

THIRTIETH SUNDAY IN ORDINARY TIME

October 25, 2026



Saint Mary of the Immaculate Conception Roman Catholic Church
1009 STAFFORD AVENUE - FREDERICKSBURG, VIRGINIA

capital campaign

grow our legacy in faith

Capital Campaign Financial Update

We are deeply grateful for your continued generosity and faithful stewardship toward our Growing Our Legacy of Faith campaign. Your support continues to transform our parish campus and fund our vital infrastructure projects.

Financial Progress at a Glance

Total Pledged: \$7,386,838.63 across 1,199 parishioners and families

Total Funds Collected to Date: \$5,841,441.23 (79% of total pledged)

Balance to Collect: \$1,545,397.40

Fulfillment Milestones: 563 donors (47%) have fully paid their pledges in full!

Thank you for your ongoing commitment and sacrifice.

"Mankind will not have peace until it turns with trust to My mercy."

— Quoting Our Lord to St. Faustina, as emphasized by St. John Paul II during the Canonization of St. Faustina Kowalska (2000)



from our pastor

Dear Folks,

Close readers of the bulletin will know that I have headed to Turkey and Greece to lead a group on pilgrimage from the parish. Why? I was curious to see and visit the lands so essential to the life and ministry of St. Paul, and the growth of the early church!

And then last week, I found that EWTN is releasing a series on this very theme!! Five episodes have been released, and it can be streamed from free from the EWTN website:

ewtn.com/programs/10781-road-less-traveled-turkiye or google “EWTN road less traveled Türkiye” to find it!

If you want to understand why this region of the world is important, you can get a tour from the comfort of your couch!

Ballot Initiatives:

Bishop Burbidge has led us in speaking up boldly and clearly about this year's ballot initiatives. I went and voted before heading out of town, and was shocked to read how vague the wording of the initiatives is. The very language of these initiatives is designed to hide what they will accomplish. But this is not new.

Please vote. And yes, the Church must speak on matters of faith and morals. We avoid partisan directives very carefully, but on matters of morals being Catholic does not forfeit the right to speak.

I don't know that the initiatives will be defeated. But I do know that my judgment depends on my actions, not on the outcome of ballot initiatives. People often ask why others sit by and do nothing in the face of grave societal evils, and sometimes it is the complacency of thinking nothing can be done and we won't win.

God has called us to be faithful, and to defend the innocent and vulnerable. He will be the ultimate victor, even if local battles are lost. So do your part.

Pax et Bonum,



Very Reverend John P. Mosimann, V.F.
Pastor

Candlelit Mass of Remembrance

Our parish family of St. Mary of the Immaculate Conception will be remembering all of our brothers and sisters who passed away this year.

FRIDAY, NOVEMBER 13 AT 7PM

St. Mary of the Immaculate Conception Catholic Church

Reception to follow in the Parish Life Center
Please RSVP by calling 540-373-6491 or via email at
stmary@stmaryfred.org

*"Eternal rest grant unto them. O Lord, and let perpetual light shine upon them.
May the souls of all the faithful departed, through the mercy of God, rest in peace."*

announcements

St. Mary Coffee & Donut Shop

Following ALL Morning Masses
Come and enjoy some fellowship!

Thank you! A heartfelt thank you to everyone who came out to help write postcards for the Vote No campaign. We are grateful for your time, generosity and willingness to serve!

contact us

SUNDAY MASS

Saturday Vigil 5 & 7pm
Sunday 7, 8:30, 10:30am, 12:30,
2:30pm (Spanish), 5pm, 7pm
8:30 & 10:30am at Holy Cross Academy

DAILY MASS

Monday - Friday 6:30am, 9am, and 12 noon
Saturday 9am
Holy Days of Obligation, as announced

DEVOTIONS

Adoration, Daily between 6:30am & 9am Mass,
Wednesday 12:30pm - Friday 9am
Divine Mercy, Wednesday, 3pm
First Friday 7pm Novus Ordo (Latin Mass)
First Saturday 8:00am – Fatima Prayers & Rosary
followed by 9am Mass

CONFESSION

Wednesday 11:30am-12pm, 6:30 - 8:30pm;
Saturday, 8-8:30am & 3:30 - 4:30pm

PARISH OFFICE

540-373-6491 fax: 540-371-0251
stmary@stmaryfred.org
stmaryfred.org
Monday - Friday 8:30am - 9pm;
Students staff office weekdays until 9pm,
Saturdays 9-5pm, Sundays (Closed)

Very Reverend John P. Mosimann, Vicar Forane, Pastor
Reverend Tim Courtney, Parochial Vicar
Reverend Kevin Dansereau, Parochial Vicar
Reverend Joseph Connor, Parochial Vicar
Reverend Stan Lee, Parochial Vicar
Deacon Leo Flynn

Business Manager, Peter Lilly
Director of Operations, Chris Lanzarone
Parish Secretary, Lori Barlow & Gio Camacho
Facilities, Late-Lawson Drackey
Custodial Services, Carmen Sanchez

ADORATION

at St. Mary of the Immaculate Conception

Church Adoration

MONDAY-FRIDAY | 7AM-9AM

Chapel Hours

MONDAY-FRIDAY | 9AM-9PM

SATURDAY & SUNDAY | 8AM-8PM

Chapel Adoration

WEDNESDAY | 9AM-12AM

THURSDAY | 12AM - 6:30AM & 9AM-12AM

FRIDAY | 12AM-6:30AM

stmaryfred.org/adoration-schedule

stmaryfred.org

MUSIC

Joseph Ciskanik
Director of Music, musicdirector@stmaryfred.org
Assistant, Music Ministry, Emily D'Isidoro

HOLY CROSS ACADEMY

540-286-1600
250 Stafford Lakes Parkway
Fredericksburg, Virginia 22406-7234
Principal - Dr. Stephen Fry,
sfry@holycrossweb.com

HOLY CROSS ACADEMY PRESCHOOL

Director, Allison Gardner
540-286-1600

RELIGIOUS EDUCATION

Director, Dr. Katherine Evans
Administrative Assistant, Sonia Spencer
Administrative Assistant, Melissa Joseph

YOUTH MINISTRY

Director, Tatiana Beltran

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)

Director, Dr. Katherine Evans
kevans@stmaryfred.org

OUTREACH

Director, Maryanne Harring

BAPTISMS

Parish registration (90 days) and class required.
Please contact the parish office to schedule the date at
least four weeks in advance.

