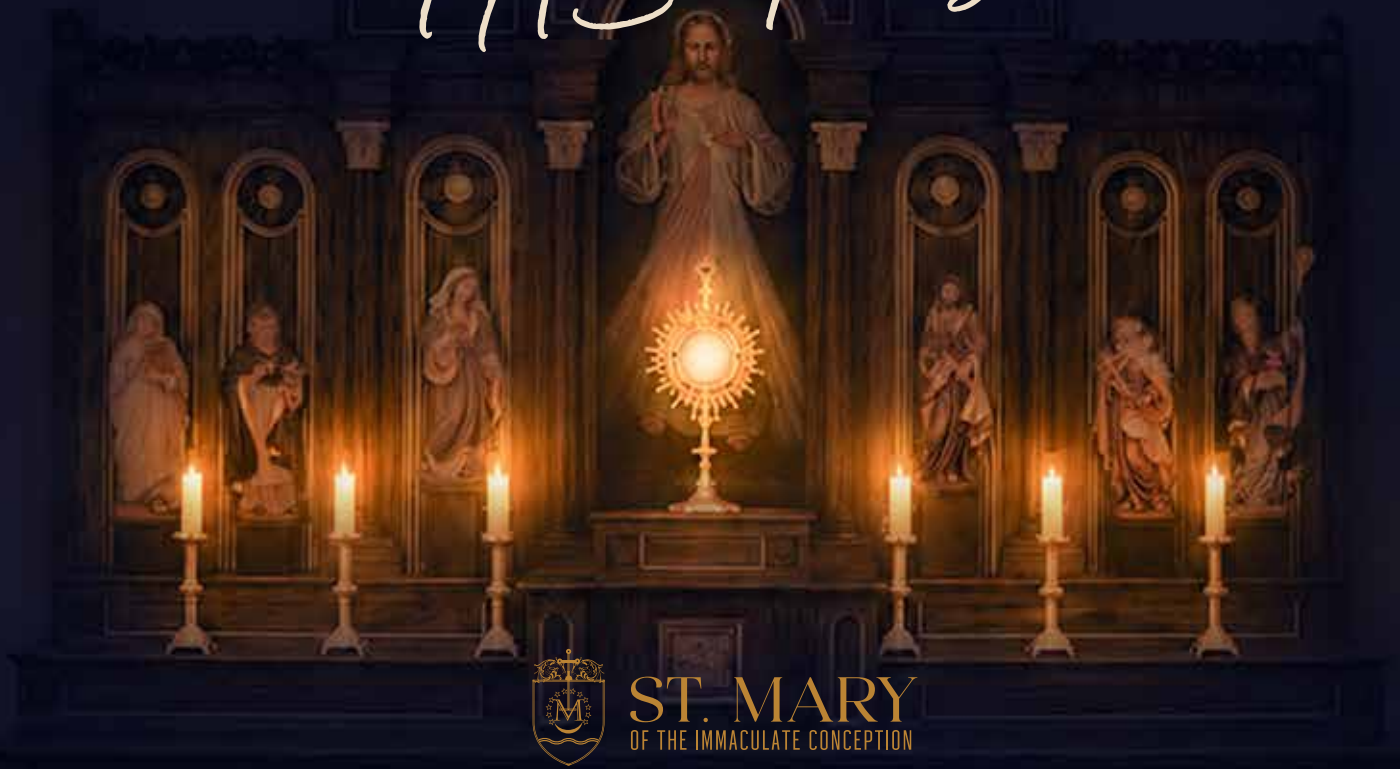




FULLNESS OF JOY

in His Presence



ST. MARY
OF THE IMMACULATE CONCEPTION

2026-2027 Ministry Catalog



FULLNESS OF JOY

in His Presence

September 2026

Dear Brothers and Sisters of Saint Mary's,

With the opening of the adoration chapel, our stewardship committee was drawn to Psalm 16, especially the last verse. Some translations say "fullness" and others "abounding" joy in His presence:

Psalm 16:11.
You will show me the path to life,
fullness of joy in your presence,
the delights at your right hand forever.

You are invited, by the Lord, to the fullness of joy in His presence. Joy is the soul's delight in a known and loved good, reaching its fullness and perfection in knowing and loving God. Any created good that we love, is a foretaste of knowing and loving God who is, uncreated Goodness.

I use this equation sometimes: Pleasure < Happiness < Joy.

Both pleasure and happiness can be fleeting and fragile; while joy is more stable and lasting.

Joy is more than either pleasure or happiness, because it is firmly rooted in the faculties of the soul; knowing and loving what is good, true, and beautiful.

Joy can remain where pleasure and happiness have disappeared. It is not a denial of these crosses, but rather embracing them! I can simultaneously say, "I am not happy about this, but I know that God is with me, my life is meaningful, and this suffering and sadness will not defeat the plan of God." To know and affirm this is to live in the truth of God. This will give you the joy that the world cannot steal.

I encourage you to approach this ministry book with an open, generous and inquisitive heart, ready to hear where Jesus is inviting you to "come and see." As you serve the Lord in any of these ministries, you will better find the Fullness of Joy in His Presence.

Pax et Bonum,



Very Reverend John P. Mosimann, V.F.
Pastor

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DE GOZO

en Su presencia



ST. MARY
OF THE IMMACULATE CONCEPTION

CLERGY



*Very Rev. John Mosimann V.F.
Pastor*



*Rev. Kevin Dansereau
Parochial Vicar*



*Rev. Timothy Courtney
Parochial Vicar*



*Rev. Joseph Connor
Parochial Vicar*



*Rev. Stan Lee
Parochial Vicar*

2026-2027 Saint Mary of the Immaculate Conception Church Ministry Catalog

We Welcome Your Unique Gifts!



Are you seeking...

- ... a way to deepen your relationship with Christ?
- ... to feel connected to your parish family?
- ... to be a part of something greater than yourself?

You are needed at St. Mary!

With over 80 ministries, there is something for everyone... so many ways to grow and share your faith.
NOW is the time to become an active participant in your parish family!

How does one even begin to discern how or where to serve? We can help! Members of the Stewardship Committee are happy to meet with you and discuss your gifts and talents, and how they match up with current needs within the many ministries and opportunities here at St. Mary's. (The following page has many ministries listed within particular charisms.)

Take the first step by filling out the form below. Return it to the parish office or put it into the collection basket at Mass so that we can schedule a time to meet with you and help you decide!

Name: _____

E-mail: _____

Best Phone Number: _____

Address: _____

Preference to Meet (i.e. day of the week/morning/afternoon/evenings)

Identify below any area(s) that you can relate to:

___ I like teaching/evangelizing

___ I am drawn to pro-life work

___ I feel drawn to working with the poor/homeless

___ I am organized and like planning

___ I have and/or yearn for a deeper prayer life

___ I love music

___ I am a writer and like to encourage others

___ I like spending time with the elderly

___ I am outgoing and welcoming

___ I like spending time with children

___ other (write below)

___ I am crafty

Esta página está disponible en español. Por favor, visite la oficina parroquial.
Please contact the Stewardship Committee with your questions: stewardship@stmaryfred.org.

St. Mary Ministries within Identified Charisms

TEACHING & ENCOURAGEMENT

Bible Studies
Book Club
Council of Catholic Women
Holy Cross Academy
Home Schoolers
Moms' Group
Order of Christian Initiation of Adults
Prison Ministry
SPRED
STARE
TMIY
Vacation Bible School
Kids Club at Brisben Center

POOR & HOMELESS

Brisben Center Dinners
Manna Food Project
Community Dinners (Micah)
Migration & Refugee Services
Outreach Committee
The Society of St. Vincent De Paul
WorkCamp

SERVICE/HELPS

Ancient Order of Hibernians
Council of Catholic Women
Furniture Bank (Micah)
Gardening Angels
Knights of Columbus
Migration & Refugee Services
Operations Committee
Scrip
WorkCamp

ELDERLY

EM to Sick & Homebound
Legion of Mary
Outreach Committee
Senior Luncheons

CRAFTS & FOOD

Community Dinners (Micah)
Council of Catholic Women
Funeral Committee
Garden Committee
Holy Cross Academy
Knights of Columbus
Outreach Committee
Parish Life
Prayers & Squares
Seasonal Decorators
Senior Luncheon
Shelter Dinners (Brisben)
WorkCamp
Youth Ministry

ORGANIZATION

Bishop's Lenten Appeal
Development

OUTGOING/ WELCOMING/ HOSPITALITY

Council of Catholic Women
Funeral Committee
Greeters
Moms' Group
New Parishioner Welcome
Outreach Committee
Over 40 Singles Group
Parish Life
Prayers & Squares
Senior Luncheons
Shelter/Community Dinners
Ushers
Young Adults
Youth Ministry

WRITING

Prison Ministry

CHILDREN & YOUTH

American Heritage Girls
Catechists
BSA/Trail Life
Holy Cross Academy
Moms' Group
Special Blessings
Vacation Bible School
Youth Ministry

MUSIC

Cantors
Choirs
Youth Ministry

PRO LIFE

Birthright
Mary's Shelter
Respect Life

PRAYER LIFE

Adoration of the Blessed Sacrament
Adult Bible Study
Communal First Saturday
Cursillo
Fasting Brothers
Legion of Mary
Magdalenes
Prayers and Squares
Secular Franciscans
Seven Sisters
Spanish Prayer Group

MERCY

Catholic Charities
Community Dinners (Micah)
Outreach Committee
Shelter Dinners (Brisben)
The Society of
St. Vincent De Paul

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2026-2027 Parish Ministries

'... and one of them [a scholar of the law] tested him by asking, "Teacher, which commandment in the law is the greatest?" He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments."' Matthew 22: 35-40

Love the Lord your God with all your heart, all your soul, and all your mind, and love your neighbor as yourself. That is the mission of every single ministry at St Mary. Whether serving at the altar of the heavenly banquet, or serving at the shelter dinners for the homeless and in need members of our community, our service and ministry is always dedicated to loving God and neighbor. This booklet is designed to help you find the ways your unique gifts will help contribute to our parish mission of bringing Christ to others and bringing ourselves closer to Christ. Please pray and discern how you may be of service to God's Church, whether it's as a lector, a homeless shelter volunteer, or a member of the Legion of Mary (or all three!). Our parish depends on you!



