Fredericksburg and the mercy that flows from the sacramental life at St. Mary's to the larger community. I hope too that parishioners find that the image of Jesus in the painting points them to Jesus who is gazing upon them from the monstrance.



# from our pastor

Dear Folks,

We have had some seriously hot, long and muggy days. I remember one such day in 1986 where I felt burdened, and overwhelmed, and even a little bit sad. My University of Dallas faculty, classmates, and I were in Nafplion Greece. The day is seared into memory because some of us went swimming, and the instant I dove into the water all of the stress immediately washed off of me! It seemed supernatural, was the most amazing swim of my life, and immediately comforted my soul as if by the refreshment of swimming in God's love.

I was also reminded of this swim when I stumbled across St. Thomas Aquinas teaching on 5 remedies for sadness (Summa Theologiae, I-II, q. 38):

1. Give yourself something you like. Why do you think so many folks turn to chocolate as an antidepressant? St. Thomas said, "Therefore just as all repose of the body brings relief to any kind of weariness, ensuing from any non-natural cause; so every pleasure brings relief by assuaging any kind of sorrow, due to any cause whatever."

2. Weep. Wow, a good cry? St. Thomas said, "First, because a hurtful thing hurts yet more if we keep it shut up, because the soul is more intent on it: whereas if it be allowed to escape, the soul's intention is dispersed as it were on outward things, so that the inward sorrow is lessened."

3. Share your sorrow with a friend. "Because when a man's friends condole with him, he sees that he is loved by them, and this affords him pleasure.... [It] follows that sorrow is mitigated by a sympathizing friend."

4. Contemplate Truth. "The greatest of all pleasures consists in the contemplation of truth. Now every pleasure assuages pain as stated above (#1): hence the contemplation of truth assuages pain or sorrow, and the more so, the more perfectly one is a lover of wisdom."

5 Take a nap or bath! "Moreover such remedies, from the very fact that they bring nature back to its normal state, are causes of pleasure; for this is precisely in what pleasure consists.... Therefore, since every pleasure assuages sorrow, sorrow is assuaged by such like bodily remedies."

Maybe my restorative swim was a combination of #1 and #5.... but fatigue and sadness are a part of our human condition, and it was surprising to find St. Thomas with such practical remedies!

Enjoy your summer vacations and swims as a way to restore and refresh you!

Pax,



Very Reverend John P. Mosimann, V.F.  
Pastor

# announcements

## Catholic Relief Services - Earthquake in Venezuela

Two powerful earthquakes struck about 100 miles west of Caracas on Wednesday night, causing widespread destruction across parts of Venezuela last week. If you would like to donate to relief efforts, please visit:

[crs.org/donate/venezuela-earthquake](https://crs.org/donate/venezuela-earthquake) to respond. Thank you for your generosity!

**OUR SECOND COLLECTION THIS WEEKEND IS FOR THE PEOPLE OF VENEZUELA**



## contact us

[stmaryfred.org](https://stmaryfred.org)

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday 6:30am and 9am  
Monday, Wednesday & Friday - 12 noon  
Saturday 9am  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Novus Ordo (Latin Mass)  
First Saturday 8:00am – Fatima Prayers & Rosary  
followed by 9am Mass

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](https://stmaryfred.org)  
Monday - Friday 8:30am - 9pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor  
Reverend Tim Courtney, Parochial Vicar  
Reverend Kevin Dansereau, Parochial Vicar  
Reverend Joseph Connor, Parochial Vicar  
Reverend Stan Lee, Parochial Vicar  
Deacon Alberto Bernaola

Business Manager, Elaine Stanislawski  
Director of Operations, Chris Lanzarone  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez  
Parish Secretary, Lori Barlow & Gio Camacho

### MUSIC

Joseph Ciskanik  
Director of Music, [musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)  
Assistant, Music Ministry, Emily D'Isidoro

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS ACADEMY PRESCHOOL

Director, Allison Gardner  
540-286-1600

### RELIGIOUS EDUCATION

Director, Dr. Katherine Evans  
Administrative Assistant, Sonia Spencer

### YOUTH MINISTRY

Director, Tatiana Beltran

### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans  
[kevans@stmaryfred.org](mailto:kevans@stmaryfred.org)

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at  
least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six months  
in advance to begin preparation or Margaret Bereit  
[margaret@stmaryfred.org](mailto:margaret@stmaryfred.org)

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401

# holy cross academy

## Current, New, & Prospective Families

As we prepare for a new school year rooted in Christ's love, we invite our families to visit [holycrossweb.com](http://holycrossweb.com) to access the 2026–2027 School Supply List, Summer Reading List, Summer Math List, and PTO used uniform sale, all found under the Current Families tab.

If you—or someone you know—is interested in becoming part of our wonderful school community, please reach out to Dina James at [540-286-1600](tel:540-286-1600) or [djames@holycrossweb.com](mailto:djames@holycrossweb.com). If you have any questions or suggestions, our HCA office is open throughout the summer, Monday–Friday, 9am–pm, and we are always happy to assist you.

