

# **TWENTY-SEVENTH SUNDAY IN ORDINARY TIME**

**October 4, 2026**



**Saint Mary of the Immaculate Conception Roman Catholic Church**

1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

# capital campaign

# grow our legacy in faith

## Coming Soon: Construction to Begin on the Divine Mercy Chapel Memorial Wall

On Tuesday, Father Mosimann and Parish Craftsmen met to finalize the construction plan for our new Divine Mercy Chapel Memorial Wall. Work will officially begin within the next few weeks to assemble the Memorial Wall.

At the top of the memorial wall, will be a beautiful frieze and a routed wooden panel will bear the prayer:

### “Loving Heart of Jesus, Have Mercy on Us”

As part of this phase of construction, craftsmen will begin mounting the custom granite memorial tiles. These beautiful tiles honor the generous parishioners who memorialized items for the embellishment, sacred furnishings, and beautification of our Divine Mercy Chapel. Over time, as new memorials are added, additional tiles will join this wall. If you would like to Memorialize a tile, please contact the parish office.

### Note for Adoration Chapel Visitors:

Work is scheduled during early morning hours to minimize disruption to adoration hours. We appreciate your patience and prayers as we build out this wall to honor Our Lord and commemorate our parish family.

*"I am building a temple in my heart for You, O Lord, where Your mercy may be praised forever."*

— St. Maria Faustina Kowalska (Diary, 1485)

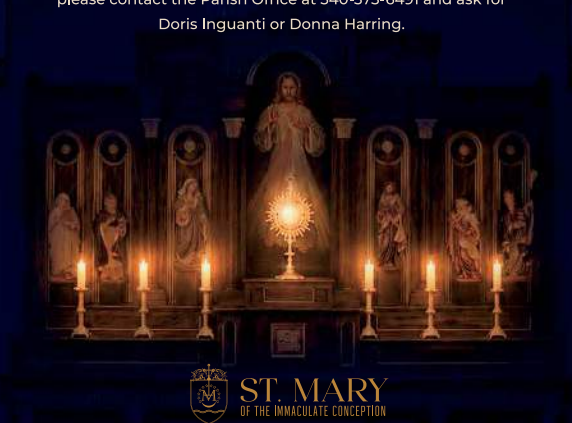
## Loving Heart of Jesus:

*Have Mercy on Us*

**Be a Permanent Part of Our Community's History**  
We invite you to memorialize a beautiful engraved tile on the *Divine Mercy Chapel Memorial Wall*. This is a unique opportunity to honor a loved one, commemorate a special date, or offer a prayer of thanksgiving that will be seen by generations to come.

**Your Support Matters**  
Your contribution directly supports our ongoing priorities and the expansion of our facilities. We are deeply grateful for your generosity and your commitment to our Parish.

For questions or to submit your order form and payment, please contact the Parish Office at 540-373-6491 and ask for Doris Inguanti or Donna Harring.



**ST. MARY**  
OF THE IMMACULATE CONCEPTION

## Loving Heart of Jesus: *Have Mercy on Us*

### Memorial Wall Options:

- 4" x 8" Tile — \$2500 — 4 lines (20 characters per line)
- 8" x 8" Tile — \$5000 — 8 lines (20 characters per line)

### Inscription Guidelines

To ensure accuracy and a professional appearance for the wall, please follow these guidelines: Spaces and punctuation marks count as characters. All text will be centered horizontally and vertically on the tile. To maintain a cohesive aesthetic, all inscriptions will be engraved in a standard, legible font.

OPTION 1

Line One

Line Two

Line Three

Line Four

OPTION 2

Line One

Line Two

Line Three

Line Four

Line Five

Line Six

Line Seven

Line Eight

View this bulletin online at [www.DiscoverMass.com](http://www.DiscoverMass.com)

# from our pastor

Dear Folks,

Bishop Says & Expanded Adoration Hours.

Bishop Burbidge says:

*I am asking you to take some specific actions throughout October to defeat two radically unjust ballot initiatives now before all Virginia voters.*

*Our Catholics Vote No campaign is rooted in prayer and fasting.*

*Therefore, On Fridays, I ask that you pray the Stations of the Cross. And fast—which means eating only one full meal and no meat.*

*On Sundays, I ask that you pray the Rosary and fast from social media for at least a few hours—especially before and after Mass.*

*It would be a powerful force if all in the Diocese of Arlington were united in these efforts. We entrust them to the Lord's amazing grace, so all that is just, right, and true will be done in this election.*

*May God bless you and your families.*

What does it mean when the bishop asks us to do something specific?? Well, ask yourself: what does it mean when my mother or father asks me to do something specific?

Yes, the bishop has authority to make particular laws for the diocese, with authority conferred by Jesus: "What you hold bound on earth is bound in heaven..." and, probably to your surprise, the pastor likewise can, in limited cases.

In this instance, the bishop is "asking" so I don't think it has the binding force of law on all Catholics in the diocese. However, that does not make the request less solemn.

Will you, during October, pray the Stations of the Cross on Fridays, the Rosary on Sundays, and fast from social media for a few hours on Sundays? The changing of hearts requires lots of prayer and fasting!