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in HIS Presence



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EDUCATION

Adult Religious Education

Faith Formation K-12 Religious Education

Adult Bible Study

Women's Bible Study

- Walking with Purpose

Holy Cross Academy

- SCRIP Volunteers

OCIA: Order of Christian Initiation For Adults

SPRED: Special Religious Education

STARE: St. Thorak Adaptive Religious Education

Vacation Bible School

Catholic Youth Ministry (CYM)

- High School Youth Group
- Middle School Youth Program
- YOUCAT
- Work Camp Volunteers
- Youth Group Parent Volunteers
- Fight Club
- Feminine Genius
- Senior Ministry
- Adult Leaders/Volunteers

At St. Mary, we strive to provide the best possible religious education for our parish community.

Together, our programs work as a resource, preparing our children, young adults, and adults for the sacraments and continuing to nourish our parishioners' faith formation.

Adult Religious Education

Mission: To support and enrich educational efforts for adults. St. Mary offers a wide variety of educational programs including Scripture studies, studies on the Catholic faith, catechism, Church history, and much more.

Time: Adult education programs meet regularly throughout the year. Watch the bulletin for adult education opportunities.

Coordinator:

Dr. Katherine Evans, DRE

kevans@stmaryfred.org, 540-373-6491 x230

Faith Formation K-12 Parish Religious Education

Catechists, Assistant Catechist, Substitutes, Hall Monitors, Floaters, Summer Volunteers

Mission: To assist in our children's faith formation. There is a large range of responsibilities undertaken by the parish in serving hundreds of children in their faith formation and sacramental preparation.

Time: Weekly commitment (except substitutes), plus initial training (including VIRTUS and background check).

Talent: A love of faith and children is foremost, and a desire to fill a needed role in an environment where Christ is our focus. Training and (optional) certification are made available to all to ensure that we are educated in the faith we teach. Volunteer opportunities include: lead catechists/teachers, assistant catechist/teachers, substitute catechist, hall monitors, floaters (general help). We also need summer volunteers to organize and inventory materials.

Coordinator:

Dr. Katherine Evans, DRE

kevans@stmaryfred.org, 540-373-6491 x230

Adult Bible Study

Mission: To support and enrich educational opportunities for adults. St. Mary's offers a wide variety of educational programs including Scripture studies, studies on the Catholic faith, Catechism, Church history and much more. The Catechism of the Catholic Church (CCC) 136: says, "God is the author of Sacred Scripture because he inspired its human authors; he acts in them and by means of them. He thus gives assurance that their writings teach without error his saving truth" (cf. DV 11).

Time: Meet during the week in the Fall and Spring months. See the bulletin for all upcoming classes.

Coordinator:

Bryan Richardson, br22406@cox.net, 540-273-8142 (text is best)

Womens Adult Bible Study Walking with Purpose

Mission: Whether you are a seasoned seeker of spiritual truths or embarking on your first exploration, we all need guidance that meets us where we are with practical wisdom. Our Bible studies provide relevant content that takes timeless truths from Scripture and applies them to daily life. Each week you'll dive into Scripture. Get ready to open your heart ... open your Bible ... and invite God in while meeting other fantastic ladies of our parish.

Time: Studies are held a variety of days during the week.

Coordinator:

Dr. Lisa Sarber, lisakymi@aol.com





Holy Cross Academy

Holy Cross Academy is blessed with talented, dedicated teachers and staff who help form our students into saints, scholars, and leaders. Our faculty is supported by an exceptional team in the office, classrooms, kitchen, maintenance department, and extended care program. Together, they make Holy Cross Academy the faith-filled community it is preparing the next generation of Catholic leaders.

Volunteers are an important part of our school community. We welcome individuals who can assist with lunch and recess supervision, one-on-one learning, classroom support, special projects, and other areas of need. If you feel called to work with students or support Catholic education in any capacity, we would be grateful to have you join us.

Mission: Holy Cross Academy forms young men and women to be saints, scholars, and leaders in the image of our Lord Jesus Christ and our Blessed Mother.

Time Commitment: A weekly commitment is helpful when possible, along with initial training, including VIRTUS certification and ongoing formation as needed. Volunteers are welcome to give as much time as they are able.

Talents Needed: A love for children and education, a willingness to serve, and a desire to support a Christ-centered learning environment. A wide range of volunteer opportunities are available.

Coordinator:
Angie Tomayko
atomayko@holycrossweb.com

SEEKING!

After school care, Art Room Aides
Garden Care, Library Aides
Lunch room & playground volunteers
SCRIP Volunteers
Substitute Teachers & Tutors

SCRIP Volunteers

The SCRIP Program is a gift card purchase program that directly benefits our parish school, Holy Cross Academy. Gift cards can be purchased for over 75 local and national retailers who in turn provide a percentage of the gift card face value back to the school. Our goal is to greatly expand the program so that more parishioners will purchase gift cards for routine weekly expenses like groceries, gas, and restaurants. This year we will be emphasizing the use of the convenient on-line sales program, and focusing on new ways to advertise and promote the program to generate more sales.

Mission: To manage this ongoing fundraiser which supports our parish school.

Time: 30 minutes per week to sell gift cards after weekend Masses at St. Mary and Holy Cross Academy or during afternoon carpool at HCA.

Talent: Organization and a willingness to staff the sales table after Mass or at HCA.

Coordinator:
Lloyd Keeton
scripcoordinator@holycrossweb.com



OCIA:
Order of
Christian
Initiation
for Adults
Team



We are blessed with a faithful formation team for adults who are seeking to live new faith, toward the ultimate goal of full sacramental initiation in the Church at the Easter Vigil Mass.

Mission: To facilitate the process of initiating new members into our Roman Catholic community of faith through Baptism, Confirmation and Eucharist. Sacramental preparation consists of catechesis, small group fellowship, and personal support.

Time: Thursdays 7:00-8:45pm, September-May

Talent: An ability and willingness to share your love of Christ and the Catholic faith with those seeking to become Catholic, receive a missed Sacrament, or delve more deeply into their faith. Small group leaders are needed to facilitate discussions using guided questions. Sponsors are needed to attend classes with their candidates, participate in group discussions and rites, and provide one on one mentorship and encouragement. Proxies are also needed for events at which sponsors cannot be present.

Coordinator:
Dr. Katherine Evans, Director
kevans@stmaryfred.org

En Español Coordinator (OICA): Página 32
Maria Ortiz, Spanish OICA
mjeortiz@gmail.com

SPRED:
Special
Religious
Education



Mission: SPRED

(Special Religious Development) is a faith formation ministry that welcomes children, teens, and adults with developmental and intellectual disabilities into the life of the Church. Through prayer, catechesis, fellowship, music, and engaging activities, participants deepen their relationship with Jesus Christ while preparing to receive the Sacraments of Initiation (Baptism, Confirmation, and Holy Eucharist) and the Sacrament of Penance. SPRED recognizes the unique gifts of every individual and provides a supportive community where each person can grow in faith and experience the love of Christ.

The program meets from October through June on Saturdays from 10:00 a.m. to 11:15 a.m.

If you are looking for a faith-filled ministry for yourself or your child, we encourage you to reach out to our coordinators. We are here to help you find the program that best meets your family's needs.

We are also always looking for compassionate volunteers to share their time and talents. No prior experience is necessary—only a willingness to serve with an open heart.

Coordinators:
Volunteering: Catherine Weeks
oneireneblue@yahoo.com

Registration: Sonia Spencer
sspencer@stmaryfred.org



STARE:
St. Thorlak
Adaptive
Religious
Education



Mission: STARE provides adaptive Catholic faith formation for children, teens, and adults whose learning, communication, or sensory needs are best supported through individualized instruction and small-group learning. The program uses accessible teaching methods, visual supports, hands-on activities, and a compassionate approach to help every participant encounter Jesus Christ, grow in understanding of the Catholic faith, and prepare to receive the Sacraments according to their individual readiness.

STARE strives to ensure that every person, regardless of ability, has the opportunity to fully participate in the life and sacramental mission of the Church within a welcoming and inclusive community.

The program meets throughout the school year on Tuesdays from 6:00 p.m. to 7:15 p.m. at Holy Cross Academy.

Coordinators:
Volunteering: Catherine Weeks
oneireneblue@yahoo.com

Registration: Sonia Spencer
sspencer@stmaryfred.org



**Vacation
Bible
School
(VBS)**



Mission: To create a fun-filled environment where children experience the love of God through a Bible lesson, games, crafts, snacks, singing, and dancing.

Time: One full week in the summer, with planning and preparation in advance.

Talent: A love for young children. Must be energetic, loving and kind, VIRTUS trained. Adult and teen volunteers needed.

Coordinator:
Katherine Resendez
stmaryfxbgvbs@gmail.com



Catholic Youth Ministry (CYM)

Mission: Our primary mission as a Youth Ministry program is to bring young people into an intimate, personal relationship with Jesus Christ and His Church. We believe that lives are transformed when young people are invited to encounter, connect and grow in their relationship with God. Several opportunities to facilitate our youth program are listed below.

Coordinator for ALL CYM Programs is:
Tatiana Beltran, tbeltran@stmaryfred.org

Note: The Diocese mandates that all CYM adult volunteers (18+ years of age) be compliant with OPCYP Programs. Contact Tatiana Beltran for more information.