## Students PLAYDATE!

New, current, and prospective, all are invited to join us for a fun and relaxed "play date" on our K-8 and preschool playgrounds. It's a wonderful chance for children to play, explore, and enjoy time together while parents connect with our amazing Holy Cross Academy community.

We will have both playgrounds, soccer, and kickball fields open for play! Not to mention, popsicles will be served to help everyone cool off and enjoy the sunshine. It's the perfect opportunity to meet new families, reconnect with familiar faces, and experience the joyful spirit of HCA.

In the event of inclement weather, the gym will be open and divided by age group so the fun can continue indoors.

## MARK YOUR CALENDARS

Tuesday, July 14th, 10 - 11:30am

Thursday, July 23rd, 10 - 11:30am

Tuesday, August 11th, 10 - 11:30am



*A National Blue Ribbon School of Excellence*



# education

# religious education

## YOUNG FAMILY VBS

Our 4th annual Young Family VBS was a day full of fun, faith, silliness, and joy with the littlest disciples of our parish! 30 families gathered at HCA to learn about the Bible story when Jesus called Peter and Andrew to be fishers of men. We had fish and boat themed crafts, games and snacks, we spent time with Jesus in Adoration, and we enjoyed pizza and popsicles together.

Thanks so everyone who made this event a success, especially our Young Family Ministry Director, Katherine Resendez!



## 2026-2027 R.E. REGISTRATION IS OPEN!

RE students have received registration forms from their catechists to sign-up for RE classes next year. Online registration is also available:

ENGLISH:



<https://tinyurl.com/3atjhr22>

SPANISH:



<https://tinyurl.com/mhtcjf2x>

## WE NEED CATECHISTS!

Opportunities are available for catechists in many RE classes this school year, especially:

- Grade 7 Lead Catechist Tuesdays 4:45-6:00pm
- Grade 6 Lead Catechist Tuesdays 6:30-7:45pm
- Grade 7 Lead Catechist Tuesdays 6:30-7:45pm
- Grade 2 Lead Catechist Wednesdays 6:30-7:45pm

Please contact Katherine Evans, Director of Religious Education, to volunteer for one of these or any other opening. (540) 373-6491 x 230 or [kevans@stmaryfred.org](mailto:kevans@stmaryfred.org)

# our parish youth ministry

## Arlington Camino!

What an incredible adventure! A group of our middle and high school students recently completed the Arlington Camino, a local pilgrimage inspired by the famous Camino de Santiago in Spain. The idea, originally from Fr. Mosimann from his previous parish, provided our teens with an opportunity to grow in faith while embracing the challenge of the journey.


The Arlington Camino was much more than a 16-mile hike; it was a true pilgrimage. Each participant carried a personal prayer intention along the way. Our pilgrims experienced moments of prayer, fellowship, perseverance, and plenty of joy as they encouraged one another to keep moving forward.

Our journey began on the W&OD Trail and led us to St. James Catholic Church, where Fr. Tim celebrated Mass. After lunch and a well-earned time of rest, we set out once again to complete the final stretch of our Camino. Our pilgrimage concluded at the Cathedral of St. Thomas More, where we celebrated the completion of our Camino.

Congratulations to the teens who completed the Arlington Camino! Your determination, faith, and joyful spirit were an inspiration. A heartfelt thank-you also goes to our amazing adult leaders and Fr. Tim, whose generosity, encouragement, and support made this unforgettable day possible.

Buen Camino,  
Tatiana





**diocesan**  
**Kings Dominion**  
**DAY**

**Wed. July 29th**  
**9AM-8PM**

**ALL MIDDLE AND HIGH SCHOOLERS INVITED**

**\$50 per ticket\***  
\*Season pass holders only pay \$10 to help with transportation

**Join us for 9:00am Mass followed by a day of fun with the whole diocese at Kings Dominion and Soak City!**

**PERMISSION SLIPS IN THE PARISH OFFICE**

# our parish happenings

## A note from Father Stan Lee

Hello! My name is Father Donghan Stan Lee.

I was born in Seoul, South Korea, and my family moved to the United States when I was eleven years old. Although I was physically born in Korea, I was spiritually born in the Diocese of Arlington through Baptism. I have now lived in the United States for 19 years and happily call Virginia home.

When I received my U.S. citizenship a couple of years ago, I had the opportunity to change my name at no cost. Though names like Brad

(Bradley/Brad Lee) or Ug (Ug Lee) were tempting, I chose Stan in honor of Blessed Stanley Rother. I later realized that Stan Lee is also the name of the famous comic book writer.

I chose the name Stan because I admire Blessed Stanley Rother's hardworking spirit. He also studied at Mount St. Mary's Seminary, where I studied, and even helped with construction projects at the Grotto.

Many people might be wondering who the figure on my chasuble is. In short, he is St. Andrew Kim, the first native Korean priest and the patron saint of Korean priests. I will explain more about him on September 20, his feast day.

Thank you for welcoming me to this wonderful parish, and I also thank Bishop Burbidge for assigning me here. With God's help, I will do my best to serve you faithfully as your parochial vicar.