Expanded Adoration Hours: We were successful in getting volunteers last weekend, partly because several priests volunteered to take the difficult late-night hours that were the last to fill! Thank you, Fathers!

Thus, Solemn Adoration with expanded hours in the new Divine Mercy Adoration Chapel will begin tomorrow, Monday, October 5th, which is the feast of Saint Faustina! What a lovely sign of divine blessing and providence!

The Adoration Chapel should be open whenever the church is open.... (except for the mystery person who has been turning off the lights and locking the door... who are you?? Please don't lock the chapel without Father's permission!)

Thus, our Solemn Adoration will now run from Monday morning to Friday morning!! That is 100 hours of Adoration a week!!!

Let the blessings fall upon us as we spend time with the Lord and enter into the Fullness of Joy in His Presence.

Pax et Bonum,



Very Reverend John P. Mosimann, V.F.  
Pastor

**Bishop Burbidge is asking all of us for prayers and sacrifice for the intention of the VA Vote - NO initiative**

## Prayer and Fasting Guidelines for the Month of October

### Prayer

**Pray the Rosary on Sundays**

**Pray the Stations of the Cross on Fridays**

### Fasting

**Fast from social media on Sundays for at least a few hours, especially before and after Mass**

**Fast on Fridays by eating only one full meal and no meat**

## announcements

### St. Mary Coffee & Donut Shop

Following ALL Morning Masses  
Come and enjoy some fellowship!

## ADORATION

at St. Mary of the Immaculate Conception

*Church Adoration*

MONDAY-FRIDAY | 7AM-9AM

*Chapel Hours*

MONDAY-FRIDAY | 9AM-9PM

SATURDAY & SUNDAY | 8AM-8PM

*Chapel Adoration*

WEDNESDAY | 9AM-12AM

THURSDAY | 12AM - 6:30AM & 9AM-12AM

FRIDAY | 12AM-6:30AM

[stmaryfred.org/adoration-schedule](http://stmaryfred.org/adoration-schedule)

## contact us

### SUNDAY MASS

Saturday Vigil 5 & 7pm  
Sunday 7, 8:30, 10:30am, 12:30,  
2:30pm (Spanish), 5pm, 7pm  
8:30 & 10:30am at Holy Cross Academy

### DAILY MASS

Monday - Friday 6:30am, 9am, and 12 noon  
Saturday 9am  
Holy Days of Obligation, as announced

### DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,  
Wednesday 12:30pm - Friday 9am  
Divine Mercy, Wednesday, 3pm  
First Friday 7pm Novus Ordo (Latin Mass)  
First Saturday 8:00am - Fatima Prayers & Rosary  
followed by 9am Mass

### CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;  
Saturday, 8-8:30am & 3:30 - 4:30pm

### PARISH OFFICE

540-373-6491 fax: 540-371-0251  
[stmary@stmaryfred.org](mailto:stmary@stmaryfred.org)  
[stmaryfred.org](http://stmaryfred.org)  
Monday - Friday 8:30am - 9pm;  
Students staff office weekdays until 9pm,  
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor  
Reverend Tim Courtney, Parochial Vicar  
Reverend Kevin Dansereau, Parochial Vicar  
Reverend Joseph Connor, Parochial Vicar  
Reverend Stan Lee, Parochial Vicar

Business Manager, Elaine Stanislowski  
Director of Operations, Chris Lanzarone  
Parish Secretary, Lori Barlow & Gio Camacho  
Facilities, Late-Lawson Drackey  
Custodial Services, Carmen Sanchez

### MUSIC

Joseph Ciskanik  
Director of Music, [musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)  
Assistant, Music Ministry, Emily D'Isidoro

### HOLY CROSS ACADEMY

540-286-1600  
250 Stafford Lakes Parkway  
Fredericksburg, Virginia 22406-7234  
Principal - Dr. Stephen Fry,  
[sfry@holycrossweb.com](mailto:sfry@holycrossweb.com)

### HOLY CROSS ACADEMY PRESCHOOL

Director, Allison Gardner  
540-286-1600

### RELIGIOUS EDUCATION

Director, Dr. Katherine Evans  
Administrative Assistant, Sonia Spencer

### YOUTH MINISTRY

Director, Tatiana Beltran

### ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans  
[kevans@stmaryfred.org](mailto:kevans@stmaryfred.org)

### OUTREACH

Director, Elena Doyle

### BAPTISMS

Parish registration (90 days) and class required.  
Please contact the parish office to schedule the date at  
least four weeks in advance.

### MARRIAGE

Parish registration required; contact the parish six months  
in advance to begin preparation or Margaret Bereit  
[margaret@stmaryfred.org](mailto:margaret@stmaryfred.org)

Articles must be submitted two weeks prior to publication.  
Send articles to [bulletin@stmaryfred.org](mailto:bulletin@stmaryfred.org). Thanks!

Saint Mary of the Immaculate Conception  
1009 Stafford Avenue, Fredericksburg, VA 22401

# holy cross academy

## St. Lucy Project Donation Drive a Success!

As part of our Feast of the Holy Cross celebrations, the Holy Cross Academy community came together in a beautiful act of service by collecting donations for the St. Lucy Project. Thanks to the generosity of our students, families, and staff, we received a wonderful collection of hearty soups, ravioli, and other meal items that will help support families in need throughout our community.