High School Youth Group

Mission: To engage young people in grades 9-12 in their faith, the Church, and current issues occurring in their lives through small group discussions and speakers. Each high school youth group night begins with a free dinner and icebreaker games to build fellowship and community.

Time: Weekly on Sundays from 6:00-8:30pm.

Middle School Youth Group

Mission: To engage young people in grades 6-8 in their faith, the Church, and current issues occurring in their lives through small group discussions and speakers. Each middle school youth group night begins with a free dinner and icebreaker games to build fellowship and community.

Time: 1st and 3rd Fridays from 6:30-8:00pm.

YOUCAT

Mission: To guide our high school teens in grades 9-12 in deeper discussions of the Catholic faith, theology, and scripture in a small group setting. Each meeting includes a lectio divina reading of the upcoming Sunday gospel, and once a month teens go to adoration and confession together.

Time: Weekly on Wednesdays from 6:30-8:00pm.

Fight Club

Mission: To help young men in grades 7-12 strive for the virtues of purity and chastity together in Christian fraternity. In general, the group includes prayer, formation, brotherhood, and accountability.

Time: Weekly on Saturdays from 6:30-8:00am (the same time as That Man is You).

Feminine Genius

Mission: To help young women in grades 6-12 live out the beauty and dignity of being daughters of Christ as they grow in Christian sisterhood and accountability. Middle and high school girls meet separately.

Time: 2nd and 4th Thursday from 6:30-8:00pm.

Senior Ministry

Mission: To guide our high school seniors (grade 12) in personal spiritual formation and to prepare them to pursue their faith after graduation. Meetings include a potluck dinner and a teen-led roundtable discussion.

Time: Once a month (check the Youth Ministry calendar for exact dates).

Adult Leaders

Mission: To engage in relational ministry and facilitate meaningful encounters with Jesus for teens in middle and high school during any of our recurring ministries.

Time: Commitment varies based on ministry. Contact us to discern a ministry that's the best fit for you!

Talent: Must have a heart for our youth and a love of Jesus and the Catholic faith! The Holy Spirit will take care of the rest.

WorkCamp Adult Volunteers

Mission: To assist in the parish's preparation, coordination, and participation of our youth's annual WorkCamp experience. The goal of WorkCamp is to make homes warmer, safer, and drier for families in need within our diocese.

Time: Commitment varies based on area of support. Volunteering can include the full week of summer WorkCamp, weekend fundraisers, and general support as-needed.

Talent: There are many opportunities to volunteer in support of WorkCamp, such as: contractor, crew leader, security, stakeholder, lunch preparation, van donation, fundraising help, and more. No experience is necessary for any volunteer roles, but a willingness to witness Christ through your example to our youth is a must!

Dinner Team Adult Volunteers

Mission: To plan, prepare, and serve homemade meals to our teens at the beginning of each middle school and high school youth group.

Time: Volunteers are put in teams that prepare a meal once every 2-3 months for either the Sunday high school youth group or Friday middle school youth group.

Dinner Coordinator:
Kerry Feroldi, cymdinners@gmail.com





LITURGY

Altar Servers

Altar Society

Extraordinary Ministers of Holy Communion

- Homebound & nursing home

Hospitality

- Greeters & Ushers

Lectors

Music Ministry

The Holy Sacrifice of the Mass is the source and summit of everything we do. All those who volunteer for liturgical ministries witness to the presence of Christ in our midst and strengthen us as a community centered on Jesus present in the Eucharist and in his living Word.

There are many Liturgical Ministries which assist the priest in the celebration of the Mass. We sing His praises, proclaim His Word, serve at His altar, welcome His people, care for His altar and His house, and assist in the distribution of Holy Communion, at Mass and to the homebound. There are many ministries and many gifts needed to support the liturgy in our parish.

Altar Servers

***Mission:** A unique ministry by which boys and girls, fourth grade through high school, can help to spread the word and the love of Christ through their actions and words by assisting the principal celebrant during Mass. To be an Altar Server is a special honor and a great privilege. Opportunities are available for other liturgies as well, such as weddings, funerals, benediction, etc.*

***Time:** Generally two Masses per month. Arrive 15 minutes prior to the start of Mass. Initial training is necessary for all new servers and is offered in the fall.*

***Talent:** A desire to serve God. Attentiveness and reverence at Mass. Must be dependable.*

Coordinators:
Lori Mattson, stmaryfxbg@gmail.com



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in HIS Presence



Altar Society

Mission: To care for the altar linens.

Time: A brief training session, and then a few hours a month.

Talent: A caring eye for detail, and ability to complete tasks on schedule.

Coordinator:

Ginny Christina, ginchristina@gmail.com

Extraordinary Ministers of Holy Communion

Mission: To assist in the distribution of the Holy Eucharist on Sundays, Holy Days and/or daily Mass, and to share ministry with the homebound.

Time: Weekly commitment (if possible). Schedule is flexible and finding a substitute is required. Formation and training sessions also required.

Talent: Love and reverence for the Holy Eucharist; Catholic in good standing who has received the Sacraments of Initiation (Baptism, Eucharist and Confirmation). Must be formally mandated by Bishop Burbidge, usually annually in May. If you are interested, please contact Fr. Mosimann directly for an appointment.

Coordinators:

Kristen Baroody

tkbaroody@stmaryfred.org

Very Rev. John Mosimann V.F.

frmosimann@stmaryfred.org

Homebound & nursing home

Mission: To bring the Holy Eucharist, pray and visit with those who are homebound.

Time: Weekly commitment (if possible). 1-2 hours weekly. Annual training.

Talent: Love and reverence for the Holy Eucharist; friendly and compassionate with the ability to comfort. Catholic in good standing who has received the Sacraments of Initiation (Baptism, Eucharist and Confirmation). Must be formally mandated by Bishop Burbidge, usually annually in May. If you are interested, please contact Fr. Mosimann directly for an appointment.

Coordinator: Kristen Baroody

tkbaroody@stmaryfred.org



Hospitality Greeters

The greeters are both inside and outside the church, opening the doors, welcoming everyone with a warm smile and helping the ushers pass out liturgy sheets when needed. We welcome people who come to Mass on Saturday evening, Sundays and other special liturgies.

Mission: Welcome all parishioners and visitors to Mass with a warm smile and friendly greeting. Greeters may be asked to help people who need assistance from their cars to their pew. Distribute liturgy sheets and assist ushers as needed. Adults and teens welcome.

Time: Weekly commitment desired, not required (arrive 20-25 minutes prior to Mass). Schedule is flexible and finding a substitute or notifying the greeter coordinator is recommended. Initial training and annual meeting.

Talent: An ability to help people be aware they belong, with compassion and a deep sense of Christ in all people.

Coordinator:

Pat Fish, patfish53@gmail.com

Ushers

Mission: To provide assistance to our fellow parishioners during regular Masses, Holy Days and also during special liturgical events. This assistance includes a variety of tasks such as extending greeting to all those that enter, seating people, assisting during Communion, taking up the collection and distributing the church bulletin at the conclusion of Mass.

Time: Weekly commitment (arrive 15 minutes prior to Mass). Initial training

Talent: An ability to help people be aware they belong; a deep sense of Christ in all people.

Coordinators:

Tom Fish, fishtblrx@gmail.com

Spanish Mass:

(en Español, página 32)

Javier Flores, javier112690@yahoo.com

SEEKING VOLUNTEERS!

Lectors

Mission: To proclaim the Scripture readings at Masses, Holy Days and at other special liturgical events with reverence and understanding. This requires spending time with the Word before your assigned Mass, prayerful contemplation and an openness to letting the Holy Spirit lead. Adults and teens eligible.

Time: An instruction session before joining this Ministry is required. Normally, lectors will serve one Mass per month. Schedule is flexible.

Talent: A love for God's Word. A clear speaking voice and ease speaking in front of people.

Coordinator:

Karin Lea, lea.karin.j@gmail.com

David James, us1fedvet@msn.com

Music Ministry

Mission: The Music Ministry welcomes singers and instrumentalists who want to share their gifts to help foster the sung prayer of our parish. Over 100 adults and children participate in one or more of the five choral ensembles, which provide music for weekend liturgies as well as all solemnities and special occasions. The Music Ministry also provides musical leadership, through our cantors and organists, for all weddings and funerals. In addition to choral, instrumental and cantor programs, St. Mary continues to foster the performing arts through Concerts at St. Mary, a concert series which features internationally renowned solo recitalists and performing ensembles as well as programs presented by the choirs of St. Mary.

Talent: Love of music and wanting to share your musical talents in prayer.

For any interest or questions about the Music Ministry, please contact:

Choirmaster:
Joseph Ciskanik
Director of Music & Organist
musicdirector@stmaryfred.org
540-373-6491, ext. 217

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Festival Choir

Mission: Often times individuals, for various reasons, can't commit to the weekly rehearsal and Mass schedule of the Parish Choir for the entire year. The St. Mary Festival Choir is a group of singers who wish to be a part of special liturgies and choral programs presented by the music ministry – most importantly, Christmas, Holy Week, and Easter. The Festival Choir gives those interested an exciting opportunity to be involved with the music ministry with a limited rehearsal and performance commitment. The Music Director will stay in touch with singers on the Festival Choir Roster via email as the seasons of Christmas and Holy Week approach.

Time: AD HOC: Festival Choir begins rehearsing with the Parish Choir roughly 5 weeks before Christmas/Easter on Thursday evenings from 7:00-8:45pm. We also meet one hour before the respective Liturgies to warm up.

Parish Choir

Mission: The St. Mary Parish Choir provides music for the 10:30am Sunday liturgy as well as Solemnities and certain special occasions. The repertoire of the Parish Choir includes a broad range of choral literature from chant and polyphony through contemporary compositions of the 20th and 21st centuries. Members of high-school age and above welcome. We welcome singers both new and experienced to join a choir with a long-standing tradition of excellence. (If you are new to singing, we may be able to help get you started; contact Music Director Joseph Ciskanik to see where you're at.)