## Writing to Heal Grief Support Group

A grief support group is available for those coping with the loss of a loved one. It provides information about the grief process, education on coping strategies, support for sharing grief and memories, and the opportunity to connect with others who are grieving.

This eight-week group meets Tuesdays, August 11 through September 29, from 1pm-2:30pm at Tompkins-Martin Medical Plaza. Participants will receive a writing prompt each session. Pre-registration is required.

For questions or to register, contact Mary Beaven, LCSW, at [Mary.Beaven@mwhc.com](mailto:Mary.Beaven@mwhc.com) or 540-205-0502. There is no fee, but registration is required.

Mary Washington Grief Support Services  
[GriefSupport.mwhc.com](http://GriefSupport.mwhc.com)

## Micah Ecumenical Ministries is HIRING!

Hospitality Administrator

This role supports the background activities year-round at the Neighbor Care Center (I.e., managing volunteers, coordinating donations, handling operational functions so that other staff can focus on neighbor care). During the winter, this role has added responsibility for coordinating cold weather shelter operations. Pay is \$25-\$30/hr

People can apply by sending their resume to me or through Indeed link below.

<https://www.indeed.com/job/hospitality-administrator-65a676524b8f9b28>

# our parish happenings

St. Mary's CClw

## YARD SALE

July 18, 2026  
8:00 am - 2:00 pm

- BABY GEAR
- HANDBAGS
- FURNITURE
- ELECTRONICS
- TOYS
- JEWELRY
- KITCHENWARE
- BOOKS
- TOOLS
- DVDS, CDS

CASH OR CHECK ONLY  
(CREDIT CARDS NOT ACCEPTED)

ITEM DROP OFF: JULY 15 AND 16  
@ PARISH LIFE CTR. 9:30-11:00 AM, 4:30-7:00 PM  
AND ALL DAY JULY 17  
(NO DROP-OFFS DAY OF YARD SALE)

\*PLEASE NO INFANT CAR SEATS, CLOTHING, SHOES, OR ENCYCLOPEDIAS\*

## ST. MARY PARISH PHOTO CONTEST

CELEBRATING

# AMERICA'S 250<sup>TH</sup> ANNIVERSARY

★ Capture the Spirit of America the Beautiful! ★

As our nation celebrates 250 years of freedom, St. Mary Parish invites photographers of all ages and skill levels to participate in our **America the Beautiful Photo Contest!**

We're looking for photographs that showcase what you love most about the United States and the blessings of freedom we enjoy as a gift from God.

### WE WANT TO SEE

- ★ Majestic landscapes and scenic beauty
- ★ Family traditions and community celebrations
- ★ Baseball games, backyard barbecues, and summer fun
- ★ Fireworks lighting up the night sky
- ★ Hot dogs, apple pie, and small-town charm
- ★ Veterans, service, and sacrifice
- ★ Flags waving proudly in the breeze
- ★ Reflections of the beauty, joy, and freedom of life in America

### RULES

Submit pictures by email to [frmosimann@stmaryfred.org](mailto:frmosimann@stmaryfred.org)  
Please submit one picture per email | Max 10 photos per person  
Include photographer's name, age (only if under 18 for young photographer category), where and when the photo was taken

**DEADLINE SEPTEMBER 15, 2026**

**ONE NATION UNDER GOD.**

*Beautiful. Blessed. Free.*

### 11th Annual

Play Golf for a Cause

All the proceeds go to help the clinic serve the uninsured poor of Westmoreland & King George Counties