This service project was a meaningful way for our students to put their faith into action, reflecting Christ's call to care for our neighbors. We are grateful to everyone who donated and helped make this effort such a success.

Thank you for your kindness, generosity, and commitment to living out the mission of Holy Cross Academy. Together, we are making a difference, one act of service at a time.

*"Whatever you did for one of the least of these brothers and sisters of mine, you did for me."* – Matthew 25:40

## SAVE THE DATE

Mark your calendars for **Wednesday, November 4th, and join us from 6:30- 8pm for HCA Transition to High School Night!**

This special evening is designed for 7th and 8th grade students and their families as they begin exploring high school options. Representatives from local public schools, boarding schools, and diocesan high schools will be available to answer questions about admissions, academics, extracurricular activities, and the transition to high school.

Each family will have the opportunity to meet with representatives from up to three schools, gather admissions materials, and receive valuable information to help make informed decisions about their student's future.

This event is free, and we strongly encourage

students to attend alongside their families. It is truly a blessing to have such a wide range of educational opportunities represented in one place. Attendees will have the chance to connect with representatives from boarding schools, college preparatory schools, UMW ATI, Governor's School programs, IB/LEAPS schools, and many other educational pathways. Families will also be able to learn about student shadow opportunities, allowing prospective students to experience a day in the life at schools they may be considering.

We encourage all families to take advantage of this unique opportunity to explore high school options, ask questions, and gather the information needed to make the best choice for their child's future. For more information, please email Ms. Dumont at [hdumont@holycrossweb.com](mailto:hdumont@holycrossweb.com). We look forward to helping our students take the next step in their educational journey!



**A National  
Blue Ribbon  
School of  
Excellence**



# education

# religious education

## START PLANNING NOW for the SAINTS PARADE!

Coming up at the end of this month, we will have our annual Saints Parade, in honor of All Saints Day! This year it will be celebrated on October 30, and we will have it at Holy Cross Academy in Stafford (NOT the PLC!) This is a mandatory event for RE students, with lots of fun new games and activities! Start now to plan out your child's costume and be sure to join us on Friday, October 30, at HCA, from 5-6:15pm. Prizes will be awarded for the best costumes. Here's a pic of last year's winners!



## OUR BIBLE MEMORY VERSE FOR OCTOBER IS ABOUT THE SAINTS!

Hebrews 12:1 — *"Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us."*



## EMERGENCY DRILLS & CIRCLE OF LIFE LESSON

This week in Religious Ed we will have mandatory emergency drills to ensure that students know the procedures to follow in the case of a real emergency. We will also have our Safe Environment training lesson, Circle of Grace. This lesson is required by the diocese for all children, including those instructed at home.

# OCTOBER 2026

| SUN | MON                                         | TUE                            | WED           | THU                                 | FRI                              | SAT                                 |
|-----|---------------------------------------------|--------------------------------|---------------|-------------------------------------|----------------------------------|-------------------------------------|
| 27  | 28                                          | 29                             | 30            | 1                                   | 2                                | 3                                   |
| 4   | 5<br>RE 4:45, 6:30                          | 6<br>RE 4:45, 6 (HCA), 6:30    | 7<br>RE 6:30  | 8                                   | 9                                | 10<br>SPRED 10-12                   |
| 11  | 12<br>Columbus Day<br>NO RE                 | 13<br>TEACHING MASS 4:45, 6:30 | 14<br>NO RE   | 15<br>Yr 1 Conf Formation Night 7-8 | 16                               | 17<br>SPRED 10-12                   |
| 18  | 19<br>RE 4:45, 6:30<br>OCIT Parent Mtg 6:30 | 20<br>RE 4:45, 6 (HCA), 6:30   | 21<br>RE 6:30 | 22                                  | 23                               | 24                                  |
| 25  | 26<br>RE 4:45, 6:30                         | 27<br>RE 4:45, 6 (HCA), 6:30   | 28<br>RE 6:30 | 29                                  | 30<br>SAINTS PARADE @ HCA 5-6:15 | 31<br>OCIT Confirmation Retreat 9-3 |

# our parish youth ministry



## RALLY

**SUNDAY, OCTOBER 25, 2026**

All high school students are invited!

**a day filled with faith and fun:**

- Mass with Bishop Burbidge
- Keynote Speaker Chris Bray
- Breakout Sessions
- Confessions & Adoration
- Inflatable games, pizza, ice cream, and more!