Time: The Parish Choir rehearses on Thursday evenings from 7:00-8:45pm and on Sunday mornings at 9:50am prior to singing at 10:30am Mass. A serious commitment to attendance is expected.





St. Cecilia Choir (Youth Choir)

Mission: The St. Cecilia (Youth) Choir sings every other Sunday at the 8:30am Mass (October-May), as well as Holidays, and Concerts throughout the year. We also take time in rehearsals to learn vocal techniques, musical literacy, and an appreciation for Sacred Music. Membership is open to children grades 2-8.

Time: Rehearsals are Wednesday afternoons, from 4:45-6:00pm. We sing every other Sunday at the 8:30am Mass, and on those Sundays, arrive for a warm-up at 7:45am. Schedules will be sent to the choir members' families.

Cantors

Mission: (By audition or invitation only.) The ministry of the cantor has two distinctive roles in the liturgy. The primary role is one of the Psalmist and the secondary role is one of the song leader. Each liturgy at St. Mary has an assigned cantor to assist the congregation in their sung prayer. Cantors will receive music and practice recordings 5 days in advance; they are expected to show up to Mass ready to sing confidently and properly.

New to the 2026-2027 Season: Cantors are preparing a Group Recital of Sacred Vocal Music as part of the Concerts at St. Mary in the spring of 2026.

Time: Cantors select their preferred Mass times and will be scheduled by the Music Director on a month-by-month basis. They warm up with the accompanist 45 minutes before their assigned Mass.

Spanish Coro

Mission: The Spanish Coro is a group of singers who provide music for the 2:30pm Spanish liturgy on Sunday and various solemnities and events throughout the church year. Singers who enjoy singing in Spanish are most welcome to join.

Time: The Coro rehearses on Wednesday evenings and Sunday at 1:00pm prior to 2:30pm Mass

Coordinator: (en Español, página 32)
David Garrison
dmg3312@gmail.com or 540-376-1401

SEEKING CHOIR MEMBERS!

Latin Schola

Mission: The Latin Schola is an ensemble which provides music for the celebration of the Novus Ordo Latin Mass on First Fridays at 7:00pm and various Solemnities. The repertoire of the Latin Schola is primarily Gregorian Chant, as well as traditional hymnody and polyphony.

Time: On First Fridays of the month the Latin Schola rehearsals are at 6pm, and Mass is at 7pm. On Solemnities, rehearsals are also one hour before the scheduled liturgy (usually at 3:00pm or 4:00pm, respectively).



OPERATIONS

Parish Operations Committee

Seasonal Decorators

Just as in any organization, there is a lot of "behind the scenes" work that must be done in order for our community events and projects to be completed. We are always in need of physical help, whether it is setting up, cleaning up, stuffing envelopes, or answering phones. We are also responsible for keeping our facilities in working condition and making improvements as necessary.

Operations Committee



Often there is a great need for assistance to accomplish the goals set by many of the other committees and ministries, and the Operations Committee facilitates their successful outcome.

Mission: To organize and coordinate volunteers as they are needed; to facilitate the Lenten Small Groups program; to assist in communications and publicity of parish events; to develop a directory of parishioners' businesses; to assist in the planning and managing of maintenance and improvements of parish property. Also, facilitating the physical needs of major parish events/functions.

Time: Varies with needs.

Talent: No training is necessary; however, a diversity of expertise is very helpful.

Coordinator: Chris Lanzarone
clanzarone@stmaryfred.org



Seasonal Decorators

Mission: To assist parish staff in preparing the church for primary liturgical seasons, creating designs that lead those attending Mass to enter more deeply into the Mysteries we celebrate.

Time: Usually the day before a major feast day. Other dates as needed throughout the year.

Talent: An eye for design and a cheerful attitude!

Coordinator:
Kerry Feroldi
Nerf1994@gmail.com



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OUTREACH

Parish Outreach Committee

Catholic Advocacy Committee

Catholic Charities Counseling Services

Catholic Charities Migration & Refugee Services

Ecumenical/Interreligious Commission

Food Bank Manna Project

Jail/Prison Ministry

Micah Ecumenical Ministries

- Cold Weather Shelter
- Community Dinners
- Furniture Bank
- Hesed House
- Hospitality Center

The Society of St. Vincent de Paul

Brisben Center

- Community Dinners
- Kids Club

Believing in the presence of God in our midst, we proclaim the sanctity of human life and the dignity of each person. We work together to meet the needs of those in our community and beyond -- happy to be the hands and feet of Christ!



Parish Outreach Committee

Members of this committee support a variety of programs throughout the year that offer hope and encouragement to those in need. Members are "on-call" and assist with programs/projects as they are scheduled. Join the email list and be made aware of special needs throughout the year. No regularly scheduled meetings.

Some programs include:

- Adopt-a-Senior
- Catholic Charities Migration & Refugee Services
- Coat Drive & Distribution
- FXBG City School Snack Bag Program
- School Dressing Days
- St. Lucy Project
- "Souper" Bowl
- St. Mary Giving Tree

Coordinator:

Elena Doyle, Outreach Director
edoyle@stmaryfred.org

Catholic Advocacy Committee



Our Advocacy Committee attends Catholic Advocacy Day in Richmond in January and has promoted the most successful Virginia Catholic Conference registration drive in Virginia.

Mission: To serve as liaison to the Virginia Catholic Conference in coordinating parish activities to promote Catholic values in the public square according to the guidance of the United States Conference of Catholic Bishops. The Committee organizes our attendance at the annual Catholic Advocacy Day in Richmond and coordinates parish awareness on issues such as life, predatory lending, human trafficking and immigration reform.

Time: Periodic meetings and events as they occur.

Talent: A passion to bring awareness to the parish and to actively participate in the promotion of Gospel values in society.

Coordinator:

Jeff Caruso, via VA Catholic Conference
jeff@vacatholic.org

Catholic Charities Counseling Services



We've served over 412 clients and provided 4,975 counseling sessions. We've partnered with Mary's Shelter, Hope House, and Empower House to strengthen the parent-child relationships in families served by those programs. We've increased our total number of available clinical hours by adding new clinicians. We've provided talks and trainings on mental health issues to many parishes, schools, and local non-profits.

Mission: To serve as a volunteer in daily schedule of the Catholic Charities office on the parish campus.

Time and Talent: Depending on need, volunteer service could be in the office, or helping with clients.

Coordinator:

Lorenzo Resendez
lorenzo.resendez@ccda.net

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OF JOY**
in HIS Presence

Catholic Charities Migration & Refugee Services



Mission: To assist in providing support for new arrivals to our country. Language support, tutoring and transportation.

Time: Whatever time may be available; volunteers may also contact the office of Migration and Refugee Services for other opportunities in helping the refugee population with daily needs.

Talent: Willingness to meet needs of clients.

Coordinator:

Kathleen Renfroe, kathleen.renfroe@ccda.net
159 Lichfield Blvd., Suite 101, 22406
540-899-6510

Ecumenical/Interreligious Commission

Fredericksburg enjoys one of the richest relationships among the Christian churches of the downtown area, whose fruit has yielded numerous ministries of outreach and prayer which have inspired the community repeatedly to seek ways of deeper unity and understanding.

Mission: To organize and promote unity among people of Christian faiths and between world religions represented in the Fredericksburg community.

Time: Periodic meetings and events as they occur.

Talent: A desire to bring unity to those separated by religious profession.

Coordinators:

Tom and Joyce O'Toole, tjotoole@verizon.net

Food Bank Manna Project



The Manna Project coordinates food collections at St. Mary that benefit the Fredericksburg Regional Food Bank twice a year. Volunteers are encouraged to reach out to the food bank directly if they wish to assist further in the way of volunteering. Volunteers also assist with other food-related Outreach opportunities within the church from time to time

Mission: The Manna Project serves the Fredericksburg Regional Food Bank in food collection and volunteer areas.

Time: Major collections are made twice yearly (2-3 hours). Opportunities beyond our two collections are available and the time commitment is flexible.

Talent: Willingness to help with food collection at the church, some physical labor may be required.

Coordinators:

Adriana & Johnny Puckett
adrianapuckett@gmail.com
stmarymannaproject@gmail.com

Jail/Prison Ministry

Mission: To serve the 'poverty of hope' of the imprisoned by offering friendship, spirituality, emotional support, and compassion by way of letters to inmates with a focus on the dignity and respect of the individual. Our pen pal program allows our volunteers to engage in positive and uplifting correspondence with the message of Christ's forgiveness, love, and hope for a better future. Through the death row mercy program, our volunteers encourage inmates to seek redemption and Christ's forgiveness with the message of hope for eternal salvation.

Time: Monthly 1-2 hours as your time permits

Talent: Willingness to share your faith and encouragement in written letters.

Note: All members of this ministry **MUST** complete a training session. Your privacy is respected and all communication utilizes St. Mary's parish office address to maintain complete anonymity between our volunteers and the inmates.

Coordinator:

Jim Shall, jimshall1@yahoo.com

IN THEIR OWN WORDS
FROM FORMER INMATES



"Prison has taught me to never take things for granted, and that, for me, starts with people, and real friendship."

Micah Ecumenical Ministries



Micah Ministries is a Christ-centered community response led by Fredericksburg area churches to serve our neighbors in need of shelter and related care. Micah 6:8 challenges us to do justice, love kindness and walk humbly with God.

Cold Weather Shelter

Mission: To provide a warm, safe environment for homeless individuals on all evenings of the cold weather season.

Time: November-March 1st. St. Mary team will be assigned one evening per week and teams will be scheduled for each week to serve 2 ½ - 3 hours.

Talent: Help make-up beds, bring socks and snacks. Welcome guests and assist in check-in.