**Guadalupe Free Clinic**  
GOLF CLASSIC FUNDRAISER

**FRIDAY 11 SEP 26**  
OLD HICKORY GOLF CLUB  
WOODBIDGE, VA

**SHOTGUN STARTS AT 930AM**

**REGISTRATION OPEN AT 0730AM**

**PRIZE : 1ST PLACE AND HOLE IN ONE**

**MORE INFO : [www.guadalupefreeclinic.org](http://www.guadalupefreeclinic.org)**

# our parish happenings

## Public Rosary

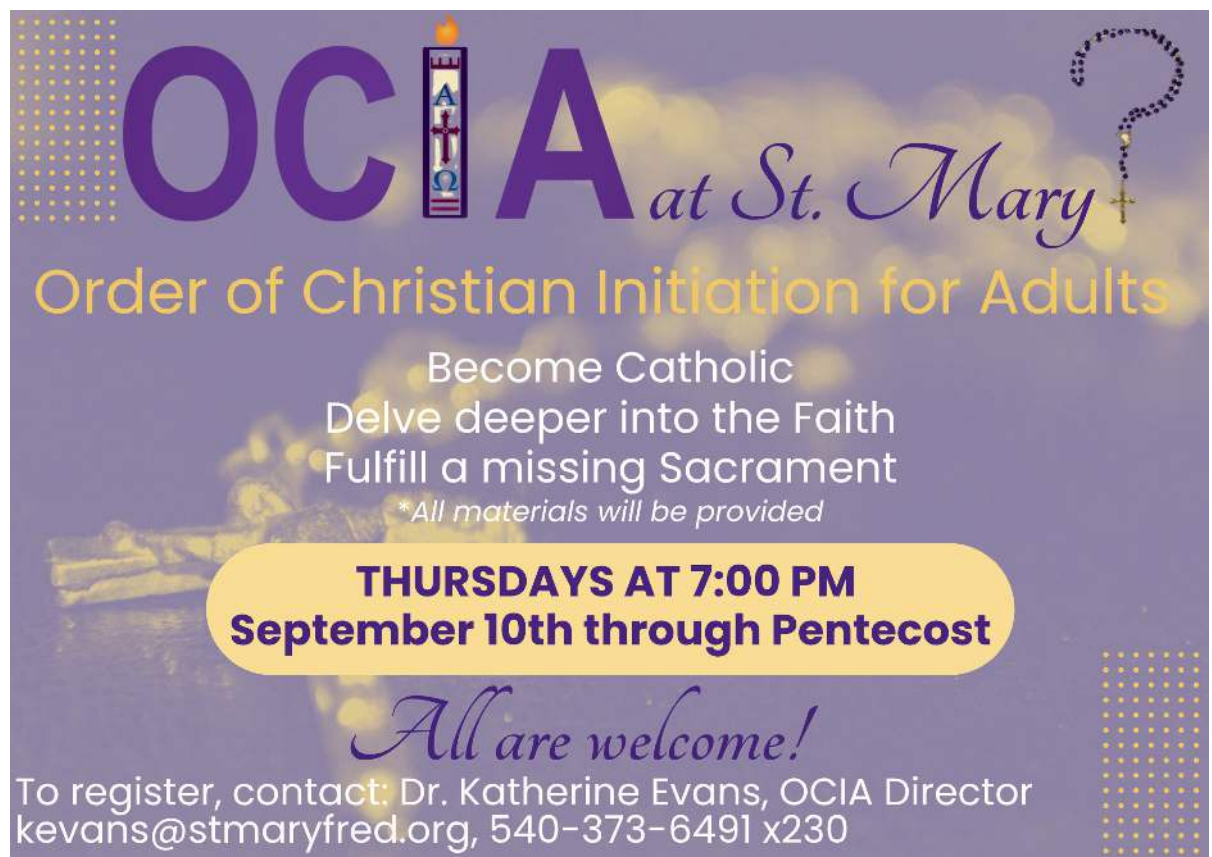
Please join other parishioners to Pray the public Rosary on Saturday July 18 at noon at St. Mary of the Immaculate Conception. Please RSVP to [michaelgkasey@verizon.net](mailto:michaelgkasey@verizon.net) or call (540)760-3885

## Attention All Parish Organizations

Your calendar for the use of parish facilities from September 2026 to August 2027 should be submitted to Chris Lanzarone in the Parish Office by the end of July. Please make sure you submit your request to Chris, in writing, as soon as possible, either by regular mail, or by email to [clanzarone@stmaryfred.org](mailto:clanzarone@stmaryfred.org). In setting up your schedule, please note that at this time evening activities cannot be scheduled before 8pm Monday through Wednesday from September through May, due to Religious Education classes in the Parish Life Center. Thank you.

## Welcome Fr. Gabriel Muteru of the Archdiocese of Nyeri on July 25-26

Our second collection will support the annual Mission Cooperative Plan Appeal for our diocese. Our parish mission organization is Archdiocese of Nyeri, Kenya. This appeal helps our brothers and sisters who do not have access to basic pastoral services that support and grow their faith, like Mass, the sacraments, religious education as well as basic needs – like food, shelter, and healthcare. Please go to [arlingtonmissions.org/mission/archdiocese-of-nyeri-kenya/](http://arlingtonmissions.org/mission/archdiocese-of-nyeri-kenya/) to find out more about their ministry. Your gifts and prayers will be a blessing to families who benefit from this loving outreach in mission countries.



OCIA at St. Mary

Order of Christian Initiation for Adults


Become Catholic  
Delve deeper into the Faith  
Fulfill a missing Sacrament

*\*All materials will be provided*

**THURSDAYS AT 7:00 PM**  
**September 10th through Pentecost**

*All are welcome!*

To register, contact: Dr. Katherine Evans, OCIA Director  
[kevans@stmaryfred.org](mailto:kevans@stmaryfred.org), 540-373-6491 x230



vida parroquial

# noticias en español

Programa de preparación Sacramental

para el

*Matrimonio*

Amor, Alianza y Sacramento



**FECHA DE INICIO**

**DOMINGO 30 DE AGOSTO | 12 PM**

**LUGAR: CASA JUAN PABLO II**

ST. MARY OF THE IMMACULATE CONCEPTION

1009 Stafford Ave Fredericksburg, VA 22401

Para más información, contactar a Wilnelia González:

(540)850-3784



**OIC A** en *St. Mary*

Orden de Iniciación Cristiana para Adultos

ACOMPañAMOS TODOS LOS JUEVES | 7:00 PM  
A PARTIR DEL 10 DE SEPTIEMBRE HASTA PENTECOSTÉS

¿Quieres ser católico?  
¿Quieres conocer más de tu fe?  
¿Te falta algún Sacramento?