SPONSORED BY THE CATHOLIC DIOCESE OF ARLINGTON

**For a permission slip, please contact**  
Tatiana tbeltran@stmaryfred.org



**ST. MARY YOUTH MINISTRY CALENDAR OCTOBER 2026**

| SUN                           | MON | TUE | WED                                     | THU                   | FRI                             | SAT              |
|-------------------------------|-----|-----|-----------------------------------------|-----------------------|---------------------------------|------------------|
| 27<br>HIGH SCHOOL YOUTH GROUP | 28  | 29  | 30<br>YOUCAT                            | 1                     | 2<br>MIDDLE SCHOOL YOUTH GROUP  | 3<br>FIGHT CLUB  |
| 4<br>HIGH SCHOOL YOUTH GROUP  | 5   | 6   | 7<br>YOUCAT                             | 8<br>FEMININE GENIUS  | 9                               | 10<br>FIGHT CLUB |
| 11<br>HIGH SCHOOL YOUTH GROUP | 12  | 13  | 14<br>WORKCAMP INTEREST MEETING 7:00 PM | 15                    | 16<br>MIDDLE SCHOOL YOUTH GROUP | 17<br>FIGHT CLUB |
| 18<br>HIGH SCHOOL YOUTH GROUP | 19  | 20  | 21<br>YOUCAT                            | 22<br>FEMININE GENIUS | 23                              | 24<br>FIGHT CLUB |
| 25<br>HIGH SCHOOL RALLY       | 26  | 27  | 28<br>YOUCAT                            | 29                    | 30                              | 31<br>FIGHT CLUB |

**Legend:**

- HIGH SCHOOL YOUTH GROUP** (Sundays 7:00 PM - 8:30 PM Monthly)
- MIDDLE SCHOOL YOUTH GROUP** (Fridays 6:30 PM - 8:00 PM)
- YOUCAT** (Wednesdays 6:30 PM - 8:00 PM)
- FEMININE GENIUS** (Thursdays 6:30 PM - 8:00 PM)
- FIGHT CLUB** (Saturdays 6:30 AM)
- WORKCAMP INTEREST MEETING** (Wednesday, October 14 7:00 PM)

"HAVE CALLED YOU BY NAME, YOU ARE MINE" ISAIAS 43



## WORKCAMP 2027

### INTEREST MEETING

**WEDNESDAY, OCTOBER 14<sup>TH</sup> | 7:00 PM | PARISH LIFE CENTER**

WorkCamp is a week-long experience providing the teens of the Catholic Diocese of Arlington with an opportunity to encounter Christ through service, faith, and fellowship.

**JUNE 19 – JUNE 25, 2027**

**Help make homes WARMER • SAFER • DRIER**

**Open to ALL High School Teens!**

# our parish happenings

## NEW PARISHIONER WELCOME

Welcome to St. Mary's! Fr. Mosimann and members of our Welcoming Committee are looking forward to meeting you and introducing you to the many fantastic ministries at St. Mary so that you (and your family) can share your gifts and talents with your new parish family.

Please sign-up for a time slot on Sunday, November 8 from 9:30am-1pm for yourself and/or family to spend time with our Welcome Committee Team and with your pastor.

Meetings will take place in the Parish Library.

If you have any questions, please email Maryanne Harring - [mharring@stmaryfred.org](mailto:mharring@stmaryfred.org)

Sign up at [bit.ly/4iXF3C](https://bit.ly/4iXF3C)

## The Guadalupe Free Clinic of Colonial Beach | Join our Ministry

Founded in 2005 by Fr. Jerome Magat, the Guadalupe Free Clinic provides 100% free medical care to uninsured residents across Colonial Beach, King George, and Westmoreland Counties. As the first free clinic established in the Catholic Diocese of Arlington, we are guided by Catholic healthcare principles and dedicated to supporting the complete healing of every patient. The Clinic is open on Wednesdays and Saturdays from 9am to 2pm.

**Volunteer Opportunities:** We are actively seeking both medical and non-medical volunteers to join our ministry. We currently have a critical need for Eligibility Coordinators and Spanish Interpreters. To learn more or get involved, please visit [guadalupefreeclinic.org](https://guadalupefreeclinic.org), call us at (804) 224-0571, or email [lcarrington@guadalupefreeclinic.org](mailto:lcarrington@guadalupefreeclinic.org).



**OCTOBER**  
*is the month of the* **HOLY ROSARY**

The Legion of Mary invites you to pray a bilingual Holy Rosary in honor of our Blessed Mother Mary

Wednesday, October 7<sup>th</sup>, 2026, at 6:00 p.m.  
At St. Mary's Church: 1009 Stafford Ave,  
Fredericksburg, VA 22401

## St. Monica Prayer Club

All are welcome to join the St. Monica Prayer Group on Saturday, October 10th, following the 9am Mass (9:45-11am) in the Parish Office Library. The mission of the St. Monica's Prayer Group is to provide a community for Catholics to pray for loved ones (children, parents, spouses, extended family) who have strayed from the faith, to provide encouragement, and to assist each other in our growth in holiness.

We will pray the Seven Sorrows Rosary, then discuss a chapter from the book, *The Saint Monica Club*, by Maggie Green, which is available on Amazon. For more information, please contact Megan Kimbrell at [st.monica.club@gmail.com](mailto:st.monica.club@gmail.com).

## Snack Bags for Kids - October

Providing snack bags for the children of Hugh Mercer Elementary who suffer food insecurity on the weekends. St. Mary's to provide snacks on the 2nd THURSDAY of every month.

**For OCTOBER we ask that all donations be dropped off NO LATER THAN TUESDAY, OCTOBER 6.**

Please drop off food donations directly to the Parish Office.

Thank you!