MARRIAGE

Parish registration required; contact the parish six months
in advance to begin preparation or Margaret Bereit
margaret@stmaryfred.org

Articles must be submitted two weeks prior to publication.
Send articles to bulletin@stmaryfred.org. Thanks!

Saint Mary of the Immaculate Conception
1009 Stafford Avenue, Fredericksburg, VA 22401

holy cross academy

Strings and a Date to Save!

Holy Cross Academy is excited to welcome back our Strings Program for students in grades 2-8 under the direction of Ms. Osinski! Students have enthusiastically begun their musical journey by learning the foundations of string performance and proper instrument care.

Over the past several weeks, students have enjoyed learning how to properly hold their instruments with correct posture, develop proper left-hand technique, and establish a comfortable and effective bow hold. They were excited to be introduced to bow rosin, learning what it looks like, how it is applied to the bow, and why it is essential for producing a beautiful sound. As their skills continue to grow, students have been especially excited to make their first musical contact with the strings, practicing open strings with long, straight bow strokes and focusing on producing a clear, consistent tone. It has been wonderful to watch our young musicians build confidence, discipline, and enthusiasm as they explore the world of string music.

We are thrilled to see the return of this treasured program and look forward to the continued growth and success of our HCA string musicians!

SAVE THE DATE:

Transition to High School Night
November 4th, 6:30-8pm at HCA



*A National
Blue Ribbon
School of
Excellence*



education

religious education

IT'S HERE – THE ALL-NEW SAINTS PARADE!

Finally – the event we've all been waiting for! The RE Saints Parade is this Friday, October 30, 2026, at 5pm at Holy Cross Academy. Come dressed as your favorite saint and ready to play all sorts of holy games! You can:

- Pin the halo on the saint
- Slay a dragon like St. George
- Toss one of St. Joan of Arc's shields
- Find hidden objects with the help of St. Anthony
- Cross "St. Christopher's River" while carrying baby Jesus
- Try your skills at St. Sebastian's target game
- Compete for 1st, 2nd, and 3rd prize in the Saints Parade Contest
- AND MUCH MORE!!!

The Saints Parade is a mandatory event for all RE and home-taught students (optional only for STARE and OCIT). Students will submit signed attendance slips to their catechists the week of November 2-4.

OTHER IMPORTANT EVENTS COMING UP

OCIT RETREAT

All OCIT students are to attend a mandatory Confirmation Retreat on Saturday, October 31, from 9am-3pm in the Parish Life Center. NOTE: This is for students enrolled in OCIT only, not other RE or Confirmation classes.

PARENTS OF RE STUDENTS WHO ARE NOT YET BAPTIZED

Monday, November 2, 2026, at 6:30pm in the church. NOTE: This is a change from the original date!

ANNOUNCEMENT

We are in need of two new RE assistant catechists:

- Grade 1 on Mondays at 6:30pm
- Grade 7 on Tuesdays at 6:30pm

Please contact Dr. Evans if you or anyone you know is interested in filling these spots.

OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3
4	5 RE 4:45, 6:30	6 RE 4:45, 6 (HCA), 6:30	7 RE 6:30	8	9	10 SPRED 10-12
11	12  NO RE	13 TEACHING MASS 4:45, 6:30	14 NO RE	15 Yr 1 Conf Formation Night 7-8	16	17 SPRED 10-12
18	19 RE 4:45, 6:30 OCIT Parent Mtg 6:30	20 RE 4:45, 6 (HCA), 6:30	21 RE 6:30	22	23	24
25	26 RE 4:45, 6:30	27 RE 4:45, 6 (HCA), 6:30	28 RE 6:30	29	30  SAINTS PARADE @ HCA 5-6:15	31 OCIT Confirmation Retreat 9-3

our parish youth ministry

ST. MARY
YOUTH MINISTRY
CALENDAR
OCTOBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
27 HIGH SCHOOL YOUTH GROUP	28	29	30 YOUCAT	1	2 MIDDLE SCHOOL YOUTH GROUP	3 FIGHT CLUB
4 HIGH SCHOOL YOUTH GROUP	5	6	7 YOUCAT	8 FEMININE GENIUS	9	10 FIGHT CLUB
11 HIGH SCHOOL YOUTH GROUP	12	13	14 WORKCAMP INTEREST MEETING 7:00 PM	15	16 MIDDLE SCHOOL YOUTH GROUP	17 FIGHT CLUB
18 HIGH SCHOOL YOUTH GROUP	19	20	21 YOUCAT	22 FEMININE GENIUS	23	24 FIGHT CLUB
25 HIGH SCHOOL RALLY	26	27	28 YOUCAT	29	30	31 FIGHT CLUB