Coordinator:

Greg Wheatley
stmary.cws@outlook.com

Community Dinners

Mission: Through the organization of Micah Ministries there is a free hot meal served each evening by various churches for those who are in need in the Fredericksburg area. St. Mary Church is one of the churches whose volunteers cook and serve dinner not just for the homeless of our community but also for anyone who needs a hot meal and some fellowship, including the lonely, the widowed, and struggling families. In the past year 5,000+ meals were served at these community dinners.

Time: St. Mary provides meals on the 1st and 5th Monday of every month at St. George's Episcopal Church. Volunteers are organized through Signup Genius to to serve meals one to two times monthly. We work in shifts of approximately 1-5 hours to setup, serve, and clean-up after the meal.

Talent: Volunteers only need to be friendly and compassionate as we serve and visit with our guests.

Coordinator:

Torie Baldwin
stmarycommunitydinners@gmail.com

Furniture Bank *Mission:* To provide furniture to those in need including former Micah clients moving into permanent housing.

Time: Third Saturday of the month
8:30-11:00am.

Talent: The ability to move furniture and/or drive a pick-up truck or large vehicle to help. Great service for teens and parents!

Coordinator:
Rich LaRoche, stone48@verizon.net

Hesed House *The Hesed House provides temporary housing for Micah clients awaiting a permanent home.*

Mission: To support the work of the Hesed House in caring for residents. We prepare rooms for move-in and move-out. Creating a welcoming environment.

Time: St. Mary Team is "on-call," rotating with other Micah church teams.

Talent: Compassion, an eye for design, and the ability to work on a fun team!

Coordinator:
Megan D'Lugos, thedlugos5@gmail.com

Hospitality Center *Mission:* Provides resources for homeless individuals such as food, showers, clothing and assistance with employment (resume and searches), education, housing, legal affairs and health related issues among others. Volunteers needed to greet and check-in clients at the front desk, sort donations and help with a variety of needs.

Time: M-F, 10:00am-2:00pm
(anytime between these hours)

Talent: Ability to listen with compassion. Office skills are a plus.

Coordinator:
Elena Doyle, edoyle@stmaryfred.org

The Society of St. Vincent de Paul



We are an all volunteer Catholic lay mission. We annually give financial aid to between 700 and 1000 local families for rent, utilities, medicine, etc. In addition, we provide guidance and spiritual prayers. Individual and parish donations, along with the income from our thrift store make all this possible. Our store, located in Fredericksburg, is open Mon., Wed., Fri., and Sat. from 10am-4pm. Our inventory is all donated. We offer interviews, prayers and emotional support every Thursday evening at 6:00pm to help the poor in our area find a way out of emergency situations while planning for a sustainable way forward.

Mission: To offer tangible assistance to those in need on a person to person basis.

Time: Varies with whatever you are able to give.

Talent: Cashier, sort clothing or household goods, pick-up and delivery, interview applicants needing assistance, and/or grant writer. Training is provided! Friendly demeanor necessary, and compassion for those in need of help. This volunteer opportunity provides a real chance to be the hands of Jesus.

Coordinator:
Amy Pata, ramrap94@hotmail.com

Brisben Center Community Dinners



Mission: To practice charitable corporal works of mercy by cooking and serving meals to the residents at the Brisben Center.

Time: Must be available between 3-5pm or 5-7pm. We are responsible for dinners on the second and fourth Wednesdays of each month.

Talent: Must be over 16 years of age. Willingness to assist in the preparation and serving of the meals. We also welcome monetary donations to support the purchase of food and supplies.

Coordinators:
Gustavo Guzman
gustavoguzmansilva74@gmail.com
Jim Shall, jimshall1@yahoo.com

Kids Club *Mission:* To serve the social/emotional needs of local homeless children ages 1-18. Homework assistance (during the school year), themed crafts, indoor/outdoor games and fun sensory activities are provided.

Time: Wednesdays 4:30-5:30 (Sign-up Genius is required as space can be limited).

Talent: A love of children and a desire to fill a needed role in bringing acceptance, encouragement and joy to the children. Volunteers should be 18 and older. 7th and 8th graders preparing for confirmation are welcome but must be accompanied by an adult.

Coordinator:
Sydney McDonald, sydjim92@msn.com



PARISH LIFE

- | | |
|--|---|
| Adoration of the Blessed Sacrament | Over 40 Single Catholics |
| Ancient Order of Hibernians | Parish Life Committee |
| Book Club | Prayer Groups |
| Council of Catholic Women (CCW) | <ul style="list-style-type: none"> • Fasting Brothers • Seven Sisters Apostolate • Spanish Prayer Groups • St. Monica |
| <ul style="list-style-type: none"> • Circle of Love • Craft Group • Prayers & Squares | Respect Life Ministry |
| Cursillo | <ul style="list-style-type: none"> • Birthright of Fredericksburg • Mary's Shelter |
| Funeral Receptions Committee | Secular Franciscan Order |
| Gardening Angels | Senior Luncheons |
| Hispanic Ministry | Special Blessings |
| Homeschool Group | Welcoming New Parishioners |
| Knights of Columbus | Young Adults |
| Legion of Mary | Youth Organizations (Sponsored by parish/school) |
| Magdalenes | <ul style="list-style-type: none"> • American Heritage Girls • Boy/Cub Scouts of America • Trail Life USA Troop |
| Marriage Ministry | |
| Young Family Ministry | |
| Men's Group | |
| That Man is You (TMIY) | |
| Moms' Group | |
| <ul style="list-style-type: none"> • St. Anne Sisters in Faith | |

We welcome, connect and foster fellowship in the parish community. Parish Life is the very essence of Christ in action - loving, serving, praying and building God's kingdom through each other and the family of St. Mary Parish.



Adoration of the Blessed Sacrament

Mission: To love and adore the real presence of Jesus Christ in the Most Blessed Sacrament. As Christ asked His disciples in the garden: "Could you not watch one hour with Me?" (Mt 26:40) Come and spend time with Jesus. He is with you. "I look at Him and He looks at me." - St. John Vianney, patron of priests

Time: Commit to one hour or more per week. Permanent adorers and substitutes are needed for our Adoration Chapel (in the near future). Our current Eucharistic Adoration hours are Wednesdays 1pm to Fridays 9am in the church (excluding Mass times and funerals).

Coordinator:

Serena Nguyen, adoration@stmaryfred.org
Adoration FB: <https://facebook.com/groups/312659069201403>

"Adoration is the first act of the virtue of religion. To adore God is to acknowledge him as God, as the Creator and Savior, the Lord and Master of everything that exists, as infinite and merciful Love." (Catechism of the Catholic Church #2096)

Ancient Order of Hibernians AOH



Mission: In 1987, Father John J. Munley, St. Mary's pastor, was instrumental in founding the Fredericksburg region Ancient Order of Hibernians (AOH) division. It was named in honor of the Irish American statesman, patriot and commander of the famed Irish Brigade, General Thomas F. Meagher. We are one of 15 divisions in the Commonwealth working together in support of Irish traditions. Meagher Division brothers raise funds for local charities that espouse Catholic ideals. For example, proceeds from our annual Shamrock Charity Golf Classic and Trip for Two to Ireland raffle support Mary's Shelter, Birth Right, the Paul-Stefan Foundation, four parish work camps, and scholastic awards for Catholic elementary school graduates accepted to matriculate at area Catholic High Schools. Annually the Division presents a wreath at the Irish Brigade Memorial (FXBG City Dock) to commemorate brigade actions during the 1862 Battle of Fredericksburg. The division hosts Irish American Heritage Month events and an annual Halfway to St Patrick Day celebration in September.

Time: Third Tuesdays monthly, 7:30pm at the KoC Council Home, 4724 Harrison Road, 22401. Meetings have a formal business session followed by a social segment including guest speakers on current issues in Ireland, and Irish/Irish American history, and cultural discussions. For more info: aohfredericksburg.org

Coordinator:

Tim Parker, timothymparker3@gmail.com

Book Club

Our Parish Book Club welcomes all who have an interest in reading and joining in lively, stimulating discussions. As Catholics, we believe that we need to take responsibility for ourselves in continuing our education throughout life. We meet monthly to discuss spiritual, educational, and uplifting works with Christian themes. The selections are determined by the membership and include both fiction and non-fiction. Each month's meeting is published in the Parish Bulletin, along with the title of the book for the month.

Even if you haven't read the book, but are interested in the topic, you are most welcome to join us for the discussion.

Mission: To read and discuss books which have a Christian focus.

Time: Second Tuesday of the month at 10:00am.

Coordinator:

Marian McCabe, mkurtosis@gmail.com

Council of Catholic Women (CCW)



The Council of Catholic Women is a national organization. Ours is one of the few parishes in this part of Virginia to have its own Council. All women registered at St. Mary are members. Together we do great things for our parish and community. We donate thousands annually to worthy causes through fund-raisers like craft bazaars, bake sales, yard sales and charity baby showers. The Circle of Love provides help for parishioners in crisis situations, and the Prayers and Squares ministry offers comfort with symbols of God's healing love to those who are ill or homebound. We have chartered and sponsor American Heritage Girls Troup VA0126, and we award scholarships to girls attending St. John Paul the Great High School. We host mother-daughter events and organize theater outings and day-trip pilgrimages for all parishioners. Our monthly meetings, September through May, feature uplifting and informative speakers. Please keep in touch with us through meeting minutes and newsletters at StMaryCCWNews@aol.com, visit our website <https://stmaryccw.org>, and like us on Facebook at Facebook/StMaryCCW.

Mission: With Our Lady of Good Counsel as our guide, we support, empower and educate women in spirituality, leadership and service.

Time: Monthly meetings with speakers and fellowship. Support of parish life activities, many opportunities to volunteer where your interests lie.

Talent: Willingness to share time and individual gifts. Desire to learn and deepen faith in a relaxed, friendly setting.