Sign Up at [bit.ly/4h7VHPB](https://bit.ly/4h7VHPB)



# our parish happenings

AN INVITATION TO ADORE OUR LORD

## Seeking Adorers

PLEASE CONTACT SERENA NGUYEN AT  
[ADORATION@STMARYFRED.ORG](mailto:ADORATION@STMARYFRED.ORG)

[stmaryfred.org/adoration-schedule](http://stmaryfred.org/adoration-schedule)

### Respect Life Sunday National Life Chain

Sunday, October 4 | Annual Life Chain 2-3:30pm

#### What is a Life Chain?

The first Life Chain, born through prayer, was built in 1987 by Please Let Me Live, a small pro-life ministry in Yuba City, California. From its small beginning, the Life Chain has grown to over 1,800 Life Chains in the United States and Canada, and is a call to the Christian Church to mobilize against an abortion holocaust that has claimed over 65 million lives worldwide, through surgical abortion. The Life Chain is a peaceful, prayerful, silent demonstration. Hundreds of Christians – clergy and lay people -- stand 25 to 50 feet apart to form a prayer chain and hold signs reading Abortion Kills Children, Jesus Forgives and Heals, Adoption: The Loving Option, Lord, Forgive Us and Our Nation, Life: The First Inalienable Right. This powerful, visual impact not only raises community awareness but has also been credited with saving children's lives. Consider the words of Pope Saint John Paul II who said, "When life before birth is attacked, we will stand up. No one ever has the authority to destroy unborn human life."

St. Mary Parish will again participate in the Annual Life Chain on Sunday, October 4 and welcomes all our parishioners and local churches as well. We will meet in front of the Parish Life Center at 1:45pm to pick up our signs and walk up to Emancipation Highway (Route 1), where we will form a chain along Route 1 from Stafford Avenue to College Avenue. Please join us and take a stand for the unborn.

St. Mary of the  
Immaculate Conception

## Adult BIBLE Studies

Fall 2026

#### When You Pray:

*A clear path to a deeper relationship with God*

Dr. Edward Sri, Ascension Press

Offered Mondays, Wednesdays & Thursdays

*Various times and locations*

from October 19 - December 14, 2026

Cost is \$30; register in the parish office

*Limited space available*



#### Isaiah

Ignatius Catholic Study Bible Workbook

Offered Tuesdays from 12:45 pm - 2:15 pm

at the St. Nicholas House

from October 20 until completion

No cost, but please register in the parish office

For more information,  
contact: Bryan Richardson  
[br22406@cox.net](mailto:br22406@cox.net)

# our parish happenings

## St Mary Book Club

St. Mary's Book Club will meet on Tuesday October 13 at 10am in Room 101 of the Parish Life Center. Our selection for October is "Memento Mori," by Muriel Spark, a novel described by Tennessee Williams as "chillingly brilliant".

Even if you haven't read it, come along. Join us as we try to figure out who is making mysterious phone calls to a group of elderly friends.

And if you are unable to attend in October, be sure to come on November 10 as we discuss "Five for Sorrow, Ten for Joy" by Rumer Godden, another inspired Catholic novelist.

## Join St. Cecilia Choir!

Open to singers  
in grades 2 - 8.

- Rehearsals: Wednesdays in the Parish Life Center, (next to St. Mary's) 4:45-6:15pm, October - May.
- We sing every other Sunday at the 8:30am Mass, October - May.
- To join, please contact Music Director Joseph Ciskanik:

[musicdirector@stmaryfred.org](mailto:musicdirector@stmaryfred.org)



**ST. MARY'S**

# COAT DRIVE

**ACCEPTING COATS**  
**Monday, October 5 - 23**

**We also have a need for  
NEW HATS & MITTENS**



**HOLES**

**STAINS**

Please leave your donations in the donations boxes located in the Parish Life Center & Holy Cross Academy

Families and individuals in need of coats are welcome to pick them up on Friday, October 23 in the Parish Life Center from 10am-7pm

Questions? Call the Parish Office at 540-373-6491

# our parish happenings

## Volunteers Needed for the Brisben Center Kids Club

We are thrilled to be working with the Brisben Center once more in support of the children! The Kids Club takes place EVERY Wednesday from 4:30-5:30 thru December 16. Join us in crafting, playing games and having some outdoor fun as well as reading and giving some homework help to the children at the Center.

If you can encourage kids and like to have fun - this is the perfect ministry for you!

Looking for volunteers 18 years or older.

7th-8th graders students preparing for confirmation are welcome but must be accompanied by an adult.

Any questions, please reach out to Sydney McDonald [sydjim92@msn.com](mailto:sydjim92@msn.com) or Elena Doyle at 540-373-6491 SIGN-UP AT: [bit.ly/4hVJX53](http://bit.ly/4hVJX53)

## The Guadalupe Free Clinic of Colonial Beach is seeking a Part Time Executive Director

Looking to make a meaningful difference in your community? Founded in 2005 by Fr. Jerome Magat, the Guadalupe Free Clinic offers 100% free healthcare to uninsured residents across Colonial Beach, King George, and Westmoreland Counties. As the Catholic Diocese of Arlington's first free clinic, our mission is rooted in Catholic healthcare principles and holistic healing. We are currently hiring a Part-Time Executive Director (paid position). Whether you are a recent retiree or a professional eager to give back, we'd love to hear from you! The clinic is open to patients on Wednesdays and Saturdays from 9 AM to 2 PM. For further information, please contact the Clinic via email [lcarrington@guadalupefreeclinic.org](mailto:lcarrington@guadalupefreeclinic.org) or phone at (804) 224-0571.