HIGH SCHOOL YOUTH GROUP
Sundays
Free Dinner
7:00 PM – 8:00 PM Meeting

MIDDLE SCHOOL YOUTH GROUP
Fridays
6:30 PM – 8:00 PM

YOUCAT
Wednesdays
6:30 PM – 8:00 PM

FEMININE GENIUS
Thursdays
6:30 PM – 8:00 PM

FIGHT CLUB
Saturdays
6:30 AM

WORKCAMP INTEREST MEETING
Wednesday, October 14
7:00 PM

"I HAVE CALLED YOU BY NAME; YOU ARE MINE."
ISAIAH 43:1

our parish happenings



HAPPY VETERANS DAY
HONORING ALL WHO SERVED

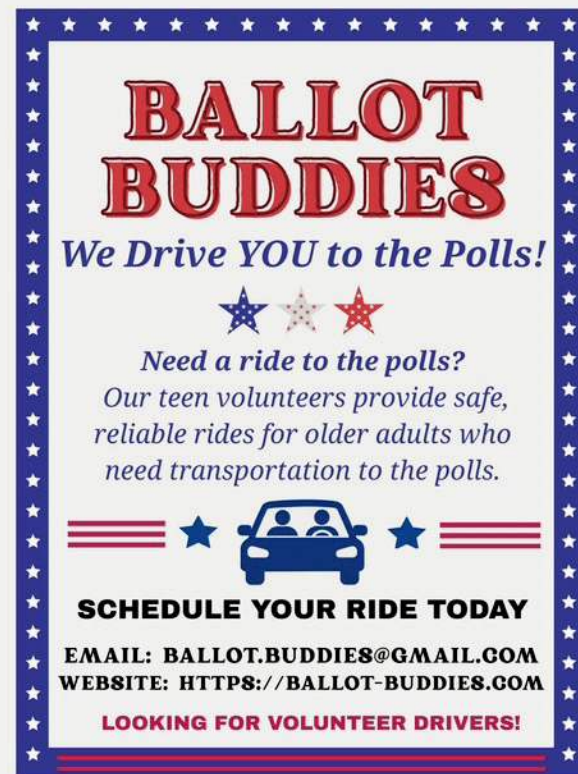
St. Mary's Senior Luncheon
WEDNESDAY, NOVEMBER 11TH
AT NOON

ALL VETERANS, SENIORS, AND THEIR GUESTS
ARE INVITED TO ATTEND A MASS OF THANKSGIVING
followed by a luncheon in the Parish Life Center

RSVP FOR THE LUNCHEON BY TUESDAY, NOVEMBER 3RD
by calling the parish office at 540-373-6491 or
email: askinner@stmarryfred.org

*Let Ann know if you can help with door prizes,
provide garlic bread or a patriotic dessert!*

Seeking the oldest living veteran in our parish!
Please contact the office by 10/30/26 if you or a loved one fit this description!



BALLOT BUDDIES
We Drive YOU to the Polls!

Need a ride to the polls?
Our teen volunteers provide safe,
reliable rides for older adults who
need transportation to the polls.

SCHEDULE YOUR RIDE TODAY
EMAIL: BALLOT.BUDDIES@GMAIL.COM
WEBSITE: [HTTPS://BALLOT-BUDDIES.COM](https://BALLOT-BUDDIES.COM)
LOOKING FOR VOLUNTEER DRIVERS!

St. Mary Food Pantry

St. Mary's has a small Food Pantry located within our parish office. It is open to ANYONE seeking food M-F 8:30am-9pm and Sat. 9am-1pm. We reorganized and made changes to how we feed our neighbors. We no longer accept miscellaneous food donations, but instead give bags of specific food items that will feed with dignity, those seeking assistance. When our supply is low, we alert our parishioners. Well, it's that time again. If you would like to contribute, please pick up a special ST. MARY FOOD PANTRY BLUE BAG in the back of the church (the blue bags are placed on the entrance table in the narthex of the church - first come first serve). Please purchase ALL ITEMS listed on the stapled list and return the bag, at your convenience, to the parish office. Thank you and may God bless you!

List of Items:

- | | |
|---------------------------|---------------------------|
| Box of cereal | 2 boxes of mac and cheese |
| Spaghetti sauce & pasta | 1 lb bag of white rice |
| 2 cans of tuna or chicken | 2 cans of black beans |
| 2 cans of HEARTY Soup | 1 jar peanut butter |
| 2 cans of ravioli | 1 jar jelly |
| 2 cans of fruit | |
| 2 cans of veggies | |



our parish

happenings



PRAY. FAST. VOTE NO.

Bishop Michael F. Burbidge calls all the faithful in the Catholic Diocese of Arlington throughout October to pray and fast, asking God to convert minds and hearts, transform lives, and inspire all Catholics to **vote "No"** on Virginia's Ballot **Questions #1 and #2**. Voting is now underway.

PRAY.



Pray the **Rosary** on Sundays



Pray the **Stations of the Cross** on Fridays

FAST.



Fast from social media on Sundays



Commit to **one daily meal** and **no meat** on Fridays

VOTE.



Vote early in-person until October 31



Make a plan to **vote with family and friends**

Election day is November 3. Scan for Virginia election resources and more information about all that is at stake.



our parish

happenings



ORA. AYUNA. VOTA NO.

Mons. Michael F. Burbidge invita a todos los fieles de la Diócesis Católica de Arlington a orar y ayunar durante todo el mes de octubre, pidiendo a Dios que convierta las mentes y los corazones, transforme vidas e inspire a todos los católicos a **votar «No»** en las preguntas **n. 1 y n. 2** de la boleta electoral de Virginia. La votación ya está en marcha.

ORA.



Reza el **Rosario** los domingos.



Reza el **Vía Crucis** los viernes.

AYUNA.



Ayuna de las redes sociales durante unas horas los domingos.



Comprométete a hacer una sola comida al día y no comer carne los viernes.

VOTA.



Vota anticipadamente en persona hasta el **31 de octubre**.



Haz un plan para votar **con familiares y amigos**

El día de las elecciones es el 3 de noviembre. Escanea para consultar recursos electorales de Virginia y obtener más información sobre todo lo que está en juego.



our parish happenings

HOW TO REGISTER

To be Eligible to Register to Vote in Virginia a Person must:

- Be a resident of Virginia (a person who has come to Virginia for temporary purposes and intends to return to another state is not considered a resident for voting purposes).
- Be a U. S. Citizen.
- Be 18 years old (any person who is 17 years old and will be eighteen years of age at the next general election shall be permitted to register in advance and also vote in any intervening primary or special election).
- Not be registered and plan to vote in another state.
- Not currently deemed to lack the capacity to understand the act of voting by a court of law.
- Not currently incarcerated for any felony conviction.
- Not convicted of a disqualifying felony (unless your voting rights have been restored). The list of disqualifying felonies can be found under the "Felony Convictions and Voter Eligibility" tab.

REGISTER TODAY ONLINE!
elections.virginia.gov/registration

God is calling each of us to be a saint. What does that look like for you and me?