Coordinator:

Jeanie O'Connor, President
teachu22002@yahoo.com

Craft Group

We create items to be sold at the CCW Craft Bazaar fundraiser. We get together most Thursday mornings all year. Each crafter works on a craft of their own choosing or they come for fellowship. If you would like to learn to crochet, knit or whatever come and let us help you.

Mission: To inspire one another through arts and crafts, and share in the joy of creativity.

Time: 9:30-11:00am, Thursdays in room 100 of the PLC.

Talent: Needlework, painting, woodworking, glass art or jewelry—you name it!

Coordinators:

Wanda Cushing, wandasj823@gmail.com
Esther White, ewhite0105@aol.com

Prayers & Squares



Mission: To promote prayer, using quilts. St. Mary's ministry has presented hundreds of quilts to parishioners who are seeking healing prayers. A heavy thread is stitched through the quilt layers, the ends left for parishioners to tie off; for each knot tied, a silent prayer is offered for the quilt recipient.

Talent: Requires no sewing skills. There are multiple non sewing tasks. We welcome new members who are interested in assisting with this Ministry, to attend a meeting and find a task that interests them. We are looking specifically for individuals to sit with the quilts after mass for 10 minutes while parishioners tie a knot and say a prayer.

Time: Meets on the 4th Tuesday of each month.

Pocket squares: Are available once a month, they are placed in a basket and can be found on the table in the narthex of the church. Pocket Squares are small two-inch squares with a string attached to tie and say a prayer. They can be slipped into your pocket and when your fingers touch the square be mindful of God's love and peace for you. Or you can say a prayer for someone else, tie a knot and pass it along as a small gift. There is no cost for a prayers quilt. Request forms are available at the parish office or by email to Dian Epp.

Coordinator:

Dian Epp, dbep65@outlook.com





Mission: Cursillo ignites a living, joyful Catholic faith by forming small, supportive groups where we grow together, deepening our relationship with Christ through the real stories of our lives. In these groups, we share our joys, our challenges, and the ordinary moments where God quietly reveals His presence. It is a place where you can be known, encouraged, and spiritually renewed. Jesus extends a personal invitation to every heart: "Follow me." Cursillo helps you respond to that call, not alone, but alongside brothers and sisters who walk the same path of discipleship.

Time: How It Works

Your journey begins with a three day retreat filled with prayer, fellowship, and powerful encounters with Christ. After the weekend, you join ongoing small groups that continue to nurture your faith, encouraging one another, growing together, and living out the Gospel with purpose.

Talent: Who Can Join

Anyone who desires a stronger relationship with Christ and wants to walk with others in faith.

Make a friend, be a friend, bring a friend to Christ.

Coordinator:

Miguel Ayala, miguel.a.ayala@gmail.com



Funeral Reception Committee

Mission: To provide support for families in grief by setting up and serving receptions held in the Parish Life Center following funerals.

Time: As needed when funerals occur. Weekdays or Saturdays.

Special Skills: A desire to support a family in grief.

Coordinators:

Mary Ellen Wheeler

meqwheeler@gmail.com

Jill Scott, jill@rivahbum.com

Gardening Angels



Mission: To enhance the gardens and landscape of St. Mary and surrounding properties.

Time: Seasonal. Specific activities in late winter, spring, summer and early fall.

Special Skills: Enjoyment of gardening. Plant knowledge is helpful.

Coordinators:

Arlene and Joe Wilkinson

jbmwilkinson@verizon.net



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Home School Group

Mission: To support parish families who educate their children at home. Provides fellowship, guidance and resources.

Talent: Homeschooling families interested in the opportunity to participate in extra- curricular activities and to socialize.

Coordinator:
Alison McGraw, mcgrawat@gmail.com

Knights of Columbus



Knights of Columbus

The KofC is a Catholic men's organization designed to assist the parish through charity, unity, and fraternity. Fredericksburg Council 4034 supports St. Mary in many ways throughout the year. Knights are Catholic men committed to charity in action. You will find the Knights participating as ushers, choir members, extraordinary ministers of Holy Communion, lectors, etc. The Council raises funds for the Religious Education Assistance Program (REAP), sponsors and helps organize the annual March for Life, holds monthly family dinners at the parish, organizes the annual Life Chain, gathers for a quarterly Corporate Communion and monthly Adoration, in addition to many other things. The Council co-sponsors and helps organize the Parish Picnic. The Council also helps those in need through parish referrals, and supports family, youth, community, and Church in prayer, treasure, and action.

Mission: To live by the principles of charity, unity, fraternity and patriotism within the community of St. Mary Parish. The Knights of Columbus has the potential of being one of the most profound presences of charity and leadership in the parish, with your membership.

Time: Meetings held monthly. Additional charitable and community events are held throughout the year.

Special Skills: Catholic men over 18 years of age seeking fellowship and having a desire to grow in their faith and community outreach.

Grand Knight:
Joe Stone, gkkofc4034@gmail.com

Legion of Mary



The Legion of Mary is a lay Catholic organization whose members give service to the Church on a voluntary basis in almost every country. Weekly meetings are held where prayer and instruction are intermingled with reports and discussion. Additionally, every legionary completes a weekly apostolic work. These works include religious education, and visitation of families and the sick in their homes, hospitals, and nursing facilities. The Legion also collaborates in apostolic and missionary undertakings sponsored by the parish.

Mission: To magnify the glory of God through the holiness of its members developed by prayer and active co-operation in the Church's work, under the guidance of a priest.

Magdalenes

Time: Weekly meetings with additional apostolate works, about a four-hour weekly commitment.

Special Skills: Commitment to prayer and service.

Coordinator:
Barb Frasher, barbfrasher123@gmail.com

Spanish Coordinator:
Samuel Meza, samuelmeza1230@gmail.com

The Magdalenes are a ministry consisting of parishioners who provide spiritual support for bereaved families since 1996. When notified upon the death of a parishioner, the Magdalenes attend the funeral Mass and a half hour prior, pray the rosary for the repose of the soul of the deceased parishioner. If there is a viewing at the funeral home, they will attend and lead the rosary in the absence of clergy. Families of the deceased have often expressed their gratitude for this ministry. We welcome new members!

Mission: To pray for the deceased members of our parish at funerals.

Time: As needed, when funerals are scheduled. Weekdays or Saturday mornings.

Special Skills: A desire to support families in grief. Participate in funerals and vigils through prayer.

Coordinators:
Dennis Kuhl, RLCKUHL@cox.net
Doris Inguanti, singuanti@comcast.net

Marriage and Family Ministries

Can Family Group



Mission: A Catholic family ministry where we strive to create intentional Christian communities primarily for young families in their first 10 years of marriage. The small groups of no more than 7 families, primarily minister to each other through Marriage, Faith, Family, Spiritual Growth, and Community Building to enrich our families in holiness and faithfulness.

Time: Once a month for dinner, fellowship, and discussion. Family style dinner is hosted at a home with each family contributing to the meal. After the meal, the children are led by high schoolers who provide activities with a Catholic theme, while the adults gather separately for discussions about a relevant topic for Catholic families. We strive to be a community of faithful supporting each other as we start marriages and families.

Coordinators:
Scott and Caryn Vezina
scottvezina@gmail.com or 571-426-2487





Young Family



Mission: To provide an opportunity for young families to gather and support one another raising our children in the faith.

Time: Spring: Kids' Stations of the Cross; Summer: Young Family VBS; Fall: Young Family Holy Hour; Winter: Epiphany Party

Talent: Love for the Catholic faith and a heart for sharing it with young children and parents.

Coordinator:

Katherine Resendez

stmaryyoungfamilyministry@gmail.com

Teams of Our Lady



Mission: Teams of Our Lady is an international lay movement in the Catholic Church, designed to enrich marriage spirituality and make good marriages better. Teams provide a proven method of increasing and improving prayer life, which will help couples grow closer to God and each other. At the same time, their family will reap the benefits as well.

A team is comprised of 5-7 married couples. The team meets one time per month, rotating from one home to another. The team shares a simple meal, prayer, and strives to become a close community that can inspire one another through their living examples of faith.

Coordinators:

Allen and Kim Duplantier

duplantieraj@gmail.com, duplantier9@att.net

Marriage Preparation



Mission: To assist the priests in the preparation of couples seeking the Sacrament of Marriage.

Time: Weekend marriage preparation retreats are held 3-4 times per year. Seeking mentor couples, discussion facilitators, and volunteers willing to prepare meals and support retreat efforts.

Talent: Willingness to support, pray for, and encourage engaged and newly married couples.

Coordinators:

Margaret and David Bereit

margaret@stmaryfred.org

Men's Group

Through discussing issues relevant to work, family and friendship, men of the parish have an opportunity to reinforce and strengthen their Catholic faith.

Mission: To offer men an opportunity for fellowship, discussion and prayer in a casual environment.

Time: Group meetings monthly at varying times, held at area breweries or homes. Contact the coordinator to be placed on the distribution list and receive the date, time and location each month.

Coordinator:

Christopher Colby

christopherscolby@gmail.com

That Man Is You



Mission: That Man is You (TMIY) is an interactive, multimedia men's program focused on developing authentic male leadership. Each week you are encouraged to grow in the image of Christ to strengthen our families & our communities. The program content harmonizes current social & medical science with the teachings of the Catholic Church and the wisdom of the saints to develop the vision of a man fully alive. All men are invited to join. We begin with breakfast in the PLC, then a video in the Church, followed by small groups.

When: Saturday mornings 6:00-8:00am

Where: Parish Life Center & Church

Coordinator:

Mike Murphy, mikemurphy762@gmail.com



**FULLNESS
OF JOY**
in His Presence

Moms' Group
St. Anne's Sisters in Faith

Book study, fellowship, discussion on a variety of topics, social events and pot luck dinners with our families.

Mission: To strengthen and support women in their vocation as Catholic wives and mothers through prayer, education and fellowship.

Time: Meetings held every Friday 9:40-11:30am (September-May) at the John Paul II house, young children welcome, babysitting provided.