**OCTUBRE**  
*mes del* **SANTO ROSARIO**

**La Legión de María,  
te invita a rezar el Santo Rosario  
bilingüe en honor a nuestra  
Santísima Madre María.**

Miercoles 7 de Octubre del 2026  
a las 6:00 p.m. en la iglesia St. Mary's: 1009  
Stafford Ave, Fredericksburg, VA 22401



*Retiro Católico Carismático*  
**¿DÓNDE ESTA TU TESORO** *ahí estará*  
**También TU CORAZÓN**  
— Mateo 6:21 —

**10 DE OCTUBRE DE 2026**  
**8:00am-5:00pm**

**VEN Y VIVE UN ENCUENTRO CON EL SEÑOR  
QUE RENEVE TU FÉ.**

**Santa Misa**  
**Enseñanzas Bíblicas**

**Oración**  
**Alabanza.**

**DONACIÓN \$30**  
Incluye  
desayuno, almuerzo  
y materiales

 **Holy Cross Academy**  
250 Stafford Lakes Pkwy  
Fredericksburg, VA 22406

*Organiza el Grupo de Oración*  
**TODO A JESUS POR MARIA**

**INFORMACIÓN**  **Daysi Benítez 703-343-3793**

our parish

# happenings

## Mass for Marriage Jubilarians



**Married in 1976 or 2001?**

All golden and silver jubilarians  
are welcome!

Contact your parish office  
today to register!

**Sunday  
October 18, 2026**

**Cathedral of St. Thomas More  
2:30 pm**

3901 Cathedral Lane, Arlington, VA

**The Most Reverend  
Michael F. Burbidge**

Bishop of Arlington  
Principal Celebrant & Homilist



CATHOLIC DIOCESE OF  
**ARLINGTON**

Office of  
Marriage, Family and Respect Life

703.841.2550 | familylife@arlingtondiocese.org

## Misa para Jubileos Matrimoniales



**¿Casados en los años  
1976 o 2001?**

¡Todas las parejas celebrando bodas  
de oro y plata están invitadas!

¡Contáctense con sus oficinas  
parroquiales para registrarse!

**Domingo 18 de  
octubre, 2026**

**Catedral de Santo Tomas Moro  
2:30 pm**

3901 Cathedral Lane, Arlington, VA

**Monseñor Michael F. Burbidge**

Obispo de Arlington  
Celebrante Principal & Homilista



CATHOLIC DIOCESE OF  
**ARLINGTON**

Oficina de  
Matrimonio, Familia y Respeto a la Vida

703.841.2550 | familylife@arlingtondiocese.org



# our parish happenings

CELEBRATED BY  
**Most Rev.  
Michael F. Burbidge**



## *Annual Mass* **FOR RESPECT LIFE MONTH & PERSONS WITH DISABILITIES**

**Cathedral of St. Thomas More**  
3901 Cathedral Ln, Arlington, VA 22203

**11 October | 11:00 a.m.**

*Light reception & fellowship to follow*



## **THEOLOGY ON TAP** *Fredericksburg*



*Presenter*  
**Fr. Kevin Smith, TOR**

**MONDAY, OCTOBER 5**

**Strangeways Brewing**

350 Landsdowne Rd, Fredericksburg, VA 22401

*This month*

### **What Francis of Assisi Offers You 800 Years Later**

October 3, 2026 marks the 800th anniversary of the death of St. Francis of Assisi, leading Pope Leo XIV to proclaim this the Year of St. Francis. Come hear about the real St. Francis and what his radical conformity to the crucified Christ has to offer us today. Fr. Kevin Smith is a Franciscan friar with the Third Order Regular of St. Francis (TOR) ordained in 2024 and is a parochial vicar at St. Joseph's Church in Herndon, VA.

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**Doors open at 5pm  
Presentation at 6:30pm**



# our parish parish life weekend

Thank you to all of our fantastic volunteers for being so welcoming and encouraging folks to get involved at St. Mary's!

The Parish Life Weekend was once again a wonderful success with over 350 parishioners signing up to join a ministry!

It's not too late! Ministry Catalogs are available in the Parish Office and in the narthex of the Church (while supplies lasts) as well as on our website Reach out! Get involved TODAY! You will never be outdone in generosity, and your gifts are so very much needed!



# our parish happenings

## THE PROTECTION OF HUMAN LIFE & MARRIAGE calls for a consistent, universal response from Catholics to protect and preserve objective goods by which God blesses humanity.