Here I am, Lord;
I come to do
your will.

Psalm 40

FIAT Day

With the Sisters of Charity of
Our Lady, Mother of the Church

Saturday November 7, 9:30 a.m.—3:30 p.m.
Bishop Ireton High School, Alexandria, VA
Day includes Mass, talks, adoration, crafts and fun.

Cost is \$20 (financial aid is available)
For more info and to register, visit
www.ArlingtonDiocese.org/FIAT or
email vocations@arlingtondiocese.org

Deadline to register: October 26



FIAT events are for high school girls interested in growing in their spiritual life and exploring their vocation. Sponsored by the Office of Vocations.

Join St. Cecilia Choir!

Open to singers
in grades 2 - 8.

- Rehearsals: Wednesdays in the Parish Life Center, (next to St. Mary's) 4:45-6:15pm, October - May.
- We sing every other Sunday at the 8:30am Mass, October - May.
- To join, please contact Music Director Joseph Ciskanik:

musicdirector@stmaryfred.org



our parish happenings

October - Month of the Holy Rosary

By Apostolic Brief at the Eucharistic Congress of Bologna, in September 1927, a Plenary Indulgence is granted to all the faithful who recite the Holy Rosary in the presence of the Blessed Sacrament, either exposed for veneration or reserved in the Tabernacle.

All Souls Novena

The Holy Sacrifice of the Mass is the best way to remember your deceased loved ones. Our All Souls Novena will begin on Monday, November 2, All Souls Day. An intention envelope is included with your bimonthly envelope packet; additional envelopes are available in the vestibule of the Church. *There is no collection on All Souls Day. Envelopes should be turned in early and will be placed near the Tabernacle during the Novena.*

All Saints, November 1: "The saints do not need praise from us; neither does our devotion add the slightest thing to them. Clearly, if we venerate their memory it serves us, not them. But when I think of them, I feel tremendous yearning." – St. Bernard of Clairvaux

All Souls, November 2: Merciful Father, bring all the dead into Your embrace, including me and those I love at the time of our deaths. "Eternal rest grant unto them O Lord, and let perpetual light shine upon them. May they rest in peace. Amen."

St Mary's Singles Group

St. Mary's Singles Group extends an open invitation to everyone single and 40 years of age or older for monthly group social gatherings such as dinners, movies, plays, works of charity, prayers, Mass, and other church and social events.

Contact Eileen at emw5348@gmail.com to get on the email newsletter list. There is a gathering each month at the Wegmans upstairs meeting space at 10am to plan activities. Our next meeting will be on Saturday, November 7.

St Monica Prayer Group

All are welcome to join the St. Monica Prayer Group on Saturday, November 14, following the 9am Mass (9:45-11am) in the Parish Office Library. The mission of the St. Monica's Prayer Group is to provide a community for Catholics to pray for loved ones (children, parents, spouses, extended family) who have strayed from the faith, to provide encouragement, and to assist each other in our growth in holiness.

We will pray the Seven Sorrows Rosary, then discuss a chapter from the book, *The Saint Monica Club*, by Maggie Green, which is available on Amazon. For more information, please contact Megan Kimbrell at st.monica.club@gmail.com.

New Altar Server Training

New Altar Server Training
Interested in becoming an altar server? Training for new altar servers is open to any children of the parish who are in 4th grade or higher. The training schedule is below. All of these meetings take place in the church.

Session 1 – Monday, Nov 9, from 4:30–7pm

Session 2 – Monday, Nov 16, from 4:30–7pm

Session 3 (Optional) – Thanksgiving week, choose one of these dates; smaller groups this week:

- Monday, Nov 23, from 4:30–7pm
- Tuesday, Nov 24, from 4:30–7pm

Session 4 – Monday, Nov 30, from 4:30–7pm

Session 5 – Monday, Dec 7, from 4:30–7pm

All sessions are necessary to attend and will be held in the Church.

RSVP to Lori Mattson at stmaryfxbg@gmail.com. Please let us know your name and email, the name of your child and what grade they are currently in school.

Installation Mass

Sunday, December 13th, 8:30 am Mass – arrive by 7:45 for vesting.

(IF TOO MANY FOR ONE MASS, there may be a 2nd option for installation Mass that same day).



our parish happenings

Men's 145th Cursillo Retreat

November 9-12 - San Damiano Spiritual Life Center

God is calling His sons. If you feel the desire to grow, to reconnect, or to strengthen your walk with Christ, this retreat is your invitation. Step away from the noise of daily life and allow the Father to speak these words personally to your heart.

Cursillo is a powerful encounter with God's love—a retreat that lifts you, challenges you, and fills you with renewed purpose. Join other men seeking the same thing: a deeper relationship with Christ and a stronger foundation for daily life.

Throughout the weekend, participants will hear a series of short talks on various aspects of the faith, each offered from a lived Christian perspective. The retreat also provides time for quiet meditation, shared community meals, the Sacrament of Reconciliation, and the Holy Mass. Two spiritual directors, including at least one priest, will accompany the group throughout the entire retreat.

For more information or to register, please contact Miguel Ayala at miguel.a.ayala@gmail.com or visit the Arlington Diocese Cursillo website at arlingtoncursillo.org/about or arlingtoncursillo.org/upcoming-mens-weekend.

Prayers & Squares

Prayers and Squares will have patriotic pockets squares available in the vestibule this week in honor of Veterans Day. Please pick one up, tie a knot, say a prayer and give it to a Veteran to thank them for their service. You might also pick one up for a fallen Veteran and give it to their loved one."



Recibe la **VIRGEN**
Peregrina en tu hogar

Nuestra Madre Santísima quiere
visitar tu casa, bendecir a tu
familia y llenar tu hogar
de paz, caridad y esperanza.

¡Anota a tu familia
en la lista de visitas!

"Quien confía en María
no se sentirá nunca defraudado."
San Juan Bosco

 Para coordinar la visita, comunicarse con
Katherine Guzmán al (540) 229-6655.