*\*Todos los materiales serán proporcionados.*

*¡todos son bienvenidos!*

Para registrarse contacte: Dr. Katherine Evans, OCIA Director  
kevans@stmaryfred.org, 540-373-6491 x230

# operations given in love

## In Pew & Mail Donations Received

### June 23 to June 30

Sunday Offertory	\$29,954.00
Peter's Pence Collection	\$7,908.00
Parish Debt Reduction	\$458.00
Catholic Communications	\$115.00
Poor Box St Vincent de Paul	\$186.00

## ParishSoft Giving Donations June 2026

Sunday Offertory	\$103,339.38
Debt Reduction	\$4,965.35
Catholic Communications	\$1,572.00
Catholic Relief Services	\$100.00
Peter's Pence	\$2,462.00
Retirement Fund for Religious	\$200.00
Military Archdiocese	\$100.00
Little Sisters of the Poor	\$100.00
Special Kids Special Needs	\$160.00

*The Second Collection next weekend is for Parish Debt Reduction. Thank you for your generosity!*

## Children's Charity - July

Children's Offertory Contributions for the month of July will be donated to Families of the Wounded Fund. This fund was created in 2005 to help the families of service members who came to McGuire Veterans Affairs Medical Center in Richmond with traumatic brain injuries and spinal-cord injuries from combat in Iraq and Afghanistan. Former Army Captain William Haneke, a wounded Vietnam Veteran, and some colleagues recognized the need to assist family members who were away from home tending to their loved ones when they saw two young mothers with babies arrive from across the country with no money and barely enough gas to make the trip. The organization gives 100 percent of all tax-deductible donations to the families to help with food, lodging, transportation, child care, diapers and long-distance calling cards during the many weeks a family is in the

Central Virginia area while a veteran is being treated. Each family who qualifies currently receives \$9,000. For more information, visit their website at [fotwf.org](http://fotwf.org).

## Pro Life Reflection

"O God our Creator... we ask you to bless us in our vigilance for the gift of religious liberty. Give us the strength of mind and heart to readily defend our freedoms when they are threatened; give us courage in making our voices heard on behalf of the rights of your Church and the freedom of conscience of all people of faith." USCCB, "Prayer for the Protection of Religious Liberty"

## Pro Life Reflection

The Rosary has conquered countless enemies, and many pray it in front of abortion mills. As we acknowledge Jesus as the fruit of Mary's womb, we stand to pray for our brothers and sisters in the womb. As we honor the greatest mother, we pray for all the frightened mothers. *Mary, our Mother, bring us Jesus yet again; lead us to His victory over all forms of death.*

Flos Carmeli

*O beautiful flower of Carmel,  
most fruitful vine,  
splendor of heaven,  
holy and singular,  
who brought forth the Son of God,  
still ever remaining a pure virgin,  
assist us in our necessity!*

*O Star of the Sea, help and protect us!  
Show us that you are our Mother!*

(Feast of Our Lady of Mount Carmel, July 16th)

## Campaign eSurvey

As Bishop Burbidge discerns the details of the One in Christ, Joyful in Mission capital campaign, including which ministries to raise support for, the overall campaign fundraising goal, and related policies, he is seeking feedback from parishioners across the Diocese.

[tinyurl.com/CDAcampaign](http://tinyurl.com/CDAcampaign)



# liturgy

# daily bread

## Saint Mary Prayer List - July

**Please pray for those who are sick or in need, especially:** Aaron Deditch, Andy Gaeta, Bruce Smith, Carlos Enrique, Charles Boyer, Christopher Risetto, Drew LoRusso, Efrén Pérez Gutiérrez, Glenn Cunningham, Jack Smith, Jacob R. Moser, Jason Stoker, Joe Debernard, Joseph Krieg, Justina McGuire, Logan Leslie, Loretta Dice, Lourdes Interiano, Margaret Hein, Margaret Murphy, Margie Renner, Mary Ann Seidlinger & Mike Seidlinger, Maryann Carroll, Michael Fedowitz III, Robert Hein, Robin Assouad, Shirley Bozicevic, Sue Moorefield, Tammy Kehoe, Teresa Lopez, Theresa & Keith Kovalefsky, Wayne Winters, Xavier Ronan, Xiomara Macia

**Please pray for all the men and women in our military and civilian support services, especially:**

Joseph Gardner, Glenn Dickinson, Paul Fischer, Jamal Williams, Lance Schulte, Brian Hellmann, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Kenneth Linstrom, Lt. Gregory Odland, Andrew Doyle, Olav Brooks, Gabriel Sanger, Josh Lawson, David Brown, Annah Brown, Joshua Brown, Diego Esparza, Brian Inguanti, John Paul Frasher, 1LT Justin Addis, Liam Crowley, Josh Martin, Benjamin Matarese, Matthew P. Sampson, Benjamin Whatley

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email Ann Skinner at [askinner@stmaryfred.org](mailto:askinner@stmaryfred.org)