*As Catholics, we vote no on these ballot measures:*

☐ YES **BALLOT 1: "Virginia Right to**  
☒ NO **Reproductive Freedom Amendment"**

- Eliminates common-sense health and safety regulations
- Allows unregulated abortion even for healthy babies up to birth for any reason with no limits
- Pushes parents out of irreversible, life-altering decisions involving their underage daughters
- Encourages even non-physicians to operate unlicensed abortion businesses

☐ YES **BALLOT 2: "Virginia Remove Constitutional**  
☒ NO **Same-Sex Marriage Ban Amendment"**

- Enshrines radical gender ideology through "sex" and "gender" language
- Conscience rights and religious liberty protections would be effectively denied
- Commercial surrogacy would continue to exploit vulnerable women and violate the rights of children

In just over a month, Virginians will vote on Ballot Question 1, the proposed "Reproductive Freedom" amendment. VSHL opposes the amendment, arguing that its language could threaten parental-consent protections, remove requirements that abortions be provided only by licensed medical professionals, limit future protections for babies who survive abortions, and restrict lawmakers' ability to regulate abortion-related conduct. Supporters dispute these concerns, but VSHL maintains that the amendment goes far beyond protecting reproductive care and could permanently expand abortion rights in Virginia. This November is the final step: the amendment will become part of Virginia's Constitution if approved by voters. VSHL and other organizations are working across the Commonwealth to educate voters about what they believe are the amendment's risks and misleading ballot language. A NO vote would leave Virginia's current abortion laws unchanged while preserving the General Assembly's ability to address these issues in the future. Vote NO on Ballot Question 1.

Pledge to Vote: [CatholicsVoteNo.com](http://CatholicsVoteNo.com)

**CATHOLICS**  **NO**



**We are seeking volunteers to join our  
Pro-Life postcard campaign!**

If you are available to write postcards which inform our parishioners about the dangers of this potential amendment to sanctity of life ~ please reach out to

Elena at [edoyle@stmaryfred.org](mailto:edoyle@stmaryfred.org).

# operations given in love

## In Pew & Mail Donations Received

September 15 - 22

|                                |             |
|--------------------------------|-------------|
| Sunday Offertory               | \$26,086.00 |
| Religious Education Collection | \$280.00    |
| Catholic University            | \$6,567.00  |
| Parish Debt Reduction          | \$260.00    |
| Poor Box St. Vincent de Paul   | \$346.00    |

*The Second Collection next weekend is  
for Parish Debt Reduction.  
Thank you for your generosity!*

## Porto Charities Annual Collection for God's Special Children - October 3 & 4

The month of October has been designated as Disabilities Awareness Month, and Bishop Burbidge has enthusiastically endorsed Porto Charities "Special Kids, Special Needs Collection" on behalf of intellectually and developmentally challenged youth within the diocese. 100% of ALL donations become grants awarded to Catholic schools right here in our Diocese so that they may start new programs to welcome students with disabilities, or expand their current services for children with intellectual and developmental disabilities. Our parish has also been blessed to have received a grant from Porto Charities for our SPRED Program for the past three years. On October 3 and October 4 there will be a second collection to assist these special need programs. The Bishop has sanctioned this collection as a blessing for God's Special Children, their families and this entire diocese. Please be generous in your support of this worthwhile endeavor. All checks should be made payable to St. Mary Catholic Church. For more information, visit [portocharities.org](http://portocharities.org).

## Pro Life Reflection

"The witness of our Blessed Mother invites us to become more aware of the needs of pregnant and parenting moms in our own parishes and communities... Following Mary's example, we can ask ourselves how to better know these mothers, listen to them, seek understanding, and help them obtain the necessities of life for themselves and their children. How can we, like the Blessed Mother, lovingly support mothers in welcoming and caring for God's gift of life?" (USCCB Secretariat of Pro-Life Activities, Respect Life Reflection: "Called to Serve Moms in Need".)