◆ **ARLINGTON DIOCESE**
WEEK OF SERVICE ◆

NOV. 9-15
2026

 **DONATE TODAY!**

THURMAN BRISBEN CENTER
BICYCLE DRIVE

SEEKING NEW OR GENTLY USED ADULT BICYCLES
FOR RESIDENTS WHO NEED RELIABLE
TRANSPORTATION TO AND FROM WORK

Want to donate a bike? Contact Alice at Thurman Brisben Center
at (540) 295-0001 *before* dropping off your donation at the TBC

PLEASE DO NOT DELIVER BIKE DONATIONS TO ST. MARY'S

<https://brisbencenter.org>

our parish happenings



ST. MARY'S SNACK BAG PROGRAM

Snack Bags for Kids - November

Providing snack bags for the children of Hugh Mercer Elementary who suffer food insecurity on the weekends. St. Mary's to provide snacks on the 2nd THURSDAY of every month.

For OCTOBER we ask that all donations be dropped off NO LATER THAN TUESDAY, NOVEMBER 9

Please drop off food donations directly to the Parish Office.

Thank you!
Sign Up at bit.ly/4rUxr8B

THE SUMMIT ACADEMY FALL FORUM

CO-SPONSORED BY

The Summit Academy and UMW Catholic Campus Ministry

Pope Leo XIV and the Catholic Church in America with George Weigel



Pope Leo's pontificate began in May 2025 and has, in a short time, been consequential for the Church and the world. What challenges and opportunities lie ahead, as well as how this papacy may effect the American church, are worthy of deeper reflection. Few are better positioned for this role than George Weigel, biographer of Pope St. John Paul II.

George Weigel is a Distinguished Senior Fellow in the Ethics and Public Policy Center's Catholic Studies Program. A Catholic theologian and New York Times bestselling author, he is widely recognized as one of the world's leading authorities on the Catholic Church and one of America's leading public intellectuals.

Date: Tuesday, October 27, 2026

Time: 7:00-8:00pm

Location: UMW Catholic Campus Ministry,
1614 College Avenue, Fredericksburg, VA 22401

RSVP AT [THESUMMITVA.ORG/FORUM](https://thesummitva.org/forum)

THEOLOGY ON TAP

Fredericksburg

This month

Men, Women, & Marriage

In a culture that attempts to supplant Genesis with a distorted view of male and female, modern ideologies have traded God's vision of complementary union for division and conflict. We welcome back wife and mother Dr. Carrie Gress who has a doctorate in philosophy from The Catholic University of America, has authored eleven books, and is a frequent media contributor featured on Pints with Aquinas, Fox News, EWTN, National Catholic Register, and the Wall Street Journal. Join us as she unpacks how we can heal our homes, our relationships, and our culture.

Connect with us! fredericksburgtot@gmail.com

Presenter

Carrie Gress, Ph. D.



MONDAY, NOVEMBER 2

Strangeways Brewing

350 Landsdowne Rd, Fredericksburg, VA 22401

**Doors open at 5pm
Presentation at 6:30pm**



our parish happenings

SPIRITUAL COMBAT The Battle of Prayer



MEN'S
SILENT RETREAT
NOV 13-15



Deep and powerful prayer is much more than a matter of kneeling, folding your hands, and asking for things. In the Gospels we have the exhortations and example of Jesus as He prayerfully engaged "the World, the Flesh, and the devil." and the Catechism of the Catholic Church describes prayer as a "Battle" (#2725). Retreat with a Band of Brothers to consider how to seek and find Christ in prayer by diving into the Gospels, with a little help from St. Paul, and by employing military strategies devised by St. Ignatius of Loyola, the "Soldier Saint."



A graduate of the University of Notre Dame, Father John Riley has been a priest of the Arlington Diocese for over 35 years. Fr. Riley currently serves as Spiritual Director for the Arlington Diocese's San Damiano Retreat Center



SAN DAMIANO RETREAT CENTER. Cost is \$299. Financial assistance may be available. or more information or to register, please contact Fr. John Riley: retreat@sacredheartwinchester.org or visit our website at ArlingtonDiocese.org/Retreat

operations given in love

In Pew & Mail Donations Received October 6 - 13

Sunday Offertory	\$35,440.00
Debt Reduction	\$7,500.00
Porto Charities Special Kids Special Needs	\$1,030.00
Poor Box St Vincent de Paul	\$190.00

Thank you for your generosity!

Pro Life Reflection

We encourage all citizens, particularly Catholics, to embrace their citizenship not merely as a duty and privilege, but as an opportunity meaningfully to participate in building the culture of life. Every voice matters in the public forum. Every vote counts. Every act of responsible citizenship is an exercise of significant individual power. We must exercise that power in ways that defend human life, especially those of God's children who are unborn, disabled or otherwise vulnerable. We get the public officials we deserve. Their virtue -- or lack thereof -- is a judgment not only on them, but on us. Because of this, we urge our fellow citizens to see beyond party politics, to analyze campaign rhetoric critically, and to choose their political leaders according to principle, not party affiliation or mere self-interest. ("Living the Gospel of Life: A Challenge to American Catholics" – USCCB) *Lord, may I never fail to exercise my right to vote!*

Children's Charity for November

Children's Offertory Contributions in November will be used for Christmas gifts for teenagers in foster care in the City of Fredericksburg. This age group is often overlooked at Christmas, and the contributions made in November will be sent to Social Services for gifts or gift cards. Children's Offertory Envelopes are available in the Religious Education Office. All proceeds from these envelopes go to a different children's charity each month.

The Summit Academy

Catholic Classical Liberal Arts

An Invitation to Rising 9th Graders & Their Families

OPEN HOUSE

Sunday, November 15 | 2pm

Discover The Summit Difference

An education that forms students who are rooted in faith, equipped to serve, and prepared to lead.

Your high school journey starts here.

Join us for our open house for rising 9th graders.

thesummitva.org | 540-684-3989



SCAN TO INQUIRE

Gloria Dei est homo vivens

KNIGHTS OF COLUMBUS
COUNCIL 4034

PRESENTS

HOLIDAY PARISH DINNER

SATURDAY, NOVEMBER 21, 2026
5:30 PM UNTIL 8:00 PM

All proceeds will be used to upgrade the PLC kitchen equipment.