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Did you know.... Our parishioners gather every Wednesday at 3pm – The Hour of Great Mercy - to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"



## Mass Intentions

*Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

## Daily Mass Intentions

### July

#### 13 MONDAY

6:30am Sam D'Isidoro  
9:00am Judy Crapser+  
Is 1:10-17/Mt 10:34—11:1

#### 14 TUESDAY

6:30am Father John Mosimann  
9:00am Donald Martino+  
Is 7:1-9/Mt 11:20-24

#### 15 WEDNESDAY

6:30am Ricardo Reyes  
9:00am Arianna Rodriguez  
Is 10:5-7, 13b-16/Mt 11:25-27

#### 16 THURSDAY

6:30am Jeanne Hollingsworth+  
9:00am Fabian Novak+  
Is 26:7-9, 12, 16-19/Mt 11:28-30

#### 17 FRIDAY

6:30am David Bereit  
9:00am Bronislaw Stanislawski+  
Is 38:1-6, 21-22, 7-8/Mt 12:1-8

#### 18 SATURDAY

9:00am Shupp Family+  
5:00pm Marian Foran+  
7:00pm Lisa Snow  
Mi 2:1-5/Mt 12:14-21

#### 19 SUNDAY

7:00am Annie Cuccinelli  
8:30am Tatiana & Keiry Beltran  
8:30am\* Karen Vossenber  
10:30am For Our Parish  
10:30am\* Manuel Servin+  
12:30pm Joseph Tomso+  
2:30pm Margarita Azcue & Ruben Mantilla+  
5:00pm The Bassett Family  
7:00pm Alex Videz & Carmen Gutierrez+  
Wis 12:13, 16-19/Rom 8:26-27/Mt 13:24-43

\* Indicates Mass at Holy Cross Academy.

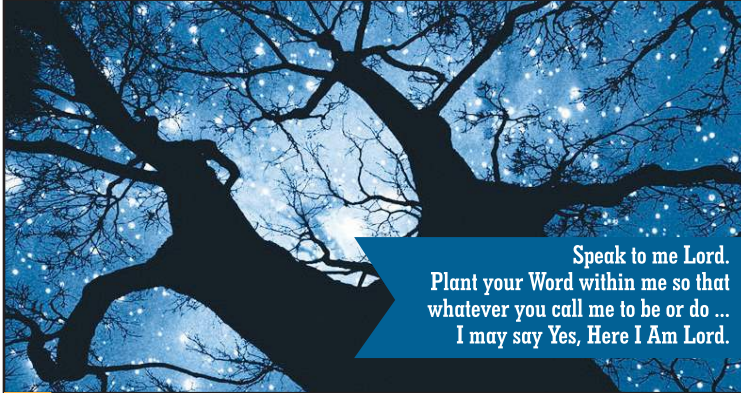
# MULLINS & THOMPSON FUNERAL SERVICE



Fredericksburg Chapel  
1621 Emancipation Highway  
540-373-5842

Stafford Chapel  
186 Shelton Shop Road  
540-659-7690

[www.mullinsthompson.com](http://www.mullinsthompson.com)



Speak to me Lord.  
Plant your Word within me so that  
whatever you call me to be or do ...  
I may say Yes, Here I Am Lord.

★ @BEARROOTSPHOTOGRAPHY

BEAR ROOTS PHOTOGRAPHY  
PORTRAITS | WEDDINGS | EVENTS  
Brandon Mooney - Parishioner  
BearRootsPhotography.com • 202-597-9434

★

**ACCURACY, HONESTY  
& AFFORDABILITY**  
Washington D.C. • Virginia • Maryland

Our goal is your satisfaction  
Roofing, siding, guttering  
and more.

Follow us on Instagram | Check us on Facebook

**571-510-1197**

**MRE. INC.**  
**DRYWALL & PAINTING**

WE HAVE **30 YEARS** OF EXPERIENCE IN THE  
INDUSTRY. WE CATER TO THE  
DRYWALL NEEDS OF HOMEOWNERS FOR  
RESIDENTIAL & COMMERCIAL PROPERTIES.

**540.737.4648**  
mreinc.co | mrepaint@gmail.com  
Fellow Parishioner

**Drywall Service**      **Power Washing**  
Installation, Repair, Hanging,      Decks, Siding  
Finishing, Nail Pops, Settlement Cracks,      **Painting**  
Water Damage Restoration      Exterior, Interior

**Budget-friendly • FREE ESTIMATES**

★

**METZ  
FORESTRY  
SOLUTIONS**  
ESTABLISHED 2017  
PARISHIONER

Forestry Mulching • Vegetation Management  
Invasive Species Control • Field Restoration  
Fence Line Clearing • Wildland Fire Prevention

540-878-8391 • [JEFFMETZLLC.COM](http://JEFFMETZLLC.COM)

**ADVERTISE  
HERE**

Promote your Business AND support your Parish.  
Lisa Sparkman ~ 717-507-3766  
[lsparkman@diocesan.com](mailto:lsparkman@diocesan.com)