Coordinator:
Rocio Atkinson, rocio.o.atkinson@gmail.com

Over 40 Singles

Mission: Activities for single, widowed or divorced Catholics over 40 years old. To foster spirituality and friendships in the community and in service to the parish.

Time: Monthly gatherings for events such as: prayer, Mass, dinners, movies and works of charity.

Special Skills: Creativity, ability to work with a team and enjoy life.

Coordinators:
Eileen Walts, Emw5348@gmail.com
Kirk Groenendaal, Kegr8@gmail.com

Parish Life Committee

Mission: To promote and organize activities that build up our parish community in fellowship and sharing, as well as organizing social events that promote community, such as the Volunteer Dinner, Catechist/Teacher Appreciation Dinner, Confirmation Reception and any celebration we are called upon to assist.

Time: As parish calendar dictates, typically 3 or 4 events each year.

Special Skills: Ability to work together as a team and provide warm and welcoming hospitality to parish community.

Coordinator:
Mary Briganti, mebriganti25@cox.net

Prayer Groups
Communal First Saturday



Mission: This communal celebration of the First Saturday offers a way for people to fulfill the conditions of the First Saturday where the faithful can join together in the four practices requested by Our Lady in reparation to her Immaculate Heart (December 10, 1925). In addition, the communal celebration offers a service through which a much larger number of people are able to practice the First Saturday on a continual basis. In this way, we can obtain the graces of conversion for ourselves and others in greater measure, and so help to bring about a period of peace and the salvation of souls.

Time: First Saturday of the month, 8:00am, Rosary, Mass, Meditation.

Coordinator:
William (Skip) Surette
surettesv@verizon.net

Fasting Brothers



Fasting Brothers provide spiritual support for a priest of the diocese. Fast can be of your choosing: food, internet, TV, music, alcohol, etc.

Mission: To intercede for the needs and intentions of priests and bishops, supporting them in their vocation and ministry.

Time: One day each week for a year.

Talent: Generosity and fortitude.

Coordinator:
Michael Horne, mkhorne7@yahoo.com

Seven Sisters Apostolate



The Seven Sisters Apostolate is a worldwide mission of prayer for priests and bishops. Seven women form a prayer team for one priest and commit to one Holy Hour of Eucharistic Adoration on a fixed day of the week for one year. St. Mary's has five teams, one for each of our priests as well as the bishop. More information is available in English and Spanish on the apostolate's website: sevensistersapostolate.org.

Mission: To intercede for the needs and intentions of priests and bishops, supporting them in their vocation and ministry.

Time and Talent: Team members make the above-mentioned commitment to pray a Holy Hour once a week on a specific day at a flexible time for one year. Holy Hours must take place in the presence of the Blessed Sacrament at any Catholic church; exceptions are gladly made for the homebound. Members have a heart for prayer and a love for the gift of the priesthood.

Coordinator:
Kara Horne, karahorne@gmail.com



FULLNESS OF JOY
in HIS Presence

St. Monica



Mission: To provide a community for Catholics to pray for loved ones (children, parents, spouses, extended family and friends) who have strayed from the faith. To provide encouragement, and to assist each other in our growth in holiness.

Time: Monthly gatherings following the second Saturday 9:00am Mass.

Coordinator:

Megan Kimbrell, st.monica.club@gmail.com

Respect Life Ministries



Mission: To promote pro-life and pro-family values, facing trends in today's culture with mercy, action and support. This year we will promote new initiatives for education and the dignity of the person, with emphasis on a culture of support and adoption.

Time: Flexible, as able.

Special Skills: An ability to reach out to others in a spirit of love and forgiveness, an intention to heal and transform hearts.

Coordinator: NEED NEW COORDINATOR!

Elaine Stanislowski

estanislowski@stmaryfred.org

Birthright



Birthright of Fredericksburg is an inter-denominational ministry committed to providing free, confidential, non-judgmental support to any woman who is pregnant or thinks she might be pregnant, no matter her age, race, circumstances, religion, marital status or financial situation. Birthright is a 501(c)(3) charitable organization.

Mission: To provide caring, non-judgmental support to girls and women who are distressed by an unplanned pregnancy and to help her make a realistic plan for her future and the future of her unborn child.

Time: There are many volunteer opportunities. Time is Flexible and Varies according to need.

Coordinator:

Rosemary O'Grady

birthrightfred@gmail.com, 540-898-8558

2006 Lafayette Blvd., Fredericksburg VA 22401



Mary's Shelter

Mary's Shelter

Sheltering Women and Their Children

Expectant mothers and their children find not only shelter, but a home at Mary's Shelter VA. We provide beautiful homes filled with unconditional love and a program that provides structure, encourages self-discipline, and motivates with gentle, intentional guidance.

Staying up to 3 years, each mother attends in-house parenting and life-skills classes, as well as furthering her education and securing employment. This time is spent building a foundation for independent living that will carry her confidently beyond our doors.

Mary's Shelter VA is run by a small team, including dedicated volunteers. Our hope is that many will answer the call to be involved in this pro-life ministry. A few options include providing transportation, organizing fundraisers, and volunteering particular talents and knowledge either to assist in needs that arise or in teaching residents.

Mission: To provide housing and all necessary support to women faced with a crisis during pregnancy.

Time: Flexible. Any time that you are able to give is appreciated.

Special Skills: Compassionate individuals who are willing to help with the many needs associated with pregnancy, giving birth, early days after birth, and helping new mothers to become independent providers. Additional help regarding property or vehicle maintenance greatly appreciated.

Coordinator:

Kathleen Wilson, Director

info@marysshelterva.org

540-374-3407



Secular Franciscan Order



Mission: To live the Gospel life in the manner of St. Francis of Assisi as lay men and women. Canonically established in 2005, the Immaculata Fraternity is a local fraternity of the worldwide Secular Franciscan Order.

Time: The Fraternity meets monthly for communal prayer, ongoing formation in Catholicism and Franciscanism and social fellowship. Members of the fraternity are committed to daily personal prayer and apostolic activity in the various parishes to which members belong. At St. Mary, the fraternity coordinates the Franciscan Prayer Chain and assists with the coordination of Divine Mercy devotions. The fraternity also supports the pro-life apostolic work of the Paul Stefan Home.

Talent: An interest to learn more about the order and to discern whether the Lord may be calling you to live for Him in the world—but not of the world—as members of a recognized order in the Church.

Coordinator: Ed Semeia
esemeia117@gmail.com

Senior Luncheon

Mission: We're excited to relaunch our Senior Luncheons with a fresh start and renewed energy this fall! These cherished quarterly gatherings will bring together 100+ seniors for food, fellowship, and encouragement—and we need your help to make them possible. Whether you love to cook, welcome guests, or work behind the scenes, there's a role for you. Join us in blessing our senior community with warmth, dignity, and a good meal.

Let's rebuild something beautiful—together!

Time: 4-5 hours quarterly

Talent: Kitchen Crew – Cooks, preppers, bakers, and dishwashers; Hospitality Team – Greeters, servers, and table hosts; Decor & Setup – Creative decorators, table setters, and room arrangers; Shopping & Logistics – Grocery shoppers, planners, and runners; Clean-Up Crew – Helpers to reset the space with joy and efficiency.

Coordinator:
Ann Skinner
seniorsministystmary@gmail.com

Special Blessings

Mission: The Special Blessings ministry supports parents of children and adults with special needs. Our gatherings, virtual or in-person, bring together experts and parents to share practical suggestions and resources for raising our children and adult life in harmony with our Catholic faith.

Time: Meetings occur every other month in the evenings, virtual or hybrid.

Coordinator:
Johanna Merino, johanna_merino@hotmail.com

Welcoming New Parishioners

Mission: To welcome and inform our new parishioners about the many ways in which they can get involved, to grow and develop their faith and feel a part of the family that is St. Mary parish.

Time: Monthly welcome meeting & reception 2-3 hours per month.

Talent: A warm and welcoming spirit.

Coordinators:
Elizabeth Dominguez
elizabethdom@hotmail.com
Lynda Retterer, retterlyn@aol.com



Young Adults



Host various events around our community, including mens' and womens' bible study, game night, potluck dinners, karaoke night, book discussions, prayer and social events, outdoor excursions, and volunteer opportunities.

Mission: To bring glory to God by serving the young adult population of our parish through faith building activities, volunteer opportunities in the community, and relationship building social events. Ages 19-39.

Time: Meetings, service and special events as planned.

Special Skills: A desire to minister to young adults in all stages of life and activity planning skills according to time, ability and needs of members.

Coordinator:
Ryan Feather, stmaryyava@gmail.com



Youth Organizations (sponsored)

American Heritage Girls

Mission: To build women of integrity through service to God, family, community and country. The nonprofit national organization offers badge programs, service projects, girl leadership opportunities, and outdoor experiences.

Time: The troop meets three times a month, on Thursday evenings, with other activities once or twice a month.

Talent: Opportunities available for Troop Leaders also!

Coordinator:
Jeanne Alexander, va0128ahg@gmail.com

Boy Scouts of America

Mission: The Boy Scouts of America provides a programming for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. Cub Scouting is a program of the Boy Scouts of America—so in that sense, Cub Scouts and Boy Scouts are both members of the same organization. However, they are entirely different programs: Cub Scouting is a family-oriented program designed specifically to address the needs of younger boys.

Time: Please contact listed leaders for each group's schedule.

Coordinator:
Nate Dobbins, nmdobbins87@gmail.com



Trail Life USA Troop **Mission:** Sponsored by Holy Cross Academy, Troop VA-4034 is a Christian adventure, character, and leadership program for young men. The K-12 program centers on out-door experiences that build a young man's skills and allow him to grow on a personal level and as a role model and leader to his peers. Living the Trail Life is a journey established on timeless values derived from the Bible.