ADULTS/TEENS	SENIORS (60+)	CHILDREN (7 TO 12)
\$15	\$12	\$10

MAXIMUM COST PER FAMILY: \$50.00

LOCATION

St. Mary of the Immaculate Conception Church
Parish Life Center (PLC)
1009 STAFFORD AVE., FREDERICKSBURG, VA

MENU

Baked Ham, Stuffing,
Candied Yams, Green Beans, Dessert

SAINT JOHN PAUL THE GREAT CATHOLIC HIGH SCHOOL

OPEN HOUSE

SUNDAY, NOVEMBER 1, 2026 · 1:00 - 4:00 PM

SAINT JOHN PAUL THE GREAT CATHOLIC HIGH SCHOOL

Register Here!

703.445.0246 | JPTHEGREAT.ORG | ADMISSIONS@JPTHEGREAT.ORG
17700 DOMINICAN DRIVE, POTOMAC SHORES, VA 22026



liturgy daily bread

Saint Mary Prayer List - October

Please pray for those who are sick or in need, especially: Anna Graninger, Allyson Reilly, Bruce Bornschein, Charles Boyer, David Carr, Drew LoRusso, Jacob Moser, Jason Stoker, Jennifer Payne, Ted Payne, Helen Borges, Kevin & Barry Hagans, Kevin Sweeney, Loretta Dice, Mandy James, Margaret Murphy, Michael Fedowitz III, Michele & Jack Smith, Mike Seidlinger, Reena Rizvi, Robin Assouad, Shirley Bozicevic, Sue Moorefield, Teresa Lopez, Teri Hocter, Paola Aleman, Helen Hayden Don Anderson, Margie Renner, Veronica Bonde, Bruce Smith, Carlos Enrique, Andy Gaeta, Justina McGuire, Joseph Krieg, Theresa & Kieth Kovalefsky, Jose Simeon Molina, Glenn Cunningham, Margaret Hein, Robert Hein, Kathleen Mahoney

Please pray for all the men and women in our military and civilian support services, especially: Joseph Gardner, Glenn Dickinson, Paul Fischer, Jamal Williams, Lance Schulte, Brian Hellmann, Patrick Fenton, David James, Shawn Tupta, Vincent Petillo, Christopher Johnson III, Patrick Desmond, Andrew M. Smith, Mindy Hakenson, Xavier Alas, Anthony Howell, John Anthenor, Andrew Dowdy, Sean McCullum, Josue Bermudez, Julio A. Alarcon, Gabe Gonzalez, Shawn Herr, Logan Mullins, Greg Feroldi, Tyler Wood, Frank Spatt Jr., Thomas Wickham, Hunter Keiser, Sean Jobes, Michael Scott, Samuel Hoffman, Andrew Qualls, Matt Gioia, Jennifer Brothers, Jack Merker, Lieutenant Ashton Briganti, 2nd Lieutenant Tazman Briganti, Davon Bare, John Fartro, Michael Fedowitz Jr., Eric Menser, Sean Penczak, Will Atkins, Elijah Hornback, Dominic Marsillo, Fr. Sean Koehr, Staff Sergeant Sean Walker Brown, Kenneth Linstrom, Lt. Gregory Odland, Andrew Doyle, Olav Brooks, Gabriel Sanger, Josh Lawson, David Brown, Annah Brown, Joshua Brown, Brian Inguanti, John Paul Frasher, 1LT Justin Addis, Liam Crowley, Josh Martin, Benjamin Matarese, Matthew P. Sampson, Benjamin Whatley, Devlin Buszta, A1C Jordan Metz, AMN Logan Metz, Michael Luciani, SRA Ryan Metz, Zachary Butts, Devlin Buszta, Lt Jacob Rideout, 1LT Justin Addis, Aidan Lane, 2LT John William Watson Baroody

Please pray also for those who have died, especially the benefactors of Saint Mary Church.

St. Mary Prayer List

As a reminder, we will update our prayer list in the bulletin as a monthly listing. If you would like to include a person on the prayer list, please email Ann Skinner at askinner@stmaryfred.org

Your intention will be included for the month. If you would like your intention to remain, please reach back out and we will happily include it for an additional month.

Did you know.... Our parishioners gather every Wednesday at 3pm - The Hour of Great Mercy - to pray the Divine Mercy Chaplet?

All are warmly welcome to spend time in Adoration in the church and join in this powerful devotion.

"Jesus, I trust in You"



Mass Intentions

Please remember, Mass intentions may be requested at the parish office for any remaining Masses of the year. If a desired date is no longer available, you are welcome to request an intention that is "unscheduled," and one of the priests will gladly celebrate Mass for your intention at an extra Mass during the week or as a concelebrant.

Daily Mass Intentions

October

26 MONDAY

6:30am Carolyn Brown
9:00am Jim Mosimann
Eph 4:32—5:8/Lk 13:10-17

27 TUESDAY

6:30am Julio Rivera & Thelma Odilia Rivera+
9:00am Ryan Epp
Eph 5:21-33/Lk 13:18-21

28 WEDNESDAY

6:30am John & Susan Turchik+
8:15am* James Smith+
9:00am Virginia Hawkins+
Eph 2:19-22/Lk 6:12-16

29 THURSDAY

6:30am Deborah Lynn McGee+
9:00am Donald Gordon+
Eph 6:10-20/Lk 13:31-35

30 FRIDAY

6:30am Jamie & Mary Hill
9:00am Jemima Estrada
Phil 1:1-11/Lk 14:1-6

31 SATURDAY

9:00am Julio Rivera & Thelma Odilio Rivera+
5:00pm Lauri Wilson
7:00pm Matias Flores
Phil 1:18b-26/Lk 14:1, 7-11

November

1 SUNDAY

7:00am Christopher Ducic+
8:30am Craig Courtney+
8:30am* Those Who Died in October
10:30am Joshua Paquette
10:30am* Deceased Members of the Legion of Mary
12:30pm Bernard Mahoney+
2:30pm Ana Rosa Bernaola+
5:00pm For Our Parish
7:00pm Bethsaida Correa
Rv 7:2-4, 9-14/1 Jn 3:1-3/Mt 5:1-12a

* Indicates Mass at Holy Cross Academy.