**Thank You  
saint Jude**

for answered prayers

**EWTN.COM/RADIO**

**EWTN**  
Global  
Catholic  
Radio

**TUNE IN**



**Have You  
Been Injured?**  
*¿Ha sufrido una lesión?*

• Car Accidents • Slip & Falls • Dog Bites  
• Cosmetic Injuries • Wrongful Death  
• Truck Crashes

• Accidentes de coche • Caídas • Mordeduras de perro  
• Lesiones estéticas • Muerte por negligencia  
• Accidentes de camión

Tara Tighe Umbrino, Esq.  
Founder, Valor Injury Law

13895 Hedgewood Dr. (703) 828-0051  
Ste 341 Woodbridge, VA [www.valorinjurylaw.com](http://www.valorinjurylaw.com)

**Hablamos Español**

★

**H<sub>2</sub>O**  
POOL 'S & CONCRETE

**POOL & CONCRETE  
SERVICE FOR VIRGINIA**  
**1-540-755-9401**

- RESIDENTIAL POOLS •
- CONCRETE SERVICES •
- CONSTRUCTION SERVICES •

[H2OPOOL.CONCRETE@GMAIL.COM](mailto:H2OPOOL.CONCRETE@GMAIL.COM)  
PARISHIONER

We put the sky  
**IN THE WATER**

✉ **Get this bulletin  
emailed to you  
every week.**

**Simply go to  
[www.DM.CHURCH/3174](http://www.DM.CHURCH/3174)**

**...or scan** →

**DISCOVERMASS**

★

**Fredericksburg  
PET AU PAIR**

Owned and operated by a St.  
Mary's Parishioner

- In-Home Overnight Care
- Daily Dog Walking
- Insured, Bonded & Pet CPR Certified
- [fbxgpetaupair.com](http://fbxgpetaupair.com)
- (703) 791-9387

**Fredericksburg  
PET AU PAIR**




**PLUMBING Innovators**  
EMERGENCY SERVICE  
540-295-8876

richie@plumbinginnovators.com 1209 Bragg Road  
www.plumbinginnovators.com Fredericksburg, VA 22407

**HALSEY HOMES**  
Voted Best Builder 2025  
540-623-4687  
HomesByHalsey.com



**St Vincent DePaul THRIFT STORE**  
The proceeds support our local families in need



The shoppers enjoy the exceptional quality of our items  
Shop and drop off at store located at Olde Greenwich Plaza off Lafayette Blvd.  
Open Mon, Weds, Fri & Sat, 10-4 • Store/Info 540-898-9066  
SVDP welcomes donations at: SVDP Po Box 1493, College Station, Va. 22402  
www.stvdpredericksburg.com | This ad has been donated by MCK Company

**NK FLOORS**  
NEXT LEVEL. PRECISION FLOORING

We are a premier provider of all types of flooring for both residential and commercial applications.



HARDWOOD  
VINYL • CARPET  
TILE • STONE

10042 Southpoint Parkway, Fredericksburg  
nkfloors@nkfloors.com • 540-582-4000  
Hours: Mon-Fri: 10-6 • Sat: 10-2




**COURTYARD**  
BY MARRIOTT  
Gather, Celebrate, Stay  
Event Space, Catering, and Group Rates available.  
Contact us today to start planning!  
540-373-8300  
620 Caroline Street, Downtown Fredericksburg

**catholicmatch<sup>®</sup> Virginia**



CatholicMatch.com/goVA

**MEXICAN FAMILY RESTAURANT**  
Mexican food is the Best Traditional Flavor around the world  
560 CELEBRATE PKWY. STE. 109  
FREDERICKSBURG, VA



Thank You  
**St. Jude**  
for answered prayers.

**Consider Remembering Your Will**




For further information, please call the parish office.

**AMERIS BANK**  
What matters most to you, matters most to us.  
Fiercely dedicated to empowering your financial goals.

- Adjustable Rate Mortgages
- Fixed-Rate Mortgages
- FHA Loans

How can I help you achieve your goals?

Parishioner  
**Armand Border**  
Mortgage Banker  
262-909-5540  
armandborder.com



Member FDIC  
NMLS #2762788

**Fletcher HOME**

Core Values: FAITH, FAMILY, HONESTY, EXCELLENCE



**Serving Our Community Through Quality Home Improvements**

- Accessible Bathroom Upgrades
- 1,000+ 5 Star Reviews
- Affordable Financing Options



GET A QUOTE 540-515-5517  
VISIT OUR SHOWROOM 3110 COWAN BLVD. FXBG

**DECKS • BATHS • SHOWERS • ROOFS • WINDOWS**


**WEIGHT LOSS WELLNESS PROGRAM** / **BAJAR DE PESO PROGRAMA DE BIENESTAR**

MOUNJARO (TIRZEPATIDE) / MOUNJARO (TIRZEPATIDA)  
OZEMPIC (SEMAGLUTIDE) / OZEMPIC (SEMAGLUTIDA)  
APPETITE SUPPRESSANTS / SUPRESORES DEL APETITO  
LIPO SHOTS / INYECCIONES LIPO