Coordinator:
Mark Gardner, troopmasterva4034@gmail.com





Ministerio Hispano

Nuestro Ministerio Hispano tiene el propósito de promover la participación de nuestros hermanos de habla hispana en cada uno de los ministerios de la parroquia.

Misión: Servir y acompañar a los hispanos a promover su crecimiento espiritual, integración y participación activa en la parroquia; ofreciendo programas de formación, retiros y oportunidades de liderazgo, fomentando un sentido de pertenencia y de comunidad parroquial.

Coordinador:
Erika Paquette, epaquette@stmaryfred.org

Liturgia Ujieres

Representan a la iglesia de manera visible, asisten en la preparación a la feligresía y ayudan con el desarrollo fluido de la celebración de la Misa.

Coordinador:
Javier Flores, javier112690@yahoo.com

Monaguillos

Niños que han recibido la primera comunión. Atienden al servicio del altar. Ayudan al obispo, sacerdote y al diácono.

Coordinador:
Lori Mattson, stmaryfxbg@gmail.com

Coro

Anima a la congregación a cantar y la dirige a través de la música litúrgica, fortaleciendo y realzando su canto.

Compromiso: Semanalmente estar al servicio de este ministerio acudiendo a los ensayo en preparación para la misa dominical.

Coordinador:
David Garrison, dm3312@gmail.com

Sacramentos Bautismo

Primer sacramento de Iniciación Cristiana. Clases conducidas el primer sábado del mes, a menos que se indique lo contrario.

Para bautizar a su hijo por favor llame a la oficina, 540-373-6491

Matrimonio

Un programa de varias semanas, ayudan a las parejas a reconciliarse con Dios, a vivir una nueva vida en Cristo Jesús y su Iglesia. Les enseñan sobre el sacramento del matrimonio, la iglesia doméstica, la experiencia del cuerpo, la persona humana, etc.

Lugar: Casa JP II

Horario: domingos, 12:00pm-2:00pm

Coordinador:
Wilnelia Gonzalez, wilnelia00@yahoo.com

OICA Orden de Iniciación Christiana para Adultos

Facilitan el proceso de iniciación de nuevos miembros a nuestra comunidad católica de fe a través del Bautismo, Confirmación y Eucaristía. Acompañan de manera presencial siendo un apoyo durante todo el proceso de formación.

Horario: jueves, 7:30pm - 9:00pm, septiembre-abril

Coordinador:
Maria Ortiz, mjeortiz@gmail.com

Vida Parroquial Parejas

Las parejas que han vivido el Curso Matrimonial del Padre Ignacio Larrañaga, tienen la oportunidad de participar en el Grupo de Parejas que se reúnen para compartir en un ambiente de esparcimiento y crecimiento.

Lugar: PLC

Horario: varía

Coordinador:
Miguel y Betsy Correa
miguelcorrearealtor@gmail.com
bethzaidacorrea@gmail.com

Todo a Jesús por María

Nos reunimos semanalmente en Asamblea de oración de hermanos para Alabar y Glorificar a Dios. Empezamos con El Rezo del Santo Rosario, tenemos formación y terminamos con la escucha de La Palabras de Dios.

Coordinador: Daysi Benítez
benitezd.tov22@gmail.com

Escuela de Evangelización San Andres

El objetivo de La Escuela San Andrés de Fredericksburg es de formar al pueblo de Dios y difundir su Palabra a través de los retiros que preparamos (3 al año), para que tengan un encuentro personal con El Único y Verdadero Dios vivo. **Lugar:** Biblioteca de la oficina parroquial

Coordinador: Gustavo Guzmán
gustavoguzmansilva74@gmail.com

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Grupo Mariano

Somos un Grupo de adoración que se reúne todos los martes a las 7pm en La Casa Juan Pablo para adorar y alabar a Dios.

Santo Rosario semanal con La Virgen Peregrina todos los jueves a las 7pm. Si deseas que La Virgen Peregrina visite tu hogar, comunícate con nosotros.

Preparamos a los hermanos(as) que se quieran Consagrar al Corazón Inmaculado de María a través del método de San Luis María Grignon de Montfort.

Coordinador:

Gustavo Guzman

gustavoguzmansilva74@gmail.com

Legión de María

Es una organización de laicos católicos cuyos miembros sirven a la Iglesia de forma voluntaria en casi todo el mundo. Se reúnen semanalmente para orar, recibir instrucción y evaluar el trabajo realizado. Cada legionario completa trabajo apostólico semanalmente. Trabajos como educación religiosa, visitar a las familias y los enfermos en sus casas, hospitales y casa de ancianos.

Horario: viernes, 7:00pm-9:00pm

Lugar: Biblioteca de la oficina parroquial

Coordinador: Samuel Meza,
samuelseza1230@gmail.com

Grupo de Jóvenes Adultos de 21-40

Lugar: Casa Juan Pablo II

Horario: septiembre-julio,
domingos, 6.30pm-8.30pm

Coordinador:

Marina López

mariperezjimenez48@gmail.com

Formación para Padres de familia

La misión del Programa es proveer a los padres de oportunidades y recursos necesarios para crecer espiritualmente y ampliar sus conocimientos de la fe Cristiana y la Doctrina Católica. Todo ese crecimiento espiritual y doctrinal los equipará para compartir mejor la Fe para desempeñar su labor de evangelización y educación en la familia, y ser mejores líderes misioneros en la sociedad.

Horario: septiembre-mayo

Coordinador: Maria Ortiz

mjeortiz@gmail.com

Ese Hombre Eres Tú (TMIY)

Un programa interactivo para hombres que combina las mejores investigaciones científicas con las enseñanzas de la fe católica y la sabiduría de los santos para desarrollar la visión del hombre vivo. ¡Ese hombre eres Tú! Busca formar a los hombres a ser capaces de transformar a sus hogares y a la sociedad. Todos los hombres de la parroquia están invitados a este programa de 13 semanas.

Lugar: Centro de Vida Parroquial (PLC) y la iglesia

Horario: sábados, 6:30am - 8:00am
(septiembre-mayo)

Coordinador:

Domingo Bautista, 540-735-4494
domingobautista@hotmail.com

Taller de Oración y Vida

es un Encuentro con Dios y contigo mismo aprendiendo a orar y meditar la palabra en 15 sesiones que cambiarán tu vida. Se imparte una vez cada semestre con una duración de dos horas cada sesión.

Horario: varía

Coordinador:

Daysi Benítez, benitezd.tov22@gmail.com

Rosario Dominical

Lugar: Iglesia Saint Mary

Horario: domingos, 2:00pm (antes de la misa en español)

Coordinador:

Dalys Nestor, meladalys@hotmail.com

Grupo de Mujeres

En este grupo encontrarás un ambiente de hermandad donde podrás crecer en el conocimiento de la verdad, que es Jesús, a través de la palabra de Dios con estudios bíblicos, la oración y testimonios. Esta verdad te hará libre para poder actuar con confianza dentro de tu hogar, tu lugar de trabajo y en la sociedad.

Lugar: Casa Juan Pablo II

Hora: jueves 10:00am- 11:30am

Coordinador:

Betsy Correa, bethzaidacorrea@gmail.com



Parish Staff

PASTOR

Very Rev. John Mosimann, V.F.
frmosimann@stmaryfred.org

PAROCHIAL VICARS

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Rev. Joseph Connor
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Rev. Stan Lee
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Carmen Sanchez, Custodial Services

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Emily D'Isidoro, Assistant
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David Garrison, Assistant Organist
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Melissa Joseph, R.E. Assistant
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SACRISTAN

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YOUTH MINISTRY

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Holy Cross Academy

PRINCIPAL

Dr. Stephen Fry
sfry@holycrossweb.com

ASSISTANT PRINCIPAL

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PRESCHOOL DIRECTOR

Allison Gardner
agardner@holycrossweb.com

FULLNESS
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Parish Council Donna Harring, Chair
donnaHarring2@gmail.com

Brian Fannin, Vice Chair
attorney@brianfanninlaw.com

Education Committee Dr. Stephen Fry, Chair
sfry@holycrossweb.com

Finance Committee Josh Taylor, Chair
bigdollamova@gmail.com

Liturgy Committee Very Rev. John Mosimann V.F., Chair
frmosimann@stmaryfred.org

Parish Finance Council Josh Taylor, Chair
Tibor Baksy
Kevin Breen
Sky Turpin
Scott Vezina

Operations Committee Chris Lanzarone, Chair
clanzarone@stmaryfred.org

Outreach Committee Elena Doyle, Chair
edoyle@stmaryfred.org

Parish Life Committee Mary Briganti, Chair
mebriganti25@cox.net

Members At Large Miguel Correa
Joe Cralle
Brian Hellmann
Kristie McDowell
Erika Paquette

Holy Cross Academy Parent Teacher Organization Kathy Butts, President
Katie Ventura, Vice-President
Deanna Rubright, Treasurer
Maryanne Harring, Secretary
Theres Vogel, Member At Large
Joyce Bodoh, Member At Large
Anna Henkel, Member At Large

Stewardship Committee *The primary role of Stewardship is to engage and encourage new and existing parishioners to get involved and find their home at St. Mary's. It is composed of parishioners who have volunteered in a variety of ways over several years. They are happy to meet with any parishioner to listen and help them discern where their gifts and talents might be utilized within existing ministries. They also support all ministries and facilitate the parish leadership dinner and parish life weekend.*

Tom Fish, Chair
stewardship@stmaryfred.org

Lenny Cascio
Mary Collins-Morton
Elena Doyle
Pat Fish
Doris Inguanti

Eileen Lanzarone
Mary Jo Medosch
Lynda Retterer
Jim Shall
Lisa Shall





PLENITUD DE GOZO

en Su presencia



ST. MARY
OF THE IMMACULATE CONCEPTION

Saint Mary of the Immaculate Conception Roman Catholic Church

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