MULLINS & THOMPSON FUNERAL SERVICE



Fredericksburg Chapel
1621 Emancipation Highway
540-373-5842

Stafford Chapel
186 Shelton Shop Road
540-659-7690

www.mullinsthompson.com



Angela Richwine
RDH, BASc, QOM®, COM®

1808 Princess Anne Street
Fredericksburg, VA 22401
(540) 369-6044
connect@centralvirginiaomt.com
www.CentralVirginiaOMT.com



**Orofacial
Myofunctional
Therapy
for all ages.**

- Pre & Post Frenectomy
- Snoring - Sleep Apnea
- Tethered Oral Tissues
- Mouth Breathing
- Tongue Thrust - Oral Habits

@BEARROOTSPHOTOGRAPHY



**ACCURACY, HONESTY
& AFFORDABILITY**
Washington D.C. • Virginia • Maryland
Our goal is your satisfaction
Roofing, siding, guttering
and more.
Follow us on Instagram • Check us on Facebook
571-510-1197



WE HAVE **30 YEARS** OF EXPERIENCE IN THE INDUSTRY. WE CATER TO THE DRYWALL NEEDS OF HOMEOWNERS FOR RESIDENTIAL & COMMERCIAL PROPERTIES.

540.737.4648

mreinc.co | mrepaint@gmail.com

Fellow Parishioner

Drywall Service Installation, Repair, Hanging, Finishing, Nail Pops, Settlement Cracks, Water Damage Restoration
Power Washing Decks, Siding, Painting Exterior, Interior

Budget-friendly • FREE ESTIMATES

Catholic Planners

- Planners & Calendars
- Holy Days & Feast Days
- Notes Sections & more!

Diocesan.com/shop

**METZ
FORESTRY
SOLUTIONS**
ESTABLISHED 2017

PARISHIONER



Forestry Mulching • Vegetation Management



Invasive Species Control • Field Restoration

Fence Line Clearing • Wildland Fire Prevention

540-878-8391 • JEFFMETZLLC.COM



**ADVERTISE
HERE**

Promote your Business AND support your Parish.

Lisa Sparkman ~ 717-507-3766
lsparkman@diocesan.com

**Thank You
saint Jude**

for answered prayers

**catholicmatch®
Virginia**



CatholicMatch.com/goVA

**Have You
Been Injured?**

¿Ha sufrido una lesión?

- Car Accidents • Slip & Falls • Dog Bites
- Cosmetic Injuries • Wrongful Death
- Truck Crashes
- Accidentes de coche • Caídas • Morcaduras de perro
- Lesiones estéticas • Muerte por negligencia
- Accidentes de camión

Tara Tighe Umbrino, Esq.
Founder, Valor Injury Law

VALOR
INJURY LAW

13895 Hedgewood Dr. Ste 341 Woodbridge, VA (703) 828-0051
www.valorinjurylaw.com

Hablamos Español



**POOL & CONCRETE
SERVICE FOR VIRGINIA**
1-540-755-9401

- RESIDENTIAL POOLS •
 - CONCRETE SERVICES •
 - CONSTRUCTION SERVICES •
- H2OPOOL.CONCRETE@GMAIL.COM

PARISHIONER



**Get this bulletin
emailed to you
every week.**

**Simply go to
www.DM.CHURCH/3174**

...or scan →



DISCOVERMASS



- In-Home Overnight Care
- Daily Dog Walking
- Insured, Bonded & Pet CPR Certified
- fbgpetpair.com
- (703) 791-9387



PLUMBING Innovators
EMERGENCY SERVICE
540-295-8876
richie@plumbinginnovators.com 1209 Bragg Road
www.plumbinginnovators.com Fredericksburg, VA 22407

NK FLOORS
NEXT LEVEL, PRECISION FLOORING
We are a premier provider of all types of flooring for both residential and commercial applications.
HARDWOOD VINYL • CARPET TILE • STONE
10042 Southpoint Parkway, Fredericksburg
nkfloors@nkfloors.com • 540-582-4000
Hours: Mon-Fri: 10-6 • Sat: 10-2

HAMBLETON Handyman
"Your Home Repair Expert"
(540) 260-3858
• Carpentry & Wood Rot
• Drywall & Painting
• Plumbing & Tile
• Bathrooms Remodels
• Honey-Do Lists
Family Owned • Full-Time Employees • 10+ Years in Business

HALSEY HOMES
Voted Best Builder 2025
540-623-4687
HomesByHalsey.com

COURTYARD
BY MARIOTT
Gather, Celebrate, Stay
Event Space, Catering, and Group Rates available.
Contact us today to start planning!
540-373-8300
620 Caroline Street, Downtown Fredericksburg

MEXICAN FAMILY RESTAURANT
Mexican food is the Best Traditional Flavor around the world
El Jimador AZTECA
560 CELEBRATE PKWY.
STE. 103
FREDERICKSBURG, VA

Thank You
St. Jude
for answered prayers.