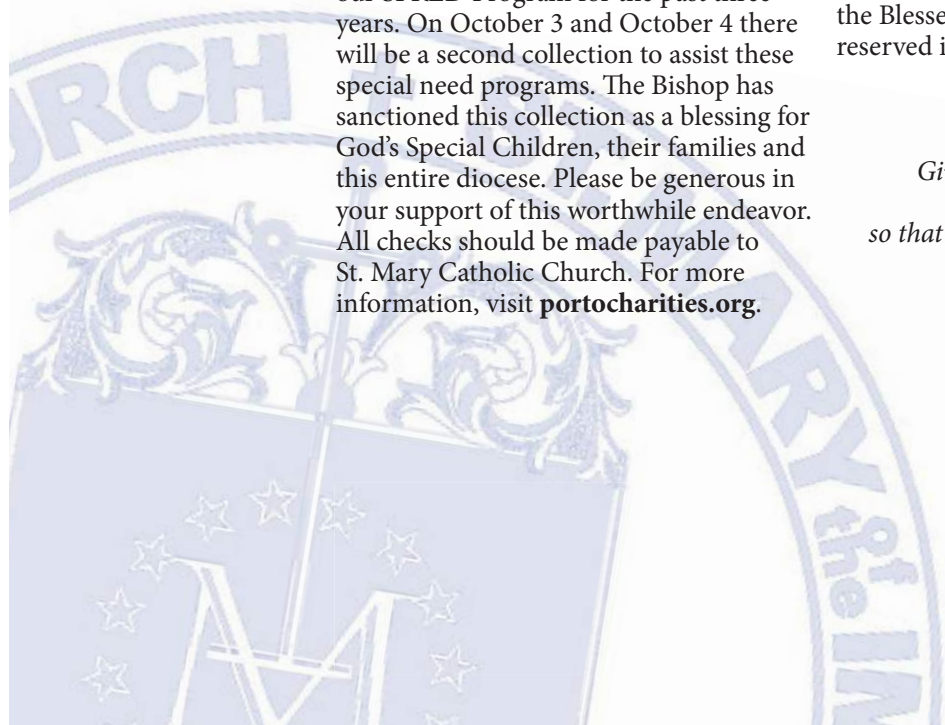
## Children's Charity for October

The children's charity that will benefit from Children's Offertory Envelopes in October is Safe Harbor Child Advocacy Center in Spotsylvania. This organization strives to strengthen the coordinated community response to situations of child maltreatment, including sexual abuse, severe physical abuse, severe neglect and fatalities, by integrating the existing resources of law enforcement, child protection, prosecution, medical and therapeutic agencies so that perpetrators are held accountable for their actions and children are not further traumatized by the investigative process. Children's Offertory Envelopes are available through Religious Education. All proceeds from these envelopes go to a different children's charity each month.

## October - Month of the Holy Rosary

By Apostolic Brief at the Eucharistic Congress of Bologna, in September 1927, a Plenary Indulgence is granted to all the faithful who recite the Holy Rosary in the presence of the Blessed Sacrament, either exposed for veneration or reserved in the Tabernacle.

*"Most High, Glorious God,  
enlighten the darkness of my heart.  
Give me, Lord, a correct faith, a certain hope,  
a perfect charity, sense and knowledge  
so that I may carry out Your holy and true command."  
~ Saint Francis of Assisi ~*



# liturgy daily bread

## Saint Mary Prayer List - October

**Please pray for those who are sick or in need, especially:** Anna Graninger, Allyson Reilly, Bruce Bornschein, Charles Boyer, David Carr, Drew LoRusso, Jacob Moser, Jason Stoker, Jennifer Payne, Ted Payne, Helen Borges, Kevin & Barry Hagans, Kevin Sweeney, Loretta Dice, Mandy James, Margaret Murphy, Michael Fedowitz III, Michele & Jack Smith, Mike Seidlinger, Reena Rizvi, Robin Assouad, Shirley Bozicevic, Sue Moorefield, Teresa Lopez, Teri Hocter, Paola Aleman, Helen Hayden Don Anderson, Margie Renner, Veronica Bonde

**Please pray for all the men and women in our military and civilian support services, especially:** Joseph Gardner, Glenn Dickinson, Paul Fischer, Jamal Williams, Lance Schulte, Brian Hellmann, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobs, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Kenneth Linstrom, Lt. Gregory Odland, Andrew Doyle, Olav Brooks, Gabriel Sanger, Josh Lawson, David Brown, Annah Brown, Joshua Brown, Brian Inguanti, John Paul Frasher, 1LT Justin Addis, Liam Crowley, Josh Martin, Benjamin Matarese, Matthew P. Sampson, Benjamin Whatley, Devlin Buszta, A1C Jordan Metz, AMN Logan Metz, Michael Luciani, SRA Ryan Metz, Zachary Butts, Devlin Buszta, Lt Jacob Rideout, 1LT Justin Addis, Aidan Lane

**Please pray also for those who have died, especially the benefactors of Saint Mary Church.**

## St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email Ann Skinner at [askinner@stmaryfred.org](mailto:askinner@stmaryfred.org)

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Did you know.... Our parishioners gather every Wednesday at 3pm – The Hour of Great Mercy - to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"



## Mass Intentions

*Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.*

## Daily Mass Intentions

### October

#### 5 MONDAY

6:30am Mark Cabrera  
9:00am Dag Anthony Gollopp  
Gal 1:6-12/Lk 10:25-37

#### 6 TUESDAY

6:30am Jim Matarese+  
9:00am Michael W. Kane+  
Gal 1:13-24/Lk 10:38-42

#### 7 WEDNESDAY

6:30am Theresa Wilcox  
8:15am\* The Khaferi Family  
9:00am Katharine Feroldi  
Gal 2:1-2, 7-14/Lk 11:1-4

#### 8 THURSDAY

6:30am John Comiskey  
9:00am Amy Mackinnon  
Gal 3:1-5/Lk 11:5-13

#### 9 FRIDAY

6:30am Fred & Eileen Martin+  
9:00am Muriel Motta+  
Gal 3:7-14/Lk 11:15-26

#### 10 SATURDAY

9:00am Tony Gollopp  
5:00pm Francis Maciejczyk+  
7:00pm Mr. & Mrs. Milan H Schaab+  
Gal 3:22-29/Lk 11:27-28

#### 11 SUNDAY

7:00am John Wilkes  
8:30am Jack Grey+  
8:30am\* Gloria Brennan+  
10:30am James Holzworth  
10:30am\* Fabrizio Tueros  
12:30pm For Our Parish  
2:30pm Gloria Aurora Arias Rengifo+  
5:00pm Jim Burdan  
7:00pm Gary Garrett+  
Is 25:6-10a/Phil 4:12-14, 19-20/Mt 22:1-14

\* Indicates Mass at Holy Cross Academy.

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