6212 Old Keene Mill Ct Springfield, VA 22152  
3401 Plank Rd Fredericksburg, VA 22407  
703-853-7835 | ShineNGlo.com

**State Farm**

**Chris Vomund, Agent**  
4930 Southpoint Drive  
Fredericksburg, VA 22407  
Bus: 540-993-4999  
chris@insurespotsy.com



State Farm, Bloomington, IL 1211999



Fredericksburg Chapel  
4801 Jefferson Davis Highway • Fredericksburg, VA 22408  
898-4326

Stafford Chapel  
1310 Courthouse Road • Stafford, VA 22554  
658-9221

Modern Facilities Affordable Fees  
[www.covenantfuneralservice.com](http://www.covenantfuneralservice.com)

**THERAPIST OWNED: WWW.OSPTA.COM**

Choose Quality Physical Therapy You Can Trust.  
Insurance Coverage; no referrals needed



**Barbara D. Ehman, DPT**  
Doctor of Physical Therapy

**OSPTA**  
ORTHOPEDIC & SPORTS  
PHYSICAL THERAPY  
**540-373-3031 ASSOCIATES**

Parishioner

MARSHALL RENNIE, DPT, OCS • KASH EAGLETON, DPT, SCS • RYAN SIVAK, DPT



**Larry Wible**  
REALTOR®

c: 540.379.4403  
o: 540.659.4403  
larrywible@kw.com  
larrywible.kw.com



Each Keller Williams office is independently owned and operated

25 Clement DR, #102 • Stafford, VA 22556



**THE DOWLING TEAM**



**Mike (VETERAN): (571)283-2493**  
**Jessica: (703)772-3607**  
Realtors®, Parishioners  
[TheDowlingRealtyTeam@gmail.com](mailto:TheDowlingRealtyTeam@gmail.com)



- LICENSED & INSURED
  - FAMILY-OWNED
  - FREE ESTIMATES
  - FINANCING AVAILABLE
  - 10% OFF FOR ALL OUR PARISHIONERS
- (540) 809-5259**  
ROOFING • SIDING • GUTTERS • DOORS  
WINDOWS • DECKS • REPAIRS

**NAILS PIZAZZ**

(in Spotsylvania Mall)  
A Quality & Friendly Nail Salon  
Parishioners **785-9664**



**Mark & Heather Gardner**  
Owners | Parishioners  
311 Frederick St.  
Fredericksburg, VA 22401  
**(540) 706-4302**  
rexpappahannock@gmail.com  
@RexRappahannock



**OPERATION RESILIENCY**

**CATHOLIC-BASED CARE**

FAITHFUL CARE. COMPASSIONATE MEDICINE.  
CARE FOR THE WHOLE PERSON.

Compassionate, evidence-based healthcare rooted in Catholic values and guided by the Ethical and Religious Directives for Catholic Health Care Services.

- LIFE AFFIRMING PRIMARY CARE
- WOMEN'S HEALTH
- HORMONE HEALTH
- MENTAL HEALTH & COUNSELING

**540-590-5435**

[www.operationresiliency.com](http://www.operationresiliency.com)



**Life Insurance With Living Benefits That Protects You And Who You Love.**

**MONICA O'DONNELL** • Senior Associate, Parishioner

Get protected while you're living if you experience a qualifying chronic or critical illness, critical injury and even include an additional income to your retirement.



**571.722.2019**  
Hablo Español



**True Experts in Primary Care**

For over 20 years, we've proudly served Fredericksburg, Stafford, and surrounding areas as a physician-owned, independent internal medicine practice.

- |              |                        |                         |
|--------------|------------------------|-------------------------|
| Dr. McDowell | Kristie McDowell, PA-C | Sophia Wei, PA-C        |
| Dr. Marrow   | Neelam Parikh, PA-C    | Gina Chen, PA-C         |
| Dr. Wolanska | Sean Bodin, PA-C       | Christine Juliana, PA-C |
| Dr. Elbert   |                        | Katherine Yates, PA-C   |

Accepting New Patients in both  
Primary Care and Behavioral Health.

**FREDERICKSBURG OFFICE**  
125 Olde Greenwich Dr, Suite 300  
Fredericksburg, VA 22408

**STAFFORD OFFICE**  
394 Garrisonville Rd, Suite 103  
Stafford, VA 22554

**(540) 374-5599 • WWW.CIMAVA.COM**



**\*NIXIE SANCHEZ\***  
REALTOR®

**540.735.4199**  
[NSANCHEZ@CBEVA.COM](mailto:NSANCHEZ@CBEVA.COM)  
[COLDWELLBANKERELITE.COM](http://COLDWELLBANKERELITE.COM)  
\*PARISHIONER

Licensed in the Commonwealth of Virginia

I am a bilingual real estate agent fluent in English and Spanish who is Military Relocation Professional (MRP) certified, with a passion for helping my clients buy or sell their homes.

DIOCESAN ▶ To Advertise 800-233-8200 or Diocesan.com/Advertising



3174