St Vincent DePaul THRIFT STORE
The proceeds support our local families in need
The shoppers enjoy the exceptional quality of our items
Shop and drop off at store located at Olde Greenwich Plaza off Lafayette Blvd.
Open Mon, Weds, Fri & Sat, 10-4 • Store/Info 540-898-9066
SVDP welcomes donations at: SVDP Po Box 1493, College Station, Va. 22402
www.stvdprfredericksburg.com | This ad has been donated by MCK Company

Eric Stone
WILLS • TRUSTS • ESTATE PLANNING
33 Years Of Legal Experience
20 Years Serving Stafford,
Fredericksburg, King George, Prince
William & Spotsylvania Counties

We Come to You
VIRTUAL & MOBILE ESTATE PLANNING
Your home • Assisted living
Nursing home • Medical rehab
SERVING STAFFORD & FREDERICKSBURG
(540) 657-0111 • ericstonelaw.com
Catholic Owned & Operated • Parishioner

SAVE THE DATE
For Our Free Homebuyer Seminar
10699 Spotsylvania Ave.
Fredericksburg, VA 22408
OCT. 3rd, 2026
11:00 AM

Armand Border
Mortgage Banker
NMLS#2762788 | Parishioner
262-909-5540
amerisbank.com/armandborder
armand.border@amerisbank.com
AMERIS BANK
MORTGAGE SERVICES

FAMILY CARE THAT GROWS WITH YOU
We care for:
• Kids, teens, adults and seniors
• School, DOT & sports physicals
• Long-Term condition support
• Weightloss
STAFFORD PRIMARY CARE
413 Chatham Square Office Park
Fredericksburg VA 22405
Phone: 540-374-9441
Fax: 540-368-3179

Fletcher HOME
FAITH • Core Values • FAMILY
HONESTY • EXCELLENCE
Serving Our Community Through Quality Home Improvements
✓ Accessible Bathroom Upgrades ✓ 1,000+ 5 Star Reviews ✓ Affordable Financing Options
GET A QUOTE 540-515-5517 VISIT OUR SHOWROOM 3110 COWAN BLVD. FXBG

DECKS • BATHS • SHOWERS • ROOFS • WINDOWS

WEIGHT LOSS WELLNESS PROGRAM
MOUNJARO (TIRZEPATIDE)
OZEMPIC (SEMAGLUTIDE)
APPETITE SUPPRESSANTS
LIPO SHOTS
6212 Old Keene Mill Ct Springfield, VA 22152
3401 Plank Rd Fredericksburg, VA 22407
703-853-7835 | ShineNGlo.com

State Farm
Chris Vomund, Agent
4930 Southpoint Drive
Fredericksburg, VA 22407
Bus: 540-993-4999
chris@insurespotsy.com
State Farm, Bloomington, IL 61811
1211999



Fredericksburg Chapel
4801 Jefferson Davis Highway • Fredericksburg, VA 22408
898-4326

Stafford Chapel
1310 Courthouse Road • Stafford, VA 22554
658-9221

Modern Facilities Affordable Fees
www.covenantfuneralservice.com

THERAPIST OWNED: WWW.OSPTA.COM

Choose Quality Physical Therapy You Can Trust.
Insurance Coverage; no referrals needed



Barbara D. Ehman, DPT
Doctor of Physical Therapy

OSPTA
ORTHOPEDIC & SPORTS
PHYSICAL THERAPY
540-373-3031 ASSOCIATES

Parishioner

MARSHALL RENNIE, DPT, OCS • KASH EAGLETON, DPT, SCS • RYAN SIVAK, DPT

Larry Wible
REALTOR®
c: 540.379.4403
o: 540.659.8633
larrywible@kw.com
larrywible.kw.com

M&C SPARKLE CLEANING, LLC

- Free Estimates • Deep Cleanings
- Recurring Cleanings. Weekly, bi-weekly, or monthly.
- Move-In/Move-out Cleanings
- Airbnb Cleanings
- New customers free inside the oven cleaning on your first cleaning.
- Commercial and Office Cleanings.

Mark & Heather Gardner
Owners | Parishioners
311 Frederick St.
Fredericksburg, VA 22401
(540) 706-4302
rexrappahannock@gmail.com
@RexRappahannock

THE DOWLING TEAM

Mike (VETERAN): (571)283-2493
Jessica: (703)772-3607
Realtors®, Parishioners
TheDowlingRealtyTeam@gmail.com

EWTN.COM/RADIO

TUNE IN

SHARK CONSTRUCTION

- LICENSED & INSURED
- FAMILY-OWNED
- FREE ESTIMATES
- FINANCING AVAILABLE
- 10% OFF FOR ALL OUR PARISHIONERS

(540) 809-5229

ROOFING • SIDING • GUTTERS • DOORS
WINDOWS • DECKS • REPAIRS

OPERATION RESILIENCY

TELEHEALTH IN VIRGINIA

Easy. Convenient. Caring.

THERAPY | PSYCHIATRY | PRIMARY CARE
WEIGHT LOSS | HORMONE BALANCING

MENTION ST. MARYS FOR 10% OFF ANY SERVICE

Call or visit our website for your FREE Consultation
540-590-5435
WWW.OPERATIONRESILIENCY.COM

NAILS PIZAZZ

(in Spotsylvania Mall)
A Quality & Friendly Nail Salon
Parishioners
785-9664

Life Insurance With Living Benefits That Protects You And Who You Love.

MONICA O'DONNELL • Senior Associate, Parishioner

Get protected while you're living if you experience a qualifying chronic or critical illness, critical injury and even include an additional income to your retirement.

National Life Group®

571.722.2019
Hablo Español

Colonial INTERNAL MEDICINE Associates

St. Mary Parishioners

True Experts in Primary Care

For over 20 years, we've proudly served Fredericksburg, Stafford, and surrounding areas as a physician-owned, independent internal medicine practice.

Dr. McDowell Kristie McDowell, PA-C Sophia Wei, PA-C
Dr. Marrow Neelam Parikh, PA-C Gina Chen, PA-C
Dr. Wolanska Sean Bodin, PA-C Christine Juliana, PA-C
Dr. Elbert Katherine Yates, PA-C

Accepting New Patients in both Primary Care and Behavioral Health.

FREDERICKSBURG OFFICE
125 Olde Greenwich Dr, Suite 300
Fredericksburg, VA 22408

STAFFORD OFFICE
394 Garrisonville Rd, Suite 103
Stafford, VA 22554

(540) 374-5599 • WWW.CIMAVA.COM

NIXIE SANCHEZ
REALTOR®

540.735.4199
NSANCHEZ@CBEVA.COM
COLDWELLBANKERELITE.COM
*PARISHIONER
Licensed in the Commonwealth of Virginia

I am a bilingual real estate agent fluent in English and Spanish who is Military Relocation Professional (MRP) certified, with a passion for helping my clients buy or sell their homes.

